

2009 Ontario Masters Swimming Championship Women's Events

Nepean Sportsplex, Nepean, Ontario

March 20 to 22, 2009

MAKE A SPLASH!



Proudly hosted by:



Sanctioned by:



MASTERS SWIMMING ONTARIO



Schedule of events (Shallow End)

2009 Ontario Masters Swimming Championship
Women's Events and Mixed Relays
Session 1: Friday, March 20, 2009

Session 1		
Warm-ups: 5:00 - 5:55 pm		Start: 6:00 pm
Event #	Event	Approximate Start Time
1	200 IM	06:00 pm
3	50 Freestyle	06:34 pm
205	800 Freestyle Relay	06:50 pm
305	Mixed 800 Freestyle Relay	07:29 pm
7	1500 Freestyle	08:08 pm

Please note:

The 1500 Freestyle will be run with two swimmers per lane.

Relay Substitutions:

Relay substitution cards will be available from and, once completed, must be submitted to the "Clerk of Course" desk (located on the pool deck) by 6 PM on Friday and 10 AM on Saturday and Sunday for that day's relays.

Sign-In for 800m & 1500m events:

All swimmers competing in the 800m & 1500m events must report, in advance, to the "Clerk of Course" desk (located on the pool deck) to sign-in so that we can confirm which swimmers who have entered this event are in attendance and on-deck seeding can be commenced.

For the 1500m event on Friday evening, the sign-in deadline is 5:30 PM.

For the 800m event on Sunday afternoon, the sign-in deadline is 12:00 noon.

2009 Ontario Masters Swimming Championship
 March 20-22, 2009
 Women's Events and Mixed Relays



MASTERS SWIMMING ONTARIO

Event 1 Women 200 SC Meter IM

Lane Name Age Team Seed Time

Heat 1 of 9 Finals

1			
2			
3	Lauermeier, Teah	23 NT-ON	5:00.00
4	Lam, Nancy	58 BURL-ON	4:16.20
5	Manuel, Janet	49 NEP-ON	4:19.30
6	Herbert, Carole	55 BURL-ON	5:15.00
7			
8			

Heat 2 of 9 Finals

1	Chesser, Cathy	40 BURL-ON	4:05.00
2	Ingle, Sharon	50 UTMM-ON	4:00.00
3	Sedgewick, Shauna	36 AURO-ON	3:55.00
4	Wagland, Wendy	62 1000-ON	3:45.90
5	Lowrie, Deborah	41 LSD-ON	3:50.00
6	Mctavish, Sandie	54 LSD-ON	3:57.00
7	Pritchard, Jan	62 SOO-ON	4:00.00
8	King, Caroline	45 GRAN-ON	4:15.00

Heat 3 of 9 Finals

1	Roy, Lauren	47 CFST-ON	3:45.00
2	Auster, Ellen	52 TYMS-ON	3:40.00
3	Ferguson, Amelia	28 OSAC-ON	3:33.10
4	Horne, Carolyn	38 NEP-ON	3:30.00
5	Doucher, Carol-ann	47 AURO-ON	3:32.30
6	Waring, Jane	52 BTSC-ON	3:35.00
7	Rusu, Liliana	52 CARL-ON	3:41.60
8	Tory, Nicola	47 GRAN-ON	3:45.00

Heat 4 of 9 Finals

1	Hall, Dorothy	52 AURO-ON	3:29.00
2	Spencer, Sarah	30 BRDN-ON	3:20.00
3	Bakish, Margaret	60 TECH-ON	3:17.70
4	Fraser, Amanda	26 BURL-ON	3:12.00
5	Lauzon, Chantal	36 NT-ON	3:15.10
6	Mcdowell, Gillian	40 AURO-ON	3:20.00
7	Iannucci, Judith	53 AURO-ON	3:21.20
8	Young, Laura	46 LAUR-ON	3:29.30

Heat 5 of 9 Finals

1	Kennedy, Michele	43 NEP-ON	3:10.00
2	Moisan-valle, Stephanie	24 CFST-ON	3:07.50
3	Franck, Billie	26 CFST-ON	3:05.00
4	Allie, Tracy	22 CFST-ON	3:04.00
5	Key, Amber	25 CLAR-ON	3:05.00
6	Jacob, Casey	44 AURO-ON	3:05.40
7	Banton, Erin	32 TRAY-ON	3:10.00
8	Cowling, Denyse	37 BURL-ON	3:12.00

Heat 6 of 9 Finals

1	Price, Melanie	37 BURL-ON	3:02.00
2	Smith, Stephanie	27 CFST-ON	3:00.00
3	Sutcliffe, Christine	36 TECH-ON	2:59.00
4	Merritt, Cathy	57 NEP-ON	2:56.00
5	Lee, Anne	44 SOO-ON	2:56.00
6	Belair Jones, Nathalie	36 NEP-ON	3:00.00
7	Caney, Stacey	34 GRAN-ON	3:00.20
8	Robinson, Caitlin	18 UTMM-ON	3:02.00

Heat 7 of 9 Finals

1	Bond, Whitney	39 TECH-ON	2:55.00
2	Rodgers, Lynn	38 BURL-ON	2:52.50
3	Mcarton, Jennifer	41 TECH-ON	2:52.00
4	Glennie, Rebecca	37 TECH-ON	2:50.00
5	Turnau, Micheline	33 NEP-ON	2:51.90
6	Kwok, Heather	29 NT-ON	2:52.00
7	Hall, Margot	34 TECH-ON	2:55.00
8	Drummond, Crystal	40 AURO-ON	2:55.50

Heat 8 of 9 Finals

1	Fracke, Meg	25 UXB-ON	2:45.00
2	Haneberry, Petra	34 BURL-ON	2:42.80
3	Mcdonald, Mallory	21 CFST-ON	2:41.10
4	Zarins, Stephanie	29 WIND-ON	2:40.00
5	Beland, Danielle	25 TECH-ON	2:40.00
6	Hutchings, Holly	30 NEP-ON	2:42.00
7	Hatherly, Jackie	44 OAK-ON	2:43.00
8	Gervais-cartier, Alexandr	19 MDDO-ON	2:45.00

Heat 9 of 9 Finals

1	Woodworth, Amy	33 NT-ON	2:39.00
2	Campbell, Kristen	19 MDDO-ON	2:39.00
3	Gonzalez, Juliana	23 AURO-ON	2:35.60
4	Bigelow, Stephanie	23 CFST-ON	2:27.90
5	Shea, Alison	32 TECH-ON	2:35.00
6	Shallhorn, Rachael	21 CFST-ON	2:36.00
7	Fowler, Stephanie	23 UTMM-ON	2:39.00
8	Wu, Lucy (Yunhao)	21 UTMM-ON	2:40.00

Event 3 Women 50 SC Meter Freestyle

Lane Name Age Team Seed Time

Heat 1 of 16 Finals

1	Moustgaard, Maureen	62 LAUR-ON	1:26.00
2	Herbert, Eileen	62 NS-ON	1:03.50
3	Mason-ward, Lesley	75 SWYM-ON	1:00.00
4	Storm, Alison	40 TECH-ON	59.00
5	Barrett, Karen	63 NYG-ON	1:00.00
6	Laurence, Michelle	38 LAUR-ON	1:00.00
7	Forsee, Belinda	70 SWYM-ON	1:05.00
8	Carlyle, Muriel	84 1000-ON	1:28.10

Heat 2 of 16 Finals

1	Burtyn, Suzanne	49 TECH-ON	55.00
2	O'Brien, Sally	66 SOO-ON	52.80
3	Scheffler, Heike	53 TECH-ON	50.00
4	Lombardo, Jamie	50 TECH-ON	47.00
5	Bryce, Glad	75 TYMS-ON	50.00
6	Westernacher, Valerie	61 THOR-ON	52.00
7	Verth, Ann	67 BRNT-ON	53.00
8	Moore, Catherine	54 TECH-ON	56.00

Heat 3 of 16 Finals

1	Grant, Diane	57 TECH-ON	47.00
2	Trattner, Paula	52 THOR-ON	46.50
3	Lopes, Sonia	53 OAK-ON	46.00
4	Caskie, Fiona	50 YMCA-ON	45.80
5	Malone, Marjorie-sassevi	56 KL-ON	45.90
6	Niblett, Pat	77 TECH-ON	46.00
7	Ferenczy, Monika	43 NEP-ON	46.80
8	Chisholm, Lesley	57 NT-ON	47.00

2009 Ontario Masters Swimming Championship
 March 20-22, 2009
 Women's Events and Mixed Relays



MASTERS SWIMMING ONTARIO

Heat 4 Finals (#3 Women 50 SC Meter Freestyle)

1	Hadley-piscopo, Linda	64	SOO-ON	45.00
2	Chesser, Cathy	40	BURL-ON	45.00
3	Craig, Jesse	30	NEP-ON	45.00
4	Inuyama, Kanako	38	NEP-ON	44.00
5	Lefebvre, Carole	49	SWYM-ON	44.80
6	Mccutcheon, Wendy	56	TECH-ON	45.00
7	Maclean, Annette	54	SWYM-ON	45.00
8	Devine, Alexandra	69	SWYM-ON	45.50

Heat 5 of 16 Finals

1	Malczynski, Isabelle	47	CFST-ON	43.00
2	Comisso, Amber	31	CFST-ON	42.00
3	Scott, Valerie	53	OAK-ON	42.00
4	Mariano, Ellen	34	CFST-ON	41.30
5	Perron, Maria	50	TECH-ON	42.00
6	Tremblay, Lucie	39	CFST-ON	42.00
7	Fisher, Jennifer	44	BURL-ON	43.00
8	Dumont, Sylvie	29	NEP-ON	43.90

Heat 6 of 16 Finals

1	Marsham, Janet	45	NEP-ON	40.20
2	Vallieres loy, Nathalie	37	TECH-ON	39.00
3	Gyarmati, Andrea	27	THOR-ON	38.50
4	Dhanvantari, Savita	44	LSD-ON	38.00
5	Ayotte, Nathalie	34	TECH-ON	38.50
6	Auster, Ellen	52	TYMS-ON	39.00
7	Benneman, Laura lee	33	TECH-ON	40.00
8	Duckworth, Cheryl	48	AURO-ON	40.90

Heat 7 of 16 Finals

1	Wagland, Wendy	62	1000-ON	37.90
2	Robert, Andrea	31	SOO-ON	37.30
3	Vincent, Lina	57	CAPS-ON	37.00
4	Pearce, Trina	36	OPP-ON	36.40
5	Mckenna, Tracey	20	THOR-ON	36.50
6	Sabo, Elisabeth	28	TECH-ON	37.00
7	Robertson, Kelly	46	KAN-ON	37.50
8	Grodzevich, Olena	24	TYMS-ON	37.90

Heat 8 of 16 Finals

1	Zirger, Brigitte	57	NEP-ON	36.20
2	Allison, Jennifer	38	TECH-ON	36.00
3	Tory, Nicola	47	GRAN-ON	36.00
4	Martin, Jennifer	31	GRAN-ON	35.20
5	Hall, Dorothy	52	AURO-ON	35.50
6	Pinard, Debbie	52	STIT-ON	36.00
7	Milne, Kathleen	58	TECH-ON	36.20
8	Woollings, Tina	47	KL-ON	36.30

Heat 9 of 16 Finals

1	Charette, Genevieve	38	BRDN-ON	35.00
2	Desmarais, Catherine	29	TECH-ON	35.00
3	Theriault, Josee	41	LAUR-ON	34.50
4	Hormann, Joanne	47	TEAC-ON	34.00
5	Devries, Courtney	22	NEP-ON	34.00
6	Gibbs, Janice	50	OAK-ON	34.80
7	Hansen, Johanna	26	KING-ON	35.00
8	Wilson, Katherine	25	NYG-ON	35.00

Heat 10 of 16 Finals

1	Mcilwaine, Tracey	38	TECH-ON	34.00
2	Burwell, Jennifer	47	RYER-ON	34.00
3	High, Andria	28	CSL-ON	33.70
4	Allie, Tracy	22	CFST-ON	33.30
5	Buckner, Wendy	50	TECH-ON	33.60
6	Leamen, Susie	22	TECH-ON	34.00
7	Westernacher, Eileen	27	THOR-ON	34.00
8	Bittner, Shirley	44	TECH-ON	34.00

Heat 11 of 16 Finals

1	Borenstein, Jaime	25	MDDO-ON	33.00
2	Hievca, Raluca	23	MARK-ON	33.00
3	Guzman, Maria	28	NT-ON	33.00
4	Lemieux, Valerie	36	TECH-ON	33.00
5	Kelly, Sue	38	TECH-ON	33.00
6	Cowling, Denyse	37	BURL-ON	33.00
7	Banton, Erin	32	TRAY-ON	33.00
8	De Laat, Marcela	37	DOR-ON	33.30

Heat 12 of 16 Finals

1	Kennedy, Michele	43	NEP-ON	33.00
2	Weir, Sue	53	TYMS-ON	32.50
3	Fraser, Amanda	26	BURL-ON	32.00
4	Strano, Laurie	35	TECH-ON	32.00
5	Reid, Kathryn	27	NT-ON	32.00
6	Neal, Sue	54	GRAN-ON	32.50
7	Welds, Karen	46	CLAR-ON	32.90
8	Poot, Corinne	36	BURL-ON	33.00

Heat 13 of 16 Finals

1	Simpson, Betsy	44	TECH-ON	31.90
2	Price, Melanie	37	BURL-ON	31.50
3	Simonetti, Suzy	32	NT-ON	31.10
4	Baird, Haelie	27	NT-ON	31.00
5	Gollnow, Sabrina	30	NT-ON	31.00
6	Mazalica, Antonija	20	UTMM-ON	31.50
7	Dusevic, Lesley	41	NEP-ON	31.90
8	Chong, Lori	21	UTMM-ON	32.00

Heat 14 of 16 Finals

1	Sliekers, Stephanie	25	NT-ON	31.00
2	Zaftis, Joyce	19	MDDO-ON	31.00
3	Roman, Marisha	42	TECH-ON	31.00
4	Caney, Stacey	34	GRAN-ON	30.90
5	Shea, Alison	32	TECH-ON	31.00
6	Gillespie, Katie	34	GRAN-ON	31.00
7	Haws, Lori	38	AURO-ON	31.00
8	Singer, Carolyn	32	GRAN-ON	31.00

Heat 15 of 16 Finals

1	Sutcliffe, Christine	36	TECH-ON	30.50
2	Deliencourt, Sylvie	48	TECH-ON	30.00
3	Hutchings, Holly	30	NEP-ON	30.00
4	Mcdonald, Mallory	21	CFST-ON	29.50
5	Bezaire, Vero	32	TECH-ON	29.90
6	Perron, Kathleen	20	TECH-ON	30.00
7	Michon, Carole	33	TECH-ON	30.00
8	Mascherin, Lindsay	30	TMU-ON	30.80



Heat 16 Finals (#3 Women 50 SC Meter Freestyle)

1	Osborne, Katie	46	GRAN-ON	29.30
2	Palmer, Serena	20	CFST-ON	29.00
3	Pruden, Laurel	25	CFST-ON	28.50
4	Primorac, Marijana	30	NT-ON	28.20
5	Bigelow, Stephanie	23	CFST-ON	28.30
6	Beaulieu, Randi	24	UTMM-ON	28.70
7	Samkova, Zuzana	33	NT-ON	29.00
8	Campbell, Kristen	19	MDDO-ON	29.50



Please Note: These are psych sheets and all relays will be deck seeded prior to the event

Event 205 Women 800 SC Meter Freestyle Relay

Team	Relay	Seed Time
72-99		
1	CFST-ON W92 A	8:58.00
	1) Shallhorn, Rachael W21	2) Pruden, Laurel W25
	3) Moisan-valle, Stephanie W2	4) Allie, Tracy W22
2	CFST-ON W90 B	8:58.50
	1) Bigelow, Stephanie W23	2) Palmer, Serena W20
	3) Franck, Billie W26	4) Mcdonald, Mallory W21
3	MDDO-ON W82 A	10:00.00
	1) Gervais-cartier, Alexandra	2) Campbell, Kristen W19
	3) Zaftis, Joyce W19	4) Borenstein, Jaime W25
4	TECH-ON W92 D	10:40.00
	1) Bishop, Tiia W27	2) Perron, Kathleen W20
	3) Leamen, Susie W22	4) Pearce, Anne Marie W23
100-119		
1	TECH-ON W112 A	10:20.00
	1) Beland, Danielle W25	2) Miles, Alison W19
	3) Shea, Alison W32	4) Sutcliffe, Christine W36
2	TECH-ON W116 H	13:10.00
	1) Brown, Carolyn W25	2) Sabo, Elisabeth W28
	3) Ayotte, Nathalie W34	4) Desmarais, Catherine W29
120-159		
1	BURL-ON W131 A	9:41.00
	1) Rodgers, Lynn W38	2) Fraser, Amanda W26
	3) Van Wart, Stacey W37	4) Kerr, Jenn W30
2	NT-ON W122 A	10:15.00
	1) Okeefe, Erin W32	2) Reid, Kathryn W27
	3) Lauzon, Chantal W36	4) Baird, Haelie W27
3	TECH-ON W134 C	10:25.00
	1) Michon, Carole W33	2) Strano, Laurie W35
	3) Hall, Margot W34	4) Bezaire, Vero W32
4	THOR-ON W126 A	11:15.00
	1) Lumsden, Kim W52	2) Mckenna, Tracey W20
	3) Gyarmati, Andrea W27	4) Westernacher, Eileen W27
5	TECH-ON W126 I	14:00.00
	1) Kryviak, Karen W30	2) Khan, Amna W31
	3) Fleet, Kristy W32	4) Benneman, Laura lee W33
160-199		
1	GRAN-ON W166 A	9:50.00
	1) Neal, Sue W54	2) Caney, Stacey W34
	3) Singer, Carolyn W32	4) Osborne, Katie W46
2	TECH-ON W161 B	10:25.00
	1) Glennie, Rebecca W37	2) Bond, Whitney W39
	3) Mcarton, Jennifer W41	4) Simpson, Betsy W44
3	TECH-ON W160 F	12:10.00
	1) Woodman, Donna W42	2) Wagg, Christine W42
	3) Kelly, Sue W38	4) Mcilwaine, Tracey W38
4	AURO-ON W161 A	12:35.00
	1) Haws, Lori W38	2) Doucher, Carol-ann W47
	3) Rosevear, Lena W36	4) Mcdowell, Gillian W40

200-239

1	TECH-ON W201 E	11:15.00
	1) Grant, Fiona W49	2) Roman, Marisha W42
	3) Bakish, Margaret W60	4) Buckner, Wendy W50
2	TECH-ON W200 J	14:50.00
	1) Scheffler, Heike W53	2) Mccutcheon, Wendy W56
	3) Storm, Alison W40	4) Moore, Wendy W51

240-279

1	TECH-ON W241 G	13:10.00
	1) Quain, Marianne W54	2) Konzuk, Julia W45
	3) Angus, Pat W65	4) Niblett, Pat W77



Event 305 Mixed 800 SC Meter Freestyle Relay

Team	Relay	Seed Time
X100-119		
1	UTMM-ON X104 A	9:20.00
	1) Robinson, Caitlin W18	2) Fowler, Stephanie W23
	3) Rutledge, Michael M39	4) Kowalczewski, Scott M24
X120-159		
1	AURO-ON X145 A	9:40.00
	1) Lindquist, Daniel M29	2) Sodonis, Frank M53
	3) Drummond, Crystal W40	4) Gonzalez, Juliana W23
2	NT-ON X135 B	9:40.00
	1) Crawford, Lianne W37	2) Dunford, Jason M35
	3) Woodworth, Amy W33	4) Blaskovits, Peter M30
3	CFST-ON X144 A	10:05.00
	1) Macmillan, Matt M30	2) Mariano, Ellen W34
	3) Comisso, Amber W31	4) Percy, Tom M49
4	BURL-ON X159 B	10:35.00
	1) Poot, Corinne W36	2) Cowling, Denyse W37
	3) Rudolph, Manfred M54	4) Smith, Jason M32
X160-199		
1	BURL-ON X173 A	9:38.00
	1) Chiki, Colleen W36	2) Haneberry, Petra W34
	3) Twohig, John M59	4) Strang, John M44
2	NT-ON X173 A	9:43.00
	1) Chisholm, Bill M54	2) Smelt, Chris M46
	3) Heard, Kathy W41	4) Simonetti, Suzy W32
3	CFST-ON X167 C	10:05.00
	1) O'Brien, Sean M42	2) Malczynski, Isabelle W47
	3) Tremblay, Lucie W39	4) Bouchard, Dan M39
4	CFST-ON X168 B	10:06.00
	1) Dionne, Jean-marc M32	2) Ouellet, Michel M47
	3) Mullen, Karen W42	4) Roy, Lauren W47
5	NEP-ON X180 B	11:00.00
	1) Horne, Carolyn W38	2) Wolfe, Brian M47
	3) Turnau, Micheline W33	4) Robertson, Brian M62
6	TECH-ON X160 B	11:45.00
	1) Malloy, Kevin M43	2) Scanlan, Peter M44
	3) Lemieux, Valerie W36	4) Rooney, Helen W37
7	TECH-ON X162 D	12:05.00
	1) Vallierres loy, Nathalie W37	2) Bittner, Shirley W44
	3) Bond, Dave M41	4) Luff, Ed M40
8	AURO-ON X198 B	12:50.00
	1) Black, Nancy W47	2) Bonham, Karen W49
	3) Brown, Lloyd M46	4) Cundari, Chuck M56
9	TECH-ON X160 E	13:30.00
	1) Jacques, Sylvie W36	2) Poirier, Nathalie W41
	3) Baker, Dale M39	4) Sims, Mike M44

X200-239

1	GRAN-ON X203 A	10:00.00
	1) Bannerman, Bob M69	2) Tory, Nicola W47
	3) Gillespie, Katie W34	4) Aboud, Mark M53
2	LSD-ON X202 A	11:30.00
	1) Gilbert, Nick M53	2) Salmon, Anneke W53
	3) Mctavish, Sandie W54	4) Mitchell, Scott M42
3	TECH-ON X202 A	11:30.00
	1) Mackwood, Jeff M50	2) Fasken, Lee M55
	3) Milford, Wendy W48	4) Mackwood, Genevieve W49
4	TECH-ON X202 F	13:50.00
	1) Fraser, Dave M49	2) Magne, Jean M53
	3) Lombardo, Jamie W50	4) Perron, Maria W50
5	TECH-ON X200 G	14:00.00
	1) Morissette, Jacques M46	2) Lemkuhl, Brian M48
	3) Moore, Catherine W54	4) Ulliyatt, Hazel W52
6	TECH-ON X200 H	14:40.00
	1) Marsaw, Aaron M36	2) Chartrand, Bern M51
	3) Brooks, Cathy W56	4) Grant, Diane W57

X240-279

1	NEP-ON X240 A	11:40.76
	1) Burrows, John M61	2) Zirger, Brigitte W57
	3) Colpitts, Charles M65	4) Merritt, Cathy W57
2	TECH-ON X240 C	12:05.00
	1) Leach, Peter M64	2) Durr, Larry M70
	3) Milne, Kathleen W58	4) Deliencourt, Sylvie W48



**Please Note: The 1500 Meter Freestyle will be run with two swimmers per lane
 These are psych sheets and the event will be deck seeded prior to the event**

Event 7 Women 1500 SC Meter Freestyle

Name	Age	Team	Seed Time
18-24			
1 Pearce, Anne Marie	23	TECH-ON	22:37.50
2 Gibson, Breanne	23	CFST-ON	23:41.00
3 Galvin, Ashley	21	CFST-ON	24:40.20
4 Leamen, Susie	22	TECH-ON	28:00.00
5 Campbell, Jocelyn	20	ETOB-ON	30:00.00
25-29			
1 Beland, Danielle	25	TECH-ON	19:30.00
2 Smith, Stephanie	27	CFST-ON	22:30.00
3 Jackson, Catriona	25	UNON-ON	22:30.00
4 Hayley, Mooney	29	CFST-ON	24:00.00
5 Bishop, Tiia	27	TECH-ON	24:31.00
6 Tardif, Josiane	26	OTTY-ON	26:30.00
7 Sabo, Elisabeth	28	TECH-ON	28:00.00
30-34			
1 Shea, Alison	32	TECH-ON	19:55.00
2 Simonetti, Suzy	32	NT-ON	21:20.00
3 Turnau, Micheline	33	NEP-ON	21:30.00
4 Kerr, Jenn	30	BURL-ON	25:00.00
5 Fleet, Kristy	32	TECH-ON	26:45.00
6 Kryviak, Karen	30	TECH-ON	28:00.00
7 Khan, Amna	31	TECH-ON	28:00.00
8 Ayotte, Nathalie	34	TECH-ON	29:00.00
35-39			
1 Crawford, Lianne	37	NT-ON	19:55.00
2 Haws, Lori	38	AURO-ON	22:00.00
3 De Laat, Marcela	37	DOR-ON	23:16.00
4 Levett, Jennifer	37	YMCA-ON	23:30.00
5 Rooney, Helen	37	TECH-ON	28:00.00
6 Van Wart, Stacey	37	BURL-ON	29:00.00
7 Allison, Jennifer	38	TECH-ON	29:00.00
8 Pearce, Trina	36	OPP-ON	31:00.00
9 Frolek, Joanne	35	NEP-ON	32:00.00
10 Jacques, Sylvie	36	TECH-ON	33:00.00
40-44			
1 Dusevic, Lesley	41	NEP-ON	21:35.00
2 Mcarton, Jennifer	41	TECH-ON	21:40.00
3 Simpson, Betsy	44	TECH-ON	24:00.00
4 Woodman, Donna	42	TECH-ON	26:00.00
5 Poirier, Nathalie	41	TECH-ON	28:00.00
6 Dhanvantari, Savita	44	LSD-ON	30:00.00
7 Wride, Barb	43	UXB-ON	35:00.00

45-49

1 Grant, Fiona	49	TECH-ON	21:52.00
2 Stewart, Carolyn	47	UNON-ON	22:00.00
3 Miller, Joanne (Jody)	47	UTMM-ON	22:00.00
4 Mackwood, Genevieve	49	TECH-ON	23:00.00
5 Konzuk, Julia	45	TECH-ON	24:00.00
6 Bonham, Karen	49	AURO-ON	24:59.90
7 Robertson, Kelly	46	KAN-ON	25:00.00
8 Milford, Wendy	48	TECH-ON	26:00.00
9 Herley-tremblay, Michel	45	NEP-ON	29:00.00

50-54

1 Lumsden, Kim	52	THOR-ON	27:30.00
2 Dowd, Jane	54	ARN-ON	28:00.00
3 Salmon, Anneke	53	LSD-ON	28:00.00
4 Waring, Jane	52	BTSC-ON	28:40.00
5 Quain, Marianne	54	TECH-ON	29:00.00
6 Moore, Wendy	51	TECH-ON	30:27.90
7 Verner, Lynn	53	BTSC-ON	32:00.00
8 Ulyatt, Hazel	52	TECH-ON	32:00.00
9 Scheffler, Heike	53	TECH-ON	35:23.00
10 Moore, Catherine	54	TECH-ON	42:30.00

55-59

1 Chisholm, Lesley	57	NT-ON	30:00.00
2 Brooks, Cathy	56	TECH-ON	39:00.00

60-64

1 Wyatt, Marion	60	1000-ON	26:10.00
2 Hadley-piscopo, Linda	64	SOO-ON	29:50.00

65-69

1 Angus, Pat	65	TECH-ON	26:50.00
2 Devine, Alexandra	69	SWYM-ON	31:30.00
3 Hines, Elaine	66	BTSC-ON	33:30.00



Schedule of events (Deep End)

2009 Ontario Masters Swimming Championship

Women's Events and Mixed Relays

Session 2: Saturday, March 21, 2009

Session 2		
Warm-ups: 8:00 - 8:55 am		Start: 9:00 am
Event #	Event	Approximate Start Time
9	100 Freestyle	09:00 am
11	400 IM	09:38 am
13	50 Breaststroke	10:15 am
215	400 Medley Relay	10:28 am
315	Mixed 400 Medley Relay (Shallow End)	10:46 am

Please note:

The women's events will be held in the Deep End, however the mixed relays will be held in the Shallow End.

Relay Substitutions:

Relay substitution cards will be available from and, once completed, must be submitted to the "Clerk of Course" desk (located on the pool deck) by 6 PM on Friday and 10 AM on Saturday and Sunday for that day's relays.

2009 Ontario Masters Swimming Championship
 March 20-22, 2009
 Women's Events and Mixed Relays



MASTERS SWIMMING ONTARIO

Event 9 Women 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 21 Finals				
1				
2				
3	Carlyle, Muriel	84	1000-ON	3:24.30
4	Laurence, Michelle	38	LAUR-ON	2:20.00
5	Harper, Trina	36	NEP-ON	2:30.00
6	Moustgaard, Maureen	62	LAUR-ON	3:41.30
7				
Heat 2 of 21 Finals				
1	Herbert, Eileen	62	NS-ON	2:19.00
2	Moore, Catherine	54	TECH-ON	2:11.00
3	Lombardo, Jamie	50	TECH-ON	2:00.00
4	Scheffler, Heike	53	TECH-ON	1:58.00
5	Westernacher, Valerie	61	THOR-ON	1:59.00
6	Storm, Alison	40	TECH-ON	2:10.00
7	Barrett, Karen	63	NYG-ON	2:15.00
Heat 3 of 21 Finals				
1	Verth, Ann	67	BRNT-ON	1:58.00
2	Manuel, Janet	49	NEP-ON	1:55.00
3	Burty, Suzanne	49	TECH-ON	1:55.00
4	Obrien, Sally	66	SOO-ON	1:53.00
5	Mccutcheon, Wendy	56	TECH-ON	1:55.00
6	Wride, Barb	43	UXB-ON	1:55.00
7	Grant, Diane	57	TECH-ON	1:55.00
Heat 4 of 21 Finals				
1	Craig, Jesse	30	NEP-ON	1:52.00
2	Van Wart, Stacey	37	BURL-ON	1:49.00
3	Chisholm, Lesley	57	NT-ON	1:45.00
4	Hadley-piscopo, Linda	64	SOO-ON	1:42.00
5	Niblett, Pat	77	TECH-ON	1:45.00
6	Malone, Marjorie-sassevi	56	KL-ON	1:48.00
7	Perron, Maria	50	TECH-ON	1:50.00
Heat 5 of 21 Finals				
1	Ullyatt, Hazel	52	TECH-ON	1:42.00
2	Fisher, Jennifer	44	BURL-ON	1:41.00
3	Grelier, Sandie	25	LAUR-ON	1:40.00
4	Duckworth, Cheryl	48	AURO-ON	1:39.90
5	Ingle, Sharon	50	UTMM-ON	1:40.00
6	Caskie, Fiona	50	YMCA-ON	1:41.00
7	Deguire, Danielle	38	CMDG-ON	1:41.00
Heat 6 of 21 Finals				
1	Poirier, Nathalie	41	TECH-ON	1:39.00
2	Ayotte, Nathalie	34	TECH-ON	1:35.00
3	Vallierres loy, Nathalie	37	TECH-ON	1:35.00
4	Cumming, Peggy	65	OTTY-ON	1:33.00
5	Malczynski, Isabelle	47	CFST-ON	1:35.00
6	Benneman, Laura lee	33	TECH-ON	1:35.00
7	Dumont, Sylvie	29	NEP-ON	1:35.80

Heat 7 of 21 Finals

1	Pister, Susan	55	SOO-ON	1:32.10
2	Inuyama, Kanako	38	NEP-ON	1:30.00
3	Wyatt, Marion	60	1000-ON	1:30.00
4	Mariano, Ellen	34	CFST-ON	1:27.50
5	Strano, Laurie	35	TECH-ON	1:30.00
6	Allison, Jennifer	38	TECH-ON	1:30.00
7	Morin, Émilie	26	CMDG-ON	1:31.50

Heat 8 of 21 Finals

1	Wagland, Wendy	62	1000-ON	1:25.90
2	Doucher, Carol-ann	47	AURO-ON	1:25.10
3	Hlevca, Raluca	23	MARK-ON	1:25.00
4	Roy, Lauren	47	CFST-ON	1:24.80
5	Reed, Susan	52	BURL-ON	1:24.80
6	Auster, Ellen	52	TYMS-ON	1:25.00
7	Mctavish, Sandie	54	LSD-ON	1:25.70

Heat 9 of 21 Finals

1	Mullen, Karen	42	CFST-ON	1:24.80
2	Comisso, Amber	31	CFST-ON	1:23.00
3	Brown, Carolyn	25	TECH-ON	1:23.00
4	Robertson, Kelly	46	KAN-ON	1:22.00
5	Grodzevich, Olena	24	TYMS-ON	1:23.00
6	Tremblay, Lucie	39	CFST-ON	1:23.00
7	Galvin, Ashley	21	CFST-ON	1:24.20

Heat 10 of 21 Finals

1	Miller, Joanne (Jody)	47	UTMM-ON	1:22.00
2	Woolings, Tina	47	KL-ON	1:21.80
3	Hayley, Mooney	29	CFST-ON	1:20.00
4	Lauermeier, Teah	23	NT-ON	1:20.00
5	Devries, Courtney	22	NEP-ON	1:20.00
6	Leamen, Susie	22	TECH-ON	1:21.00
7	Lepine, Sylvie	57	YMCA-ON	1:22.00

Heat 11 of 21 Finals

1	Tolkachev, Olga	38	OPP-ON	1:20.00
2	Fleet, Kristy	32	TECH-ON	1:20.00
3	Bonham, Karen	49	AURO-ON	1:19.90
4	Martin, Jennifer	31	GRAN-ON	1:19.80
5	Charette, Genevieve	38	BRDN-ON	1:19.90
6	Bowie, Alison	25	MASC-ON	1:20.00
7	Woods, Tanya	37	BURL-ON	1:20.00

Heat 12 of 21 Finals

1	Mckenna, Tracey	20	THOR-ON	1:19.70
2	Welds, Karen	46	CLAR-ON	1:19.20
3	Levett, Jennifer	37	YMCA-ON	1:19.00
4	Kennedy, Michele	43	NEP-ON	1:18.70
5	Desmarais, Catherine	29	TECH-ON	1:19.00
6	Hughes, Michelle	45	BURL-ON	1:19.00
7	Lauzon, Chantal	36	NT-ON	1:19.70

Heat 13 of 21 Finals

1	Milford, Wendy	48	TECH-ON	1:18.00
2	High, Andria	28	CSL-ON	1:17.70
3	Gibson, Breanne	23	CFST-ON	1:17.00
4	Buckner, Wendy	50	TECH-ON	1:16.60
5	Kelly, Sue	38	TECH-ON	1:17.00
6	Iannucci, Judith	53	AURO-ON	1:17.10
7	Hansen, Johanna	26	KING-ON	1:18.00

2009 Ontario Masters Swimming Championship
 March 20-22, 2009
 Women's Events and Mixed Relays



MASTERS SWIMMING ONTARIO

Heat 14 Finals (#9 Women 100 SC Meter Freestyle)

1	Poot, Corinne	36	BURL-ON	1:15.00
2	Franck, Billie	26	CFST-ON	1:15.00
3	Lemieux, Valerie	36	TECH-ON	1:15.00
4	Wilson, Katherine	25	NYG-ON	1:14.00
5	Gervais, Jane	42	SOO-ON	1:14.30
6	Reid, Kathryn	27	NT-ON	1:15.00
7	Mcilwaine, Tracey	38	TECH-ON	1:15.00

Heat 15 of 21 Finals

1	Gibbs, Janice	50	OAK-ON	1:14.00
2	Moisan-valle, Stephanie	24	CFST-ON	1:13.30
3	Allie, Tracy	22	CFST-ON	1:12.90
4	Stewart, Carolyn	47	UNON-ON	1:12.00
5	Weir, Sue	53	TYMS-ON	1:12.00
6	Cowling, Denyse	37	BURL-ON	1:13.20
7	De Laat, Marcela	37	DOR-ON	1:13.50

Heat 16 of 21 Finals

1	Baxter, Peggy	54	NEP-ON	1:12.00
2	Roman, Marisha	42	TECH-ON	1:11.00
3	Hormann, Joanne	47	TEAC-ON	1:11.00
4	Gillespie, Katie	34	GRAN-ON	1:10.00
5	Neal, Sue	54	GRAN-ON	1:10.50
6	Kwok, Heather	29	NT-ON	1:11.00
7	Fraser, Amanda	26	BURL-ON	1:12.00

Heat 17 of 21 Finals

1	Burwell, Jennifer	47	RYER-ON	1:10.00
2	Jackson, Catriona	25	UNON-ON	1:10.00
3	Baird, Haelie	27	NT-ON	1:10.00
4	Dusevic, Lesley	41	NEP-ON	1:09.90
5	Michon, Carole	33	TECH-ON	1:10.00
6	Smith, Stephanie	27	CFST-ON	1:10.00
7	Gollnow, Sabrina	30	NT-ON	1:10.00

Heat 18 of 21 Finals

1	Sutcliffe, Christine	36	TECH-ON	1:09.50
2	Perron, Kathleen	20	TECH-ON	1:09.00
3	Merritt, Cathy	57	NEP-ON	1:08.70
4	Sliekers, Stephanie	25	NT-ON	1:08.10
5	Mazalica, Antonija	20	UTMM-ON	1:08.50
6	Zaftis, Joyce	19	MDDO-ON	1:09.00
7	Mascherin, Lindsay	30	TMU-ON	1:09.50

Heat 19 of 21 Finals

1	Gervais-cartier, Alexandr	19	MDDO-ON	1:08.00
2	Guzman, Maria	28	NT-ON	1:08.00
3	Chiki, Colleen	36	BURL-ON	1:07.50
4	Bezaire, Vero	32	TECH-ON	1:07.00
5	Bond, Whitney	39	TECH-ON	1:07.00
6	Haws, Lori	38	AURO-ON	1:07.50
7	Singer, Carolyn	32	GRAN-ON	1:08.00

Heat 20 of 21 Finals

1	Robinson, Caitlin	18	UTMM-ON	1:07.00
2	Charron, Christine	32	CMDG-ON	1:06.70
3	Campbell, Kristen	19	MDDO-ON	1:06.00
4	Abgarov, Alisa	26	NT-ON	1:05.00
5	Osborne, Katie	46	GRAN-ON	1:05.40
6	Simonetti, Suzy	32	NT-ON	1:06.40
7	Rowan Legg, Anne	32	TECH-ON	1:07.00

Heat 21 of 21 Finals

1	Pruden, Laurel	25	CFST-ON	1:05.00
2	Palmer, Serena	20	CFST-ON	1:04.00
3	Mcdonald, Mallory	21	CFST-ON	1:03.80
4	Shallhorn, Rachael	21	CFST-ON	1:02.00
5	Samkova, Zuzana	33	NT-ON	1:03.70
6	Bigelow, Stephanie	23	CFST-ON	1:03.90
7	Zarins, Stephanie	29	WIND-ON	1:05.00

Event 11 Women 400 SC Meter IM

Lane Name Age Team Seed Time

Heat 1 of 5 Finals

1				
2				
3	Pritchard, Jan	62	SOO-ON	8:20.00
4	Auster, Ellen	52	TYMS-ON	8:10.00
5	King, Caroline	45	GRAN-ON	8:20.00
6				
7				

Heat 2 of 5 Finals

1				
2	Waring, Jane	52	BTSC-ON	8:00.00
3	Rusu, Liliana	52	CARL-ON	8:00.00
4	Young, Laura	46	LAUR-ON	7:18.30
5	Ferguson, Amelia	28	OSAC-ON	7:33.00
6	Angus, Pat	65	TECH-ON	8:00.00
7				

Heat 3 of 5 Finals

1	Mcdowell, Gillian	40	AURO-ON	7:12.00
2	Bakish, Margaret	60	TECH-ON	7:04.90
3	Mackwood, Genevieve	49	TECH-ON	7:00.00
4	Banton, Erin	32	TRAY-ON	6:45.00
5	Jackson, Catriona	25	UNON-ON	7:00.00
6	Hall, Margot	34	TECH-ON	7:00.00
7	Bishop, Tiia	27	TECH-ON	7:11.00

Heat 4 of 5 Finals

1	Spencer, Sarah	30	BRDN-ON	6:20.00
2	Lee, Anne	44	SOO-ON	6:10.00
3	Drummond, Crystal	40	AURO-ON	6:03.50
4	Haneberry, Petra	34	BURL-ON	5:51.50
5	Miles, Alison	19	TECH-ON	5:55.00
6	Rodgers, Lynn	38	BURL-ON	6:04.50
7	Key, Amber	25	CLAR-ON	6:15.00

Heat 5 of 5 Finals

1	Hatherly, Jackie	44	OAK-ON	5:45.00
2	Wu, Lucy (Yunhao)	21	UTMM-ON	5:35.00
3	Charron, Christine	32	CMDG-ON	5:31.70
4	Beland, Danielle	25	TECH-ON	5:30.00
5	Kerr, Jenn	30	BURL-ON	5:30.00
6	Gonzalez, Juliana	23	AURO-ON	5:33.30
7	Fowler, Stephanie	23	UTMM-ON	5:36.00

2009 Ontario Masters Swimming Championship
 March 20-22, 2009
 Women's Events and Mixed Relays



MASTERS SWIMMING ONTARIO

Event 13 Women 50 SC Meter Breaststroke

Lane Name Age Team Seed Time

Heat 1 of 12 Finals

1				
2				
3	Barrett, Karen	63	NYG-ON	1:20.00
4	Niblett, Pat	77	TECH-ON	1:10.00
5	Storm, Alison	40	TECH-ON	1:11.00
6	Carlyle, Muriel	84	1000-ON	1:56.30
7				

Heat 2 of 12 Finals

1	Forsee, Belinda	70	SWYM-ON	1:10.00
2	Obrien, Sally	66	SOO-ON	1:02.00
3	Ferenczy, Monika	43	NEP-ON	1:01.00
4	Fisher, Jennifer	44	BURL-ON	55.20
5	Mccutcheon, Wendy	56	TECH-ON	58.00
6	Malone, Marjorie-sassevi	56	KL-ON	1:01.20
7	Trattner, Paula	52	THOR-ON	1:06.30

Heat 3 of 12 Finals

1	Lam, Nancy	58	BURL-ON	55.00
2	Verner, Lynn	53	BTSC-ON	54.00
3	Moore, Wendy	51	TECH-ON	52.40
4	Scott, Valerie	53	OAK-ON	51.00
5	Humphrey, Elisabeth	31	OCM-ON	52.00
6	Khan, Amna	31	TECH-ON	53.00
7	Hadley-piscopo, Linda	64	SOO-ON	55.00

Heat 4 of 12 Finals

1	Duckworth, Cheryl	48	AURO-ON	50.90
2	Robertson, Kelly	46	KAN-ON	50.00
3	Lowrie, Deborah	41	LSD-ON	50.00
4	Cumming, Peggy	65	OTTY-ON	50.00
5	Dumont, Sylvie	29	NEP-ON	50.00
6	Devries, Courtney	22	NEP-ON	50.00
7	Pister, Susan	55	SOO-ON	50.40

Heat 5 of 12 Finals

1	Lombardo, Jamie	50	TECH-ON	50.00
2	Rosevear, Lena	36	AURO-ON	49.90
3	Lopes, Sonia	53	OAK-ON	49.30
4	Deliencourt, Sylvie	48	TECH-ON	48.00
5	Vincent, Lina	57	CAPS-ON	48.50
6	Reed, Susan	52	BURL-ON	49.70
7	Wagg, Christine	42	TECH-ON	50.00

Heat 6 of 12 Finals

1	Welsh, Karin	48	UXB-ON	48.00
2	Grodzevich, Olena	24	TYMS-ON	47.40
3	Rusu, Liliana	52	CARL-ON	47.00
4	Gyarmati, Andrea	27	THOR-ON	46.90
5	Sedgewick, Shauna	36	AURO-ON	47.00
6	Comisso, Amber	31	CFST-ON	47.00
7	Brown, Carolyn	25	TECH-ON	48.00

Heat 7 of 12 Finals

1	Temple, Karen	43	AURO-ON	46.50
2	Mariano, Ellen	34	CFST-ON	46.10
3	Hlevca, Raluca	23	MARK-ON	46.00
4	Tory, Nicola	47	GRAN-ON	45.80
5	Marsham, Janet	45	NEP-ON	46.00
6	Pinard, Debbie	52	STIT-ON	46.00
7	Gibson, Breanne	23	CFST-ON	46.20

Heat 8 of 12 Finals

1	Hughes, Michelle	45	BURL-ON	45.20
2	Lemieux, Valerie	36	TECH-ON	45.00
3	Desmarais, Catherine	29	TECH-ON	45.00
4	Hall, Dorothy	52	AURO-ON	45.00
5	Jarrett-fisch, Nicole	28	SCAR-ON	45.00
6	Mctavish, Sandie	54	LSD-ON	45.00
7	Morin, Emilie	26	CMDG-ON	45.00

Heat 9 of 12 Finals

1	Milne, Kathleen	58	TECH-ON	44.50
2	Brankovsky, Martina	48	NYG-ON	44.30
3	Konzuk, Julia	45	TECH-ON	44.00
4	Doucher, Carol-ann	47	AURO-ON	43.50
5	Buckner, Wendy	50	TECH-ON	43.80
6	Abgarov, Alisa	26	NT-ON	44.00
7	Deacon, Sue	47	AURO-ON	44.40

Heat 10 of 12 Finals

1	Robert, Andrea	31	SOO-ON	43.10
2	Black, Nancy	47	AURO-ON	43.00
3	Westernacher, Eileen	27	THOR-ON	43.00
4	Borenstein, Jaime	25	MDDO-ON	42.00
5	Belair Jones, Nathalie	36	NEP-ON	42.50
6	Baxter, Peggy	54	NEP-ON	43.00
7	Milford, Wendy	48	TECH-ON	43.00

Heat 11 of 12 Finals

1	Pearce, Anne Marie	23	TECH-ON	41.20
2	Price, Melanie	37	BURL-ON	40.00
3	Jacob, Casey	44	AURO-ON	40.00
4	Fracke, Meg	25	UXB-ON	39.00
5	Tolkachev, Olga	38	OPP-ON	40.00
6	Roman, Marisha	42	TECH-ON	40.00
7	Gervais-cartier, Alexandr	19	MDDO-ON	41.00

Heat 12 of 12 Finals

1	Drummond, Crystal	40	AURO-ON	38.40
2	Chong, Lori	21	UTMM-ON	38.00
3	Hutchings, Holly	30	NEP-ON	38.00
4	Primorac, Marijana	30	NT-ON	35.60
5	Samkova, Zuzana	33	NT-ON	37.40
6	Campbell, Jocelyn	20	ETOB-ON	38.00
7	Guzman, Maria	28	NT-ON	38.00



Please Note: These are psych sheets and all relays will be deck seeded prior to the event

Event 215 Women 400 SC Meter Medley Relay

Team	Relay	Seed Time
72-99		
1 CFST-ON W91 A		4:40.00
1) Pruden, Laurel W25	2) Galvin, Ashley W21	
3) Moisan-valle, Stephanie W2	4) Shallhorn, Rachael W21	
2 CFST-ON W91 B		4:41.00
1) Bigelow, Stephanie W23	2) Palmer, Serena W20	
3) Mcdonald, Mallory W21	4) Smith, Stephanie W27	
3 TECH-ON W88 C		5:01.00
1) Perron, Kathleen W20	2) Bishop, Tiia W27	
3) Ostojic, Aleksandra W19	4) Leamen, Susie W22	
4 UTMM-ON W80 A		5:05.00
1) Robinson, Caitlin W18	2) Chong, Lori W21	
3) Wu, Lucy (Yunhao) W21	4) Mazalica, Antonija W20	
100-119		
1 TECH-ON W100 A		4:50.00
1) Miles, Alison W19	2) Pearce, Anne Marie W23	
3) Beland, Danielle W25	4) Michon, Carole W33	
120-159		
1 BURL-ON W126 A		4:51.00
1) Haneberry, Petra W34	2) Kerr, Jenn W30	
3) Chiki, Colleen W36	4) Fraser, Amanda W26	
2 NT-ON W126 A		4:54.00
1) Woodworth, Amy W33	2) Primorac, Marijana W30	
3) Samkova, Zuzana W33	4) Vigeant, Allison W30	
3 TECH-ON W134 D		5:04.00
1) Rowan Legg, Anne W32	2) Sutcliffe, Christine W36	
3) Hall, Margot W34	4) Bezaire, Vero W32	
4 AURO-ON W150 A		5:24.00
1) Black, Nancy W47	2) Jacob, Casey W44	
3) Gonzalez, Juliana W23	4) Rosevear, Lena W36	
5 BURL-ON W147 B		5:25.00
1) Poot, Corinne W36	2) Price, Melanie W37	
3) Cowling, Denyse W37	4) Van Wart, Stacey W37	
6 THOR-ON W126 A		6:00.00
1) Mckenna, Tracey W20	2) Gyarmati, Andrea W27	
3) Westernacher, Eileen W27	4) Lumsden, Kim W52	
7 TECH-ON W125 G		6:50.00
1) Mcilwaine, Tracey W38	2) Brown, Carolyn W25	
3) Sabo, Elisabeth W28	4) Ayotte, Nathalie W34	
8 TECH-ON W126 H		7:05.00
1) Kryviak, Karen W30	2) Khan, Amna W31	
3) Fleet, Kristy W32	4) Benneman, Laura lee W33	

160-199

1 NYG-ON W169 A		55.00
1) Barrett, Karen W63	2) Brankovsky, Martina W48	
3) Macleod, Carolyn W33	4) Wilson, Katherine W25	
2 TECH-ON W161 B		4:51.00
1) Glennie, Rebecca W37	2) Bond, Whitney W39	
3) Mcarton, Jennifer W41	4) Simpson, Betsy W44	
3 GRAN-ON W161 A		5:30.00
1) Gillespie, Katie W34	2) Tory, Nicola W47	
3) Osborne, Katie W46	4) Caney, Stacey W34	
4 TECH-ON W160 F		6:12.00
1) Ruel, Marie Carmelle W35	2) Wagg, Christine W42	
3) Woodman, Donna W42	4) Poirier, Nathalie W41	

200-239

1 TECH-ON W201 E		5:55.00
1) Roman, Marisha W42	2) Bakish, Margaret W60	
3) Buckner, Wendy W50	4) Grant, Fiona W49	
2 AURO-ON W202 B		6:25.00
1) Bonham, Karen W49	2) Duckworth, Cheryl W48	
3) Iannucci, Judith W53	4) Hall, Dorothy W52	
3 TECH-ON W200 J		8:20.00
1) Mccutcheon, Wendy W56	2) Grant, Diane W57	
3) Vallierres loy, Nathalie W37	4) Perron, Maria W50	

240-279

1 TECH-ON W241 I		7:15.00
1) Quain, Marianne W54	2) Konzuk, Julia W45	
3) Angus, Pat W65	4) Niblett, Pat W77	



Schedule of events (Shallow End)

2009 Ontario Masters Swimming Championship
Women's Events and Mixed Relays
Session 2: Saturday, March 21, 2009

Session 2		
Warm-ups: 8:00 - 8:55 am		Start: 9:00 am
Event #	Event	Approximate Start Time
315	Mixed 400 Medley Relay	10:46 am

Relay Substitutions:

Relay substitution cards will be available from and, once completed, must be submitted to the "Clerk of Course" desk (located on the pool deck) by 6 PM on Friday and 10 AM on Saturday and Sunday for that day's relays.



Please Note: These are psych sheets and all relays will be deck seeded prior to the event

Event 315 Mixed 400 SC Meter Medley Relay

Team	Relay	Seed Time
X72-99		
1	MDDO-ON X88 A	4:20.00
	1) Harris, Brendan M24	2) Campbell, Kristen W19
	3) Alie, Julien M20	4) Borenstein, Jaime W25
2	MDDO-ON X77 B	4:35.00
	1) Lam, Alex M19	2) Gervais-cartier, Alexandra
	3) Kasprzycki, Jan M20	4) Zaftis, Joyce W19
3	UTMM-ON X94 A	4:45.00
	1) Beaulieu, Randi W24	2) Vujaklija, Misa M23
	3) Kowalczewski, Scott M24	4) Fowler, Stephanie W23
X100-119		
1	CFST-ON X116 B	5:25.00
	1) Galvin, Ashley W21	2) Wheeler, Patrick M21
	3) Franck, Billie W26	4) Durand, Guy M48
2	GRAN-ON X118 A	5:30.00
	1) Singer, Carolyn W32	2) Dennis, Jim M36
	3) Farrell, Peter M19	4) Martin, Jennifer W31
X120-159		
1	AURO-ON X153 A	2:12.00
	1) Haws, Lori W38	2) Drummond, Crystal W40
	3) Brown, Lloyd M46	4) Lindquist, Daniel M29
2	NT-ON X121 A	4:47.00
	1) Okeefe, Erin W32	2) Boulanger, Alexandre M27
	3) Blaskovits, Peter M30	4) Simonetti, Suzy W32
3	CFST-ON X146 C	5:25.00
	1) Davies, Trevor M36	2) Hayley, Mooney W29
	3) O'Brien, Sean M42	4) Tremblay, Lucie W39
4	BURL-ON X137 A	5:31.00
	1) Woods, Tanya W37	2) Rodgers, Lynn W38
	3) Laroche, Remi M34	4) Daniel, Wade M28

X160-199

1	NT-ON X170 B	4:59.00
	1) Heard, Kathy W41	2) Smelt, Chris M46
	3) Chisholm, Bill M54	4) Kwok, Heather W29
2	TECH-ON X167 A	5:05.00
	1) Bittner, Shirley W44	2) Morissette, Jacques M46
	3) Desmarais, Catherine W29	4) Lemkuhl, Brian M48
3	CFST-ON X176 A	5:25.00
	1) Dionne, Jean-marc M32	2) Mullen, Karen W42
	3) Roy, Lauren W47	4) Mcmanus, John M55
4	CFST-ON X174 D	5:25.00
	1) Mariano, Ellen W34	2) Malczynski, Isabelle W47
	3) Percy, Tom M49	4) Forrester, Bruce M44
5	NEP-ON X196 B	5:30.00
	1) Merritt, Cathy W57	2) Sweny, Michael M59
	3) Wolfe, Brian M47	4) Turnau, Micheline W33
6	TECH-ON X169 D	5:35.00
	1) Lemieux, Valerie W36	2) Fraser, Dave M49
	3) Mccaw, Jim M46	4) Kelly, Sue W38
7	AURO-ON X191 C	6:05.00
	1) Deacon, Sue W47	2) Oliver, Eric M46
	3) Mcdowell, Gillian W40	4) Rottmann, Nick M58
8	AURO-ON X192 B	6:10.00
	1) Doucher, Carol-ann W47	2) Sedgewick, Shauna W36
	3) Sodonis, Frank M53	4) Cundari, Chuck M56
9	LSD-ON X168 B	6:10.00
	1) Finlay, Bryan M66	2) Lowrie, Deborah W41
		4) Yip, Paul M34
10	TECH-ON X171 E	6:10.00
	1) Baker, Dale M39	2) Scanlan, Peter M44
	3) Rooney, Helen W37	4) Moore, Wendy W51

X200-239

1	TECH-ON X202 C	5:20.00
	1) Read, Robert M55	2) Milford, Wendy W48
	3) Mackwood, Genevieve W49	4) Mackwood, Jeff M50
2	LSD-ON X202 A	5:30.00
	1) Salmon, Anneke W53	2) Mctavish, Sandie W54
	3) Mitchell, Scott M42	4) Gilbert, Nick M53
3	TECH-ON X201 F	6:40.00
	1) Moore, Catherine W54	2) Scapilto, Tim M55
	3) Luff, Ed M40	4) Ulliyatt, Hazel W52

X240-279

1	TECH-ON X240 B	5:15.00
	1) Deliencourt, Sylvie W48	2) Durr, Larry M70
	3) Milne, Kathleen W58	4) Leach, Peter M64
2	NEP-ON X243 A	6:10.00
	1) Colpitts, Charles M65	2) Willies, Bob M67
	3) Baxter, Peggy W54	4) Zirger, Brigitte W57



Schedule of events (Deep End)

2009 Ontario Masters Swimming Championship
Women's Events and Mixed Relays
Session 3: Saturday, March 21, 2009

Session 3		
Warm-ups: 11:30 am - 12:25 pm		Start: 12:30 pm
Event #	Event	Approximate Start Time
17	100 Backstroke	12:30 pm
19	50 Butterfly	12:56 pm
21	200 Breaststroke	01:09 pm
223	200 Freestyle Relay	01:42 pm
25	400 Freestyle	01:53 pm
323	Mixed 200 Freestyle Relay (Shallow End)	01:46 pm

Please note:

The women's events will be held in the Deep End, however the mixed relays will be held in the Shallow End.

Relay Substitutions:

Relay substitution cards will be available from and, once completed, must be submitted to the "Clerk of Course" desk (located on the pool deck) by 6 PM on Friday and 10 AM on Saturday and Sunday for that day's relays.

2009 Ontario Masters Swimming Championship
 March 20-22, 2009
 Women's Events and Mixed Relays



MASTERS SWIMMING ONTARIO

Event 17 Women 100 SC Meter Backstroke

Lane Name Age Team Seed Time

Heat 1 of 11 Finals

1				
2				
3	Moustgaard, Maureen	62 LAUR-ON	4:02.00	
4	Brooks, Cathy	56 TECH-ON	2:23.00	
5	Mason-ward, Lesley	75 SWYM-ON	2:30.00	
6	Carlyle, Muriel	84 1000-ON	4:04.10	
7				

Heat 2 of 11 Finals

1	Hines, Elaine	66 BTSC-ON	2:17.00
2	Burty, Suzanne	49 TECH-ON	2:15.00
3	O'Brien, Sally	66 SOO-ON	2:08.60
4	Mccutcheon, Wendy	56 TECH-ON	2:05.00
5	Devine, Alexandra	69 SWYM-ON	2:08.00
6	Herbert, Carole	55 BURL-ON	2:14.30
7	Wilson, Heather	35 TECH-ON	2:15.00

Heat 3 of 11 Finals

1	Bryce, Glad	75 TYMS-ON	2:01.40
2	Benneman, Laura lee	33 TECH-ON	2:00.00
3	Wyatt, Marion	60 1000-ON	1:59.00
4	Humphrey, Elisabeth	31 OCM-ON	1:50.00
5	Wagg, Christine	42 TECH-ON	1:50.00
6	Pister, Susan	55 SOO-ON	2:00.00
7	Wood, Jane	45 SWYM-ON	2:00.00

Heat 4 of 11 Finals

1	Chesser, Cathy	40 BURL-ON	1:50.00
2	Mariano, Ellen	34 CFST-ON	1:42.80
3	Mullen, Karen	42 CFST-ON	1:40.00
4	Waring, Jane	52 BTSC-ON	1:38.00
5	Lepine, Sylvie	57 YMCA-ON	1:40.00
6	Scott, Valerie	53 OAK-ON	1:40.00
7	Zirger, Brigitte	57 NEP-ON	1:43.90

Heat 5 of 11 Finals

1	Fleet, Kristy	32 TECH-ON	1:37.00
2	Woollings, Tina	47 KL-ON	1:35.40
3	Burwell, Jennifer	47 RYER-ON	1:34.90
4	Charette, Genevieve	38 BRDN-ON	1:32.40
5	Mcdowell, Gillian	40 AURO-ON	1:34.00
6	Mcilwaine, Tracey	38 TECH-ON	1:35.00
7	Salmon, Anneke	53 LSD-ON	1:36.00

Heat 6 of 11 Finals

1	Welds, Karen	46 CLAR-ON	1:31.90
2	Jarrett-fisch, Nicole	28 SCAR-ON	1:30.10
3	Van Wart, Stacey	37 BURL-ON	1:30.00
4	Rosevear, Lena	36 AURO-ON	1:28.90
5	Wilson, Katherine	25 NYG-ON	1:29.53
6	Reid, Kathryn	27 NT-ON	1:30.00
7	Hayley, Mooney	29 CFST-ON	1:30.30

Heat 7 of 11 Finals

1	Simpson, Betsy	44 TECH-ON	1:28.00
2	Moisan-valle, Stephanie	24 CFST-ON	1:26.80
3	Merritt, Cathy	57 NEP-ON	1:25.40
4	Weir, Sue	53 TYMS-ON	1:24.50
5	Roman, Marisha	42 TECH-ON	1:25.00
6	Bowie, Alison	25 MASC-ON	1:25.80
7	Galvin, Ashley	21 CFST-ON	1:27.30

Heat 8 of 11 Finals

1	Brown, Angela	34 KING-ON	1:24.00
2	Okeefe, Erin	32 NT-ON	1:23.00
3	Ruel, Marie Carmelle	35 TECH-ON	1:22.00
4	Pearce, Anne Marie	23 TECH-ON	1:20.20
5	Turnau, Micheline	33 NEP-ON	1:21.50
6	Poot, Corinne	36 BURL-ON	1:23.00
7	Michon, Carole	33 TECH-ON	1:24.00

Heat 9 of 11 Finals

1	Guzman, Maria	28 NT-ON	1:20.00
2	Glennie, Rebecca	37 TECH-ON	1:20.00
3	Perron, Kathleen	20 TECH-ON	1:19.00
4	Mcarton, Jennifer	41 TECH-ON	1:18.40
5	Mascherin, Lindsay	30 TMU-ON	1:18.50
6	Black, Nancy	47 AURO-ON	1:19.90
7	Heard, Kathy	41 NT-ON	1:20.00

Heat 10 of 11 Finals

1	Singer, Carolyn	32 GRAN-ON	1:18.00
2	Sliekers, Stephanie	25 NT-ON	1:17.00
3	Woodworth, Amy	33 NT-ON	1:16.00
4	Rowan Legg, Anne	32 TECH-ON	1:15.00
5	Abgarov, Alisa	26 NT-ON	1:15.00
6	Miles, Alison	19 TECH-ON	1:16.00
7	Robinson, Caitlin	18 UTMM-ON	1:17.50

Heat 11 of 11 Finals

1	Zaftis, Joyce	19 MDDO-ON	1:14.00
2	Haneberry, Petra	34 BURL-ON	1:13.40
3	Bigelow, Stephanie	23 CFST-ON	1:11.20
4	Beaulieu, Randi	24 UTMM-ON	1:10.00
5	Shallhorn, Rachael	21 CFST-ON	1:10.50
6	Haws, Lori	38 AURO-ON	1:13.00
7	Pruden, Laurel	25 CFST-ON	1:13.50

Event 19 Women 50 SC Meter Butterfly

Lane Name Age Team Seed Time

Heat 1 of 13 Finals

1			
2			
3	Barrett, Karen	63 NYG-ON	1:25.00
4	Burty, Suzanne	49 TECH-ON	1:10.00
5	Dumont, Sylvie	29 NEP-ON	1:10.00
6			
7			



Heat 2 Finals (#19 Women 50 SC Meter Butterfly)

1	Bryce, Glad	75	TYMS-ON	1:09.10
2	Chisholm, Lesley	57	NT-ON	59.00
3	Manuel, Janet	49	NEP-ON	56.00
4	Rooney, Helen	37	TECH-ON	55.00
5	Sabo, Elisabeth	28	TECH-ON	55.00
6	Pritchard, Jan	62	SOO-ON	59.00
7	Ulyatt, Hazel	52	TECH-ON	59.20

Heat 3 of 13 Finals

1	Lam, Nancy	58	BURL-ON	55.00
2	Verner, Lynn	53	BTSC-ON	48.00
3	Deguire, Danielle	38	CMDG-ON	48.00
4	Angus, Pat	65	TECH-ON	46.00
5	Wagland, Wendy	62	1000-ON	46.50
6	High, Andria	28	CSL-ON	48.00
7	Chesser, Cathy	40	BURL-ON	55.00

Heat 4 of 13 Finals

1	Gibson, Breanne	23	CFST-ON	45.20
2	Lauermeier, Teah	23	NT-ON	45.00
3	Reid, Kathryn	27	NT-ON	45.00
4	Temple, Karen	43	AURO-ON	44.50
5	Desmarais, Catherine	29	TECH-ON	45.00
6	Vincent, Lina	57	CAPS-ON	45.00
7	Quain, Marianne	54	TECH-ON	45.00

Heat 5 of 13 Finals

1	Levett, Jennifer	37	YMCA-ON	43.10
2	Auster, Ellen	52	TYMS-ON	43.00
3	Woods, Tanya	37	BURL-ON	42.70
4	Gyarmati, Andrea	27	THOR-ON	42.00
5	Milne, Kathleen	58	TECH-ON	42.50
6	Vallierres loy, Nathalie	37	TECH-ON	43.00
7	Deacon, Sue	47	AURO-ON	43.00

Heat 6 of 13 Finals

1	Robert, Andrea	31	SOO-ON	41.70
2	Martin, Jennifer	31	GRAN-ON	40.90
3	Lemieux, Valerie	36	TECH-ON	39.00
4	Macleod, Carolyn	33	NYG-ON	39.00
5	Hansen, Johanna	26	KING-ON	39.00
6	Grodzevich, Olena	24	TYMS-ON	40.20
7	Woodman, Donna	42	TECH-ON	41.00

Heat 7 of 13 Finals

1	Robinson, Larissa	29	ANC-ON	39.00
2	Gibbs, Janice	50	OAK-ON	38.50
3	Kelly, Sue	38	TECH-ON	38.00
4	Tory, Nicola	47	GRAN-ON	38.00
5	Franck, Billie	26	CFST-ON	38.00
6	Bowie, Alison	25	MASC-ON	38.40
7	Hlevca, Raluca	23	MARK-ON	39.00

Heat 8 of 13 Finals

1	Cowling, Denyse	37	BURL-ON	38.00
2	Buckner, Wendy	50	TECH-ON	37.40
3	Bond, Whitney	39	TECH-ON	37.00
4	Baird, Haelie	27	NT-ON	37.00
5	Baxter, Peggy	54	NEP-ON	37.00
6	Kwok, Heather	29	NT-ON	37.00
7	Lauzon, Chantal	36	NT-ON	37.90

Heat 9 of 13 Finals

1	Weir, Sue	53	TYMS-ON	36.80
2	Iannucci, Judith	53	AURO-ON	36.20
3	Woodford, Shareen	30	GRAN-ON	35.80
4	Hall, Margot	34	TECH-ON	35.50
5	Allie, Tracy	22	CFST-ON	35.60
6	Banton, Erin	32	TRAY-ON	36.00
7	Neal, Sue	54	GRAN-ON	36.80

Heat 10 of 13 Finals

1	Sutcliffe, Christine	36	TECH-ON	35.50
2	Perron, Kathleen	20	TECH-ON	35.00
3	Deliencourt, Sylvie	48	TECH-ON	35.00
4	Michon, Carole	33	TECH-ON	35.00
5	Bezaire, Vero	32	TECH-ON	35.00
6	Fraser, Amanda	26	BURL-ON	35.00
7	Gervais, Jane	42	SOO-ON	35.40

Heat 11 of 13 Finals

1	Mazalica, Antonija	20	UTMM-ON	35.00
2	Palmer, Serena	20	CFST-ON	34.80
3	Simonetti, Suzy	32	NT-ON	34.30
4	Vigeant, Allison	30	NT-ON	34.00
5	Campbell, Jocelyn	20	ETOB-ON	34.00
6	Gervais-cartier, Alexandr	19	MDDO-ON	34.40
7	Brown, Angela	34	KING-ON	35.00

Heat 12 of 13 Finals

1	Chiki, Colleen	36	BURL-ON	34.00
2	Haneberry, Petra	34	BURL-ON	34.00
3	Osborne, Katie	46	GRAN-ON	33.10
4	Mcdonald, Mallory	21	CFST-ON	32.80
5	Miles, Alison	19	TECH-ON	33.00
6	Haws, Lori	38	AURO-ON	33.90
7	Gillespie, Katie	34	GRAN-ON	34.00

Heat 13 of 13 Finals

1	Campbell, Kristen	19	MDDO-ON	32.50
2	Ostojic, Aleksandra	19	TECH-ON	32.00
3	Gonzalez, Juliana	23	AURO-ON	31.30
4	Beaulieu, Randi	24	UTMM-ON	31.00
5	Primorac, Marijana	30	NT-ON	31.00
6	Samkova, Zuzana	33	NT-ON	31.40
7	Jensen Novais, Mette	44	OAK-ON	32.30

Event 21 Women 200 SC Meter Breaststroke

Lane Name Age Team Seed Time

Heat 1 of 8 Finals

1				
2				
3	Grant, Diane	57	TECH-ON	5:00.00
4	Lam, Nancy	58	BURL-ON	4:20.00
5	Malone, Marjorie-sassevi	56	KL-ON	4:48.00
6				
7				

2009 Ontario Masters Swimming Championship
 March 20-22, 2009
 Women's Events and Mixed Relays



MASTERS SWIMMING ONTARIO

Heat 2 Finals (#21 Women 200 SC Meter Breaststroke)

1			
2	Moore, Wendy	51 TECH-ON	4:16.00
3	Auster, Ellen	52 TYMS-ON	4:10.00
4	Khan, Amna	31 TECH-ON	4:00.00
5	Cumming, Peggy	65 OTTY-ON	4:04.00
6	Tremblay, Lucie	39 CFST-ON	4:15.00
7			

Heat 3 of 8 Finals

1	Brown, Carolyn	25 TECH-ON	3:59.00
2	Verner, Lynn	53 BTSC-ON	3:58.00
3	Wagg, Christine	42 TECH-ON	3:55.00
4	Vincent, Lina	57 CAPS-ON	3:50.00
5	Lowrie, Deborah	41 LSD-ON	3:50.00
6	Lopes, Sonia	53 OAK-ON	3:56.20
7	Ferguson, Amelia	28 OSAC-ON	3:58.80

Heat 4 of 8 Finals

1	Welsh, Karin	48 UXB-ON	3:50.00
2	Mctavish, Sandie	54 LSD-ON	3:43.00
3	Robertson, Kelly	46 KAN-ON	3:40.00
4	Morin, Émilie	26 CMDG-ON	3:39.30
5	Konzuk, Julia	45 TECH-ON	3:40.00
6	Rusu, Liliana	52 CARL-ON	3:41.00
7	Hughes, Michelle	45 BURL-ON	3:44.00

Heat 5 of 8 Finals

1	Milford, Wendy	48 TECH-ON	3:37.00
2	Doucher, Carol-ann	47 AURO-ON	3:35.30
3	Robert, Andrea	31 SOO-ON	3:34.00
4	Tolkachev, Olga	38 OPP-ON	3:30.00
5	Banton, Erin	32 TRAY-ON	3:31.00
6	Mackwood, Genevieve	49 TECH-ON	3:35.00
7	Sedgewick, Shauna	36 AURO-ON	3:36.00

Heat 6 of 8 Finals

1	Brankovsky, Martina	48 NYG-ON	3:29.60
2	Bakish, Margaret	60 TECH-ON	3:27.00
3	Miller, Joanne (Jody)	47 UTMM-ON	3:25.00
4	Grant, Fiona	49 TECH-ON	3:18.00
5	Wu, Lucy (Yunhao)	21 UTMM-ON	3:20.00
6	Spencer, Sarah	30 BRDN-ON	3:25.60
7	Bishop, Tiia	27 TECH-ON	3:28.00

Heat 7 of 8 Finals

1	Jacob, Casey	44 AURO-ON	3:15.80
2	Pearce, Anne Marie	23 TECH-ON	3:12.40
3	Hall, Margot	34 TECH-ON	3:10.00
4	Hatherly, Jackie	44 OAK-ON	3:10.00
5	Fracke, Meg	25 UXB-ON	3:10.00
6	Price, Melanie	37 BURL-ON	3:12.00
7	Rodgers, Lynn	38 BURL-ON	3:12.50

Heat 8 of 8 Finals

1	Chong, Lori	21 UTMM-ON	3:08.00
2	Kerr, Jenn	30 BURL-ON	3:00.00
3	Therriault, Josee	41 LAUR-ON	2:55.00
4	Jarrett-fisch, Nicole	28 SCAR-ON	2:30.40
5	Hutchings, Holly	30 NEP-ON	2:50.00
6	Drummond, Crystal	40 AURO-ON	2:57.30
7	Campbell, Jocelyn	20 ETOB-ON	3:00.00



Please Note: These are psych sheets and all relays will be deck seeded prior to the event

Event 223 Women 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
72-99		
1	TECH-ON W95 A	1:56.00
	1) Beland, Danielle W25	2) Miles, Alison W19
	3) Ostojc, Aleksandra W19	4) Rowan Legg, Anne W32
2	TECH-ON W92 D	2:07.00
	1) Bishop, Tiia W27	2) Perron, Kathleen W20
	3) Leamen, Susie W22	4) Pearce, Anne Marie W23
3	CFST-ON W91 A	2:08.50
	1) Pruden, Laurel W25	2) Galvin, Ashley W21
	3) Moisan-valle, Stephanie W2	4) Shallhorn, Rachael W21
4	CFST-ON W91 B	2:08.60
	1) Bigelow, Stephanie W23	2) Smith, Stephanie W27
	3) Mcdonald, Mallory W21	4) Palmer, Serena W20
5	UTMM-ON W82 A	2:09.50
	1) Robinson, Caitlin W18	2) Fowler, Stephanie W23
	3) Mazalica, Antonija W20	4) Wu, Lucy (Yunhao) W21
100-119		
1	NT-ON W118 A	2:04.00
	1) Reid, Kathryn W27	2) Abgarov, Alisa W26
	3) Okeefe, Erin W32	4) Woodworth, Amy W33
2	NT-ON W109 B	2:10.00
	1) Baird, Haelie W27	2) Guzman, Maria W28
	3) Kwok, Heather W29	4) Sliemers, Stephanie W25
3	TECH-ON W116 G	2:28.00
	1) Brown, Carolyn W25	2) Sabo, Elisabeth W28
	3) Ayotte, Nathalie W34	4) Desmarais, Catherine W29
120-159		
1	BURL-ON W129 A	1:57.00
	1) Chiki, Colleen W36	2) Van Wart, Stacey W37
	3) Fraser, Amanda W26	4) Kerr, Jenn W30
2	TECH-ON W140 C	2:02.00
	1) Michon, Carole W33	2) Strano, Laurie W35
	3) Hall, Margot W34	4) Kelly, Sue W38
3	BURL-ON W144 C	2:05.00
	1) Haneberry, Petra W34	2) Cowling, Denyse W37
	3) Poot, Corinne W36	4) Price, Melanie W37
4	GRAN-ON W147 A	2:05.00
	1) Gillespie, Katie W34	2) Caney, Stacey W34
	3) Tory, Nicola W47	4) Singer, Carolyn W32
5	AURO-ON W154 A	2:07.00
	1) Haws, Lori W38	2) Drummond, Crystal W40
	3) Gonzalez, Juliana W23	4) Iannucci, Judith W53
6	TECH-ON W126 H	2:32.00
	1) Kryviak, Karen W30	2) Khan, Amna W31
	3) Fleet, Kristy W32	4) Benneman, Laura lee W33

160-199

1	NYG-ON W169 A	20.00
	1) Wilson, Katherine W25	2) Barrett, Karen W63
	3) Brankovsky, Martina W48	4) Macleod, Carolyn W33
2	TECH-ON W161 B	1:57.00
	1) Glennie, Rebecca W37	2) Bond, Whitney W39
	3) Mcarton, Jennifer W41	4) Simpson, Betsy W44
160-199...(#223 Women 200 SC Meter Freestyle Relay)		
3	OAK-ON W191 A	2:11.50
	1) Gibbs, Janice W50	2) Scott, Valerie W53
	3) Jensen Novais, Mette W44	4) Hatherly, Jackie W44
4	AURO-ON W169 B	2:17.00
	1) Rosevear, Lena W36	2) Bonham, Karen W49
	3) Mcdowell, Gillian W40	4) Jacob, Casey W44
5	SOO-ON W164 A	2:20.00
	1) Lee, Anne W44	2) Gervais, Jane W42
	3) Robert, Andrea W31	4) Day, Nancy W47
6	TECH-ON W160 F	2:26.00
	1) Woodman, Donna W42	2) Wagg, Christine W42
	3) Poirier, Nathalie W41	4) Ruel, Marie Carmelle W35
7	THOR-ON W192 A	2:45.00
	1) Lumsden, Kim W52	2) Trattner, Paula W52
	3) Westernacher, Eileen W27	4) Westernacher, Valerie W61
8	NEP-ON W173 A	2:47.00
	1) Devries, Courtney W22	2) Marsham, Janet W45
	3) Manuel, Janet W49	4) Zirger, Brigitte W57
200-239		
1	BURL-ON W210 B	1:39.00
	1) Hughes, Michelle W45	2) Reed, Susan W52
	3) Lam, Nancy W58	4) Herbert, Carole W55
2	TECH-ON W201 E	2:11.00
	1) Grant, Fiona W49	2) Roman, Marisha W42
	3) Bakish, Margaret W60	4) Buckner, Wendy W50
3	TECH-ON W200 J	3:09.00
	1) Lombardo, Jamie W50	2) Burtyn, Suzanne W49
	3) Perron, Maria W50	4) Moore, Wendy W51
240-279		
1	TECH-ON W241 I	2:39.00
	1) Quain, Marianne W54	2) Konzuk, Julia W45
	3) Angus, Pat W65	4) Niblett, Pat W77

2009 Ontario Masters Swimming Championship
 March 20-22, 2009
 Women's Events and Mixed Relays



MASTERS SWIMMING ONTARIO

Event 25 Women 400 SC Meter Freestyle

Lane Name Age Team Seed Time

Heat 1 of 13 Finals

1			
2			
3	Moore, Catherine	54 TECH-ON	10:20.00
4	Grant, Diane	57 TECH-ON	10:00.00
5	Herbert, Eileen	62 NS-ON	10:05.00
6			
7			

Heat 2 of 13 Finals

1	Brooks, Cathy	56 TECH-ON	9:30.00
2	Westernacher, Valerie	61 THOR-ON	8:55.00
3	Lombardo, Jamie	50 TECH-ON	8:50.00
4	Hines, Elaine	66 BTSC-ON	8:25.00
5	Niblett, Pat	77 TECH-ON	8:30.00
6	Scheffler, Heike	53 TECH-ON	8:53.00
7	Herbert, Carole	55 BURL-ON	9:09.80

Heat 3 of 13 Finals

1	Fisher, Jennifer	44 BURL-ON	8:00.00
2	Ullyatt, Hazel	52 TECH-ON	7:56.00
3	Caskie, Fiona	50 YMCA-ON	7:45.00
4	Lowrie, Deborah	41 LSD-ON	7:45.00
5	Comisso, Amber	31 CFST-ON	7:45.00
6	Devine, Alexandra	69 SWYM-ON	7:50.00
7	Wood, Jane	45 SWYM-ON	8:00.00

Heat 4 of 13 Finals

1	Moore, Wendy	51 TECH-ON	7:42.70
2	Hadley-piscopo, Linda	64 SOO-ON	7:40.00
3	Allison, Jennifer	38 TECH-ON	7:30.00
4	Chisholm, Lesley	57 NT-ON	7:30.00
5	Benneman, Laura lee	33 TECH-ON	7:30.00
6	Henderson, Robin	50 OTTY-ON	7:40.00
7	Van Wart, Stacey	37 BURL-ON	7:40.00

Heat 5 of 13 Finals

1	Dhanvantari, Savita	44 LSD-ON	7:25.00
2	Quain, Marianne	54 TECH-ON	7:00.00
3	Kryviak, Karen	30 TECH-ON	7:00.00
4	Ayotte, Nathalie	34 TECH-ON	7:00.00
5	Reed, Susan	52 BURL-ON	7:00.00
6	Ingle, Sharon	50 UTMM-ON	7:00.00
7	Malczynski, Isabelle	47 CFST-ON	7:15.00

Heat 6 of 13 Finals

1	Woollings, Tina	47 KL-ON	6:59.00
2	Lefebvre, Carole	49 SWYM-ON	6:40.00
3	Brown, Carolyn	25 TECH-ON	6:39.00
4	Robertson, Kelly	46 KAN-ON	6:25.00
5	Wyatt, Marion	60 1000-ON	6:36.00
6	Leamen, Susie	22 TECH-ON	6:40.00
7	Hughes, Michelle	45 BURL-ON	6:50.00

Heat 7 of 13 Finals

1	Woodman, Donna	42 TECH-ON	6:25.00
2	Martin, Jennifer	31 GRAN-ON	6:23.40
3	Zirger, Brigitte	57 NEP-ON	6:20.40
4	Bonham, Karen	49 AURO-ON	6:12.90
5	Robinson, Larissa	29 ANC-ON	6:20.00
6	Mcilwaine, Tracey	38 TECH-ON	6:22.00
7	Lumsden, Kim	52 THOR-ON	6:25.00

Heat 8 of 13 Finals

1	Woods, Tanya	37 BURL-ON	6:12.70
2	Hayley, Mooney	29 CFST-ON	6:10.00
3	Cowling, Denyse	37 BURL-ON	6:09.00
4	Levett, Jennifer	37 YMCA-ON	6:02.10
5	Bishop, Tiia	27 TECH-ON	6:07.00
6	Lepine, Sylvie	57 YMCA-ON	6:10.00
7	Kelly, Sue	38 TECH-ON	6:10.00

Heat 9 of 13 Finals

1	Ruel, Marie Carmelle	35 TECH-ON	6:00.00
2	Caney, Stacey	34 GRAN-ON	6:00.00
3	Mackwood, Genevieve	49 TECH-ON	6:00.00
4	Okeefe, Erin	32 NT-ON	5:48.00
5	Macleod, Carolyn	33 NYG-ON	5:55.00
6	Gillespie, Katie	34 GRAN-ON	6:00.00
7	Westernacher, Eileen	27 THOR-ON	6:00.00

Heat 10 of 13 Finals

1	Gervais, Jane	42 SOO-ON	5:46.20
2	Key, Amber	25 CLAR-ON	5:45.00
3	De Laat, Marcela	37 DOR-ON	5:39.20
4	Vigeant, Allison	30 NT-ON	5:30.00
5	Merritt, Cathy	57 NEP-ON	5:33.80
6	Belair Jones, Nathalie	36 NEP-ON	5:42.00
7	Baxter, Peggy	54 NEP-ON	5:45.00

Heat 11 of 13 Finals

1	Smith, Stephanie	27 CFST-ON	5:30.00
2	Glennie, Rebecca	37 TECH-ON	5:30.00
3	Dusevic, Lesley	41 NEP-ON	5:26.00
4	Turnau, Micheline	33 NEP-ON	5:22.60
5	Bezaira, Vero	32 TECH-ON	5:25.00
6	Grant, Fiona	49 TECH-ON	5:28.00
7	Lee, Anne	44 SOO-ON	5:30.00

Heat 12 of 13 Finals

1	Simonetti, Suzy	32 NT-ON	5:20.80
2	Hatherly, Jackie	44 OAK-ON	5:20.00
3	Heard, Kathy	41 NT-ON	5:14.00
4	Mcarton, Jennifer	41 TECH-ON	5:07.00
5	Kwok, Heather	29 NT-ON	5:14.00
6	Brown, Angela	34 KING-ON	5:15.00
7	Stewart, Carolyn	47 UNON-ON	5:20.00

Heat 13 of 13 Finals

1	Fowler, Stephanie	23 UTMM-ON	5:05.00
2	Ostojic, Aleksandra	19 TECH-ON	5:00.00
3	Charron, Christine	32 CMDG-ON	4:51.10
4	Zarins, Stephanie	29 WIND-ON	4:45.00
5	Kerr, Jenn	30 BURL-ON	4:50.00
6	Woodworth, Amy	33 NT-ON	4:57.00
7	Chiki, Colleen	36 BURL-ON	5:00.50



Schedule of events (Shallow End)

2009 Ontario Masters Swimming Championship

Women's Events and Mixed Relays

Session 3: Saturday, March 21, 2009

Session 3		
Warm-ups: 11:30 am - 12:25 pm		Start: 12:00 pm
Event #	Event	Approximate Start Time
323	Mixed 200 Freestyle Relay	01:46 pm

Relay Substitutions:

Relay substitution cards will be available from and, once completed, must be submitted to the "Clerk of Course" desk (located on the pool deck) by 6 PM on Friday and 10 AM on Saturday and Sunday for that day's relays.



Please Note: These are psych sheets and all relays will be deck seeded prior to the event

Event 323 Mixed 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
X72-99		
1	MDDO-ON X81 A	2:00.00
	1) Lam, Alex M19	2) Campbell, Kristen W19
	3) Zaftis, Joyce W19	4) Harris, Brendan M24
2	UTMM-ON X92 A	2:05.00
	1) Kowalczewski, Scott M24	2) Vujaklija, Misa M23
	3) Chong, Lori W21	4) Beaulieu, Randi W24
X100-119		
1	CFST-ON X115 A	2:14.60
	1) Ouellet, Michel M47	2) Galvin, Ashley W21
	3) Wheeler, Patrick M21	4) Franck, Billie W26
X120-159		
1	TECH-ON X140 A	1:59.00
	1) Cann, Stephen M34	2) Gomes, Oliver M38
	3) Sutcliffe, Christine W36	4) Bezaire, Vero W32
2	NT-ON X142 A	2:02.00
	1) Yuill, Erik M30	2) Lauzon, Chantal W36
	3) Gollnow, Sabrina W30	4) Smelt, Chris M46
3	BURL-ON X135 A	2:07.00
	1) Smith, Jason M32	2) Daniel, Wade M28
	3) Woods, Tanya W37	4) Rodgers, Lynn W38
4	CFST-ON X126 C	2:14.70
	1) Forsberg, Colin M31	2) Macmillan, Matt M30
	3) Comisso, Amber W31	4) Mariano, Ellen W34
5	GRAN-ON X140 B	2:15.00
	1) Van de Water, Chris M28	2) Martin, Jennifer W31
	3) King, Caroline W45	4) Dennis, Jim M36
6	THOR-ON X128 A	2:20.00
	1) Mckenna, Tracey W20	2) Borenstein, Jack M51
	3) Gyarmati, Andrea W27	4) Kalle, Akshay M30

X160-199

1	GRAN-ON X160 A	1:59.00
	1) Osborne, Katie W46	2) Farrell, Peter M19
	3) Neal, Sue W54	4) Warburton, Sean M41
2	NEP-ON X177 B	2:02.00
	1) Coulas, David M49	2) Turnau, Micheline W33
	3) Colpitts, Charles M65	4) Hutchings, Holly W30
3	TECH-ON X169 C	2:04.00
	1) Malloy, Kevin M43	2) Mccaw, Jim M46
	3) Lemieux, Valerie W36	4) Bittner, Shirley W44
4	NT-ON X168 B	2:07.00
	1) Chisholm, Bill M54	2) Chisholm, Lesley W57
	3) Boulanger, Alexandre M27	4) Vigeant, Allison W30
5	CFST-ON X170 B	2:14.50
	1) Dionne, Jean-marc M32	2) Mullen, Karen W42
	3) Roy, Lauren W47	4) Zezza, Tony M49
6	CFST-ON X163 D	2:14.80
	1) Macneil, Brett M38	2) Bouchard, Dan M39
	3) Malczynski, Isabelle W47	4) Tremblay, Lucie W39
7	TECH-ON X160 E	2:18.00
	1) Vallierres loy, Nathalie W37	2) Mcilwaine, Tracey W38
	3) Bond, Dave M41	4) Sims, Mike M44
8	CARL-ON X181 A	2:21.00
	1) Macmillan, Alex M46	2) Address, Jenny W31
	3) Rusu, Liliana W52	4) Udall, Rick M52
9	AURO-ON X195 B	2:24.00
	1) Lindquist, Les M58	2) Rottmann, Nick M58
	3) Sedgewick, Shauna W36	4) Temple, Karen W43
10	UXB-ON X199 A	2:25.00
	1) Hoevenaars, Mike M50	2) Levy, Felix M58
	3) Welsh, Karin W48	4) Wride, Barb W43
11	TECH-ON X163 F	2:31.00
	1) Allison, Jennifer W38	2) Storm, Alison W40
	3) Baker, Dale M39	4) Connerty, Bill M46
12	LSD-ON X171 B	2:40.00
	3) Finlay, Bryan M66	2) Dhanvantari, Savita W44
		4) Yip, Paul M34
13	TECH-ON X168 H	2:58.00
	1) Luff, Ed M40	2) Parsons, Scott M56
	3) Wilson, Heather W35	4) Rooney, Helen W37
14	KL-ON X163 A	7:00.00
	1) Timmins, Steven M42	2) Malone, Marjorie-sasseville
	3) Woollings, Tina W47	4) Dal pai, Anthony M18

2009 Ontario Masters Swimming Championship
March 20-22, 2009
Women's Events and Mixed Relays



MASTERS SWIMMING ONTARIO

X200-239 (#323 Mixed 200 SC Meter Freestyle Relay)

- | | | | |
|---|----------------------------|--------|------------------------------|
| 1 | TECH-ON | X202 B | 2:04.00 |
| | 1) Mackwood, Jeff M50 | | 2) Read, Robert M55 |
| | 3) Milford, Wendy W48 | | 4) Mackwood, Genevieve W49 |
| 2 | NEP-ON | X233 A | 2:08.00 |
| | 1) Thomson, Eric M61 | | 2) Burrows, John M61 |
| | 3) Baxter, Peggy W54 | | 4) Merritt, Cathy W57 |
| 3 | LSD-ON | X202 A | 2:10.00 |
| | 1) Gilbert, Nick M53 | | 2) Salmon, Anneke W53 |
| | 3) Mctavish, Sandie W54 | | 4) Mitchell, Scott M42 |
| 4 | AURO-ON | X201 A | 2:21.00 |
| | 1) Purves, Brian M51 | | 2) Cundari, Chuck M56 |
| | 3) Doucher, Carol-ann W47 | | 4) Deacon, Sue W47 |
| 5 | SOO-ON | X222 B | 2:35.00 |
| | 1) Murray, Kevin M46 | | 2) Piscopo, Eric M57 |
| | 3) Pister, Susan W55 | | 4) Hadley-piscopo, Linda W64 |
| 6 | TECH-ON | X200 G | 2:44.00 |
| | 1) Morissette, Jacques M46 | | 2) Lemkuhl, Brian M48 |
| | 3) Moore, Catherine W54 | | 4) Ulliyatt, Hazel W52 |
| 7 | YMCA-ON | X222 A | 2:45.00 |
| | 1) Maloney, Dennis M57 | | 2) Lepine, Sylvie W57 |
| | 3) Caskie, Fiona W50 | | 4) Robitaille, Edouard M58 |
| 8 | TECH-ON | X200 I | 3:12.00 |
| | 1) Marsaw, Aaron M36 | | 2) Chartrand, Bern M51 |
| | 3) Brooks, Cathy W56 | | 4) Grant, Diane W57 |

X240-279

- | | | | |
|---|---------------------------|--------|---------------------------|
| 1 | TECH-ON | X240 D | 2:10.00 |
| | 1) Leach, Peter M64 | | 2) Durr, Larry M70 |
| | 3) Milne, Kathleen W58 | | 4) Delencourt, Sylvie W48 |
| 2 | TYMS-ON | X279 A | 2:48.50 |
| | 1) Weir, Sue W53 | | 2) Henne, Wally M74 |
| | 3) Smith, Christopher M77 | | 4) Bryce, Glad W75 |
| 3 | SOO-ON | X240 A | 3:15.00 |
| | 1) Harris, Paul M37 | | 2) Pritchard, Jan W62 |
| | 3) Obrien, Sally W66 | | 4) Fogerty, Doug M75 |



Schedule of events (Shallow End)

2009 Ontario Masters Swimming Championship
Women's Events and Mixed Relays
Session 4: Sunday, March 22, 2009

Session 4		
Warm-ups: 8:00 - 8:55 am		Start: 9:00 am
Event #	Event	Approximate Start Time
27	200 Freestyle	09:00 am
29	100 IM	09:47 am
31	200 Backstroke	10:18 am
33	100 Butterfly	10:40 am
235	400 Freestyle Relay	10:53 am
335	Mixed 400 Freestyle Relay (Deep End)	10:51 am

Please note:

The women's events will be held in the Shallow End, however the mixed relays will be held in the Deep End.

Relay Substitutions:

Relay substitution cards will be available from and, once completed, must be submitted to the "Clerk of Course" desk (located on the pool deck) by 6 PM on Friday and 10 AM on Saturday and Sunday for that day's relays.

2009 Ontario Masters Swimming Championship
 March 20-22, 2009
 Women's Events and Mixed Relays



MASTERS SWIMMING ONTARIO

Event 27 Women 200 SC Meter Freestyle

Lane Name	Age	Team	Seed Time
Heat 1 of 12 Finals			
1			
2			
3			
4			
5			
6			
7			
3	Moustgaard, Maureen	62 LAUR-ON	7:15.20
4	Herbert, Eileen	62 NS-ON	5:00.00
5	Harper, Trina	36 NEP-ON	5:10.00
Heat 2 of 12 Finals			
1			
2			
3			
4			
5			
6			
7			
2	Grant, Diane	57 TECH-ON	4:40.00
3	Hines, Elaine	66 BTSC-ON	4:30.00
4	Lombardo, Jamie	50 TECH-ON	4:20.00
5	Herbert, Carole	55 BURL-ON	4:24.60
6	Moore, Catherine	54 TECH-ON	4:40.00
7	Verth, Ann	67 BRNT-ON	4:40.00
Heat 3 of 12 Finals			
1			
2			
3			
4			
5			
6			
7			
1	Scheffler, Heike	53 TECH-ON	4:18.00
2	Manuel, Janet	49 NEP-ON	4:13.00
3	Obrien, Sally	66 SOO-ON	4:10.00
4	Perron, Maria	50 TECH-ON	3:50.00
5	Niblett, Pat	77 TECH-ON	4:00.00
6	Mccutcheon, Wendy	56 TECH-ON	4:12.00
7	Westernacher, Valerie	61 THOR-ON	4:14.00
Heat 4 of 12 Finals			
1			
2			
3			
4			
5			
6			
7			
1	Ullyatt, Hazel	52 TECH-ON	3:45.00
2	Caskie, Fiona	50 YMCA-ON	3:43.80
3	Ingle, Sharon	50 UTM-ON	3:30.00
4	Lefebvre, Carole	49 SWYM-ON	3:30.00
5	Comisso, Amber	31 CFST-ON	3:30.00
6	Chisholm, Lesley	57 NT-ON	3:40.00
7	Benneman, Laura lee	33 TECH-ON	3:45.00
Heat 5 of 12 Finals			
1			
2			
3			
4			
5			
6			
7			
1	Ayotte, Nathalie	34 TECH-ON	3:30.00
2	Allison, Jennifer	38 TECH-ON	3:30.00
3	Grelier, Sandie	25 LAUR-ON	3:25.00
4	Welsh, Karin	48 UXB-ON	3:22.00
5	Verner, Lynn	53 BTSC-ON	3:25.00
6	Cumming, Peggy	65 OTTY-ON	3:26.00
7	Quain, Marianne	54 TECH-ON	3:30.00
Heat 6 of 12 Finals			
1			
2			
3			
4			
5			
6			
7			
1	Devries, Courtney	22 NEP-ON	3:20.00
2	Leamen, Susie	22 TECH-ON	3:18.00
3	Hughes, Michelle	45 BURL-ON	3:08.00
4	Woollings, Tina	47 KL-ON	3:07.50
5	Reed, Susan	52 BURL-ON	3:08.00
6	Woodman, Donna	42 TECH-ON	3:10.00
7	Dhanvantari, Savita	44 LSD-ON	3:20.00

Heat 7 of 12 Finals

1	Wagland, Wendy	62	1000-ON	3:06.20
2	Konzuk, Julia	45	TECH-ON	3:05.00
3	Kennedy, Michele	43	NEP-ON	3:00.00
4	Martin, Jennifer	31	GRAN-ON	3:00.00
5	Kelly, Sue	38	TECH-ON	3:00.00
6	Robinson, Larissa	29	ANC-ON	3:00.00
7	Lepine, Sylvie	57	YMCA-ON	3:05.00

Heat 8 of 12 Finals

1	Pearce, Trina	36	OPP-ON	3:00.00
2	Lumsden, Kim	52	THOR-ON	2:59.90
3	Wilson, Katherine	25	NYG-ON	2:52.22
4	Levett, Jennifer	37	YMCA-ON	2:48.80
5	Lemieux, Valerie	36	TECH-ON	2:50.00
6	Bonham, Karen	49	AURO-ON	2:56.90
7	Horne, Carolyn	38	NEP-ON	3:00.00

Heat 9 of 12 Finals

1	Neal, Sue	54	GRAN-ON	2:45.00
2	Simpson, Betsy	44	TECH-ON	2:43.00
3	Reid, Kathryn	27	NT-ON	2:40.00
4	Baxter, Peggy	54	NEP-ON	2:40.00
5	Fraser, Amanda	26	BURL-ON	2:40.00
6	De Laat, Marcela	37	DOR-ON	2:40.30
7	Bond, Whitney	39	TECH-ON	2:45.00

Heat 10 of 12 Finals

1	Gervais, Jane	42	SOO-ON	2:39.00
2	Okeefe, Erin	32	NT-ON	2:38.00
3	Rodgers, Lynn	38	BURL-ON	2:35.00
4	Jackson, Catriona	25	UNON-ON	2:30.00
5	Grant, Fiona	49	TECH-ON	2:34.00
6	Dusevic, Lesley	41	NEP-ON	2:36.00
7	Sutcliffe, Christine	36	TECH-ON	2:38.60

Heat 11 of 12 Finals

1	Kwok, Heather	29	NT-ON	2:29.00
2	Simonetti, Suzy	32	NT-ON	2:28.70
3	Ostojic, Aleksandra	19	TECH-ON	2:26.00
4	Gervais-cartier, Alexandr	19	MDDO-ON	2:23.00
5	Chiki, Colleen	36	BURL-ON	2:25.00
6	Osborne, Katie	46	GRAN-ON	2:27.00
7	Bezair, Vero	32	TECH-ON	2:29.00

Heat 12 of 12 Finals

1	Zarins, Stephanie	29	WIND-ON	2:20.00
2	Palmer, Serena	20	CFST-ON	2:19.00
3	Gonzalez, Juliana	23	AURO-ON	2:17.20
4	Burwell, Jennifer	47	RYER-ON	1:58.00
5	Shallhorn, Rachael	21	CFST-ON	2:11.50
6	Woodworth, Amy	33	NT-ON	2:18.00
7	Charron, Christine	32	CMDG-ON	2:19.30

2009 Ontario Masters Swimming Championship
 March 20-22, 2009
 Women's Events and Mixed Relays



MASTERS SWIMMING ONTARIO

Event 29 Women 100 SC Meter IM

Lane Name Age Team Seed Time

Heat 1 of 16 Finals

1				
2				
3	Barrett, Karen	63	NYG-ON	2:30.00
4	Mason-ward, Lesley	75	SWYM-ON	2:25.00
5	Herbert, Carole	55	BURL-ON	2:26.70
6				
7				

Heat 2 of 16 Finals

1				
2	Storm, Alison	40	TECH-ON	2:20.00
3	Khan, Amna	31	TECH-ON	2:10.00
4	Ferenczy, Monika	43	NEP-ON	2:02.00
5	Lam, Nancy	58	BURL-ON	2:05.00
6	Bryce, Glad	75	TYMS-ON	2:12.10
7				

Heat 3 of 16 Finals

1	Pritchard, Jan	62	SOO-ON	2:00.00
2	High, Andria	28	CSL-ON	2:00.00
3	Wyatt, Marion	60	1000-ON	1:56.00
4	Scott, Valerie	53	OAK-ON	1:55.00
5	Lefebvre, Carole	49	SWYM-ON	1:56.00
6	Ingle, Sharon	50	UTMM-ON	2:00.00
7	Devine, Alexandra	69	SWYM-ON	2:00.00

Heat 4 of 16 Finals

1	Duckworth, Cheryl	48	AURO-ON	1:54.90
2	Chesser, Cathy	40	BURL-ON	1:50.00
3	Jarrett-fisch, Nicole	28	SCAR-ON	1:45.00
4	Poirier, Nathalie	41	TECH-ON	1:44.00
5	Cumming, Peggy	65	OTTY-ON	1:45.00
6	Pister, Susan	55	SOO-ON	1:46.20
7	Verner, Lynn	53	BTSC-ON	1:52.00

Heat 5 of 16 Finals

1	Wagland, Wendy	62	1000-ON	1:43.40
2	Woods, Tanya	37	BURL-ON	1:40.00
3	Woodman, Donna	42	TECH-ON	1:40.00
4	Klein, Mary-joy	46	YMCA-ON	1:38.00
5	Temple, Karen	43	AURO-ON	1:39.50
6	Deliencourt, Sylvie	48	TECH-ON	1:40.00
7	Reed, Susan	52	BURL-ON	1:41.00

Heat 6 of 16 Finals

1	Tardif, Josiane	26	OTTY-ON	1:38.00
2	Milford, Wendy	48	TECH-ON	1:37.00
3	Doucher, Carol-ann	47	AURO-ON	1:36.40
4	Galvin, Ashley	21	CFST-ON	1:36.00
5	Milne, Kathleen	58	TECH-ON	1:36.20
6	Charette, Genevieve	38	BRDN-ON	1:36.50
7	Zirger, Brigitte	57	NEP-ON	1:37.40

Heat 7 of 16 Finals

1	Young, Laura	46	LAUR-ON	1:35.30
2	Mctavish, Sandie	54	LSD-ON	1:35.00
3	Gyarmati, Andrea	27	THOR-ON	1:35.00
4	Brown, Carolyn	25	TECH-ON	1:35.00
5	Vincent, Lina	57	CAPS-ON	1:35.00
6	Pearce, Trina	36	OPP-ON	1:35.00
7	Fleet, Kristy	32	TECH-ON	1:35.00

Heat 8 of 16 Finals

1	Desmarais, Catherine	29	TECH-ON	1:34.50
2	Kennedy, Michele	43	NEP-ON	1:34.00
3	Hall, Dorothy	52	AURO-ON	1:33.70
4	Grodzevich, Olena	24	TYMS-ON	1:32.00
5	Tory, Nicola	47	GRAN-ON	1:32.00
6	Miller, Joanne (Jody)	47	UTMM-ON	1:34.00
7	Deacon, Sue	47	AURO-ON	1:34.00

Heat 9 of 16 Finals

1	Mckenna, Tracey	20	THOR-ON	1:32.00
2	Wilson, Katherine	25	NYG-ON	1:31.72
3	Bishop, Tiia	27	TECH-ON	1:30.00
4	Hansen, Johanna	26	KING-ON	1:30.00
5	Reid, Kathryn	27	NT-ON	1:30.00
6	Welds, Karen	46	CLAR-ON	1:30.90
7	Bonham, Karen	49	AURO-ON	1:31.90

Heat 10 of 16 Finals

1	Lauermeier, Teah	23	NT-ON	1:30.00
2	Hlevca, Raluca	23	MARK-ON	1:29.00
3	Gibbs, Janice	50	OAK-ON	1:28.50
4	Franck, Billie	26	CFST-ON	1:28.00
5	Lauzon, Chantal	36	NT-ON	1:28.00
6	Rosevear, Lena	36	AURO-ON	1:28.90
7	Jackson, Catriona	25	UNON-ON	1:30.00

Heat 11 of 16 Finals

1	Bowie, Alison	25	MASC-ON	1:27.10
2	Fraser, Amanda	26	BURL-ON	1:27.00
3	Westernacher, Eileen	27	THOR-ON	1:26.00
4	Kwok, Heather	29	NT-ON	1:26.00
5	Hayley, Mooney	29	CFST-ON	1:26.00
6	Poot, Corinne	36	BURL-ON	1:27.00
7	Iannucci, Judith	53	AURO-ON	1:27.10

Heat 12 of 16 Finals

1	Glennie, Rebecca	37	TECH-ON	1:25.00
2	Chong, Lori	21	UTMM-ON	1:25.00
3	Hall, Margot	34	TECH-ON	1:25.00
4	Baxter, Peggy	54	NEP-ON	1:24.00
5	Black, Nancy	47	AURO-ON	1:24.90
6	Roman, Marisha	42	TECH-ON	1:25.00
7	Michon, Carole	33	TECH-ON	1:25.00

Heat 13 of 16 Finals

1	Mazalica, Antonija	20	UTMM-ON	1:23.00
2	Singer, Carolyn	32	GRAN-ON	1:22.50
3	Caney, Stacey	34	GRAN-ON	1:21.80
4	Price, Melanie	37	BURL-ON	1:21.50
5	Rodgers, Lynn	38	BURL-ON	1:21.50
6	Gervais, Jane	42	SOO-ON	1:22.00
7	Key, Amber	25	CLAR-ON	1:23.00

2009 Ontario Masters Swimming Championship
 March 20-22, 2009
 Women's Events and Mixed Relays



MASTERS SWIMMING ONTARIO

Heat 14 Finals (#29 Women 100 SC Meter IM)

1	Rowan Legg, Anne	32	TECH-ON	1:21.00
2	Zaftis, Joyce	19	MDDO-ON	1:20.00
3	Theriault, Josee	41	LAUR-ON	1:20.00
4	Gillespie, Katie	34	GRAN-ON	1:20.00
5	Fracke, Meg	25	UXB-ON	1:20.00
6	Perron, Kathleen	20	TECH-ON	1:20.00
7	Merritt, Cathy	57	NEP-ON	1:20.30

Heat 15 of 16 Finals

1	Sutcliffe, Christine	36	TECH-ON	1:20.00
2	Guzman, Maria	28	NT-ON	1:20.00
3	Sliekers, Stephanie	25	NT-ON	1:19.00
4	Fowler, Stephanie	23	UTMM-ON	1:17.00
5	Ostojic, Aleksandra	19	TECH-ON	1:18.00
6	Borenstein, Jaime	25	MDDO-ON	1:19.00
7	Lee, Anne	44	SOO-ON	1:20.00

Heat 16 of 16 Finals

1	Hutchings, Holly	30	NEP-ON	1:16.00
2	Abgarov, Alisa	26	NT-ON	1:15.00
3	Woodworth, Amy	33	NT-ON	1:14.00
4	Beaulieu, Randi	24	UTMM-ON	1:10.50
5	Primorac, Marijana	30	NT-ON	1:12.00
6	Campbell, Kristen	19	MDDO-ON	1:14.50
7	Hatherly, Jackie	44	OAK-ON	1:16.00

Event 31 Women 200 SC Meter Backstroke

Lane Name	Age	Team	Seed Time
-----------	-----	------	-----------

Heat 1 of 5 Finals

1				
2				
3	Hines, Elaine	66	BTSC-ON	5:00.00
4	Wilson, Heather	35	TECH-ON	4:40.00
5	Herbert, Carole	55	BURL-ON	4:40.70
6				
7				

Heat 2 of 5 Finals

1				
2	Bryce, Glad	75	TYMS-ON	4:23.40
3	Ferguson, Amelia	28	OSAC-ON	3:40.00
4	Zirger, Brigitte	57	NEP-ON	3:38.80
5	Wagg, Christine	42	TECH-ON	3:40.00
6	Klein, Mary-joy	46	YMCA-ON	3:47.00
7	Brooks, Cathy	56	TECH-ON	4:35.00

Heat 3 of 5 Finals

1	Waring, Jane	52	BTSC-ON	3:30.00
2	Lepine, Sylvie	57	YMCA-ON	3:28.00
3	Levett, Jennifer	37	YMCA-ON	3:21.70
4	Rosevear, Lena	36	AURO-ON	3:19.90
5	Salmon, Anneke	53	LSD-ON	3:20.00
6	Mcdowell, Gillian	40	AURO-ON	3:28.00
7	Tardif, Josiane	26	OTTY-ON	3:30.00

Heat 4 of 5 Finals

1	Simpson, Betsy	44	TECH-ON	3:12.00
2	Poot, Corinne	36	BURL-ON	2:59.90
3	Pearce, Anne Marie	23	TECH-ON	2:56.30
4	Rowan Legg, Anne	32	TECH-ON	2:55.00
5	Heard, Kathy	41	NT-ON	2:55.00
6	Mcarton, Jennifer	41	TECH-ON	2:56.60
7	Okeefe, Erin	32	NT-ON	3:08.00

Heat 5 of 5 Finals

1	Robinson, Caitlin	18	UTMM-ON	2:55.00
2	Haneberry, Petra	34	BURL-ON	2:40.50
3	Kerr, Jenn	30	BURL-ON	2:35.00
4	Jarrett-fisch, Nicole	28	SCAR-ON	2:15.00
5	Gonzalez, Juliana	23	AURO-ON	2:33.30
6	Haws, Lori	38	AURO-ON	2:40.10
7	Glennie, Rebecca	37	TECH-ON	2:45.00

Event 33 Women 100 SC Meter Butterfly

Lane Name	Age	Team	Seed Time
-----------	-----	------	-----------

Heat 1 of 7 Finals

1				
2				
3	Cohen, Lynne	52	TECH-ON	2:15.00
4	Rooney, Helen	37	TECH-ON	2:01.00
5	Pritchard, Jan	62	SOO-ON	2:10.00
6				
7				

Heat 2 of 7 Finals

1				
2	Sabo, Elisabeth	28	TECH-ON	2:00.00
3	King, Caroline	45	GRAN-ON	2:00.00
4	Burwell, Jennifer	47	RYER-ON	1:58.00
5	Mackwood, Genevieve	49	TECH-ON	2:00.00
6	Quain, Marianne	54	TECH-ON	2:00.00
7				

Heat 3 of 7 Finals

1	Robert, Andrea	31	SOO-ON	1:53.00
2	Bowie, Alison	25	MASC-ON	1:45.00
3	Angus, Pat	65	TECH-ON	1:45.00
4	Milne, Kathleen	58	TECH-ON	1:38.30
5	Young, Laura	46	LAUR-ON	1:40.30
6	Humphrey, Elisabeth	31	OCM-ON	1:45.00
7	Ferguson, Amelia	28	OSAC-ON	1:47.10

Heat 4 of 7 Finals

1	Cowling, Denyse	37	BURL-ON	1:35.00
2	Buckner, Wendy	50	TECH-ON	1:31.50
3	Banton, Erin	32	TRAY-ON	1:30.00
4	Baird, Haelie	27	NT-ON	1:30.00
5	Smith, Stephanie	27	CFST-ON	1:30.00
6	Moisan-valle, Stephanie	24	CFST-ON	1:30.30
7	Roy, Lauren	47	CFST-ON	1:35.00

2009 Ontario Masters Swimming Championship
March 20-22, 2009
Women's Events and Mixed Relays



MASTERS SWIMMING ONTARIO

Heat 5 Finals (#33 Women 100 SC Meter Butterfly)

1	Neal, Sue	54	GRAN-ON	1:30.00
2	Key, Amber	25	CLAR-ON	1:27.00
3	Mazalica, Antonija	20	UTMM-ON	1:20.00
4	Vigeant, Allison	30	NT-ON	1:19.00
5	Belair Jones, Nathalie	36	NEP-ON	1:20.00
6	Weir, Sue	53	TYMS-ON	1:25.00
7	Lauzon, Chantal	36	NT-ON	1:27.00

Heat 6 of 7 Finals

1	Miles, Alison	19	TECH-ON	1:17.00
2	Campbell, Jocelyn	20	ETOB-ON	1:15.00
3	Gillespie, Katie	34	GRAN-ON	1:15.00
4	Mcdonald, Mallory	21	CFST-ON	1:13.70
5	Osborne, Katie	46	GRAN-ON	1:14.90
6	Wu, Lucy (Yunhao)	21	UTMM-ON	1:15.00
7	Charron, Christine	32	CMDG-ON	1:15.00

Heat 7 of 7 Finals

1	Chiki, Colleen	36	BURL-ON	1:13.50
2	Ostojic, Aleksandra	19	TECH-ON	1:12.00
3	Beland, Danielle	25	TECH-ON	1:10.00
4	Bigelow, Stephanie	23	CFST-ON	1:04.90
5	Shallhorn, Rachael	21	CFST-ON	1:09.30
6	Samkova, Zuzana	33	NT-ON	1:11.10
7	Campbell, Kristen	19	MDDO-ON	1:12.50



Please Note: These are psych sheets and all relays will be deck seeded prior to the event

Event 235 Women 400 SC Meter Freestyle Relay

Team	Relay	Seed Time
72-99		
1 CFST-ON W91 A		4:19.50
1) Pruden, Laurel W25	2) Galvin, Ashley W21	
3) Moisan-valle, Stephanie W2	4) Shallhorn, Rachael W21	
2 CFST-ON W91 B		4:19.60
1) Palmer, Serena W20	2) Smith, Stephanie W27	
3) Mcdonald, Mallory W21	4) Bigelow, Stephanie W23	
3 MDDO-ON W82 A		4:20.00
1) Borenstein, Jaime W25	2) Zaftis, Joyce W19	
3) Campbell, Kristen W19	4) Gervais-cartier, Alexandra	
4 TECH-ON W95 A		4:28.00
1) Beland, Danielle W25	2) Miles, Alison W19	
3) Ostojsic, Aleksandra W19	4) Rowan Legg, Anne W32	
5 UTMM-ON W86 A		4:34.00
1) Beaulieu, Randi W24	2) Fowler, Stephanie W23	
3) Robinson, Caitlin W18	4) Wu, Lucy (Yunhao) W21	
6 TECH-ON W92 D		4:47.00
1) Bishop, Tiia W27	2) Perron, Kathleen W20	
3) Leamen, Susie W22	4) Pearce, Anne Marie W23	
100-119		
1 TECH-ON W114 G		5:30.00
1) Brown, Carolyn W25	2) Sabo, Elisabeth W28	
3) Fleet, Kristy W32	4) Desmarais, Catherine W29	
120-159		
1 BURL-ON W135 A		4:33.00
1) Rodgers, Lynn W38	2) Haneberry, Petra W34	
3) Fraser, Amanda W26	4) Price, Melanie W37	
2 TECH-ON W138 C		4:33.00
1) Michon, Carole W33	2) Strano, Laurie W35	
3) Hall, Margot W34	4) Sutcliffe, Christine W36	
3 NT-ON W124 A		4:48.00
1) Lauzon, Chantal W36	2) Simonetti, Suzy W32	
3) Reid, Kathryn W27	4) Kwok, Heather W29	
4 GRAN-ON W131 A		4:55.00
1) Singer, Carolyn W32	2) Martin, Jennifer W31	
3) Gillespie, Katie W34	4) Caney, Stacey W34	
5 THOR-ON W126 A		4:55.00
1) Westernacher, Eileen W27	2) Lumsden, Kim W52	
3) Mckenna, Tracey W20	4) Gyarmati, Andrea W27	
6 TECH-ON W128 H		6:25.00
1) Kryviak, Karen W30	2) Khan, Amna W31	
3) Ayotte, Nathalie W34	4) Benneman, Laura lee W33	
7 LAUR-ON W150 A		7:00.00
1) Young, Laura W46	2) Grelier, Sandie W25	
3) Laurence, Michelle W38	4) Theriault, Josee W41	

160-199

1 TECH-ON W161 B		4:31.00
1) Glennie, Rebecca W37	2) Bond, Whitney W39	
3) Mcarton, Jennifer W41	4) Simpson, Betsy W44	
2 BURL-ON W174 B		5:15.00
1) Woods, Tanya W37	2) Reed, Susan W52	
3) Hughes, Michelle W45	4) Chesser, Cathy W40	
3 AURO-ON W178 A		5:16.00
1) Temple, Karen W43	2) Iannucci, Judith W53	
3) Haws, Lori W38	4) Jacob, Casey W44	
4 TECH-ON W160 F		5:20.00
1) Woodman, Donna W42	2) Wagg, Christine W42	
3) Bittner, Shirley W44	4) Bezaire, Vero W32	
5 YMCA-ON W190 A		5:36.00
1) Klein, Mary-joy W46	2) Levett, Jennifer W37	
3) Caskie, Fiona W50	4) Lepine, Sylvie W57	

200-239

1 TECH-ON W201 E		5:10.00
1) Grant, Fiona W49	2) Roman, Marisha W42	
3) Bakish, Margaret W60	4) Buckner, Wendy W50	
2 TECH-ON W202 J		7:30.00
1) Lombardo, Jamie W50	2) Moore, Catherine W54	
3) Scheffler, Heike W53	4) Turchan, Valerie W45	

240-279

1 TECH-ON W241 I		6:30.00
1) Quain, Marianne W54	2) Konzuk, Julia W45	
3) Angus, Pat W65	4) Niblett, Pat W77	



Schedule of events (Deep End)

2009 Ontario Masters Swimming Championship
Women's Events and Mixed Relays
Session 4: Sunday, March 22, 2009

Session 4		
Warm-ups: 8:00 - 8:55 am		Start: 9:00 am
Event #	Event	Approximate Start Time
335	Mixed 400 Freestyle Relay	10:51 am

Relay Substitutions:

Relay substitution cards will be available from and, once completed, must be submitted to the "Clerk of Course" desk (located on the pool deck) by 6 PM on Friday and 10 AM on Saturday and Sunday for that day's relays.



Please Note: These are psych sheets and all relays will be deck seeded prior to the event

Event 335 Mixed 400 SC Meter Freestyle Relay

Team Relay Seed Time

X72-99

- | | | | |
|---|----------------------------|------------------------|---------|
| 1 | UTMM-ON | X88 A | 4:20.00 |
| | 1) Kowalczewski, Scott M24 | 2) Chong, Lori W21 | |
| | 3) Mazalica, Antonija W20 | 4) Vujaklija, Misa M23 | |

X100-119

- | | | | |
|---|-------------------------|-----------------------|---------|
| 1 | CFST-ON | X115 B | 4:55.60 |
| | 1) Ouellet, Michel M47 | 2) Galvin, Ashley W21 | |
| | 3) Wheeler, Patrick M21 | 4) Franck, Billie W26 | |

X120-159

- | | | | |
|---|--------------------------|--------------------------|---------|
| 1 | BURL-ON | X127 A | 4:03.00 |
| | 1) Baker, Lee M36 | 2) Shane, Tyler M25 | |
| | 3) Chiki, Colleen W36 | 4) Kerr, Jenn W30 | |
| 2 | AURO-ON | X138 A | 4:14.00 |
| | 1) Lindquist, Daniel M29 | 2) Gonzalez, Juliana W23 | |
| | 3) Drummond, Crystal W40 | 4) Brown, Lloyd M46 | |
| 3 | NT-ON | X125 A | 4:14.00 |
| | 1) Yuill, Erik M30 | 2) Okeefe, Erin W32 | |
| | 3) Woodworth, Amy W33 | 4) Blaskovits, Peter M30 | |
| 4 | BURL-ON | X133 B | 4:48.00 |
| | 1) Daniel, Wade M28 | 2) Smith, Jason M32 | |
| | 3) Cowling, Denyse W37 | 4) Poot, Corinne W36 | |
| 5 | CFST-ON | X126 C | 4:55.70 |
| | 1) Forsberg, Colin M31 | 2) Macmillan, Matt M30 | |
| | 3) Comisso, Amber W31 | 4) Mariano, Ellen W34 | |

X160-199

- | | | | |
|----|-----------------------------|--------------------------|---------|
| 1 | GRAN-ON | X169 A | 4:09.00 |
| | 1) Van de Water, Chris M28 | 2) Osborne, Katie W46 | |
| | 3) Neal, Sue W54 | 4) Warburton, Sean M41 | |
| 2 | TECH-ON | X160 B | 4:48.00 |
| | 1) Green, George M45 | 2) Bond, Dave M41 | |
| | 3) Lemieux, Valerie W36 | 4) Kelly, Sue W38 | |
| 3 | CFST-ON | X170 A | 4:55.50 |
| | 1) Dionne, Jean-marc M32 | 2) Mullen, Karen W42 | |
| | 3) Roy, Lauren W47 | 4) Zezza, Tony M49 | |
| 4 | CFST-ON | X163 D | 4:55.80 |
| | 1) Macneil, Brett M38 | 2) Bouchard, Dan M39 | |
| | 3) Malczynski, Isabelle W47 | 4) Tremblay, Lucie W39 | |
| 5 | AURO-ON | X184 C | 5:10.00 |
| | 1) Oliver, Eric M46 | 2) Purves, Brian M51 | |
| | 3) Doucher, Carol-ann W47 | 4) Mcdowell, Gillian W40 | |
| 6 | GRAN-ON | X197 B | 5:20.00 |
| | 1) Bannerman, Bob M69 | 2) Tory, Nicola W47 | |
| | 3) King, Caroline W45 | 4) Dennis, Jim M36 | |
| 7 | NEP-ON | X188 B | 5:20.00 |
| | 1) Horne, Carolyn W38 | 2) Zirger, Brigitte W57 | |
| | 3) Robertson, Brian M62 | 4) Robbins, Royce M31 | |
| 8 | TECH-ON | X160 D | 5:43.00 |
| | 1) Luff, Ed M40 | 2) Malloy, Kevin M43 | |
| | 3) Storm, Alison W40 | 4) Rooney, Helen W37 | |
| 9 | LSD-ON | X171 B | 6:00.00 |
| | 3) Dhanvantari, Savita W44 | 2) Finlay, Bryan M66 | |
| | | 4) Yip, Paul M34 | |
| 10 | AURO-ON | X196 B | 6:02.00 |
| | 1) Sodonis, Frank M53 | 2) Rosevear, Lena W36 | |
| | 3) Rottmann, Nick M58 | 4) Bonham, Karen W49 | |
| 11 | TECH-ON | X164 E | 6:50.00 |
| | 1) Allison, Jennifer W38 | 2) Poirier, Nathalie W41 | |
| | 3) Baker, Dale M39 | 4) Connerty, Bill M46 | |
| 12 | OTTY-ON | X161 A | 7:00.00 |
| | 1) Tardif, Josiane W26 | 2) Allen, Davin M39 | |
| | 3) Cumming, Peggy W65 | 4) Belchamber, Eric M31 | |



X200-239 (#335 Mixed 400 SC Meter Freestyle Relay)

- | | | | |
|---|----------------------------|--------|------------------------------|
| 1 | TECH-ON | X200 A | 4:50.00 |
| | 1) Lemkuhl, Brian M48 | | 2) Read, Robert M55 |
| | 3) Milford, Wendy W48 | | 4) Mackwood, Genevieve W49 |
| 2 | LSD-ON | X202 A | 4:55.00 |
| | 1) Gilbert, Nick M53 | | 2) Salmon, Anneke W53 |
| | 3) Mctavish, Sandie W54 | | 4) Mitchell, Scott M42 |
| 3 | TECH-ON | X200 F | 6:30.00 |
| | 1) Morissette, Jacques M46 | | 2) Mccaw, Jim M46 |
| | 3) Mccutcheon, Wendy W56 | | 4) Cohen, Lynne W52 |
| 4 | THOR-ON | X202 A | 6:30.00 |
| | 1) Borenstein, Jack M51 | | 2) Trattner, Paula W52 |
| | 3) Schmidt, Rob M38 | | 4) Westernacher, Valerie W61 |
| 5 | SWYM-ON | X234 A | 6:40.00 |
| | 1) Goodhew, Doug M60 | | 2) Wood, Jane W45 |
| | 3) Devine, Alexandra W69 | | 4) Simard, Paul M60 |
| 6 | TECH-ON | X212 G | 7:10.00 |
| | 1) Fasken, Lee M55 | | 2) Parsons, Scott M56 |
| | 3) Perron, Maria W50 | | 4) Moore, Wendy W51 |
| 7 | TECH-ON | X200 H | 7:30.00 |
| | 1) Marsaw, Aaron M36 | | 2) Chartrand, Bern M51 |
| | 3) Brooks, Cathy W56 | | 4) Grant, Diane W57 |

X240-279

- | | | | |
|---|------------------------|--------|----------------------------|
| 1 | NEP-ON | X243 A | 5:06.54 |
| | 1) Merritt, Cathy W57 | | 2) Willies, Bob M67 |
| | 3) Baxter, Peggy W54 | | 4) Colpitts, Charles M65 |
| 2 | TECH-ON | X240 C | 5:13.00 |
| | 1) Leach, Peter M64 | | 2) Durr, Larry M70 |
| | 3) Milne, Kathleen W58 | | 4) Deliencourt, Sylvie W48 |



Schedule of events (Shallow End)

2009 Ontario Masters Swimming Championship
Women's Events and Mixed Relays
Session 5: Sunday, March 22, 2009

Session 5		
Warm-ups: 11:30 am - 12:25 pm		Start: 12:30 pm
Event #	Event	Approximate Start Time
37	100 Breaststroke	12:30 pm
39	200 Butterfly	12:55 pm
41	50 Backstroke	01:07 pm
243	200 Medley Relay	01:20 pm
45	800 Freestyle	01:31 pm
343	Mixed 200 Medley Relay (Deep End)	01:29 pm

Please note:

The 800 Freestyle will be run with two swimmers per lane.

The women's events will be held in the Shallow End, however the mixed relays will be held in the Deep End.

Relay Substitutions:

Relay substitution cards will be available from and, once completed, must be submitted to the "Clerk of Course" desk (located on the pool deck) by 6 PM on Friday and 10 AM on Saturday and Sunday for that day's relays.

Sign-In for 800m & 1500m events:

All swimmers competing in the 800m & 1500m events must report, in advance, to the "Clerk of Course" desk (located on the pool deck) to sign-in so that we can confirm which swimmers who have entered this event are in attendance and on-deck seeding can be commenced.

For the 1500m event on Friday evening, the sign-in deadline is 5:30 PM.

For the 800m event on Sunday afternoon, the sign-in deadline is 12:00 noon.

2009 Ontario Masters Swimming Championship
 March 20-22, 2009
 Women's Events and Mixed Relays



MASTERS SWIMMING ONTARIO

Event 37 Women 100 SC Meter Breaststroke

Lane Name Age Team Seed Time

Heat 1 of 11 Finals

1				
2				
3	Carlyle, Muriel	84	1000-ON	4:25.00
4	Malone, Marjorie-sassevi	56	KL-ON	2:12.00
5	Grant, Diane	57	TECH-ON	2:35.00
6				
7				

Heat 2 of 11 Finals

1				
2	Lam, Nancy	58	BURL-ON	2:05.00
3	Moore, Wendy	51	TECH-ON	1:56.30
4	Desmarais, Catherine	29	TECH-ON	1:55.00
5	Humphrey, Elisabeth	31	OCM-ON	1:55.00
6	Pritchard, Jan	62	SOO-ON	2:00.00
7	Mccutcheon, Wendy	56	TECH-ON	2:08.00

Heat 3 of 11 Finals

1	Duckworth, Cheryl	48	AURO-ON	1:54.90
2	Brown, Carolyn	25	TECH-ON	1:51.00
3	Scott, Valerie	53	OAK-ON	1:50.00
4	Mullen, Karen	42	CFST-ON	1:50.00
5	Comisso, Amber	31	CFST-ON	1:50.00
6	Young, Laura	46	LAUR-ON	1:50.30
7	Pister, Susan	55	SOO-ON	1:51.10

Heat 4 of 11 Finals

1	Lowrie, Deborah	41	LSD-ON	1:50.00
2	Malczynski, Isabelle	47	CFST-ON	1:50.00
3	Tremblay, Lucie	39	CFST-ON	1:49.00
4	Vincent, Lina	57	CAPS-ON	1:48.00
5	Welsh, Karin	48	UXB-ON	1:48.00
6	King, Caroline	45	GRAN-ON	1:50.00
7	Cumming, Peggy	65	OTTY-ON	1:50.00

Heat 5 of 11 Finals

1	Lopes, Sonia	53	OAK-ON	1:47.80
2	Milne, Kathleen	58	TECH-ON	1:44.20
3	Lemieux, Valerie	36	TECH-ON	1:44.00
4	Konzuk, Julia	45	TECH-ON	1:44.00
5	Pinard, Debbie	52	STIT-ON	1:44.00
6	Mariano, Ellen	34	CFST-ON	1:44.10
7	Reed, Susan	52	BURL-ON	1:47.70

Heat 6 of 11 Finals

1	Milford, Wendy	48	TECH-ON	1:44.00
2	Rusu, Liliana	52	CARL-ON	1:43.50
3	Temple, Karen	43	AURO-ON	1:42.50
4	Gyarmati, Andrea	27	THOR-ON	1:42.00
5	Mctavish, Sandie	54	LSD-ON	1:42.00
6	Hughes, Michelle	45	BURL-ON	1:42.60
7	Hall, Dorothy	52	AURO-ON	1:43.70

Heat 7 of 11 Finals

1	Bishop, Tiia	27	TECH-ON	1:41.00
2	Morin, Émilie	26	CMDG-ON	1:38.40
3	Brankovsky, Martina	48	NYG-ON	1:37.90
4	Hayley, Mooney	29	CFST-ON	1:36.70
5	Horne, Carolyn	38	NEP-ON	1:37.00
6	Deacon, Sue	47	AURO-ON	1:38.00
7	Lauzon, Chantal	36	NT-ON	1:39.50

Heat 8 of 11 Finals

1	Galvin, Ashley	21	CFST-ON	1:36.40
2	Doucher, Carol-ann	47	AURO-ON	1:35.60
3	Buckner, Wendy	50	TECH-ON	1:33.50
4	Lee, Anne	44	SOO-ON	1:32.00
5	Belair Jones, Nathalie	36	NEP-ON	1:32.00
6	Robert, Andrea	31	SOO-ON	1:35.00
7	Bakish, Margaret	60	TECH-ON	1:36.00

Heat 9 of 11 Finals

1	Grant, Fiona	49	TECH-ON	1:31.70
2	Merritt, Cathy	57	NEP-ON	1:30.40
3	Wagg, Christine	42	TECH-ON	1:30.00
4	Smith, Stephanie	27	CFST-ON	1:30.00
5	Zaftis, Joyce	19	MDDO-ON	1:30.00
6	Jarrett-fisch, Nicole	28	SCAR-ON	1:30.10
7	Rodgers, Lynn	38	BURL-ON	1:31.50

Heat 10 of 11 Finals

1	Pearce, Anne Marie	23	TECH-ON	1:29.00
2	Price, Melanie	37	BURL-ON	1:27.50
3	Hatherly, Jackie	44	OAK-ON	1:26.00
4	Fracke, Meg	25	UXB-ON	1:25.00
5	Palmer, Serena	20	CFST-ON	1:25.70
6	Pruden, Laurel	25	CFST-ON	1:26.00
7	Jacob, Casey	44	AURO-ON	1:28.40

Heat 11 of 11 Finals

1	Chong, Lori	21	UTMM-ON	1:25.00
2	Drummond, Crystal	40	AURO-ON	1:22.10
3	Hutchings, Holly	30	NEP-ON	1:20.00
4	Primorac, Marijana	30	NT-ON	1:18.00
5	Campbell, Jocelyn	20	ETOB-ON	1:20.00
6	Therriault, Josee	41	LAUR-ON	1:20.00
7	Samkova, Zuzana	33	NT-ON	1:22.20

Event 39 Women 200 SC Meter Butterfly

Lane Name Age Team Seed Time

Heat 1 of 3 Finals

1				
2	King, Caroline	45	GRAN-ON	5:00.00
3	Cohen, Lynne	52	TECH-ON	4:45.00
4	Ferguson, Amelia	28	OSAC-ON	3:52.20
5	Waring, Jane	52	BTSC-ON	4:00.00
6	Sabo, Elisabeth	28	TECH-ON	4:45.00
7				

2009 Ontario Masters Swimming Championship
 March 20-22, 2009
 Women's Events and Mixed Relays



MASTERS SWIMMING ONTARIO

Heat 2 Finals (#39 Women 200 SC Meter Butterfly)

1	Angus, Pat	65	TECH-ON	3:50.00
2	Klein, Mary-joy	46	YMCA-ON	3:38.00
3	Hall, Margot	34	TECH-ON	3:15.00
4	Chiki, Colleen	36	BURL-ON	2:59.50
5	Macleod, Carolyn	33	NYG-ON	3:15.00
6	Neal, Sue	54	GRAN-ON	3:30.00
7	Bakish, Margaret	60	TECH-ON	3:46.40

Heat 3 of 3 Finals

1	Osborne, Katie	46	GRAN-ON	2:55.00
2	Ostojic, Aleksandra	19	TECH-ON	2:40.00
3	Gonzalez, Juliana	23	AURO-ON	2:39.90
4	Shallhorn, Rachael	21	CFST-ON	2:30.00
5	Beland, Danielle	25	TECH-ON	2:35.00
6	Wu, Lucy (Yunhao)	21	UTMM-ON	2:40.00
7	Miles, Alison	19	TECH-ON	2:55.00

Event 41 Women 50 SC Meter Backstroke

Lane Name Age Team Seed Time

Heat 1 of 9 Finals

1	Wyatt, Marion	60	1000-ON	1:59.00
2	Carlyle, Muriel	84	1000-ON	1:55.10
3	Mason-ward, Lesley	75	SWYM-ON	1:25.00
4	Barrett, Karen	63	NYG-ON	1:15.00
5	Forsee, Belinda	70	SWYM-ON	1:20.00
6	Herbert, Eileen	62	NS-ON	1:25.00
7	Moustgaard, Maureen	62	LAUR-ON	1:58.10

Heat 2 of 9 Finals

1	Westernacher, Valerie	61	THOR-ON	1:14.00
2	Wilson, Heather	35	TECH-ON	1:05.00
3	Obrien, Sally	66	SOO-ON	59.80
4	Bryce, Glad	75	TYMS-ON	56.10
5	Trattner, Paula	52	THOR-ON	59.70
6	Benneman, Laura lee	33	TECH-ON	1:00.00
7	Brooks, Cathy	56	TECH-ON	1:06.00

Heat 3 of 9 Finals

1	Chesser, Cathy	40	BURL-ON	55.00
2	Perron, Maria	50	TECH-ON	53.00
3	Pister, Susan	55	SOO-ON	51.00
4	Mcdowell, Gillian	40	AURO-ON	46.00
5	Deguire, Danielle	38	CMDG-ON	50.00
6	Duckworth, Cheryl	48	AURO-ON	52.80
7	Malone, Marjorie-sassevi	56	KL-ON	54.40

Heat 4 of 9 Finals

1	Lepine, Sylvie	57	YMCA-ON	46.00
2	Scott, Valerie	53	OAK-ON	45.00
3	Wagg, Christine	42	TECH-ON	45.00
4	Woollings, Tina	47	KL-ON	44.10
5	Tory, Nicola	47	GRAN-ON	44.10
6	Hlevca, Raluca	23	MARK-ON	45.00
7	Hall, Dorothy	52	AURO-ON	45.40

Heat 5 of 9 Finals

1	Salmon, Anneke	53	LSD-ON	43.00
2	Mckenna, Tracey	20	THOR-ON	42.00
3	Charette, Genevieve	38	BRDN-ON	41.00
4	High, Andria	28	CSL-ON	40.70
5	Westernacher, Eileen	27	THOR-ON	41.00
6	Bowie, Alison	25	MASC-ON	41.10
7	Kelly, Sue	38	TECH-ON	42.00

Heat 6 of 9 Finals

1	Iannucci, Judith	53	AURO-ON	40.10
2	Hansen, Johanna	26	KING-ON	40.00
3	Welds, Karen	46	CLAR-ON	39.90
4	Caney, Stacey	34	GRAN-ON	38.60
5	Okeefe, Erin	32	NT-ON	39.00
6	Deliencourt, Sylvie	48	TECH-ON	40.00
7	Strano, Laurie	35	TECH-ON	40.00

Heat 7 of 9 Finals

1	Roman, Marisha	42	TECH-ON	38.00
2	Poot, Corinne	36	BURL-ON	38.00
3	Black, Nancy	47	AURO-ON	37.90
4	Fleet, Kristy	32	TECH-ON	37.00
5	Weir, Sue	53	TYMS-ON	37.40
6	Brown, Angela	34	KING-ON	38.00
7	Heard, Kathy	41	NT-ON	38.00

Heat 8 of 9 Finals

1	Robinson, Caitlin	18	UTMM-ON	36.70
2	Rowan Legg, Anne	32	TECH-ON	36.00
3	Palmer, Serena	20	CFST-ON	35.90
4	Woodford, Shareen	30	GRAN-ON	34.80
5	Mascherin, Lindsay	30	TMU-ON	35.80
6	Singer, Carolyn	32	GRAN-ON	36.00
7	Michon, Carole	33	TECH-ON	36.00

Heat 9 of 9 Finals

1	Haneberry, Petra	34	BURL-ON	34.10
2	Pruden, Laurel	25	CFST-ON	33.00
3	Abgarov, Alisa	26	NT-ON	33.00
4	Beaulieu, Randi	24	UTMM-ON	32.00
5	Perron, Kathleen	20	TECH-ON	32.00
6	Miles, Alison	19	TECH-ON	33.00
7	Borenstein, Jaime	25	MDDO-ON	34.00



Please Note: These are psych sheets and all relays will be deck seeded prior to the event

Event 243 Women 200 SC Meter Medley Relay

Team	Relay	Seed Time
72-99		
1	CFST-ON W91 A	2:08.50
	1) Pruden, Laurel W25	2) Galvin, Ashley W21
	3) Moisan-valle, Stephanie W2	4) Shallhorn, Rachael W21
2	CFST-ON W91 B	2:08.60
	1) Bigelow, Stephanie W23	2) Palmer, Serena W20
	3) Mcdonald, Mallory W21	4) Smith, Stephanie W27
3	TECH-ON W98 B	2:14.00
	1) Perron, Kathleen W20	2) Bishop, Tiia W27
	3) Ostojic, Aleksandra W19	4) Bezaire, Vero W32
4	UTMM-ON W83 A	2:22.50
	1) Robinson, Caitlin W18	2) Chong, Lori W21
	3) Wu, Lucy (Yunhao) W21	4) Fowler, Stephanie W23
100-119		
1	TECH-ON W100 A	2:13.00
	1) Miles, Alison W19	2) Pearce, Anne Marie W23
	3) Beland, Danielle W25	4) Michon, Carole W33
2	TECH-ON W108 G	2:53.00
	1) Fleet, Kristy W32	2) Brown, Carolyn W25
	3) Desmarais, Catherine W29	4) Leamen, Susie W22
120-159		
1	TECH-ON W137 C	2:14.00
	1) Rowan Legg, Anne W32	2) Sutcliffe, Christine W36
	3) Hall, Margot W34	4) Strano, Laurie W35
2	BURL-ON W148 A	2:22.00
	1) Poot, Corinne W36	2) Price, Melanie W37
	3) Cowling, Denyse W37	4) Rodgers, Lynn W38
3	GRAN-ON W142 A	2:30.00
	1) Singer, Carolyn W32	2) King, Caroline W45
	3) Martin, Jennifer W31	4) Caney, Stacey W34
4	THOR-ON W126 A	2:40.00
	1) Mckenna, Tracey W20	2) Gyarmati, Andrea W27
	3) Westernacher, Eileen W27	4) Lumsden, Kim W52
5	TECH-ON W126 H	2:54.00
	1) Khan, Amna W31	2) Benneman, Laura lee W33
	3) Sabo, Elisabeth W28	4) Ayotte, Nathalie W34
160-199		
1	TECH-ON W161 D	2:15.00
	1) Glennie, Rebecca W37	2) Bond, Whitney W39
	3) Mcarton, Jennifer W41	4) Simpson, Betsy W44
2	TECH-ON W166 F	2:32.00
	1) Bittner, Shirley W44	2) Wagg, Christine W42
	3) Woodman, Donna W42	4) Kelly, Sue W38
3	SOO-ON W164 A	2:40.00
	1) Day, Nancy W47	2) Robert, Andrea W31
	3) Gervais, Jane W42	4) Lee, Anne W44
4	AURO-ON W179 A	2:45.00
	1) Drummond, Crystal W40	2) Duckworth, Cheryl W48
	3) Doucher, Carol-ann W47	4) Jacob, Casey W44
5	BURL-ON W198 B	2:56.00
	1) Hughes, Michelle W45	2) Lam, Nancy W58
	3) Chesser, Cathy W40	4) Herbert, Carole W55

200-239

1	TECH-ON W201 E	2:27.00
	1) Roman, Marisha W42	2) Bakish, Margaret W60
	3) Buckner, Wendy W50	4) Grant, Fiona W49
2	NEP-ON W204 A	2:33.00
	1) Zirger, Brigitte W57	2) Merritt, Cathy W57
	3) Belair Jones, Nathalie W36	4) Baxter, Peggy W54
3	OAK-ON W200 A	2:36.50
	1) Gibbs, Janice W50	2) Lopes, Sonia W53
	3) Hatherly, Jackie W44	4) Scott, Valerie W53
4	TECH-ON W214 J	4:10.00
	1) Lombardo, Jamie W50	2) Mccutcheon, Wendy W56
	3) Cohen, Lynne W52	4) Brooks, Cathy W56

240-279

1	TECH-ON W241 I	3:10.00
	1) Quain, Marianne W54	2) Konzuk, Julia W45
	3) Angus, Pat W65	4) Niblett, Pat W77



**Please Note: The 800 Meter Freestyle will be run with two swimmers per lane
 These are psych sheets and the event will be deck seeded prior to the event**

Event 45 Women 800 SC Meter Freestyle

Name	Age	Team	Seed Time
18-24			
1 Bigelow, Stephanie	23	CFST-ON	9:27.60
2 Fowler, Stephanie	23	UTMM-ON	10:27.00
3 Leamen, Susie	22	TECH-ON	14:35.00
25-29			
1 Beland, Danielle	25	TECH-ON	10:15.00
2 Key, Amber	25	CLAR-ON	11:30.00
3 Robinson, Larissa	29	ANC-ON	13:30.00
4 Tardif, Josiane	26	OTTY-ON	15:00.00
5 Sabo, Elisabeth	28	TECH-ON	15:00.00
30-34			
1 Charron, Christine	32	CMDG-ON	9:52.20
2 Brown, Angela	34	KING-ON	10:45.00
3 Macleod, Carolyn	33	NYG-ON	11:50.00
4 Caney, Stacey	34	GRAN-ON	11:59.00
5 Kerr, Jenn	30	BURL-ON	12:00.00
6 Spencer, Sarah	30	BRDN-ON	13:00.00
7 Martin, Jennifer	31	GRAN-ON	13:00.00
8 Kryviak, Karen	30	TECH-ON	14:00.00
9 Khan, Amna	31	TECH-ON	14:00.00
10 Ayotte, Nathalie	34	TECH-ON	15:00.00
35-39			
1 Belair Jones, Nathalie	36	NEP-ON	12:00.00
2 Woods, Tanya	37	BURL-ON	14:00.00
3 Allison, Jennifer	38	TECH-ON	15:00.00
4 Brown, Jennifer	36	UNON-ON	15:00.00
5 Rooney, Helen	37	TECH-ON	18:00.00
40-44			
1 Theriault, Josee	41	LAUR-ON	10:50.00
2 Mcarton, Jennifer	41	TECH-ON	11:20.00
3 Dusevic, Lesley	41	NEP-ON	11:26.00
4 Lee, Anne	44	SOO-ON	11:30.00
5 Gervais, Jane	42	SOO-ON	11:44.00
6 Jacob, Casey	44	AURO-ON	12:15.30
7 Simpson, Betsy	44	TECH-ON	12:27.00
8 Woodman, Donna	42	TECH-ON	13:45.00
9 Dhanvantari, Savita	44	LSD-ON	16:00.00
10 Poirier, Nathalie	41	TECH-ON	16:30.00
11 Fisher, Jennifer	44	BURL-ON	20:00.00
12 Storm, Alison	40	TECH-ON	22:00.00
45-49			
1 Stewart, Carolyn	47	UNON-ON	11:20.00
2 Grant, Fiona	49	TECH-ON	11:25.00
3 Konzuk, Julia	45	TECH-ON	12:00.00
4 Mackwood, Genevieve	49	TECH-ON	12:00.00
5 Bonham, Karen	49	AURO-ON	12:46.90
6 Klein, Mary-joy	46	YMCA-ON	13:00.00
7 Miller, Joanne (Jody)	47	UTMM-ON	13:10.00
8 King, Caroline	45	GRAN-ON	16:30.00
9 Turchan, Valerie	45	TECH-ON	20:00.00

50-54

1 Salmon, Anneke	53	LSD-ON	13:20.00
2 Lumsden, Kim	52	THOR-ON	14:30.00

50-54

3 Ingle, Sharon	50	UTMM-ON	14:30.00
4 Quain, Marianne	54	TECH-ON	14:40.00
5 Moore, Wendy	51	TECH-ON	15:59.70
6 Henderson, Robin	50	OTTY-ON	16:00.00
7 Ulyatt, Hazel	52	TECH-ON	16:00.00
8 Cohen, Lynne	52	TECH-ON	17:15.00
9 Scheffler, Heike	53	TECH-ON	18:28.00
10 Lombardo, Jamie	50	TECH-ON	18:30.00
11 Moore, Catherine	54	TECH-ON	20:30.00

55-59

1 Zirger, Brigitte	57	NEP-ON	12:58.20
2 Brooks, Cathy	56	TECH-ON	20:30.00

60-64

1 Bakish, Margaret	60	TECH-ON	12:31.20
2 Hadley-piscopo, Linda	64	SOO-ON	15:35.00
3 Westernacher, Valerie	61	THOR-ON	20:00.00
4 Herbert, Eileen	62	NS-ON	20:10.00

65-69

1 Angus, Pat	65	TECH-ON	15:00.00
2 Devine, Alexandra	69	SWYM-ON	15:45.00
3 Hines, Elaine	66	BTSC-ON	17:30.00

75-79

1 Niblett, Pat	77	TECH-ON	16:45.00
----------------	----	---------	----------



Schedule of events (Deep End)

2009 Ontario Masters Swimming Championship
Women's Events and Mixed Relays
Session 5: Sunday, March 22, 2009

Session 5		
Warm-ups: 11:30 am - 12:25 pm		Start: 12:30 pm
Event #	Event	Approximate Start Time
343	Mixed 200 Medley Relay	01:29 pm

Relay Substitutions:

Relay substitution cards will be available from and, once completed, must be submitted to the "Clerk of Course" desk (located on the pool deck) by 6 PM on Friday and 10 AM on Saturday and Sunday for that day's relays.



Please Note: These are psych sheets and all relays will be deck seeded prior to the event

Event 343 Mixed 200 SC Meter Medley Relay

Team	Relay	Seed Time
X72-99		
1	MDDO-ON X84 A	1:59.00
	1) Zaftis, Joyce W19	2) Campbell, Kristen W19
	3) Ochiai, Jason M20	4) Borenstein, Jonathan M26
2	MDDO-ON X85 B	2:06.00
	1) Borenstein, Jaime W25	2) Gervais-cartier, Alexandra
	3) Kasprzycki, Jan M20	4) Brisson, Erik M21
3	UTMM-ON X94 A	2:25.00
	1) Beaulieu, Randi W24	2) Vujaklija, Misa M23
	3) Kowalczewski, Scott M24	4) Fowler, Stephanie W23
X100-119		
1	CFST-ON X116 B	2:24.60
	1) Galvin, Ashley W21	2) Wheeler, Patrick M21
	3) Franck, Billie W26	4) Durand, Guy M48
X120-159		
1	NYG-ON X128 B	30.00
	1) Macleod, Carolyn W33	2) Famin, Kanstantsin M28
	3) Van Greuning, Len M42	4) Wilson, Katherine W25
2	BURL-ON X127 A	2:02.00
	1) Shane, Tyler M25	2) Baker, Lee M36
	3) Chiki, Colleen W36	4) Kerr, Jenn W30
3	NT-ON X120 A	2:03.00
	1) Boulanger, Alexandre M27	2) Blaskovits, Peter M30
	3) Samkova, Zuzana W33	4) Primorac, Marijana W30
4	GRAN-ON X145 A	2:05.00
	1) Woodford, Shareen W30	2) Warburton, Sean M41
	3) Osborne, Katie W46	4) Van de Water, Chris M28
5	AURO-ON X136 D	2:14.00
	1) Haws, Lori W38	2) Gonzalez, Juliana W23
	3) Brown, Lloyd M46	4) Lindquist, Daniel M29
6	CFST-ON X146 C	2:24.70
	1) Davies, Trevor M36	2) Hayley, Mooney W29
	3) O'Brien, Sean M42	4) Tremblay, Lucie W39
7	OTTY-ON X141 A	2:40.00
	1) Tardif, Josiane W26	2) Henderson, Robin W50
	3) Dube, Luc M34	4) Belchamber, Eric M31
8	NEP-ON X138 A	2:45.00
	1) Doucette, Barry M49	2) Horne, Carolyn W38
	3) Ross, Dalton M22	4) Dumont, Sylvie W29
9	TECH-ON X148 F	3:29.00
	1) Wilson, Heather W35	2) Allison, Jennifer W38
	3) Marsaw, Aaron M36	4) Baker, Dale M39

X160-199

1	BURL-ON X163 B	2:13.00
	1) Haneberry, Petra W34	2) Strang, John M44
	3) Twohig, John M59	4) Fraser, Amanda W26
2	NT-ON X171 B	2:15.00
	1) Heard, Kathy W41	2) Smelt, Chris M46
	3) Chisholm, Bill M54	4) Vigeant, Allison W30
3	CFST-ON X176 A	2:24.50
	1) Dionne, Jean-marc M32	2) Mullen, Karen W42
	3) Roy, Lauren W47	4) Mcmanus, John M55
4	CFST-ON X174 D	2:24.80
	1) Mariano, Ellen W34	2) Malczynski, Isabelle W47
	3) Percy, Tom M49	4) Forrester, Bruce M44
5	AURO-ON X198 C	2:28.00
	1) Purves, Brian M51	2) Oliver, Eric M46
	3) Bonham, Karen W49	4) Hall, Dorothy W52
6	KL-ON X163 A	2:30.00
	1) Malone, Marjorie-sasseville	2) Timmins, Steven M42
	3) Woollings, Tina W47	4) Dal pai, Anthony M18
7	AURO-ON X199 A	2:39.00
	1) Lindquist, Les M58	2) Rottmann, Nick M58
	3) Mcdowell, Gillian W40	4) Temple, Karen W43
8	CARL-ON X181 A	2:43.00
	1) Udall, Rick M52	2) Macmillan, Alex M46
	3) Rusu, Liliana W52	4) Address, Jenny W31
9	TECH-ON X160 D	2:50.00
	1) Lemieux, Valerie W36	2) Sims, Mike M44
	3) Rooney, Helen W37	4) Malloy, Kevin M43
10	LSD-ON X185 B	3:00.00
	1) Finlay, Bryan M66	2) Yip, Paul M34
	3) Lowrie, Deborah W41	4) Dhanvantari, Savita W44
11	TECH-ON X162 E	3:09.00
	1) Storm, Alison W40	2) Luff, Ed M40
	3) Poirier, Nathalie W41	4) Bond, Dave M41
12	THOR-ON X194 A	3:20.00
	1) Westernacher, Valerie W61	2) Trattner, Paula W52
	3) Kalle, Akshay M30	4) Borenstein, Jack M51
13	LAUR-ON X169 B	4:00.00
	1) Oliphant, Lawrie M52	2) Theriault, Josee W41
	3) Jeffery, Bob M51	4) Grelier, Sandie W25



X200-239 (#343 Mixed 200 SC Meter Medley Relay)

- | | | | |
|----|----------------------------|--------|------------------------------|
| 1 | NYG-ON | X238 A | 20.00 |
| | 1) Barrett, Karen W63 | | 2) Kwan, Dan M54 |
| | 3) Kohler, Eric M73 | | 4) Brankovsky, Martina W48 |
| 2 | GRAN-ON | X206 B | 2:18.00 |
| | 1) Bannerman, Bob M69 | | 2) Tory, Nicola W47 |
| | 3) Neal, Sue W54 | | 4) Dennis, Jim M36 |
| 3 | TECH-ON | X202 A | 2:28.00 |
| | 1) Read, Robert M55 | | 2) Milford, Wendy W48 |
| | 3) Mackwood, Genevieve W49 | | 4) Mackwood, Jeff M50 |
| 4 | LSD-ON | X202 A | 2:30.00 |
| | 1) Salmon, Anneke W53 | | 2) Mctavish, Sandie W54 |
| | 3) Gilbert, Nick M53 | | 4) Mitchell, Scott M42 |
| 5 | AURO-ON | X203 B | 2:40.00 |
| | 1) Black, Nancy W47 | | 2) Sodonis, Frank M53 |
| | 3) Cundari, Chuck M56 | | 4) Deacon, Sue W47 |
| 6 | TECH-ON | X202 C | 2:50.00 |
| | 1) Perron, Maria W50 | | 2) Moore, Wendy W51 |
| | 3) Mccaw, Jim M46 | | 4) Scapillto, Tim M55 |
| 7 | SOO-ON | X222 B | 3:05.00 |
| | 1) Pister, Susan W55 | | 2) Hadley-piscopo, Linda W64 |
| | 3) Piscopo, Eric M57 | | 4) Murray, Kevin M46 |
| 8 | TECH-ON | X203 G | 3:44.00 |
| | 1) Turchan, Valerie W45 | | 2) Fasken, Lee M55 |
| | 3) Connerty, Bill M46 | | 4) Grant, Diane W57 |
| 9 | TECH-ON | X201 H | 3:47.00 |
| | 1) Moore, Catherine W54 | | 2) Morissette, Jacques M46 |
| | 3) Lemkuhl, Brian M48 | | 4) Scheffler, Heike W53 |
| 10 | LAUR-ON | X238 A | 5:00.00 |
| | 1) Ferguson, Hugh M72 | | 2) Gavrel, George M58 |
| | 3) Young, Laura W46 | | 4) Moustgaard, Maureen W62 |

X240-279

- | | | | |
|---|----------------------------|--------|----------------------|
| 1 | TECH-ON | X240 B | 2:36.00 |
| | 1) Deliencourt, Sylvie W48 | | 2) Durr, Larry M70 |
| | 3) Milne, Kathleen W58 | | 4) Leach, Peter M64 |
| 2 | SOO-ON | X240 A | 3:30.00 |
| | 1) O'Brien, Sally W66 | | 2) Fogerty, Doug M75 |
| | 3) Pritchard, Jan W62 | | 4) Harris, Paul M37 |

X280-319

- | | | | |
|---|---------------------------|--------|------------------------|
| 1 | SWYM-ON | X295 A | 3:38.00 |
| | 1) Mason-ward, Lesley W75 | | 2) Forsee, Belinda W70 |
| | 3) Jack, Robert M68 | | 4) Hatch, Ken M82 |