



# SOUTH SHORE SOLILOQUY NEWSLETTER

District 31 – Area F2 – Club 5541

March/April 2003

We meet Tuesdays  
from 7:30 p.m. to  
9:30 p.m. at the  
Kingston Public Library  
located at 6 Green  
Street, Kingston, MA  
02364

**GUESTS ARE  
ALWAYS WELCOME  
TO ATTEND ANY OF  
OUR MEETINGS!**

Many thanks to the  
contributors of this  
volume: John O'Leary,  
George Boerger and  
Marie Peeler.

Newsletter Editor:  
Mary MacKinnon

## ***In this issue.... Page***

Club Officer Election 1

DCP Program 2

Spotlight Awards 2

Meet Bob Bergman 3

Calendar of Events 3

Recipe Corner 4

Speech Contest 4

Welcome New  
Members 4

## **It Takes a Village...**

***Club Officer elections are on May 13, 2003***

What does it take to run a successful Toastmasters club? There are many answers to this question but the most important is "people"! It takes an active membership and strong leaders to cultivate and sustain a healthy and successful club like the South Shore Soliloquy.

Each year we call upon a group of members to improve their leadership skills and help build a supportive learning environment for our membership. It's that time of year to elect our club officers for the next Toastmaster season. Our officer elections will occur on May 13, 2003 during our regular club meeting.

Have you ever considered holding an officer post? Are you motivated by the possibility of improving our already great club? Listed below you will find brief descriptions of each position available. If you are interested in challenging yourself, improving your leadership skills and investing your abilities to improve our club, then please contact **Mike Rogers** (mikesspineshop@aol.com) or **Nuccio Geraci** (ngeraci@cfoexchange.com) for more information or to add your name to the ballot.

**PRESIDENT:** Serves as Chief Executive Officer responsible for the general supervision and operation of the club, presides at club meetings and works with other officers to develop and implement the Club Success Plan.

**VP, EDUCATION:** Directs the planning, organization, and implementation of Communication and Leadership, Speech Craft, and other educational programs. Recognizes member achievements, assigns mentors and manages the Member Progress Chart.

**VP, MEMBERSHIP:** Enrolls and inducts new members, manages the master membership list, and follows up with guests to answer questions. May also run a membership drive contest each year.

**VP, MARKETING:** Publicizes our club and events happening within our club.

**TREASURER:** Manages the club finances, collects dues, pays expenses and submits financial information to the club and Toastmasters headquarters.

***Continued on Page 3***

## Distinguished Club Program

What better way to help individuals achieve their Toastmaster goals than by providing incentive to the whole club? After all, who doesn't want to belong to a ***Distinguished*** club, or better yet, a ***Select Distinguished*** or even a ***President's Distinguished*** club?

Because giving speeches and interacting with other members, (receiving their evaluations and hearing their speeches) are the two primary means for us all to reach our goals, the Distinguished Club Program focuses on ***Education*** and ***Membership***.

The program revolves around the Club Success Plan. The Plan contains 10 specific goals. They are:

- Two CTMs
- Two more CTMs
- One ATM – May be Bronze, Silver or Gold
- Another ATM – Again may be Bronze, Silver or Gold
- One CL, AL, or DTM
- One more CL, AL, or DTM
- Four new members
- Four more new members
- Minimum of four club officers trained during each of the two training periods
- One semiannual membership report and one officers list submitted on time

Clubs that meet at least five of these goals achieve the designation of Distinguished, while clubs that meet seven of the goals achieve Select Distinguished. Ultimately, **great** clubs like South Shore Soliloquy achieve ***President's Distinguished!***

We are in the midst of a successful year and have already achieved 8 of the 10 goals. This makes the South Shore Soliloquy a "Select Distinguished" club. But there's still time before this Toastmaster year comes to a close in July. With just 3 goals to reach, we are striving to reach the President's Distinguished level again this year. Let's keep up the great work!



## Spotlight recognition!

The South Shore Soliloquy club is pleased to shine the **Spotlight** on the following members and recognize their educational achievements:

### Ice Breaker speech

Marjorie Rossman  
Syphan Loc  
Joe Kelly  
Joan Collins  
Rhonda Dravenstadt

### Competent Toastmaster

Janet Conroy  
Nuccio Geraci

### Competent Leader

John O'Leary  
Donna Adams

### Advanced Toastmaster

John O'Leary, ATM-S  
Sheree Cardoos, ATM-S  
Barbara Augello, ATM-G

## CONGRATULATIONS

The South Shore Soliloquy would like to extend our best wishes to fellow member **MARIE PEELER** on her upcoming wedding!



## Member Profile

**Bob Bergman** joined the South Shore Soliloquy club in September 2002. Bob competed in the Club Level Humorous Speech Contest in September as he delivered his first speech to our club. He quickly met success and won first place in our contest.

Please read below and learn more about this very funny and talented speaker.

### Why did you join Toastmasters?

I re-joined Toastmasters for "continuing education". Each meeting provides four mini-courses (speeches), practice opportunities for my explorations, as well as comparisons of how another club manages group process.

### What do you feel are your (speaking) strengths?

- Non-verbal communications; gestures, vocal variety and movement
- Creative design of presentation materials
- Enthusiasm

### What are your most difficult situations (as a speaker)?

Breaking away from my teaching/training presentation style toward more traditional speeches. That's when the ah's and um's surface as I search the ceiling for just the right phrase.

### Where are you from?

Originally from Halifax, but learning opportunities sent me to Atlanta for many years and then to Napa Valley, California. We returned to Plymouth in 2001 to help care for my aging parents.

### What did you do for work?

- Customer training and course design for IBM
- College teaching at UMass Dartmouth
- Organizational and team development at VeriFone

### What do you do now that you're not working?

Continued study of learning-to-learn strategies  
Writing short humor, poetry, personal journals  
Gardening

### What are some of your accomplishments that you'd like to share with your fellow Toastmasters?

- Completing my Ph.D. while on special leave from IBM
- Publishing a book about multimedia
- Designing and developing several unique learning courses

## Officer Election

*Continued from Page 1*

**SECRETARY:** Tracks meeting attendance, minutes of officer meetings, manages our weekly roster and submits semi-annual reports to Toastmasters International.

**SERGEANT-AT-ARMS:** Sets up the meeting room, brings the timing supplies and banner and opens each meeting by introducing the Invocation and Club President.

### CHIEF INFORMATION OFFICER:

Prepares periodic newsletters, updates to the club Web site and assists other officers in "getting the word out" about club announcements.

Even if you choose to delay taking on an officer role, please join us on May 13<sup>th</sup> to cast your vote for our new club leadership!

### Mark your calendar



➔ **APRIL 15:** **Vic Marcus**, motivational speaker and marketing professional, will be joining us to deliver an entertaining presentation sure to please everyone! Please join us and bring a friend. For information on Vic's background, please visit his Web site at [www.vortexadvisory.com/speaking](http://www.vortexadvisory.com/speaking)

➔ **APRIL 29:** Meeting with the Network Voice club from Weymouth at the Kingston Public Library from 7:30 PM to 9:30 PM.

➔ **MAY 3:** Spring Conference at Bentley College in Waltham, MA. Please check out the District 31 Web site for more information at [www.district31tm.org](http://www.district31tm.org)

➔ **MAY 13:** Club Officer elections

➔ **1<sup>st</sup> meeting of each month:** After the first meeting of each month we will meet at Tucson Tacos in Kingston to unwind and socialize. Upcoming dates include May 6 and June 3, 2003.

## Speech Contests

Each year, in the Spring and Fall, Toastmasters International conducts the International Speaking contests beginning at the club level. The goal is to have speakers challenge and extend their presentation "comfort zone". The result is a contest of talented speakers delivering presentations in a new dimension. Just ask anyone who has competed in a speech contest before!

In March 2003, the South Shore Soliloquy conducted its club level International Speech and Tall Tales contests. The International Speech contest is designed to allow the speaker to select a subject of their choice and showcase their speech craft. Our club level winner was George Boerger, ATM-B, who delivered a thought-provoking speech asking, "Do your socks match your shoes"? While the speech had very little to do with socks and shoes, George's speech writing was clever, his delivery was direct and thought provoking and his message was poignant.

The Tall Tales contest is where a speaker presents a 2 to 3 minute speech about a subject of their choosing that is far-fetched and often times, fictional. The goal is to entertain the audience while spinning a yarn that showcases your speaking talents.

Our club level Tall Tales contest winner was Bob Bergman, CTM, who delivered a very funny tale of bringing "Pets to Work". Bob's enthusiasm, vocal variety and humor showcased his talents as an entertaining speaker who knows how to bring home a laugh.

Our club winners, George and Bob, advanced to the Area level contest held on March 26 in Falmouth. After an exciting competition of talented speakers, the South Shore Soliloquy's own, George Boerger and Bob Bergman, both captured first place in their respective contests.

The third level of the competition, the Division F contest, was held on April 6 in Cumberland, RI. Unfortunately George was unable to attend the Division contest but Bob Bergman represented the South Shore Soliloquy and valiantly competed against other accomplished speakers.

At the Division level contest you are sure to find many polished and professional speakers who have previously won their club and area level contests. As you can imagine, there are some

entertaining presentations! While Bob did not reach first place in the Division level contest he can certainly be proud of his performance!

Our warmest congratulations go out to George and Bob for their accomplishments. The next contest will be held in September 2003 - perhaps you'll consider stretching your comfort zone? 🐼

## WELCOME New Members

Bob Bergman (Sept. '02)  
Joan Collins (Oct '02)  
Joe Kelly (Oct '02)  
Syphan Loc (Aug '02)  
Marjorie Rossman (Aug '02)  
Jeff Fiedler (Oct '02)

## Hot Buttered Cheerios

*From "Chuckery's Favorites" Cookbook*

### Ingredients:

1/4 cup Butter  
4 cups Cheerios or Honey Nut Cheerios  
Salt to taste

### To make:

- Melt butter in skillet
- Pour in Cheerios
- Cook until brown (stirring occasionally)
- Cool and serve
- Store in an airtight container

### SOUTH SHORE SOLILOQUY

A non-profit Toastmasters International organization

#### **For more information:**

Mary MacKinnon  
mary\_mackinnon@hotmail.com  
<http://www.geocities.com/sssoliloquy>

The names "Toastmasters International", "Toastmasters" and the Toastmasters International emblem are trademarks protected in the United States, Canada and other countries where Toastmasters Clubs exist. Unauthorized use is strictly prohibited.