

## Recipe from our Pot Luck Suppers

Florence Bell submitted this recipe that makes a refreshing loaf with a lovely glaze on top that doesn't need icing. Delicious!!

*Thanks, Florence*

### Lemon Loaf

1 cup white sugar  
6 tablespoons shortening  
pinch of salt  
2 eggs  
1½ cups flour  
grated rind of one lemon  
2 teaspoons baking powder  
½ cup of milk



### Loaf

- ❖ In a medium sized bowl, stir the sugar, shortening and salt together, until well mixed. Add the eggs one at a time stirring after each one.
- ❖ In a small bowl, combine flour, lemon rind and baking powder. Make a number of additions of flour alternating with milk to the egg mixture, until all the ingredients are combined.
- ❖ Bake in a loaf pan for 30-45 minutes at 350° F.

### Glaze

Combine ¼ cup of white sugar and the juice of one lemon. Pour the glaze over the top of the baked loaf before removing it from the pan and let it stand until the glaze is absorbed.



### What is it?

This bushy plant is about 3-4 feet tall and 3-4 feet across. It has dome shaped, lime yellow flowers and was spotted in a walled garden in southern England in early April. *What is it?*

The answer is on the other side of this page.

**Hint:** it's in the same family as the Pointsettia.

## Photos from Our Plant Sale



The day was hot. While this may sound like a line from a movie, it really was hot the day of our plant sale on June 2.

Despite the heat, we did extremely well. Most of the plants, especially the perennials were donated by members so expenses were kept to a minimum. In all, we made just over \$1,000. The few plants that remained at the end of the day were given to Chris who generously sold them to raise money for the Canadian Cancer Society.

Thank you very much for purchasing plants, creating garden crafts and sharing your garden's bounty.



### New Residents at Sandy Pines



Spring is a very busy time at the Sandy Pines Wildlife Centre in Napanee. Not every new resident is happy to be there but all are well taken care of, then released back to their families in the wild.



## Questions and Answers

**Q:** Why are summer days called 'Dog Days'?

**A:** Hot, hazy summer days are also known as 'Canicular Days', a name that comes from the Dog Star, Sirius. These are 40 days beginning on July 3 and ending on August 11, that coincide with the rising of Sirius at sunrise.

**Q:** My shovel is difficult to use and has a curled edge. How can I take care of it?

**A:** Ideally the edge of your shovel should be smooth, not sharp. Use a hammer to straighten the tip of your shovel if it has become curled. Then smooth the shovel's

edge by using a fairly fine, single cut metal cutting bench file. Run over the curved inner edge of the shovel blade with the file at a 45 degree angle, to make sure the edge is smooth. Remove any burrs with the file so the dirt slides smoothly off the blade.

**Q:** How can I extend the life of my digging tools?

**A:** Fill a five-gallon bucket with sand. Mix in a quart of motor oil (this could be the oil you've drained after an oil change.) Plunge the tool into the sand a couple of times to remove the last little bits of dirt and to oil the blade.

### Tree Update

This is the second year the Lennox & Addington Horticultural Society has been in partnership with the Stewardship Council and participated in the Urban Forest Renewal project. This spring, about 25 trees were planted on municipal lands in the County.



Larry stored and watered the trees until they could be planted. Now, they are being looked after by local residents.

*Thank you for supporting this worthwhile project.*

## Photos from our Potluck Supper on June 20



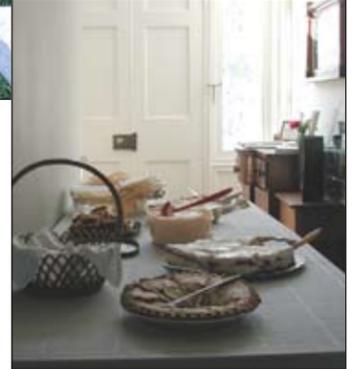
Macpherson House was all ready for our spring pot luck supper with its fresh coat of paint inside and out. The food and conversation were excellent. Even the garden put on a special show for our visit.

This year some of us ate in the summer kitchen while others were at tables set up in the lawn behind the house.



After supper we ventured into the garden where everything was in full bloom.

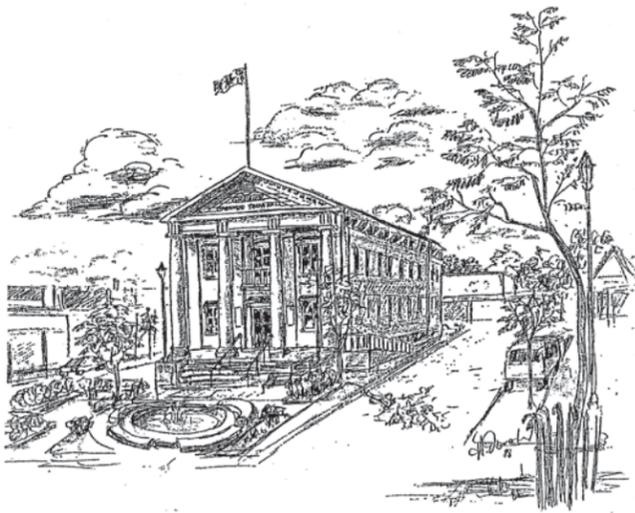
Our desert table, to the right, fits right into the feel of the House.



### A cautionary tale ...

#### *or the virtues of a large piece of paper vs a small one*

Mary Lockhart asked for volunteers to help with the garden at the library in Napanee. She very carefully wrote down the names and address of folks interested in helping with this work on a little scrap of paper. (I suspect you already know how this is going to turn out ...) The small note took off by itself and hasn't been seen since. Mary apologizes for not calling people who so kindly said they'd help. She would've if she could've.



Another in a series of beautiful pen and ink sketches of Napanee by Hildegard Dorosh. This time, Napanee City Hall is the subject of the drawing.

### The High School Greenhouse



during

The greenhouse at the High School looks marvellous now. It was successfully rebuilt following last year's disastrous fire.



after

## Upcoming Events

**July 11** – this is our second garden tour, and we have been invited to the home of Virginia Thompson at 479 Main Street in Bath. Please plan to be there between 6:30 and 7 pm.

**August 15** – our annual barbeque is scheduled for this evening, at 6 pm. Please bring a salad or desert along with your plate and cutlery. Susan Withers has kindly said we could go to her home at 15 Hambly Road. From Napanee, Hambly Road is a left turn off River Road once it becomes Hay Bay North Shore Road.

**September 19** – we are once again back in classroom D17 of the Napanee District High School on the Belleville Road at 7 pm. This is a 'show and tell' meeting, when you'll have the opportunity to say how your garden did over the summer, mention any new plants, methods or equipment you tried, or ask questions. If you have any spare seeds to share, they would be most welcomed.

**October 17** – please join us in classroom D17 of the Napanee District High School on the Belleville Road at 7 pm. The topic will be how to winterize bulbs and corms. Once again, seeds would be much appreciated.

**November 21** – this is the annual meeting of the Lennox & Addington Horticultural Society. If you wish to hold an office in the Society or would like to be a director, please advise Harold. The meeting will be at the Napanee District High School on the Belleville Road in classroom D17 at 7 pm. This will be video night followed by a discussion period.

### Answer to the question 'what is it'?



This is a *Euphorbia characias* subsp. *wulfenii*, probably a 'John Tomlinson'. The *Euphorbia*, or milkwort, is a varied genus of about 1,500-2,000 species of annuals, biennials,

evergreens, semi-evergreens and herbaceous sub shrubs, shrubs, trees and succulents. It has a widely distributed range of habitats in temperate, sub tropical and tropical regions. Many grow in warm places like South Africa, Australia, the southern plains in the United States, southern Europe, Turkey and Madeira. Included are Medusa's head, Cypress spurge, Crown of Thorns and Pointsettia or Mexican flame leaf.

Be sure to check the Internet for Society news. Our website is: <http://ca.geocities.com/labhorticultural>

## Lennox & Addington Horticultural Society Executive –

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## Bittersweet Muse

### Newsletter of the Lennox & Addington Horticultural Society



**Summer 2007**