



Club Results by Event for TECH-ON FLY 50 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Gerry Parenti	37	MALE	1	1	27.58
2	Louis David Bonneau	29	MALE	2	2	27.93
3	Jean Francois Pare	32	MALE	3	3 tie	28.45
4	Dejan Custic	41	MALE	4	1	29.19
5	Stepan Oliva	43	MALE	5	2	29.20
6	Daren Carbonneau	41	MALE	6	4	29.74
7	Robert Read	55	MALE	7	1	32.81
8	Sylvie Deliencourt	48	FEMALE	1	2	33.38
9	Aleksandra Ostojic	19	FEMALE	2	4	33.92
10	Kathleen Perron	20	FEMALE	3	5	34.03
10	Daniel Kinsella	51	MALE	8	4	34.03
12	Vero Bezaire	32	FEMALE	4	5	34.05
13	Margot Hall	34	FEMALE	5	6	34.24
14	Philip Wilson	54	MALE	9	5	34.25
15	Christine Sutcliffe	36	FEMALE	6	2	34.49
16	Jim Norman	49	MALE	10	6	34.53
17	Whitney Bond	39	FEMALE	7	4	35.69
18	Carole Michon	33	FEMALE	8	11	35.77
19	Brian Lemkuhl	48	MALE	11	8	36.05
20	Jeff Mackwood	50	MALE	12	6	36.22
21	Alison Miles	19	FEMALE	9	10	36.44
22	Wendy Buckner	50	FEMALE	10	3	36.56
23	Valerie Lemieux	36	FEMALE	11	6	36.74
24	Daniel Berube	52	MALE	13	7	37.82
25	Donna Woodman	42	FEMALE	12	2	38.68
26	Kathleen Milne	58	FEMALE	13	1	39.25
27	Homayoun Rastan	58	MALE	14	4	39.46
28	Catherine Desmarais	29	FEMALE	14	10	43.55
29	Pat Angus	65	FEMALE	15	1	46.17
30	Elisabeth Sabo	28	FEMALE	16	11	49.18
31	Helen Rooney	37	FEMALE	17	10	50.88
32	Hazel Ulliyatt	52	FEMALE	18	8	57.66
33	Suzanne Burtyrn	49	FEMALE	19	6	59.61
34	Marianne Quain	54	FEMALE	9999	9999	NS

Total Gold: 5 Total Silver: 5 Total Bronze: 2



FLY 100 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Alex Baumann	45	MALE	1	①	59.80
2	Louis David Bonneau	29	MALE	2	①	1:00.29
3	Gerry Parenti	37	MALE	3	①	1:03.51
4	Dejan Custic	41	MALE	4	①	1:04.04
5	Danielle Beland	25	FEMALE	1	①	1:08.60
6	Aleksandra Ostojic	19	FEMALE	2	5	1:15.57
7	Daniel Kinsella	51	MALE	5	②	1:17.91
8	Alison Miles	19	FEMALE	3	8	1:22.26
9	Jim Mccaw	46	MALE	6	4	1:24.19
10	Wendy Buckner	50	FEMALE	4	②	1:30.71
11	Homayoun Rastan	58	MALE	7	②	1:32.97
12	Genevieve Mackwood	49	FEMALE	5	②	1:37.41
13	Pat Angus	65	FEMALE	6	①	1:44.38
14	Kathleen Milne	58	FEMALE	7	①	1:44.89
15	Elisabeth Sabo	28	FEMALE	8	6	1:48.12
16	Helen Rooney	37	FEMALE	9	4	2:00.20
17	Lynne Cohen	52	FEMALE	10	③	2:03.77
18	Marianne Quain	54	FEMALE	9999	9999	NS
18	Chris Weekes	40	MALE	9999	9999	DQ

Total Gold: 7 Total Silver: 4 Total Bronze: 1



FLY 200 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Scott Dick	38	MALE	1	①	2:20.82
2	Dejan Custic	41	MALE	2	①	2:33.84
3	Danielle Beland	25	FEMALE	1	①	2:38.21
4	Chris Weekes	40	MALE	3	③	2:46.97
5	Aleksandra Ostojic	19	FEMALE	2	③	2:48.43
6	Alison Miles	19	FEMALE	3	4	2:57.61
7	Margot Hall	34	FEMALE	4	①	3:07.93
8	Jim Mccaw	46	MALE	4	②	3:14.20
9	Margaret Bakish	60	FEMALE	5	①	3:24.16
10	Homayoun Rastan	58	MALE	5	②	3:42.22
11	Elisabeth Sabo	28	FEMALE	6	②	3:54.83
12	Pat Angus	65	FEMALE	7	①	3:56.53
13	Lynne Cohen	52	FEMALE	8	②	4:34.44

Total Gold: 6 Total Silver: 4 Total Bronze: 2



FREE 50 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Stepan Oliva	43	MALE	1	①	24.59
2	Adam Nicholson	28	MALE	2	②	24.66
3	Gerry Parenti	37	MALE	3	③	25.41
4	Jean Francois Pare	32	MALE	4	4	26.16
5	Daren Carbonneau	41	MALE	5	7	27.02
6	Jack Burkom	37	MALE	6	11	28.38
7	Robert Read	55	MALE	7	①	28.79
8	Alison Shea	32	FEMALE	1	③ tie	29.90
8	Vero Bezaire	32	FEMALE	1	③ tie	29.90
10	Carole Michon	33	FEMALE	3	5	29.94
10	Peter Leach	64	MALE	8	①	29.94
12	Philip Wilson	54	MALE	9	7	30.03
13	Dave Bond	41	MALE	10	10	30.43
14	Jeff Mackwood	50	MALE	11	9	30.45
15	Brian Lemkuhl	48	MALE	12	9	30.49
16	Christine Sutcliffe	36	FEMALE	4	①	30.65
17	Sylvie Deliencourt	48	FEMALE	5	②	30.74
17	Paull Leamen	66	MALE	13	①	30.74
19	Kathleen Perron	20	FEMALE	6	4	30.88
20	Daniel Berube	52	MALE	14	10	31.00
21	Marisha Roman	42	FEMALE	7	①	31.12
22	Mike Heath Eves	67	MALE	15	②	31.25
23	Jacques Morissette	46	MALE	16	10	31.81
24	Betsy Simpson	44	FEMALE	8	②	31.95
25	Bill Connerty	46	MALE	17	11	31.97
26	Laurie Strano	35	FEMALE	9	③	31.99
27	Mike Olsen	67	MALE	18	③	33.48
28	Valerie Lemieux	36	FEMALE	10	7	33.78
29	Catherine Desmarais	29	FEMALE	11	8	34.21
30	Tracey Mcilwaine	38	FEMALE	12	8	34.59
31	Wendy Buckner	50	FEMALE	13	③	34.80
32	Susie Leamen	22	FEMALE	14	13	34.87
33	Kathleen Milne	58	FEMALE	15	②	35.53
34	Dave Fraser	49	MALE	19	12	36.63
35	Laura lee Benneman	33	FEMALE	16	15	36.70
36	Elisabeth Sabo	28	FEMALE	17	11	37.11



37	Dale Baker	39	MALE	20	19	37.85
38	Shirley Bittner	44	FEMALE	18	9	39.39
39	Maria Perron	50	FEMALE	19	7	39.80
40	Pat Niblett	77	FEMALE	20	1	44.87
41	Jamie Lombardo	50	FEMALE	21	11	46.06
42	Jean Magne	53	MALE	21	15	47.51
43	Wendy Mccutcheon	56	FEMALE	22	6	47.68
44	Alison Storm	40	FEMALE	23	11	47.94
45	Heike Scheffler	53	FEMALE	24	12	49.79
46	Diane Grant	57	FEMALE	25	7	50.32
47	Catherine Moore	54	FEMALE	26	13	55.99
48	Harvey Glatt	75	MALE	22	2	57.59
49	Grant Sinclair	72	MALE	23	5	1:06.17
50	Suzanne Burtyn	49	FEMALE	9999	9999	NS
50	John Ross	70	MALE	9999	9999	NS

Total Gold: 7 Total Silver: 6 Total Bronze: 6



FREE 100 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Alex Baumann	45	MALE	1	2	54.37N
2	Louis David Bonneau	29	MALE	2	2	54.46
3	Adam Nicholson	28	MALE	3	3	54.48
4	Stepan Oliva	43	MALE	4	1	54.99
5	Scott Dick	38	MALE	5	2	55.36
6	Marty Raymond	47	MALE	6	5	58.71
7	Jack Burkom	37	MALE	7	13	1:03.06
8	Stephen Cann	34	MALE	8	11	1:04.46
9	Vero Bezaire	32	FEMALE	1	3	1:05.63
10	Robert Read	55	MALE	9	1	1:05.66
11	Kathleen Perron	20	FEMALE	2	5	1:06.36
12	Philip Wilson	54	MALE	10	6	1:06.52
13	Whitney Bond	39	FEMALE	3	2	1:06.98
14	Carole Michon	33	FEMALE	4	4	1:07.39
15	Anne Rowan Legg	32	FEMALE	5	5	1:07.50
16	Marisha Roman	42	FEMALE	6	1	1:08.56
17	Christine Sutcliffe	36	FEMALE	7	3	1:08.74
18	Jim Norman	49	MALE	11	18	1:09.75
19	Mike Heath Eves	67	MALE	12	1	1:09.81
20	Laurie Strano	35	FEMALE	8	5	1:09.87
21	Paull Leamen	66	MALE	13	2	1:10.86
22	Dave Bond	41	MALE	14	11	1:11.34
23	Daniel Berube	52	MALE	15	10	1:11.63
24	Brian Lemkuhl	48	MALE	16	20	1:11.83
25	Jeff Mackwood	50	MALE	17	12	1:11.85
26	Peter Leach	64	MALE	18	2	1:12.47
27	Bill Connerty	46	MALE	19	21	1:12.73
28	Jacques Morissette	46	MALE	20	22	1:12.89
29	Valerie Lemieux	36	FEMALE	9	8	1:15.05
30	Catherine Desmarais	29	FEMALE	10	14	1:16.37
31	Tracey Mcilwaine	38	FEMALE	11	11	1:16.81
32	Wendy Buckner	50	FEMALE	12	4	1:17.05
33	Susie Leamen	22	FEMALE	13	15	1:17.36
34	Mike Olsen	67	MALE	21	5	1:19.51
35	Wendy Milford	48	FEMALE	14	8	1:20.88
36	Tim Scapillto	55	MALE	22	5	1:21.13



37	Dale Baker	39	MALE	23	25	1:22.21
38	Kristy Fleet	32	FEMALE	15	12	1:22.76
39	Nathalie Poirier	41	FEMALE	16	6	1:24.03
40	Laura lee Benneman	33	FEMALE	17	13	1:24.14
41	Dave Fraser	49	MALE	24	27	1:25.06
42	Jeffery Cucksey	53	MALE	25	15	1:31.96
43	Hazel Ulliyatt	52	FEMALE	18	10	1:41.89
44	Pat Niblett	77	FEMALE	19	1	1:42.14
45	Maria Perron	50	FEMALE	20	11	1:42.20
46	Wendy Mccutcheon	56	FEMALE	21	6	1:47.98
47	Jamie Lombardo	50	FEMALE	22	12	1:48.02
48	Suzanne Burtyn	49	FEMALE	23	14	1:48.91
49	Alison Storm	40	FEMALE	24	9	1:49.11
50	Heike Scheffler	53	FEMALE	25	13	1:54.08
51	Diane Grant	57	FEMALE	26	7	1:58.61
52	Jean Magne	53	MALE	26	17	2:05.89
53	Harvey Glatt	75	MALE	27	2	2:07.58
54	Vincent Richer	49	MALE	28	31	2:31.97
55	Grant Sinclair	72	MALE	29	4	2:34.59
56	Carolyn Brown	25	FEMALE	9999	9999	DQ
56	Catherine Moore	54	FEMALE	9999	9999	NS
56	Bern Chartrand	51	MALE	9999	9999	NS
56	John Ross	70	MALE	9999	9999	NS

Total Gold: 5 Total Silver: 7 Total Bronze: 3



FREE 200 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Louis David Bonneau	29	MALE	1	①	1:58.79
2	Adam Nicholson	28	MALE	2	②	2:02.43
3	Scott Dick	38	MALE	3	①	2:02.74
4	Marty Raymond	47	MALE	4	4	2:09.57
5	Chris Weekes	40	MALE	5	4	2:15.51
6	Nic Dufour	37	MALE	6	4	2:17.89
7	Phil Lemire	32	MALE	7	①	2:19.05
8	Stephen Cann	34	MALE	8	③	2:24.45
9	Philip Wilson	54	MALE	9	②	2:25.66
10	Vero Bezaire	32	FEMALE	1	③	2:26.41
11	Aleksandra Ostojic	19	FEMALE	2	③	2:30.94
12	Fiona Grant	49	FEMALE	3	②	2:32.10
13	Whitney Bond	39	FEMALE	4	③	2:33.11
14	Daniel Kinsella	51	MALE	10	4	2:33.42
15	Mike Heath Eves	67	MALE	11	①	2:33.59
16	Lee Storm	39	MALE	12	7	2:36.15
17	Paull Leamen	66	MALE	13	②	2:36.63
18	Brian Lemkuhl	48	MALE	14	8	2:36.73
19	Christine Sutcliffe	36	FEMALE	5	4	2:38.81
20	Valerie Lemieux	36	FEMALE	6	5	2:43.52
21	Peter Leach	64	MALE	15	②	2:44.09
22	Ed Luff	40	MALE	16	8	2:46.26
23	Betsy Simpson	44	FEMALE	7	③	2:49.06
24	Susie Leamen	22	FEMALE	8	4	2:53.80
25	Jacques Morissette	46	MALE	17	11	2:55.72
26	Peter Scanlan	44	MALE	18	10	2:55.80
27	Mike Olsen	67	MALE	19	4	2:55.82
28	Phil Rogers	59	MALE	20	③	2:56.84
29	Tim Scapillto	55	MALE	21	4	3:05.59
30	Laura lee Benneman	33	FEMALE	9	5	3:06.63
31	Larry Durr	70	MALE	22	②	3:06.90
32	Bern Chartrand	51	MALE	23	5	3:18.42
33	Marianne Quain	54	FEMALE	10	5	3:25.75
34	Aaron Marsaw	36	MALE	24	10	3:29.01
35	Maria Perron	50	FEMALE	11	6	3:31.16
36	Pat Niblett	77	FEMALE	12	①	3:50.63



37	Jamie Lombardo	50	FEMALE	13	8	3:59.64
38	Wendy Mccutcheon	56	FEMALE	14	3	4:07.87
39	Heike Scheffler	53	FEMALE	15	9	4:13.03
40	Diane Grant	57	FEMALE	16	5	4:32.07
41	Harvey Glatt	75	MALE	25	2	5:00.96
42	Vincent Richer	49	MALE	26	13	5:14.40
43	Jean Magne	53	MALE	27	7	5:18.02
44	Julia Konzuk	45	FEMALE	9999	9999	NS
44	Donna Woodman	42	FEMALE	9999	9999	NS
44	Hazel Ulyyatt	52	FEMALE	9999	9999	NS
44	Catherine Moore	54	FEMALE	9999	9999	NS
44	Bill Connerty	46	MALE	9999	9999	NS
44	John Ross	70	MALE	9999	9999	NS
44	Jeff Mackwood	50	MALE	9999	9999	NS

Total Gold: 5 Total Silver: 7 Total Bronze: 7



FREE 400 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Adam Nicholson	28	MALE	1	3	4:31.02
2	Marty Raymond	47	MALE	2	2	4:38.25
3	Nic Dufour	37	MALE	3	5	5:00.69
4	Rebecca Glennie	37	FEMALE	1	2	5:12.09
5	Jennifer Mcarton	41	FEMALE	2	1	5:16.69
6	Stephen Cann	34	MALE	4	1	5:16.78
7	Aleksandra Ostojic	19	FEMALE	3	2	5:22.90
8	Vero Bezaire	32	FEMALE	4	7	5:23.24
9	Fiona Grant	49	FEMALE	5	1	5:27.52
10	Daniel Kinsella	51	MALE	5	3	5:36.19
11	Jim Mccaw	46	MALE	6	7	5:45.26
12	Mike Heath Eves	67	MALE	7	1	5:45.58
13	Paull Leamen	66	MALE	8	2	5:46.71
14	Lee Storm	39	MALE	9	8	5:47.71
15	Genevieve Mackwood	49	FEMALE	6	3	5:51.62
16	Marie Carmelle Ruel	35	FEMALE	7	6	5:53.10
17	Ed Luff	40	MALE	10	9	6:00.02
18	Donna Woodman	42	FEMALE	8	5	6:05.57
19	Susie Leamen	22	FEMALE	9	3	6:07.62
20	Tiia Bishop	27	FEMALE	10	7	6:08.72
21	Bill Connerty	46	MALE	11	10	6:09.24
22	Peter Leach	64	MALE	12	3	6:10.71
23	Peter Scanlan	44	MALE	13	10	6:18.87
24	Brian Lemkuhl	48	MALE	14	11	6:21.82
25	Tracey Mcilwaine	38	FEMALE	11	9	6:22.15
26	Mike Olsen	67	MALE	15	3	6:26.58
27	Carolyn Brown	25	FEMALE	12	9	6:44.51
28	Laura lee Benneman	33	FEMALE	13	12	6:45.53
29	Karen Kryviak	30	FEMALE	14	13	6:45.93
30	Mike Sims	44	MALE	16	12	7:03.35
31	Lee Fasken	55	MALE	17	3	7:11.24
32	Bern Chartrand	51	MALE	18	5	7:16.75
33	Aaron Marsaw	36	MALE	19	11	7:35.91
34	Wendy Moore	51	FEMALE	15	6	7:40.32
35	Hazel Ulliyatt	52	FEMALE	16	7	8:12.67
36	Pat Niblett	77	FEMALE	17	1	8:17.04



37	Jamie Lombardo	50	FEMALE	18	8	8:17.85
38	Heike Scheffler	53	FEMALE	19	9	8:49.54
39	John Ross	70	MALE	20	3	9:41.60
40	Diane Grant	57	FEMALE	20	6	9:44.75
41	Vincent Richer	49	MALE	21	15	11:02.66
42	Marianne Quain	54	FEMALE	9999	9999	NS
42	Catherine Moore	54	FEMALE	9999	9999	NS
42	Harvey Glatt	75	MALE	9999	9999	NS

Total Gold: 5 Total Silver: 4 Total Bronze: 8



FREE 800 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Marty Raymond	47	MALE	1	①	9:36.94
2	Chris Mccarthy	42	MALE	2	①	9:54.32
3	Chris Weekes	40	MALE	3	②	10:16.08
4	Danielle Beland	25	FEMALE	1	①	10:21.35
5	Phil Lemire	32	MALE	4	①	10:57.49
6	Jennifer Mcarton	41	FEMALE	2	②	11:09.84
7	Mike Heath Eves	67	MALE	5	①	11:14.60N
8	Fiona Grant	49	FEMALE	3	①	11:22.52
9	Doug Bishop	63	MALE	6	①	11:48.71
10	Jim Mccaw	46	MALE	7	③	11:55.38
11	Jim Wright	57	MALE	8	①	12:00.39
12	Genevieve Mackwood	49	FEMALE	4	③	12:05.99
13	Paull Leamen	66	MALE	9	②	12:14.33
14	Ed Luff	40	MALE	10	③	12:37.34
15	Donna Woodman	42	FEMALE	5	7	12:44.39
16	Margaret Bakish	60	FEMALE	6	①	12:44.86
17	Kevin Malloy	43	MALE	11	4	12:45.41
18	Bill Connerty	46	MALE	12	5	13:05.99
19	Peter Scanlan	44	MALE	13	5	13:06.20
20	Mike Olsen	67	MALE	14	③	13:12.00
21	Susie Leamen	22	FEMALE	7	③	13:34.72
22	Helen Rooney	37	FEMALE	8	4	13:59.33
23	Karen Kryviak	30	FEMALE	9	7	14:09.27
24	Tim Scapillto	55	MALE	15	②	14:15.71
25	Pat Angus	65	FEMALE	10	①	14:28.85
26	Nathalie Poirier	41	FEMALE	11	8	14:30.94
27	Elisabeth Sabo	28	FEMALE	12	5	14:32.33
28	Homayoun Rastan	58	MALE	16	③	14:33.91
29	Wendy Moore	51	FEMALE	13	5	15:02.04
30	Amna Khan	31	FEMALE	14	8	15:13.64
31	Mike Sims	44	MALE	17	6	15:22.24
32	Bern Chartrand	51	MALE	18	②	15:36.93
33	Lee Fasken	55	MALE	19	4	15:48.51
34	Aaron Marsaw	36	MALE	20	4	16:01.98
35	Valerie Turchan	45	FEMALE	15	7	16:55.38
36	Lynne Cohen	52	FEMALE	16	6	16:57.36



37	Pat Niblett	77	FEMALE	17	①	17:00.66
38	Jamie Lombardo	50	FEMALE	18	7	17:12.03
39	Heike Scheffler	53	FEMALE	19	8	18:19.83
40	Alison Storm	40	FEMALE	20	11	19:30.37
41	John Ross	70	MALE	21	②	20:12.57
42	Vincent Richer	49	MALE	22	7	22:29.11
43	Betsy Simpson	44	FEMALE	9999	9999	NS

Total Gold: 11 Total Silver: 6 Total Bronze: 6



FREE 1500 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Marty Raymond	47	MALE	1	①	18:27.07
2	Danielle Beland	25	FEMALE	1	①	19:34.98
3	Alison Shea	32	FEMALE	2	②	19:36.15
4	Stephen Cann	34	MALE	2	①	20:42.25
5	Jim Norman	49	MALE	3	②	20:46.57
6	Jennifer Mcarton	41	FEMALE	3	①	21:11.00
7	Fiona Grant	49	FEMALE	4	①	21:35.27
8	Doug Bishop	63	MALE	4	①	22:22.22
9	Jim Mccaw	46	MALE	5	5	22:41.85
10	Genevieve Mackwood	49	FEMALE	5	③	23:03.68
11	Jim Wright	57	MALE	6	②	23:11.34
12	Mike Heath Eves	67	MALE	7	①	23:14.08
13	Betsy Simpson	44	FEMALE	6	③	23:14.88
14	Lee Storm	39	MALE	8	6	23:15.07
15	Paul Leamen	66	MALE	9	②	23:22.16
16	Anne Marie Pearce	23	FEMALE	7	②	23:23.63
17	Tiia Bishop	27	FEMALE	8	5	23:40.87
18	Julia Konzuk	45	FEMALE	9	5	23:42.64
19	Donna Woodman	42	FEMALE	10	4	23:55.22
20	Ed Luff	40	MALE	10	③	24:12.64
21	Kevin Malloy	43	MALE	11	4	24:53.51
22	Peter Scanlan	44	MALE	12	5	25:23.46
23	Susie Leamen	22	FEMALE	11	4	25:28.94
24	Bill Connerty	46	MALE	13	9	25:33.10
25	Brian Lemkuhl	48	MALE	14	10	25:33.67
26	Wendy Milford	48	FEMALE	12	7	25:48.29
27	Mike Olsen	67	MALE	15	4	26:24.26
28	Helen Rooney	37	FEMALE	13	6	26:53.09
29	Karen Kryviak	30	FEMALE	14	4	27:02.67
30	Pat Angus	65	FEMALE	15	①	27:03.37
31	Tim Scapillto	55	MALE	16	4	27:21.05
32	Amna Khan	31	FEMALE	16	5	28:03.27
33	Kristy Fleet	32	FEMALE	17	6	28:06.18
34	Bern Chartrand	51	MALE	17	5	28:24.91
35	Aaron Marsaw	36	MALE	18	8	29:01.83
36	Mike Sims	44	MALE	19	7	29:45.20



37	Wendy Moore	51	FEMALE	18	5	29:47.66
38	Lee Fasken	55	MALE	20	6	30:37.00
39	Sylvie Jacques	36	FEMALE	19	8	30:50.71
40	Hazel Ulyatt	52	FEMALE	20	6	31:57.95
41	Heike Scheffler	53	FEMALE	21	7	35:53.34
42	John Ross	70	MALE	21	2	39:01.33
43	Vincent Richer	49	MALE	22	14	42:12.00
44	Catherine Moore	54	FEMALE	22	8	42:58.50
45	Homayoun Rastan	58	MALE	9999	9999	NS

Total Gold: 8 Total Silver: 6 Total Bronze: 3



BACK 50 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Gerry Parenti	37	MALE	1	1	29.10
2	Jean Francois Pare	32	MALE	2	2	29.61
3	Chris Mccarthy	42	MALE	3	3	30.82
4	Kathleen Perron	20	FEMALE	1	2	33.09
5	Phil Lemire	32	MALE	4	4	34.52
6	Carole Michon	33	FEMALE	2	2	34.64
7	Anne Rowan Legg	32	FEMALE	3	3	35.17
8	Marisha Roman	42	FEMALE	4	1	35.66
9	Robert Read	55	MALE	5	1	36.05
10	Alison Miles	19	FEMALE	5	5	36.30
11	George Green	45	MALE	6	5	36.69
12	Sylvie Deliencourt	48	FEMALE	6	2	37.90
13	Laurie Strano	35	FEMALE	7	2	38.93
14	Daniel Berube	52	MALE	7	4	40.87
15	Larry Durr	70	MALE	8	2	41.43
16	Peter Leach	64	MALE	9	1	42.02
17	Kristy Fleet	32	FEMALE	8	8	45.15
18	Vello Mijal	63	MALE	10	3	45.52
19	Laura lee Benneman	33	FEMALE	9	9	46.49
20	Phil Rogers	59	MALE	11	2	47.30
21	Christine Wagg	42	FEMALE	10	5	47.45
22	Dale Baker	39	MALE	12	4	50.14
23	Heather Wilson	35	FEMALE	11	5	51.75
24	Maria Perron	50	FEMALE	12	6	54.60
25	Grant Sinclair	72	MALE	13	3	1:30.37

Total Gold: 4 Total Silver: 7 Total Bronze: 4



BACK 100 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Louis David Bonneau	29	MALE	1	1	1:01.91
2	Jean Francois Pare	32	MALE	2	3	1:04.11
3	Chris Mccarthy	42	MALE	3	2	1:06.59
4	Kathleen Perron	20	FEMALE	1	2	1:11.66
5	Rebecca Glennie	37	FEMALE	2	1	1:14.69
6	Anne Rowan Legg	32	FEMALE	3	3	1:16.08
7	Alison Miles	19	FEMALE	4	6	1:16.41
8	Philip Wilson	54	MALE	4	3	1:18.41
9	Jennifer Mcarton	41	FEMALE	5	1	1:18.61
10	Carole Michon	33	FEMALE	6	5	1:19.20
11	Marisha Roman	42	FEMALE	7	2	1:20.55
12	Anne Marie Pearce	23	FEMALE	8	8	1:23.03
13	Marie Carmelle Ruel	35	FEMALE	9	3	1:23.26
14	Doug Bishop	63	MALE	5	1	1:25.10
15	Lee Storm	39	MALE	6	7	1:26.54
16	Betsy Simpson	44	FEMALE	10	5	1:32.43
17	Peter Leach	64	MALE	7	2	1:35.36
18	Tracey Mcilwaine	38	FEMALE	11	8	1:38.71
19	Kristy Fleet	32	FEMALE	12	11	1:38.91
20	Christine Wagg	42	FEMALE	13	8	1:39.47
21	Vello Mijal	63	MALE	8	4	1:41.45
22	Dale Baker	39	MALE	9	9	1:52.83
23	Heather Wilson	35	FEMALE	14	9	1:52.93
24	Dave Fraser	49	MALE	10	7	1:54.14
25	Jeffery Cucksey	53	MALE	11	6	1:58.24
26	Wendy Mccutcheon	56	FEMALE	15	6	2:10.56
27	Suzanne Burtyn	49	FEMALE	16	5	2:32.45
28	Grant Sinclair	72	MALE	12	3	3:24.26
29	Laura lee Benneman	33	FEMALE	9999	9999	NS

Total Gold: 4 Total Silver: 4 Total Bronze: 5



BACK 200 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Chris Mccarthy	42	MALE	1	2	2:27.79
2	Scott Dick	38	MALE	2	1	2:31.29
3	Rebecca Glennie	37	FEMALE	1	1	2:41.33
4	Phil Lemire	32	MALE	3	2	2:42.84
5	Anne Rowan Legg	32	FEMALE	2	3	2:44.75
6	Jennifer Mcarton	41	FEMALE	3	1	2:49.31
7	Anne Marie Pearce	23	FEMALE	4	2	3:03.25
8	Betsy Simpson	44	FEMALE	5	3	3:18.25
9	Christine Wagg	42	FEMALE	6	5	3:42.22
10	Heather Wilson	35	FEMALE	7	6	3:51.16
11	Grant Sinclair	72	MALE	4	3	6:58.85
12	Lee Storm	39	MALE	9999	9999	DQ

Total Gold: 3 Total Silver: 3 Total Bronze: 3



BREAST 50 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Adam Nicholson	28	MALE	1	①	32.57
2	Jean Francois Pare	32	MALE	2	②	33.53
3	Daren Carbonneau	41	MALE	3	②	34.81
4	Gerry Parenti	37	MALE	4	5	35.19
5	Robert Read	55	MALE	5	①	37.66
6	Jim Wright	57	MALE	6	②	38.55
7	Anne Marie Pearce	23	FEMALE	1	②	41.42
8	Marisha Roman	42	FEMALE	2	③	41.72
9	Sylvie Deliencourt	48	FEMALE	3	②	41.74
10	Wendy Milford	48	FEMALE	4	③	42.60
11	Wendy Buckner	50	FEMALE	5	②	42.83
12	Jacques Morissette	46	MALE	7	7	43.57
13	Catherine Desmarais	29	FEMALE	6	4	43.62
14	Larry Durr	70	MALE	8	①	44.17
15	Kathleen Milne	58	FEMALE	7	①	44.58
16	Christine Wagg	42	FEMALE	8	4	44.97
17	Vello Mijal	63	MALE	9	5	45.28
18	Carolyn Brown	25	FEMALE	9	7	45.83
19	Tim Scapillto	55	MALE	10	6	47.00
20	Julia Konzuk	45	FEMALE	10	9	47.83
21	Valerie Lemieux	36	FEMALE	11	4	47.91
22	Dave Fraser	49	MALE	11	8	50.38
23	Wendy Moore	51	FEMALE	12	10	53.07
24	Jamie Lombardo	50	FEMALE	13	12	54.49
25	Pat Niblett	77	FEMALE	14	①	1:00.03
26	Amna Khan	31	FEMALE	15	8	1:02.48
27	Wendy Mccutcheon	56	FEMALE	16	5	1:05.17
28	Alison Storm	40	FEMALE	17	9	1:05.26
29	Vincent Richer	49	MALE	12	11	1:24.81

Total Gold: 5 Total Silver: 6 Total Bronze: 2



BREAST 100 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Alex Baumann	45	MALE	1	①	1:08.76N
2	Stepan Oliva	43	MALE	2	①	1:13.74
3	Nic Dufour	37	MALE	3	4	1:20.62
4	Jim Wright	57	MALE	4	①	1:29.28
5	Fiona Grant	49	FEMALE	1	①	1:29.85
6	Anne Marie Pearce	23	FEMALE	2	5	1:33.50
7	Wendy Milford	48	FEMALE	3	②	1:34.78
8	Wendy Buckner	50	FEMALE	4	①	1:35.07
9	Margaret Bakish	60	FEMALE	5	①	1:36.64
10	Larry Durr	70	MALE	5	①	1:36.66
11	Vello Mijal	63	MALE	6	②	1:37.66
12	Tiia Bishop	27	FEMALE	6	6	1:37.77
13	Catherine Desmarais	29	FEMALE	7	7	1:40.47
14	Valerie Lemieux	36	FEMALE	8	6	1:41.75
15	Carolyn Brown	25	FEMALE	9	8	1:41.81
16	Jacques Morissette	46	MALE	7	7	1:42.20
17	Christine Wagg	42	FEMALE	10	6	1:43.19
18	Tim Scapillto	55	MALE	8	5	1:44.32
19	Kathleen Milne	58	FEMALE	11	③	1:45.77
20	Wendy Moore	51	FEMALE	12	9	1:56.80
21	Aaron Marsaw	36	MALE	9	9	2:00.90
22	Diane Grant	57	FEMALE	13	6	2:26.01
23	Wendy Mccutcheon	56	FEMALE	14	7	2:33.70
24	Julia Konzuk	45	FEMALE	9999	9999	NS
24	Mike Sims	44	MALE	9999	9999	DQ
24	Daniel Berube	52	MALE	9999	9999	NS

Total Gold: 7 Total Silver: 2 Total Bronze: 1



BREAST 200 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Alex Baumann	45	MALE	1	1	2:33.45N
2	Scott Dick	38	MALE	2	2	2:42.11
3	Stephen Cann	34	MALE	3	2	3:03.39
4	Margot Hall	34	FEMALE	1	3	3:11.97
5	Fiona Grant	49	FEMALE	2	1	3:17.67
6	Anne Marie Pearce	23	FEMALE	3	4	3:21.18
7	Jim Wright	57	MALE	4	1	3:22.23
8	Genevieve Mackwood	49	FEMALE	4	3	3:27.75
9	Margaret Bakish	60	FEMALE	5	1	3:28.020
10	Tiia Bishop	27	FEMALE	6	2	3:28.89
11	Wendy Milford	48	FEMALE	7	4	3:31.33
12	Carolyn Brown	25	FEMALE	8	4	3:31.86
13	Vello Mijal	63	MALE	5	4	3:43.32
14	Christine Wagg	42	FEMALE	9	5	3:44.53
15	Larry Durr	70	MALE	6	2	3:45.31
16	Peter Scanlan	44	MALE	7	6	3:46.95
17	Wendy Moore	51	FEMALE	10	5	4:17.94
18	Aaron Marsaw	36	MALE	8	7	4:26.08
19	Amna Khan	31	FEMALE	11	7	4:36.94
20	Julia Konzuk	45	FEMALE	9999	9999	NS
20	Diane Grant	57	FEMALE	9999	9999	DQ
20	Jacques Morissette	46	MALE	9999	9999	NS

Total Gold: 4 Total Silver: 4 Total Bronze: 2



IM 100 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Alex Baumann	45	MALE	1	①	1:00.46
2	Jean Francois Pare	32	MALE	2	①	1:03.06
3	Stepan Oliva	43	MALE	3	①	1:04.41
4	Gerry Parenti	37	MALE	4	②	1:04.94
5	Nic Dufour	37	MALE	5	9	1:12.64
6	Robert Read	55	MALE	6	①	1:14.70
7	Chris Weekes	40	MALE	7	5	1:14.90
8	Rebecca Glennie	37	FEMALE	1	①	1:15.34
9	Anne Rowan Legg	32	FEMALE	2	4	1:15.76
10	Kathleen Perron	20	FEMALE	3	③	1:16.12
11	Carole Michon	33	FEMALE	4	5	1:17.28
12	Philip Wilson	54	MALE	8	4	1:18.40
13	Marisha Roman	42	FEMALE	5	②	1:18.42
14	Aleksandra Ostojic	19	FEMALE	6	4	1:19.32
15	Christine Sutcliffe	36	FEMALE	7	②	1:20.00
16	Margot Hall	34	FEMALE	8	7	1:20.27
17	Sylvie Deliencourt	48	FEMALE	9	①	1:20.84
18	Jim Norman	49	MALE	9	8	1:21.01
19	Doug Bishop	63	MALE	10	②	1:21.94
20	Daniel Berube	52	MALE	11	8	1:24.33
21	Tiia Bishop	27	FEMALE	10	12	1:28.66
22	Catherine Desmarais	29	FEMALE	11	14	1:30.23
23	Donna Woodman	42	FEMALE	12	7	1:32.41
24	Nathalie Poirier	41	FEMALE	13	8	1:33.22
25	Wendy Milford	48	FEMALE	14	6	1:33.46
26	Vello Mijal	63	MALE	12	4	1:34.27
27	Kathleen Milne	58	FEMALE	15	③	1:35.83
28	Kristy Fleet	32	FEMALE	16	9	1:35.95
29	Phil Rogers	59	MALE	13	③	1:37.11
30	Carolyn Brown	25	FEMALE	17	18	1:38.38
31	Amna Khan	31	FEMALE	18	10	1:51.22
32	Jeffery Cucksey	53	MALE	14	10	1:54.08
33	Alison Storm	40	FEMALE	9999	9999	NS

Total Gold: 6 Total Silver: 4 Total Bronze: 3



IM 200 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Louis David Bonneau	29	MALE	1	①	2:11.44
2	Alex Baumann	45	MALE	2	①	2:12.01
3	Scott Dick	38	MALE	3	②	2:20.40
4	Chris Mccarthy	42	MALE	4	③	2:32.63
5	Jack Burkom	37	MALE	5	6	2:33.62
6	Nic Dufour	37	MALE	6	7	2:35.89
7	Alison Shea	32	FEMALE	1	②	2:36.06
8	Danielle Beland	25	FEMALE	2	③	2:40.68
9	Rebecca Glennie	37	FEMALE	3	①	2:43.11
10	Jennifer Mcarton	41	FEMALE	4	③	2:48.31
11	Margot Hall	34	FEMALE	5	6	2:53.31
12	Whitney Bond	39	FEMALE	6	4	2:55.45
13	Doug Bishop	63	MALE	7	②	2:55.54
14	Jim Wright	57	MALE	8	②	2:55.62
15	Christine Sutcliffe	36	FEMALE	7	6	3:00.31
16	Daniel Kinsella	51	MALE	9	4	3:01.91
17	Lee Storm	39	MALE	10	13	3:02.04
18	Margaret Bakish	60	FEMALE	8	①	3:17.13
19	Larry Durr	70	MALE	11	①	3:30.52
20	Peter Scanlan	44	MALE	12	8	3:32.77

Total Gold: 5 Total Silver: 4 Total Bronze: 3



IM 400 SC Meter

MSO Championships March 20-22, 2009 Nepean Sportsplex

Club Rank	Name	Age	Gender	Club Gender Rank	Meet Age Group Rank	Time
1	Dejan Custic	41	MALE	1	2	5:15.95
2	Chris Mccarthy	42	MALE	2	3	5:23.68
3	Marty Raymond	47	MALE	3	2	5:31.73
4	Jack Burkom	37	MALE	4	2	5:33.17
5	Nic Dufour	37	MALE	5	3	5:34.96
6	Danielle Beland	25	FEMALE	1	1	5:44.96
7	Alison Miles	19	FEMALE	2	3	5:47.84
8	Stephen Cann	34	MALE	6	2	6:16.40
9	Margot Hall	34	FEMALE	3	4	6:23.18
10	Doug Bishop	63	MALE	7	1	6:31.41
11	Jim Mccaw	46	MALE	8	4	6:35.90
12	Margaret Bakish	60	FEMALE	4	1	6:54.77
13	Genevieve Mackwood	49	FEMALE	5	1	7:00.03
14	Tiia Bishop	27	FEMALE	6	4	7:08.35
15	Pat Angus	65	FEMALE	7	1	8:12.61
16	Homayoun Rastan	58	MALE	9999	9999	NS

Total Gold: 5 Total Silver: 4 Total Bronze: 3