

Report snorkel group officer

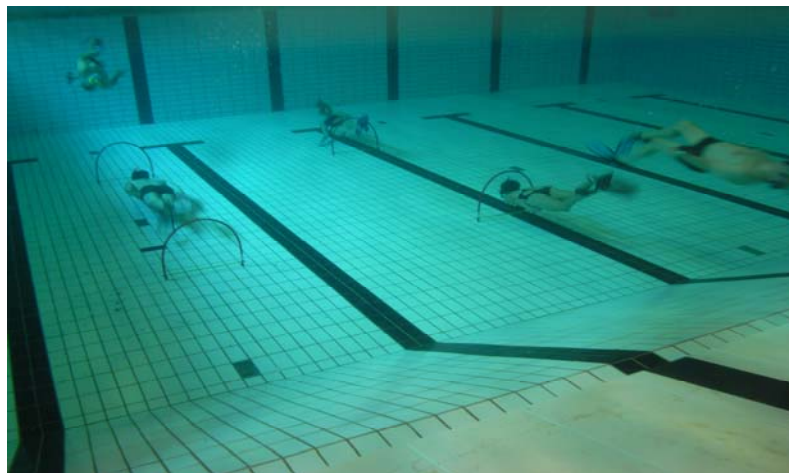
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Also the last year was a satisfactory year for the snorkel group. The participation was again very constant; this is likely also the consequence of the relaxed and friendly atmosphere in the team.

The snorkel activities are in particular aimed as a keep-fit training.



The exercised are performed as group activity under the lead of one of the group members. The participants are a group of enthusiastic people, some participate to maintain there condition as divers, others enjoy the exercises more in support of general fitness. Nevertheless the basis for the training is freedom to participate in the individual different exercises.



The snorkel group is a stable group of ESSAC members, most participants are there every week. But also this group has lost some members as result of retirement and

move to there original homeland or studies outside The Netherlands, as such we had seen our friend Stephanie and Kevin Bennett as well as Chantal Macleod-Nolan leaving The Netherlands.
Thereby also the snorkel group looks forward to welcomes new participants.



Wim van Leeuwen
ESSAC Snorkel officier.