

HEALTHY KINGDOM

Shop B188, 1/F,
Well On Garden Shopping Arcade,
Yuk Nga Lane, Tseung Kwan O, NT,
Hong Kong

INTRO

- ◉ Located in the central of Po Lam in Tseung Kwan O, Healthy Kingdom aims to provide professional and traditional tui na therapy, such as curing different kinds of muscle pain. Body shaping, beauty products, facial services with the help of Chinese Medicine are also available at Healthy Kingdom Naprapathy Centre.

CONTENT

- ◉ Tui na therapy
- ◉ Body shaping treatments
- ◉ Skincare products
- ◉ Facial treatments

TUI NA THERAPY

- ◉ Tui na is a traditional Chinese therapy since 5000 years ago. With the assistance of *Qigong* (氣功) of the therapist, tui na can not only reduce and kill pains, but also help improving patient's health condition. Once the blood circulation is improved, the patient can feel the magical effect brought by tui na!
- ◉ Tui na therapy is proved to have significant effects on killing various muscle pain, as well as on assisting to cure scoliosis and other backbone sicknesses. For further details on tui na, please contact us.

TUI NA THERAPY

- ◉ To provide the best tui na therapy to our customers, all tui na therapists in our centre are tested before employment. Therefore, our professional therapists are guaranteed to be experienced and qualified by the National Tui Na Centre.
- ◉ Idy Tse, our chief therapist, has been working in tui na industry for over 10 years. She graduates from HKU SPACE and holds a lot of internationally approved certificates. She has also worked in many famous hospitals in China, e.g. Shanghai Hospital, People's Hospital of Shenzhen, etc.

CHARGES

- ◉ Different body parts charges differently:
 - Neck: HKD300
 - Different parts of vertebra: HKD300
 - Each hand or leg: HKD250
 - Whole body therapy: HKD400 for 90minutes

BODY SHAPING TREATMENTS

- ◉ Our slimming service package includes:
 - Chinese Acupuncture
 - Tailor-made diet design and advisory
- ◉ To have best slimming result, our beauty experts provide quality and safe acupuncture services for customers. From the feedback of our customers, acupuncture can also sharply improve their health condition too!

CHARGES

- ◉ Our slimming treatments charges according to different parts of body.
- ◉ The charges are as follows:
 - Certain part of body: HKD300
 - Whole body: HKD700
- ◉ The charges include acupuncture and tailor-made diet advisory.

FACIAL TREATMENTS

- ◉ Our facial services are different from others as we respect and adopt the traditional wisdom of Chinese Medicine and acupuncture. Our facial materials are 100% natural and organic, e.g. pearl powder, therefore it is safe and you don't need to worry about skin allergy.
- ◉ Our facial services include:
 - Acne Care Facial Package
 - Spot Free Facial Package
 - Whitening Facial Package
 - Moisturizing Facial Package

FACIAL TREATMENTS

- ◉ Our facial treatments charges HKD250 each time.
- ◉ Our charges are as follows:
 - Acne Care Treatment: HKD250
 - Spot Free Treatment: HKD250
 - Whitening Treatment: HKD250
 - Moisturizing Treatment: HKD250
- ◉ Each treatment includes acupuncture and herbal masks purely made of Chinese Medicine.

BEAUTY PRODUCTS

- ◉ For the interests of our customers, our beauty products are tested to ensure security. Our skincare products include:
 - Acne Care Lotion: Safe and trouble-free! Kill acnes and other pore problems easily (suitable for oily and acne skin)
 - Floral Clear Lotion: Moisturizes your skin with 100% natural extracts from flowers!
 - Pearl Whitening Lotion: Magically whitens your skin in a mild and safe way within 1 month!
 - Spot Free Lotion: Removing Chloasma and Freckles on your face!

HERBAL POWDERS

- ◉ Different herbal powders have different functions and effects on your health. For your interest, you are strongly advised to consult our chief consultant before buying.
- ◉ The following herbal powders are available:
 - *Shihe* (石斛)
 - *Western Ginseng* (花旗參)
 - *Sanqi* (三七)

CATALOGUE

- ◉ For our product catalogue, please visit http://hk.geocities.com/idy88tse/Healthy_kingdom_catalogue.pdf (English)

ENQUIRES

- ◉ For enquires, please feel free to contact us:
- ◉ By Phone: 98745996
- ◉ By Mail: Shop B188, 1/F, Wei On Garden Shopping Arcade, Tseung Kwan O
- ◉ By Email: idy88tse@yahoo.com.hk
- ◉ Or you may visit our Website:
<http://hk.geocities.com/idy88tse>
- ◉ Booking required before your visit