

La Leche League of Teaneck, New Jersey Newsletter

August 2006

Hello LLLadies~

Important. If you wish to continue receiving information from us which includes our series meeting schedules, meeting reminders and our Newsletter it is **very important** that you send an e-mail to april@johncmollard.com. Please type just the word "Continue" in the subject heading and send. You will then be included in our newest Database.

World Breastfeeding Week is upon us!

Once a year we ask you, the mothers who know firsthand the benefits LLL provides, to **please support our efforts** locally and worldwide. Help LLL help other mothers!

The funds we raise are divided between our local Group and other La Leche League activities. Our Group's plans for our portion of the money raised include: purchasing LLL materials to distribute to new moms, local hospitals & doctors; expanding our lending library; and providing Continuing Education to our Group's Leaders.

Here's how to do your part:

- 1) **Send your check**, made payable to *LLL of Teaneck*, to 'LLL c/o Susan Sorota, 151 Gaynor Place, Glen Rock, NJ. 07542. Contributions are tax deductible.
- 2) **Ask friends, relatives, and co-workers** to join in supporting us. Enclose their check with yours!
- 3) **Ask your employer to support LLL**. Many companies will offer matching donations based on the employee's contribution.

Thank you for your support!

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Thank you!

Welcome and thank you to the new members who recently joined La Leche League, and those of you who have renewed membership through our group: (next page) Christine Kong, Fortunata Campbell, Jill Davis, Arielle Schachter, Kris Campbell, Jennifer Casiano, Tamar Laderman, Monica Fischman, Nancy Mangino, Lisa Kunkel, Natalie Esposito Capano, Kasey Enrico, Nolan Piard, Odelia Shargian, Kimberly Quattrucci, Christine Amirian, Jennifer Cusack, Meg Bitton, Elaine Espinosa

We appreciate your support!

We miss you

If you haven't shown your face for awhile, please consider joining us for a Series Meeting. Come share with us and other new Moms what you've learned in your Mothering Journey.

Goings On

On September 16th we will have an information and fundraising table at the Secaucus Public Library's Annual Book Sale Fair. Still needed is an 8ft. table. If anyone has this and is willing to lend it to us for this event we would greatly appreciate it. Please e-mail April at April@johncmollard.com if you have one. We will be selling our books, slings and offering information about Breastfeeding. For information and directions on the Book Fair you can call the library at 201-330-2085. It would be great to see you there!

August meetings entitled "*Natural Weaning and Nutrition*" are held Wednesday 9th from 10am-noon at Carmen's home. For directions call 201-837-7646.

Thursday evening the 17th from 7:30pm-9:30pm at the home of Meg. For directions call 201-871-0103.

News

4/27/2006 La Leche League International (LLLI) welcomes the establishment of The new World Health Organization (WHO) Child Growth Standards based on the breastfed infant as the normative model of how children should grow and develop. For additional information about the ground-breaking WHO Child Growth Standards, go to http://www.who.int/childgrowth/en/index.html.

"50 Years--Celebrating the Power of Breastfeeding" will be the theme of the 2007 La Leche League International (LLLI) Conference. The Conference will be held in Chicago, Illinois, USA from July 20-23, 2007 at the Hilton Chicago. Ask about registration information at your next series meeting.

2/2006 La Leche League International (LLLI) has recently published a pamphlet on Breastfeeding in Public. Surveys have shown that some women are uncomfortable at

the thought of nursing their baby in public and that this uneasiness sometimes interferes with the breastfeeding relationship.

Come to a Series meeting and let's talk about it!

We have a new Leader! We welcome April Mollard to La Leche League of Teaneck!

Membership

For just \$40 annually, members receive the magazine *New Beginnings*, a 10% discount at the LLL online store, and borrowing privileges from our extensive breastfeeding and parenting library. Please remember to renew through us. This enables our local Group to receive support to continue our programs.

You can become a member at a meeting (We now accept credit cards Visa, MasterCard and Discover), or send a check payable to LLL of Teaneck to 'LLL c/o Susan Sorota, 151 Gaynor Place, Glen Rock, NJ. 07542.

La Leche League Leaders of Teaneck:

Carmen 201-837-7646 Susan 201-385-2377 Carole 201-244-6758 Julie 201-837-5910 April 201-553-9162

~Thank you for supporting La Leche League of Teaneck~

