

The Boll Weevil

The Official Running Publication of the Delta Dusters

Inside this issue:

From the President's Desk	1
We're Looking for Volunteers	1
Wisdom from Wes	2
Race Results and PR's	2
Duster Track Nights	3
Race Results	3
WARR Update	4
Birthdays	5
Race Review - Indy Half Marathon	6
Race Planner	7
5k on the Fifth Runway	8

Message from the President

The summer season is off to a great start with last month's Runway 5K here at Hartsfield-Jackson Airport. I couldn't be happier with the turnout; the Dusters represented Delta proudly with over 20 runners participating! We were led (of course) by the ageless Wes Wessely who finished eighth overall and second masters. Thanks to everyone who turned out.

Next up on the calendar is the Peachtree Road Race on July 4th. As in the past couple of years, Delta is providing a finish line area with post-race refreshments. We'll have info on upcoming events and perhaps some other goodies too. Be sure to stop by and bring your non-Duster Delta friends; maybe we can get them involved as well.

You'll notice some exciting changes in the Boll Weevil

starting with this issue. First, I want to thank Emily Barnett, who is stepping down as Editor after several years of dedicated service. Emily has done a fantastic job during her tenure and has left us with a solid foundation on which to build.

Kim Davis will be taking over from Emily and through Kim's effort this will be the first electronic edition in the Boll Weevil's long history. A couple of other changes of note: Duster legend Wes Wessely will be contributing a regular column where he'll be passing on wisdom learned in his 30+ year competitive career; we'll be providing an expanded Race Planner, with sugges-



tions for events that you can participate in and display your Delta colors; and we'll add a featured "Race Review" highlighting a unique race that you might want to add to your race plans for next year.

If one of your favorite races is missing from the Race Planner, let us know. If you've run a cool race and want to share your "Review" with the members, let us know. If you think of something we've forgotten, let us know! Also, let us know how you're doing in the races you're running.

Happy running and we'll see you at the Peachtree finish line! Gregg.

We're looking for Volunteers!

Upcoming events like the Peachtree Road Race and the Corporate Challenge don't happen by themselves! A majority of the coordination is done by the Duster executive committee, however some events

before the during the race need more people.

Every year we need 4 to 6 people to volunteer to staff the tent at the finish of the PTRR. Similar needs arise around the corporate chal-

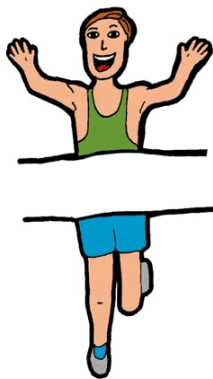
lenge in the fall. So if you are not running this year due to an injury, or if your spouse is not a runner but wants to support you and your healthy hobby, send an email to "runningclub.delta@delta.



"Wisdom from Wes" - Coming Full Circle

As I enjoyed the company of fellow Dusters, airline employees and other runners at the first and maybe only Runway 5k, my thoughts raced through 30 years of running life. It started in the seventies with a small group trying to run a mile of the Jet Base (TOC) in long pants on lunch break. Running was on the rise, although Peachtree had not yet reached five thousand. Some Delta pilots had made contact with Quantas crews from Sydney where their hometown race already had twenty-five thousand. The boom moved east to San Francisco and across the land.

The Dusters formed to become the eminent corporate team in the country. Large races became huge in the eighties and if you ran, you were in the "in" group. Competitive runners were training in excess of 100 miles per week and a 2:20 + marathon would not place in the top 100 at the famed Boston where 2:50 was



qualifying. Corporate Cup, PDX, TPA, BDA, LAX became routine destinations for Dusters, not to mention WARR which went from SFO to around the world.

The '96 Olympics in ATL fueled continued interest in running, although the competitive level

waned with the onset of mass produced fundraiser races. 5k races have become the staple of schools, churches and small communities.

They are easier to organize and walkers as well as low mileage folks can participate. The hardcore trainers have been replaced by multi race junkies who might participate in four events in a weekend. Marathon numbers are up, with finish lines open for eight hours. Gear expos are still a big draw, although again as some of the other extras like

race photos, timing chips, souvenir items and pasta dinners vary from race to race.

The influx of runners from other lands has changed the landscape of competition on the road and track. High school and college running is on the move but sharing time and money with many other sports. The running population is aging with



the sport with the older age groups providing majority participation.

I hope this article has sparked your memory cells or given you a view of where we came from.

Until next time, Wes

Duster Staff :

President: Gregg Davis

Website Coordinator: Carolyn Bowen

Treasurer: Eric Elbel

Newsletter: Kimberly Davis

Uniforms: Steve Duer

WARR Coordinator: Janet Hawkes

Race Committee: Julie Duggan, Adeline Craig, Carolyn Bowen.

To contact us, email us at "runningclub.delta@delta.com. Or to Gregg Davis at 355 Burch Rd, Fayetteville, GA, 30215.

We welcome race results, pictures, stories or suggested races. Newsletter is published quarterly, so send in future race ideas 4 to 6 months ahead of entry deadlines.

"Tough times don't last, but tough people do".

A.C. Green

Race Results and PR's

Congratulations to the Men's and Woman's Ekiden teams! Both teams won the corporate divisions! Way to go Dusters! If you've fun a race recently, let us know and we'll publish your results on the website and in the Boll Weevil. Email your time, race name, location, distance and date to

gregg.davis@delta.com. Keep those results coming in!



Duster Track Nights can improve your times!

The Delta Dusters invite all Dusters to join the track night workouts.

Track workouts are a great way to improve your race times and provide some variety to your training routing. If you are looking to get a qualifying time for the Peachtree Road Race or just trying to achieve a new personal best at any distance, track workouts will help you build the speed and strength you need. Runners of ALL ability and speed levels are welcome.

WHEN: Tuesday evenings, starting about 5:45pm.

WHERE: College Park Track. Corner of College Street and John Calvin Avenue, in College Park. (See "Directions", ->)

DIRECTIONS: From the G.O., turn left (west) on Virginia Avenue. Follow Virginia Avenue to Main Street exit (right exit). Turn right (south) onto Main Street at the top of the ramp. Take Main Street to Princeton

Ave and turn right. Turn right on College Street. The track is on the left.

Total distance from the G.O. is 2.2 miles.

If you have any questions, call Gregg Davis at 404-677-6264.



Duster Race Results – April 14, 2006 thru May 21, 2006

Maidenhead 10 Miler – April 14, 2006 – Maidenhead, UK

Christian Primas 55:07 6th overall; PR

Conergy Hamburg Marathon – April 23, 2006 – Hamburg, Germany

Christian Primas 2:39:45 PR

Country Music Half Marathon – April 29, 2006 – Nashville, TN

Andy Lyons 1:57:17 PR

John Tanner State Park Triathlon (600m/12M/5K) – April 29, 2006 – Carrollton, GA

Kristen Carney 1:25:25

Sprint for Cancer 5K – April 30, 2006 – Atlanta, GA

Teri Chiong 24:19 2nd AG

Debra King 31:26

Lake Hartwell Dam Run 5K – May 6, 2006 – Hartwell, GA

Wes Wessely 19:15 1st masters

Indianapolis 500 Festival Half Marathon – May 6, 2006 – Indianapolis, IN

Gregg Davis 1:34:41

Hartsfield Jackson Atlanta Airport 5th Runway 5K – May 20, 2006 – Atlanta, GA

Wes Wessely 18:26 2nd masters; 8th overall

Pete Newell 18:49 12th overall

Gregg Davis 20:15

Dave Fritsch 22:21

Chuck Brower 23:32

Eric Harvison 23:57

Arnold Binder 24:30

Dick Evelyn 26:14

Julie Duggan 30:05

Atlanta Track Club In-Training for Peachtree 5K – May 21, 2006 – Atlanta, GA

Gregg Davis 20:38

Are your results missing ? Send us an e-mail at RunningClub.Delta@delta.com or gregg.davis@delta.com and tell us about your race. Be sure to let us know if you won an award and if it's your best time ever for the distance !



WARR 2006 Update

WARR 2006 - Amsterdam -- Sept 20th to 23th has been **REINSTATED** - UPDATES TO follow on the WEBSITE - please also see the KLM site below.

World Airline Road Race - <http://worldairlineroadrace.org>

KLM site - <http://www.klmrunner.nl/warr-index.htm>

Delta Air Lines Running Club Link - www.deltadusters.com

WARR 2007 - Sydney, Australia -- Oct 28th weekend)

I know some of you might be frustrated with the WARR on again and off again, however, it is on and I hope you will join in!

This year is WARR's 25th anniversary, we would like to, with your support and WARR commitment, make it a very special WARR with a big number of attendance from Delta, Song, Comair and all others we can spread the word to. Updated information for WARR will be on the WARR website.. and you can link into the KLM website by the above links.

The t-shirt swap is Friday Night, however, there are events Thurs and Maybe Wed. as well. The Race is Sat. Morning. And the banquet is Sat. night.

WARR entry blanks will be sent soon, but in the mean time here is the link on the registration form PDF link.

<http://www.klmrunner.nl/images/WARR2006%20entry%20form%202%20pages%202006%2005%2008.pdf>

The theme of the race is "Running with Rembrandt" and will be held on the cobbled streets of Amsterdam. Rembrandt was born in 1606. The orange background in the logo represents color of the Netherlands. It is after the name of the royal family "Huis van Oranje" (House of Orange). With many big sporting events the Dutch supporters are dressed up in orange. Like the Italians have blue and many other countries have a specific color.

We would like to have a winning T-shirt again next year as we have in the past. SO if ANYONE would like to submit a design or suggestion for our shirt front. we would love to have it. Email as soon as you can – Jhawkes1@aol.com . I personally have no artistic ability for this, but know someone out there does or maybe you know of someone who does.



If your shirt design is used, we will give you a shirt! Maybe even pay your entry into the RACE!! There is a T-shirt competition at every WARR and our Delta Shirt is ALWAYS sought after! The events next year will be held around the city center. For example, the meet and greet is scheduled I believe at the Hard Rock Café. Registration WARRtering hole and other events will be at the following hotel host hotel which is below. Here is the name and address for reference when you search for accommodations.

NH Grand Hotel Krasnapolsky – 5 star
Dam 9
Amsterdam
Netherlands

NL-1012 JS

Situated on Dam Square, in Amsterdam's historic centre, the NH Grand Hotel Krasnapolsky is conveniently located close to the large department stores and museums. The Central Railway Station is at just a five minutes walking distance

think this hotel maybe full and it is very expensive. There is a city centre hotel that starts at 129 Euro per night. There are also boat hotels and other sites, here are some links for you to look at or paste in. I am not sure yet where I will stay due to the costs.

WARR 2006 Con't:

During September, tourism is very high in Amsterdam. Many people will probably get rooms at nearby hotels, pension or Bed and Breakfasts. If you do a search on google, you will find many websites to look at. Here is one as a reference.

http://www.amstelbotel.com/?doc_uid=857cdb9a78e6853d7a340e91df67d59e&language=uk&

<http://www.amsterdamescape.com/apartments.html>

<http://worldinabag.com/>

http://www.all-hotels.com/europe/netherlands/north_holland/amsterdam/amsterdam_e4.htm

I am now retired from Delta and will continue on supporting WARR and the Dusters. This will be my 16th WARR in a row. Barbara Henlon has agreed (unofficially) to help me with WARR next year. Of course, I know that everyone else who helps year to year will be "bugged" and thanked for all your help as well!

Send me an email if you have any questions. If you are going, drop me a note so I can include you in future updates. I will get back to you as soon as I can.

Jhawkes1@aol.com

Home phone 404-691-0223

Hope to see you at WARR 2006!

Janet Hawkes

Jhawkes1@aol.com

"The gun goes off and everything changes ... the world changes ... and nothing else really matters."
Patti Sue Plummer

Duster Birthdays!

Happy Birhtdyay to all of our Duster friends!!!

Christen Hall	May 01	
Kristin Carney	May 08	550/ATG
Thomas Jones	May 08	RET/DFW
Teresa Duncan-Elbel	May 10	611/ATL
Larry Mayse	May 12	
Vickie Kovalski	May 13	
Daniel Usalis	May 22	RET/ORD
Judy Ott	May 23	
Gary Gross	May 25	CA020/ATL
Carolyn Bowen	May 26	665/ATG
J.P. Hall	May 28	031/ATL
Julie Duggan	May 29	790/ATG
Steve McLeod	May 29	RET/ATG
Michael Beauchamp	May 31	030/SLC
John Laughter	Jun 04	223/ATG
Kelly Holmes	Jun 06	426/ATG
Harry King	Jun 18	238/ATG
Lew Valero	Jun 19	
Steve Pass	Jun 29	
Christopher Nagy	Jul 09	
Denise Kasper	Jul 11	
Nancy Abbott	Jul 16	
Pete Newell	Jul 16	
David Abbott	Jul 18	
Anne Anderson	Jul 19	
Jeff Sanborn	Jul 19	RET/ATL
Thomas Stuart	Jul 19	125/LIT
Bill Titus	Jul 19	RET/FAT
Heidi Martin	Jul 20	610/ATL
Marge Gerrity	Jul 25	
Mike Manatrizio	Jul 26	709/ATL

Race Review — Indianapolis 500 Festival “Mini Marathon”

Distance—Half Marathon 7 5k.

Date—May 5, 2007, 7:30am.

Cost—\$45 1/2 mar, \$20 5k.

What's unique? - a lap around the Indianapolis Motor Speedway!

Info—www.500festival.com/marathon

I love the Indianapolis “Mini Marathon”; I must, I’ve run it eight times. Okay, I’ll admit I’m a bit biased, having been born and raised in Indy and my parents are still living there. Still, there’s much to recommend this race for runners (and tourists) of any level.

First, a little history. The “Mini” (as it’s known in Indy) was born in 1977. The first few editions were 13.4 miles, which is why it was called a mini-marathon. The distance was changed to the standard 13.1 mile half-marathon distance in the early ‘80s but the name stuck. The race has grown steadily over the years, from just a couple hundred at its inception, to 35,000 today. It’s now the largest half-marathon in the US and the fifth largest road race in America (behind the Chicago and New York Marathons, the San Francisco Bay-to-Breakers 12K, and of course the Peachtree Road Race). A few years back a 5K was added to give more runners a chance to share the experience without the major commitment of training for the half..

The race course itself is the major draw. It’s pancake flat (perfect for a PR) and features a full lap around the storied Indianapolis Motor Speedway near the mid-way point. It’s quite an experience to run on the Speedway after watching the races on television. You’ll have a new found respect for the drivers after seeing first-hand how narrow the track is and how shallow the turns are banked. The rest of the course is filled with enthusiastic fans and musical groups. The finish area (only one block from where you started) is in Military Park where you’ll find plenty of

refreshments, music, a massage tent, and a post-race party. There’s a medal for each finisher (this year’s had a rotating race car, see the picture) and a special medal for the first 500 finishers (Indy 500, get it ?)

Besides the “Mini”, there’s plenty to see and do in Indy. The “Mini” kicks off Race Month in Indy and the Speedway opens for practice the next day. All race partici-

Field where the AAA Indianapolis Indians play or take a stroll down to the recently renovated Indianapolis Zoo; both are just a few blocks from the finish line and downtown hotels.

Non-revving to Indy is usually not a problem, since over 80% of the participants come from Indiana or Illinois. If you need an alternate airport, FWA, DAY, SDF and CVG are all good options and are less than a two hour drive to downtown Indi-



pants get a free entry to the track by showing their race number. While at the track, you’ll want to be sure to see the Speedway Museum (located in the infield) which contains nearly every car to have won the Indy 500, along with great race related exhibits and lots of archival film footage. Other great museums in Indy include the NCAA Hall of Fame and the Eiteljorg Museum of Native Americans and Western Art (both located next to the finish area) and the Indianapolis Children’s Museum, which is the top museum of its kind anywhere in the USA. You can also catch a ballgame at Victory

Indy. (I’ve only had to do this once; my flight was cancelled due to up-line weather so I had to go to FWA). Downtown hotels are plentiful and are as close as one block from the start and finish areas.

If you’re interested in running, make sure to register by the fall. The race has filled up the past three years and has reached its limit earlier each year. The 2006 edition sold out just before Thanksgiving. And if you do decide to go, I’ll see you there when I go for the ninth time !

Duster Race Planner

(Races in **BOLD** are Duster sponsored events.)

June 2006

- 10 - Atlanta Track Club Master's Track & Field Meet and Grand Prix 5K – Emory University, Atlanta, GA; www.atlantatrackclub.org
- 10 – Army Hooah 5K/10K – East Point, GA; www.armyhooahrace.army.mil
- 17 – Robi Run – Newnan, GA; www.fightbraintumors.org
- 18 – Atlanta Track Club Father's Day 4M Grand Prix – Grant Park, Atlanta, GA; www.atlantatrackclub.org



July 2006

- 4 – **PEACHTREE ROAD RACE 10K** – Atlanta, GA; www.atlantatrackclub.org
(finish line tent in Piedmont Park open to all Delta employees and family members)
- 15 – Decatur / DeKalb YMCA 4M Grand Prix– Decatur, GA; www.atlantatrackclub.org
- 22 - Atlanta's Finest 5K Grand Prix – Piedmont Park, Atlanta, GA; www.atlantatrackclub.org

August 2006

- 5 - Run For Life – Marietta, GA; www.georgiagames.com
- 2 - Georgetown to Idaho Springs Half Marathon – Georgetown, CO; www.active.com/event_detail.cfm?event_id=1299642
- 19 - Atlanta Track Club Grand Prix Finale 5K – Atlanta, GA; www.atlantatrackclub.org

September 2006

- 4 - US 10K – Marietta, GA; www.us10k.org
- 5 - Macon Labor Day 5K/10K – Macon, GA; www.runfitsports.com
- 16 - Atlanta Track Club Singleton 5M/10M Grand Prix – Stone Mountain, GA; www.atlantatrackclub.org
- 21 - **KAISER PERMANENTE CORPORATE CHALLENGE** – Turner Field, Atlanta, GA; <http://www.kpcorporaterunwalk.com>.
- 24 - **ATLANTA EKIDEN TEAM RELAY** – Piedmont Park; Atlanta, GA; www.atlantatrackclub.org

355 Burch Rd
Fayetteville, GA 30215

Website: www.deltadusters.com
E-mail: RunningClub.Delta@Delta.com



5k on the Fifth Runway

On May 20, two thousand people got to experience a once in a life time opportunity — to run on a runway! The race started at 7am. Due to security limitations, we all parked off site and road a shuttle to the race area. A Delta 767 was parked on the taxi way near the race start and finish.

We loaded the busses in the dark, but



as the sun came up, you realized you were on the run way. Or maybe the taxi way? It was not totally clear. The largeness of the complex became apparent! Mayor Shirley Franklin spoke before the race about the economic benefits of the run way. As the gun goes off, the crowd starts to spread out. The race course was down one taxi way, down the runway, and then back on the adjacent taxi way. A brisk breeze made the last leg seem long. Following the finish were snacks, T-shirts and normal post race events.

Every race is unique and fun. As an airline person, this race was profound. After me, only a dozen

people or so will ever walk on that runway ever again. I am glad that I was there. That was a run to remember! Thanks everyone.

