

Strengthening

PEOPLE, FAMILIES & COMMUNITY



Serving Southeastern New Brunswick
Au service du sud-est du Nouveau-Brunswick

A United Way Member Agency

Family Couple and Individual Therapy

Professionally trained therapists meet with families and individuals who want to solve problems involving communication, marital conflict, alcohol or drug abuse, separation or divorce, parenting, emotional stress, family budgets, and a wide range of other issues. The service is confidential and fees charged are based on income.

Employee Assistance Program (EAP)

Men and women with personal and family problems are often employees whose difficulties affect and are affected by the workplace. Recognizing this, Family Service Moncton regularly cooperates with employers and unions in establishing effective assessment, referral, and treatment sources. Inquiries from management or union representatives about how E.A.P. works, or about establishing service contracts, are welcome.

Family Education

The Family Education program helps families deal with the many challenges of contemporary family living by offering a variety of workshops, presentations and evening courses. In a supportive atmosphere, participants can share their experiences, learn new skills and receive up-to-date resource information. The program is regularly updated to meet the community's needs for support and education. Please inquire about the areas that match your interests:

Parenting • Teenagers • Aging
Family Budgets • Couple Communication
Stress Management • Assertiveness

... or make a special request!

Option: Family Violence Services

The physical abuse of a woman by a man in the home is a widespread (1 out of 10) social problem in Canada. "OPTION" is a service directed to these families, offering experienced and confidential group, individual, and family treatment.

Consultation and Training

Social workers, psychologists, clergy, teachers, other professionals, students and volunteers all use the resources of Family Service Moncton. Workshops, short courses, and seminars are organized to deliver information and develop skills in counselling, family therapy, interviewing and to help workers become more familiar with issues and problems faced by families.

Professional • Confidential • Bilingual

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United Way of Moncton Region, Donations, Fees



Family Service Moncton Inc. is committed to building strong individuals, families and community. Operating since 1974, the agency is a registered charity controlled by a Board of fifteen volunteer Directors. Family Service Moncton delivers its professional programs to people from all walks of life.