

Dive Order for Eastern Massachusetts Swim Teams. Fall, 2004

Swim Meets can begin the 11th calendar day after the first day of practice (August 26). September 7 is the first day allowed of competition by the M.I.A.A. By agreement of many coaches polled, they wish next week to be Week #1 also. Many teams are having scrimmages or Relay Carnivals to start off this week.

9/6 = Week 1	Forward Group
9/13 = Week 1	Forward Group
9/20 = Week 2	Back Group
9/27 = Week 3	Inward Group
10/4 = Week 4	Twisting Group
10/11 = Week 5	Reverse Group
10/18 = Week 1	Forward Group
10/25 = Week 2	Back Group
11/1 = Week 3	Inward Group
11/8 = Week 4	Twisting Group
11/15 = Week 5	Reverse Group

E.M.S.O.A. Web-Site: www.geocities.com/emsoa

Dive Order for Eastern Massachusetts Swim Teams. Winter, 2004-2005

Swim Meets can begin the 11th calendar day after the first day of practice (November 29). December 9 is the first day allowed for competition by the M.I.A.A. By agreement of many coaches polled, they wish the following week to be Week #1 also. Many teams are having scrimmages or Relay Carnivals to start off their season on December 9 and 10.

12/6 = Week 1	Forward Group
12/13 = Week 1	Forward Group
12/20 = Week 2	Back Group
12/27 = Week 3	Inward Group
1/3 = Week 4	Twisting Group
1/10 = Week 5	Reverse Group
1/17 = Week 1	Forward Group
1/24 = Week 2	Back Group
1/31 = Week 3	Inward Group
2/7 = Week 4	Twisting Group
2/14 = Week 5	Reverse Group
2/21 = Week 1	Forward Group

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