## **Antioxidant Supplements**

These important nutrients combat the effects of free radicals, which can cause premature aging and disease. Antioxidants are an important foundation of any nutritional regimen.

- \*Juice Blend: containing 100% pure GOJI berry, ACAI berry, NONI fruit and MANGOSTEEN fruit juices: Supports energy levels, healthy aging, liver function, eyes, cardiovascular system and healthy hair, skin & nails.
- \*Bilberry Extract: extensive research has identified the specific vital ingredients in Bilberry and verified their beneficial actions for the eyes an circulatory system. Bilberry is high in a substance called flavonoids, chemically known as polyphenos. Bilberry's flavonoids are anthocyanosides that enhance microcirculation throughout the body.
- \*Ginkgo Biloba Liquid: Ginkgo is a very powerful antioxidant especially for the brain, retina, and the cardiovascular system. It is believed to increase circulation, improve long and short-term memory, and intensify concentration.

# **Immunity Supplements**

- \*Elderberry Extract: The berries from the elde contain a considerable amount of vitamins A, B and C, as well as flavonoids, sugar, tannins, carotenoids and amino acids. The juice from the berries is an old fashioned cure for colds, and is also said to relieve asthma and bronchitis.
- \*Probiotics Acidipholus: good friendly bacteria, or probiotics, promote the body's natural immunity, keep us healthy and help our digestion. They are very necessary and may keep the bad bacteria lower level.
- \*Echinacea: most often used to fight infections and boost the immune system. Most found that taking it at the first signs of a cold for 8 to 10 days reduced cold symptoms or shortened their duration by as much as 34%.

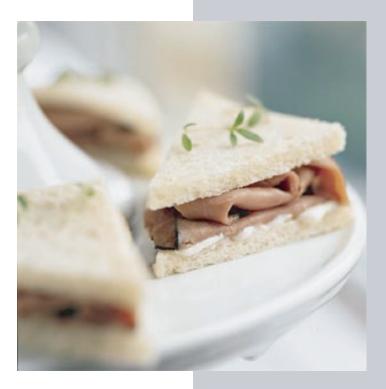
## **Healthy Aging Supplements**

- \*Glucosamine chondroitin: A substance found naturally in the joints that stimulates the formatio and repair of cartilage that has degenerated over time. The subject of many different clinical studies the past 20 years, Glucosamine has proven effective at reducing joint pain. Adds a light citrus flavor.
- \*Coral Calcium: Most of us know that calcium is needed for strong bones and teeth, but did you know that the most abundant mineral in the body is also important for helping the heart, nerves, muscles and other body systems work properly? Coral calcium is a highly absorbable form of calcium, which means that the body is easily able to utilize it.

### Protein Supplements

- \*Hemp protein: One serving provides 11 grams protein and 14 grams of fiber. Hemp contains all 8 essential amino acids with the bonus of good fo you essential fatty acids (EFAs). Hemp's superior 66% edistin and 33% albumin protein structure i the highest in the plant kingdom, making it the Gold Standard of Plant Protein.
- \*Spirulina: This microalgae is 60% all-vegetable protein, rich in beta carotene, iron, vitamin B-12 and the rare essential fatty acid, GLA. It offers a striking profile of vitamins, minerals and phytonutrents. Scientific studies show remarkable health benefits. A full serving will turn your drink green.

# N U T R A L L E



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enjoy some of our tasty
soups, salads, and drinks!
We gaureentee that it will
make you feel better!

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