"Quillow" from Troop 766 Girl Scouts of Santa Clara Valley, California

It's a quilt, it's a pillow, it's a "quillow!"

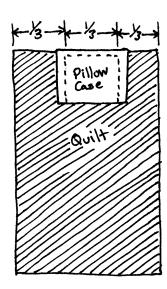
This is a simple sewing project that makes a quilt/blanket that folds up into its own pillow.

1. FABRIC

Polarfleece is ideal for both the guilt and the pillow case. Polarfleece doesn't fray so you don't have to bind any edges or finish any seams. Your pillowcase can match your quilt, or can be in a contrasting color.

QUILT - Dimensions aren't too important. Use the full width of the fabric off the bolt for the quilt, and make it as long as you want.

PILLOWCASE - The pillow case width must be 1/3, plus 2", of the width of the quilt. The pillowcase length isn't too important, just make it the same as your favorite bed pillow.



2. SEWING

Sew the three sides of the pillow case as shown in the top picture, 1" from the edges. Leave the bottom side open.

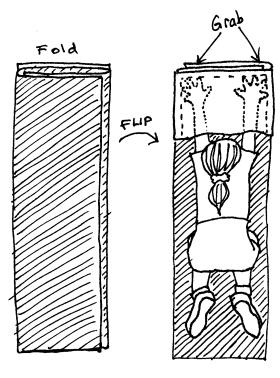
3. FOLDING

With the pillow case side DOWN, fold the quilt into thirds.

FLIP it over so that the pillowcase is up.

REACH INSIDE with your hands and GRAB all the layers of fabric in the corners.

TURN IT INSIDE OUT. (Our model will have to get off the quilt to do this step!)



Folding continued....

With the pillowcase side UP, fold the quilt up. We show ours folding into fourths, but your quilt might fold better in thirds.

Finally, TUCK the quilt into the pillowcase. You're done!

