



Calgary Area Link

presents

"TAKING CARE OF YOU & ME"

April 26th 2003



Girl Guides of Canada Guides du Canada

Program

Welcome to the *"Taking Care of You & Me"* event!

It is a service challenge initiative put on by the National Link. Link in all areas of the country were challenged to do some sort of service around the theme of health. Calgary Area Link chose to put on this fair to help pathfinders and Senior Branches complete health related program challenges, as well as to bridge with and find out more about Link. We chose April as it is close to Global Youth Service Day and National Volunteer Week. We are here to help you, so have FUN!!!

11:30 – 12:00 Registration & Welcome

12:30 – 2:00 booths/activities

(Olave Room & Otters Den)

2:00 – 2:30 break (snack)

2:30 – 4:00 booths/activities

4:00 – 4:30 Closing & Thank yous

Drop by the Burns Room
and try Yoga with an instructor





THANK YOU TO OUR SPONSORS:

Alberta Egg Producers



Alberta Milk Board



Calgary Area Guide Shop

Calgary Youth Week



THANK YOU TO OUR PARTICIPATING AGENCIES:

Calgary Health Region, AADAC, WINIT, Go Girl, Women's Centre of Calgary, More Than a Body, Calgary Yoga Studio, Kensington Yoga, Kids Help Phone, CMH - Suicide Services, CBCA, Red Cross - RespectEd, Grace Women's Health Centre



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