

GEELONG CALISTHENICS MARCH 2003 NEWSLETTER

Anyone needing Leg Tan please see Duty Mum. We only want to know numbers for ordering. There is a 250ml bottle for around \$10.00 and a litre bottle around \$30.00.

There are 5 smaller bottles available from Rhonda at the moment if anyone is interested.



Please note that next week is the last week for first term fees to be paid before the late fee is incurred. Also registrations must be paid or your daughter will not be covered if anything should happen whilst she is at the hall.

We had our AGM last night and thankyou to all those who attended. The teachers reports will be tabled in next months newsletter. A copy of the treasurers report is up on the noticeboard in the Mums Room.

We are pleased to announce that Debbie O'Shannessy will be our President, Cheryl Bernard will be our Vice-president, Rhonda Brebner our Treasurer, Carol Hepburn Secretary and Janet McLean and Sheryl Hovey Assistant Secretaries.

We would like to thank Cheryl Bernard for her wonderful job as President over the last couple of years. It can be quite a thankless task at times and there are some awkward decisions to make. Thankyou to all our other office bearers, committee and teachers for the time and effort that they put into the College. We could see by the wonderful results last year, it is all worth it.

Another lot of thankyou's to those that helped with the clean up of the Mothers Room, a small band who did a wonderful job, special thanks to Rhonda Brebner for bringing in her truck to cart away quite a bit of unwanted materials and junk!

Just a note that T-Shirts are now available to purchase through your Duty mum.

Thanks to Kerry Callahan for the organisation/buying and screen printing of them all.

Tinies – Jnrs Sizes 6 – 10 White \$12.00. Inters – Snrs Small/Med Red \$17.00.

*Just a note could anyone that moves tables in middle room for solo practices/ whatever, please put back as found – do not leave it up to someone else to do –
THANKYOU*

Could all girls that are interested in doing levels please see Donna Argent as soon as possible.

Please note that Level 1/grd 1 will be done at the end of the year in Melbourne. Also the Grade 3 will be around June and also is in Melbourne. It is imperative for girls that are doing solos next year, to make sure that you have completed the correct level or you can not compete.

For those that are not sure of levels, it is a requirement from CVI that all girls that compete in solo competitions must also complete a certain grade of level.

Levels is a great way to learn correct technique, grace and steps by our teachers and also by way of a video and then to be tested at a certain time and given a certificate if you pass a certain mark. Great for girls that are new to the club.

	<u>RECOMMENDED AGE</u>	<u>SOLO REQUIREMENT</u>
Test 1	6 yrs	8 yrs
Test 2	7 – 8 yrs	9 yrs
Test 3	9 – 10 yrs	10 yrs
Grade 1	10 – 12 yrs	11 & 12 yrs
Grade 2	12 – 14 yrs	13 yrs
Prep Grd	13 – 15 yrs	15 yrs
St. Grd 3	13 – 15 yrs	n/a
St Grd 4	15 yrs	n/a
Grade 3	14 – 16 yrs	16 yrs
Grade 4	Min 15 yrs	17 yrs (+80% Aes/Dance)

Bronze/Silver/Gold Min 16/17/18 years respectively.

HOLIDAY PRACTICES

Please remember to let your Duty mum know if you are going to be away for any holidays – so the teachers can organise what competitions to enter.

Easter holiday times are:-

April 17/24 Inters 3 – 7.30 Thursday

April 16/23 Jnrs 3 – 7.00 Wednesday Seniors 6.30 – 9.30 as normal.

Tinies and Sub Juniors there will be no practice on Saturday 19th April.

All other weekends and days will be as per normal.

DATES:

CAMP Sub-Jnrs to Intermediates 24th May (Snrs/Sub Jnrs \$55.00)

Seniors 31st May (Int/Jnrs \$80.00 – Forms out next month)

The camp will be held at the Recreational Camp in Anglesea.

DRESS REHEARSAL: 12/13 July (Venue to be advised)

CONCERT REHEARSAL: Saturday 15th November

(CONCERT PRACTICE Sunday 16th November 2 p.m.

Please note Next Meeting will be on Thursday 1st may 7.30

I hope everyone has a lovely easter and lots of lovely chocolate.

