



SOUTH SHORE SOLILOQUY NEWSLETTER

District 31 – Area F2 – Club 5541

OCTOBER 2004

Please join us Tuesdays from
7:30PM to 9:30PM at the
Kingston Public Library, 6
Green Street, Kingston, MA
02364

**GUESTS ARE ALWAYS
WELCOME TO ATTEND ANY
OF OUR MEETINGS!**

**Please share this
newsletter with family,
friends, colleagues and
neighbors. Let's spread
the word about
Toastmasters!**

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PAST PRESIDENT'S FORUM

By Mary MacKinnon, CTM, CL

Wow, that went by fast! After a busy and exciting year, my term as President has come to a close. Before I turn this column over to our new President, Joe Kelley, I want to thank the entire membership of South Shore Soliloquy for making our club a **GREAT** club!

So much transpired during the 2003-2004 season. If you haven't heard the buzz let me fill you in ...

- For the first time in club history, we enrolled **19 new members** in one year! As of June 30, 2004 our membership stood at an astounding **43 members**.
- We achieved **10 out of 10 points** in the Toastmasters International Distinguished Club Program; making our club a Presidential Distinguished Club. This is a remarkable achievement reached only through the constant dedication of our members. Our officers attended training, reports were submitted to TI on time, members achieved their educational goals, a remarkable number of new members joined us and, all the while, we enjoyed some fabulously crafted Toastmaster meetings. This was truly a year that will be etched in club history.
- By this time most of you know that my son arrived 2 months earlier than expected and I was forced to take a leave of absence. Our team of dedicated officers took charge and never let our club skip a beat. I am truly grateful for their hard-work, commitment and leadership abilities. I extend my deepest gratitude to my fellow officers Bob Bergman, Bob Symes, Joe Kelley, Lorenzo Geraci, Mike Rogers, Syphan Loc and Janet Conroy, for we couldn't have done it without you!

This year, we are poised to continue this path of success. We have a diverse, energetic group of members committed to achieving goals of personal and club development. We have already achieved 2 of the 10 club points and our membership base is growing. If you haven't attended a meeting in while, please stop by. We'd love to hear what you've been up to and show you what we've been up to.

I thank you for letting me serve as your President last year and I wish you all continued success!

Mary A. MacKinnon



*Happy
Halloween!*

INTRODUCING YOURSELF

By Bob Bergman, ATM-B

One of the most critical parts of your presentation occurs even before you get up to speak--your personal introduction. When carefully crafted, an introduction can make your audience more receptive to your message and more positively predisposed toward you. When casually quipped, it may get you off the track or lead you into some unplanned detours, distractions, and dead-ends.

A personal introduction demands the same thoughtful design, development, and delivery as your speech, your props, and your non-verbal communication. Answering the following questions can help you frame this critical component and ensure that it complements (and supports) the rest of your efforts.

Who are you?

- What are your credentials, background, or qualifications?
- How can you establish your credibility?
- What's your connection to the audience--common bond?

Why are you here?

(i.e., speaking to this audience, on this occasion)

- What is your purpose?
- What do you want to accomplish?
- What audience concerns will you meet?

What should the audience expect?

- What is your topic? Your title?
- How will you treat the subject? (A "preview")
- How is it relevant to the needs of the audience?

Some Toastmaster-Specific elements

- Which TM Manual and what speech number?
- What are the stated objectives?
- How much time is allotted?
- What role(s) do you want the audience to play?

Your introduction is not necessarily scripted in the above order; you can be creative! By preparing a comprehensive introduction, you can help the Toastmaster *to help you* give a better presentation.



**Reminder: Turn
back your clocks
on October 31st**

A NEW CLUB IN TOWN...

By John O'Leary, ATM-G

President, South Shore Advanced Toastmasters
Complete Speaker Development

"You are the storyteller of your own life, and you can create your own legend or not."

—Tom Peters from Re-imagine!

The South Shore Advanced Toastmasters Club is the first advanced club in the greater Boston area dedicated to the full development of each speaker who has achieved CTM status and beyond. It is a club that was organized to support each member's goal of becoming a better speaker, listener, leader and educator. We achieve this through extensive group evaluations, training modules on defined speaking topics and enhanced table topics. Many of our members have extensive speaking experience developed at work, in the community and at Toastmasters. The vast experience and skill set of our members provides a learning experience at every meeting.

The club meets the third Thursday of every month in the Kingston Public Library Meeting Room from 7:30pm to 9:30pm. We currently have 15 members and we're growing rapidly! Our members come from as far north as Quincy and as far south as Cape Cod.

Our meetings typically have a theme that is woven throughout the evening and repeated during table topics. Everyone participates in table topics and the group evaluations. There is always a buzz in the air! At each meeting our speakers receive group evaluations where areas of opportunity are reviewed with each speaker to fully develop their individual skills. It is a self-paced program, involving all members speaking.

At our September meeting, we learned how to use stories to add impact to our speeches. Several speakers had story telling themes and during table topics we discussed childhood stories. Bob Bergman and Barbara Augello provided strategies for enhancing any speech using stories. A fun filled evening was had by all!

Our next meeting is Thursday, October 21, 2004.

George Boerger will be our Toastmaster and the theme is "How to Develop Speech Topics".

If you are looking to advance your skills to the next level or to stretch outside of your comfort zone then please join us at the South Shore Advanced Toastmasters club meetings. We would love to hear your story. The world deserves to hear your story. Start talking!



SPOTLIGHT RECOGNITION

The South Shore Soliloquy is pleased to shine the **Spotlight** on the following members and recognize their educational achievements earned from September 2003 through September 2004.

ICE BREAKER

Paul Fernandes	Russ Haskell
Jim McCormack	Hung Nguyen
Lisa Papandrea	Ellen Poirer
Guy Raffa	Ida Raduc

HUMOROUS SPEECH CONTEST

John O'Leary	Russ Haskell
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COMPETENT TOASTMASTER

Syphan Loc	Pat Daly
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ATM-SILVER

Marie Peeler

COMPETENT LEADER

Mary MacKinnon	Joe Kelley
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MARK YOUR CALENDAR



Upcoming Meeting Schedule

We will meet on the following Tuesday evenings.

October 2004: 19 (**No mtg on Oct 26**)

November 2004: 2, 9, 16

December 2004: 7, 14, 21

December 21: Club Holiday Party

Please join us for what will be a festive evening. Come for some delicious refreshments and catch up with members you have not seen in a while!

October 30: District 31 Conference

The annual District 31 Fall Conference will be held on Saturday, October 30, 2004 in Providence, RI at the Providence Marriott Hotel. For more information please visit www.district31tm.org/conferences/Fall%20Conference%20Registration.pdf

1st meeting of each month:

After the first meeting of each month we will meet at Tucson Tacos in Kingston to unwind and socialize.

A POCKET GUIDE TO TOASTMASTER ACRONYMS

Acronyms are everywhere. Here are some commonly used acronyms found in this newsletter and many Toastmaster related communications.

CTM	Competent Toastmaster (earned after completing 10 speeches from the C&L manual)
C&L	Communication and Leadership manual, or beginning manual, with 10 projects
ATM	Advanced Toastmaster (earned after completing 10 speeches from any 2 of the advanced manuals)
ATM-B	Advanced Toastmaster Gold (earned after completing the ATM, plus 10 additional speeches from 2 additional advanced manuals)
ATM-S	Advanced Toastmaster Gold (earned after completing the ATM-B, plus 10 additional speeches from 2 additional advanced manuals)
ATM-G	Advanced Toastmaster Gold (earned after completing the ATM-S, plus 10 additional speeches from 2 additional advanced manuals, serving as a club sponsor or club mentor, and mentoring a new member)
CL	Competent Leader award (earned after serving as a club officer, completing the CTM & presenting 2 modules from the Better Speaker Series or the Better Club Series)
AL	Advanced Leader award (earned after completing CL, HPL and serving as a district officer)
DTM	Distinguished Toastmaster (earned after completing requirements for the ATM-G and AL awards)
TI	Toastmasters International

WELCOME NEW MEMBERS

We are pleased to welcome the following new members to the South Shore Soliloquy:

Paul Fernandes
 Russ Haskell
 Jim McCormack
 Mary McCarron
 Bruce McNamee
 Hung Nguyen
 Lisa Papandrea
 Ellen Poirer
 Cathy Pietrafitta
 Ida Raduc
 Guy Raffa

HAVE YOU HEARD?

Have you heard that we're off to a fabulous Toastmasters season again? Well, we are! We've learned so much about our fellow Toastmasters in just the first 2 months.

Have you heard that...

...Russ Haskell is a proficient ballroom dancer,
 ...Marie Peeler is an avid mountain hiker,
 ...John O'Leary knows the secrets to a successful marriage,
 ...Bob Bergman, Sheree Cardoos & Tara Devi Ashok have a Toastmasters talk show running on PAC TV, and
 ...Janet Conroy is the Procrastinator of the Year.

If you want to hear what else you're fellow Toastmasters are up to then please join us at an upcoming meeting!

WORD POWER

As Toastmasters, we challenge ourselves to increase our "word power" by expanding our vocabulary. Here are some suggested words and definitions for you to incorporate into your everyday language and your speech writing:

Abrogate (Verb)	To abolish, to annul
Aggrandize (Verb)	To make greater
Demure (Adj)	Reserved, Modest, Coy
Denizen (Noun)	Inhabitant, One that frequents a place
Nexus (Noun)	Center, Focus
Traduce (Verb)	To violate, to betray

Looking for other suggestions to increase your "word power"? Check out Merriam Webster's on-line dictionary at www.m-w.com.

SOUTH SHORE SOLILOQUY TOASTMASTERS

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2004 – 2005 CLUB OFFICERS

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CONGRATULATIONS!

Congratulations to fellow member, **John O'Leary**, for winning the Club level and Area F2 level Humorous Speech Contests in October 2004!

Congratulations to **Jim McCormack** on recently completing his MBA!

Please share this newsletter with family, friends, colleagues and neighbors. Let's spread the word about Toastmasters!

Many thanks to the contributors of this volume:

Bob Bergman, ATM-B, CL
John O'Leary, ATM-G, CL

Got News? Send your comments, suggestions and articles to mary_mackinnon@hotmail.com