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## AM Instant Pickup Supply

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### Attitude

- Let go of your outcome
- See yourself as a man that women desire
- Know that you can and will please her. You will learn something from every set you run and every person that you meet
- Always assume that it's on, that she desperately wants you, and that you hold all the cards
- Have the attitude that you are auditioning or testing the girls to see if they meet your standards!
- You deserve the best of everything
- Be unflappable
- Be non-needy
- Good mood
- Energetic
- Smiling
- Well-groomed
- Radiate positive energy
- Remember your last success and pretend like it just happened before you walk in the room
- Sexual
- Confident
- Relaxed
- Teasing
- Playful

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### Rules Of Attraction

#### Step One: Opener

- Do improvised or canned opener
- Give yourself a time constraint ("I can only stay for a minute because I'm with my friends over there")
- Body language as if you're about to leave
- Convey personality, smile, but don't be over-enthusiastic

#### Step Two: Break Into Their World

- Best friend test
- Make perceptive or teasing comments about them

(negs are included here)  
- Insert challenges

#### Step Three (can also be done during or after step four)

- Option 1: Take-away or false take-away
- Option 2: Join the group, mid-story or routine, but again, give yourself time constraint

#### Step Four: Demonstrate Value

- Use gimmick, magic, psychic routine, humor, game, whatever

#### Step Five: Build Rapport

- Elicit values
- Find commonalities

#### Step Six: Close

- Option 1: Close
- Option 2: Isolate target, phase shift/seduce and close
- Option 3: Stay in group (or return to group) so that you end the night with them. Try to get to target's house, or get her to your house

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### Top 10 Mistakes Men Make When Approaching Women

1. Don't wait to approach her until she's alone. Even if she likes you, her friends will soon drag her away
2. Don't stare at her for more than three seconds before approaching. Hesitate, and you'll either creep her out or psyche yourself out
3. Don't be afraid to approach her just because there are men in the group. Often, you'll discover that she's with family, friends or co-workers
4. Never open a conversation by apologizing. Phrases like "Excuse me...", "Pardon me..." and "I'm sorry, but..." make you sound like a beggar
5. Don't hit on her or give her a generic compliment. Instead, start a conversation with an entertaining anecdote or question, such as asking the group to suggest names for a three-legged cat or a store that sells 70s memorabilia. It may sound corny, but everyone loves to give their opinion
6. Never, ever buy her a drink. You shouldn't have to pay for her attention
7. Don't touch or grab her right away. If she touches you say, with a smile, "Hey now, hands off the merchandise"
8. Don't lean in or hover over her. Stand up straight and, if the music's too loud or she's seated, simply speak up
9. Don't ask her what her name is, what she does for a living, or where she's from. She's bored of talking about the same things with every new guy she meets
10. Don't focus all your attention on her when she's with other people. If you win her friends over, you'll win her

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### DHVs

IVD #1: Best Friend Test  
Style: Okay, I have to ask: how long have you guys

known each other for? (if you think they're sisters ask "Are you guys sisters or best friends?")  
HBs: blah blah  
Style: See, I knew that.  
HBs: How could you know that?  
Style: I'll show you. In fact, I'll give you the best friend test.  
HBs: (they always get excited here - they love tests for some fucking reason)  
Style: Okay... (pretend like I'm about to ask a serious question - you're hooked, right, so you know they're already hooked)... do you both use the same shampoo?  
HBs: (look at each other, and then open their mouths to answer)  
Style: Okay, the answer doesn't matter. You already passed.  
HBs: ????  
Style: See, if you weren't close to each other you'd keep eye contact with me as you answered. But if two people have a connection, they look at each other first. Kind of like you're doing right now.  
HBs: -giggle- (this is where the seduction newbies you just met see you making two strangers laugh and think you're a PUA god, LOL!)  
Style: See, you don't even need to say anything to each other. It's like you just communicate telepathically.

There are a million places to go from here. Often they'll just open up and start telling you about how they met. (Now you're really in)  
If one looked at the other one first, then you say that she is submissive and the other is dominant in the friendship. (Can be a great neg)

IVD #2: Cs vs. Us  
Style: Smile again for me.  
HB: Um, okay.  
Style (to wing): See, she's a U.  
HB: ????  
Style: I dated a girl who wanted to be a pop star. And she had a theory that people with U-shaped smiles were perceived as unfriendly. And people with C-shaped smiles were perceived as friendly.  
HBs: So what's a U then?  
Style: A U is when your teeth go straight back in your mouth (can add "kind of like a horse" if she's a SHB). A C is when there's a row of pearly whites in the front. And to my ex, it was more than just a theory. She actually got her teeth surgically reshaped from a U to a C.  
HB: No way!  
Style: And she had me go look at pictures of like Christina Aguilera, who is a U, and Britney Spears, who is a C. Look at the cover of any magazine and you'll see that it's always a C smile on the cover. (From here, me and the target start inspecting the teeth of random strangers looking for the perfect C or U. This next section isn't part of the IVD, but this is the rest of the routine if you want it...)  
Style: It's crazy how many plastic surgeries they have for celebs now. She had her eye make-up and her lipstick tattooed on, and when she changed her hair color she had her lips re-tattooed. (If the HB seems open-

minded I continue with the following...) And do you want to hear the grossest thing? One day I noticed that she had two round dots on her upper thighs. She worked out two hours a day and was super-fit, but evidently she got lipo too. But here's what's crazy. Because she used to work as an exotic dancer, she got the fat injected into her labia so that she always looked aroused. (Pretend to walk away, embarrassed)  
Then I throw in this joke, with credit going to Nightlight9...  
Style: She was from LA, and you have to be careful with them. Whenever you go out with girls in LA, everything can be really fake. Fake hair (point to your hair), fake eyes (point to eyes), fake nose (point to nose), fake teeth (point to teeth), fake breasts (cup your breasts). You have to take them to the doctor first to find out which parts are real... they put her through a machine, and you get a print-out at the end.

IVD #3: Name Mnemonics  
HB: What's your name?  
Style: I'm Style.  
HB: I'm Janet. This is Donna. And that's Tony.  
Style: Okay... Janet... Donna... Tony. You know, I used to be really bad with names.  
HB: OMG. I'm so bad with names.  
Style: But you don't have to be anymore. Here, I'll show you in two seconds. All I do when I'm introduced to you is make a picture in my head. So if you're Janet, I picture you with the head of Janet from Three's Company. No offense. And for Donna, I just picture like the dawn, and the sun rising over your head. And for Tony, I see you on the front of a box of Frosted Flakes. Here, I'll show you.

Now, in the old days I'd have them memorize my whole name: first, middle and last. But it came off as too gimmicky. Now, I grab my wing, or a stranger in the club (like another girl I want to meet) and teach them how to memorize his/her first, middle and last name. Learn about mnemonics if you don't know this. But for it work you must have them really see the picture in their minds. It also becomes fun testing them later in the sarge to see if they still remember.

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### Never Give A Straight Answer

The general rule is to make a joke response once, maybe twice. But if you don't answer the question on her third try, then you sound like a weirdo hiding something.  
She: How old are you?  
You: I'm 72, but I look younger because I don't smoke

She: What do you do for work?  
You: I'm a professional hopscotch player. Seriously. Does anyone have some chalk?

She: What's your sign?  
You: No parking any time

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### How Snapple Can Get You Laid

Five Snapple Fun Facts that can be used to start a

conversation, to revive a stalled approach, or to signal a pre-arranged code to your wingman.

1. The average woman consumes eight pounds of lipstick in her lifetime
2. Chewing gum while chopping onions will prevent you from crying
3. No word in the English language rhymes with month
4. Mosquitoes are attracted to people who just ate bananas
5. Fish can drown
6. The only bird that can swim but not fly is a penguin

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## IOIs

- She asks you, without prompting, what your name is, what you do for work, shortly after meeting you  
- She changes her opinion on a song or movie based on your own opinion of it  
- You lean back and she leans toward you  
- You take her hand and she squeezes it  
- She says, "I'm not sleeping with you" before you've asked her to

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## Rules Of Approaching Groups

1. Approach indirectly. When you begin speaking, talk over your shoulder. Do not face directly or lean in. This will make them uncomfortable. As they become more comfortable with you, then you may turn in and join the group
2. Do not hit on the woman you are interested in right away. Win over her friends first. Even ignore her, if you must - this will only pique her interest
3. Enter with an energy level equal to or slightly above that of the group you're approaching. Everyone's out to have fun. If you are able to make them have a little more fun than they're currently having, they'll accept you
4. Use a neutral entertaining opener. To start a conversation, ask a question that will pique the attention of most people. According to Mystery, two subjects fascinate everybody: relationships and the unknown. So ask, for example: "Where would you take someone on a blind date?"
5. Root the opener. If you don't let the group know why you're asking then they are going to think you're taking a survey. So add a story: "I'm asking because my friend over there just moved to Los Angeles, and his boss has set him up with his daughter. It's kind of a lose-lose proposition."
6. Offer a time constraint. As soon as you approach, the first thing the group worries is, "How long does this guy plan on staying here?". Until you win them over with your humor, personality, or special skills, you must short-circuit that fear by telling them, "I can only stay for a second, because my friends are waiting over there."
7. Demonstrate active disinterest in the woman you are actually interested in. If she does something silly, tell her friends: "You can dress her up, but you can't take her anywhere!". This will make her friends feel safe with you and make her wonder how you could possibly be unaffected by her charms. Note: this should not be an insult, but more of a tease, like one might do to a little

sister.

8. Demonstrate value. Now that you have approached and talked to the group, the next step is to make it so they don't want you to leave. This is where any skill you know - or can learn - will come in handy, whether it be magic, hand-writing analysis, palm-reading, psychological personality tests, or teaching her something about herself. You'll know you've done it correctly, if you pretend as if you are going to leave afterward and they drag you back to talk more

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## Openers

Jealous Girlfriend

Style: Hey guys, let me get your opinion on something. I'm trying to give my friend over there advice, but we're just a bunch of guys and not qualified to comment on these matters.

HB: What?

Style: Okay, see Wing over there. Well, he has been dating a girl for three months. And she just moved in with him. Okay. This is a two-part question. So, imagine you've been dating someone for three months. And he is still friends with his old girlfriend from college. How do you feel about that?

HB: blah blah blah are they just friends blah blah blah

Style: Yes, they're just friends. There's nothing else going on. They talk like once a week at most.

HB: I think it's fine / I don't think they should be talking / whatever

Style: Okay, now let's say he has a draw in his apartment. And in that draw he keeps all his old photographs and letters. Now, some of those letters happen to be from ex-es and some of the photographs happen to be with ex-es.

HB: blah blah blah concerned comment blah blah blah

Style: It's not like he ever looks at them. They are just there, like old souvenirs and memories of his past.

HB: I think it's fine / I think he should put them away in a closet / He should destroy them / whatever

Style: Okay, the reason I'm asking is because Wing's girlfriend says she doesn't want him to talk to his ex from college at all. She wants him to cut it off completely. And she wants him to destroy all his old photos and letters from ex-es. She says it's just holding onto the past, and he should let go of it now. Personally, I thought it was extreme and a bit insecure. But what do I know. I'm a guy. And, as we all know, guys think differently from girls...

Points:

1. Women love talking about relationships
2. You can neg them when they get all excited to talk about it and say things like "Oh my god, it's like The View here."
3. It can last a good 15 minutes as they will all chime in. (if guys are there, I usually say "What the hell, let's get your opinion too.")
4. You screen out the jealous psychos who think your friend should not talk to his ex and destroy his old photos. You'd be surprised how much the answers tell you about the girls in the set

Two Part Kiss Opener

PUA: Hey guys, we're having a debate over here and need a quick opinion on something. If a guy is dating a girl, and she goes out to a bar with her friends one night and makes out with a guy just for fun, is it cheating?

Group: Yeah, it's cheating.

PUA: Okay, that makes sense. So here's the real question. And I'll tell you why I'm asking in a second. If she goes out and gets drunk and makes out with a girl for fun, is it cheating?

Group: (the responses will vary, but if any guys say "no", you can bust them for having a double-standard etc.)

PUA: Okay, interesting. The reason I'm asking is because my friend over there has been dating this girl. And she likes to go out and get drunk and make out with girls. Now, some guys might be into that, but it pisses him off and he thinks it's cheating. She says it isn't. So we were trying to figure out who was right.

Group: (discussion ensues, which you will have to cut off soon and move into your next piece of material because they will go on and on about this and stale the topic and convo)

Girl Fight

"OMG! ... Did you see those two girls fighting outside?"

Like right outside the club... they were totally going at it; one was pulling the other's hair, and the other one drew blood with her nails. Believe me, it was not a pretty sight. And they seemed to be fighting over this short guy; he was standing near them just totally laughing!"

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## Pebbles

1. Ask if they're drunk when you know they're not. Then say they're slurring their words or talking out of the side of their mouth or talking funny etc.
2. "Oh my god, I just saw your tonsils!" (if she opens her mouth in shock or to laugh)
3. "That's an interesting accent - where are you from?" (especially if she hasn't got an accent)
4. "OMG. Your shoulders shake when you laugh. It's so cute. You're like Mutley from the Dastardly and Mutley cartoons. There it goes again. It's awesome!"
5. "Um, that's just a little creepy now."
6. "Just because you're a brat, don't think you're going to get special treatment from me."
7. You guys are awesome. You're just like The View." (when they're giving opinions on an opener)
8. After she says where she's from or where she went to school, ask "Do you know Sarah?" (add if you want "thin, black hair, olive skin") Then after she struggles to think, say you just made it up
9. "That's it. We're breaking up. You can keep the dog."
10. "I want to take that part of you right there [a pinch of fat, an eyelid, whatever] and put it on rice, and eat it."
11. Wait until they say something than can be perceived as a negative trait about them, and then say, as you pretend like you're writing on your hand, "Note to self: do not date this girl."

12. Her: I have to tell you something

You: You're pregnant?

13. When she mentions a town she's from or a movie she loves or a television show or whatever, say, "Never heard of it". Say it really straight and dry, with eye contact. Then, after pausing for a few seconds, break into a smile letting her know you're kidding

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## Evolution Phase Shift

1. Ask her what perfume she's wearing (smell her). Say: Animals get their information about their mate by the scent
2. Pull her hair (unless she's spent lots of time on her hair)
3. Bite her arm (right at the "under elbow")
4. Have her bite your neck
5. Criticize her bite and show her how to do it
6. Kiss

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## Last Minute Resistance

Here are a few ways to avoid LMR, many are courtesy of Mystery.

1. Don't push for sex right away. Spend at least seven hours with her or talking to her (all at once or over the course of several days) before having sex
2. If she says "We shouldn't be doing this", don't argue with her. Agree with her, but continue keeping her turned on
3. If she still says she's uncomfortable, say "I understand". Don't pout, be angry, or act wounded. Then turn on the light, turn off the music, blow out the candle, and check your email or watch infant brain surgery on The Learning Channel. She will feel your absence and want your attention again
4. Let her know that you won't leave her before you get to the bedroom. I'll tell her that she's hijacked my brain or that I had a dream about her. If she goes to the bathroom, I'll tell her when she returns "I felt your absence and was really happy when you got back. What did you do to me?"

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## Black Mirror Psychic Code

- 0 or 10 OK  
1 I  
2 So / Go  
3 Try  
4 Will  
5 Would / Could  
6 Please  
7 Quickly  
8 Now  
9 Alright

If you miss a cue, say "You're hard to read" and your wing will give it again.

Note: sometimes it's more believable to be off by one day.