

2007 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

Produced by: Michael Noonan

CWF Rankings Statistician, 47 Saltley Street, Spotswood Vic 3015, Australia

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MEN: TOP-25 ABSOLUTE

as at 30 September

56kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Velluri Srinivasa Rao	1981	IND	55.40	110	135	245	13-Feb	Guwahati, IND
Emmanuel Obong	1988	NGR	55.71	105	135	240	15-Jul	Tipaza, ALG
Pramod Goswami	Jr	IND		101	132	233	1-Mar	Chennai, IND
Usman Akbar	1982	PAK	55.90	103	125	228	10-Apr	Karachi, PAK
Sukhan Dey	1989	IND		106	122	228	1-Mar	Chennai, IND
J. Thirukumaran	Jr	IND	55.20	100	125	225	13-Feb	Guwahati, IND
Nevo Ioane	1988	SAM	55.91	100	125	225	27-Apr	Apia, SAM
Obrie Nondo	1982	ZAM	55.60	95	120	215	15-Jul	Tipaza, ALG
Bronco Dieranaw	1991	NRU	55.71	95	120	215	25-Apr	Apia, SAM
Mohd Fazil Dollah	1989	MAS	52.64	95	118	213	14-May	Darwin, AUS
Ismail Katamba	1987	UGA				210	11-May	Tripoli, LBA
Starron Dowabobo	1984	NRU	55.98	87	115	202	27-Aug	Apia, SAM
Azhar Iqbal		PAK	55.05	92	107	199	10-Apr	Karachi, PAK
Gino Sooprayen Padiatty	1973	MRI	55.70	93	105	198	14-Aug	Antananarivo, MAD
Alphonso Adonis	1986	RSA	55.35	87	110	197	28-Apr	Port Elizabeth, RSA
C.G. Sanjith	Jr	IND		85	112	197	24-Mar	Kozhikode, IND
Jean-Philippe Gilbert	1987	CAN	55.80	79	113	192	18-May	St Thomas, CAN
Brown Chester Ramohaka	1988	SOL	55.00	80	105	185	29-Apr	Honiara, SOL
Ianne Guinares	1988	NZL	55.45	80	103	183	2-Jun	Petone, NZL
Adrian Chatelain	1988	CAN	55.80	85	96	181	7-Apr	Nanaimo, CAN
Dale Watkins	1988	AUS	55.55	75	105	180	10-Aug	Brisbane, AUS
Chris Freebury	1989	ENG	55.90	80	100	180	2-Jun	Lilleshall, GBR
N. A. Manikandan		IND		80	100	180	29-Sep	Madurai, IND
Steven McMichael	1984	SCO	56.00	80	100	180	2-Jun	Lilleshall, GBR

62kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Dimitrios Minasidis	1989	CYP	61.46	128	156	284	11-Jun	Prague, CZE
Yinka Ayunema	1986	NGR	61.92	113	160	273	15-Jul	Tipaza, ALG
Gbenga Olupona	1981	NGR	61.63	115	156	271	15-Jul	Tipaza, ALG
Naharudin Mahayudin	1984	MAS	61.83	125	145	270	18-Sep	Chiang Mai, THA
Jasvir Singh	1977	CAN	62.00	115	145	260	11-Aug	Kelowna, CAN
Dalraj Sudalai Muthu		IND	61.50	115	142	257	13-Feb	Guwahati, IND
Daniel Koum Koum	1985	CMR	61.90	117	137	254	27-Jan	Melbourne, AUS
Rastam Sarang	1988	IND	61.10	109	143	252	13-Feb	Guwahati, IND
M. Ishtiaq Ghafoor	1976	PAK	61.80	117	135	252	10-Apr	Karachi, PAK
M.V. Manikanda	Jr	IND		108	141	249	2-Mar	Chennai, IND
Velayuthan Biju	1980	IND	61.60	110	138	248	13-Feb	Guwahati, IND
Simon Ngamba	1982	CMR	60.96	115	132	247	15-Jul	Tipaza, ALG
Otsile Shushu	1980	RSA	61.46	110	137	247	15-Jul	Tipaza, ALG
Kevin Stuart	1978	ENG	61.84	112	135	247	18-Sep	Chiang Mai, THA
Sumeet Wadar	1991	IND		110	136	246	2-Mar	Chennai, IND
Amir Ali		PAK	61.30	113	130	243	10-Apr	Karachi, PAK
Muthayiathever Muthukumar		IND	61.90	103	137	240	13-Feb	Guwahati, IND
Bronco Dieranaw	1991	NRU	61.70	101	135	236	27-Aug	Apia, SAM
Nevo Ioane	1988	SAM	60.70	100	135	235	27-Aug	Apia, SAM
Sohaib Lone		PAK	61.30	102	130	232	10-Apr	Karachi, PAK
Mubarak Kivumbi	1989	UGA	61.24	95	135	230	15-Jul	Tipaza, ALG
Starron Dowabobo	1984	NRU	57.60	95	130	225	29-Apr	NRU
Umar Rasool		PAK	60.60	98	120	218	10-Apr	Karachi, PAK
Gareth Evans	1986	WAL	58.45	97	120	217	1-Apr	Cardiff, GBR
Francois Lagace	1971	CAN	61.60	100	115	215	31-Mar	Sherbrooke, CAN

69kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Isiaka Aliyu	1985	NGR	68.10	131	165	296	16-Jul	Tipaza, ALG
Muhammad Hidayat	1975	MAS	68.96	130	165	295	19-Sep	Chiang Mai, THA
Bernardin Kingue Matam	1990	CMR	67.27	133	160	293	16-Jul	Tipaza, ALG
Peter Eichie	1984	NGR	67.52	132	157	289	16-Jul	Tipaza, ALG
Francis Luna-Grenier	1987	CAN	68.86	127	162	289	19-Sep	Chiang Mai, THA
Govindan Elumalai	1984	IND	68.94	125	160	285	18-Sep	Chiang Mai, THA
Francois Etoundi	1984	CMR	69.00	125	155	280	7-Jul	Melbourne, AUS
Govindsamy Vadivelu	1975	IND	68.69	120	158	278	14-Feb	Guwahati, IND
Dimitrios Minasidis	1989	CYP	65.00	125	150	275	2-Jun	Hostenback, GER
Maksim Dubrouski	1981	ENG	68.90	118	151	269	29-Sep	Bristol, GBR
David DeRose	1982	AUS	67.60	120	147	267	23-Jun	Toowoomba, AUS
Jasvir Singh	1977	CAN	64.43	113	150	263	30-Jun	Surrey, CAN
Dominic Lussier	1984	CAN	68.70	117	145	262	18-May	St Thomas, CAN
Muhammad Ali		PAK	68.95	115	143	258	11-Apr	Karachi, PAK
Otsile Shushu	1980	RSA	66.44	110	147	257	18-Sep	Chiang Mai, THA
Alexandros Amanatidis	1987	CYP	68.73	108	149	257	12-Jun	Prague, CZE
Mohd Hafifi Mansor	1990	MAS	66.06	110	145	255	14-May	Darwin, AUS
M.J. Karunya Kumar		IND	66.90	115	140	255	14-Feb	Guwahati, IND
Ike Aliklik	1985	NRU	67.20	115	140	255	18-Jun	Apia, SAM
Ali Mohammec	1989	GHA	67.80	115	140	255	16-Jul	Tipaza, ALG
Dinesh Singh Thingnam		IND	68.15	112	142	254	14-Feb	Guwahati, IND
Anup Deo Toppo	Jr	IND		112	142	254	2-Mar	Chennai, IND
Daniel Khoum Knoum	1985	CMR	63.75	110	142	252	11-Aug	Brisbane, AUS
Logona Esau	1986	TUV	68.82	107	145	252	27-Apr	Apia, SAM
Nithin Kumar		IND	67.80	110	141	251	14-Feb	Guwahati, IND

77kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yukio Peter	1984	NRU	76.92	147	189	336	3-Mar	Columbus, USA
Felix Ekpo	1981	NGR	75.84	152	181	333	16-Jul	Tipaza, ALG
Gurcharn Singh	1980	IND	75.00	135	167	302	15-Feb	Guwahati, IND
Zulkifli Cha Rose	1985	MAS	76.80	132	166	298	20-Sep	Chiang Mai, THA
Ben Turner	1984	AUS	76.95	128	170	298	28-Jul	Brisbane, AUS
Santokh Kumar		IND	75.00	128	167	295	15-Feb	Guwahati, IND
Sudhir Kumar		IND	76.20	133	162	295	15-Feb	Guwahati, IND
Tariq Azam		PAK	77.00	132	163	295	11-Apr	Karachi, PAK
Awais Akbar	1974	PAK	76.20	132	162	294	11-Apr	Karachi, PAK
Francois Etoundi	1984	CMR	71.10	133	160	293	27-Jan	Melbourne, AUS
David Sarkisian	1986	AUS	76.50	130	163	293	28-Jul	Melbourne, AUS
Bandi Rajkumar	1988	IND		133	160	293	3-Mar	Chennai, IND
Mark Spooner	1984	NZL	73.98	126	161	287	2-Jun	Petone, NZL
Saun Trebillcock	1985	ENG	76.60	120	165	285	9-Mar	Coruna, ESP
Bernardin Kingue Matam	1990	CMR	69.40	128	155	283	24-Mar	Bordeaux, FRA
Francis Luna-Grenier	1987	CAN	73.00	126	157	283	18-May	St Thomas, CAN
Malek Chamoun	1989	AUS	76.90	123	153	276	31-Mar	Sydney, AUS
Shane Judson	1970	NZL	75.50	123	150	273	24-Mar	Wellington, NZL
Alexis Demers-Marcil	1984	CAN	76.70	128	145	273	18-May	St Thomas, CAN
Mark Nehme	1985	CAN	74.10	120	151	271	18-May	St Thomas, CAN
Laurent Goyette-Demers	1990	CAN	75.89	117	153	270	13-Jun	Prague, CZE
Larry Robinson	1970	CAN	76.30	120	150	270	18-May	St Thomas, CAN
Harpreet Singh	Jr	IND		121	146	267	3-Mar	Chennai, IND
Charles Simeon	1982	SEY	74.60	116	150	266	16-Jul	Tipaza, ALG
Anthony Salsone	1987	AUS	75.70	115	151	266	14-Apr	Brisbane, AUS
Jocelyn Dewar	1984	CAN	77.00	116	150	266	3-Feb	Lachute, CAN

85kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yukio Peter	1984	NRU	78.80	158	200	358	27-Apr	Apia, SAM
Bradley Burrowes	1979	ENG	85.00	158	170	328	21-Jul	Bristol, GBR
Richard Patterson	1983	NZL	84.50	142	182	324	2-Jun	Petone, NZL
Buck Ramsay	1982	CAN	84.75	140	178	318	16-Jul	Rio de Janeiro, BRA
Serge Tremblay	1973	CAN	84.50	141	175	316	18-May	St Thomas, CAN
Inderjit Khela Singh	1982	ENG	81.20	145	170	315	2-Jun	Lilleshall, GBR
Darryn Anthony	1985	RSA	83.67	140	170	310	17-Jul	Tipaza, ALG
Uati Maposua	1976	SAM	82.70	135	170	305	10-Aug	Apia, SAM
Khurram Shahzad	1981	PAK	83.90	135	170	305	11-Apr	Karachi, PAK
Iffi Abbas		PAK	81.80	132	169	301	11-Apr	Karachi, PAK
Faavae Faauliuli	1983	SAM	84.20	131	170	301	23-Feb	Apia, SAM
Brice Batchaya	1985	CMR	82.95	135	165	300	21-Sep	Chiang Mai, THA
Max Dal Santo	1985	AUS	84.80	135	165	300	11-Aug	Brisbane, AUS
Denis Catana	1986	ENG	85.00	130	170	300	29-Sep	Bristol, GBR
Peter Kirkbride	1987	SCO	84.10	125	170	295	14-Apr	Mytholmroyd, GBR
R. Premkumar Mrajendran		IND	83.80	133	161	294	15-Feb	Guwahati, IND
David Katoatau	1984	KIR	83.69	125	167	292	28-Aug	Apia, SAM
Troy Hewkins	1986	AUS	83.90	131	160	291	23-Jun	Toowoomba, AUS
Ben Mulder	1978	AUS	83.80	126	163	289	11-Aug	Brisbane, AUS
Haroon Bin Rasheed		PAK	83.70	133	150	283	11-Apr	Karachi, PAK
Tia Falesuani	1986	SAM	83.90	122	160	282	28-Aug	Apia, SAM
B. Narendra		IND	84.20	127	155	282	15-Feb	Guwahati, IND
Caleb Symon	1982	NZL	77.40	117	160	277	24-Jun	Christchurch, NZL
Malek Chamoun	1989	AUS	83.98	127	150	277	14-Jun	Prague, CZE
Baljit Singh	Jr	IND		126	150	276	4-Mar	Chennai, IND

94kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Simplice Ribeoum	1982	CMR	88.00	150	185	335	24-Feb	Melbourne, AUS
Thomas Yule	1976	SCO	93.99	146	177	323	21-Apr	Strasbourg, FRA
Dalas-John Santavy	1972	CAN	91.80	141	181	322	18-May	St Thomas, CAN
Sacha Amede	1975	CAN	93.40	145	175	320	18-May	St Thomas, CAN
Nicolas Roberts	1984	CAN	91.00	141	175	316	16-Mar	Matanzas, CUB
Mark Clegg	1980	ENG	93.70	145	169	314	2-Jun	Lilleshall, GBR
Buck Ramsay	1982	CAN	87.00	140	170	310	3-Feb	Toronto, CAN
Michael Howarth	1984	ENG	91.00	140	170	310	2-Jun	Lilleshall, GBR
Abad Ali		PAK	92.35	140	170	310	12-Apr	Karachi, PAK
Gopalraj Senthil Kumar	1978	IND	92.90	133	177	310	16-Feb	Guwahati, IND
Bhagat Singh		IND	92.30	138	171	309	16-Feb	Guwahati, IND
Guy Marineau	1965	CAN	93.10	137	170	307	31-Mar	Sherbrooke, CAN
Grant Cavit	1976	NZL	86.30	138	167	305	21-Jul	Auckland, NZL
Max Dalsanto	1985	AUS	86.46	140	165	305	30-Jun	Adelaide, AUS
Gaston Wafo Foduoup	1972	CMR	92.20	140	165	305	17-Jul	Tipaza, ALG
Emmanuel Citton	1982	AUS	92.20	130	175	305	12-Aug	Brisbane, AUS
Serge Tremblay	1973	CAN	86.00	135	165	300	3-Feb	Normandin, CAN
K. Samraj		IND	87.80	128	170	298	16-Feb	Guwahati, IND
Balwinder Kumar		IND	92.00	137	161	298	16-Feb	Guwahati, IND
Faavae Faauliuli	1983	SAM	86.90	127	170	297	29-Jun	Apia, SAM
Baljeet Singh		IND	87.30	132	160	292	16-Feb	Guwahati, IND
David Katoatau	1984	KIR	86.27	125	165	290	10-Aug	Apia, SAM
Travis Moe	1982	CAN		130	160	290	10-Feb	Calgary, CAN
Peter Kirkbride	1987	SCO	87.60	127	160	287	10-Mar	Coruna, ESP
Miles Dowswell	1971	CAN	91.85	135	152	287	31-Mar	Toronto, CAN

105kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Niusila Opeloge	1980	SAM	104.60	150	200	350	13-Apr	Apai, SAM
Akos Sandor	1977	CAN	105.00	155	195	350	18-May	St Thomas, CAN
Valerie Sarava	1978	AUS	104.85	150	185	335	28-Jul	Sydney, AUS
Ilalio Eleei	1979	SAM	103.20	145	182	327	18-Jun	Apai, SAM
Ivorn McKnee	1981	BAR	102.00	140	185	325	16-Mar	Matanzas, CUB
Thomas Yule	1976	SCO	97.60	145	172	317	4-Mar	Woking, GBR
Gurmeet Singh	1982	IND	101.50	140	175	315	17-Feb	Guwhati, IND
Sajjad Amin Malik	1973	PAK	104.15	145	170	315	12-Apr	Karachi, PAK
Aghvan Grigorian	1969	AUS	104.40	145	170	315	12-Aug	Brisbane, AUS
Sandeep Kumar		IND	104.70	137	178	315	17-Feb	Guwhati, IND
Rafal Korkowski	1980	CAN	105.00	145	170	315	18-May	St Thomas, CAN
Malisetty Srinivasa Rao		IND	101.00	142	172	314	17-Feb	Guwhati, IND
Pradeep Singh		IND	97.90	138	168	306	17-Feb	Guwhati, IND
Robert Galsworthy	1989	AUS	101.20	135	170	305	3-Jun	Perth, AUS
Usman Amjad Rathore	1987	PAK	100.95	130	166	296	12-Apr	Karachi, PAK
Sacha Amede	1975	CAN	98.00	135	160	295	3-Feb	Montreal, CAN
Simon Heffernan	1975	AUS	99.40	135	160	295	15-Sep	Melbourne, AUS
Haroon Shaukat		PAK	100.01	135	160	295	12-Apr	Karachi, PAK
Stanislav Chalaev	1986	NZL	102.40	134	161	295	21-Jul	Auckland, NZL
Henk Booysen	1972	RSA	104.91	135	160	295	28-Apr	Port Elizabeth, RSA
Daniel Nemani	1981	NZL	105.00	132	163	295	2-Jun	Petone, NZL
Tirath Sandhu	1970	CAN	101.42	126	165	291	1-Jul	Surrey, CAN
Warren Hellisen	1966	AUS	103.85	130	160	290	12-Aug	Brisbane, AUS
Kamran Majid	1968	ENG	104.50	125	165	290	2-Jun	Lilleshall, GBR
Loren Chiu	1979	CAN	105.00	130	160	290	31-Mar	Lake Country, CAN

+105kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Itte Detenamo	1986	NRU	147.93	167	212	379	29-Aug	Apia, SAM
Sarbjit Kanda	1983	IND	131.80	168	204	372	17-Feb	Guwahti, IND
Rizwan Ullah Lodhi		PAK	130.38	154	204	358	12-Apr	Karachi, PAK
Damon Kelly	1983	AUS	146.80	153	197	350	15-Sep	Melbourne, AUS
Akos Sandor	1977	CAN	108.60	150	195	345	3-Jan	Toronto, CAN
Chris Rae	1980	AUS	135.24	160	185	345	30-Jun	Adelaide, AUS
Gurbinger Cheema Singh	1978	ENG	110.40	155	187	342	2-Jun	Lilleshall, GBR
Tavita Tuuamalii	1983	SAM	121.00	150	191	341	27-Apr	Apia, SAM
Dennis Suka		GHA	110.00	155	185	340	29-Apr	Accra, GHA
Pham Phangura	1979	CAN	128.90	145	191	336	18-May	St Thomas, CAN
Valerie Sarava	1978	AUS	109.10	150	185	335	16-Jun	Sydney, AUS
Maamaloa Loholei	1968	TGA	131.50	140	193	333	29-Jun	Apia, SAM
Sam Pera Jr	1989	COK	111.25	150	180	330	10-Aug	Apia, SAM
Tevita Ngali	1973	TGA	122.82	147	181	328	29-Aug	Apia, SAM
Fredick Fokejou Tefo	1979	CMR	119.50	142	175	317	19-Jul	Tipaza, ALG
William Ainslie	1979	RSA	127.27	142	175	317	28-Apr	Port Elizabeth, RSA
Matthew Falcone	1987	AUS	149.95	133	173	306	24-Feb	Melbourne, AUS
Luc Lefebvre	1965	CAN	127.70	133	167	300	18-May	St Thomas, CAN
Jocelyn Bilodeau	1975	CAN		130	165	295	17-Mar	La Prairie, CAN
Svaradharaj V. Kumar	Jr	IND	128.00	132	163	295	4-Mar	Chennai, IND
Daniel Nemani	1981	NZL	109.55	130	160	290	12-Aug	Brisbane, AUS
Marc-Olivier Provost	1987	CAN	136.48	133	156	289	16-Jun	Prague, CZE
Aghvan Grigorian	1969	AUS	106.80	136	150	286	15-Sep	Melbourne, AUS
Joseph Muskett	1985	ENG	135.47	126	155	281	24-Mar	London, GBR
Sean Gawley	1974	CAN	106.65	130	150	280	31-Mar	Toronto, CAN

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WOMEN: TOP-25 ABSOLUTE

as at 30 September

48kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Soniya Ngangbam Chanu	1980	IND	47.85	70	98	168	17-Sep	Chiang Mai, THA
Maryse Turcotte	1975	CAN	47.90	71	96	167	31-Mar	Sherbrooke, CAN
Azike Onyeka	1990	NGR	47.14	72	91	163	15-Jul	Tipaza, ALG
A. Sandhya Rani	1980	IND	47.94	70	92	162	13-Feb	Guwahati, IND
Nilamshetty Krishna Veni	1985	IND	47.32	72	89	161	13-Feb	Guwahati, IND
Sukhbir Kaur		IND	48.00	76	85	161	13-Feb	Guwahati, IND
Portia Vries	1984	RSA	47.71	70	88	158	15-Jul	Tipaza, ALG
Suzanne Hiram	1987	NRU	47.75	72	85	157	10-Aug	Apia, SAM
Sharada Siddi		IND	47.62	68	82	150	13-Feb	Guwahati, IND
Erika Yamasaki	1987	AUS	47.90	67	81	148	10-Jun	Prague, CZE
B. Usha	Jr	IND		62	84	146	1-Mar	Chennai, IND
Jyotsama Tarafdar	Jr	IND		64	81	145	1-Mar	Chennai, IND
Vivian Lee	1978	AUS	47.50	66	78	144	10-Aug	Brisbane, AUS
M. Sivarani	Jr	IND		61	79	140	1-Mar	Chennai, IND
Maude-Emily Brodeur	1989	CAN	47.80	61	75	136	19-May	St Thomas, CAN
Jessica Ruel	1991	CAN	47.90	62	71	133	4-Mar	Repentigny, CAN
Kathleen Hare	1988	PNG	47.10	58	73	131	7-Jul	Melbourne, AUS
Katsia Telemaque	1989	SEY	47.23	61	70	131	14-Aug	Antananarivo, MAD
Azizah Fadzil	1991	MAS		58	73	131	4-Jun	Serdang, MAS
Nurniada Nordin	1988	MAS	47.90	58	70	128	14-May	Darwin, AUS
Utako Aliklik	1991	NRU	47.81	51	72	123	27-Aug	Apia, SAM
Maude Langevin	1990	CAN	47.40	54	68	122	14-Apr	Brossard, CAN
Manon Poulin-Cyr	1963	CAN		52	65	117	18-Aug	Collingwood, CAN
Kaia Dala	1989	PNG	47.94	56	60	116	29-Apr	Port Moresby, PNG
Alice Kawla'a	1988	SOL	47.00	50	60	110	29-Apr	Honiara, SOL

53kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Patience Lawal	1983	NGR	51.81	82	112	194	15-Jul	Tipaza, ALG
Th. Sanamacha Chanu	1978	IND	52.71	86	108	194	14-Feb	Guwahati, IND
Dika Toua	1984	PNG	52.89	81	106	187	29-Jun	Apia, SAM
Monitombi Devi		IND	52.61	78	102	180	14-Feb	Guwahati, IND
Suni Bala Devi Maibam	Jr	IND	52.69	80	98	178	14-Feb	Guwahati, IND
Soniya Ngangbam Chanu	1980	IND	48.54	78	96	174	31-Jul	Patiala, IND
Maryse Turcotte	1975	CAN	50.70	70	100	170	27-Jan	La Prairie, CAN
Hidan Shaya Devi	1980	IND	52.56	75	95	170	19-Sep	Chiang Mai, THA
Marilou Dozois-Prevost	1986	CAN	52.03	75	93	168	19-Sep	Chiang Mai, THA
Minati Sethi	Jr	IND	51.56	73	94	167	14-Feb	Guwahati, IND
Gladis Chukwue Meka	1984	NGR	52.60	72	95	167	29-Apr	Lagos, NGR
Annie Moniqui	1990	CAN	52.10	70	92	162	20-Jan	Lachute, CAN
Kalyani Karanam	1985	IND	52.01	70	90	160	14-Feb	Guwahati, IND
Suzanne Hiram	1987	NRU	49.40	72	84	156	9-Feb	Apia, SAM
Joanne Calvino	1980	ENG	52.90	66	90	156	19-May	Bischofshofen, AUT
Erika Yamasaki	1987	AUS	51.25	69	84	153	10-Aug	Brisbane, AUS
Raihan Yusoff	1988	MAS		62	90	152	5-Jun	Serdang, MAS
N. Laxmi Devi	Jr	IND		65	82	147	2-Mar	Chennai, IND
Davina Hughes	1989	AUS	52.86	64	80	144	14-May	Darwin, AUS
Sharifah Inani Najwa Syd	1990	MAS	52.58	61	78	139	14-May	Darwin, AUS
Socheata Be	1989	AUS	52.70	64	75	139	10-Aug	Brisbane, AUS
Gloria Kimbu	1986	PNG	52.90	63	75	138	29-Apr	Port Moresby, PNG
Rosemary Densmore	1984	CAN	52.20	59	78	137	19-May	St Thomas, CAN
Maude-Emily Brodeur	1989	CAN		63	74	137	7-Sep	Brossard, CAN
Julie Matatiken	1980	SEY	49.24	60	75	135	14-Aug	Antananarivo, MAD
Agnes Edjangue Ekon	1985	CMR	52.14	60	75	135	15-Jul	Tipaza, ALG

58kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yamman Renu Balla Chanu	1986	IND	57.34	94	114	208	14-Feb	Guwahati, IND
Margaret Uwah	1985	NGR	57.21	90	107	197	16-Jul	Tipaza, ALG
Seen Lee	1982	AUS	57.65	88	106	194	7-Jul	Melbourne, AUS
Sunaina	1980	IND	56.70	83	105	188	14-Feb	Guwahati, IND
S. Yamini	Jr	IND		85	103	188	2-Mar	Chennai, IND
Joke Adekola	1986	NGR	56.80	85	102	187	31-Mar	Lake Country, CAN
Hidan Shaya Devi	1980	IND	53.66	84	98	182	31-Jul	Patiala, IND
Wendy Hale	1987	SOL	57.01	81	100	181	25-Apr	Apia, SAM
Rita Kari	1989	PNG	57.20	81	100	181	27-Aug	Apia, SAM
Valerie Lefebvre	1990	CAN	57.80	80	100	180	19-May	St Thomas, CAN
Jacinthe Deschenes	1987	CAN	57.60	80	97	177	21-Sep	Chiang Mai, THA
Emily Quarton	1984	CAN	57.95	79	95	174	14-Mar	Matanzas, CUB
Clementina Agricole	1988	SEY	57.05	77	97	174	16-Jul	Tipaza, ALG
Mona Pretorius	1988	RSA	57.00	75	96	171	29-Sep	Strand, RSA
R. Maheshwari	Jr	IND		80	90	170	2-Mar	Chennai, IND
Veronica Follick	1985	CAN	57.10	73	93	166	31-Mar	Lake Country, CAN
Minakshi		IND	56.94	72	91	163	14-Feb	Guwahati, IND
Helen Jewell	1988	ENG	57.70	75	86	161	2-Jun	Lilleshall, GBR
Isabelle Depres	1980	CAN	58.00	74	85	159	3-Feb	Toronto, CAN
Joanne Calvino	1980	ENG	55.01	67	91	158	22-Jun	Verona, ITA
W. Khomdonbi Devi		IND	57.09	71	87	158	14-Feb	Guwahati, IND
Emmanuella Lent	1986	MRI	57.81	70	87	157	16-Jul	Tipaza, ALG
P.C. Vanlalawmpuii		IND	57.07	67	87	154	14-Feb	Guwahati, IND
Nadeene Latif	1978	AUS	53.60	67	86	153	28-Jul	Sydney, AUS
Davina Hughes	1989	AUS	56.30	66	87	153	10-Aug	Brisbane, AUS

63kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Christine Girard	1985	CAN	63.00	100	127	227	19-May	St Thomas, CAN
Michaela Breeze	1979	WAL	61.41	97	118	215	23-Sep	Chiang Mai, THA
Agatha Egwudke	1985	NGR	62.14	91	112	203	16-Jul	Tipaza, ALG
Inu Rani Chanu Tongbram	1984	IND	61.80	88	113	201	15-Feb	Guwahati, IND
Poireri Nganbi Chanu		IND	62.10	88	112	200	15-Feb	Guwahati, IND
Yamman Renu Balla Chanu	1986	IND	58.62	86	112	198	31-Jul	Patiala, IND
Tania Whalen	1981	CAN	62.50	86	110	196	22-Sep	Chiang Mai, THA
Seen Lee	1982	AUS	59.20	90	104	194	16-Jun	Melbourne, AUS
Miel McGerrigle	1977	CAN	62.90	88	105	193	31-Mar	Toronto, CAN
Jacquie White	1982	AUS	62.95	85	102	187	11-Aug	Brisbane, AUS
Nirmala Kuna		IND	58.20	80	106	186	15-Feb	Guwahati, IND
K. Romi Devi		IND	61.70	86	100	186	15-Feb	Guwahati, IND
Valerie Lefebvre	1990	CAN	60.40	81	101	182	20-Jan	Lachute, CAN
Seeta Jena	Jr	IND	62.40	77	100	177	15-Feb	Guwahati, IND
Premeshwari Devi	1984	IND	59.28	81	95	176	31-Jul	Patiala, IND
G. Suriya Prabha	Jr	IND		77	98	175	3-Mar	Chennai, IND
Wendy Hale	1987	SOL	58.80	70	100	170	29-Jun	Apia, SAM
G. Aruna Rani	Jr	IND		75	95	170	3-Mar	Chennai, IND
Jacinthe Deschenes	1987	CAN		76	93	169	17-Mar	Rouyn Noranda, CAN
K.H. Nganthoi Chanu		IND	61.40	73	95	168	15-Feb	Guwahati, IND
Margaret Luke	1986	PNG	59.57	73	94	167	27-Aug	Apia, SAM
Prossy Nyanga	1989	UGA				167	11-May	Tripoli, LBA
Helene Myenga	1984	CMR	61.05	76	90	166	16-Jul	Tipaza, ALG
Shade Jimoh	1985	NGR	61.50	72	92	164	29-Apr	Lagos, NGR
Rita Kari	1989	PNG	59.40	70	90	160	29-Apr	Port Moresby, PNG

69kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Jeanne Lassen	1980	CAN	68.74	105	128	233	24-Sep	Chiang Mai, THA
Laishran Monika Devi	1983	IND	68.52	106	123	229	16-Feb	Guwahati, IND
Michaela Breeze	1979	WAL	64.88	97	119	216	11-Aug	London, GBR
Christine Girard	1985	CAN		90	120	210	17-Mar	Rouyn Noranda, CAN
Marie-Eve Beauchemin-Nadeau	1988	CAN	68.90	91	116	207	19-May	St Thomas, CAN
Janet The尔蒙	1979	SEY	67.80	95	105	200	17-Jul	Tipaza, ALG
Tania Whalen	1981	CAN		87	109	196	17-Mar	La Prairie, CAN
Bunmi Adekola	1990	NGR	64.18	84	106	190	24-Sep	Chiang Mai, THA
Gaelle Nayo Ketchanke	1988	CMR	66.13	83	105	188	17-Jul	Tipaza, ALG
Katelynn Williams	1987	CAN	67.30	83	105	188	19-May	St Thomas, CAN
Rajya Lakshmi		IND	65.72	85	98	183	16-Feb	Guwahati, IND
Denise Ramsay-Overall	1965	TRI	68.70	84	96	180	17-Jul	Rio de Janeiro, BRA
Srishti Singh	Jr	IND		77	101	178	4-Mar	Chennai, IND
Natasha Perdue	1975	WAL	68.90	77	100	177	20-Jan	Birmingham, GBR
Mercy Obiero	1978	KEN	66.29	75	100	175	17-Jul	Tipaza, ALG
Mary Ehlebi	1984	NGR	68.00	75	100	175	29-Apr	Lagos, NGR
R. Kavitha	Jr	IND		78	95	173	4-Mar	Chennai, IND
Archana Boro	Jr	IND	63.36	80	92	172	16-Feb	Guwahati, IND
Srishti Singh		IND	68.52	75	97	172	16-Feb	Guwahati, IND
Elena Palamara	1986	AUS	66.70	78	91	169	20-May	Sydney, AUS
Anjani Nabiyl		IND	67.99	75	92	167	16-Feb	Guwahati, IND
Jodie Kokiva	1990	PNG	68.35	74	93	167	7-Jul	Melbourne, AUS
Nicole Sawon	1978	AUS	63.55	76	90	166	12-Aug	Brisbane, AUS
Holly Collyer	1988	AUS	66.50	71	95	166	28-Jul	Brisbane, AUS
Mary Opeloge	1992	SAM	68.42	75	90	165	25-Apr	Apia, SAM

75kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Jeanne Lassen	1980	CAN	73.10	112	137	249	25-Mar	Bordeaux, FRA
Laishran Monika Devi	1983	IND	69.30	103	122	225	31-Jul	Patiala, IND
Khoirom Sumati Devi	1981	IND	74.73	92	120	212	25-Sep	Chiang Mai, THA
Juliet E. Okoebor	1989	NGR	73.50	92	115	207	29-Apr	Lagos, NGR
Anike Ayodeji	1983	NGR	74.20	90	115	205	19-May	St Thomas, CAN
Marie-Eve Beauchemin-Nadeau	1988	CAN		93	111	204	7-Sep	Brossard, CAN
Athokpam Janeswori Devi	1986	IND	72.42	91	110	201	31-Jul	Patiala, IND
Babalwa Ndeleni	1980	RSA	74.20	87	110	197	19-Jul	Tipaza, ALG
Pilla Lakshmi	1985	IND	72.24	87	108	195	16-Feb	Guwahati, IND
Hortense Nguidjol Esse	1981	CMR	69.85	85	107	192	19-Jul	Tipaza, ALG
Amanda Phillips	1981	AUS	74.80	81	110	191	23-Jun	Toowoomba, AUS
Mary Opeloge	1992	SAM	72.09	86	103	189	28-Aug	Apia, SAM
Kara Yessie	1982	CAN	74.20	85	103	188	19-May	St Thomas, CAN
Tulasi Kommeria		IND	74.88	85	103	188	16-Feb	Guwahati, IND
Caroline Girard	1982	CAN	74.60	80	106	186	19-May	St Thomas, CAN
Janet The尔蒙	1979	SEY	69.10	80	100	180	16-Aug	Antananarivo, MAD
K. Thulasi	Jr	IND		80	100	180	4-Mar	Chennai, IND
Katelynn Williams	1987	CAN	69.10	80	95	175	20-Jan	Lachute, CAN
Chitra Chandrammohan	Jr	IND	69.61	77	95	172	4-Mar	Chennai, IND
Mariam Nalubanga	1986	UGA	73.55	77	95	172	19-Jul	Tipaza, ALG
Guba Hale	1986	PNG	69.96	76	92	168	28-Aug	Apia, SAM
Marie York	1988	ENG	72.40	74	94	168	19-Jan	Strasbourg, FRA
P. Kom	Jr	IND		73	95	168	4-Mar	Chennai, IND
Kerri-Ann Wotnick	1983	ENG	72.65	75	92	167	2-Jun	Lilleshall, GBR
Chelse Zarboni-Berthiaume	1991	CAN		75	92	167	31-Aug	Montreal, CAN

+75kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Ele Opeloge	1985	SAM	117.40	110	150	260	10-Aug	Apia, SAM
Mariam Usman	1990	NGR	112.89	117	140	257	26-Sep	Chiang Mai, THA
Geeta Rani	1981	IND	107.50	101	140	241	17-Feb	Guwahati, IND
Funke Adeoye	1985	NGR	82.50	102	127	229	29-Apr	Lagos, NGR
Deborah Lovely	1983	AUS	86.60	100	126	226	15-May	Darwin, AUS
Natalie Williams	1986	CAN	132.20	95	130	225	19-May	St Thomas, CAN
Kefiline Tualau	1984	TGA	135.20	102	122	224	27-Jul	Apia, SAM
Gloria Amuh	1988	GHA	99.29	95	120	215	19-Jul	Tipaza, ALG
Sumati Devi	1984	IND	75.52	94	120	214	31-Jul	Patiala, IND
Narita Viliamu	1989	NIU	141.00	88	120	208	29-Apr	Alofi, NIU
Anike Ayodeji	1983	NGR	75.40	90	115	205	31-Mar	Lake Country, CAN
Gladys Mensah	1987	GHA	89.68	90	115	205	19-Jul	Tipaza, ALG
Ijeoma Nwatu	1983	NGR	78.20	90	112	202	31-Mar	Lake Country, CAN
Spandana Pulikam		IND	84.30	91	100	191	17-Feb	Guwahati, IND
Kara Yesie	1982	CAN	77.04	84	106	190	5-May	Denver, USA
Caroline Girard	1982	CAN	81.70	82	107	189	3-Feb	Rouyn, CAN
Amanda Phillips	1981	AUS	79.80	81	105	186	2-Jun	Brisbane, AUS
Tracey Lambrechts	1985	NZL	82.60	80	97	177	21-Jul	Auckland, NZL
Shalinee Valaydon	1986	MRI	92.01	79	97	176	16-Aug	Antananarivo, MAD
Judith Ketchanke	1983	CMR	95.80	75	100	175	4-Mar	Bourgogne, FRA
Danielle Waller	1965	AUS	87.45	77	93	170	18-Mar	Perth, AUS
Sarah Moreau	1991	CAN	93.40	76	93	169	6-Mar	Repentigny, CAN
Pardeep Kuar		Jr IND		68	93	161	4-Mar	Chennai, IND
Matilda Joe	1986	PNG	86.19	73	85	158	29-Apr	Port Moresby, PNG
Kate Linford	1987	AUS	97.92	71	87	158	15-May	Darwin, AUS

2007 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

Produced by: Michael Noonan

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MEN: ONE PER COUNTRY as at 30 September

56kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Valluri Srinivasa Rao	1981	IND	55.40	110	135	245	13-Feb	Guwahati, IND
Emmanuel Obong	1988	NGR	55.71	105	135	240	15-Jul	Tipaza, ALG
Usman Akbar	1982	PAK	55.90	103	125	228	10-Apr	Karachi, PAK
Neva Ioane	1988	SAM	55.91	100	125	225	27-Apr	Apia, SAM
Obrie Nondo	1982	ZAM	55.60	95	120	215	15-Jul	Tipaza, ALG
Bronco Dieranaw	1991	NRU	55.71	95	120	215	25-Apr	Apia, SAM
Mohd Fazil Dollah	1989	MAS	52.64	95	118	213	14-May	Darwin, AUS
Ismail Katamba	1987	UGA				210	11-May	Tripoli, LBA
Gino Sooprayen Padiatty	1973	MRI	55.70	93	105	198	14-Aug	Antananarivo, MAD
Alphonso Adonis	1986	RSA	55.35	87	110	197	28-Apr	Port Elizabeth, RSA
Jean-Philippe Gilbert	1987	CAN	55.80	79	113	192	18-May	St Thomas, CAN
Brown Chester Ramohaka	1988	SOL	55.00	80	105	185	29-Apr	Honiara, SOL
Ianne Guinares	1988	NZL	55.45	80	103	183	2-Jun	Petone, NZL
Dale Watkins	1988	AUS	55.55	75	105	180	10-Aug	Brisbane, AUS
Chris Freebury	1989	ENG	55.90	80	100	180	2-Jun	Lilleshall, GBR
Steven McMichael	1984	SCO	56.00	80	100	180	2-Jun	Lilleshall, GBR
James Ochieng	1984	KEN		75	100	175	15-Jul	Tipaza, ALG
Daniel Dako	1986	GHA	56.00	70	95	165	29-Apr	Accra, GHA
Morea Baru	1991	PNG	55.87	73	91	164	29-Apr	Port Moresby, PNG
Siaosi' Ofa ulunga	1965	TGA	56.00	65	90	155	29-Apr	Nukualofa, TGA
Ian Critchlow	1991	WAL	53.00	50	62	112	13-May	Holyhead, GBR
Odel Persaud	1993	GUY		48	58	105	2-Sep	Georgetown, GUY
Gerard Kelly		NIR	53.20	43	55	98	14-Jul	Dublin, IRL
Brian Best	1996	BAR	39.00	35	40	75	24-Feb	Kosice, SVK

62kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Dimitrios Minasidis	1989	CYP	61.46	128	156	284	11-Jun	Prague, CZE
Yinka Ayunema	1986	NGR	61.92	113	160	273	15-Jul	Tipaza, ALG
Naharudin Mahayudin	1984	MAS	61.83	125	145	270	18-Sep	Chiang Mai, THA
Jasvir Singh	1977	CAN	62.00	115	145	260	11-Aug	Kelowna, CAN
P. Sudalai Muthu		IND	61.50	115	142	257	13-Feb	Guwahati, IND
Daniel Koum Koum	1985	CMR	61.90	117	137	254	27-Jan	Melbourne, AUS
M. Ishtiaq Ghafoor	1976	PAK	61.80	117	135	252	10-Apr	Karachi, PAK
Otsile Shushu	1980	RSA	61.46	110	137	247	15-Jul	Tipaza, ALG
Kevin Stuart	1978	ENG	61.84	112	135	247	19-Sep	Chiang Mai, THA
Bronco Deiranaw	1991	NRU	61.70	101	135	236	27-Aug	Apia, SAM
Nevo Ioane	1988	SAM	60.70	100	135	235	27-Aug	Apia, SAM
Mubarak Kivumbi	1989	UGA	61.24	95	135	230	15-Jul	Tipaza, ALG
Gareth Evans	1986	WAL	58.45	97	120	217	1-Apr	Cardiff, GBR
Cameron Sinclair	1987	NZL	61.28	95	115	210	14-May	Darwin, AUS
Tekaei Temake	1986	KIR	62.00	90	120	210	29-Apr	Bairiki, KIR
Bryan Turnor	1989	AUS	61.14	86	115	201	14-May	Darwin, AUS
Ian Rose	1981	SEY		90	110	200	14-Apr	Victoria, SEY
Yannick Coret	1991	MRI	58.37	85	105	190	14-Aug	Antananarivo, MAD
Steven Kari	1987	PNG	58.66	85	105	190	29-Apr	Port Moresby, PNG
Daniel Arhin		GHA	62.00	85	105	190	29-Apr	Accra, GHA
Brown Chester Ramahaka	1988	SOL	61.56	82	105	187	14-May	Darwin, AUS
Christopher Clarke	1990	BAR	61.80	82	105	187	24-Feb	Kosice, SVK
Bhojnarine Persaud	1986	GUY		70	105	175	2-Sep	Georgetown, GUY
Aron Dorigo	1990	SCO	60.40	66	81	147	21-Jan	GBR
James Small	1992	NIR	61.80	50	60	110	28-Apr	Ballyclare, NIR
Relebohile Motjamela		LES	59.95	80	---	---	28-Apr	Port Elizabeth, RSA

69kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Isiaka Aliyu	1985	NGR	68.10	131	165	296	16-Jul	Tipaza, ALG
Muhammad Hidayat	1975	MAS	68.96	130	165	295	19-Sep	Chiang Mai, THA
Bernardin Kingue Matam	1990	CMR	67.27	133	160	293	16-Jul	Tipaza, ALG
Francis Luna-Grenier	1987	CAN	68.86	127	162	289	19-Sep	Chiang Mai, THA
Govindan Elumalai	1984	IND	68.94	125	160	285	18-Sep	Chiang Mai, THA
Dimitrios Minasidis	1989	CYP	65.00	125	150	275	2-Jun	Hostenbach, GER
Maksim Dubrouski	1981	ENG	68.90	118	151	269	29-Sep	Bristol, GBR
David DeRose	1982	AUS	67.60	120	147	267	23-Jun	Toowoomba, AUS
Muhammad Ali		PAK	68.95	115	143	258	11-Apr	Karachi, PAK
Otsile Shushu	1980	RSA	66.44	110	147	257	18-Sep	Chiang Mai, THA
Ike Aliklik	1985	NRU	67.20	115	140	255	18-Jun	Apia, SAM
Ali Mohammed	1989	GHA	67.80	115	140	255	16-Jul	Tipaza, ALG
Logona Esau	1986	TUV	68.82	107	145	252	27-Apr	Apia, SAM
Romeo Simeon	1977	SEY		110	135	245	14-Apr	Victoria, SEY
Toafitu Perive	1985	SAM	68.70	100	135	235	27-Jul	Apia, SAM
Nasser Lutaaya	1987	UGA	68.28	102	130	232	16-Jul	Tipaza, ALG
Musa Kamara	1979	SLE	66.76	104	125	229	20-May	Sydney, AUS
Makhosi Shabalala	1981	SWZ	66.55	95	132	227	16-Jul	Tipaza, ALG
Graeme Kane	1988	SCO	69.00	100	125	225	14-Apr	Mytholmroyd, GBR
Neil Dougan	1985	NIR	68.40	100	120	220	14-Jul	Dublin, IRL
C Cole	1990	NZL	66.20	101	117	218	21-Jul	Auckland, NZL
Daniel Murtagh	1989	WAL	66.00	95	110	205	13-May	Holyhead, GBR
Ben Saupo	1980	PNG	68.06	90	115	205	29-Apr	Port Moresby, PNG
Clint Grech	1987	MLT	68.80	92	110	202	1-Apr	Valetta, MLT
Akawe Borauea	1987	KIR	68.00	96	105	201	28-Aug	Apia, SAM
Ben Ho	1980	SIN	65.10	85	110	195	18-Aug	Singapore, SIN
Jerffrey Hirovaka	1987	SOL	68.00	85	110	195	29-Apr	Honiara, SOL
Sira Pera	1992	COK	68.40	75	85	160	14-May	Darwin, AUS
Dane Henry		GUY	68.40	62	70	132	3-Jun	Georgetown, GUY
Frank Solidza	1981	MAW	67.00	---	105	---	27-May	Lilongwe, MAW

77kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yukio Peter	1984	NRU	76.92	147	189	336	3-Mar	Columbus, USA
Felix Ekpo	1981	NGR	75.84	152	181	333	16-Jul	Tipaza, ALG
Gurcharn Singh	1980	IND	75.00	135	167	302	15-Feb	Guwahati, IND
Zulkifli Cha Rose	1985	MAS	76.80	132	166	298	20-Sep	Chiang Mai, THA
Ben Turner	1984	AUS	76.95	128	170	298	28-Jul	Brisbane, AUS
Tariq Azam		PAK	77.00	132	163	295	11-Apr	Karachi, PAK
Francois Etoundi	1984	CMR	71.10	133	160	293	27-Jan	Melbourne, AUS
Mark Spooner	1984	NZL	73.98	126	161	287	2-Jun	Petone, NZL
Saun Trebillcock	1985	ENG	76.60	120	165	285	9-Mar	Coruna, ESP
Francis Luna-Grenier	1987	CAN	73.00	126	157	283	18-May	St Thomas, CAN
Charles Simeon	1982	SEY	74.60	116	150	266	16-Jul	Tipaza, ALG
Michael Sebbale	1989	UGA		110	150	260	30-Mar	Kampala, UGA
Alexandros Amanatidis	1987	CYP	70.80	108	147	255	2-Jun	Hostenback, GER
Logona Esau	1986	TUV	70.54	100	147	247	29-Jun	Apia, SAM
Graeme Kane	1988	SCO	72.70	105	140	245	2-Jun	Lilleshall, GBR
Peter Stewart	1978	NIR	75.31	108	137	245	11-Apr	Columbus, USA
Stephen Cupido	1986	RSA	71.66	110	130	240	28-Apr	Port Elizabeth, RSA
Jimmy Naime	1987	PNG	76.96	105	135	240	29-Apr	Port Moresby, PNG
Gorosi David	1988	SOL	75.51	103	130	233	28-Aug	Apia, SAM
Samuel Ayi		GHA	77.00	105	125	230	29-Apr	Accra, GHA
Beeru Teiaa	1988	KIR	77.00	95	125	220	29-Apr	Bairiki, KIR
Paul Richard	1973	WAL	76.82	95	121	216	20-Apr	Strasbourg, FRA
Brandon Inniss	1993	BAR	73.30	92	115	207	31-Aug	Guanajuato, MEX
James Burley	1991	SCO	75.70	86	100	186	5-May	Alfreton, GBR
Benson Lilo	1989	SAM	75.25	77	104	181	27-Jul	Apia, SAM
Clive Zammit	1989	MLT	75.80	80	100	180	1-Apr	Valletta, MLT
Sira Pera	1992	COK	74.47	75	90	165	28-Aug	Apia, SAM

85kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yukio Peter	1984	NRU	78.80	158	200	358	27-Apr	Apai, SAM
Bradley Burrowes	1979	ENG	85.00	158	170	328	21-Jul	Bristol, GBR
Richard Patterson	1983	NZL	84.50	142	182	324	2-Jun	Petone, NZL
Buck Ramsay	1982	CAN	84.85	140	177	317	15-Mar	Matanzas, CUB
Darryn Anthony	1985	RSA	83.67	140	170	310	17-Jul	Tipaza, ALG
Uati Maposua	1976	SAM	82.70	135	170	305	10-Aug	Apai, SAM
Khurram Shahzad	1981	PAK	83.90	135	170	305	11-Apr	Karachi, PAK
Brice Batchaya	1985	CMR	82.95	135	165	300	21-Sep	Chiang Mai, THA
Max Dal Santo	1985	AUS	84.80	135	165	300	11-Aug	Brisbane, AUS
Peter Kirkbride	1987	SCO	84.10	125	170	295	14-Apr	Mytholmroyd, GBR
R. Premkumar Mrajendran		IND	83.80	133	161	294	15-Feb	Guwahati, IND
David Katoatau	1984	KIR	83.69	125	167	292	28-Aug	Apai, SAM
Mohd Faiz Musa	1989	MAS	84.64	110	150	260	15-May	Darwin, AUS
Terrence Dixie	1983	SEY	82.08	120	138	258	16-Aug	Antananarivo, MAD
Sade Fiua	1974	SOL	79.00	105	135	240	29-Apr	Honiara, SOL
William Vasiliades	1987	CYP	77.10	105	130	235	2-Jun	Hostenback, GER
Linda Matshebula	1983	SWZ	79.89	102	133	235	28-Apr	Port Elizabeth, RSA
Derek Kim	1983	SIN	81.70	100	125	225	18-Aug	Singapore, SIN
Bradley Inniss	1985	BAR	82.35	97	120	217	15-Mar	Matanzas, CUB
Paul Richard	1973	WAL	79.15	95	115	210	1-Apr	Cardiff, GBR
Matthew Muscat Inglott	1982	MLT	82.30	93	115	208	1-Apr	Valletta, MLT

94kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Simplice Ribouem	1982	CMR	88.00	150	185	335	24-Feb	Melbourne, AUS
Thomas Yule	1976	SCO	93.99	146	177	323	21-Apr	Strasbourg, FRA
Dalas-John Santavy	1972	CAN	91.80	141	181	322	18-May	St Thomas, CAN
Mark Clegg	1980	ENG	93.70	145	169	314	2-Jun	Lilleshall, GBR
Abad Ali		PAK	92.35	140	170	310	12-Apr	Karachi, PAK
Gopalraj Senthil Kumar	1978	IND	92.90	133	177	310	16-Feb	Guwahati, IND
Grant Cavit	1976	NZL	86.30	138	167	305	21-Jul	Auckland, NZL
Max Dalsanto	1985	AUS	86.46	140	165	305	30-Jun	Adelaide, AUS
David Katoatau	1984	KIR	86.27	125	165	290	10-Aug	Apai, SAM
Faavae Faauliuli	1983	SAM	86.95	120	170	290	27-Jul	Apai, SAM
Ravi Bhollah	1982	MRI	93.26	130	156	286	17-Jul	Tipaza, ALG
Muhammad Zafril Zulkifli	1988	MAS	93.88	125	145	270	15-May	Darwin, AUS
Elvis Jeanne	1975	SEY		120	150	270	14-Apr	Victoria, SEY
Noel Coleiro	1974	MLT	90.30	115	147	262	2-Jun	Hostenback, GER
Sherwin Chia	1986	SIN	91.90	112	150	262	18-Aug	Singapore, SIN
Jean Greef	1990	RSA	85.87	111	136	247	28-Apr	Port Elizabeth, RSA
Douglas Teimitsi	1986	NRU	90.50	110	135	245	29-Apr	NRU
Shawn Crosier	1973	GUY		115	130	245	2-Sep	Georgetown, GUY
Liam Whiteway	1977	NIR	90.60	105	132	237	28-Apr	Ballyclare, NIR
Wilfrid Ayithey	1989	GHA	94.00	100	132	232	29-Apr	Accra, GHA
James Abernethy	1993	WAL	92.10	65	80	145	20-Jan	Copenhagen, DEN
Evance Chikumbu		MAW	93.00	---	120	---	27-May	Lilongwe, MAW

105kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Niusila Opeloge	1980	SAM	104.60	150	200	350	13-Apr	Apia, SAM
Akos Sandor	1977	CAN	105.00	155	195	350	18-May	St Thomas, CAN
Valerie Sarava	1978	AUS	104.85	150	185	335	28-Jul	Sydney, AUS
Ivorn McKnee	1981	BAR	102.00	140	185	325	16-Mar	Matanzas, CUB
Thomas Yule	1976	SCO	97.60	145	172	317	4-Mar	Woking, GBR
Gurmeet Singh	1982	IND	101.50	140	175	315	17-Feb	Guwhati, IND
Sajjad Amin Malik	1973	PAK	104.15	145	170	315	12-Apr	Karachi, PAK
Stanislav Chalaev	1986	NZL	102.40	134	161	295	21-Jul	Auckland, NZL
Henk Booysen	1972	RSA	104.91	135	160	295	28-Apr	Port Elizabeth, RSA
Kamran Majid	1968	ENG	104.50	125	165	290	2-Jun	Lilleshall, GBR
Rob Kumar Biddut	1972	BAN	99.44	120	150	270	24-Sep	Chiang Mai, THA
Albert Abotsi	1981	GHA	96.93	110	158	268	19-Jul	Tipaza, ALG
Douglas Teimitsi	1986	NRU	97.30	110	150	260	29-Aug	Apia, SAM
Lawrence McConnell	1945	NIR	99.50	111	145	256	21-May	Limassol, CYP
Tadeo Kalyango		UGA		95	150	245	30-Mar	Kampala, UGA
Robert Kilindo	1972	SEY		115	130	245	14-Apr	Victoria, SEY
Ravi Bhollah	1982	MRI	93.12	110	110	220	16-Aug	Antananarivo, MAD
Maata Rokete	1991	KIR	97.00	80	100	180	29-Apr	Bairiki, KIR
Sinclair Brincat	1986	MLT	100.40	55	80	135	1-Apr	Valletta, MLT
John Chiweza		MAW	103.00	---	125	---	27-May	Lilongwe, MAW

+105kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Itte Detenamo	1986	NRU	147.93	167	212	379	29-Aug	Apia, SAM
Sarbjit Kanda	1983	IND	131.80	168	204	372	17-Feb	Guwahti, IND
Rizwan Ullah Lodhi		PAK	130.38	154	204	358	12-Apr	Karachi, PAK
Damon Kelly	1983	AUS	146.80	153	197	350	15-Sep	Melbourne, AUS
Akos Sandor	1977	CAN	108.60	150	195	345	3-Feb	Toronto, CAN
Gurbinder Cheema Singh	1978	ENG	110.40	155	187	342	2-Jun	Lilleshall, GBR
Tavita Tuuamalii	1983	SAM	121.00	150	191	341	27-Apr	Apia, SAM
Dennis Suka		GHA	110.00	155	185	340	29-Apr	Accra, GHA
Maamaloa Loholea	1968	TGA	131.50	140	193	333	29-Jun	Apia, SAM
Sam Pera Jr	1989	COK	11.25	150	180	330	10-Aug	Apia, SAM
Frederick Fokejou Tefot	1979	CMR	119.50	142	175	317	19-Jul	Tipaza, ALG
William Ainslie	1979	RSA	127.27	142	175	317	28-Apr	Port Elizabeth, RSA
Daniel Nemani	1981	NZL	109.20	120	160	280	19-May	Otago, NZL
Frank Accouche	1966	SEY		115	160	275	14-Apr	Victoria, SEY
Mahmud Mohammad Feroz	1979	BAN	123.21	115	145	260	25-Sep	Chiang Mai, THA
Matthew Schembri	1986	MLT	115.00	95	135	230	1-Apr	Valletta, MLT
Leon Johnsor		GUY	119.50	70	90	160	3-Jun	Georgetown, GUY
Jim Ferguson	1938	SCO	120.80	67	85	152	22-May	Limassol, CYP

2007 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

Produced by: Michael Noonan,

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WOMEN: ONE PER COUNTRY as at 30 September

48kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Soniya Ngangbam Chanu	1980	IND	47.85	70	98	168	17-Sep	Chiang Mai, THA
Maryse Turcotte	1975	CAN	47.90	71	96	167	31-Mar	Sherbrooke, CAN
Azike Onyeka	1990	NGR	47.14	72	91	163	15-Jul	Tipaza, ALG
Portia Vries	1984	RSA	47.71	70	88	158	15-Jul	Tipaza, ALG
Suzanne Hiram	1987	NRU	47.75	72	85	157	10-Aug	Apia, SAM
Erika Yamasaki	1987	AUS	47.90	67	81	148	10-Jun	Prague, CZE
Kathleen Hare	1988	PNG	47.10	58	73	131	7-Jul	Melbourne, AUS
Katsia Telemaque	1989	SEY	47.23	61	70	131	14-Aug	Antananarivo, MAD
Fadzil Azizah	1991	MAS		58	73	131	4-Jun	Serdang, MAS
Alice Kawla'a	1988	SOL	47.00	50	60	110	29-Apr	Honiara, SOL
Hannah Powell	1992	ENG	39.70	37	55	92	7-Jun	Fulda, AUT
Haula Naki Ganda	1990	UGA	47.90	35	45	80	15-Jul	Tipaza, ALG
Sandra Pasco	1955	NZL	45.90	31	41	72	29-Apr	Christchurch, NZL
Danielle Callender	1990	BAR	47.90	32	40	72	24-Feb	Kosice, SVK
Teairo Kaitu	1992	KIR	48.00	15	30	45	29-Apr	Bairiki, KIR

53kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Th. Sanamacha Chanu	1978	IND	52.71	86	108	194	14-Feb	Guwahati, IND
Patience Lawal	1983	NGR	51.81	82	112	194	15-Jul	Tipaza, ALG
Dika Toua	1984	PNG	52.89	81	106	187	29-Jun	Apia, SAM
Maryse Turcotte	1975	CAN	50.70	70	100	170	27-Jan	La Prairie, CAN
Suzanne Hiram	1987	NRU	49.40	72	84	156	9-Feb	Apia, SAM
Joanne Calvino	1980	ENG	52.90	66	90	156	19-May	Bischofshofen, AUT
Erika Yamasaki	1987	AUS	51.25	69	84	153	10-Aug	Brisbane, AUS
Raihan Yusoff	1988	MAS		62	90	152	5-Jun	Serdang, MAS
Julie Matatiken	1980	SEY	49.24	60	75	135	14-Aug	Antananarivo, MAD
Agnes Adjangue Ekon	1985	CMR	52.14	60	75	135	15-Jul	Tipaza, ALG
Agnes Afi Abotsi	1991	GHA	52.18	52	70	122	15-Jul	Tipaza, ALG
Ziyanda Mjezu	1992	RSA	52.75	50	68	118	29-Sep	Strand, RSA
Urima Teryll	1992	SAM	53.00	50	65	115	27-Aug	Apia, SAM
Alice Kawia'a	1989	SOL	51.22	40	50	90	27-Aug	Apia, SAM
Trish Miles	1969	NZL	52.56	35	50	85	2-Jun	Petone, NZL

58kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yamman Renu Balla Chanu	1986	IND	57.34	94	114	208	14-Feb	Guwahati, IND
Margaret Uwah	1985	NGR	57.21	90	107	197	16-Jul	Tipaza, ALG
Seen Lee	1982	AUS	57.65	88	106	194	7-Jul	Melbourne, AUS
Wendy Hale	1987	SOL	57.01	81	100	181	25-Apr	Apia, SAM
Rita Kari	1989	PNG	57.20	81	100	181	27-Aug	Apia, SAM
Valerie Lefebvre	1990	CAN	57.80	80	100	180	19-May	St Thomas, CAN
Clementina Agricole	1988	SEY	57.05	77	97	174	16-Jul	Tipaza, ALG
Mona Pretorius	1988	RSA	57.00	75	96	171	29-Sep	Strand, RSA
Helen Jewell	1988	ENG	57.70	75	86	161	2-Jun	Lilleshall, GBR
Emmanuella Lent	1986	MRI	57.81	70	87	157	16-Jul	Tipaza, ALG
Faitoa Togagae	1989	NRU	56.42	66	85	151	27-Aug	Apia, SAM
Nur Amyza Ismail	1988	MAS	56.12	63	77	140	15-May	Darwin, AUS
Patricia Fokou	1987	CMR	55.29	63	75	138	16-Jul	Tipaza, ALG
Agnes Chong	1973	SIN	57.60	50	70	120	2-May	Chonburi, THA
Urima Teryll	1992	SAM	58.00	52	66	118	29-Jun	Apia, SAM
Melo Sio	1984	TGA	54.00	50	60	110	29-Apr	Nukualofa, TGA
Tina Ball	1956	NZL	55.08	45	61	106	2-Jun	Petone, NZL

63kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Christine Girard	1985	CAN	63.00	100	127	227	19-May	St Thomas, CAN
Michaela Breeze	1979	WAL	61.41	97	118	215	23-Sep	Chiang Mai, THA
Agatha Egwudke	1985	NGR	62.14	91	112	203	16-Jul	Tipaza, ALG
Inu Rani Tongbram Chanu	1984	IND	58.10	86	115	201	15-Feb	Guwahati, IND
Seen Lee	1982	AUS	59.20	90	104	194	16-Jun	Melbourne, AUS
Wendy Hale	1987	SOL	58.80	70	100	170	29-Jun	Apia, SAM
Margaret Luke	1986	PNG	59.57	73	94	167	27-Aug	Apia, SAM
Prossy Nyanga	1989	UGA				167	11-May	Tripoli, LBA
Helene Myenga	1984	CMR	61.05	76	90	166	16-Jul	Tipaza, ALG
Amy Eastmond	1986	ENG	62.15	72	87	159	2-Jun	Lilleshall, GBR
Mercy Obiero	1978	KEN				155	28-Mar	Kampala, UGA
Emmanuella Lent	1986	MRI	60.69	67	87	154	15-Aug	Antananarivo, MAD
Jenna O'Neill	1987	SCO	62.20	62	71	133	19-May	GBR
Vanessa Salimu	1991	SAM	62.69	57	72	129	28-Aug	Apia, SAM
Noor Hasliza Sabani	1991	MAS	58.86	56	70	126	15-May	Darwin, AUS
Brenda Lozaïque	1978	SEY		55	70	125	14-Apr	Victoria, SEY
Sheena Phillips	1988	NZL	58.25	52	66	118	24-Jun	Christchurch, NZL
Edes Batsiua	1983	NRU	62.70	50	65	115	29-Apr	NRU

69kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Jeanne Lassen	1980	CAN	68.74	105	128	233	24-Sep	Chiang Mai, THA
Laishran Monika Devi	1983	IND	68.52	106	123	229	16-Feb	Guwahati, IND
Michaela Breeze	1979	WAL	64.88	97	119	216	11-Aug	London, GBR
Janet Thelermont	1979	SEY	67.80	95	105	200	17-Jul	Tipaza, ALG
Bunmi Adekola	1990	NGR	64.18	84	106	190	24-Sep	Chiang Mai, THA
Gaelle Nayo Ketchanke	1988	CMR	66.13	83	105	188	17-Jul	Tipaza, ALG
Denise Ramsey-Overall	1965	TRI	68.70	84	96	180	17-Jul	Rio de Janeiro, BRA
Mercy Obiero	1978	KEN	66.29	75	100	175	17-Jul	Tipaza, ALG
Elena Palamara	1986	AUS	66.70	78	91	169	20-May	Sydney, AUS
Jodie Kokiva	1990	PNG	68.35	74	93	167	7-Jul	Melbourne, AUS
Mary Opeloge	1992	SAM	68.42	75	90	165	25-Apr	Apia, SAM
Jessima Detenamo	1992	NRU	67.64	65	85	150	28-Aug	Apia, SAM
Georgina Black	1989	SCO	67.25	60	74	134	14-Jan	GBR
Chantal Lambrechts	1990	NZL	67.98	57	80	137	2-Jun	Petone, NZL
Kamini Nemdharry	1983	MRI	67.30	57	70	127	16-Aug	Antananarivo, MAD
Denise Offermann-Loizou	1965	CYP	67.90	55	67	122	2-Jun	Hostenback, GER
Parnilar Teika	1989	SOL	68.00	45	55	100	29-Apr	Honiara, SOL
Fiona Cunningham	1991	NIR	66.50	36	48	84	14-Jul	Dublin, IRL
Hannah Twiname	1991	ENG	65.80	36	41	77	10-Mar	GBR
Toka Tooma	1992	KIR	69.00	20	30	50	29-Apr	Bairiki, KIR

75kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Jeanne Lassen	1980	CAN	73.10	112	137	249	25-Mar	Bordeaux, FRA
Laishran Monika Devi	1983	IND	69.30	103	122	225	31-Jul	Patiala, IND
Juliet E. Okoebor	1989	NGR	73.50	92	115	207	29-Apr	Lagos, NGR
Babalwa Ndeleni	1980	RSA	74.20	87	110	197	19-Jul	Tipaza, ALG
Hortense Nguidjol Esse	1981	CMR	69.85	85	107	192	19-Jul	Tipaza, ALG
Amanda Phillips	1981	AUS	74.80	81	110	191	23-Jun	Toowoomba, AUS
Mary Opeloge	1992	SAM	72.09	86	103	189	28-Aug	Apia, SAM
Janet Thelermont	1979	SEY	69.10	80	100	180	16-Aug	Antananarivo, MAD
Mariam Nalubanga	1986	UGA	73.55	77	95	172	19-Jul	Tipaza, ALG
Guba Hale	1986	PNG	69.96	76	92	168	28-Aug	Apia, SAM
Marie York	1988	ENG	72.40	74	94	168	19-Apr	Strasbourg, FRA
Chantal Lambrechts	1990	NZL	69.90	66	85	151	21-Jul	Auckland, NZL
Michaela Detenamo	1992	NRU	72.05	63	82	145	28-Aug	Apia, SAM
Georgina Black	1989	SCO	69.80	63	78	141	14-Apr	Mytholmroyd, GBR
Olive Mateialona	1987	TGA	75.00	60	80	140	29-Apr	Nukualofa, TGA
Nathacha Dorothee	1982	MRI	74.23	60	72	132	15-Aug	Antananarivo, MAD
Irene Manioru	1980	SOL	74.00	50	65	115	29-Apr	Honiara, SOL
Rita Tooma	1970	KIR	70.00	35	45	80	29-Apr	Bairiki, KIR

+75kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Ele Opeloge	1985	SAM	117.40	110	150	260	10-Aug	Apia, SAM
Mariam Usman	1990	NGR	112.89	117	140	257	26-Sep	Chiang Mai, THA
Geeta Rani	1981	IND	107.50	101	140	241	17-Feb	Guwahati, IND
Deborah Lovely	1983	AUS	86.60	100	126	226	15-May	Darwin, AUS
Natalie Williams	1986	CAN	132.20	95	130	225	19-May	St Thomas, CAN
Kefilini Tualau	1984	TGA	135.20	102	122	224	10-Aug	Apia, SAM
Gloria Amuh	1988	GHA	99.29	95	120	215	19-Jul	Tipaza, ALG
Narita Viliamu	1989	NIU	141.00	88	120	208	29-Apr	Alofi, NIU
Tracey Lambrechts	1985	NZL	82.60	80	97	177	21-Jul	Auckland, NZL
Shalinee Valaydon	1986	MRI	92.01	79	97	176	16-Aug	Antananarivo, MAD
Judith Ketchanke	1983	CMR	95.80	75	100	175	4-Mar	Bourgogne, FRA
Danielle Waller	1965	AUS	87.45	77	93	170	18-Mar	Perth, AUS
Matilda Joe	1986	PNG	86.19	73	85	158	29-Apr	Port Moresby, PNG
Daisy Tolugu	1975	SOL	80.00	67	90	157	29-Apr	Honiara, SOL
Sandra Smith-Vokroj	1962	ENG	97.40	60	85	145	25-Aug	Kazinbarcika, HUN
Nurul Liyana Ismail		MAS		60	80	140	8-Jun	Serdang, MAS
Laura Kerr	1985	NIR	76.60	56	75	131	28-Apr	Ballyclare, NIR
Michaela Detenamo	1992	NRU	76.00	50	70	120	29-Apr	NRU
Claire Cameron	1958	SCO	93.25	42	57	99	20-May	Limassol, CYP
Abi Walters	1993	WAL	92.70	40	52	92	10-Mar	GBR