

## India-Canada Cultural Association

"Civilization is the encouragement of differences. Civilization thus becomes a synonym of democracy. Force, violence, pressure, or compulsion with a view to conformity is therefore both uncivilized and undemocratic."
M. K. Gandhi

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## Editor's $\mathcal{N}$ ote

This newsletter mainly deals with information for Folkfest and the Veena Concert on June 14 (page 5). I think this Folkfest will be really fun this year. As always please direct your comments about the newsletter by e-mail to editoricca@yahoo.ca or to the address above, and remember to visit our website icca.thesociety.net!

Kedar Shrikhande
Editor

## President's Message

Shakespeare said, "Uneasy lies the head that wears the crown" and rightly so, but, the head that I refer to here, is fortunately not mine. I am, but, temporarily filling in for Meena Amblee, till her return from her holiday in India.

It's that time of the year again when we are gearing up for Folkfest. And once again, we look forward to all the support that we can get from our generous community. Our pavilion will be at the Soccer Stadium and we will be sharing the Centre with Australia/New Zealand and the Chinese Pavilions.

Please continue to enjoy the various programs that we organize and provide us with feedback on any activities that you would like us to include in our future events.

Have a great summer!
Anu Kashyap
Acting President

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## Social Secretary's Report

Dear Friends,
At this writing, there is not a 'sky' in the 'clouds'! It's raining and not quite spring weather yet hopefully, by the time you receive this, you are golfing or gardening under balmier skies.

ICCA's presence has been felt all over the city in a myriad of events ranging from dance performances to cricket demonstrations. We have been quite busy expounding our cultural heritage by taking part in:

- City Hall's celebration of Elimination of Racial Discrimination Day (thanks to Jayesh Changela, Darishma, Huneesh and Heenal Parmar, Avni and Aneri Garg, Priya Nundy, Ambika Chaukla, Soniya Lalli, Aditi Garg and the ISA)
- Presentation on India to the Eastview Beavers (thanks to Prakhar Shrivastava, Krupal Patel, Sameer Shrikhande \& Sushama Shrikhande)
- Fundraising Banquet for the Immigrant Women of Saskatchewan (thanks to Pallavi Kalagnanam, Divya Pahwa, Avni \& Aneri Garg)
- Multi-cultural Day Celebration at Buena Vista School (thanks to Priya Nundy, Ambika Chaukla, Soniya Lalli \& Aditi Garg)
- International Dance Day Celebration at Dance Saskatchewan (thanks to Kruti Patel)
- Police Victim Service's Banquet (thanks to Jayesh Changela, Huneesh and Heenal Parmar, Avni and Aneri Garg, Priya Nundy, Ambika Chaukla, Soniya Lalli, Aditi Garg and Darishma Parmar)

Social activities organized by ICCA have included:

- Chutney Conversation: With the introduction of the concept of a book club in the ICCA, I was very pleased at the success of the evening! Dr. John Lavery of the U of S (Dept. of English) was facilitator for our chosen book "Family Matters" by Rohinton Mistry. Catering to a group of about 22, the discussion took all sorts of forms and paths - the obvious and the off-beaten. With John's poignant and insightful comparisons to his Irish origins and his fascination with India, the conversation was totally enlightening, nonthreatening and for the lack of a better phrase, just a whole lot of fun! This having been a veritable feast for the mind, with second servings of positive feed back, I am encouraged to plan
another one in the fall. Stay tuned for the title of the book!
- Meewasin Interpretive Centre: I bet you that all those that braved the hike, didn't know all those little secrets behind the gargoyles and buildings! If you ever feel like seeing your house on an aerialgiant map of Saskatoon, that's the place to go! Although I wasn't able to go for this one, my sources report that it was informative and interesting. They are now well equipped to be guides for out-of-town visitors! The afternoon started with a slide show entitled "Bridge Tales", followed by a riddled walking tour - "Gargoyle Gazing", and ended with a monster craft for the children \& quasi-children!

All of the above has only laid the path to busier and fun times ahead! With Folkfest 2003 coming up, we are all very excited about our theme "India through the lens of BOLLYWOOD"! Like last year, we will be at the Soccer Centre; loosely translated: we will have limited, but quality items through which we will present our culture.

The Entertainment Committee has decided on a broad framework of items, which will include: the northern, southern, eastern and western parts of India, a fashion show, a patriotic themed item, a classical repertoire and a documentary-collage of movies through the years. If you would like to take part in Folkfest entertainment, please contact Nishi Prasad (244-7734) or me (384-2208). Please remember:

- You have to be a paid member of ICCA to take part in Folkfest
- Make a commitment only if you know that you will be available for most of the practices and of course for the 3 days of Folkfest - August 14, 15 \& 16 !
Congratulations to the Adult and Youth Ambassadors! Smita Garg


## Quotables

"If you want to make an apple pie from scratch, you must first create the universe."

Carl Sagan
"In theory, there is no difference between theory and practice. But, in practice, there is."

Jan L.A. van de Snepscheut

## Upcoming Events

- Saturday, June 14, 7 pm: Veena and Mridangam Recital by Mrs. Chandrasekaran of Calgary and Dr. Sriram of Atlanta. Venue: Quance Theatre (Education Building, U of S). Tickets: $\$ 25$ (sponsor - $\$ 10$ tax receipt); $\$ 15$ (adult); $\mathbf{\$ 1 0}$ (ICCA member); $\$ 5$ (child 12 and under). Please call any board member for tickets. (see ad. on page 5)
- August 14, 15 \& 16: Folkfest. Venue for India Pavillion:
Saskatoon Kinsmen / Henk Ruys Soccer Centre (219 Primrose Drive)
- Saturday, September 20: Sonal Mansingh, Odissi performance. Venue: Persephone Theatre (2802 Rusholme Road).
- Note: July 5 Sitar Recital has been cancelled


## Radio Committee Report

The Committee would like thank all the past and current Hindi, Regional and Youth hosts for volunteering their time. As always, they are doing a wonderful job of keeping the community entertained. It is our hope to encourage and accommodate newcomers and therefore we are introducing a Special Youth/Hindi Program every two months.

A very successful News Readers Workshop was held on May 4th, organized by Isha Dash. Our presenter/trainer was Kaveri Bittira and the Board is extremely grateful for her input. The Committee would like to thank the current newsreaders and they are Suhani Prasad, Prakhar Shrivastav and Himanshu Singh. The board would like to thank them all for doing a wonderful job. We would also like to thank Aditi Saini for her input in the past as she is hoping to be back at the end of August.

Please check the schedule (which is subject to change) on our web page: icca.thesociety.net

Another workshop has been requested by members who were unable to attend in May. If you are interested in reading the news, and would like to attend the next workshop, please contact Niru at 9557823.

Niru Kaavia

## Folkfest $\mathcal{N}$ ews

## Venue:

Saskatoon Kinsmen / Henk Ruys Soccer Centre (219 Primrose Drive). We will be sharing the venue with the Australia New Zealand and Chinese Pavilions.

## Theme:

The theme for the India pavilion is: "India Through the Lens of Bollywood"

## Ambassadors:

Youth Ambassadors: Neha Avinashi and Krupal Patel Adult Ambassadors: Anjali Sethi and Rakesh Kaushik - Peter Sen has been chosen as the Honorary

Ambassador for FolkFest.
Congratulations to these well-deserving individuals!

## ASHLEY

## TRAVELS

419 Garvie Road, Saskatoon, SK S7S 1A3

- Best Fare Guaranteed for visiting India, Europe, North America or Any Where in the World
- Better Service
- Please contact Sheela (306) 374-8644
- Email:
sheela.singh@shaw.ca


## Community $\mathcal{N}$ ews

- Arati Chattopadhya was honoured as entrepreneur of the year at the annual YWCA Women of Distinction awards on May 1, 2003. She was one of 43 women nominated for the awards and among 11 winners in other categories. She is the owner of Chatty's Indian Spices Inc., which she founded in 1996.
- Dr. Jawahar Kalra was named a winner of the 2003 Saskatoon Volunteer Award in the cultural diversity award category. He has served on many cultural and health organizations.
- Jyotsna Custead is Saskatchewan's most recent recipient of the Commemorative Medal for the Queen's Golden Jubilee. She is one of 46,000 Canadians who will receive the medal this year in recognition of "distinguished service to their fellow citizens." Jyotsna was awarded the medal for her outstanding work with the YWCA of Canada. The medal was issued to commemorate the 50th anniversary of Her Majesty the Queen's accession to the Throne on February 6, 1952. Congratulations Jyotsna!
- Purima Chaudhari has been offering the ancient Indian art threading, to remove facial hair from clients, at Marca College for the past year. She is an esthetics instructor at the college.
- Shruti is a unique Saskatoon band that offers Jazz fusion music of Indian and contemporary sounds. The band members are Sriram Kalayanaraman (veena), Satya Viswanathan (tabla), and Nathan Renner (electric guitar).


Indian Students Association (ISA) Report
A new ISA Committee was elected on May 23rd in the Assiniboine Lounge. The new Committee for 2003-2004 has been elected and the committee members are listed below:

## President:

Samir Mushrif, 373-3285
s_mushrif@yahoo.com
Vice President:
Gaganpreet, 341-1765
gac317@mail.usask.ca

## Treasurer:

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Cultural Events Coordinator:
Komal, 374-1592
nics_groovy@hotmail.com

## Cultural Events Coordinator:

Nitin Dhotre, 373-3285, nitin_dhotre@yahoo.co.in
The old committee would like to thank ICCA for their support. The new committee looks forward to working with the ICCA, planning joint endeavours and organizing events for the students.


## CLASSICAL INDIAN MUSIC VEENA CONCERT



Featuring:
Mrs. Radhika Chandrasekaran on Veena
$\mathcal{D r}$. R. Sriram on $\mathcal{M r i ́ d a n g a m ~}$
Veena is an ancient string instrument popular in South India and commonly referred to as the Indian Lute. The body is made of wood and it has four melody strings and 3 drones and fixed metal frets, unlike the Sitar, which has movable frets. The Mridangam is a two-faced drum, made out of a scooped-out single block of wood. Its sound is rich and tempered, and has an evocative calling intonation.
SATURDAㄱ, JUNE 14, 2003
7:0o P.M
QUAㄱNCE $\mathcal{T H} \mathcal{H} \mathcal{A} \mathcal{T R E}$,
EDUCATION BUILDİNG,
UNTVERSITY Of SASKA $\mathcal{A C H E} W \mathcal{A} \mathcal{N}$

Sponsored By: Hindu Society of Saskatchewan University of Saskatchewan Shastri Committee India Canada Cultural Association

## TICKETS:

Sponsors: \$25.00 (with \$10 tax receipt);
Members (Hindu Society \& ICCA): \$10.00;
Adults: $\mathbf{\$ 1 5 . 0 0}$ and Children (12 and under): $\$ 5.00$
Tickets are available at McNally Robinson Bookstore
Or call: Sunil Choubal (242-0637) or Lata Prasad (477-1493) or Sushama Shrikhande (934-0703)

## Recipes

Here are two popular Canadian recipes that make refreshing summertime desserts:

## Saskatoon Pie:

4 c Saskatoon berries
3/4 c Sugar, granulated
1/4 c Water
3 tb Flour
2 tb Lemon juice
Pastry for double crust pie
Directions: In a saucepan, simmer Saskatoon berries in water for 10 minutes. Add lemon juice.
Stir in granulated sugar mixed with flour. Pour into pastry lined pie plate. Dot with butter. Cover with top crust; seal and flute edges. Bake in 425 F oven for 15 minutes; reduce heat to 350 F oven and bake 35-45 minutes longer or until golden brown.

## Nanaimo Bars:

BOTTOM LAYER
$1 / 2$ c Butter
$13 / 4$ c Graham wafer cracker crumbs
1/4 c Sugar, granulated
$1 / 2$ c Nuts, finely chopped
1/3 c Cocoa powder, unsweetened
1 c Coconut, shredded
1 Egg, beaten
MIDDLE LAYER
1/2 c Butter
2 tb Custard powder
3 tb Light cream
2 c Icing Sugar
TOP LAYER

4 oz semisweet chocolate

## 2 tb Butter

## Directions:

Bottom Layer: In double boiler, melt butter, sugar and cocoa; add egg and cook until thickened. Add crumbs, nuts and coconut. Press into un-greased 9 inch square pan.
Middle Layer: Beat together butter, cream, custard powder and sugar; spread over base. Chill.
Top Layer: Melt chocolate with butter; cool slightly. Pour over second layer; chill. Cut into bars. SOURCE: www.recipesource.com


## Membership

It is a good idea to become a member of the ICCA so you can take advantage of the discounts at ICCA events. You will also receive 5 or 6 issues of this newsletter throughout the year, informing you of the various Indian-related events in Saskatoon. Remember, in order to participate in Folkfest as a volunteer or as a performer you must become a member. Simply fill out and mail the form below.

## 2003 India Canada Cultural Association (ICCA) Membership Form

Name: $\qquad$ Phone Number:

## Address:

$\qquad$
E-mail (optional):
Please select membership: Individual: $\underset{(\$ 10)}{ }$ ] Family: $\underset{(\$ 15)}{[ }]$
Please send membership form and a cheque payable to I.C.C.A. to:
India Canada Cultural Association
Box 7194, Saskatoon, SK
S7K 4J2

