

# North Harris County Alumnae's

## SIGMA K COMMUNI K

September 2004  
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### Inside this Issue

- 1 President's Corner  
Beta Epsilon News  
Tomball Memory Walk
- 2 Chapter Events  
National Convention  
Report  
Regional Conference  
Dues Reminder
- 3 Did You Know...

#### 2003-2005

#### North Harris County Alumnae Chapter Officers

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North Harris County Web Site:  
[http://www.geocities.com/  
nhc\\_sigma\\_kappa/](http://www.geocities.com/nhc_sigma_kappa/)

North Harris County Alumnae  
Chapter of Sigma Kappa  
Chartered: December 22, 1989

### President's Corner

*Liz Rimer*

Dear Sigma Kappa Sisters,

Last year we had an exciting year of programs. This year we have planned as many fun-filled programs.

In November, we will be holding our first ever joint Founders' Day with the Houston alumnae chapter. Come and meet other Houston area sisters.

In December, we'll celebrate the chapter's 15th anniversary. We have had so many great accomplishments.

At convention in June, the chapter won the Outstanding Fundraiser Award. This is the fourth consecutive (1998, 2000, 2002, and 2004) convention that we have won this award. Thanks to everyone who has participated in our Birdies for Charity program in conjunction with the Shell Houston Open. This year we raised \$218.56. The spring newsletter will include information and a pledge form for next year's program.

We will continue to support the Beta Epsilon chapter at Louisiana Tech University who won the Three Stars Standards of Excellence award at convention.

I invite all alumnae to any of our events. If you have any questions or need information about the chapter, please feel free to contact me. ♥

### BETA EPSILON NEWS

*Kristy Zabasky*

Five collegians and two advisors attended convention this June in Cincinnati. The chapter received a Recruitment Award and Three Stars Standards of Excellence Award and the

advisory board received the Outstanding Advisory Board Award. Recruitment days are September 1-4 with Bid Day on the 5th. Whitney Bullard worked on a special Bid Day theme this year. We will have the Kappa Carnival with booths, carnival food, donations, and prizes being donated from alumnae.

Last spring, we volunteered our time at the nursing home for birthday parties, dance parties, and arts and crafts. We participated in Relay for Life to raise money for cancer, donated over 5,000 cans of food for the food drive and won the 2004 Greek Week. ♥

### CAROLE TOWNSEND ELECTED NVPA

Our very own Carole Townsend is continuing her service to Sigma Kappa as a member of National Council. At convention in June, Carole was elected National Vice President for Alumnae. We are so proud of everything you do for Sigma Kappa. ♥

### TOMBALL MEMORY WALK

A regional Memory Walk will be held at the Texas Sports Medicine Center, 28120 State Highway 249 in Tomball on Saturday, October 9 at 9:30 am. This walk will support the Alzheimer's Association Houston and Southeast Texas chapter.

Signup at [www.alztex.org](http://www.alztex.org) as a member of "Team Sigma Kappa". Registration is \$25 for adults, \$10 for children, and \$5 for dogs.

You can make a donation even if you can't walk. Join "Team Sigma Kappa" as we show our support for our national philanthropy. Let's be the top ranked team!! ♥

## CHAPTER EVENTS

(Contact hostess listed for additional directions or information on a ride to each event.)

### Sept 9 (Thur) at 7:00 PM

Dinner at Carrabba's Italian Grill  
5440 FM 1960 Road West  
281-397-8255  
1960 & Champions Forest  
Contact: Alison Love  
281-877-0856

### Oct 9 (Sat) at 9:30 AM

Alzheimer's Memory Walk at the  
Texas Sports Medicine Center,  
28120 State Highway 249, Tomball  
(registration starts at 8:30 AM)  
(see article on page 1)  
Contact: Liz Rimer  
713-270-6832

### Oct 14 (Thur) at 7:00 PM

Pottery Painting  
Madora's Pottery  
27326 Robinson Road (east of I-45)  
281-292-0915  
After pottery painting, we'll go for  
refreshments at Sam's Boat  
Contact: Alison Love  
281-877-0856

### Nov 6 (Sat) at 11:00 AM

Founders' Day Brunch  
with the Houston Alumnae Chapter  
McCormick & Schmick's Seafood  
Restaurant  
1151 Uptown Park Blvd  
610 Loop at San Felipe  
713-840-7900  
\$25 per person  
Contact: Alison Love  
281-877-0856

### Dec 9 (Thur) at 7:00 PM

Ornament Exchange  
Bring a wrapped Christmas ornament  
to exchange  
25807 Clear Springs Way  
East of I-45 off Louetta  
Hostess: Monique Malmgren  
281-353-0530

### Jan 13 (Thur) at 7:00PM

Book Talk  
We'll be discussing two books by  
Nicholas Sparks: *The Notebook* and  
*The Wedding*  
Palotta's Black Walnut Café

2520 Research Forest Drive  
281-362-1678  
Contact: Alison Love  
281-877-0856

### Feb 10 (Thur) at 7:00PM

TBA  
Contact: Alison Love  
281-877-0856

### Feb 18-20

South Central Regional Conference  
Menger Hotel in San Antonio  
Contact: Liz Rimer  
713-270-6832

### Mar 10 (Thur) at 7:00PM

TBA  
Contact: Alison Love  
281-877-0856

### Apr 14 (Thur) at 7:00PM

TBA  
Contact: Alison Love  
281-877-0856

### May 12 (Thur) at 7:00PM

Officer Installation and Potluck  
Dinner  
TBA  
Contact: Alison Love  
281-877-0856

## NATIONAL CONVENTION REPORT

*Suzanne Rainer*

The national convention "A Masterpiece By Design" was quite impressive. The host alumnae of the Cincinnati area make everyone feel so welcome.

The first formal business meeting covered the election of officers. All nominated officers were elected and eager to serve Sigma Kappa. The second business meeting covered the proposed constitution and bylaw amendments.

I was privileged to accept the award for the chapter for an outstanding fundraising event in conjunction with the Shell Houston Open. I also shared the fun with Patricia Flournoy

in accepting the outstanding advisory board award.

BE alumna Harriet Frazer led the Confirmed Conventionite celebration. Costumes ranged from authentic antique dresses to boas and ribbons in the hair.

Under Hot Topics for Alumnae one item would be membership of the group and how to increase chapter's numbers. Barbara Wilmer suggested having one alumna initiate each year. It would be an effective way to increase membership and active participation in the alumnae chapter. ♥

## REGIONAL CONFERENCE

The South Central Regional Conference will be held February 18-20 at the Menger Hotel in San Antonio. Watch your email for more details. ♥

## DUES REMINDER

Last year our membership reached 30 paid members. Our goal is to once again reach 30 by January. We are well on our way with 10 paid members already. If you have not yet paid dues, please complete the form in this newsletter, enclose a check for \$30 (what a deal!) and mail to Carole Townsend. You will enable us to continue to produce two annual newsletters that go to over 300 area alumnae, and help us support our national organization, our local panhellenics, our assigned collegiate chapter, and the Sigma Kappa Foundation.

You may now pay your dues with Paypal. Send your payment to [nhc\\_sigma\\_kappa@yahoo.com](mailto:nhc_sigma_kappa@yahoo.com).

Even if you are not able to join us for meetings, consider sending in your dues – your money will be put to good use!! ♥

**DID YOU KNOW...**

...Congratulations to **Monique Malmgren** on the birth of Evan K on May 5 at 12:04 pm. Evan was born in Memorial Hermann The Woodlands Hospital, weighed 8 lbs, 14 oz and was 20" long.

...A second Sigma Kappa legacy was born to **Valarie Morton**. Sarah Lynn arrived on June 25, weighed 8 lbs, 11 oz and joins big sister Lauryn who turned three in March.

...**Jennifer Teat** will be attending pharmacy school at the University of Louisiana/Monroe.

...Congratulations to **Jennifer Gaarder** on her recent engagement and upcoming wedding to Tommy Skinner on December 4 at the Lord of Life Lutheran Church in The Woodlands at 5:30 pm. The reception follows at 7:00 pm at Savannah Gardens on FM 1488 between The Woodlands and Magnolia.

...**Linda Gaarder** attended a family reunion in Portland, Oregon in July.

...**Jennifer Roth** started a new job at Boys and Girls Country as the administrative assistant to the Executive Director. It houses 88 youth, ages 5-college, who cannot be at home due to family conflicts. Her son Brendan started kindergarten this year and daughter Emily turned one.

...**Liz Rimer** started a new job in March at the Greater Houston Builders Association. She is the administrative assistant to the Executive Vice President & CEO and to the Vice President/Director of Government Affairs.

...**Alicia Goodrick** began a new job teaching 5th grade science at Hamblen Intermediate in the Channelview ISD.

...**Melissa Cole**, R.D. L.D. (registered and licensed dietician) has started her own nutritional counseling business in the north Houston area. Her website is [www.targetnutrition.com](http://www.targetnutrition.com) and would love to hear from sisters who might be interested in her services.

...**Wilma Mysak** received a grant from NEH to attend a workshop in Salem, Massachusetts for National Culture, International Horizons. She was in competition with teachers from across the U.S. to get selected for this workshop. Her son Jeffrey graduated from high school with a High Service Voluntary Award.

...**Carole Townsend** headed to Wichita, Kansas for a national women's bowling tournament in the spring. She also bowled in tournaments in Reno, Nevada and the Texas

state tournament in Clear Lake. Carole spent time at Astros Spring Training in Florida this year. During All Star Week, she served as a volunteer at MLB Fan Fest.

...**Blanche Bronner** and her mother, Eleanora Burton, traveled in July to The Hague in The Netherlands to visit her daughter Deborah. Special points of interest included sightseeing in Germany and Belgium.

...**Deborah Bronner-Westerduin** and her husband traveled to the U.S. to celebrate their one-year wedding anniversary. They also cruised along the Yucatan Peninsula to Mexico and Belize. Deborah joined four European alumnae chapter members for a trip to Antwerp, Belgium. She serves the European chapter as the Vice President of Membership. Deborah continues to work at The American School of The Hague as the Enrichment Coordinator.

...**Courtney Buffington** was selected as a Sigma Kappa field consultant for 2004-2005 and will be based in Michigan.

...**Lauren Alewyne** is a Forensic Accountant with KPMG, LLP.

...We were sad to say goodbye to **Margee McCafferty** who relocated to Carson City, Nevada with her husband.

...Our sympathy to **Linda Gaarder** on the death of her sister-in-law.

...Our sympathies to the Beta Epsilon chapter on the recent death of new initiate, Devie Sabalza-Robinson.

...There were two changes in National Headquarters staff. Cassondra Votroubek is the new Executive Director of Sigma Kappa Sorority and Allison Lewis is the new Executive Director of the Sigma Kappa Foundation.

...In January, our program will be a "Book Talk". We will be discussing two books by Nicholas Sparks: *The Notebook* and *The Wedding*. If you have either of these books, please bring them to any of the fall meetings so we can share them and not everyone will have to buy them.

...If you would like to host a spring meeting at your home, please contact Alison Love.

...Do you know of anyone (friend, coworker, relative) who would like to become a Sigma Kappa? If so, contact Liz Rimer for information on becoming an alumna initiate. ♥

Houston Alumnae of Sigma Kappa  
North Harris County Chapter  
P O Box 35897  
Houston TX 77235

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ADDRESS CORRECTION REQUESTED

**NORTH HARRIS COUNTY ALUMNAE CHAPTER OF SIGMA KAPPA SORORITY**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONE: HOME: (\_\_\_\_) \_\_\_\_\_ BUSINESS: (\_\_\_\_) \_\_\_\_\_

COLLEGIATE CHAPTER: \_\_\_\_\_ YEAR OF INITIATION: \_\_\_\_\_

PROFESSION: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_ BIRTHDAY (M/D): \_\_\_\_\_

\_\_\_\_\_ I am interested in joining the North Harris County Alumnae Chapter. Enclosed are my annual dues of \$30.

\_\_\_\_\_ I am not able to join the alumnae chapter at this time, but would like to make a \_\_\_\_\_ donation to help support our local and national philanthropies and our sister collegiate chapter

**Please return this membership form to:**  
Carole Townsend, NHC VP of Finance  
3 Claremont Court  
Montgomery, TX 77356  
(936) 597-6146

**SIGMA KAPPA SORORITY**  
**ΣΚ**