



2009 New Westminster Instructions

The Whiskeyjacks seek to reach 80 wins for the first time in the history of the team and franchise. Our sixth season sees us at 310-500 for a nifty 62-100 average year. This is not a team that is as good as last year that won 73 but we hope to sneak in a couple of more wins and look for the leaders in the division to fall back a bit. Play to win and don't be afraid to run with this team
Good Luck!!!

Cuts

NC Colby Lewis, Tyler Johnson, Victor Santos, Claudio Vargas, Angel Pagan
Carded Matt Herges, Darrell Rasner, Brett Tomko, Jose Castillo, Jason Michaels, Matt Treanor

Line Ups

#	Standard	MAY	JUNE	July	August
1	Matsui 2B	Matsui 2B	Matsui 2B	Matsui 2B	Martin C
2	Martin C	Martin C	Martin C	Martin C	Callaspo 2B
3	Ramirez SS	Ramirez SS	Ramirez SS	Ramirez SS	Ramirez SS
4	Holiday LF	Fielder DH	Holiday LF	Holiday LF	Holiday LF
5	Fielder DH	Lewis CF	Fielder DH	Fielder DH	Fielder DH
6	Lewis CF	Teahan RF	Lewis CF	Teahan RF	Lewis CF
7	Mientkiewicz 1B	Mientkiewicz 1B	Teahan 1B	Mientkiewicz 1B	Teahan 1B
8	Teahan RF	Gordon 3B	Gordon 3B	Gordon 3B	Ojeda 3B
9	Gordon 3B	Chavez LF	Chavez RF	Chavez CF	Chavez RF

Usage notes

Minors April Hitters

Callaspo (will be up to play for Matsui starting in August), Treanor, Lahair, Chavez (up in May to August)

Bench

For the most part this season we will go with a four man bench. If a player is in the standard column and he is on the bench then he will not come off the bench i.e. Mientkiewicz.

Baldelli. His role is a RH pinch hitter for all the sorry LH bats on this club. He can play the OF for injured players.

Ojeda is back up for 3B and defensive replacement the late in the game. Also back up at 2B and SS.

Moeller is back up catcher. Will play defense if in the 9th base runners with 20+ attempts due up in the first 4 batters and it matters to keep runners close.

Bourn think Charlie Finlay and Herb Washington. Runs for the slow 6 speed guys. Has a green light if no HR chance. Will play defense for Lewis.

OFFENSE

Hit and Run With Runners and any 2 HR hitter. Matsui, Bourn, Ramirez, and Lewis until 2 SBA per series and then with Chavez or Gordon for 1 SBA

Steal see HR first but use steal in 7th or later Ramirez, Bourn and Matsui and they are n important run.

Bourn to pinch run for any slow runner in the 8th or later if it is the tying, winning or insurance run

Baldelli can PH against LHP 3 or less behind in the 7th or later, for Mein in 8th. Baldelli to OF and Teahan to 1B. Also for Gordon with Ojeda to 3rd, and Chavez and play the OF.

Bunt with Bourn, Ojeda, Moeller, up with non out and a non slow runner.

Runners advance with 22 plus chances or well around.

DEFENSE

Infield deep till the 7th then in if tying or next to tying run at third.

Hold runners as per default

In the eighth or ninth Ojeda to 3B, Bourn in for Lewis,

In the 9th base runners with 20+ attempts due up in the first 4 batters and it matters to keep runners close bring in Moeller.

Always keep DP in order unless chance for winning or tying run. Cut throws if lead runner is not scoring winning or tying run.

PLAYER	B-T	mlb	Pos	G	AB	SB	Com	BC	HR	SP	STR	ARM	POS
Baldelli,Rocco	R-R	tb	OF-2	28	80	0	SA2	+2/-5	2	15	0	36	
Bourn,Michael	L-R	hou	OF-3	138	467	51	SA3	-5/0	2	19	31	31	
Callaspo,Alberto	S-R	kc	2B-8	74	213	3	SA0	0/-2	1	15	26	34	3b3,SS8,OF2
Chavez,Endy	L-L	nym	OF-3	133	270	7	SA4	-7/0	2	17	33	34	
Fielder,Prince	L-R	mil	1B-2	159	588	5	PR5	-9/+3	1	6	24	29	
Gordon,Alex	R-R	kc	3B-3	134	493	11	SA5	-8/+2	1	15	31	32	1B2
Holliday,Matt	R-R	col	OF-2	139	539	30	SA0	-3/-1	2	17	35	31	
Lahair,Bryan	L-R	sea	1B-2	45	136	1	SA5	-9/+1	1	6	14	30	
Lewis,Fred	L-R	sf	OF-2	133	468	28	SA2	-4/-1	2	17	29	31	
Martin,Russ	R-R	lad	C-8	155	553	24	SA0	-3/-1	2	12	29	33	3B3 TH-3,PB1
Matsui,Kazuo	R-R	hou	2B-7	96	375	25	SA0	-3/-1	2	18	31	35	
Mientkiewicz,Doug	L-R	pit	1B-5	125	285	0	SA2	-4/-1	2	6	0	28	3b3,OF1
Moeller,Chad	R-R	nyy	C-7	41	91	0	SA0	-2/+1	1	5	0	31	1b2,3b3 TH+1 PB0
Ojeda,Augie	S-R	ari	2B-8	105	231	0	SA0	+1/-2	2	12	0	33	3B4,SS8
Ramirez,Hanley	R-R	flo	SS-8	153	589	47	SA0	-6/0	1	19	29	36	
Teahan,Mark	L-R	kc	OF-2	149	572	7	SA0	-1/-1	2	16	23	36	1B3,3b3

PITCHER	TEAM	ST	REL	Ctrl	HA	STE	RF	GS	RIP	RAT	HR	MF	HB	BK	WP
Aardsma	BOS		7*	-62	25		7	0	48.7	WX	G	0		0	3
Acosta	ATL		13*	-23	-14		7	0	53.0			0		0	3
Broxton	LAD		14*	11	52		6	0	69.0	XY	H	0		0	3
Campillo	ATL	9		26	-11	24	8	25	21.7	YZ		0		0	1
Corpas	COL		5*	25	22		7	0	79.7	Z		1		0	1
Correia	SF	1		-13	-12	28	10	19	7.7			3		0	3
Cueto	CIN	8		-14	-22	27		31	0.0	Y	L	2			3
Foulke	OAK		12*	-13	-43		6	0	31	Y	M	0		0	2
Gregg	FLA		15*	-43	44		6	0	68.7	WY	H	0		0	3
Guthrie	BAL	12		14	-13	27		30	0.0			0		0	1
Hampton	ATL	7		13	-13	28		13	0.0			2		0	0
Johnson,Ja.	BAL		17*	-16	62		7	0	68.7	H		1			1
Maine	NYM	12		-35	0	25		25	0.0	WY		2		0	3
Marshall	CHC	10	/13*	15	-15	25	6	7	26.3	X	L	1		0	3
Miner	DET	9	/11*	-13	22	25	8	13	44.7			1		0	3
Ohlendorf	PIT	1	/1*	-23	-16	28	9	5	40.0	Y	L	1			3
Pineiro	STL	4		26	-16	28	17	25	3.0	Z	L	1		0	1
Rusch	COL	3	/6*	32	-11	25	8	9	37.3	Z		1	0	0	2
Yates	PIT		9*	-43	25		7	0	73.3	WY	G	0		0	3

LHP are Marshall Hampton and Rusch

PITCHING

Starters need to pitch till fatigued for the most part especially when trailing. Keep starter in if pitching a shutout. Pull when fatigued or within 3 batters of fatigue and runners on base.

Relief

Most months there will be seven relievers this season. We have four sets of relievers and some general instructions. I will let you decide how to use them specifically, but I look for mixing and matching but generally no more than using three relievers per game.

Johnson, Broxton and Gregg

This is the main part of the bullpen. There are 204 innings here. Broxton and Johnson are the main closers. Gregg owns a W so be cautious and do not use him with men on base. This group moves through the part of the 8th and 9th.

Marshall, Miner Acosta and Foulke

Use caution not to use Marshall and Miner from the bullpen when they are a starter for the month. Marshall is the main LHP for the 1 or 2 outs depending on how many LH batters are bunched in the line up. Foulke to prevent HR or need a strikeout Use him any time after the 6th. Acosta would be the 7th inning guy with Miner in the 6th 7th inning slot. Between these three there is 154 innings.

Aardsma, Yates, Rusch, Corpas and Campillo

These guys are pretty much first out of the bullpen. Rusch is the early LHP for special match ups. Yates and Campillo when leading, they have 94 IP. Corpas, Rusch Aardsma to try and keep it close have 165 IP.

Special needs boys Correia and Ohlendorf are innocuous and hopefully won't be needed

Rotation

Apr 1-4	G	CU	MA	MR	
Apr 6-8	PI	G	CU		
Apr 10-13	MA	MR	PI	G	
Apr 14-17	CU	MA	MR	PI	
Apr 19-23	G	CU	MA	MR	PI
May 1-5	G	CU	MA	HT	PI
May 6-9	G	CU	MA	HT	
May 11-14	PI	G	CU	MA	
May 15-18	HT	PI	G	CU	
May 20-23	MA	CA	PI	G	
Jun 1-4	G	CU	CA	HT	
Jun 6-8	PI	G	CU		
Jun 9-11	CA	HT	PI		
Jun 12-16	G	CU	CA	HT	PI
Jun 18-21	G	CU	CA	HT	
Jul 1-5	HT	G	CU	CA	MA
Jul 6-9	HT	G	CU	CA	
Jul 11-14	MA	HT	G	CU	
Jul 15-18	CA	MA	HT	G	
Jul 19-22	CU	CA	MA	HT	
Aug 1-4	G	CU	CA	PI	
Aug 5-8	MR	G	CU	CA	
Aug 10-13	PI	MR	G	CU	
Aug 14-17	CA	PI	MR	G	
Aug 18-21	CU	CA	PI	MR	
Sep 3-5	G	CU	CA		
Sep 6-9	MA	PI	G	CU	
Sep 10-12	CA	MA	PI		
Sep 14-17	G	CU	CA	MA	
Sep 18-22	PI	G	CU	CA	MA
Oct 1-4*	ML	MA	CA	CU	G
Oct 6-9	ML	MA	CA	CU	
Oct 10-13	MR	ML	MA	CA	
Oct 15-18	CU	MR	ML	MA	
Oct 19-23	CA	CU	MR	ML	MA
Nov 2-6	G	CA	MA	CU	ML
Nov 7-10	G	CA	MA	CU	
Nov 11-13	ML	G	CA		
Nov 15-18	MA	CU	MR	G	
Nov 19-22	CA	MA	HT	MR	

MA-Maine MR Miner ML Marshall CU-Cueto CA Campillo