

NEWSLETTER - MARCH 2001

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JUST A FEW MORE SUBBIES AND INTERMEDIATES PLEASE

Could everyone **please** ask around your community circles if you know of any little girls aged 7-9 that would like to join out **Sub-Junior** section or any **Intermediates** aged 13-16 that would be interested in joining us. You would be surprised how powerful word of mouth can be. So please ask friends, work mates, couplings, aunties, and school friends if they are interested. Invite them to come and see for themselves how rewarding our sport can be.

THANK YOU - THANK YOU - THANK YOU - THANK YOU

Thanks must go to **Regina Napoli** for organising the Norland High School Hall for the Solo girls to have their mock competition practice

Thanks also to **Sherree** and **Liz Reed** for their expertise in adjudicating at the mock comp. Their comments were extremely helpful and much appreciated. I'm sure the girls gained valuable knowledge and were better off for the experience.

Thank you to **Regina Napoli** and **Regina Napoli** for being the writers for the Judges. I'm sure they learnt that it is not as easy as it looks to be a writer.

THANKYOU EVERYONE INVOLVED, FROM THE SOLO GIRLS

Another big thankyou to **Rhonda and Bill Brebner** and **Marissa & Peter Shanahun** for transporting most of our valuable Props from Lara to Mt Duneed. It was a huge job and we thankyou most sincerely.

We are very grateful to **Marissa and Peter** for allowing us to store our props in their large shed. We have gained so many over the years that it is always a problem of where to store them. Thankyou for your generosity.

CONGRATULATIONS - CONGRATULATIONS - CONGRATULATIONS

Well done to all the **Solo girls** who have performed so successfully at their recent competition.s They have done themselves and their respective teachers proud. The results of their efforts have been pinned on the notice board in the **Mother Room**. Please make a special effort to congratulate them when you see them next.

Congratulations must also go to the **Solo Teachers** who have put their heart and soul into the girl's routines. For some of these teachers it was their first experience coaching Solos.

Well done to all concerned,
From the Committee of the Geelong Calisthenics Club

MORE SOLO NEWS

Paying for Solo's is a private arrangement that is a separate entity from Calishtenics class Fees. Could anyone that has not finalised their payments for Solo's please speak to teachers involved as soon as possible. Also if anyone has hired solo costumes could they please speak to the respective lenders regarding payment.

SUB-JUNIOR SONG AND ACTION

Does anyone have a **3-wheeler bike** that may be lying around in his or her back shed? One with a tray on the back would be ideal. If anyone has one of these tricycles and would be willing to lend it to us for this year, please let **Cheryl Larkin (52 292444)** or **Maree Brusaschi (52 554471)** know as soon as possible. **THANK YOU**

MISPLACED GREASE LIGHTNING CAR

Someone has borrowed our Grease Lightning Car and has not returned it. Would they please **return** it as soon as possible.

SCHOOL HOLIDAYS

It is very important that you let your Duty Mum know if you will be away during any of the School Holidays, especially the September Holidays. We need to know so we can finalise competition entries.

WARM UP VIDEO

The Calisstenics Victoria Inc video has been developed by qualified physiotherapists and experienced calisthenics people and is an exercise regime where you work with the video.

We coaches have viewed the warm-up and strengthening video and feel that it would be very beneficial to all girls (and other members of the family) to put it on at home so that it would increase flexibility and strength.

Cost \$30.00. Please send cheques directly to:

please

Please ask for the "Warm-up and Strengthening Video".

CAMP WILKIN ANGLESEA

I must apologise for putting the wrong fee for Camp Wilkin in the last newsletter. It should have read:

Sub Juniors= \$65.00 **Second Child**= \$60.00

All Other Sections= \$75.00 **Second Child**= \$70.00

Please be advised that **only Mum's** with official duties (ie, Duty Mums, Teachers or Committee) are invited to attend Camp this year. We are very sorry to have to do this but due to increased costs of the camp we must account and pay for all who attend. We must abide by the rules of the camp and only girls that have paid for their lunch can be catered for. Sorry no siblings can be supplied with lunch.

However, all parents are more than welcome to attend on the Sunday after lunch to watch the girls perform their concert. This concert is always a highlight of the camp and gives the girls a great look at what the other sections are doing. For some of the Tinies it is the first time they have been able to perform in front of a live audience. It is a great experience for them and one that gives them more confidence as the year progresses. Please make every effort to attend this proud moment

FEES

A big **thankyou** to all families that have paid their first term fees. Our costs of hall hire, materials for costumes and sequins all must be bought at the start of the year. Having your fees paid on time makes our Treasurer (**Rhonda Brebner**) very happy so she can utilise this money. Having said that, there are still some **Intermediates** that **have not** paid their first term fees. **Please do so promptly**

UNUSED SEQUINS

Every year the club buys hundreds of dollars worth of sequins to make your costumes look fantastic. As you can imagine it is very hard to know how many sequins each girl needs for their costume because they are very hard to count. Usually more sequins are given than are needed to finish the costume. We must stipulate that whatever is left over be returned to the Duty Mums as soon as they have finished with them. This will cut costs immensely. So please look through your sewing draws and return any unused sequins.

GEELONG CALISTHENICS WEBSITE

If you would like to put anything of Calisthenics interest on our Web page please contact Rhonda Brebner (5243 1461) and she will be more than happy to put this on for you. Example: Any personal photos taken at Competitions or Displays. Make sure they are not professional photos, as we must not break the copyright law.

WEB SITE. www.lawindex.net/gcc/

Get surfing and keep up with the goss.

IMPORTANT DIARY DATES

EASTER HOLIDAY: No class for Tinies or Sub-Juniors on Saturday the 14th April 2001

ANGLESEA CAMP: 4th, 5th and 6th of May 2001

CONCERT (G.P.A.C.): 11th November, 2001 (Sunday)

NEXT GENERAL MEETING: 26th April 2001 (Thursday) at 7.00 pm