



TRIATHLON CHAMPIONSHIPS

Junior World Championship Selection Race
Scorching Bay, Wellington



750 M Swim, 20 K Bike, 5 K Run
Individuals Only

SUNDAY 13TH MARCH 2005
Registration - Saturday 12th March



Triathlon NZ
Sanctioned Event



Registration Maranui Surf Club, Lyall Bay Parade (opposite fish & chip shop), Lyall Bay
Registration Time 1 pm to 6 pm SATURDAY 12 March 2005
Event briefings 3.00 pm or 6:00 pm SATURDAY 12 March (mandatory attendance at one)
Prizegiving 2.00 p.m Maranui Surf Club, Lyall Bay Sunday 13 March
Minimum age 16 on 31 December 2005
Start time: 8:00 AM Junior Elite, 9:00 AM Age group
Race cut off time 11:00 AM.

NOTE: Main carparking is INSIDE the course and vehicle entry will be prohibited after 7:45 AM. ALL bikes must be racked by 7:30 AM. It is a long walk if you are not there in time.
NOTE: Vehicles cannot be removed from the carpark until ALL racing has finished.

COURSE
Swim 750 M Scorching Bay, sheltered, (2 laps with beach turn at end of lap 1). Wave start depending on numbers
Cycle 20 K.M A flat out and back course starting at Scorching Bay heading North around Point Halswell then south through Shelly Bay towards Burnham Wharf, turn at cone and return to Scorching Bay, turn at bus turning area (2 laps x 10 km's)
Run 5 K.M A flat out and back course starting at Scorching Bay heading South 2.5 km to Worser Bay, turn at cone and return.

PRIZES
» Performance & spot prizes well be awarded. You must have returned your large number and transponder and be present at prizegiving to receive spot prizes. (Full details will be given at briefing)
» TriNZ Championship medals will be awarded to both male and females (must be TriNZ registered) who place first, second and third in age groups plus the first, second and third male and female in the junior elite race.
» Race results will be emailed to competitors.

BIKE CHECK
» All bikes & helmets must be checked prior to Sunday at Maranui Surf Club. Open 1:00 pm till 6.00 p.m Saturday 12th. Competitors in the Junior Elite selection race must comply with short aerobars format applicable to elite drafting races. Check www.triathlon.org.nz for required standard.
» Race director also reserves the right to restrict the use of Disc wheels should high winds prevail on race day.

RACE NUMBERS
» All individuals will receive a unique timing transponder that must be placed around the ankle and one large race number that must be attached to the front of race top and one adhesive number for the front of the helmet. Transponder and large number must be returned after the race.

REGISTRATION & BRIEFING
» All competitors must register in person and attend ONE of the race briefings held on Saturday 12th March at Maranui Surf Club, Lyall Bay. Registration is open from 1:00 pm to 6:00 pm with briefings held at 3:00 pm and 6:00 pm. THERE IS NO REGISTRATION OR FULL RACE BRIEFING HELD ON RACE DAY. If you do not register and attend a briefing you will not be allowed to start.

RACE RULES
» Triathlon NZ competition rules including Doping rules will apply and are available on www.triathlon.org.nz.
» With the exception of the Junior Elite race this is a non-drafting race. **ALL bikes for both races MUST** be racked by 7.30 a.m on race day and together with your helmet must have a checked sticker on both bike and helmet to enter the transition. Bike racks will be numbered and racked bikes must match athlete number.
» Racing wet or fine however should inclement weather mean the swim cannot be run safely a 5km/20km/5km Duathlon will be run instead.
» Age groups are determined as age at 31 December 2005

WORLD JUNIOR CHAMPIONSHIPS NZ TEAM SELECTION
This is a 2005 World Junior Championship Selection race for NZ team. Any competitor wishing to be considered must be a full Tri N.Z member prior to the race and at registration complete the appropriate form advising selectors of your availability. Bring your TriNZ membership card.

SPRINT ☐

JUNIOR ELITE ☐

MALE / FEMALE (cross out)

Surname

First name

Mailing address

Email Address

Telephone Number

TRINZ No

Date of birth

Age Group Entered

to

years

Entry Fee		
AGE GROUP	entry fee \$60.00	\$
JUNIOR ELITE	entry fee \$50.00	\$
LATE ENTRY AFTER 3RD MAR	\$15.00	\$
TOTAL		\$

Make chq payable to Hutt Multisport Club and post with entry form to:-
HUTT MULTISPORT CLUB
C/o 27 Samwell Drive,
Whitby,
Porirua 6006
Race director Mike Sim Ph 0274 310 622

Entry and participation is at the discretion of the Triathlon NZ appointed race referee

Conformation of entry and further race details well be e mailed to each entrant.

RACE ENTRIES CLOSE 10TH MARCH 2005.



Waiver: (Must be signed and dated for entry to be accepted)

I understand that the sport of Triathlon has inherent risks and I am participating knowing this. I agree to abide by all rules stipulated by the event officials and I accept and agree I am participating at my own risk.

Signature: _____ Date: _____