

Report snorkel group officer

AGM 2008

Also the year 2007/2008 was a satisfactory year for the snorkel group. We have more or less the same group of friends as in the previous years. Nevertheless also the snorkel group will welcome the participation of more existing ESSAC members or new members.

In 2007/8 the participation was less constant; in particular during the December and holiday periods we had lower levels of participation.

The snorkelling activities are performed as a group activity, however nothing is a must, every body can participate to his or her level and condition.

The snorkel activities are in particular aimed as a keep-fit training, this for qualified divers as well for non divers. The exercises are performed as a group activity under the lead of one of the group members. The exercises include swimming on the water surface as well as under water, such as duck-diving", "Through the Loop diving" and swimming using different strokes.

On Saturdays we share the pool with the dive training



Wim van Leeuwen
Snorkel group officier