Lexington Style





Region N

January, 2009

Lexington, NC

NC District

NC-A2

CHAPTER A2

GWRRA EXINGTON

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GWRRA

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Next Chapter Meetings January 6, 2009 February 3, 2009







From Your Chapter Director

Happy New Year!

Now that the holidays area winding down its time to start looking ahead to the New year. And with a new year we have some new things going on in the Chapter.

First, we have a new Chapter Couple – Bill and Deidre Sprinkle. They are very excited about being the Chapter Couple and we need to support them all we can in the coming year. Bill and Deidre already have a project they want to pursue this year. .Deidre is also our new Treasurer.

We have some things that we are going to continue into the new year. We are going to continue with the food drive we stated last year. This was a great success last year and I want to continue it as long as there is an interest in the chapter.

Another thing that was successful last year was the Ride-Coordinator-ofthe-Month. We got to go on a lot of new rides and see new things thanks to all the folks that chose a month to sponsor. Be thinking about what month you want this year.

Bill, Deidre, Gerry, Peggy and I will be attending the OPS meeting at the end of January. I'm sure there will be lots of information that will need to be passed back to the chapter. So on February 21 we'll have a Chapter Planning meeting to discuss ideas for the coming year, info from the OPS meeting, and anything else that may be of interest to anyone. So, mark your calendars! Until next time,

Randy D.



We would like to "Welcome "our newest members to the chapter --- Nick and Lynn Nicholson of the Reedy Creek community. We look forward to many miles and Smiles riding with you.

Chapter A2 is open to all visitors, come in and check us out and make A2 your new home. If you do not own or ride a Honda Goldwing or Valkyrie motorcycle, you can still join the Gold Wing Road Riders Association as an Associate member and become part of our Extended Family. We look forward to seeing you.

Red Velvet Cake

Fluff Icing

1/2 cup shortening	1 c buttermilk	1 cup milk
1 1/2 cup sugar	1 tsp salt	1/4 cup flour
2 eggs	1 tsp vanilla	1 cup sugar
1 oz red cake coloring	1 tbsp vinegar	1/2 cup shortening
1 oz water	1 tbsp soda	1/2 cup margarine
2 tbsp cocoa	2 1/2 c cake flour	

Cream shortening and sugar. Add eggs and blend. Add food coloring. Add water. Add cocoa. Blend. Blend in buttermilk, flour and salt. Add vanilla And beat until mixed. Mix vinegar and soda; stir in last. Preheat oven to 325 degrees. Pour into 2 (9 inch) cake pans or 3 (8 inch) cake pans. Bake 25 minutes. Cool

Flour and milk (Like making gravy) Stirring until thickened Cool

Cook in double boiler,

Beat sugar, shortening, margarine at high speed until fluffy. Add milk and flour mixture. Add 1 tsp vanilla, and beat.

Dottie's red velvet cake recipe







Stop the Machine!

"Did you see that car? He came from behind that 18-wheeler and ran the red light. I almost hit him."

Has this ever happened to you? Ever wonder just how fast you can stop your bike?

With a few good techniques and a little practice the answer is a lot faster than you think. The two main techniques are squeezing the front brake rapidly instead of grabbing it, and taking advantage of the weight shift to use even more front brake. The practice takes just a few minutes in a parking lot about three times a year.

As you start braking, about half your weight is on each wheel. If you apply both brakes hard without grabbing the front brake, your weight will shift forward and you can squeeze the front brake even harder, while you let up a little on the rear. It takes only about half a second for your weight to shift so you can add more front brake. It is because of this weight change that about 70% of your braking power is on the front. When all the extra weight shifts forward, the front tire gets harder to lock, while the rear gets easier to lock.

If you ever lock the front tire, release the front brake and come right back down on it. This is exactly the opposite of what you want to do with the rear if it locks. You can release a locked rear if you're perfectly straight, but if you've turned sideways and you unlock the rear wheel, you can do a high side—not something you do for fun!

A parking lot is the perfect place to practice-an empty parking lot that is. No need to terrorize the populace while they're trying to use the lot. Start out at 10–15 miles per hour. The techniques are the same for any speed, but you don't need as much room to practice in if your speed is lower.

When you go back to the streets, you need to add only one more technique—looking out for the other guy. If you're braking hard, this means checking your mirrors before you start to make sure you're not being tailgated. If you're in a situation where you might have to brake suddenly, cover both brakes to cut your reaction time to about half. This shaves a few feet off what by now is your already-impressive stopping distance.

Rain can affect your stopping distance more than it affects your technique. You can't stop as quickly in the rain. Because you can't brake as hard, not as much of your weight shifts forward. That means braking less hard overall and using a smaller percentage of front brake. Otherwise, techniques are the same.

Having some jerk with the brains of a carburetor pull out in front of you while you're turning around in a parking lot adds another factor—stopping in a curve. When this happens, straighten the handlebars and the bike. Then stop. Don't try to mix the two.

These few techniques and a little practice should get your stopping off to a good start. Ride Safe

Tim's Tech Tip



Everyone should be installing all that "Safety Chrome" that Santa dropped down the chimney!! Since we are working on the Wing anyway we could do some of those odd jobs that was put off during the peak riding weather. Also, if you may not be riding for a while during this time of the year, you may want to do some preventive measures to ensure that the bike is protected and ready to ride when the opportunity to ride



arises! I am guilty of letting my bike sit since the Butner ride, because of sickness and lack of time!! If the bike is going to sit for very long, here are some things we should do for our rides.

An oil change will get the impurities out of the engine, that could cause harm while sitting in there. For a longer down time a gas stabilizer, ran through the fuel system may be a good idea. If you start the engine occasionally, be sure to run it long enough to get the moisture out of the crankcase and exhaust system. Keep check on the water level in the battery while using a Battery Tender type charger, will have the battery ready. And don't forget to add some Decon around your bike to keep the rats from building a nest in your air cleaner. Tim Pennington

Thanks to everyone who came to GIFTS ON CYCLES.

We had some 135 people there and some of the chapters adopted some of the residents for 2009.

Chapters in attendance from Central

Chapter G = 25 members	N = 20 members	T2 = 18 members
H2 =16 members	A = 15 members	A2 = 11 members
X = 11 members	B2 = 9 members	R = 6 members
X2 = 4 members	W-0	M-0





A2 Chapter Couple of the Year

Bill & Deidre Sprinkle





Dear Friends, We are so excited about the upcoming year.

We are looking forward to continuing out chapter visitation and fellowshipping with old friends while making many new ones. The chapter will continue donating canned foods to the senior pantry of Davidson County. Each donor will receive a ticket per can, and as we did last year, we will have a drawing for \$100 at the end of the year.

We are looking forward to the chapter co-hosting the second annual "Ride for Angels" for Hospice of Davidson County. This ride will be July 18, 2009; rain date July 19, 2009. Please mark your calendars for this date. Lastly, as Chapter Couple, we would like to introduce the chapter to the work of the Horizons Residential Home Care located in Rural Hall. A representative from the Horizon Home will be our guest speaker at our January Meeting. We would like to ask the chapter to join us in making 2009 a better year for a 15 year old resident of the Horizon home named Christina. Christina has scoliosis and needs a new wheelchair which could cost between 8000 to 10000.

We would like to ask you to help us raise money to go toward this wheelchair. Christina also needs smaller items such as clothing etc. as well as to be remembered on special days such as holidays and her birthday.

We will be giving you more information in coming newsletters and meetings. In closing, we would like to thank you for giving us the honor and privilege to represent you as your chapter couple. You are a special group and we love you all.



Bill and Deidre

2008 GWRRA

A2 Canned Food Drive Results:

Total for 2008 810 cans of food

Can we make it 1,000 cans of food for 2009? \$100 Drawing in December for Canned Food Drive



Marshall Lanning was the winner of the \$100 at the December meeting.





A2 CARE BEAR LIST

Remember Our Sick Keep them in your thoughts and prayers

Don Pennington - Prostrate cancer Steve Deane Recovering from back Surgery at home Gerry Grotberg - Health Issues



A note from o	ur December Meeting
Members	28
Visitors	10
Ride Pot	\$18.00 Deidre Sprinkle
Vest Drawing	\$ 5.00 AC Pennington
50/50 Drawing	\$ 21.00 AC Pennington
50/50 Drawing	\$ 21.00 Roger Hatley - T2







2009 Wings Over the Smokies September 24, 25, 26 60's Theme

The NC District Staff cordially invites you and all your friends To come join us at the Agriculture Center in Fletcher, NC. From 12:00 AM on Thursday until 7:30 PM on Saturday

Fun, Safety, and Knowledge



July 2,3,4,5 – 2009 Tulsa, OK Please read the Wing World magazine for more details



Region N Rally News Come Join Us 15 Annual GWRRA Region N Appalachian Adventure Wingtobergest October 29, 30, 31 - 2009 Appalachian Fairgrounds Gray, Tennessee



NC District GWRRA Chapter Gatherings

CHAPTI	ER D	ΑΥ	CITY	TIME	LOCATION	ADDRESS
NC-A		Thu	Greensboro	7:30pm	Captain Bills,	6108 West Market Street (Route 421)
NC-A2	1 st	Tue	Lexington	7:30pm	Cap'n Steven's Seaf	ood, 4577 E. Hwy 150
NC-B	2nd	Thu	Goldsboro	7:30pm	Wilber's Barbecue,	4172 E. Hwy 70
NC-B2	2nd	Tue	Winston-Salem	7:30pm		od, 4881 Country Club Road.
NC-C	2nd	Mon	Charlotte	7:30pm	Golden Corral 9430	O South Blvd, Charlotte.exit 65Aoff I-485
NC-C2	1st	Tue	Smithfield	7:30pm	Parkside Cafe,	Pine Level, (off I-95 exit 97)
NC-D	1st	Thu	Greenville	7:30pm		Davenport Farm Road, Winterville, NC
NC-D2	3rd	Mon	New Bern	7:30pm	Golden Corral,	400 Hotel Drive
NC-E	3rd	Tue	Cary	7:30pm		aurant, 908 US Hwy 64 West, in Apex
NC-E2	4th	Thu	Elizabeth City	7:30pm	Golden Corral,	406 Halstead Blvd
NC-F	1 st	Sun	Jacksonville	3:00 pm	Marina Café at 110 S	5 Marine Blvd.,Jacksonville, NC 28540
NC-F2	3rd	<mark>Sat</mark>	Garner	<mark>9:00am</mark>	* Golden Corral Restau	rant, 1504 U.S. Hwy 70 E., Garner
NC-G	1st	Thu	High Point	7:30pm	Pioneer Restaurant,	10914 N.Main St. (Rt 311), Archdale
NC-G2	1 st	Sat	Waynesville	5:30pm	Arf's Restaurant, 4	352 Soco Road, in Maggie Valley.
NC-H2	3rd	Thu	Durham	7:30pm N		urant,3742 Chapel Hill Blvd,Hwy 15-501
NC-I	4th	Thu	Asheville	7:00pm		t & Bakery, 1000 Brevard Rd.
NC-J	1 st	Thu	Boone	7:00pm	Golden Corral,	187 Watauga Village Dr., (Hwy 321)
NC-K2 401)		Sun	Fayetteville	2:00pm		d Restaurant, 2816 Ramsey St. (Hwy
NC-L	3rd	Tue	Gastonia	7:00pm J	lackson's Cafeteria (Ake	rs Shopping Center), 1453 E. Franklin Blvd.
NC-L2	2nd	Sat	Mooresville	10:00am		20 Gallery Center Drive, Mooresville NC
NC-M	2 nd	Sat	Salisbury	7:00pm	Blue Bay Seafood,	
NC-M2	3rd	Sat	Hendersonville	9:00am	Quality Inn & Suites,	
NC-N	4 th	Thu	Burlington	7:30pm		eakhouse, 142 Graham Hopedale Road
NC-02	3rd	Sun	Hickory	5:00pm	Golden Corral,	1053 Lenoir-Rhyne Blvd (I-40 exit 125)
NC-P2	2nd	Tue	Forest City	7:30pm	Rollins Cafeteria (former	ly Scott's Restaurant), Route 74 Bypass
NC-Q	3 rd	Sat	Wilmington	6:00pm	Carolina Barbecue,	2703 N. College Road (Hwy 132).
NC-Q2	2 nd	Sun	Dunn	2:00pm	Pizza Inn,	1138 W. Broad St., I-95 exit 73
NC-R	4th	Tue	Thomasville	7:30pm	Loflins Restaurant,103	Sedge Hill Dr (Hwy 109 & I-85 exit 103)
NC-S	4th	Thu	Lenoir	7:00pm	Shoney's, 129 Wilke	
NC-S2	4 th	Sat	Sanford	<mark>12:30 pn</mark>	Down Home Buffet	at 1215 N. Horner Blvd. in Sanford
NC-T2	2 nd	Thu	Albemarle	7:30pm	Ryan's Steakhouse	, 625 E. Hwy 24/27 bypass
NC-U	2nd	Sat	Lumberton	6:00pm	Shoney's,	Roberts Avenue (Hwy 211)
NC-U2	4th	Sat	Laurinburg	7:00pm	Golden Corral,	US 401 Bypass North
NC-V	1st	Thu	Statesville	7:30pm	Captain's Galley,	I-40 exit 151 (US 21 North)
NC-W	3rd	Mon	Eden	7:30pm	Golden Corral,	1566 Freeway Drive, Reidsville
NC-W2	3rd	Thu	Jefferson	7:00pm	Smoky Mountain BBQ,	Hwy 194/Business 221, West Jefferson
NC-X	1 st	Sun	Wake Forest	<mark>9:00 am</mark>	Golden Corral,	11016 Capital Blvd. Wake Forest
NC-X2	4 th	Sat	Mt. Airy	2:00pm	Golden Corral,	2226 Rockford St. (Hwy 601 S.)
NC-Y	4 th	Sat	Morganton	7:00pm	Timberwood Restau	Irant, I-40 at Exit 106
NC-Y2	1st	Sat	Monroe	<mark>10:00 am</mark>		

* 1St Week * 2nd Week * 3rd Week * 4th Week * AM * PM * New Location

District and Region N Events

		Special Events calendar 2009		
		January		
January 1	Chapter F	New Year's Resolution Ride	Jacksonville	
	-	February		
February 28	Chapter C-2	Chili Cookoff	Smithfield	
J J J		March		
March 7	Chapter X	Spaghetti Lunch and Hot Wheels Race	Wake Forest	
March 21	Chapter H-2	Swap Meet	Mebane	
March 28	Chapter Y-2	Open House	Monroe	
Watch 20	Chapter 1-2	•	WOM DE	
A '1 4		April		
April 4	Chapter G	Johnny's Memorial Ride for Kids	High Point	
April 17-18	Chapter D, D-2, Z, C-2	Down East Rally	Morehead City	
April 23-25	TN District	Tennessee District Rally	Pigeon Forge, TN	
April 26	Chapter E -2	Poker Run	Elizabeth City	
		Мау		
May 2	Chapter G	Open House Asheboro Cycle Center	Asheboro	
May 3	Chapter E	Triangle Area Ride for Kids	Cary	
May 9	Chapter F-2	Team Powersports Open House	Garner	
May 16	Chapter Q-2	Funfest	Dunn	
May 22-23	Chapter U	Chicken Rally	Lumberton	
May 30	Chapter W	Pinto Bean Rally	Mayodan	
		June		
June 6	Chapter A	Yard Sale	Greensboro	
June 13	Chapter R	Care Bear Ride	Thomasville	
June 18-20	WV District	West Virginia District Rally	Summersville, WV	
June 27	Chapter A-2	Care Bear Ride	Lexington	
		July	0	
July 2-5		Wing Ding	Tulsa, OK	
July 18	Chapter A-2	Ride for Angels	Lexington	
July 10		(Hospice of Davidson County)	Lemigton	
		August		
August 6-8			Somerset, KY	
August 15	Chapter T-2	School Tool Ride Albemarle	Albemarle	
August 16	NC District Staff	North Carolina Chapter Couples Picnic	Burlington	
		September		
September 24-26	NC District Staff	North Carolina District Rally	Fletcher, NC	
		October		
October 8-10	VA District Staff	Virginia District Rally	Salem, VA	
October 17	Chapter S & Y	Poker Run	Morganton	
October 29-31	Region N Staff	Region N Rally	Gray, TN	
000001 27-01	Inceron In Stan	November	Gruy, III	
December 5		December		
December 5	NC	Gifts on Cycles	Butner	

Visitation is the Life Blood of the Chapter

Sunday	Monday	Tuesday	nuary 20 Wednesday	Thursday	Friday	Saturday
Ganady	linenicady	n dee de y		1 F- Changed day D Greenville G- Canceled J- Canceled V Statesville	2	3 G2 Waynesville Y2 Monroe
4 X Wake Forest F - Jacksonville Changed to New Years Day for Ride	5	6 A2 Lexington C2 Smithfield	7	8 A Greensboro T2 Albemarle B Goldsboro	9	10 L2 Mooresville M Salisbury U Lumberton
11 Q2 Dunn	12 C Charlotte	13 Z Rocky Mount B2 Winston Salem P2 Forest City	14	15 H2 Durham W2 Jefferson	16	17 M2 Hendersonville Q Wilmington F2 Garner
18 02 Hickory	19 D2 New Bern W Eden	20 E Cary L Gastonia	21	22 E2 Elizabeth City N Burlington I Asheville S Lenior	23	24 S2 Sanford X2 Mt. Airy U2 Laurinburg Y Morganton
25 K2 Fayetteville	26	27 R Thomasville	28	29	30	31

NC-F, Jacksonville, will CHANGE their meeting for JANUARY ONLY to be held at their New Years Resolution Ride.

NC-F2, Garner, will **CHANGE** their meeting **LOCATION**, **DAY**, **AND TIME** beginning in January to be held on each 3rd Saturday at Golden Corral, 1504 U.S. Hwy 70 East. Eat at 8 AM, meet at 9 AM.

NC-J, Boone, will CANCEL their meeting for January.

NC-G, High Point, will CANCEL their meeting for January

NC-O2, Hickory, will CHANGE their meeting TIME beginning in January to Eat at 6 PM, meet at 7 PM.

NC-S2, Sanford has CHANGED meeting location and a new meeting time to the Down Home Buffet at 1215 N. Horner Blvd. in Sanford --Same Day as before

NC-Y2 Monroe has **CHANGED** Meeting Locations beginning in January to the Hill Top Bistro & Bar, 1602 E. Roosevelt Blvd. Monroe, NC 28112

THANK YOU TO OUR SPONSORS

If you would like to be a sponsor, Please contact Bernie 336-764-5321 Email: goldwingrider02@att.net

> Monthly advertising is \$5.00 per month for Business card size ads Ads run January to December Please let me know if you would like your listing added. Please support our advertisers whenever possible. *Editor*





"We would like to Send a SPECIAL THANK YOU to Gary Everhart and Cathy Broughman for continuing their support for the chapter by renewing their advertisements for another year "

"Thank You Very Much"

We would like to Thank and Welcome Eddie Allen as Our Newest Sponsor





Friends for FUN, SAFETY, & KNOWLEDGE

CHAPTER NC A2 Lexington, NC Chapter Meetings : 1st Tuesday of Every Month Capt'n Steven's Seafood Hwy 150 & Friendship Church Rd. Eat 6:30PM –Meeting At 7:30 PM

> NEXT MEETING January 6, 2009 February 3, 2009



Lexington Style Wings NC Chapter A2 201 Starfire Drive Lexington, NC 27295