

The Official Newsletter of the Glendowie Boating Club (Inc)

October 2006 2006/2007 Season Issue 6

THE ARROW

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Commodores Column

1 This is my last column as Commodore. It has been an enjoyable 2 years. I would like to thank the committee for their unfailing commitment to the club and their enormous support to me.

I would like to thank those standing down from the committee. Michelle Chapman who was Club Captain and a member of our fundraising committee and Elizabeth Andrews who co-ordinated the Noumea exchange.

Congratulations to Brian Peet who has taken over the role of Commodore. Many of you will know Brian has a long family history with the club. Brian won the Starling Nationals in 1973 and the Canadian Tornado Nationals in 1982. He is on the committee that drive the starling class in New Zealand and is a class measurer. Brian is currently our starling convenor and coach.

- 6 Congratulations also to Rob Craigie who has kindly stepped up to the mark as Vice Commodore. Both Brian and Rob are experienced sailors, they will make a great team.
- 7 During my time as Commodore the fundraising committee have secured funding for stage one of the new building. New RIB's have been purchased and we have had nu-
- 8 merous outstanding achievements in both local and international regattas.
 The focus for the club now needs to be continuing to attract new members and secure
 funding for the remaining stages of the new clubhouse.
- 9 Infolding for the remaining stages of the new clubhouse. I look forward to my new position as Board Sailing Convenor. This is an exciting addition to the classes at GBC and one we see has potential in offering new entry level and sailing options for teenagers.

Dates to Diary

23 rd - 30 th Jan 2007	Starling Nats at Nelson Yacht Club	
26th- 31st Dec 2006	Pre Worlds 420's	
1st –11th Jan 2007	420 Worlds Takapuna	

Tom Kool

Commodore From the Sailing Master

Here we are, late October, and the season is well underway with lots happening in all areas of the club.

Special mention must go to Tom Kool for his energy and effectiveness in organising the introductory sailboarding programme over the school holidays. These were very well attended and everyone seemed to be enjoying the opportunity to learn the basics to boardsailing, and it is heartening to see most participants are continuing with additional coaching in subsequent weeks. This initiative has clearly struck accord with both GBC sailors and many of their friends. If you or someone you know wants to find out more about sailboarding, they have only to ask at the club.

On the water we have had some good spring sailing – a little boisterous but nonetheless exciting. The first joint sailing with BBYC was on a fresh day and special mention must be made of the efforts on Holly Novis and Andrew Todd who both stepped up to the Opti Open fleet, and the Starling sailors who were to the fore in all races. The Up the River Race, which was scheduled earlier than usual, had a good turn-out and all sailors had a blast in a very fresh SW'ly.

And while we have been toughing it out 'on the river', Ashleigh Lamberg has been doing some hard miles (Lloyd had the good fortune to tag along to carry the bags) in attending a coaching clinic in Peru and also has been experimenting in a P Class too.

Looking forward, the Opti North Island Champs will be in Taupo on 18/19 November and the GBC Spring Champs are only 6 weeks away – hopefully we will see all our young sailors, and a few Arrows too, on the water regularly in the next few weeks.

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We also wish club members Ben Lowe, Paul Nichols, Francisco Lardies, Simon Stanley-Harris and Josh Impey the very best in their preparations for the trials to select the NZ team for the 420 World Championships to be held at Takapuna in January 2007.

David Glen Sailing Master

Report

The LTS squad has come together nicely over the first two weeks with the high winds forcing a couple of classroom sessions and opti rigging practices. Hopefully we will have the opportunity to get on the water in the very near future.

For the rest of the club's information, 'the sailors of the future' and current LTS squad comprises

Tim Kralj Ben Laverack Rebecca Dreadon Stephanie Kirkman Zeki Saldiray Katie Todd Leyla Kumble "Mightyena" "Wubba Ducky" 4040 Lunchbox

I urge all club members to extend our usual warm GBC welcome LTS sailors and offer them any assistance as they learn the ropes in the optis and about the club.

David Glen LTS Instructor



We often wonder what happened to last year's LTS squad.

Reflecting on the 2005 class, we have succeeded in retaining a good number within sailing and the club.

In the LTR fleets (both Opti and Starling) are Craig Mathieson, George Novis, Laura Hadfield, Logan Watson, Nik Erikson, Russell Wilson, Simon Powell, Tim Kralj, Brittany Chamberlain and Billy Stanley-Harris.

Chris Boyd is among the large number of GBC sailors and friends learning to master the sailboard so we hope to see Chris back at the club this summer too.

David Glen LTS Instructor

Sailling Opportunity

Here's a great opportunity for anyone wanting to learn more about sailing. No experience is necessary. An ideal chance for siblings of those already sailing. The Arrow fleet currently require 2 forward hands for Arrows to sail with experienced sailors please contact John Woodyear-Smith ph 528 4986 email johnws@xtra.co.nz



Left: Arrow forward hands a great learning opportunity for young sailors, to sail with an experienced sailor



Above: Visitors on opening day being taken for a sail in an Arrow by a camera shy Logan enthusiast

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Optimist News

REPORT FROM ASIAN OPTIMIST CHAMPIONSHIPS HELD FULUNG, TAIWAN 27TH JULY 2006 – 5^{TH} AUGUST 2006

The New Zealand Team comprising Scott Barnes, Ashleigh Lamberg, Sam McKenzie, Wade Tresadern, Michael Rodgers and coach Andrew Wills arrived at the Regatta venue in good shape and were able to turn their body clocks around quickly.

All of the competitors from the 15 nations entered, their support crews and the regatta officials were housed in a Hotel some 10 minutes bus ride from the Fulung Sailing Club. Fulung is situated on the north east coast of Taiwan approximately 1:5 hours drive from Taipei City. The spectacular coastline is dotted with small relatively poor fishing villages.

Measurement day had its moments for the New Zealand Team as previously compliant sails were rejected for minor misplacement and sizing of numbers amongst other minor issues. Persistence and commonsense finally prevailed.

Scotty and Ashleigh's Guileitti masts were rejected as the bands and preventors were said be out by 10cm! When it was suggested that they put the mast in the jig the other way around they complied!

The sailors had to launch off the beach through breaking waves which early in the regatta were running at 2-3 feet high. With off-shore winds throughout this saw some challenging moments especially on the return to the beach. The first three days of racing were held in fresh (16-22 knots) shifty conditions. The course was set close in and parallel to the beach. With surrounding hills rising to some 300 metres winds funnelled down the valleys making conditions tricky especially at the top of the course. Throughout the regatta there was a strong tide running through the course of some 2-3 knots and its direction changed between races.

The Singaporean, Malaysian, Chinese and New Zealand teams dominated the first third of the fleet. Based on the results after 8 races the New Zealand team was ranked 4th going into the Teams Racing. The Teams Racing was attempted on day 4 but a front gusting well in excess of 30 knots put everyone back on shore for the day. Several sailors were rescued leaving their boats behind to be eventually recovered and delivered back to the Regatta HQ by truck. Teams Racing was rescheduled for the lay-day with breakfast at 5:30 am to be on the water for the first race at 8:00 am as they were expecting another day of strong winds. Unfortunately the New Zealand Team were out by the third round. The top three teams, Singapore, Malaysia and China went into the finals and was eventually won by China. Finishing early meant the team had time to travel by train to Taipei City to explore the sights.

Final four races were held in softer but still shifty conditions and on the last day, race 12 was abandoned due to the lack of wind and a 2-3 knot tide making it impossible to meet the time limits.

Final individual results saw Sean Lee hot from his win at the North Americans take the title. Scott Barnes finished 14th, Ashleigh Lamberg 20th, Wade Tresadern 21st, Sam McKenzie 24th and Michael Rodgers 29th. All in all it was a very pleasing result for the New Zealand Team against the reality of the top three teams being professional full time sailors fully funded, travelling to five or six regattas a year with entourages comprising coaches, physio-therapists, dieticians, and in the case of the Malaysians a sports psychologist.

As in the past, the Kiwis outgoing personalities were warmly welcomed and many new friendships were made. This is a world class regatta attracting some of the best Opti sailors in the world and we have been invited to attend the 2007 championship which will be held in Bali. I would recommend that we again send a team of five with at least one girl in the team and it is imperative that the team travel with a coach.

Results and extensive photos can be seen on the Regatta website at www.sailing.org.tw/ioda2006- asian/index.

Report by Lloyd Lamberg

Right: "On the run" NZL3770 Ashleigh Lamberg At the Asian Optimist Champs, Fulung, Taiwan 27th July-5th August 2006

NB. George Kool also represented NZ, at the North American optimist champs in Peurto Ricco sailed in July. Article to follow in next edition.



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Starlings

The season is now well underway for our Starling sailors. Despite some of last year's participants moving on to 420 campaigns, or simply deciding to hang up their sailing gear, we have maintained a core of experienced members in our fleet. In addition, a number of Opti juniors will be joining us as the season progresses. It is always nice to see new faces coming into our ranks and we hope they all make a successful transition to boats with sharp bows !!! This year we will also see a number of new sailors starting in Starlings for Learn to Sail and Learn to Race. This will provide challenges for all involved and Dave Glenn and Steve Sharpes will be handling this process. It is important for parents to ensure the Starling sails have reefing points so sail area can be reduced for windier days. It is also important that the boats are fitted with large rudders to make controllability easier. It is also envisage that after Xmas we will have additional Starling fleet coaching available to support the new members in the class.

The Winter Champs at Murrays Bay was the first away regatta, with Vinnie, Bobbie, Tom, Hamish and Jake entering. Conditions were a bit of a mixed bag with a number of races sailed in very fresh northerlies. Vinnie sailed well to finish as top GBC boat in 9th place. Everyone learned from the experience and this was demonstrated the following week at the Torbay Regatta with another strong representation by Vinnie, Frankie, Tom and Hamish. Vinnie won this regatta. The following week the Manly Regatta was sailed in 15-25 knot south westerly. In a demonstration of powerful, supurb sailing Vinnie won every race by a comfortable margin. Bobbie, Tom, Hamish and Emily all had good performances and each sailed some of their best ever races. It was pleasing to see the performance improvements made by our GBC team.

An addition to the Club fleet was made on opening Day with the launch of the Starlet. This is a Starling hull with a smaller main and the addition of a jib, resulting in the same sail area as a Starling. Des Townson kindly designed the rig and has taken an interest in the development of the boat by coming down and checking out it's sailing characteristics. The boat is aimed at the Opti learn to sailors who would rather sail with a friend than be on their own. Hollie Novis and Catherine James did the honours and showed the concept will have a definite place in our sailing programme. Other clubs have indicated an interest, so it will be interesting to see how far the idea spreads.

The North Island Regatta at Napier over Labour Weekend will be the next big event with six entrants from the GBC. See next Arrow for report on results.

Brian Peet Starling Convenor



Above: The Starling fleet on opening day Right: Hollie Novis and Catherine James enjoy the first outing of the Starlet on Opening Day. This rig specially designed by Des Townson, for the Starling allows 2 young sailors to enjoy sailing together. A great experience for those that would rather sail with a friend than in a one man boat.



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Another Season is now upon us upon us and there are some positive things on the Arrow horizon. We have a number of boats for sale and several prospective sailors interested we may get bigger fleets on the water.

The GBC Open Day saw several people with young children show an interest in 2 handed sailing and the Arrow and GBC appeared to fit the criteria they were looking for. While I opted for the easy job along with David Glen (yes, in an Arrow) taking a number if visitors for a sail, the Opening Day race was held.

Past member Craig Robinson and his young son Josh sailed Alibi and gave Stephen and Andrew in Blue Streak a serious challenge. The wind strength of 10-5 knots provided an early season challenge for Blue Streak along with some fun sailing using a spinnaker while Craig showed his sailing ability to be very close at the finish.

Several other boats also had an airing, Nik Novis has been incapacitated with an archilles injury so David used Auklet. Chloe Lowe with Brittany Chamberlain and Francesca Dorman took out Archimedes and found that Arrows and Optis have something in common – when they fill with water, there is a lot to bail out! Too much laughing prevented them from completing the course. Great also to see Ian Parkes back in Alpha on the water.

Last weekends sailing only had 2 Arrows on the water, myself in Aronui and Ian was back for another go in Alpha teaming up with a friend. I think this was the first time the spinnaker has been out of the bag – well done, keep it up.

Pre season there was a meeting of owners which highlighted areas that need addressing to encourage more boats on the water. A revised sailing program being one of the most



Chloe Lowe, Brittany Chamberlain and Francesca Dorman on opening day enjoying themselves in Archimedes.

important outcome along with a variety of race formats. There are now considerably less Arrow sailing days so keep the previously emailed program handy to refer to. No point turning up and being the only one there! Something to consider. It has been a number of years since the Arrow Class participated in the Auckland Anniversary Regatta. Maybe 2007 could change that. It's a great day starting with sailing from GBC to Kohi as a fleet then 2 races with lunch in between and sail home. Check your calendars, it would be great to get 6-8 boats there.

Finally as a Past Commodore, I would like to congratulate the appointment of the two new Flag Officers. Brian Peet has taken over from Tom Kool with Rob Craigie as his Vice Commodore. Lets give them all the support we can.

John Woodyear-Smith Arrow Convenor





Above: All in the name of fun everyone took to the water on Opening Day. Dave Glen enjoys a spin with young visitors. Left: There is always a prize for the forward hand.

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Our three GBC 420 crews are now heavily into their summer training schedule with training on Monday, Wednesday, and Friday under coach Geoff Woolley. Geoff has just returned from the 470 Worlds in China where he finished a creditable 20th.

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The 420 crews of Paul Nicholls/Ben Lowe, Frankie Lardies/Simon Stanley-Harris and Kane Illingworth/Josh Impey are also racing on Saturdays and Sundays, mostly off Takapuna, the venue for the forthcomimg 2007 Worlds.

The Winter Champs at Murrays Bay on the weekend of 29 and 30 September was the first big regatta for the GBC crews giving the boys a chance to test their skills against the competition including current world champions Carl Evans and Peter Burling.



Above: All three crews training off Takapuna Left Below: Paul and Ben Crossing Frankie and Simon at training





Below: Despite the fact their training is based at Akarana it was great to have the 420'S join in on Opening Day



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Two photos Above: Opening Day saw the Race Officer improvising for a 420 start flag!

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Board Sailing

The arrival of a new class in Glendowie Boating Club has been heralded by 30 sailors attending an introductory 3 day progamme during the recent school holidays.

This was held in conjunction with the Bucklands Beach Windsurfing School.

By all reports the Sailors had tremendous fun.

At a recent meeting of five clubs it was agreed to use commercial windsurfing schools to supply the equipment and undertake the basic training. Once the sailors have reached a level of competency whereby they can sail a techno 293 with harness and foot straps in a variety of conditions they are handed back to the clubs for ongoing training.

We have encouraged sailors to learn with a friend as we are keen to stress the social and fun aspect of sailing. The club has received a discounted rate for the recommended Techno 293 board.

I look forward to the development of this class in the club.

Tom Kool BOARD SAILING CONVENOR



Left: Sam takes a beach session before everyone has a go on the simulator Right: Bucklands Beach offers a perfectly safe venue for those learning to Board sail. Once competent they will learn further skills at GBC and join in the weekly Sunday activities

Background Information on Board Sailing at Glendowie:

Over the September school holidays GBC organised 2 Board Sailing courses in conjunction with Sam Rundell from Bucklands Beach Windsurfing School, off Bucklands Beach. The feedback on the holiday programme has been good. 30 sailors of mixed abilities participated with Luke Glen being so keen he did both courses! Training is now aimed to coincided with GBC Club sailing for the rest of Term 4. Sailors will be ferried across to the Bucklands Beach Windsurfing School by rib for their lesson, with arrival back at GBC aimed to coincide with prizegiving and end of day sausage sizzle.

The aim of linking with Bucklands Beach Windsurfing School is to teach a wide range of windsurfing skills including, up wind sailing, tacking and gybing, harness use, foot strap use, using the sliding mast track on the techno 293, sailing a triangular course, beach starts/water starts, high wind/planing windsurfing, safety and recovery, correct windsurfing conditions. Once the course is completed the students will be able to Windsurf/ Race confidently and safely at Glendowie Boating Club. The coaching students will receive later at GBC will be on racing skills/ tactics. This is a great opportunity for new members to join GBC as well as providing a new class for our current members.

People who are keen on windsurfing but have not windsurfed before should arrange a private lesson to get up to the level of the other students, and then join in with one of the groups. Numbers permitting it may be possible to organise another post exam "block course" for those students not able to take part in Sunday training during the rest of Term 4.

Any questions please contact Tom Kool, Phone 524 6084 or email tom.kool@xtra.co.nz

Background information by Nicky Elmore

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Our website is constantly being updated. We encourage you to use it to keep up with Club Activities. http://www.geocities.com/gbcyachting/

- The Arrow Club newsletter
- Sailing Programme
- Club Results now being posted regularly
- Resail the place to buy and sell boats
- Notices of Race
- Regatta resullts where GBC sailors have competed
- Useful links weather forecasts etc

To contact the webmaster Steve Sharpes, email <u>Steve@quilting.co.nz</u>





Left: Starlet launch on Opening day

Right: The versatile "New Commodore and Son" play Piemen on Opening day



Above: Rigging on the beach on Opening day





Above: Yes girls the sausages will be ready any minute now, just as soon as we figure out how the new BBQ works, perhaps you'd like a pie in the meantime?



Above: Sailors listen enthusiastically to briefing on opening Day

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Left: Starlet sailors on Opening day, Andrew Todd is on the helm with his sister Katie Todd as forward hand (her first time out). Though it was quite fresh they handled the boat easily and Andrew said it felt really easy to sail. This was his first experience outside of an Opti.

> Left: Chase boats on duty on Opening Day Watch this space for our new Chase Boat featured next issue of the Arrow

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Above: "Honestly he won the Auckland Champs in his Starling", the Commodore tells the Club captain, despite his taste in shoes!!!" Ben Lowe with his trophies at GBC Prizegiving

Glendowie Boating Club (inc)

Editors Note

Please email editor

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Any interesting stories and photos?

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