

ORILLIA ROWING CLUB

N E W S L E T T E R

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WHAT'S UP?

JOIN A CREW

The Orillia Rowing Club is having a Crew Forming Night at the Boathouse on Wednesday July 11 at 7:00pm. All 2001 Learn-to-Row participants and current members are invited. Coffee and tea will be provided.

A donation of a dessert will be credited as one volunteer hour for members in search of ways to fulfill their 20 volunteer hours for the season. Come on out and meet some other rowers and help get those boats out on the water. For more information, contact Jenn at the Boathouse (326-3519).

SUNDAY MORNING TOURS

Within our own club, all members are invited to sign up for our weekly Sunday morning tours up Lake Couchiching. Weekly sign up lists are on the Touring bulletin board. The tour starts at 7:30am and is usually about 2 hours in duration.

Usual ports of call are Couchiching Beach and Big Chief Island. All you need to bring is water and a snack if you like. Five, seven, ten, or twelve people can participate – Peter Burzstyn and Havel (5 people each) and Splendid (2 people). In both the Peter Burzstyn and the Havel, rowers can rotate being coxswain. This is a great opportunity for members to practice their sculling and see the rest of Lake Couchiching! Please sign up and join us!

THE SUN CITY SWIM

On Saturday August 11, 2001, the Community Care Access Centre Simcoe County will host its fourth annual Sun City Swim and the Orillia Rowing Club has been invited to take part with touring boats.

To reserve a spot on this special tour, please sign up on the sheet on the Touring bulletin board. Any members having their own canoe or kayak are also invited to take part.



Ready all... row! ORC members who attended the Scugog Invitational pose for a group shot in front of the club's new racing shells. Pictured from left to right are: Barb Pidgen, Ron Pidgen, Laura Pidgen, Laura Kelly, Carolyn Craig-Paul, Lawrence Boyer, Candice Stone, Doug Herd, Britany Gordon and Lynsi Henrickson.

ORC Attends Two Regattas

On Saturday June 16th, the Orillia Rowing Club loaded all the new boats and headed off to Lake Scugog to attend the Scugog Invitational at the Durham Rowing Club. The RowOntario trailer had a full load with Jim Wilson Chevrolet's Ashleigh, Splendid, Gold Barr, the Peter Burzstyn T11, and the Pidgen T7.

All of these lovely boats were raced! It made for an extremely exciting regatta for the Orillia Rowing Club members in attendance. Here are the results:
Junior Women's Quad:

Lynsi Henrickson, Britany Gordon, Carolyn Craig-Paul and Candice Stone, with coxswain Laura Kelly raced in Ashleigh and finished fourth.

Junior Women's Double:

Laura Kelly and Laura Pidgen raced in Gold Barr and finished fourth.

T7 (Touring Double) Class:

Ron and Barb Pidgen finished in first place, followed by Doug Herd and Lawrence Boyer in second place, followed by the crew from Bayside.

T11 (Touring Quad) Class:

Ron and Barb Pidgen, Lawrence Boyer, Doug Herd with coxswain Sarah Pidgen came in first place, followed by the Durham club in second place and the Bayside Club in third place.

On Sunday July 1, 2001 club members attended the Dominion Day Regatta on Long Pond in Centre Island, Toronto. The conditions were rather uncooperative but our crew faced the challenge. This T11 Class race was sponsored by Hudson Boats. The crew of Barb Pidgen, Tony Kaija, Doug Herd and Diane Carter with coxswain Sarah Pidgen placed a very respectable 3rd. Bayside took home the silver mugs, the Don Rowing Club came in 2nd and Hanlon was 4th.

Great work to all the ORC crews and keep up that rowing spirit for July 7th in London.

DAVE BARR'S "INSIDER'S REPORT"

Nevada News

After paying our initial licensing fee we have received funds from the "Nevada Ticket Lottery" producing a net profit of approximately \$300.00 to date. We are pleased to have Atherley's Mini Mart, 121 Atherley Rd. (at Gill) handling our ticket boxes. Why not drop by and try your luck - we're working on a trailer purchase.

Fundraising Dinner/Silent Auction - Success!

Thanks to the tremendous effort of so many club members and friends we were able to enjoy a great evening on May 4 at the Barnfield Point Recreation Centre. Jake Gaudaur Jr. and Buffy Alexander (Williams) provided entertaining and inspiring commentary. We are indebted to all those who donated their time and talents, and those who donated over 200 items for the auction. The final results? We earned a profit of \$7600 which, when added to \$23000 from financial donors, gave us a total fundraising figure of \$30600, enough to pay for our 3 new boats, Ashleigh, Splendid and Gold Barr, costing \$30240. Great job team!

Well Wishes Judy

Judy Savage, our fundraising dinner chair, is on the road to recovery after a recent health set-back. We all wish you a speedy recovery, Judy, and will look forward to seeing you back in action.

Hats off to Barb and Tony

Club president Barb Pidgen was presented with an "In Appreciation" plaque at the May 4 dinner for her outstanding club contributions during 2000-01. At the June 12 executive meeting, Past President Tony Kaija was presented with an "In Appreciation" plaque as the club's founding president, 1998-2001. It was Tony's insight and vision during the 1990's Twin Lakes student rowing program which led to the formation of the ORC.

Barnfield Plaque

The club has received approval to place a commemorative rowing plaque at the Barnfield Point Recreation Centre to recognize our major donors and include reference to Jake Gaudaur, Sr. Details are being finalized.

Rowing - What's in it for you?

As a new club, there are many aspects of rowing for us to explore and promote:

- student competitive program
- masters competitive program (age 27 and up)
- recreational rowing (without regattas)
- recreational rowing with participation in recreational regatta(s)
- touring – Sunday am. or regional tours

All these types of rowing are important to our club and we encourage you to pursue what you like!

Whatever type of rowing you like, it is most desirable to be on a crew with people who have the same goals as yourself and who can row at the same time as you. Please see Jenn Marsh at the boathouse to fill out a crew sheet.

TOURING NEWS

Touring is a whole other aspect of rowing where you are rowing for pleasure at a more leisurely pace in a touring boat instead of a racing shell. Touring can be sculling in a quad (i.e. Peter Burzstyn and Havel) or a double (i.e. Splendid).

REGIONAL TOURS

There are a number of regional tours that are scheduled for this season. Please see the list posted on the Touring bulletin board in the boathouse. The next tour is the Quinte tour on July 13, 14, 15 in Belleville. If anyone is interested in attending, please email your reservation to the address listed. The only requirement is that you have adequate sculling ability.

One of the best parts of all these regional tours is meeting and rowing with members from other clubs. Each participant pays \$20 per day to attend one of these tours. That money pays boat expenses and the rest goes back to the club that supplied the boat. Anyone can attend regardless of whether your club supplies a boat for the tour.

ORC's EN-TOUR-AGE

Five Orillia Rowing Club members attended the Port Severn tour on May 26, 27 (Lawrence Boyer, Laurie & Doug Herd, Barb & Ron Pidgen). At this tour, the 3 new ORA touring boats were christened - one of them being the RowOntario shell Peter Burzstyn which is at our club for this season. Each day, the tour left from the Inn at Christie's Mill and explored the beautiful sights in the Gloucester Pool area. One of the highlights was rowing to the Big Chute Marine Railway and stopping there for lunch.

On June 9, Barb & Ron Pidgen participated in the Peterborough tour on the Trent Canal. The highlight of this trip was going through the Peterborough Lift Lock in a rowing shell. Going through two other locks were also part of the trip and lunch was at a park along the canal.

DONORS and SPONSORS**NEW MAJOR SPONSOR**

Tom and Yvonne Ruff and family (from Sunrise Toyota) have made a generous donation of \$1000 to the Orillia Rowing Club. \$375 of this donation will be the sponsorship of a sweep oar and the remaining \$625 has gone towards payment of new boating equipment. Many thanks for their support!

BUY AN OAR PROGRAM

The club has acquired sponsors for 4 more sweep oars, for a total of 16 sweep oars. The latest oar sponsors are:

- EAST SIDE MARIO'S
- Dr. Ray and Janet Kiff
- Sunrise Toyota
- The Home Depot

Our existing list of oar sponsors include:

- Dufferin Aggregates
- TLSS Rowing Club
- Brewery Bay Food Co.
- Bygone Days Fish and Chips
- McDonald's Orillia
- Tim Horton's – Memorial Avenue
- The Koza Family
- 2nd Century Source for Sports
- Dr. Gregory and Laurel Price-Jones
- Dr. George and Christine McAllister
- Shadowbox Learning Services Inc.
- Raney Building Supplies Inc.

The club is also grateful for the donation of two pairs of sculling oars from Linda and Rick Dalmazzi.

We are extremely grateful to all our Donors! Please support our Donors!

We still need sponsors for 2 more sweep oars (costing \$375 each) and 2 pairs of sculling oars (costing \$600 a pair).

If you know of anyone who might be willing to make such a purchase, please let us know.



Gently down the stream... Student rowers Laura Kelly, Laura Pidgen, Candice Stone and Crystal Stone enjoy an early morning practice in Jim Wilson Chevrolet's Ashleigh. Thanks to Jenn Marsh, the ORC's student competitive rowing program has kicked into gear this season, with plans to attend several more summer regattas.

Drivers Wanted: Coxswain Clinic Planned

The ORC is looking for rowers who are interested in becoming regular coxswains to assist with the training of the club's competitive crews.

In rowing circles, coxing is considered an art. It takes experience, intelligence, and common sense to become a master. As the voice of authority in the boat and the link between the coach and the rowers on the water, the coxswain is a key figure in every rowing session.

A coxswain can make or break a crew, especially in a race. From the coach's standpoint, the coxswain is the most vital member of a crew. Without a good coxswain, the boat does not steer straight, the crew may not be properly relaxed and focused for workouts or races, and most importantly, rower safety may be compromised.

A good coxswain has safety in mind as a first priority, steers straight, can motivate the crew to row their best, provide some humor when it is most needed, and keep his or her head in difficult situations. Without them, we often don't go anywhere, much less anywhere fast.

Some basic responsibilities that all

coxswains share are insuring the safety of the boat and the oarsmen both on and off the water; launching, steering and landing; giving direction to the oarsmen for better rowing style and control of the boat's course; and taking care of the equipment.

As coxswains gain more experience, the coach may add more responsibilities, such as working with the coach to improve oarsmen's technique, giving feedback to the coach about the strengths and weaknesses of oarsmen in your boat, and adding new drills not written down on that day's schedule.

A coxswain clinic may be held later this season to recruit and develop the skills of regular coxswains, especially those interested in coxing race boats at upcoming regattas.

At the ORC, "coxswain hours" are considered equivalent to "volunteer hours" - so one way to determine whether you would make a good coxswain is to try it out!

For more information, contact Jenn Marsh or Kristi Cole.

ORILLIA ROWING CLUB BULLETIN BOARD

VOLUNTEER HOURS

Members have been conscientious about entering their volunteer hours in the Log book. Please continue to do so immediately following the completion of any volunteer time. An executive member or Jenn should initial the entry at that time.

There are many small jobs to be done - see the boathouse bulletin board for information. One way to easily and quickly accumulate some volunteer hours is to sign up to "man" the boathouse during recreational rowing times in order to keep it open while staff are on the water.

TAG DAYS

We need lots of volunteers for Tag Days. Our Tag Day co-ordinator is Michelle Dwyer. Details about this major fundraising event will be posted in the boathouse. Tag Days are Friday, July 27 and Saturday, July 28.

KUDOS!

Many, many thanks go to a group of very dedicated men who have worked

extremely hard this season to get our boats and boathouse in ship shape! Lawrence Boyer, Ron Pidgen, Bruce Donaldson and Doug Herd have all contributed countless hours towards everything from varnishing boats, painting oars, making wooden slides for the racks, inside telephone wiring, new bolts on doors and oar racks.

One of our new members, Don Clune did the welding for our new boat racks.

Lawrence Boyer and Bruce Donaldson are currently preparing the Donaratico coxed 4 for painting in Lawrence's barn. We hope to have this boat ready for use later in the season.

Thanks to Gary Haines for lending us a coach boat, motor, and 4 lifejackets. We appreciate very much the use of this equipment!

MARIPOSA FOLK FESTIVAL

Many thanks to the volunteers who spent time on the weekend of July 6 - 8 selling juice and water at the Mariposa Folk Festival. Proceeds from this event will go towards covering a variety of

club expenses.

CLUB CLOTHING AVAILABLE

There are still a few club vests (\$50.00) and sweatshirts (\$45.00) available for sale, as well as T-shirts (\$14.00) and hats (\$12.00). Jenn has a small supply of hats/shirts at the boathouse but anyone interested in vests/sweatshirts should contact Diane Carter at 325-9964.

WANTED

We are still in need of a VCR for the club. The other item we need is an external 56 K modem for the computer. If you have either to donate or know where we could get them inexpensively, please let us know. We recently bought our TV at a garage sale for \$12!

ASSISTANT MANAGERS HIRED

The club recently hired three part-time assistant boathouse managers to assist with rowing classes and recreational rowing sessions. Congratulations to Laura Pidgen, Gordon Kerslake and Bryan Marchand.

ATTENTION ROWERS

BE COURTEOUS TO YOUR FELLOW MEMBERS!

- **Book your rowing sessions by using the signout sheets in the boathouse or by calling Jenn @ the boathouse 326-3519 (leave a message).**
- **Show up for your rowing session 10 minutes in advance so crews and boats can be organized quickly and efficiently.**
- **Phone in your cancellations. If the weather looks questionable, phone ahead for a report on weather and water conditions.**

**SPECIAL THANKS TO OUR
NEWSLETTER SPONSOR!**

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