



Week 17 - Forgiveness

10:00 a.m. Songs

Forgive

Will you forgive me
When I do something wrong?

Response:

Yes, we'll be friends again,
I can't say angry long.
Sung to "Row, row, row your boat"

Say You're Sorry

Say you're sorry when you're wrong,
Then you'll be happy all day long.
It's not so easy to do good.
Sometimes we don't when we should.
But say you're sorry when you're wrong,
Then you'll be happy all day long.
Sung to "Twinkle, twinkle little star"

10:10 a.m. Puppet

Patience

CAST: Mom and Grandma puppets
PROPS: None
SCENE: Both puppets on stage.

MOM: Mother, did you see the mess Della made in the kitchen?

GRANDMA: No, what did she do?

MOM: She tried to make a blueberry pie. It looks like the whole room turned blue. I've never seen such a mess. I'll never be able to get the kitchen back in shape.

GRANDMA: Kind of reminds me of when you were young and tried to make blackberry bread. Looks to me like Della is just a chip off the old block.

MOM: Really Mother, some days Della just drives me crazy.

GRANDMA: I guess you thought you were always a little angel?

MOM: I guess I did make my share of messes.

GRANDMA: That's just part of the learning process. If a person never tried to do things they can't do, they would never learn to do anything.

MOM: How did you put up with me and my messes?

GRANDMA: It wasn't easy, but my mother had a talk with me about the messes I made when I was young.

MOM: That just shows that we're all human and tend to forget we were young once too.

GRANDMA: At any age, we need the patience and forgiveness of others while we learn new things. We need to be patient and forgiving with ourselves too.

MOM: I heard an old Dutch proverb that says: "A handful of patience is worth more than a bushel of brains."

GRANDMA: I think that's true. So let's go practice some patience and forgiveness. I'll help you put the kitchen back in order.
(THEY EXIT)



10:20 a.m Introduction

Forgiveness Pointers

- Remember that everyone makes mistakes.
- Take responsibility for your mistakes.
- Share your feelings without taking revenge.
- Stop giving uncaring people the chance to hurt you.
- Correct your mistakes instead of punishing yourself with guilt.

10:30 a.m. Stories

I'm sorry

Having a best friend makes life so much better. But even best friends fight, and when that happens, "I'm sorry" is the hardest thing to say.

E MCB

Let's be Friends Again

A boy overcomes his anger and learns to forgive his sister who is also his friend for setting his pet turtle free.

Call Number: E WIL

10:45 a.m. Multi-cultural Activity

Dr. Martin Luther King's Birthday

King's challenges to segregation and racial discrimination helped convince many white Americans to support the cause of civil rights in the United States. Find a book at library related to Martin Luther King's birthday.

Harmony and Peace

to the tune of "B-I-N-G-O"

Dr. King taught us to live
In harmony and peace--
P-E-A-C-E,
P-E-A-C-E,
P-E-A-C-E,
In harmony and peace.

He taught us not to fight or quarrel,
But love one another.
L-O-V-E, Love!
L-O-V-E, Love!
L-O-V-E, Love!
He said to love each other.

11:00 a.m. Games

Forgiveness Smileys

- Your friend accidentally broke your toy and you accept her apology and ask your mom nicely to fix it.
- Your little brother or sister takes your crayons without asking and says I'm sorry but instead of accepting apology you go and rip their picture up because you are so mad.
- You forgive your friend for calling you a name but then you take revenge by telling all the other kids what a horrible and mean person that her or she is.
- Your big sister or brother had a really rough day and yelled at you way too much, but when they apologized to you, you gave him or her a big hug and kiss and told them you love them.

Mirror Images

Preschoolers are naturally egocentric, but in this activity they need to focus on another person's face, gestures, and movements. Your child's partner can be another child or an adult.

In times of conflict, when your child has done something that upsets a friend, you could ask your child to look at his or her



friend's face, just like your child did for this activity. Paying attention to other people's facial expressions or movements can help children realize that the things they do really affect others.

Have the partners stand in pairs, facing each other-as if they're looking in a mirror.

One person starts as the leader. As the leader moves, the follower imitates that movement.

At some point, change roles, so that each partner has the chance to be leader and follower.

Taking Turns at Forgiveness

Make a spinner: Cut a 5 or 6-inch circle or square from cardboard or heavy paper and divide it into sections, writing a number in each section. Make a 3-inch arrow from leftover cardboard and attach it to the circle using a brass paper fastener. Loosen the arrow if necessary so it spins easily.

Cut paper into 3 x 5-inch pieces to use as instruction cards. Think of some forgiveness activities to write on the cards. A few suggestions:

- Say, "I'm Sorry"
- Shake hands.
- Give a big smile.
- Pat someone gently on the back.
- Say, "I forgive you."
- Give a high-five.
- Give a hug.
- Say, "Let's be friends"
- Give a thumb's up.

Mix up the cards. Have a child pick a card, then spin the spinner to see how many times to do what the card says. For example, if the spinner stops on four and the card says, "say your name," the child will say his or her name four times.

11:15 a.m. Arts & Crafts

Black and White Collage

Each person will need one sheet of black construction paper, one sheet of white, one brightly colored sheet, and glue. Tear black and white sheets into small pieces ($> 1/2$ " square). Paste the black and white pieces on the brightly colored sheet to create a unique collage. Some people may choose to create identifiable objects. Others may create geometric designs or a patterned "quilt." After all pieces are completed, allow children to show their pictures. Note that neither the black nor the white alone would have created an interesting picture, yet the two could be combined into many interesting patterns. You might also pay special attention to the differences between the pieces. Point out that just as no two pieces are alike, no two people are alike.