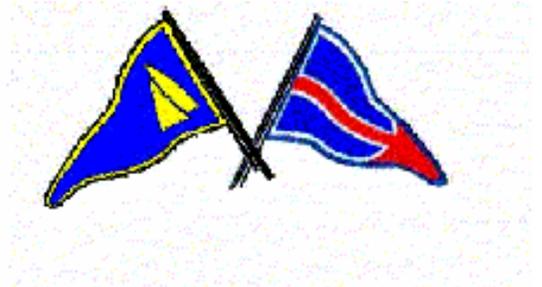


Miles River Yacht Club

HISF Herring Run, JULY 21, 2007



Sailing Instructions

1. RULES

This regatta will be governed by the rules as defined in the Racing Rules of Sailing 2005-2008 and these Sailing Instructions. The regatta is designated Category A.

2. ENTRIES

Open to any boat with a valid PHRF rating.

3. CHANGES IN SAILING INSTRUCTIONS

Any change in the sailing instructions will be posted on the HISF web site before 6:00 pm on July 20.

4. RENDEZVOUS.

In the vicinity of G C "9" in the Miles River.

5. NUMBER AND SCHEDULE OF RACES

5.1 Three (3) races are scheduled. The Starting sequence will be Rule 26, as modified below and further specified in the standard HISF Race Committee instruction. The starting signal for the first race is scheduled for 11: 00 am

Saturday, July 21	10:00	Rendezvous (Flag L)
	10:50	ALERT (F Flag with sound)
	1055	Warning Signal (HISF Burgee)
	11:00	START

5.2 Races will be run back to back. A green flag will be displayed at the finish when another race is to follow.

5.3 No race will be started after 3:30 pm.

6. THE COURSE

6.1 The diagrams in APPENDIX A show the courses including the approximate angles between legs, the order in which marks are to be passed. All marks are to be rounded to port.

6.2 The course to be sailed will be displayed by a letter on the Signal boat course board.

6.3 For courses C,T, and M the finish line may either be set using the windward mark as the pin end, OR the finish line may be offset from the course.

7. COURSE MARKS. All course marks will be YELLOW CYLINDERS, except that a NEW mark used for modification of course will be an ORANGE BALL.

8. THE START.

8.1 The starting line will be between a staff displaying an orange flag on the Signal Committee boat and the yellow start mark. Decision to start a race shall be made by each skipper on his/her own responsibility.

8.2 Rule 26 will be used. Yachts displaying other than their registered numbers must report this change to the race committee prior to the start of the race.

8.3 A boat shall not start later than 10 minutes after her starting signal.

9.0 RECALLS AND STARTING PENALTIES

9.1 The Race Committee will attempt to hail boats that have started on course side, solely as a courtesy. It is the skipper's responsibility to recognize and correct his/her violation.

9.2 If a competitor makes contact with the Signal boat, and as result of such contact, damage occurs to the Signal boat and/or injury is sustained by any of the Race Committee crew, the offending yacht shall retire immediately from that race and will be scored DNF for that race. This changes rule 30 and 44.1.

10. CHANGE OF POSITION OF THE NEXT MARK

To change the position of the next mark, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. The change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position. Any mark to be rounded after rounding the new mark may be relocated without further signaling to maintain the course configuration. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

11. THE FINISH

The finishing line will be between a orange flag on the Signal boat or windward mark boat (identified by its RC flag and 'On Station' BLUE flag) and a nearby mark.

12. TIME LIMIT

12.1 The time limit for the first yacht to finish will be 2 hours from its starting signal. Any boat that finishes 45 minutes or more after the first boat has finished will be scored DNF.

13. PROTESTS

13.1 In addition to the requirements of 61.1a, a boat intending to lodge a protest shall inform the Race Committee at the finishing line and receive acknowledgement or as soon as practical thereafter.

13.2 The protest time limit is 60 minutes after the Race Committee comes ashore. That time limit will be posted on the official notice board immediately after the Signal boat returns to dock. The time and location of the hearing will also be posted on the official notice board.

14. SCORING

14.1 The low point scoring system described in RRS Appendix A will apply, except that all completed races will count toward each boat's series score. (No throw outs).

14.2 One race is required to be completed to constitute a series.

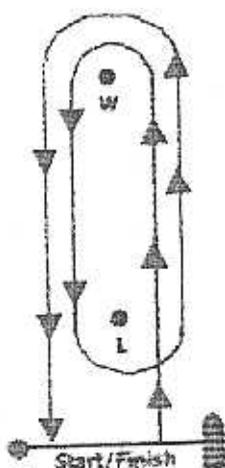
15.0 TROPHIES

Trophies will be awarded to the first, second, and third finishers of the series and a First trophy to the winning non – spinnaker boat. The Award ceremony is scheduled at MRYC approximately 4:30 pm on Saturday following the race.

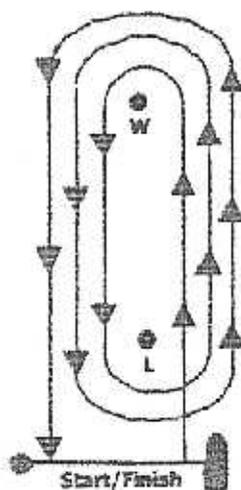
16. OTHER : The RC may broadcast courtesy communications on VHF Channel 72.

APPENDIX A: COURSE DIAGRAMS

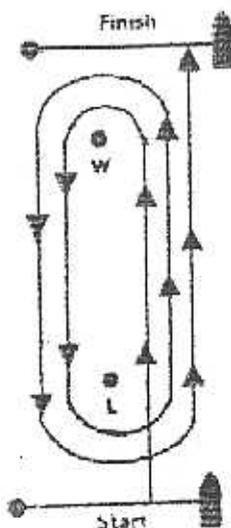
COURSE A



COURSE B

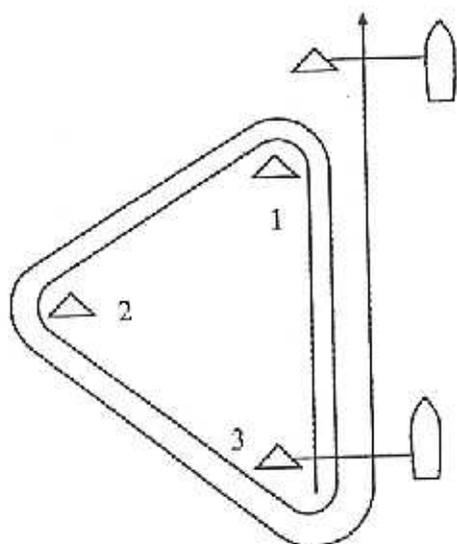


COURSE C



COURSE T

(Start - 1 - 2 - 3 - 1 - 2 - 3 - Finish)



COURSE M

(Start - 1 - 2 - 3 - 1 - 3 - Finish)

