



Rx Scripts

WesternU-APhA/CSHP

Issue No. 3

May 2001

ALOHA CSHP!



Come join us in Founder's Park on **Tuesday, May 15th from 12noon to 1PM** as we say "GOOD-BYE" to another year and "THANK YOU" to *our members* at our 3rd annual End-of-the-Year BBQ. Hamburgers, grilled by our very own Chefs ☺, will be served with chips and drinks: free for CSHP members, or \$3 for non-members.

A Special Note from the President

George Tran, WesternU-CSHP President

Well guys, its been another successful year for CSHP. We've gotten better, grown stronger, and have established ourselves as an active student society in the CSHP organization. (Currently at 150+ members strong!) On the local level, some of our student members participated as student liaisons to regional CSHP chapters in the Southern California area. In addition, some of our members have involved themselves in the state level by volunteering for a council, committee, or task force with CSHP. (If you would like to find out more about these opportunities, you can ask Lisa Ngo who is a member of the Public Relations Committee for the state association!) Others, such as Nancy Nguyen and I, have moved on to accept roles in bigger ponds, namely ASHP. We have strived to broaden the horizons of our members by providing them with the information and background through our various programs.

So where do I begin? We have accomplished so much this year. Poison prevention was a success, as well as the Kingsley Elementary's "Milk and Cookies" after-school reading program that our student chapter adopted. In addition, CSHP has expressed their appreciation for all the support that we have given them at state conventions this year. Our thanks go out to everyone who volunteered at these events! A new program this year, developed by Danlun Lim (P3), is the "Non-Traditional Roles in Pharmacy Practice" program, which we have watched grow into one of our most successful ones. "Rx Scripts" was first launched in March and is the APhA/CSHP student chapters' monthly newsletter. With the newsletter, we hope to keep you informed of all the latest student chapter news. You can also find the newsletter posted on our web site (http://www.geocities.com/WesternU_CSHP). Another big accomplishment is all the health screenings we have done in conjunction with APhA as well as with AAHPSA and the benefit walks (Joyce, your dog is so cute

=)). On behalf of the CSHP officers, I would like to thank all of our members for making it a year beyond expectations. Thanks for all your help, effort, heart, and dedication; without you, we wouldn't be where we are today. You are the ones who make up the society, as well as help build it, and I would like to extend my sincerest and deepest gratitude for everything.

I definitely cannot forget my officers, without whom, I would be completely at a lost. Joyce, your organizational skills and love for the society have carried us through a very successful year for the Western University-CSHP student chapter. I cannot express my gratitude enough for keeping the society active in numerous projects and outreach programs: you have truly given new meaning to and have set the standard in the position of Vice President of OPERATIONS. To my other officers, Julie Ugai, Julie Choi, and Violet, thanks so much for keeping the society fun with the parties, barbeques (and the unforgettable nights at Q's =)), as well as with all the help with the membership drive part two and all of our various activities...by the way, t-shirts looked great! Hey Nancy, even though your pretty quiet, thanks for your persistence and diligence in hunting me down for my signature, and for keeping our finances in order and for helping me out with Extravaganza. Hao, what can I say man? You've done a great job with the "Non-Traditional Roles in Pharmacy Practice" program by meeting our goal of one speaker a month. Our members were provided with information about non-traditional roles in pharmacy and have opened their eyes to new and innovative fields that are just above the horizon. And last but definitely not least, our Student Liaisons: Lisa, Abby, Estelle, Sophea, Doug, and Joyce. Thanks for representing our society at the various local chapters throughout Southern California in the utmost professional manner. You guys made events possible such as the Pharmacy Residency Showcase, Installation Banquets at Dave and Buster, as well as Magic Castle, and various CE lectures/dinners. Keep building those connections. Remember, the best jobs in pharmacy are NEVER advertised.

Well everyone! Have a great summer and rest up... that way we can start out the year with a bang! Congratulations to the P1's on completing your first year of pharmacy school. Take care everyone and see you soon. =)

Other May Dates

Sat 5/12 -- Revlon Run/Walk

Sun 5/13 -- Mother's Day

Tues 5/15 -- CSHP End-of-the-Year BBQ

Thurs 5/17 -- Final Exams

Thurs 5/24 -- Rx outreach to UCLA

Sat 5/26 -- Rx Class of 2001 Graduation

NEWS YOU CAN USE

FREE SEAFOOD!! LIMIT 3!! SIGN UP WITH GEORGE TODAY!!

The San Gabriel Valley Society is hosting another one of their annual CE's at the Empress Seafood Resturante in Monterey Park. The CE topic is "Management of Hemoglobin in the ICU". If you are interested in attending, contact George (gtran@westernu.edu) for RSVP. *Act fast because space is limited!*

National Appointments for WesternU Students



Recently, you may have heard some exciting news for the Western University, College of Pharmacy! Two of our students received national appointments to positions within the American Society of Health-System Pharmacists (ASHP).

Nancy N. Nguyen (P3) will serve as Chair of the ASHP Student Forum Executive Committee, a one-year term beginning with the ASHP Annual Meeting this June. In this position, she will be one of seven student Committee Members who represent pharmacy students across the nation. The Student Forum is a section of the national organization, in which all students are automatically enrolled as members of ASHP. It was created to meet the needs of pharmacy students throughout the nation and is committed to helping students prepare for and maintain successful careers in health-system pharmacy. The Executive Committee of the ASHP Pharmacy Student Forum directs the activities and programs of the Forum, as well as advises ASHP staff on ways to better meet the needs of ASHP's 5,500 plus student members. The Chair of the Executive Committee also participates in meetings of the ASHP Board of Directors as an invited observer. The Executive Committee meets three times a year at the Annual Meeting, the Midyear Clinical Meeting, and at ASHP Headquarters. Committee members also perform travel and outreach to each of the colleges of pharmacy throughout the nation.

The other national position is held by George Tran (P2) who will serve as one of two Student Delegates at the upcoming House of Delegates (HOD) at the ASHP Annual Meeting this June. Responsibilities of student delegates includes attending the HOD meeting which precedes the Annual Meeting and one of the Regional Delegate Conferences (RDCs) held throughout the country. The student delegate has an opportunity to become familiar with the issues before the House, and to discuss issues with other colleagues. Some issues that are being discussed this year are related to medication safety and pharmacy workforce shortage.

How can YOU get involved?? There are many leadership positions available for students. And best of all, there are plenty of opportunities for networking, and more networking! Members of the ASHP Pharmacy Student Forum are eligible to serve in a variety of leadership capacities and have direct impact into the ASHP policy-making process.

Such opportunities exist within the overall ASHP governance structure, as the five ASHP councils, or as a student representative to the ASHP House of Delegates. Additional opportunities for involvement may be found within the Forum itself, on the seven-member Executive Committee or through involvement with various Forum committees and other activities. Descriptions on these volunteer student leadership opportunities can be found on the ASHP website, under the "students" link at: http://ashp.org/students/leadership/Leadership_Opportunities.html. Additional information about the nominations process is also noted.

Information for this article was taken from the official ASHP website, www.ashp.org

ASHP Annual Meeting 2001

**Los Angeles, CA
Sunday, June 3 - Wednesday June 6, 2001**

Featuring... A WHOLE DAY FOR STUDENTS!!!

Sunday, June 3, 2001

9AM - 3PM

Residency Training Panel

Panelists will share their perspectives about getting the most from a pharmacy residency

Professionalism - The Key to Your Success

Learn tips on appropriate correspondence, the do's and don'ts of interviews, and other tips for your professional success

Time Management Skills

Learn how to be more organized in setting goals/priorities, while still saving time for yourself!

Roundtable Discussions

Leadership and Networking Opportunities, Student Society Development

It's still not too late to register for this meeting!! You can also register on-site.

Student Member/Non-member, full meeting: \$100/\$125

Student Member/Non-member, one-day only: \$50/\$65

For more information, or to find out about other programs being offered during the meeting, check out the official web site:

<http://www.ashp.org/public/meetings/annual/2001/program/>



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FLASH FROM THE PAST!

Non-Traditional Roles in Pharmacy

The "Non Traditional Roles in Pharmacy Practice" Program was started back in October of 2000 with the idea in mind of introducing Western University pharmacy students to career alternatives in the profession of pharmacy. With the block system in place, it was difficult to find time for guest pharmacists to share any other material beyond their technical knowledge and skills. With this in mind, the program was structured in a way so that it created an opportunity to have an open forum discussion between the students and the guest speakers. And within half a year, the program has made great strides and seen many successes. From Dr. Maggie Lao talking about pharmacy benefit management to Dr. Don Nguyen of Nycomed Amersham to Dr. Nancy Gabaldon of Kaiser Mental Health Center, we want to thank everyone for their help and support. The latest event, held on Wednesday May 2, 2001 featured Dr. Brian Kawahara from VA Medical Center with his insights into the pharmaceutical industry. Once again we would like to thank all the guest speakers for making the program a success. If there are any guest speakers you would like to hear from, please contact Hao Truong at hvtruong@westernu.edu.

"Milk and Cookies"

Thanks to everyone who volunteered to read in the Kingsley Elementary after-school reading program! Students, parents, and teachers alike enjoyed the storybook hour – whether our volunteers read to the children or the children read stories to their audience. We look forward to continuing this program with Kingsley and hope that each one of you takes the opportunity to join us in one of our future trips! For more information about this program, please contact Joyce (jli@westernu.edu).



American Heart Walk

The American Heart Association 3-mile "Heart Walk" was held at the Bonelli Park in San Dimas, CA on Saturday, April 28, 2001. Our chapter sponsored one student walker to join in the walk, which benefits go to raising funds for research on heart disease and stroke. Many WesternU pharmacy students also volunteered at Dr. Taheri's Hypertension Screening booth during the event. Thank you to all those who came out to show their support! It was a fun and educational experience had by all!

APHA

Heroes on Easter Sunday



While most of us were relaxing or egg hunting on Easter Sunday, several students from Western University volunteered their time and knowledge in helping the local community. Working in conjunction with American Heart Association (AHA) and 99 Ranch Market, these students provided free blood pressure screenings, consultations on proper medication usage, as well as educational materials to the people in the city of Industry.

The information and services provided by these special students proved to be invaluable as they soon discovered. Many of the elderly patients who attended this event had not had their blood pressure taken in years! By providing the attendees with vital information for their health and addressing whatever concerns or questions they might have, the volunteers in essence encourages the attendees to take a more active role in monitoring their own health. In the short three and a half hours these heroes in disguised as volunteers provided services to a total of fifty people.

Thank you Lisa Ngo, Donald Hsu, Joyce Li, Dhruvisha Patel, Philip Le, Sabrina Ly, and Jennifer Huynh. Because of your knowledge and care, you've touched the lives of many.

Outreach Program Kicks Off at WesternU

On April 26th, Western University kicked off what would be the first of many professional outreach programs to come. APhA-ASP and CSHP officers introduced to Cal Poly students the pharmacy profession and its organizations.

After a short presentation on Western University Pharmacy School, led by Tim Chen, the students were divided into smaller groups. In these groups, WesternU students answered questions and addressed concerns that the undergraduate students had. Although this was the first outreach program, it was a successful event based on the positive feedback from Cal Poly students.

There are two more events planned for the month of May at UCI and UCLA. If there were any undergraduate schools, you would like the organizations to attend, feel free to contact Tim Chen at tcchen@westernu.edu. Special thanks to George Tran, Don Hsu, Jamie Ko, Robert Fox, Sophea Tim, Megan Brown and Tim Chen for proudly representing WesternU. Also, the recruitment office did a fabulous job getting all the pharmacy materials together. Thank you.

Diabetes Screening

Over the past weekend, several WesternU pharmacy students volunteered to help out at a Diabetes Screening in Reseda, CA. The screening was one of the many services offered at the Health Faire event held as part of a Cinco de Mayo celebration. The students helped screen over 150 Health Faire participants. From this screening alone, pharmacists were able to identify 6 to 7 patients who were candidates for further work-up for diabetes and therefore referred. Volunteers included: Abby Adesanya, Megan Brown, Tim Chen, Joyce Li, Ann Gutierrez, Tee Nguyen, Nancy Nguyen, and Rochelle Galace. Thanks to Dr. Ken Ross, Pharm.D., of North Hollywood Medical Arts Pharmacy for inviting us to participate and we look forward to working with you again!

JOB LISTINGS

SAV-ONS.

*There are 2 intern positions open at Sav-on on Central in Chino. If you are interested in applying, please call Vinny at (909) 591-3911.

RITE AID.

*There is an opening at the Rite aid store in Covina. Please contact the pharmacy manager, Sholeh Yousefian at (626) 339-8616 (M-F) for more information.

KAISER.

*Kaiser Riverside is looking for interns. For more information, please contact Evelyn at (909) 353-4047.

*An intern position is open at Kaiser Riverside. Student will be working with the DEC (Drug Education Coordinator) on various projects throughout the year. Hours are flexible. Please send resume to Joyce Li at jli@westernu.edu.

*This concludes our third newsletter! If you have any comments/questions, please send them to George (gtran@westernu.edu) or Don (dhsu@westernu.edu). We hope you enjoy reading the newsletter.