



arlington  
cooperation  
foundation



# International Peace Half-Marathon & 8K

"Imagine World Peace, One Step at a Time"

**Sunday, July 16, 2006**

**7:00 am Half-Marathon ★ 7:05 am 8K**

**Registration limited to 300 total**

Register on-line at [www.marathoncharitypartners.org/prrhalf](http://www.marathoncharitypartners.org/prrhalf)



**Start and finish:** Belle Haven Park, 2 miles south of Old Town Alexandria

13.1 miles of park trails along the Potomac River, along George Washington Memorial Parkway

Beautiful views of the Potomac – Shady and cool – A runner's paradise (except for the hills)

**Conducted by** Arlington Cooperation Foundation, Greater Washington Sports Alliance, and Imagine Peace Network

A benefit for **Marathon Charity Partners (MCP)**



Supported by Capitol Hill Runners, Chesapeake Bay Running Club, Northern Virginia Running Club, and Potomac Valley Track Club

USATF-certified half-marathon & 8K course VA04011RT

High-Tech performance jerseys for all registered runners • Medals & certificates to all finishers • Sumptuous post-race picnic

Awards to top 3 M/F overall and by 10-year age group in both the half-marathon and the 8K (4.98 miles)

Awards to top 5 Male & Female teams. You are automatically on the team of your country or U.S. state of citizenship

Teams may be of any size, top 3 count, cross-country-style scoring

	by June 15	by July 14	on July 15
• \$10 discount for early registration			
• Members of ACF, MCP, and supporting clubs	..... \$20	..... \$25	..... \$30
• Members of other marathon training programs	.. ..... \$25	..... \$30	..... \$35
• Non-members	.....\$30	..... \$35	..... \$40

**No complimentary entries**, but you may join ACF or MCP and take the member discount. Members of MCP get guaranteed entry to Marine Corps Marathon

- Hosted by Courtyard by Marriott, 2700 Eisenhower Avenue, Alexandria VA 22314
- For room reservations at a discount rate, call 703-329-2323, group code "International Peace Run"
- Saturday, July 15:
  - 7:00 am Marathon Charity Partners international training run at Belle Haven Park
  - 2:00-6:00 pm Packet pick-up, late registration, vendor expo, College of Running & Peace at Courtyard by Marriott \* Earn a CME Certificate
  - 6:00 pm International Dinner (\$12) at Courtyard by Marriott with worldwide ethnic song & dance
- Sunday, July 16:
  - 6:00-6:45 am Packet pick-up at Belle Haven Park (no race-day registration)
  - 6:30 am Non-competitive Early-Bird Start (Early Birds get the same post-race picnic and medals) (no early bird start for 8K)
  - 6:35 am Warm-up w/ Parade of Flags & anthems. Please bring your national or state flag (2'x 2' max.)
  - 6:57 am American national anthem
  - 7:00 am Competitive half-marathon start – worldwide ethnic song & dance all along the course
  - 8-10 am Post-race international picnic. Awards ceremony begins at 9 am race day on-site
  - 6-10 am Shuttle limos from Courtyard by Marriott to Belle Haven Park in continuous loop

**For questions or to sponsor this event**, please call 703-218-2726 or e-mail [RACEDIRECTOR@ATT.NET](mailto:RACEDIRECTOR@ATT.NET)

**Note: Parking is limited on race day. Please car-pool to the start. Free off-site parking on Belle Haven Road.**

George Washington Memorial Parkway is a historic natural area.

We will follow all National Park Service conditions and "leave our campground cleaner than we found it."



# International Peace Half-Marathon & 8K Sunday, July 16, 2006



Register on-line at [www.marathoncharitypartners.org/prhalf](http://www.marathoncharitypartners.org/prhalf)

- Call 703-218-2726 or e-mail [RACEDIRECTOR@ATT.NET](mailto:RACEDIRECTOR@ATT.NET) with any questions

Please mail this form to **ACF, 611 South Ivy Street, Arlington VA 22204**

By entering this event, you agree, warrant and covenant as follows: I know that running is a potentially hazardous activity. I should not enter or run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release National Park Service, USATF, Arlington Cooperation Foundation, and all sponsors, their directors, officers, employees, agents, representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I acknowledge that the application fee shall be non-refundable. I agree that Arlington Cooperation Foundation may use my name and likeness for publicity purposes.

Signature \_\_\_\_\_

First Name \_\_\_\_\_ Last Name: \_\_\_\_\_

Gender: [Male] [Female] Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ (mm/dd/yyyy)

Address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP \_\_\_\_\_

Email: \_\_\_\_\_ Day Phone \_\_\_\_\_

What is your t-shirt size? [ ] S / M / L / XL I am a citizen of \_\_\_\_\_ Country or State \_\_\_\_\_

Start: [ ] 6:30 am Non-competitive Early-Bird Start [ ] 7:00 am Competitive Half-Marathon Start [ ] 7:05 am 8K Start

What is your best time in a previous half-marathon? \_\_\_\_:\_\_\_\_ Where? Or is this your first? \_\_\_\_\_ Date \_\_\_\_\_

[ ] I will help as a volunteer. Call me. (You get t-shirt, goodies, and dinner)

[ ] Pre-race planning [ ] Help at packet pick-up on July 15

[ ] Help at race on July 16

Enclosed is my entry fee:

	by June 15	by July 14	on July 15
• Members of ACF/MCP/supporting clubs	[ ] \$20	[ ] \$25	[ ] \$30
• Members of other marathon training programs	[ ] \$25	[ ] \$30	[ ] \$35
• Non-members	[ ] \$30	[ ] \$35	[ ] \$40
• Pre-race dinner at Courtyard by Marriott	[ ] \$10	[ ] \$11	[ ] \$12
• Sunday, 7/16, 6 am shuttle, Courtyard to Belle Haven	by July 14 [ ] \$ 1	July 15 [ ] \$ 2	July 16 [ ] \$ 5

[ ] Additional tax-deductible donation. Please make your donations payable to **ACF** or directly to:

[ ] Imagine Peace Network

[ ] Big Brothers Big Sisters of the National Capital Area

[ ] AIMS India Foundation

[ ] Asha for Education

[ ] Association for India's Development

[ ] Cystic Fibrosis Foundation

[ ] Stop the Silence: Stop Child Sexual Abuse

[ ] Tragedy Assistance Program for Survivors

[ ] Total amount enclosed

## Please join Arlington Cooperation Foundation for \$10 -- and get a \$10 discount on your entry fee.

Mission: Arlington Cooperation Foundation works toward a sustainable future for our community by supporting, encouraging, educating, and disseminating information about good health, healthy nutritional choices, physical fitness, issues of public health, and the benefits of co-operative living. I support the mission and activities of Arlington Cooperation Foundation, and I want to contribute to its future activities.

I understand that the Board of Arlington Cooperation Foundation must approve my application.

[ ] I apply for 2006 membership in Arlington Cooperation Foundation. Enclosed is my check for \$10 payable to **ACF**.

Please make your checks payable to **ACF**, 611 South Ivy Street, Arlington VA 22204, or to any of the beneficiaries  
For marathon information, call 703-218-2726 or e-mail [RACEDIRECTOR@ATT.NET](mailto:RACEDIRECTOR@ATT.NET)