

Marlo Quinn Body Scrubs

What is a Body Scrub?

What is a body scrub? A body scrub is a mixture of exfoliates and beneficial natural oils. Dead Sea Salts, Sea Salts, Fine Salts, Sugar, Ground Oatmeal or Coffee is commonly used as exfoliates. Typically the oils used are Sweet Almond Oil, Grape seed Oil, Apricot Kernel Oil, Cotton Seed Oil, Avocado Oil, just to name a few. The combination of the exfoliates and the oils provides a product that will help slough away dead skin cells, keeping skin new and fresh while the oils will moisturize the skin.

How is a scrub used?

Body Scrubs are to be used in the bath or shower. Simply scoop some of the scrub out of the container, and rub onto skin using your hands or a loofah sponge. The most common areas you would use a scrub on are your legs and arms. Sometimes a scrub can be used on the face as well (if done sparingly). After scrubbing, simply rinse the product away- your skin will be super soft due to the oils. **Please use caution when using the product as the oils can cause the tub to be slippery.

Currently Marlo Quinn offers five types of scrubs:

1. Java Scrub (coffee, sugar & salt)- Comes naturally scented
2. Turbinado (Sugar)- Customer may choose scent
3. Marlo by the Sea (Dead Sea Salts, Desert Salts & Sea Kelp)- Naturally Scented
4. Honey Bath Body Polish (Honey, Maple Syrup, Fine Dead Sea Salts & Sugar)- Naturally Scented
5. Marlo Body Butter Scrub (not oil based like the others , this is actually a whipped body butter that has exfoliates mixed into the crème base)- Customer may choose scent

All of the scrubs currently offered by Marlo Quinn are 100% Natural (with the exception of the fragrance chosen by customer). A natural preservative of Tocopherol (Vitamin E) and other essential oils is used. If you have ordered a scrub you will notice that when you open the container , it will typically look like a half inch of oil covering the granules, this is completely normal!

The only time this will not be the case is with the Honey Bath Body Polish as well as the Body Butter Scrub, as these do not primarily oil based.

Here are the actual product descriptions, ingredient listings and my own notes on each product :

Marlo Body Butter Scrub

There is nothing more wonderful than this super moisturizing whipped exotic butter scrub. Use it in the bath or shower to exfoliate and smooth the skin to a beautiful shine. You will love how it feels.

**I would recommend this scrub to someone who wants to exfoliate but maybe does not want an oil based product. This product has a shea butter base.

Benefits of Shea include:

- Evens skin tone & returns luster to skin
- Absorbs quickly without leaving greasy residue like petroleum, beeswax or mineral oil based

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products.

- Shea Butter moisturizes & protects skin
- Shea Butter doesn't clog pores
- Revitalizes, softens & maintains skin moisture.
- Naturally rich in vitamins A, E & F which are some essential vitamins needed for good skin balance.
- Shea Butter penetrates deep into skin to help restore elasticity.
- Shea Butter benefits your skin by keeping it clear & smooth.
- Shea butter benefits include soothing some scalp & skin irritations.

Ingredients:

Sodium Chloride (Sea Salt), Butyrospermum parkii (Shea) Butter, Prunus dulcis (Sweet Almond) Oil, Aloe barbadensis (Aloe) Oil, Limnanthes alba (Meadowfoam Seed) Oil, Simmondsia Chinensis (Jojoba) Oil, Theobroma cacao (Cocoa) Butter, Persea gratissima (Avocado) Butter, Garcinia indica (Kokum) Seed Butter, Macadamia Integrifolia (Macadamia Nut) Butter, Mangifera indica (Mango) Seed Butter, Cocos nucifera (Coconut) Oil, (Sucrose) Turbinado Sugar, Cannabis Sativa (Hemp Seed), Rosa Mosqueta (Rose Hip), Oenothera Biennis (Evening Primrose), Aleurites moluccana (Kukui Nut) Oil, Tocopherol (Vitamin E), Rosmarinus Officinalis (Rosemary) Extract, Azadirachta indica (Neem), Salix nigra (Black Willow Bark)

Java Scrub

Wake up and smell the coffee! Even before you make your first cup of coffee you can experience the delightful aroma in your bath or shower. Sea Salt, Turbinado Sugar and Coffee effectively remove dead skin cells and improve circulation. The caffeine and EGCG in coffee helps neutralize free radical damage to the skin. Rubbing coffee over cellulite prone areas has been a model's secret for years as it works wonders right before a photo shoot.

**Smells like coffee, must be a coffee lover to truly enjoy this scrub! The coffee used in this scrub is organic. Coffee is supposed to help with improving damage done to skin by free radicals, also known to help with cellulite.

Information on the EGCG in Coffee:

EGCG is as much as 100 times more powerful an antioxidant as vitamin C, and 25 times more powerful than vitamin E. EGCG also may account for the antibacterial properties of green tea.

Ingredients:

Sodium Chloride (Sea Salt), Persea Americana (Avocado) Oil, Coffea Arabica (Organic Coffee), Magnesium Sulfate (Epsom) Salts, Sucrose (Turbinado), Limnanthes alba (Meadowfoam) Seed, Tocopherol (Vitamin E), Rosmarinus Officinalis (Organic Rosemary) Oleoresin Extract, Azadirachta indica (Neem), Salix nigra (Organic Black Willow Bark) Extract

Marlo by the Sea

This mix of Dead Sea Salts, Desert Salts, Sea Kelp Extract and moisturizing oils will be a bathers dream. Similar exfoliating salt treatments at a luxury spa would cost as much as \$60 to \$100 per treatment. This way you can treat yourself every day.

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****This one is one of my personal favorites- here is an interesting article about the benefits of Dead Sea Salts-**

-The waters of the Dead Sea have been renowned for their therapeutic effects for over 2,000 years. Bathing in high quality sea salt could replenish the minerals which are critical to our skin metabolism.

-The waters from the Dead Sea are unique – they contain 27% of various salts as compared to 3% in normal sea water. The balances of the salts in Dead Sea water are: magnesium, potassium, calcium chloride and bromides. Magnesium is important in combating stress and fluid retention, slowing skin aging and calming the nervous system. Calcium is effective at preventing water retention, increasing circulation and strengthening bones and nails. Potassium energizes the body, helps to balance skin moisture and is a crucial mineral to replenish following intense exercise. Bromides act to ease muscle stiffness and relax muscles. Sodium is important for the lymphatic fluid balance (which in turn is important for immune system function).

Studies have been conducted on the health benefits of bathing in Dead Sea salts. One such study was conducted by Dr. I. Machtey 1 on 103 patients suffering from osteoarthritis and tendinitis. Patients were either treated with baths of 7.5%, 2% or 0.5% Dead Sea salt concentration. Improvement was found after as little as 1 week of treatment for those treated with 7.5% or 2% salt baths. By the study's end, 80% of the patients reported less pain; 70% experienced improved mobility and 60% were able to decrease their use of analgesics. Dr. J. Arndt 2 studied the effect of Dead Sea salt baths on psoriasis. Fifty patients were treated for 3 - 4 weeks, with 3 - 4 baths per week. In as little as 1 week, many patients treated with a 10% salt concentration in their baths experienced marked improvement. This improvement included relief from itching, sleep disturbances, and skin scaling. Treatment with Dead Sea Salts is not associated with any side effects.

1. Machtey, Dr. I. 1982, Dead Sea Balneotherapy in Osteoarthritis, Proc. International Seminar on Treatment of Rheumatic Diseases.

2. Arndt, Dr. J. 1982, Salt from the Promised Land Helps Psoriasis Patients, Arztliche Praxis, 34(48).

Ingredients:

Sodium Chloride (Dead Sea Salt), Sodium Borate (Desert Salts), Sodium Chloride (Sea Salts), Prunus Armeniaca (Apricot) Kernel, Simmondsia Chinensis (Jojoba), Kosher Vegetable Glycerin, Sea Kelp Extract, Aloe Barbadensis (Aloe) Leaf Juice, Silica, Tocopherol (Vitamin E), Rosmarinus Officinalis (Rosemary Extract), Azadirachta indica (Neem), Salix nigra (Black Willow Bark)

Honey Bath Body Polish

This wonderful body polish incorporates all natural ingredients into the most awesome personal spa treatment ever...your customers will absolutely love this product.

Honey has gentle rejuvenating and natural hydrating properties which soothe and moisturize the skin. Honey has been used since ancient times as a beauty treatment. Cleopatra bathed in honey and milk baths to keep her skin soft and youthful.

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Honey has antiseptic qualities and is also very nourishing to the skin.

To be used in the bath or shower. Not as a dry scrub...it does have lots of honey after all. Please keep this in mind if you plan to offer demos at home parties- this is not a scrub that you want to demo live unless you have lots of water nearby!

Ingredients:

Honey, Sodium Chloride (Fine Sea Salt), Sodium Chloride (Fine Dead Sea Salt), Ricinus communis (Castor) Oil, Sucrose (Turbinado Raw Sugar), Sucrose (Maple Syrup), Citric Acid, Tocopherol (Vitamin E), Azadirachta indica (Neem) Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Ascorbic Acid (Vitamin C), Salix nigra (Black Willow Bark) Extract

Turbinado (Sugar Scrub)

A combination of vitamins, soothing oils and our new smaller grain turbinado sugar for exfoliation and smoothing. You will love this new idea.

Customer can choose scent.

May be used as a body scrub, but also great as a hand and foot scrub.

Besides the benefits of the vitamin oils, apricot kernel oil is added to moisturize the skin. Turbinado sugar exfoliates gently (not as abrasive as sea salt) to better prepare your hands, and feet too, for intensive moisturizing treatments, manicures or to appear younger and fresher.

Perfect for manicures, before paraffin dips & pedicures. We do recommend using a clean scoop to remove your scrub to prevent excess water from entering the container.

Ingredients:

Turbinado Raw Sugar, Prunus Armeniaca (Apricot) Kernel, Prunus Dulcis (Sweet Almond), Simmondsia Chinensis (Jojoba), Vitis Vinifera (Grapeseed), Kosher Vegetable Glycerin, Aloe Barbadensis (Organic Aloe) Leaf Juice, Tocopherol (Vitamin E), Rosmarinus Officinalis (Rosemary) Extract, Azadirachta indica (Neem), Salix nigra (Black Willow Bark) Extract