

Sahaj Marg (The claimed natural path) is NOT modified version of Raja Yoga

[Discussion on our ORKUT community Freedom from SRCM-Sahaj Marg](#)

[Suraj](#)

Hello Friends!!!

let me introduce myself as suraj. i am not a member of 'srcm' so i better not comment on chariji and the controversies surrounding him and 'srcm'. i am not a member of 'isrc' too. i am a disciple of sri babuji maharaj and i have been practicing babuji's system of meditation using yogic transmission and i have found it absolutely safe. i have introduced my family to this system too and they have been benefitted very much from this system too.

it is true that few have misinterpreted the essence of babuji's system of meditation and altered it to suit their own selfish needs thus bringing a bad name to sri babuji maharaj and his system.

my effort here to to clear the cloud of doubts surrounding sri babuji maharaj's system of meditation and i sincerely pray that the 'TRUTH ALONE SHINES'

[Cyril](#)

Hi Suraj and Welcome...

I appreciate your "clearing" up that point...

To blame the abuse of "SRCM or Sahaj Marg meditation" on Babuji is like blaming the abuse of Prayer on Christ.

I agree that, having meditated with Babuji and left when Chari and his father and his GANG bullied their way in and TOOK OVER the small (less than 200 followers), meditation group, there was no "perceptible" abuse of the system or any show of POWER, EGO, or un-spirituality in the system.

Having said that, I think that having since read much of his material (specially his journal) and seen how he created the MARG, It was bound to happen that others like CHARI would be attracted to the "lack of Authority"...The attempt to link himself to Lalaji rather than Vivekananda was a mistake as they then had to try and hid the influence of Sufism in the SYSTEM...They instead started to call it Raja Yoga that started at #7 of the eightfold PATH...That is a little silly and NAIVE...That removes all the items that make Raja Yoga a BALANCED SYSTEM. To remove Items #1-6 of RAJA YOGA is to remove the items that make that system free from ABUSE...such as the Yamas, and the tapas...

But it's not too late to return to the original path with a REFORMATION...as it happened in the ROMAN Catholic Church in the medieval days with Calvin, Luther etc..when the teachings of Christ became subordinate to the EGO and LUST for power of the CHURCH... They even went to SPIRITUAL CAPITALISM which SRCM has gone to in just a few decades...(spiritual gifts for MONEY or SERVICES (such as "obey and serve the MISSION)... that is one of the signs of corruption in the SRCM system now...

The other sign of corruption that I have been looking at is the THEOLOGICAL deviation from BABUJI's 16 rings and the "LIGHT of the DIVINE" not as the sun's light but as the glow of DAWN as in REALITY AT DAWN...

Other theological flaws such as: God is Male, Women can't be GURUS, and the "spiritualism of WHISPERS FROM THE "BRIGHTER WORLD", are other examples...Notice "BRIGHTER"...exactly what Babuji did not teach. The glow of DAWN is not BRIGHTER than the SUN. That is the EGO that religions like Christianity displayed in their use of "the GLORY OF GOD, the GLORY of CHRIST when he comes back etc... LIGHT moves into GLORY or EGO really quickly and appears by itself as the DEVIL FROM BEHIND A BOULDER on the road of LIFE.....That was the gift of CHARI to the MARG...MATERIAL PROPERTY and Materialist thinking or "no thinking"...just POWER and MATERIAL POWER such as "castles, commercial property, nationalism, imperialism, etc... The philosophical flaws of : Homosexuality is "un-natural" and "SRCM has no philosophy" would have shocked Babuji and Dr. Varadachari as they were both "philosophers" and did add a "thinkers'" perspective to the MARG....With Chari, that "thinking" became OBEY without thinking, like the "soldier who kills without thinking" or the boy who kills his mother without a second thought, just like RELIGIONS... That is like "immorality" on the Path to the "GREAT MORALITY"....It is a FLAW and a corruption... Flawed theology leads to flawed philosophy, which leads to flawed psychology, and to flawed individuals who create flawed institutions that promote flawed theology, and on, and on...in a vicious downward spiral of corruption... The path to HELL is fraught with "GOOD INTENTIONS"... I have sympathy for those who must extricate themselves from that corruption called SAHAJ MARG and hope that it is possible to still offer a GIFT to mankind that BABUJI wanted to bring...

Thank you for your comments...it did stimulate me to write this so I guess it is "adding energy" to the POOL of those who knew, and respected Babuji, and loved him as a 'fellow pilgrim' on the road of life (not "MY" master which is so "egotistical) and I still "COMMUNICATE" with him without the need of a (not elevated) FRENCH LADY MEDIUM or so as to write a FUND-RAISING book for CHARI... I treat Babuji as I treat Shashwat, and you, ie... as a Fellow PILGRIM on the road of LIFE, Bless you... That is all Babuji asked of us...not this MASTER-SLAVE that Chari read in his writings as USED to his EGOTISTICAL benefit... You will notice that the electronic Written material is now "patented" to the CHARI GROUP as INDIVIDUALS...so that is another "COURT CASE" if they added some of Babuji's material in that. The ISRC went though that with Chari and gave up and hence LOST the ability to sell or use Babuji's books, even with Narayana's father's (Dr. Varadachari) introduction in one of them... That is like

the Catholics trying to stop the protestants from using the BIBLE... It should be challenged and stopped... <http://4d-don.blogspot.com/2008/04/sahaj-marg-spirituality-foundation-acts.html> Cyril Borg, as inspired by the ONE...

PS... When I sent you my "link" Orkut puts out a "code word" so allow the "http" file...The word was AMAT...in latin that translates to..."HE LOVES"...

Thank you Babuji...

Cyril Borg...as inspired by Babuji... ;-))

Suraj

hello shashwat! hello cyril and hello to all my other friends here!

let me thank you guys for all the effort you have put in to unveil the truth. someone had to bell the cat and you guys have taken up the initiative. it is not a very easy task to stand up against a huge network. as swami vivekananda says, "truth, purity and selflessness whomsoever has, even if the whole world is against them, can stand alone and roar". it is an honour to be associated with you guys.

again, i have a suggestion here. you cannot fight darkness with darkness. so, it isn't wise to spread another hate campaign in order to get rid of the poison inserted into sri babuji maharaj's system of meditation. an alternative would be to create awareness amongst the masses and spread the original, undisturbed message of sri babuji maharaj. in short, instead of creating a 'hate chariji campaign', why dont we create a 'love babuji campaign'? please think on these lines and text me back! am eagerly waiting for your reply.

regards

suraj

now there is an allegation that babuji has altered the ancient system of ashtanga raja yog. he starts off directly from the 7th limb ignoring the other 6. babuji mentions that he has altered the ashtanga yoga of patanjali to suit the modern needs. now what was the necessity for him to alter the ancient system? let us look into the matter closely. before we start, let us have a refresh about the system of raja yoga according to patanjali. the raja yoga or ashtanga yoga consists of 8 limbs 1) yama 2) niyama 3) asana 4) pranayama 5) pratyahara 6) dharana 7) dhyana and 8) samadhi. now let us consider each limb one by one. 1) yama: yama consists of five parts: ahimsa (non-violence), satya (truthfulness), asteya (non-stealing), brahmacharya (celibacy), and aparigraha (non-covetousness). babuji designed his system to suit the needs of ordinary householders like us. unlike the ancient days, the world we live in is far more complex. life in the city is so stressful that it is almost impossible not to harbour any ill feelings towards others and that is what ahimsa is all about, not hurting anybody either through thought, word or deed. as far as brahmacharya is concerned, it is certainly not possible to follow it strictly. i step out of

the house and see a girl wearing skimpy and revealing clothes and i am expected not to get tempted and strictly follow brahmacharya, in turn i will be suppressing sex and will end up with various psychological disorders. suppressing sex is not our motive here and babuji was aware of it. sex is a great weapon to create guilt among the masses so that the self styled gurus can use it to loot their innocent disciples and create slaves. now speaking the truth always and under all circumstances is again impossible during the present times. i need not shed more light on this simple subject. so here we see that the 1st limb of ancient raja yoga is not a practical possibility in the present age.

2) niyama: niyama is observance of five canons: shaucha (internal and external purity), santosha (contentment), tapas (austerity), svadhyaya (study of religious books and repetitions of mantras), and ishvarapranidhana (self-surrender to god, and his worship). time is a major factor in this current age. meeting deadlines, working extra time, driving through the city traffic, traffic signals, jams etc. where is the time to perform tapas or austerity? with so much of tension around, is it really possible for us to practice santosha or contentment? as far as shaucha or purity is concerned, it is almost impossible to maintain absolute purity especially in the free world we are living in. pollution is a major problem, the very air you breath in is not pure. food you eat is full of chemicals again water you drink is not spared too. how can one expect us to maintain purity? 3) asana: any easy, steady, comfortable pose is asana. asanas steady the body. posture is mastered by releasing tension and meditation on the unlimited. in the current age, all our physical activities have reduced a lot. thanks to the advent of physical science, the world we live in is luxurious for most of us. because of the lack of physical activity and tremendous increase in our mental activities, sitting comfortably in one particular posture is very difficult. to add to that, the food we eat is mostly devoid of satva or purity, so food no longer provides the necessary physical or mental strength. how can anybody have a steady spine in this age? 4) pranayama: pranayama checks the outgoing tendencies of the mind. It is often misunderstood for breathing exercises. Prana means life force, while yama means to gain control here pranayama involves the regulation of prana or the life force. The great sage patanjali observed that the life force is directly connected to the breath so regulation of breath means regulation of the life forces. Now the air we breath in a city is really polluted. performing pranayama in a city is not of much use.

5) pratyahara gives inner spiritual strength. It removes all sorts of distractions. it develops will-power. pratyahara involves regulating the sense organs so that the energy is not diverted to the sense objects. do you think this is really possible in our free luxurious world? I need not expand more on this subject. 6) dharana or concentration with so much to think of, so much stress around us and so many choices, is concentration possible? i know there are many people who follow the ashtanga yoga sincerely but such souls are rare. a system which suits the need of the masses is required so that an ordinary person like myself can experience the divine. babuji was well aware of the flaws of this present age so he started off with dhyana directly and with the power of yogic transmission, dhyana is not very difficult. most of us have practically experienced this. yes, I agree that the system of yogic transmission has been misused by few who have transmitted to the lower centers instead of heart thus creating slaves among men and women. this is blasphemy and not acceptable. transmission to the heart through the heart of a committed

and dedicated preceptor always brings about the desired results. the initial six limbs of raja yoga is naturally taken care of once dhayana matures. any change should be natural and not imposed. so my dear friends, I have made an attempt to explain why sri babuji maharaj decided to alter the ancient system of raja yoga to suit the needs of modern house holders like us. comments and constructive criticisms are welcome. My intention is not to create another argument here, instead create awareness so that people understand and respect sri babuji maharaj's efforts and not judge him just because few misused the powers to suit their selfish motives.

the initial 6 limbs are not completely removed but not much stress is laid on them initially. if someone had asked me to practise yama, niyama etc initially, i wouldn't have even thought of joining the system. now after having practised babuji maharaj's system since 6 years, i now feel yama niyama etc is not actually a distant dream. well, an ordinary person cannot think of practising the 8 limbs and the failure to do so can create a sense of guilt in an individual. so sri babuji maharaj has done a right thing by not giving much importance to the initial 6 limbs especially to a beginner. if you follow sri babuji maharaj's system sincerely with no interference from external agencies trying to brainwash you, you will notice that the 6 limbs follow you automatically. this is my practical experience. all of you out here are free to try this out.

Shashwat

May we start a new thread dealing with Raja Yoga viz-a-viz Sahaj Marg. It will help in documentation of conversation properly. Just a thought....

Suraj

hello shashwat!

i guess i have already covered the subject explaining only the essentials so that even a common man understands. we can discuss another subject. or, if anybody has any objections about my explanations, we can surely start another thread!

Cyril

The reason to meditate or become spiritual is to become ONE and accept REALITY as it is and not attempt to change it by rituals, incantations, prayers, etc...

When nature decides with a lightning strike to burn the excess fuel on the forest floor, and create carbon for the next generation of vegetation, to attempt to put out the fire is not to accept REALITY...Likewise with diseases, wars, etc...They are nature's way of strengthening the species...the strong (physically, intellectually, and/or spiritually) learn, adapt and survive and the weak die)... the ONE's REALITY is not to be toyed with and man does so at his own cost.

The reason I did not simply move to another group is because, this group is targeting "children" and "older women", and the gullible and emotionally dependent in other countries and this could cause social strife and even violence and war. I feel that we have a DUTY as citizens of the world to expose the weakness in this system that was there from the beginning. I am not taking away the benefits of Meditating, just exposing the dangers of the DEPENDENCY of a MASTER as Babuji often warned. That dependency is not only there in Sahaj Marg but is also there in Christianity, Islam, Hinduism, and many more "isms" and sects or cults.

I can assure you that I am not leaving my spirituality behind but becoming conscious that the HEART is not the only connection of the ONE in my BODY which extends beyond the Material Carbon-based body, but the ONE is connected to me in "non-locality" everywhere at the same time. I am inside it and it is inside me. The Whole is in the PART as David Bohm (the Holographic theory) would say. Even in your spirituality, you go to work, and do the material thing...So do I ... I am retired and this is my WORK for the sake of my country, species, and PLANET and Galaxy and UNIVERSE...

I am an "INFONAUT" (like astronauts, argonauts, we are "information miners")... We use "IN-FORMATION" or words, logic, sound and/or MEMES ("memes" are to logic what "GENES" are to biology...memes spread like bacteria and/or viruses, beyond the consciousness of most people) to RE-FORM our collective societal REALITY.... If I (we), the INFONAUTS, don't succeed in transforming first ourselves, and then our WORLD, following me (us) are the "archangels", and they are not LOGICAL or compassionate... Archangels in some "angelology" are personification of diseases, war, famine, etc... or in Christian mythology, the Four Horsemen of the Apocalypse...a myth which is not broad enough for the work of the "archangels"). So please do not ask us to stop our job with SOUND, as the alternative is ACTION POINTED AT... or POWER instead of ENERGY, to either eliminate or cast out...the threats (corruptions, pollution, etc) and to protect the family, the country, the planet, etc... from the corruption of RELIGIONS and CULTS. It is a job that we did not chose but that was "shoved" on us by imperialists, nationalists, capitalists and other such power-addicts, and we are going to take it on for the sake of DUTY to family, country, planet, etc.....The pay is not that great, and the recognition is almost NIL... we are mostly vilified and preached at, rather than PRAISED... Cyril Borg...

ou ask: why dont we create a 'love babuji campaign'? Why don't we create a "love suraj" campaign? Because of the danger of creating a dependency and to point at one part of the ONE as if it was more than the other parts... The new covenant is in our hearts... Babuji is not greater that SURAJ, Shashwat, or Cyril...We, as our "identity" are all part of the ONE's CREATION but are not the ALL! We already saw the flaws in BABUJI's system...It did not give credit to Lalaji's SUFISM. Lalaji's and Huzur's (Lalaji's Sufi Master, a Muslim) were both attempting a synthesis of the SUFI system to reach all of INDIA. That is the RAMASHRAM of Lalaji's lineage. Babuji could have joined Lalaji's lineage through the "front door" and could have become an initiate of Dr Chatterbuy's RamAshram, but he waited 13 years and formed his own group, claiming that Lalaji had appointed him "successor" in a dream (Inside). Instead of fitting into Lalaji's SUFISM,

when pressured by his family and others who were concerned about the Muslim factor in India, Babuji attempted to claim that SRCM was really an "Indian Raja Yoga", and even wrote a book on it, but the Master/disciple relationship and "yogic transmission" of the Lalaji's SUFISM did not fit in very well to Raja Yoga, so they just butchered the system of PATANJALI and started at point 7, still calling it "raja yoga", (the EIGHTFOLD path was now a "two-fold" path). That (un-spiritual) instability attracted such opportunist capitalist businessmen as Chari (and his father) to the group. Chari, from age 30, was a student of Vaishnava traditional instruction of the Hindu religion. Dr. Varadachari, the Guru in waiting, attempted to add a "philosophical" bent to the "SRCM is Raja Yoga and has Indian roots" idea, of the new SRCM, but was ousted by Chari and he died before Babuji...

To lead a group, one has to be a teacher or a GURU and to be a GURU one has to first be a STUDENT so as to have AUTHORITY...That is the way that Master system works. Babuji had met Lalaji a few (3) times, and had not joined his group or was never a "preceptor" but 13 years after his death, after attending a few of Dr. Chatterbuy's Ramashram satsangs, he formed his own group in 1945, and claimed "authority" from Vivekananda and Lalaji inside, in his dreams. He was apparently appointed Lalaji's successor in a "dream state" (inside). If Lalaji wanted to do that, you would think that he would have named him MASTER in his own lineage of RAMASHRAM...So?... Babuji is a "FELLOW" pilgrim just like You and Shashwat and I respect you all, and I read you on the "inside" also, but I will not start a "love Suraj" movement and I don't want a "love Cyril" movement neither... that would create a BURDEN on you and me and create a false dependency... You and I and Babuji are as important as the blades of grass but not more... Babuji and his system were an OK addition to the plethora of other systems coming out of India, and from around the world, but it too was soon corrupted by MATERIALISM so it is not a system to promote as "better" than any other... I like the true "SYSTEMS" that are Raja Yoga and the other Yogas. Mankind will have to learn to depend on the ONE and the ONE ALONE without any PROXIES in between to erase Samskaras, forgive sins, and offer rewards on the OTHER SIDE for immoralities committed one THIS SIDE. Chari will have to erase his own Samskaras, and so will we all...It's called 'ACTION and REACTION"... Thank you for your input... Cyril Borg, as Inspired by the ONE... who loves ALL as the sun shines on ALL... But that love can burn or warm... and may at some point destroy us as it gave us LIFE. WE are STARDUST...We are GOLDEN...la la la la la la

Shashwat

Without honesty, truism, and selflessness, no spiritual practice can be followed, and this is the sole reason as why Raja Yoga, (yoga of the thoughts, not mind) lays heavy emphasis on these things, and are the preliminary stuffs in preparation for a spiritual journey, hence the very first step of Raja Yoga is Yam non-killing, truthfulness, non-stealing, continence, and non-receiving of any gifts. Without these spiritual mind is not possible.

Now the Sahaj Marg's definition of Modified version of Raja Yoga, is it impossible to become honest, truthful, and content, for present day man ? if Sahaj Marg is of this opinion, then can it be called a spiritual practice to start with ? Criminal Chari, encourages its drones to become a liar, that too, at a very personal level, he passively encourages people to lie to their spouses, and tries to demonstrate that lying for the sake of his cult yields positive results.

Raja Yoga on the other hand, removes any scope of lying, and Sahaj Marg bypasses this step. In essence how modified this Raja Yoga is, is fairly clear... here is one extract, published by Chari.. quoting Babuji, lets see how true is this..

He, the Hookah and I - tolerance, cited in the special issue of Echoes of Africa, 30 April

We had a couple in Hyderabad, abhyasis both, but the wife was dead against Sahaj Marg because she thought it was taking her husband away from her. They had two children, small children □ four and two □ and he said, □I will not go for satsangh.□ But he was surreptitiously going like so many people do. One day he left for office with his briefcase, dark glasses, pen, said goodbye to his wife.

After he left, she saw the newspaper that Babuji had arrived in Hyderabad the previous evening from Delhi. Immediately she put two and two together and said, □This errant husband of mine has gone to see him definitely.□ So when he came back in the evening she berated him and she said, □You are a liar. Did you not go there?□ He said, □Yes, I went.□ □Why didn□t you tell me?□ He said, Because you wouldn□t like it.□ But you have been found out in a lie.□ He said, □I didn□t tell you a lie. I said, □I am just going□ and I went.□ She said, □If you go again, I will leave you.□ Next morning he told her, □I am going to Babuji Maharaj,□ and went. In the evening he came back and found a note on the table with the keys of the house saying, □I have left for my home,□ and she had taken the babies with her. Next morning he went to Babuji and wept out his heart and told Babuji, □This is what happened. What should I do?□ Babuji said, □You have come to a stage when you have to choose between your Master or your wife.□ He determinedly told him, □I choose you, Master. I don□t want my wife.□ Three days later his wife came back.□ In essence if we assume that Chari is not lying here about this story, i.e he has not made up this story, on his own, to demonstrate that Babuji himself encourages that lying to your partner is OK.... then do we need to further explain anything else about direction where Sahaj Marg leads to ?

Cyril

Hi Shashwat... Not only do I think he made it up, he is TRANSMITTING that garbage to the MIND and the SPIRIT of the GULLIBLE naive women who are Manipulated by POWER... That attraction to POWER by the female of all species is for survival of the species so that only the POWERFUL can breed thus eliminating the weaknesses that might "mutate" into a section of the HERD. The fact that he made up this story may show that there are "RUMOURS" of some women seeing his WEAKNESS and thus "in their journals, that they send to him" he may have read this "threat of desertion" and have been

trying to keep them in his "harem" with this story, given to them as a gift for \$\$\$\$... That is not only POWER but ARROGANCE but as such it is a WEAKNESS and the females will sense that... that could explain the attempts at reconciliation of some couples and the visits to the town of the husbands by some other wives (Don) out of the BLUE so to speak... The females are "intuitive" and the pressure on Chari is mounting. So he is in trouble and he knows it...and so do his FEMALES. The fact that the judgement from the Supreme Court came on the eve of BABUJI's Birthday is PROPHETIC...lol those who react to "apocalyptic" prophesies and other forms of SPIRITUALISM are open to the "vibrations" of fear and anger also...And Chari, not being a true MASTER of Spirituality, is aware of his FATE on VENUS getting very NEAR... Cyril Borg...

Suraj

hello cy-borg, hello shashwat

i sincerely apologise for the delay in reply. my best friend got married to my favourite sister on the 30th of april. my best friend's parents had arranged a small get together yesterday. so i was busy with the celebrations.

coming back to the point. i have already made my intentions very clear in the very beginning but it appears like my intentions are being completely misunderstood. so let me clarify my point once again.

1) what you address as 'THE ONE', i address THAT as 'BABUJI'. if someone wants to address THAT as 'suraj' or 'cyril' or 'shashwat', they are free to do so. i have no objections as long as they identify the name with the adi tattva and not the individual.

2) had i known that my discussion on raja yoga would start off a debate, i wouldn't have discussed the subject at all. debate can fetch us nothing. we have enough self styled philosophers participating in endless debates but in vain. am not here to prove that i am right and you are wrong. if debate is what you want then i accept my defeat. right here and right now i bow down before you. again, display of knowledge is not my aim here. i suppose this forum is for a common man so in my opinion, esoteric discussions and arguments will not benefit anybody here.

3) am not here to discourage you cyril or shashwat and your work. instead, am here to support you. my heart bleeds for those who have been victims of the selfish motives of few men thus bringing a bad name to the great master. infact i am really happy about your work and i am honoured to use this stage created by you guys to learn, to share, to voice my opinion, to create awareness amongst the masses.

4) i decided to join hands with you guys because your mission, i thought, is the same as my mission and 'LET THE TRUTH ALONE SHINE' and for the sake of 'THE TRUTH'. i have few suggestions here, take it or leave it. 'DO NOT SOW THE SEEDS OF HATRED' this is the law. instead, 'WAVE THE LAMP OF TRUTH' and let people decide what they want. some people are happy with the filth, you cannot convince them.

some people are cowards, leave them alone. few are seekers, and they will follow the lamp. i dont have a job nor am i interested in working. i have no intentions of making money. i do not care about luxuries. the last 8 years of my life i have dedicated in search of 'THE TRUTH'. i dont have a wife, i stay away from parents because i realised their protection was making me weak. (my parents have been supportive in this mission). i am not sure where my next meal comes from. i am not sure from where i get the money for my transportation. i dont have a medical insurance or big bank balance to support myself. depending on the 'ALMIGHTY MASTER' alone, i have never been let down. i have spent the last 8 years waiting and waiting and this waiting has made me strong. this waiting has opened up new dimensions. i have lots to learn and lots to share. am not interested in debating if babuji was right or wrong. all i know is he has never let me down, inspite of all the risks i have taken in life. so considering my personal experience, i can run around the world and at the beat of the drum i can announce 'IT WORKS'. against all odds, 'IT WORKS', 'TRANSMISSION WORKS' (not chari's transmisson). i dont need any cy-borg or shashwat or as a matter of fact, anybody. i can work alone and deep in my heart i know the strength is within.

Shashwat

This is not hatred, and hence we do not "SOW THE SEEDS OF HATRED". We speak that what we believe is truth, and hence the very first line in description of this community is "THIS COMMUNITY WILL BE REMOVED IF PROVEN WRONG" coz we believe that what we are speaking here is truth, until proved wrong !. There is no victory, there is no case, there is no judgment. But there is debate, and this debate is to reach a logical conclusion, and remove any illogical fallacy.

We are against Criminal Chari and his cult, for he has destroyed numerous life's for his selfish motives and abused a system which was NOT MEANT FOR DIVISION but union, once again for his greed, we intend to understand as what spirituality is not (Sahaj Marg) rather than what spirituality is. We do not wish to demonstrate or provide any alternative path for freedom, but only indicate what is slavery,

O Master! Thou art the real goal of human life;
We are yet but slaves of wishes
Putting bar to our advancement.
Thou art the only God and power
To bring us up to that stage.

This prayer is what we call slavery !!

Suraj

all the best guys!!! carry on with your mission!!! any assistance i am available!! i will pray to the almighty master for your success!! when you feel you really need to know the truth, come unto me and i shall provide all the material you need.

Cyril

Suraj...

I was a Catholic of the HOLY ROMAN CATHOLIC CHURCH or "Holy Mother the Church" as they called it...

When most Christians say Christ, they also mean GOD or what I call the ONE, the UNITY just like Plato and Vivekananda. To call the ONE by the PART is the beginning of a MYTH and not the TRUTH... THE ONE IS ALL, not Christ nor Babuji, nor LORD, nor "the Father" or the MALE but ALL... That is ONE the number and not the WORD which is another bastardization of the LOGOS concept of the Early Greeks (5th century BCE), that meant: LOGIC as described by SOUND using WORDS but with the Christian Bible in English calls Christ was the "THE WORD"...(in French, it is "THE VERB" or the ACTION...They all call that the TRUTH...

I hear your call for "NO HATE" and I adhere to that as much as I can. If you read anything HATEFUL in my words, let me know...I can still change unlike some more "DOGMATIC" faith-based carriers of the TRUTH who are STUCK and will not change for a very long time... I have been trying to get all to use LOGIC and not what is "ALLEGATIONS" as FACTS or THE TRUTH... I agree with you and I will continue to PREACH your message to all on Shashwat's Community (the OWNER)

I agree with you that Transmission Works...We call it "two on a heart"... and was a demystified form of the children's game: "I can make you say YES" or "I can make you say NOT". If any fool on the street "transmits to you, you will react"... Usually with a "surge" of energy...but in daily life, we are "suspicious" and "block" those intrusions except for those we accept as "friends, lovers, mates, family" and that gets into "chemistry"...We, in love, secret chemical tracers that are picked up by our ALLIES and are rejected by our FOES... Study "hypnotism".

Likewise, one can, in the shamanistic tradition "charge" or "transmit" to objects and use them as "talisman". So Transmission works in many ways...TO mystify it as THE ONE or GOD is the FLAW...

If a girl transmits to you from across the room, you will know it and most people, being "suckers" for their lower emotions, and slave to their lower energy centers, (chakras), will respond Physically...those who are slave to the "intellectual" centers will react "with words" and try to see if the "transmission" is coming from a FRIEND or a FOE...those who are slaves to the "spiritual centers" will attempt to be ONE with that person ...not change them. You have attempted to be ONE with us and now, as with most in this SYSTEM, you feel persecuted if we don't agree with you , and you either shun or retaliate with anger (passive) and "run away"... Intellect in just words but is "cold" and not the "hot emotions" of the physical, nor the "UNIFYING" of SPIRIT... BE a SPIRIT and not so DOGMATIC and see us either as "FRIEND or FOE" (intellect) but as SPIRIT (spiritual) or ONE and in UNITY with YOU... I agree with your comments on HATE and

remind all here that I don't want to revel in my WINNING or LOSING with CHARI, NAVNEET, or BABUJI, or Suraj or Shashwat... When someone hurts someone else by "dividing" their families, I stand with the VICTIM and allow him/her to cry (what you call HATE) for a while and then try and get them to MOVE ON and be ONE with the LESSON GIVER, the DIVIDER. We are doing the work of FIXING the damage done by SAHAJ MARG to our families and to address its attempts to MYSTIFY the ONE yet again into a DIVISIVE force rather than a UNIFYING energy. To be SPIRITUAL one must be ONE...Sahaj Marg attacks other religions and families and is not ONE. To be Intellectual, one must see "THE OTHER SIDE" hence must be into DUALITY or TWO... SAHAJ MARG, as it has DIVIDED, even at it's core (the Society) is into DUALITY and is DIVISIVE, not UNIFYING...It should not be "tax exempt" as those that address a "social problem" such as our CHARITIES...SRCM creates a PROBLEM, it does not FIX it. Cyril Borg

susan

unhappiness

Any form of practice given to the masses will result in happiness for some and complete misery for others. Some of us are individuals who like to follow ourselves. Some need guides. The heart is always true if you listen to it. You have your own heart. History is not a science but a fact. Fact is savery exist today as it always has be it or not a little more humane. It is still up to humanity to either stop or keep these dictators at bay. Communism and facism still govern, whether it be politics or religion. So get real. Religious bigotry is facismn and facism is not THE WORLD I WANT TO LIVE IN!!!

Cyril

Susan...

I agree with your three first sentences.

Then you say: "The heart is always true...etc...and you go on about the "heart"

The heart is a PUMP and not the "decision maker"...That is for the BRAIN to take all the feedback from all the BODY and then compile it and add "past experiences" and present situation and make a decision for the "better or the worse" of the indivudual. The heart is not "GOOD" and the BRAIN is not "BAD" as religions would like to insinuate so that the believers will then not trust their own thoughts and judgements and hence ask to be "TOLD WHAT TO THINK and DO...IT IS IN THE BOOK, they will be told...and the book is FOR SALE.

I could say that "intuition" is in the GUTS as in the past, we felt our guts moving when fear or bad food or drink (spirit) were ingested and we would say: "I've got a gut feeling", but that would also be a "myth" and not the TRUTH. We decide with our whole BEING and religion has played the "con" of placing our contact with the OUTSIDE world and/or

with the CREATOR or the UNITY at the heart as it was easy to convince the un-thinking "neophytes" that there was a sound (thump, thump) and a "soothing rhythm" that changed when we experience the effects of chemicals such as adrenaline which the brain sends out into the system when there is a reason to FEAR...and other chemicals to elicit joy, bliss, pleasure, hunger, pain, etc... But it is the Brain that analyzes it and decides, not the HEART... That is another flaw of Chari's teachings and is very religious and regressive.

WE are connected to the ONE (and to the ALL) with ALL our being, including our Electromagnetic (EM-heat, light, and brain waves or thoughts (5-8 hz) or the etheric body. We are also (some of us) connected to the ONE with our SOUND, our breath (we exchange air and carbon with ALL) and our emotions including even our fears which are really a "defense" and "protection" mechanism and not to be eliminated as the RELIGIOUS suggest and who would make us DOCILE and hence "controlled".

Cyril

So even though I agree with the TONE of your message, the myths, the "un-truths" are what I want to get rid of in all of our "beliefs" so we may LIVE IN THE TRUE REALITY which has BOTH SIDE OF THE ALL...IT IS THE WAY THE UNIVERSE WAS CREATED. The GOOD AND THE BAD make up the ONE... We will not eliminate the BAD as IT is US and IT is ALSO part of THE ONE and ALL...the REALITY that we as SPIRITUAL seekers are wanting to EXPERIENCE.

Or do we want a FANTASY and an ILLUSION such as "the heart is the seat of the soul". The illusion is that there is NO-THING and hence nothing exists. But the REALITY is that SOME-thing exists for ETERNITY in a DUAL form...THE ONE has become TWO at the MIND...and it js just a process of "higher and lower frequency" that happens naturally. Ultra-violet light spectrum becomes infra-red with TIME and DISTANCE. OR more accurately, with MOTION as measured by TIME (cycles, orbits, spins, etc...) and SPACE (distance as measured in METERS)

That is what we are learning to USE so as to be free from OBEYING others who would lead and/or manipulate us, all with good intentions, they will claim, on the Path of DIVISION from our Family, pets, country, planet, galaxy, universe, OUR SELVES, as if they all were an ILLUSION and that the MASTER and the MISSION (his acolytes), were the only REAL thing...That is a real "CON" game...and those who sell out to that delusion are in need of a REALITY CHECK... That is why we are here...

Cyril Borg

susan

correction

A gut feeling would convey my thought a lot better I think. You know something is wrong but the feeling of belonging is overpowering and blissful. Consider Jim Jones and

900 cult members committing suicide, mother and daughter murdering each other after being led to destruction by a mad man. Learn everyone on this forum and more from the crazy game of pain these predators play with all our lives. A personality cult is dangerous due to the fact it replaces you the followers personality with a new personality that of the leader. The followers own person dies. The leader sees a mirror image of himself. Usually cruel, manipulative and totally lacking in empathy. A group of sycopaths really. Welcome to the world of cults. It is that simple and that easy but it takes a long time to achieve. Maybe 5 to 8 years. Then the leader doesn't like what he sees, the truth. About himself. He leaves you and begins again or worse takes you with him. So please all abysis read up on cults only then will you know if you are in one!!!

Cyril

Good one...I agree... and I second that "emotion"...;-))

Cyril Borg...

Suraj

am back!!

hello friends cy-borg, shashwat and susan!!

am back!! did you guys miss me? am sure you did! :-)) am sure you guys must have thought that i must have run away! well, running away so easily till i have cleared your misconceptions about babuji's system and transmission. i was away for a while and now am back! please dont mind friends but i'll disappear and re-appear on and off. commitments. i really wish i can spend more time here.

so coming back to the point. well am not a dodo who cannot differentiate between hypnosis and transmission and please!! a vibe which a girl sends across the room or the vibes of your friend or foe is not transmission. the zombies of srcm might fall for that trap but not me. count me out! i feel sorry for you guys, it appears like you haven't really experienced transmission at all. i wonder what chari and his preceptors are upto?

this discussion is getting nowhere so let me invite you to my place, nanjangud. our ashram is located in nanjangud(nanjangud is a small town approximately 25 kms from the city of mysore (i am sure you guys must have heard of mysore)). you can come there personally and visit us, stay with us as long as you want. like chari and others, we dont talk about money. your accomodation and food is my responsibility. so you need not bother about it. there is no slavery or gurudom which exists in srcm. well, am not trying to advertise our activities but i want you guys to experience the real so that your misconceptions about babuji's system can be cleared. i know it's a tough job after all that bitterness you guys have experienced with chari and his group. spend time with us and prove us wrong so that we can close down our shop!heh! a challenge for a challenger! my mobile number is +919845345327. feel free to call me :-))

Shashwat

Welcome back, to be honest with you□ we did not miss you, coz there has been way too many people who have come and gone, on and off, they come again and ping for sometime, and then again go back in hibernation. So, we did not miss you. You can take your time, no-one is in any kind of hurry.

coming back to your previous point, its not that difficult to understand as what Chari and his criminal gang is upto□ have a look at what jim jones did with his cult and its victims, that□s where all cults lead to eventually. Its not only girls who send vibes, we all do, depending of type of thoughts we have at that point of time, its is our thoughts which go out and felt by others which in English is called vibes□ essentially.

These kind of googblygoody talks, of come down to India, stay with us, only after that one can understand that Chari is propagating something other then Sahaj Marg, has happened quite a lot of times, if you want more mobile numbers, visit the discussion board of my geocities site□ you will find few more mobile numbers□ and they all want others to feel free, but are not free themselves, you want people to have faith in a psychopath, who use to talks to ghosts of long gone people, and what is more, there are books published about those trance communications, religion which is essence of spirituality is not based of hallucination but on truism, if you claim truth is beyond logic, that does not imply that truth is against logic, to go beyond, you need to pass through□. In same line, if you have faith in all the three hundred and thirty millions mythological gods, □ and still have no faith in yourselves, there is no salvation for you. Have faith in yourselves, and stand up on that faith and be strong; that is what we need, we don□t need faith of anything, anyone, other then our own self, to know your true self, you need not sit in isolation with another zombie and become yet another zombie, and drum about, I AM TRANSMITTED.

That□s what is called brainwashing and this action of shouting at pitch of your voice, that I AM TRANSMITTED, is consequence of that brainwashing, aka TRANSMISSION, now this does not mean, that knowledge cannot be transmitted, We have discussed this topic in detail on this forum before also, read this topic<http://www.orkut.com/CommMsgs.aspx?cmm=24873318&tid=2563156787088917126> and come back, with your counter views

Cyril

Suraj..

Hi again...

You are not convincing me... By their fruit you shall know them!...That is Biblical (Christianity)...If the laws of man is higher than the laws of SPIRITUALITY then I will follow the laws of MAN regarding "homosexuality", the role of WOMEN in our society, the protection of Children from "foreign" invaders using the cloak of RELIGION (the

Christians, the Muslims, and all other religions do the same. They all come as "SAVIOURS" and want to be "adored" or thought of as though they were "SPECIAL" before the ONE, so as to "gather material POWER such as Real estate, money, etc... It is the Marketing Plan of the Diaspora.... WE ARE NOT AMUSED that SRCM sucked \$60,000.00 out of Canada to build your PRIVATE schools for the WEALTHY while our kids (and your poor children) are in "MOBILES" or worse, no schools at all... and then claim "charitable tax exempt" status.

What you are being transmitted is from a PERSON, not from the ONE who transmits to ALL all the TIME and is much more "inclusive" and not so petty (ie the sun, the stars, etc) Transmission is not UNIQUE to Sahaj Marg and we now know the Babuji, although having met Lalaji only 3-4 times and was never a PRECEPTOR, he simply stole the idea of transmissin from the SUFI and called himself the successor, much like Chari did to him later...Is that the MORALITY that you espouse and that you now "display"?

I will defend your right to belong to any group you wish, but leave our children alone! Babuji said" 18 yrs and over! If SRCM is mentionned in reports as a cult is because of their focus on CHILDREN which infuriates other "nationalists"... You have "dummies" in your country who after having been "abhyasis" then become "christians", just like us and that's OK... They also claim: "But you haven't met Christ" and the Love of Christ is so SPECIAL as they march off to war and Bomb the "crap out of other "religions" and countries, killing yet again the "iNNOCENTS" in the name of RELIGION, much as SRCM does.

Suraj

hello shashwat!!!

that was a rude reply! wasn't it? i suppose there are better ways of denying invitations. have you heard ever the word 'polite'? you call yourself a spiritual seeker right? anyways! nevermind! you jump to conclusions pretty quickly. you hardly know me and you have already concluded that am another chari's zombie trying to woo you back into worshipping him though i clearly mentioned i have nothing to do with chari at all. i know chari is wrong and that's the reason why am here. the reason is this man chari has messed up a great master's system. you may have met thousands but you still haven't met me so you cannot conclude so easily.

you guys still dont get my point do you? in this particular discussion your are wasting your effort in case you want to tell me chari is wrong because i already know he is wrong.

back to the point again. gautama buddha created a sangha "a friendship' because he knew that friendship is the only relation where expections are few. even mothers expect from their children and vice versa. forget about brotherhood. the buddha knew that religion creates fanaticism. so he was silent about god and spirituality. his intentions were really simple, teach humanity to animals in the form of humans but again his entire effort went

to a drain because his followers never really understood him and buddhism ended up becoming another religion. again moslems, big time religious fanatics of today's era and their history traces back to the days of prophet mohammed, another master who started a mission (not an organisation) because archangel gabriel intercommunicated with him and entrusted upon him, godly work. the same archangel gabriel intercommunicated with jesus too. were they victims of weird imaginations too? so time and again we have seen that followers have been useless most of the time, now you cannot use them as a yardstick to measure masters

(again when i use the word master, i do not mean master of a particular group or a clan. when i use the word master, i mean master of their own self. am sure u'll assume that since am using the word master, am in for slavery and i believe in worshipping somebody and prefer to call myself, somebody's slave, no! negative!). so if prophet mohammed, jesus christ or babuji were really approached by "your definition of ghosts", that is something we'll never know. we can form opinions though, either for or against. start debates even but in vain. why think about points which can never be proved? so again, we'll never know if babuji really stole transmission from lalaji and 'huzur' or if lalaji really bestowed upon him this power to transmit. since this point cannot really be proved

and when i asked you, if you guys really missed me, i mentioned it in a lighter way! can you see a smiley next to that statement? what's with your sense of humour shashwat?

Shashwat

When you make a statement in an open forum, expect a response, was it rude ?? you may think so coz you are at the receiving end, but for me, it was an honest response!! you asked if we missed you, (just for fun may be..), I said no.. you are free to take it as hummer or serious.. does it matter to us ? We already know that you are not transmitted in ZMC(I)L, but you have accepted that you are transmitted, Myself perfectly understand that you are not one of Chari's zombie roaming around, but believe in something which you feel is essence of what Chari's gang is trying to do on face of it. I have also made it very clear that concept of Sahaj marg as it is, is fundamentally wrong!! And at the same time, I do not deny that there does not exist spiritual transmission, which is part of Bhakti Yoga, and has nothing to do with Raja Yoga of patanjali, those who know Raja Yoga, will find it hard to accept that Sahaj marg has anything to do with practice of Raja Yoga. Why this contradiction to start with ? Gautam Buddha, did not advocate existence of God there can be N number of arguments for and against this statement, but essence of Buddhism is not existence of God, but meditation and finding one's true nature by going inside, Sangha which you have taken up, has nothing to do with spiritual development, spirituality is not the process of finding truth outside in company of some-one, that is MAYA and this is what is stated in Dhammapad, Sangha is part of and living in MAYA. the theory of Maya forms one of the pillars upon which the Vedanta rests, The theory of Maya was manipulated a little by the Buddhists too, but in the hands of the Buddhists it became very much like what is called Idealism, and that is the meaning that is now generally given to the word Maya. When the Hindu says the world is Maya, at once people get the idea that the world is an illusion.

I can only see the consequence of those teachings, crusades and Jihad!! This trans-communication however true it may be in some cases, but cannot be taken as base or building block of any philosophy, which has effect on life of people, who are forced to obey blindly.

You have made a comment about me, as I am a spiritual seeker can you point out where I have made that statement ? All I have stated is, what spirituality is not I have no intention of defining spirituality myself, there have been way too many people who have come and gone.. attempting to define spirituality, my approach rests in the Veda's Neti-Neti, as this eradicates any scope of foolishness, or manipulation, come at terms with it.. Sahaj marg is not what you are seeking for

Suraj

so you think 'neti neti' is a perfect method? i dont agree with you. a method can be considered effective only if it works in all the three states of existence namely 1)jagrat (waking state) 2)swapna (dreaming while sleeping) 3) shushupti (dreamless state while sleeping). to some extent you can apply neti neti to disassociate yourself from the non essentials while you are awake. how do you apply this method while you are sleeping (in a dream and also while you are not dreaming)? think about it!?! spirituality or self enquiry extends very much to all the three states of existence. neti neti is not a method but the condition of negation. when a yogi achieves this condition, he automatically disassociates himself from the non essentials in all the three states of existence. in order to achieve this, you should have reached the fourth state namely 'turiya'. so in a nutshell once you reach 'turiya', 'neti neti' holds good and not the other way round.

well.. in my earlier discussion, regarding buddhism and other religions, i wanted to highlight the fact that the teachings and methods of masters have always been misunderstood by their followers. sahaj marg is no exception. chari has committed a blasphemy by spoiling the system to suit his selfish desires. my discussion was not about buddhism in particular. so no point in discussing about buddhism because our subject of discussion is if sahajmarg (babuji's and not chari's) is a perfect system. it goes beyond doubt that chari's sahaj marg is slavery. chari modified babuji's system to satisfy his own desires. well.. you asked me where have you mentioned that you are a spiritual seeker? it's common sense, you are a spiritual seeker, if you aren't then why are you here? why all this effort? you dont require einstein's iq to figure that out. and what has transmission got to do with bhakti? transmission is otherwise known as pranahuthi where a yogi infuses prana into the abhyasi through pure will. what has prana got to do with bhakti? your point here is this whole method of transmitting prana is baseless. had chari done this sincerely, you and i wouldn't have been arguing here. chari used transmission to make slaves of people. am sure he was never really interested in the evolution of his abhyasis. he was more interested in making slaves. chari started transmitting to the navel instead of the heart. once you do that, your lower centers become active and it creates guilt in an individual so you are bound to stick on to the man who has transmitted to you. this was never babuji's system. babuji used to transmit to the heart. once the heart center and subsequently the other higher centers were awakened, the lower centers were

automatically taken care of by the higher centers. now i dont wish to go into the details here. this discussion is for a lay man too. so i dont wish to go deep into the philosophy or the technical aspects of it.

on a personal note shashwat and cyril. my blood boils at the very thought that babuji's system is being used to make slaves out of men and women. you are indeed doing a good job by exposing chari's not so divine intentions! three cheers!!! :-)

Cyril

Suraj...

You say: Chari transmits to the "navel"... do you have any "proof" or evidence of this?

We know something is wrong with the transmission as we know the experience (negative), and the SRCM (Chari) philosophy, (flawed, immoral, or non-existent) and the theology (Flawed ("God is MALE" being taught to Children) that it creates in the Abhyasis and their families, who are the "rejects" of the SRCM meditation (no love or forgiveness by the family member anymore ... Specially if they disagree with Chari or SRCM) But even Christianity "UNITES" families in many cases and the LOVE for the family does not stop as with SRCM of Chari where the LOVE is tranfered to the Master, The MISSION, and the METHOD... The family is sacrificed to Chari's DREAMS and even the STRUCTURE which is a THING, so a MATERIAL...or Matter (concrete, wood, and statues, iconography (holy pictures), and Golden LIONS. Sahaj Marg is now IDOLATRY, adn "CULT OF PERSONALITY" and STRUCTURE, in exchange for the "LOVE the NEIGHBOUR" or the FAMILY...of with most true religions... Can you give the reason, evidence, proof, for that statement above cyril borg

Shashwat

IT is not in dreams nor in dreamless sleep, nor while awake, IT is not that what you can perceive through sense (neti-neti), this is part of Janna Yoga. according to sahaj marg great emphasis is given to another being, i.e guru (eliminating chari from sahaj marg), dependency on any other subject, other than onself is not Raja Yoga, Transmission is part of bhakti yoga, where family life does not exist, but sole reason for existence is that object of transmission, it can be useful in-case the transmitter is also pure.... which is not the case with babuji, he was a family man, with children's, and if he was not absolutely devoted to his own guru, which is not possible for a "grayast" infect its a crime against ones family if one does so, over and above that devotion for another human being, just like us, obedience to another human, neglecting ones domestic responsibility, is not Raja Yoga, Transmission is not possible without devotion, and for a householder, his/her devotion should be family and not any cult figure, once again this is definitely not Raja Yoga. But Sahaj Marg is stated to be modified version of Raja Yoga, which in itself is a contradiction in terms, and a lie. Given the fact that Sahaj Marg is outcome of hallucination (transmission happened in dream.... after 13 years lalaji expired), then we have communication with Vivekananda, krishna et-al, published in form of book, and

zombies believe it to be true, this is not spirituality, but stupidity. Spirituality is strength, which can only come if one has knowledge, and to gain knowledge one need to learn form himself, no-one else can learn and gain knowledge for some-one else, but Sahaj Marg states its the cult leader who does all the work and zombies need to simply obey. Hence concept of Sahaj Marg is fundamentally wrong!!

Suraj

Attention Shashwat!!

Greetings!!

again i apologise for replying late. Initially I had a lot of travelling to do and then lots of things happening in my personal life as well. So i am kind of held up and I dont get much time to spend online. alright, coming back to the point. 1) Please refer Swami Vivekananda's 'Raja Yoga'. Please refer chapter 3, 'Prana'. Read this chapter carefully. The Swami speaks about transmission in this chapter. I recommend you read the whole book and then please decide for yourself if pranahuthi or transmission is really a part of 'Raja Yoga' or 'Bhakti Yoga'? 2) I very well know what 'neti neti' is, it is the condition of negation, the sufi's call it 'fanah'. My question is, how do you explain negation as an approach or method vis-a-vis all te three states of existance? neti neti is an experience and once you achieve this conditon, the world automically appears like an illusion. mere parroting is not going to help.

Attention Cyril

greetings :-)

well, transmission is not something which can be documented or photographed so providing evidence is really difficult. again, i recommend Swami Vivekananda's 'Raja Yoga'. Read this book, especially chapter 3 where the Swami explains transmission. This is a public forum so i prefer not to get into the details. If you wish to know the details, i recommend we have a private conversation sometime. Else, you are welcome to our ashram in nanjangud anytime (if it's 'The Truth', you really seek). am hoping that your reply isn't going to be as rude as Shashwat's. regards suraj

Shashwat

Hi Suraj

Regarding your approach for transmission, I have discussed the same on my blog, www.geocities.com/sha211_211/srcm.html refer to Transmission section, same has also been discussed in this community, pls check <http://www.orkut.co.in/CommMsgs.aspx?cmm=24873318&tid=2563156787088917126> Prana as elaborated in the book, you referred, is explained as vibration, the forced which causes the lungs to expand and contract, thus causing breathing, which in turn explains

the fundamentals of "pranayam" the fourth state in Raja Yoga, which is the breathing exercise, it states that if we can control our breathing, we can control our thoughts, because our thoughts are directly proportional to breathing, same holds true with prana, if we can modulate the frequency of our prana, we will be able to modulate other's prana, as it is essentially the same thing.. it is explained as ocean of ether, similar to our atmosphere, its density varies at different places, but continuity is maintained throughout, there is no vacuum in-between, same holds true for prana as well, as this universe is also vibration if we observe closely.

Prana has nothing to do with TRANSMISSION originating from Chari's point-B (which is the reproductive organ) or Point-A whatever it is, passing via preceptor's point-B or point-A whatever it is... going into victims point-B or point-A. That's NOT Prana.

I will not discuss the subject of Neti-Neti any further as I had previously pointed out that objective of this debate is NOT to explain what spirituality IS, but we are discussing what spirituality is NOT (Sahaj Marg).

Can you explain this

<http://www.orkut.co.in/CommMsgs.aspx?cmm=24873318&tid=5212640681558868614&start=1> . How come feeling vibration while visiting shrine of Prophet Mohammad in Mecca, related with Patanjali's Raja Yoga ? how come a person who dreams about Islam, his autobiography states that he was involved in Islamic teachings and his method also originated from sufi lineage, suddenly starts preaching Raja Yoga ? Lalaji who is claimed to be founder of Sahaj Marg, was a sufi monk, as stated in cult literature, where, how, when and why Sahaj Marg became Modified version of Raja Yoga ? Is this approach of selling Sahaj Marg as modified version of Raja Yoga not based on manipulative tactics ? of fooling people in name of Raja Yoga ? pls explain.

[cyril](#)

Shashwat...

Please don't confuse us with FACTS...we're SPIRITUAL... ;-))

(Plagiarized from: "No SEX please, we're BRITISH!!")

By their (SRCM and their apologists) standards, Christianity must also be Raja Yoga, because Christians "MEDITATE"... So are Muslims, Hindus, Shinto, Buddhists, etc... all religions and cults must be Raja Yoga, according to SRCM's and Babuji's and Chari's definition of the term...

It's like saying that all who pray are "Christians"... and that Christ invented PRAYER...

You gotta laugh b'cause it's not funny... (4d-don) It's not correct or accurate also, but who cares eh? We're SPIRITUAL!!

Cyril Borg...