



THE DUKE OF EDINBURGH'S AWARD

Young Canadians Challenge

Award Level	Service	Expeditions & Explorations	Skills	Physical Fitness
BRONZE <i>Minimum age to start 14</i> <i>Maximum age to finish 25</i> <i>Qualify in four sections as indicated</i>	Choose one or more forms of service and undertake training and practical service to others. A minimum of 15 hours of service over a period of 6 months. Examples: first, lifesaving, community service and many others.	At the Bronze level, an Expedition is mandatory. Undertake basic training, carry out a practice journey, and then complete an Expedition in normal country. Minimum of two days out required including one night camping, and an average of 6 hours a day.	Follow a Skills program for a minimum of 6 months. Activity may be changed once during this period. Choice of 200 skills programs. Examples: music, computer programming, crafts, graphic arts, life skills, collections and model building.	Take part in physical activities (games or sports, individual or team) and gain points for participation, effort and improvement. To qualify, earn 30 points over a minimum of 15 weeks (1 hours of activity = 1 point).
SILVER <i>Minimum age to start 15</i> <i>Maximum age to finish 25</i> <i>Qualify in four sections as indicated.</i>	Choose one of more forms of service and undertake training and practical service to others. A minimum of 30 hours of service over a period of 6 months for those who have earned their Bronze Award; 45 hours over 12 months for direct Silver entrants.	Undertake basic training, carry out a practice journey, and then complete and Expedition, minimum of three days out required including two nights camping, and an average of 7 hours a day, OR Explorations with emphasis on approved investigations or other specified activities.	Follow a Skills program for a minimum of 6 months for those who have earned their Bronze Award, 12 months for direct Silver entrants. Activity may be changed once during this period. Choice of 200 skills programs.	Take part in physical activities (games or sports, individual or team) and gain points for participation, effort and improvement. To qualify, earn 40 points over a minimum of 20 weeks (1 hour of activity = 1 point.)
GOLD <i>Minimum age to start 16</i> <i>Maximum age to finish 25</i> <i>Qualify in four sections as indicated.</i>	Choose one of more forms of service and undertake training and practical service to others. A minimum of 60 hours of service over a period of 12 months for those who have earned their Silver Award; 90 hours over 18 months for direct Gold entrants.	Undertake basic training, carry out a practice journey and then complete an Expedition in unknown country. For an Expedition, minimum of four days out required including three nights camping, and an average of 8 hours a day, OR Exploration with emphasis on approved investigations or other specified activities, OR Adventurous Project (contact Provincial Director)	Follow a Skills program for a minimum of 12 months for those who have earned their Silver Award, 18 months for direct Gold entrants. Activity may be changed once during this period. Choice of 200 skills program.	Take part in physical activities (games or sports, individual or team) and gain points for participation, effort and improvement. To qualify, earn 50 points over a minimum of 25 weeks (1 hour of activity = 1 point).

NOTE: Each individual must be registered with the B.C. & Yukon Office before starting on the program (see over for registration details).

*RESIDENTIAL PROJECT (At Gold Level Only):

Undertake some shared activity, either through voluntary service or training away from home over a period of not less than 5 consecutive day (4 night away). Examples: Youth leadership training courses; Outward bound & similar courses; voluntary help at homes, centers, or camps; work with disadvantaged children or the elderly; school exchanges, church courses etc.