

Lady Meg the Mad!!!

(Megan Coriale)

1024 Maple Street

Natrona Heights, PA 15065

Newsletter of the Shire of Sunderoak

A.S. XLI (2007)

AT BRANCHES REACH



February 2007

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DEPUTY SENESCHAL	ARTS AND SCIENCES	CHATELAINE	
Lord Geoffrey Montgomery (Jeff Montgomery) 724-282-2261 2921 Old 422 East Fenelton, PA 16034 alchemytech@juno.com 7/07	Lord Sigeric the Quiet (Patrick Santella) 724-738-9367 105 West Water Street Slippery Rock, PA 16057 sigericas@hotmail.com 11/06	Vacant—Please contact the Seneschal if interested 6/07	PRINCE AND PRINCESS OF AETHELMEARC Rurik Longsword and Angelik Chastellain de Beauvais Jason B Frederick % Tracey K. Carroll 57 Clarksville Street Greenville, PA 16125 (724) 588-2555 (between 10AM and 1PM, Please) <u>prince@aethelmearc.org</u> and <u>princess@aethelmearc.org</u>
CHIRURGEON	KNIGHT MARSHAL	CAPTAIN OF FENCE/ CHRONICLER	SUNDEROAK WEBSITE http://www.geocities.com/Sunderoak/
Chrysty Tanski 105 Crestwood Drive Evans City, PA 16033	Vladimir Mechnik (Daniel Carpenter) 910-547-3338 (call after 5) 307 South Eberhart Drive Butler, PA 16001 sliver187@earthlink.net 10/07	Lady Meg the Mad!!! (Megan Coriale) 724-226-1350 1024 Maple Street Natrona Heights, PA 15065 megancoriale@yahoo.com 12/07—4/08	The Shire of Sunderoak comprises Butler, Armstrong, and Indiana counties, PA. Regular business meetings are held on the 4 th Tuesday of each month from 7-9 PM. No meeting is held in August. For information regarding the group or its activities, please contact the persons listed as “Seneschal” or “Chatelaine” inside the front cover. This is <i>At Branches Reach</i> , a publication of the Shire of Sunderoak of the Society for Creative Anachronism, Inc. It is not a corporate publication of the Society for Creative Anachronism, Inc., and does not delineate any SCA policies. <i>At Branches Reach</i> is available from the Chronicler (Megan Coriale, 1024 Maple Street, Natrona Heights PA 15065.) Subscriptions are free and available at monthly meetings, or by arrangement with the Chronicler. Extras are not archived. Submission deadline is the 15th of the month of intended publication.
CAPTAIN OF ARCHERS	MISTRESS OF THE LISTS	WEBMISTRESS	I give my permission to include _____ (title of article) in <i>At Branches Reach</i> for publication and distribution. I reserve the right to control further copying of the above article. I give my permission to include _____ (title of article) for viewing of the online newsletter at the Sunderoak web page. I acknowledge that the copyright or decision to allow republication of this article remains with me.
Vacant—Please contact the Seneschal if interested	Lady Ailleann ingen Proinnsias (Diane Leary) 724-910-3833 4756B State Route 66 Apollo, PA 15613 ailleann1949@yahoo.com	(See Herald above)	

April 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14 Spring Coronation
15	16	17	18	19	20	21 A Historic Holiday
22	23	24	25	26 Blackstone Raids	27 Blackstone Raids Year's End Tour- neys	28 Blackstone Raids Year's End Tour- neys
29 Blackstone Raids Year's End Tour- neys	30					

Announcement:

You Could Be Famous!

If you have an area of interest that you are passionate about and have a flair for writing, you could be exactly who we're looking for! The editorship of the Compleat Anachronist (CA) is changing hands, and we're actively recruiting contributing writers, reviewers, and illustrators.

The Compleat Anachronist is published quarterly and is dedicated to in-depth exploration of specific topics of medieval life. It is available by subscription to members of the SCA, or can be purchased through the SCA marketplace.

- Prospective Writers: You are invited to send manuscript proposals to the new editor. Proposals may be as short as a few paragraphs that describe your ideas for a manuscript, or as involved as a complete draft of a manuscript. Prospective writers should consider topics that can reasonably fill 40-50 pages of 10 point font text, including illustrations.

- Reviewers: Assist the editor in reviewing manuscripts. Reviewers may recommend changes, deletions, or additions to what the writer has presented, and help the editor check resources and references. We do the best we can to use reviewers whose interests are similar to the topic of the manuscript they are reviewing, so the more reviewers we have, the better.

- Illustrators: We're looking into the feasibility of using photographs in the CA. However, there may be times that the author of a manuscript is unable or chooses not to use photographs. Illustrators are needed to help authors produce line drawing and other artwork for their manuscripts.

If you are interested in taking part in some exciting changes planned for the CA, please contact the new editor:

Rae Hadley
Tonwen ferch Gruffudd Aur
houndofzeus@pacbell.net (until the CA editor e-mail address is transferred)

In service,
Tonwen ferch Gruffudd Aur, OL



MONTHLY MEETINGS

Business Meeting

The Shire of Sunderoak has regular business meetings on the 4th Tuesday of each month at the Carousel in Alameda Park, Butler from 7-9 PM. (No August meeting)

The meetings are informal (no special dress or admission fees required)

If you would like to make contact with a member who will greet you at a meeting and make other introductions, please contact our Chatelaine or Seneschal.

Officer's Meeting

Officers' meetings are held just before the general business meeting every month.

ACTIVITIES

■ **A&S classes** - Monday evenings from 6-?

■ Contact Katla for directions

■ **Scribal Arts** - Monday evenings from 6-?

■ Contact Katla for more info

■ Can't make Monday or evening meetings? Contact Yvianne for possible alternatives.

■ **Heavy Weapons** (armored combat)-

■ For more information, contact Vladimir Mechnik

■ **Rapier Combat Practice**—

■ For more information, contact Meg the Mad!!!

For those who would like to help support the Florilegium project in another way, I have added a PayPal donation button on the top page of the site. Any donations, while not tax deductible, do help pay the overhead costs of keeping the site running.

THLord Stefan li Rous Ansteorra stefan at florilegium.org

Here are the new files for this month:

In the CLOTHING section:

cl-12C-Woman-art "The Wardrobe of a 12th Century Frankish Noblewoman" by Mistress Roheisa Le Sarjent.

In the ENTERTAINMENT section:

Kubb-art "Kubb" by THL Dagonell Collingwood of Emerald Lake.

In the FOOD-SWEETS-DECORATED section:

candied-fruit-msg Period candied fruit. Recipes.

In the FOOD-VEGETABLES section:

Cucumbers-Hst-art "Medieval and Ancient History of the Cucumber" by Ian of Oertha.

In the HERALDRY section:

Voice-Herldry-art "How to be a Voice Herald in 42 easy steps!" by Lady Eleanor Cleavelly.

In the TEXTILE-ARTS section:

sprang-chrono-art A chronology of the art of sprang weaving by Medb ingen Dungaile.

Here are some of the updated files.

brd-mk-sour-msg Breadmaking - Period sourdough bread recipes.

candy-msg Period candy. Recipes. Candied fruit peels.

cookbooks-SCA-msg Cookbooks written by people in the SCA.

fd-Italy-msg Period Italian food. Cookbooks.

p-spice-trade-msg The period spice trade. Routes, methods.

p-marriage-msg Period marriage.

p-pigs-msg Medieval pigs. Differences from modern pigs.

rec-in-verse-msg Period recipes written in a verse format.

roast-pork-msg Cooking pork roasts. Medieval recipes.

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Officer's Meeting Minutes

Butter recipe

Take two cups of heavy cream and let set until room temperature (around 58-65 degrees F). Put the cream in a pint jar with a tight fitting lid and shake. As the jar is shaken, the sounds the cream make will change. After 15-20 minutes of shaking, butter will separate. You should see a ball of butter in a thin, whitish liquid (buttermilk). Pour off the buttermilk to either drink or use in cooking. Wash the butter in cold water repeatedly, until the water runs clear when it is poured off. After the last rinse, add four ounces of cold rosewater, orange water, lavender water, etc. and work it through the butter, along with 1/8 to 1/2 teaspoon salt. Mix very well. Pour off and work the butter to remove any excess moisture to prevent the butter from going rancid. Place in container and use immediately, refrigerate or freeze. The butter will last up to a week in the refrigerator and 3-4 months frozen. Salt may be omitted, if making butter for cooking.

If the cream does not start separating after ten minutes of churning, it may have been too cold. Add several tablespoons of hot water and start churning again. For a stronger tasting butter, let cream set at room temperature for 12 hours before churning. Butter can also be made in a blender or food processor.

Stefan's Florilegium February 2007

A Blending of the Past and Present

Over the past sixteen years in an ongoing effort, I have been collecting bits of useful information from various newsgroups, mail lists and articles submitted to me by their authors. In order to make this information available to others, I have placed this information in a series of files I call Stefan's Florilegium.

The Florilegium is on the web at: <http://www.florilegium.org>

I am always interested in new articles. If you have written an article that would be of interest to others in the SCA, please send it to me for possible inclusion in the Florilegium. Contact me for more details.

I am also interested in volunteers who might be interested in helping me maintain the Florilegium. Everything from collecting materials, editing and web work is needed. Again, please contact me for more details.

Announcement

RATTAN FIGHTERS SOUGHT FOR CHALLENGING CAREER!

- Does the feel of leather next to your skin cause your blood to boil?
- Does a sword at your hip and a shield in your hand make you feel more balanced?
- When you see a steel helm, are you immediately drawn to it and find yourself caressing it as you whisper, “My pretty...”?
- Does the thought of killing your friends again and again and again and again and.. bring a gleam to your eye?

If you can answer “YES!” to any of these questions, you have what it takes to be a Rattan Fighter!

****No experience or equipment necessary!****

Contact Vladimir Mechnik at sliver187@earthlink.net for more information.

Practices begin at 6PM on Wednesday and some Friday evenings at the Carousel in Alameda Park.

This announcement stolen from the Chronicler of "Across the Hills" the monthly newsletter of the Barony of Endless Hills. Shhhhhh! Don't tell her - she'll kill me!

Herb Butter

Lady Aetheldreda of Dun Breatan

Barony of Bryn Gwlad, Ansteorra

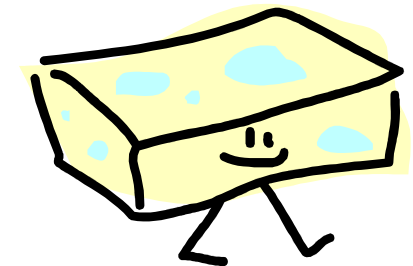
Mmmmm, butter. Tasty condiment, ancient medicine, sacred offering. Butter, made from whole or fermented milk from cows, sheep, goats, or horses, has a long history, from 8,000 to 9,000 B.C. Abraham serves it to angels in “Genesis.” Krishna steals it in the “Rig Veda.” Egyptian papyri list recipes calling for it. Hypocrites prescribe it to heal burns.

Herb butter is a common addition to feasts in the SCA, usually made by adding chopped herbs or honey to butter. Unfortunately, neither version has documentation to its use during our period of interest. Honey butter, while occurring, was used solely as a medicine. Does that mean there was no herb butter?

Herb butters added flavor to foods then as now. It is the method that is different. Instead of incorporating bits of herbs such as basil or rosemary into the butter, flavors were added as part of the butter-making process by using flavored waters, such as rosewater, lavender water, orange water or anise water. The resulting butter was used in cooking and on breads. Rosewater and lavender water are often sold in Indian groceries or health food stores.

Butter-making is easy. Cream is agitated or churned until the whey separates from the butter. Milk solids are rinsed out of the butter. Flavorings and preservatives are added. The process takes less than 30 minutes. This is an activity children enjoy. Just be sure the lid is on tight!

Continued on next page...



Shire Meeting Minutes

Announcement

SWASHBUCKLERS WANTED!

- Is 'swagger' your natural stride?
- Do you feel naked without a rapier hanging from your hip?
- When insulted, do you immediately call out the insulter and insist on a duel?
- Do the words "Hello! My name is Inigo (Duckie) Montoya. You killed my father (duck pond)... Prepare to die!" roll trippingly off your tongue?

If you've answered yes to any of the above questions, Sunderoak Fencing is for you!

****No experience or equipment necessary****

Contact Meg the Mad!!! at megancorale@yahoo.com for more information.

Practices begin at 6PM at the Carousel in Alameda Park. Qualified marshals and teachers are standing by!

This announcement stolen from the Chronicler of "Across the Hills" the monthly newsletter of the Barony of Endless Hills. Shhhhhh! Don't tell her - she'll kill me!

March 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Fight Practice	3
4 A Medieval Purim—BMDL	5 A&S / Scribal	6	7	8	9 Fight Practice	10
11 Gulf Wars	12 Gulf Wars A&S / Scribal	13 Gulf Wars Officer's Meeting	14 Gulf Wars	15 Gulf Wars	16 Gulf Wars Fight Practice	17 Gulf Wars Ice Dragon—Barony of Rhyderrich Hael
18 Gulf Wars	19 A&S / Scribal	20	21	22	23 Fight Practice	24 Spring Bears Event—Shire of Stormsport
25	26 A&S / Scribal	27 Business Meeting	28	29	30 Fight Practice	31 The Canterbury Tales—BMDL Maple Syrup Festival Demo—Steltonwald