

The mission of our Toastmasters club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.

Welcome Home Rich Leinonen!

Rich Leinonen has been absent from our club for several months. During that time he has been serving Uncle Sam—a.k.a. the people of these United States. This includes you and me.

Not every soldier called to duty during this Iraq war spent their time on foreign soil. Still, they have been separated from their family and friends for months at a time. Yet, their location is not as important as their sacrifice. Nor does it diminish the value of their gift. By giving of themselves, our soldiers have given each of us the gift of freedom. Most soldiers, at home and abroad, are well <u>under compensated</u>.

We thank Rich, and his comrades, for their priceless gift. When you see Rich, greet him, welcome him home and thank him for his service to the Country.

During his time away, Rich was able to attend a few Toastmaster's meetings. He was even able to give another manual speech toward his CTM.

We applaud Rich for setting a fine example for his fellow Toastmasters to follow. Thanks, Rich, and welcome home.

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NEWSLETTER STAFF

Publisher. . . Bob Shimanek 475-4754 Editor . . . Judy Hunt, 249-9772 Superiorland Toastmasters meet twice each month from 6:30-8:00 pm. 2nd Monday, Heritage Room, Ramada Inn, 412 W. Washington, 4th Monday, Community Room, Peter White Public Library, 217 North Front Street, Marquette.

WWW.Geocities.com/Superiorlandtm Voted the



Fellow Toastmasters:

When talking to people, we typically seek first to be understood. Most people do not listen to understand—they listen with the intent to reply. I would like for you in your next conversation with an individual or individuals to observe how the information that is being conveyed will be understood. You will note that mostly individuals are in direct eye contact with you--- but are they really listening? You will note that when you stop speaking they already have a reply. They filtered out the information from your speech and will reply from their own experiences.

Example: What happens when your spouse/daughter/son wants up to talk to you about a problem they may have. You respond with experiences you had and how you handled the situation. However, you don't have the vaguest idea what is really going on in his or her head when they are speaking to you. You'll say, "Let's talk about it". They'll say, "I don't want to talk about it". What they really mean is they don't want to talk about it at that time.

You must understand their problem <u>may not</u> be the one that is being spoken. It may be something that was bothering them in the past and they needed your undivided attention. Your immediate response would be how you handled the situation. However your past experience does not necessarily coincide with their situation even though you assumed it was the same. We have had experiences and we expect our children to learn from them. We want to be understood for their benefit. You must ask yourself, "Is it really the same?

Research finds that there are four levels of listening when a person speaks.

- 1. "Pretending"---We may practice pretending to listen, "Yeah. Uh-huh. Right"
- 2. "Ignoring"---Hearing another person but not really listening
- 3. "Selective Listening---Hearing only certain parts of the conversation.
- 4. "Attentive Listening---Paying attention and focusing on words that are being said.

Further research revealed there is a fifth level of listening. It is "emphatic listening". It is listening with the intent to understand. Emphatic listening gets inside the person's frame of mind. You look out through it, you see the world, you understand their example, and you understand how they feel. This type of listening is so powerful because it gives you accurate data to work with. You don't project your own experiences, assuming thoughts, feelings, motives and interpretation.

What type of listening do you do? Grade yourself on a scale of 1 to 10. Where are you on the scale? If it is on the low end---what will it take to improve your listening skills? It is recommended that your attention be directed to emphatic listening. When you listen with empathy to another person, you give that person psychological air. When that important need is met, you can direct your attention on influencing or problem solving. If you have been watching Dr. Phil on television, you will note how he listens and responds to situations that are asked of him to solve. I believe in Toastmasters we sharpen our skills on listening when we evaluate speakers. So be a good listener.

Bob Shimanek President

You Listening? Did You See?

- ▶ Who was the surprise person at our August 25th meeting?
- What was the August 25^{th} meeting theme?
- ▶ Who was Toastmaster for the August 11th meeting?
- ▶ What was the general topic of Dave Juntti's humorous speech on August 25?

MEMBER NEWS!

- Happy Birthday to John Baldwin!
- Mary Belmore, VP/Membership and Judy Hunt, VP/Education are putting together a SpeechCraft. This 8 week program will begin September 22 and end on November 10, Tuesday evenings from 7-8:30 pm. If you would like to assist in this educational, membership building, community project, contact either Mary or Judy.
- District conference is October 17 & 18. Make your arrangements early. The Radisson has special rates for our conference, only \$89 per room. If you are the gambling type you are in luck, the Radisson is attached to the casino.
- Welcome home Rich Leinonen!

"The mind is not a vessel to be filled but a fire to be kindled." Plutarch.

Calendar of Events

September	8	Superiorland TM meeting 6:30 - 8:00 p.m., Ramada Inn, Ancestor's Room. Toastmaster: Open
	22	Superiorland TM meeting 6:30 - 8:00 p.m., Peter White Public Library, Community room. Toastmaster: Open
October	13	Superiorland TM meeting 6:30 - 8:00 p.m., Ramada Inn, Ancestor's Room. Toastmaster: Open
	17-18	Fall conference. Green Bay, WI Special rates only good until September 29. Plan to attend and bring a friend!
	27	Superiorland TM meeting 6:30 - 8:00 p.m., Peter White Public Library, Community room. Toastmaster: Open
November	10	Superiorland TM meeting 6:30 - 8:00 p.m., Ramada Inn, Ancestor's Room. Toastmaster: Open
	24	Superiorland TM meeting 6:30 - 8:00 p.m., Peter White Public Library, Community room. Toastmaster: Open



The latest word on Fall Conference is that the educational sessions will probably feature topics such as:

Conducting Youth Leadership Programs

Living Life to The Fullest

Evaluating and Improving Your Toastmaster Skills

International Toastmaster President, Ted Corcoran, will speak.

This promises to be a great Conference. Plan now to attend and encourage your Toastmaster friends to attend also.

Perseverance Quotient

From the Personal Achievement Newsletter

Perseverance and failure cannot coexist. Failure happens when you quit. When all is said and done, perseverance, commonly referred to as "stick-to-itiveness," is the ultimate success insurance. Nothing can take its place.

Like the old adage of getting up just one more time than you have been knocked down, "Staying with it" applies to so much that is good and healthful in life! From learning to walk to riding a bicycle, our childhood teaches us that failure only occurs when we stop trying. It's a lesson many of us need to revisit in our adulthood. Then we need to consciously apply the techniques and principles that keep us on the "perseverance track."

For example, the world is full of those who "tried" to get a business going. After meeting with difficulty or rejections, they quit. They accepted failure, and faded back into the crowd never to be heard from again. The worst part is not that they quit their business, but that they quit themselves.

Why should succeeding at a business be easier than learning to ski or to play the piano? We are likely to stumble at first. It's part of the learning process. Ultimately, the people who persevere through the stumbling process learn enough to become successful. It's "staying with it" that separates the successful from the "wanes." Remember the words of Vince Lombardi, "We never lost a game, we just ran out of time."

The child comes home from his first day at school.

Mother asks, "What did you learn today?"

The kid replies, "Not enough. I have to go back tomorrow."



Superiorland Toastmasters, under the leadership of Mary Belmore and Judy Hunt are about to embark upon their first SpeechCraft experience. SpeechCraft is one of those additional Toastmaster experiences that can be tallied up for an additional Toastmaster Award. It is also know to be the number one membership building activity in Toast-masters.

Planning and implementing the SpeechCraft is the responsibility of the Coordinators. Part of the planning is to find members to serve as advisors (mentors). If you have accomplished more than three speeches you are an advisor candidate. This is how the current members participate in this membership building activity.

Advisors are assigned at the first meeting. They assist the 'student' in preparing their assigned speeches. Members also take part in SpeechCraft by giving evaluations, being the timer or by giving an educational speech. The topics for the education speeches given by members are very specific: Introducing a Speaker, Speech Organization, Gestures and Vocal Variety. Speeches given by Toastmasters at a SpeechCraft can be counted toward their CTM or Advanced Award. Here are four speaking opportunities waiting for you.

Time is fleeting. If you are interested in taking part please contact Mary or Judy. Your participation will benefit you, your club, your community and the SpeechCrafters.

ACT confident, and you will BE confident.





Office	Officer
President	Bob Shimanek
VP Education	Judy Hunt
VP Membership	Mary Belmore
VP Public Relations	Dan Barrington
Secretary	Stacy Jandron
Treasurer	Karen Jandreau
Sergeant at Arms	Kay Wirtanen
Immediate Past President	Pam Kauppila

If you listen to your fears, you will die never knowing what a great person you might have been. Robert H. Schuller

TI Quotes Taken from TIPS Newsletter

Toastmasters Is For Everyone

Just a reminder that Toastmasters International has a policy against discrimination. "No person shall be excluded from membership in a Toastmasters club, and no member shall be deliberately discriminated against in the conduct of official Toastmaster programs, because of age (except those persons under the age of 18), race, color, creed, gender, national or ethnic origin, sexual orientation, or physical or mental disability so long as the individual, through his or her own efforts, is able to participate in the program".

Policy violation by an individual member, club, area, division, district or other official groups will subject the offending person or entity to disciplinary action, in accordance with the Bylaws of Toastmasters International, unless the offending party ends its own violations.

Answers to Were You Listening, Did You Hear?

- ➤ Rich Leinonen is back and attended the August 25th meeting.
- **▲** Firsts
- ▶ Burt was the Toastmaster on August 11.
- **▲** Traveling

Area Governor's Corner

By Judy Hunt, AG N3

What a fun, enjoyable experience, being an Area Governor!

In August I had the privilege to visit the three Wisconsin clubs within our Area. Every club I visited is a quality club, filled with great people. Everyone was friendly, cheerful, and enthusiastic and all greeted me warmly.

Northern Wisconsin is a beautiful place to drive. The roads are in remarkably good condition. The Wisconsin drivers are, for the most part, courteous. There are many lakes in the area. The tall trees seemed to be artistically placed into the spaces between lakes and rivers and ponds. Each one precisely located as further decoration to an already beautiful scene. The roads seemed as ribbon that was wound around and through the ethereal beauty of the landscape.

The state of Wisconsin and its people have made an impression on me—a good impression. I eagerly look forward to my next visit. By then it will be winter. Can Wisconsin be more beautiful in winter? We will see.

GOING TO FALL CONFERENCE

All words pertain to Fall Conference. Superiorland Toastmasters will be well represented, won't you please will you join us?

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Dinner
District

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Laugh
Learning
Lobby
Lunch
Members
President
Prizes

Proxy Radisson Registration Travel Votes Wisconsin

Answer Page for the August puzzle

Toastmasters and You

Created by Judy Hunt with EclipseCrossword by Green Eclipse Software — www.eclipsecrossword.com

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"Excellence is in the details. Give attention to the details and excellence will come." Perry Paxton