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## TOM BALLEES

Tom has over twenty years of study and practice in the Chinese wisdom traditions. A practicing acupuncturist, Tom is a Distinguished Lecturer at the Tai Sophia Institute for the Healing Arts in Laurel, Maryland and the author of *Dancing With The Ten Thousand Things: Ways to Become a Powerful Healing Presence*.

In 2001, he co-created and delivered a year long program for educators called *Awakening Community and Spirit in Education*. In response to a growing demand, Tom is now offering programs in team building, leadership, and management training based on materials from his book. Tom can be reached via his web-site: [www.tomballes.com](http://www.tomballes.com).

## ALLYSON JONES

Allyson is the Dean of Students for the Applied Healing Arts program at the Tai Sophia Institute for the Healing Arts in Laurel, Maryland. She is a practicing acupuncturist and also practices as a clinical social worker, teaching the SOPHIA (School of Philosophy and Healing In Action) principles to corporate and nonprofit clients through workshops and seminars.

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This dynamic and interactive workshop has the ability to influence the way you relate to others and to yourself. Learn skills to help yourself set priorities in the context of oneness with others, without opposition and judgment. Redefine your fear and your courage, your upsets, your relationships, your career, your life, your future as well as your health.

Based on ancient wisdom and anchored in the modern world, you will leave the workshop with at least 20 practical skills to use immediately. These skills are powerful, effective, and broad based. Executives use the skills during business meetings, teachers use them with their students, health care providers use them with their patients, and teenagers use them with their parents. With compassion and enthusiasm, thousands of participants are creating more ease and less suffering for themselves and those around them.

Redefining Health is a workshop that addresses life's questions and puts the unknowing in a context that is at once simple and profound. Participants from around the globe have reported that this program has influenced their lives by giving them an empowering, effective framework for daily living.

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Learn how the wisdom of an ancient philosophy can be applied to improve your life now.

Here's what some prior participants say about Redefining Health:

*"It redefined the way my family works and the way I conduct meetings."*  
Sherrie Black, Attorney

*"Life transforming."* Cathy Schwarz, Psychotherapist

*"A mind stretching program with endless applications."* Anonymous.

If you have any questions about this workshop, please contact Natalie Lawrence at (506) 857-3258 Ext. 33 or at [nlawrence.fsmoncton@rogers.com](mailto:nlawrence.fsmoncton@rogers.com). Natalie is a student in the Masters of Applied Healing Arts program offered through the Tai Sophia Institute and will be helping to present this workshop.

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## REGISTRATION FORM

Name & Billing Address:

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Telephone #:

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Employer:

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Profession:

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Payment in full is necessary to  
guarantee your space.

Family Service Moncton  
120 High Street  
Moncton, N.B. E1C 6B5  
Phone: 506-857-3258 Ext. 33  
Fax: 506-858-8315  
E-mail: fsmoncton@rogers.com  
For Office Use:

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## Workshop Fee:

Before September 9, 2004 - \$210.00  
After September 9, 2004 - \$230.00

NOTE: No refunds will be made for  
cancellations received after September  
16, 2004. Prior to that date, there will  
be a \$25.00 administration charge for  
refunds.

Registration is on a "first come" basis.  
Payment in full is necessary to  
guarantee your space. Mail completed  
registration form with cheque or money  
order payable to:

Family Service Moncton  
120 High Street  
Moncton, N.B. E1C 6B5

Visa or Mastercard is also accepted.  
Please provide card # along with the  
expiry date and name of card holder.

Participants are responsible for lunch  
expenses. Registration fee includes all  
workshop materials and refreshments.  
Free parking is available on site.  
**Registration is at 8:30 a.m. Workshop**  
**will begin promptly at 9 a.m. each**  
**morning.**



Presents:

## REDEFINING HEALTH

A Workshop for  
Spirit, Mind & Body

A Two Day Workshop  
featuring

**TOM BALLEs, M.Ac., L.Ac.,  
Dipl.Ac.**

**ALLYSON JONES, M.Ac.,  
LCSW-C**

October 7 and 8, 2004  
9 a.m. to 4 p.m.  
Ramada Plaza Crystal Palace  
Moncton, N.B.

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