

Physical Education Supplies and Equipment

Submitted by:

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Mason Summit High School

Previous Applications and Awards:

None

Proposal Details:

1. Proposed Activity:

Obtain Physical Education Equipment and Supplies

2. Goals:

Our goal is to develop on-site, self-contained, fully functioning physical education classes for Mason Summit High School students. Physical Education is a requirement for graduation from Mason Public Schools, and most of our students arrive to MSHS credit deficit in this area. Without a gymnasium, a very small campus, and insufficient equipment it is incredibly difficult to provide students with a quality physical education experience; furthermore, because of traveling distance and scheduling conflicts we have little access to other facilities and equipment within the district. By providing our students with an improved educational environment and varied activities we hope to better achieve our course objectives, help students meet graduation requirements, improve the quality of MSHS programming, and better the reputation that Mason Public Schools provides a superior education for all their students.

3. Methods:

Twice a year, in the fall and spring, students take physical education courses. The equipment and supplies will be used primarily for these two courses; however, we will also utilize the equipment for such recreational activities as field days, school parties, and our Personal Development Courses. Furthermore, students will build, with my help, an outdoor hockey arena using the lumber, screws, and paint that we propose purchasing. The boundaries of the arena will span 100L x 50w. We will temporarily place the arena at the south end of the MSHS parking lot where it will stand for a two-week unit of instruction. Once the unit is complete, the students will break down the arena and store it in the storage shed for the next PE class. Allowing the students to construct, assemble, and break down the hockey arena adds to the real life learning that makes school relevant; therefore, we consider this to be another key objective when considering the approval of our proposal.

4. Objectives:

- a. Students will be able to obtain a quality educational experience that provides them with the resources to realize success in physical education.
- b. Students will develop pride and esteem in themselves and their school.
- c. Students will have the opportunity and resources to develop and explore different physical activities, and develop special talents and interests.
- d. Students will use and develop team-working skills and strategies that allow them to positively interact with others.
- e. Students will have the opportunity, through varied activities, to develop their flexibility, muscular strength, and cardio-vascular endurance.
- f. Students will learn and develop healthy activities that will follow them throughout their lives.

Budget:

Item	Quantity	Item Cost	Total Cost
Croquet Set	3	\$39.99	\$119.97
Bocce Ball Set	2	\$29.99	\$59.98
Steel Horseshoe Set	2	\$19.99	\$39.98
Badminton Racquets	8	\$7.50	\$60.00
Shuttlecocks	2 sets of 6	\$3.95	\$7.90
Volleyball	1	\$8.50	\$8.50
10' Portable Standards	1 pair	\$539.50	\$539.50
Volleyball Net	1	\$34.95	\$34.95
Vinyl Cones	1 set of 6	\$29.95	\$29.95
Bases	1 set of 4	\$24.95	\$24.95
Flag Football Belt System	2 sets of 12	\$45.95	\$91.90
Football	1	\$26.95	\$26.95
Resistance Exercise Equipment	18	\$6.95	\$125.10
Storage Bag	2	\$14.95	\$29.90
Soccer Ball	1	\$13.95	\$13.95
Mesh Jerseys	18	\$3.50	\$63.00
30' Dia. Parachute	1	\$149.00	\$149.00
100' Tug of War Rope	1	\$109.00	\$109.00
Burlap Potato Sacks	1 set of 12	\$34.95	\$34.95
Compasses	9	\$13.95	\$125.55
Outdoor Floor Hockey Set	1 set of 12 sticks, 2 pucks, and 2 balls	\$109.00	\$109.00
Replacement Stick	2	\$9.95	\$19.90
Folding Hockey Goal	2	\$39.95	\$79.90
Hockey Mask	2	\$39.95	\$79.90
Stopwatch	1	\$9.95	\$9.95
Softballs	3	\$3.95	\$11.85
Softball Bats	2	\$22.95	\$45.90
2x10x10 Hockey Border Panels	30	\$10.39	\$311.70
1x4x6 Panel Connectors and Stabilizers	30	\$1.32	\$39.60
Panel Screws	3 x 1 lb box	\$4.48	\$13.44
Red Barn Paint	2 gallons	\$13.97	\$27.94
Goalie Sticks	2	\$12.95	\$25.90

Total Cost = \$2722.72 (Includes \$252.77 for shipping)

Prices reflect estimates from MC Sporting Goods, Gopher Physical Education Catalog, Wolverine Sports Catalog, Lowe's Home Improvement, and Home Depot.

Funding from other sources:

We have sought funds from the community to supplement this year's PE courses; thus far, received donations of \$100.00 from one anonymous couple, several aerobic videotapes, and sand for four horseshoe pits. In addition, the CACC allows us to use their outdoor facilities, we ask our students to provide equipment such as baseball gloves and balls whenever possible, staff often uses their personal supplies and equipment, and supporters have donated the use of their tools for the construction of our proposed outdoor hockey arena. Currently we are considering a haunted house and a car wash as potential fundraising activities to supplement the cost of our PE and extracurricular programs.

How many students will be affected:

Up to eighteen students per Physical Education course, taught twice a year, would primarily be affected by the approval of this grant. However, every student in the Mason Summit High School program (peak enrollment is fifty students) will benefit, because much of this equipment will also serve to supplement our Personal Development Courses. The Personal Development Courses are taught by each of the three instructors at MSHS, and all students are required to be enrolled in the courses throughout the school year. Within these courses teachers work with students to develop both their emotional and academic well-being through goal setting, conferencing, emotional intelligence training, and recreational time. During the recreational time, students often play games, take part in organized outdoor activities, receive tutoring, catch up on homework, and socialize with friends and MSHS staff. The equipment obtained through this grant will allow us to provide a more effective Personal Development Class by enriching the recreational time in which we seek to build a strong student community.

Student Benefit:

As shown throughout this proposal, the entire Mason Summit High School student body will benefit from this grant. Many of our students come to us with a low self-concept, a strong disliking for the educational system, and poor physical fitness habits. By obtaining this equipment, we can build a stronger program where students are given a chance to succeed in physical education, while exploring varied physical fitness activities that will help improve their low self-concepts. Currently, we have a difficult time sparking interest in physical activities, because we are so limited in what we can provide. Having this equipment will better help the students to meet the course objectives, and ultimately graduate from Mason Public Schools.

Evaluation:

This project will be a success when our Physical Education courses are independent, self-contained, and fully functioning. Also, we look to see improvement in both our students' PE grades, and their rate of PE credit attainment.

Availability of Funds:

Our departmental budget of \$4,000 could not support this project (please note that to purchase the equipment and supplies detailed in this proposal would require MSHS using over 68% of its budget), because it is used to support existing curriculum and office operations. Moreover, no curriculum or instruction funds are available for this, nor are technology funds appropriate for this project.

Program Supervisor's Signature:

Katherine Bertolini

Date

Principal's Signature:

Lance Delbridge

Date