



华中初级学院

HWA CHONG JUNIOR COLLEGE

EXTRA-CURRICULAR ACTIVITIES RECORD

Year of Graduation 1997

Name : LEONG SHEU HAU

Class : 96S62

NRIC No : 7916993E

Sex : Male

GENERAL PARTICIPATION

	1996	1997
Physical Education Lesson Attendance	Regular	Regular
School Physical Fitness Test Award	Medically Exempted	Gold

SPORTS AND GAMES

ACTIVITY	DESCRIPTION	YEAR
Cross Country	Inter-Class	1996
Swimming	HJC Swimming Endurance (Silver)	1997

CULTURAL ACTIVITIES, CLUBS AND SOCIETIES

ACTIVITY	DESCRIPTION	YEAR
Outdoor Activities Club	Chief Instructor	1997
	Instructors' Training Camp (Organiser)	1997
	Instructor Training Camp (Instructor)	1997
	Youth Leadership Trg Camp (Organiser)	1997
	Youth Leadership Trng Camp (Instructor)	1997
	Youth Leadership Trg Camp (Participant)	1996
	OAC Canoe Camp (Instructor/Organiser)	1997
	OAC Canoe Camp (Participant)	1996
	OAC Orientation Hike (Instructor)	1997
	OAC Orientation Hike (Participant)	1996
	Outward Bound School Mobile Course	1996
	Abseiling Basic Course	1996
	Rock-Climbing Basic Course	1996
	OAC Bike Expedition (Participant)	1996
	OAC Canoe Expedition (Participant)	1996
	OAC Night Hike (Instructor/Organiser)	1996
	Orientation Hike (Instructor/Organiser)	1997
	Windsurfing Course (Organiser)	1997
	Windsurfing Novice Course (Participant)	1996
	Canoeing Novice Course (Participant)	1996

OTHER ACTIVITIES

ACTIVITY	DESCRIPTION	YEAR
Seminar & Talks	Security Seminar (Participant)	1997
	Temasek Seminar (Participant)	1997
College Activities	College Day Celebrations	1996, 1997
	Mid-Autumn Celebrations	1996, 1997
	Chinese New Year Celebrations	1996, 1997
	Chinese New Year Stall Making Comp.	1996
	Chinese New Year Banner Making Comp.	1996
	Chinese New Year Street Market	1996
	Orientation (Participant)	1996
Competitions	General Knowledge Quiz	1996
	Inter-Class Science Quiz	1996

Principal's Signature



College Stamp

31/12/1997

DATE