## THE HUTT MULTISPORTS CLUB PROUDLY PRESENTS THE 2005 MILES THE BULL SERIES FEATURING A MOUNTAIN BIKE ONLY OPTION

Three short, sharp moutainbike and run duathlons designed for both the serious and casual athlete. Averaging a ridable 25kms for the mountainbike and 5km for the run, each race is designed to be a challenge for the weekend while still leaving time for family and friends. The mountainbike course will be all off-road and will feature both 4wd and single track.

The HMC MTB Duathlon Series is held over three events:

Signature:

Totara Park Duathlon - Awakairangi Park - Totara Park: SUNDAY 3rd April

Dry Creek Duathlon - Belmont Regional Park - SUNDAY 10th April

St Pats Silverstream Forest Duathlon\* - Trentham Scenic Reserve: SUNDAY 17th April

\*NOTE: St Pats Silverstream Forest is private land. No pre-riding of the course is permitted.

## All events start at 10am. Registration from 8:30am

The series is open to both individuals and teams. A mountainbike only option is also available. Placegetters in each duathlon will be recognised as well as overall series winners.

For more information, contact Shane Ross (shross@nz.ibm.com or 021 855 081)

	HMC Member	Non HMC Member
<ul> <li>Totara Park Duathlon</li> <li>St Pats Silverstream Forest Duathlon</li> <li>Dry Creek Duathlon - Belmont Regional Park</li> <li>All Duathlons</li> </ul>	\$20 Indiv/\$25 Team \$20 Indiv/\$25 Team \$20 Indiv/\$25 Team \$50 Indiv/\$60 Team	\$25 Indiv/\$35 Team \$25 Indiv/\$35 Team \$25 Indiv/\$35 Team \$60 Indiv/\$80 Team
	\$	
ENTER EARLY AND GET A \$5 DISCOUNT!	Less \$5 for early entry (before race day)	
TOTAL Amount Enclosed:	\$	
Please make cheques payable to the Hutt Multisports C	Club, and post enties to 50F Kat	herine Mansfield Dr, Whitemans Valley
Upper Hutt. All amounts are inclusive of WCC levies.		
Category:		
☐ Individual ☐ Team		
Open Men  Vet Men (over 40 / if Teams then combined age  Vet Women (over 35 / if Teams then combined age  Mixed Team	over 80)	
Name (Individual / MTB Team Member):		Male Female
Name (Run Team Member):		Male Female
Address:		
Email:		Phone:
Please supply an email address. All confirmations and v	enue directions will be sent via e	email
I/We understand that the sports of Multisport, Duathlon	and Mountainbiking have inhere	ent risks and I/we are competing know