

Female 18 to 24

50 Free	Club Rec: :33.32	Gilbert, Jenn		
Jenn Gilbert	24	NEPEAN	02/15/1997	:33.32
100 Free	Club Rec: 1:13.34	Gilbert, Jenn		
Jenn Gilbert	24	NEPEAN	02/15/1997	1:13.34
200 Free	Club Rec: 2:47.34	Gilbert, Jenn		
Jenn Gilbert	24	NEPEAN	02/15/1997	2:47.34
400 Free	Club Rec: 6:05.03	Gilbert, Jenn		
Jenn Gilbert	24	NEPEAN	02/15/1997	6:05.03
50 Back	Club Rec: :44.09	Ray, Heidi		
Heidi Ray	24	NEPEAN	02/15/1997	:44.09
100 Back	Club Rec: 1:29.90	Ray, Heidi		
Heidi Ray	24	NEPEAN	02/15/1997	1:29.90
200 Back	Club Rec: 2:51.81	Coda, Isabelle		
Isabelle Coda	24	NEPEAN	02/15/1997	2:51.81
Heidi Ray	24	NEPEAN	02/15/1997	3:11.66
100 Breast	Club Rec: 1:32.10	Coda, Isabelle		
Isabelle Coda	24	NEPEAN	02/15/1997	1:32.10
Jenn Gilbert	24	NEPEAN	02/15/1997	1:46.97
50 Fly	Club Rec: :44.20	Ray, Heidi		
Heidi Ray	24	NEPEAN	02/15/1997	:44.20
200 IM	Club Rec: 2:46.38	Coda, Isabelle		
Isabelle Coda	24	NEPEAN	02/15/1997	2:46.38

Female 25 to 29

50 Free	Club Rec: :31.31	Moore, Christine		
Christine Moore	26	NEPEAN	02/15/1997	:31.31
Joanne Tognarelli	29	WINTERLUD	02/14/2004	:33.74
Shannon Davis	29	WINTERLUD	02/14/2004	:34.38
Heather Fairbanks	27	NEPEAN	02/26/2000	:34.54
Lindsay Drennan	26	TECK	05/12/2006	:34.84
Lucy Nottingham	27	NEPEAN	02/10/1996	:40.85
100 Free	Club Rec: 1:14.90	Gilbert, Jenn		
Joanne Tognarelli	29	WINTERLUD	02/14/2004	1:12.22
Jenn Gilbert	25	NEPEAN	02/21/1998	1:14.90
Heather Fairbanks	27	NEPEAN	02/26/2000	1:18.29
Lindsay Drennan	26	TECK	05/12/2006	1:18.63
Shannon Davis	29	WINTERLUD	02/14/2004	1:23.30
Lucy Nottingham	27	NEPEAN	02/10/1996	1:27.89
200 Free	Club Rec: 2:52.56	Davis, Shannon		
Shannon Davis	29	WINTERLUD	02/14/2004	2:52.56
Lindsay Drennan	26	TECK	05/12/2006	2:55.17
400 Free	Club Rec: 5:47.81	Davis, Shannon		
Shannon Davis	29	WINTERLUD	02/14/2004	5:47.81
50 Back	Club Rec: :49.28	Nottingham, Lucy		
Lucy Nottingham	27	NEPEAN	02/10/1996	:49.28
100 Back	Club Rec: 1:17.59	Moore, Christine		
Christine Moore	26	NEPEAN	02/15/1997	1:17.59
Heather Fairbanks	27	NEPEAN	02/26/2000	1:42.70
50 Breast	Club Rec: :46.07	Tognarelli, Joanne		
Joanne Tognarelli	29	WINTERLUD	02/14/2004	:46.07
Jenn Gilbert	25	TECHNOSPO	03/28/1998	:46.49
100 Breast	Club Rec: 1:42.59	Gilbert, Jenn		
Jenn Gilbert	25	TECHNOSPO	03/28/1998	1:42.59

200 Breast	Club Rec: 3:37.66	Gilbert, Jenn		
Jenn Gilbert	25	NEPEAN	02/21/1998	3:37.66
50 Fly	Club Rec: :33.05	Moore, Christine		
Christine Moore	26	NEPEAN	02/15/1997	:33.05
100 Fly	Club Rec: 59:59.99	no record holder		
Shannon Davis	29	WINTERLUD	02/14/2004	1:26.66
200 IM	Club Rec: 3:23.93	Drennan, Lindsay		
Shannon Davis	29	WINTERLUD	02/14/2004	3:06.47
Lindsay Drennan	26	TECK	05/12/2006	3:23.93
Heather Fairbanks	27	NEPEAN	02/26/2000	3:33.81

Female 30 to 34

50 Free	Club Rec: :30.66	Strano, Laurie		
Laurie Strano	30	WINTERLUD	02/14/2004	:30.66
Nadja Roy	33	TECHNOSPO	03/28/1998	:36.20
Diana Fuller	31	TECH	04/24/2004	:37.50
Tanis Browning Shelp	31	NEPEAN	02/10/1996	:37.81
Laurie (dob) Weir	30	LC Sprint	05/07/2005	:37.93
100 Free	Club Rec: 1:07.15	Irvin, Nancy		
Nancy Irvin	32	EDMONTON	05/15/1998	1:07.15
Laurie Strano	30	WINTERLUD	02/14/2004	1:09.29
Nikki Clarke	33	WINTERLUD	02/14/2004	1:11.28
Carol Mothersill	33	LC Sprint	05/07/2005	1:13.10
Nadja Roy	33	TECHNOSPO	03/28/1998	1:17.28
Tanis Browning Shelp	31	NEPEAN	02/10/1996	1:27.15
Laurie (dob) Weir	30	LC Sprint	05/07/2005	1:27.31
Diana Fuller	31	TECH	05/08/2004	1:27.47
200 Free	Club Rec: 2:26.93	Clarke, Nikki		
Nikki Clarke	33	WINTERLUD	02/14/2004	2:26.93
Nancy Irvin	32	NEPEAN	02/21/1998	2:30.60
Nadja Roy	33	TECHNOSPO	03/28/1998	2:47.27
Carol Mothersill	33	LC Sprint	05/07/2005	2:48.50
400 Free	Club Rec: 5:19.85	Irvin, Nancy		
Nancy Irvin	32	EDMONTON	05/15/1998	5:19.85
Tanis Browning Shelp	31	NEPEAN	02/10/1996	7:04.19
800 Free	Club Rec: 11:08.44	Irvin, Nancy		
Nancy Irvin	32	EDMONTON	05/15/1998	11:08.44
1500 Free	Club Rec: 22:10.60	Roy, Nadja		
Nadja Roy	33	TECHNOSPO	04/18/1998	22:10.60
50 Back	Club Rec: :37.59	Strano, Laurie		
Laurie Strano	30	WINTERLUD	02/14/2004	:37.59
Diana Fuller	31	TECH	04/24/2004	:46.00
Laurie (dob) Weir	30	LC Sprint	05/07/2005	:48.23
50 Breast	Club Rec: :49.58	Weir, Laurie (dob)		
Laurie (dob) Weir	30	LC Sprint	05/07/2005	:49.58
100 Fly	Club Rec: 1:16.93	Clarke, Nikki		
Nikki Clarke	33	WINTERLUD	02/14/2004	1:16.93
Nancy Irvin	32	NEPEAN	02/21/1998	1:18.29
200 IM	Club Rec: 3:05.03	Strano, Laurie		
Laurie Strano	30	WINTERLUD	02/14/2004	3:05.03
Carol Mothersill	33	LC Sprint	05/07/2005	3:18.93
Female 35 to 39				
50 Free	Club Rec: :33.11	Renaud, France		
France Renaud	36	NEPEAN	02/10/1996	:33.11
Lynne Bermel	38	NEPEAN	02/21/1998	:34.50

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100 Free	Club Rec: 1:16.13	Renaud, France	Pamela Lemay	44	NEPEAN	02/10/1996	:46.38
France Renaud	36	NEPEAN 02/10/1996	1:16.13	Marianne Quain	43	TECHNOSPO 03/28/1998	:51.04
Lynne Bermel	38	NEPEAN 02/21/1998	1:17.69	100 Back	Club Rec: 1:30.64	Champeau, Dominique	
200 Free	Club Rec: 2:51.69	Bermel, Lynne	Dominique Champeau	40	NEPEAN	02/15/1997	1:30.64
Lynne Bermel	38	NEPEAN 02/21/1998	2:51.69	Betsy Simpson	40	LC Sprint 05/07/2005	1:32.58
400 Free	Club Rec: 6:03.17	Bermel, Lynne	Pamela Lemay	44	NEPEAN	02/10/1996	1:39.55
Lynne Bermel	38	NEPEAN 02/21/1998	6:03.17	200 Back	Club Rec: 3:26.58	Champeau, Dominique	
1500 Free	Club Rec: 23:38.13	Bermel, Lynne	Dominique Champeau	40	WINNIPEG	05/20/1996	3:26.58
Lynne Bermel	38	TECHNOSPO 04/18/1998	23:38.13	50 Breast	Club Rec: :44.03	Taber, Jane	
50 Back	Club Rec: :40.43	Renaud, France	Jane Taber	41	NEPEAN	02/21/1998	:44.03
France Renaud	36	NEPEAN 02/10/1996	:40.43	Genevieve Mackwood	44	WINTERLUD 02/14/2004	:45.02
100 Back	Club Rec: 1:30.14	Renaud, France	Dominique Champeau	42	TECHNOSPO 03/28/1998	:49.40	
France Renaud	36	NEPEAN 02/10/1996	1:30.14	Pamela Lemay	44	NEPEAN 02/10/1996	:50.12
Female 40 to 44			100 Breast	Club Rec: 1:37.72	Mackwood, Genevieve		
50 Free	Club Rec: :30.56	Deliecourt, Sylvie	Genevieve Mackwood	44	TECH	04/24/2004	1:37.72
Sylvie Deliecourt	43	WINTERLUD 02/14/2004	:30.56	Jane Taber	42	NEPEAN 02/13/1999	1:40.45
Dominique Champeau	42	TECHNOSPO 03/28/1998	:34.65	200 Breast	Club Rec: 3:26.18	Mackwood, Genevieve	
Genevieve Mackwood	44	TECH 04/24/2004	:35.80	Genevieve Mackwood	44	WINTERLUD 02/14/2004	3:26.18
Betsy Simpson	40	LC Sprint 05/07/2005	:35.93	50 Fly	Club Rec: :32.99	Deliecourt, Sylvie	
Marianne Quain	43	TECHNOSPO 03/28/1998	:39.53	Sylvie Deliecourt	44	WORLDS 07/22/2005	:32.99
Karen Green	44	NEPEAN 02/13/1999	:39.69	Jane Taber	42	NEPEAN 02/13/1999	:39.16
100 Free	Club Rec: 1:09.80	Deliecourt, Sylvie	Dominique Champeau	41	ORLANDO 08/01/1997	:40.43	
Sylvie Deliecourt	44	WORLDS 07/22/2005	1:09.80	Pamela Lemay	44	NEPEAN 02/10/1996	:42.87
Genevieve Mackwood	44	WINTERLUD 02/14/2004	1:17.29	Marianne Quain	43	TECHNOSPO 03/28/1998	:43.58
Dominique Champeau	40	ANN ARBOR 08/25/1996	1:18.05	100 Fly	Club Rec: 1:19.21	Deliecourt, Sylvie	
Betsy Simpson	40	LC Sprint 05/07/2005	1:24.26	Sylvie Deliecourt	44	WORLDS 07/22/2005	1:19.21
Carolyn Stewart	43	TECH 06/04/2005	1:24.70	Dominique Champeau	40	NEPEAN 02/15/1997	1:45.95
Julia Konzuk	41	LC Sprint 05/07/2005	1:27.70	200 IM	Club Rec: 2:59.75	Deliecourt, Sylvie	
Marianne Quain	43	TECHNOSPO 03/28/1998	1:29.02	Sylvie Deliecourt	44	WORLDS 07/22/2005	2:59.75
Karen Green	44	NEPEAN 02/13/1999	1:31.05	Jane Taber	42	NEPEAN 02/13/1999	3:16.81
Valerie Turchan	41	TECH 06/04/2005	2:16.45	Dominique Champeau	40	NEPEAN 02/15/1997	3:23.70
200 Free	Club Rec: 2:48.83	Mackwood, Genevieve	Pamela Lemay	44	NEPEAN	02/10/1996	3:36.26
Genevieve Mackwood	44	WINTERLUD 02/14/2004	2:48.83	Female 45 to 49			
Dominique Champeau	40	NEPEAN 02/15/1997	2:49.85	50 Free	Club Rec: :35.31	Lemay, Pamela	
Sylvie Deliecourt	43	WINTERLUD 02/14/2004	2:53.01	Pamela Lemay	49	NEPEAN 02/26/2000	:35.31
Carolyn Stewart	43	TECH 06/04/2005	2:55.60	Kathleen Milne	47	EDMONTON 05/15/1998	:36.50
Marianne Quain	43	TECHNOSPO 03/28/1998	3:14.31	Margaret Bakish	49	NEPEAN 02/21/1998	:37.18
Valerie Turchan	41	TECH 06/04/2005	4:36.23	Karen Green	45	NEPEAN 02/26/2000	:37.94
400 Free	Club Rec: 5:40.56	Mackwood, Genevieve	Hazel Ulyyatt	48	LC Sprint 05/07/2005	:48.59	
Genevieve Mackwood	44	WINTERLUD 02/14/2004	5:40.56	100 Free	Club Rec: 1:22.73	Lemay, Pamela	
Carolyn Stewart	43	TECH 06/04/2005	5:59.87	Pamela Lemay	45	NEPEAN 02/15/1997	1:22.73
Sylvie Deliecourt	44	WORLDS 07/22/2005	6:00.28	Kathleen Milne	47	NEPEAN 02/21/1998	1:23.81
Dominique Champeau	40	ANN ARBOR 08/25/1996	6:07.03	Hazel Ulyyatt	48	WORLDS 07/22/2005	1:44.29
Valerie Turchan	41	TECH 06/04/2005	9:17.76	200 Free	Club Rec: 2:43.18	Mackwood, Genevieve	
800 Free	Club Rec: 12:07.73	Stewart, Carolyn	Genevieve Mackwood	45	WORLDS 07/22/2005	2:43.18	
Carolyn Stewart	43	TECH 06/04/2005	12:07.73	Kathleen Milne	47	NEPEAN 02/21/1998	3:03.16
Dominique Champeau	40	WINNIPEG 05/20/1996	12:49.13	Margaret Bakish	47	WINNIPEG 05/20/1996	3:10.35
Valerie Turchan	41	TECH 06/04/2005	18:36.43	Karen Green	45	NEPEAN 02/26/2000	3:19.98
1500 Free	Club Rec: 22:42.28	Stewart, Carolyn	Hazel Ulyyatt	48	WORLDS 07/22/2005	3:51.31	
Carolyn Stewart	43	TECH 06/04/2005	22:42.28	400 Free	Club Rec: 5:45.90	Mackwood, Genevieve	
Dominique Champeau	41	ORLANDO 08/01/1997	24:12.61	Genevieve Mackwood	45	WORLDS 07/22/2005	5:45.90
Celine Morin	44	TECH 06/03/2006	26:00.63	Kathleen Milne	47	EDMONTON 05/15/1998	6:19.72
Marianne Quain	43	TECHNOSPO 06/06/1998	26:56.37	Margaret Bakish	49	NEPEAN 02/21/1998	7:04.00
Valerie Turchan	42	TECH 06/03/2006	35:05.07	Hazel Ulyyatt	48	WORLDS 07/22/2005	8:22.26
50 Back	Club Rec: :42.31	Champeau, Dominique	800 Free	Club Rec: 11:35.38	Mackwood, Genevieve		
Dominique Champeau	42	NEPEAN 02/21/1998	:42.31	Genevieve Mackwood	45	WORLDS 07/22/2005	11:35.38
Jane Taber	42	NEPEAN 02/13/1999	:42.61	Kathleen Milne	47	TECHNOSPO 04/18/1998	13:14.61
Betsy Simpson	40	LC Sprint 05/07/2005	:42.96	Margaret Bakish	47	WINNIPEG 05/20/1996	14:05.44

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Hazel Ulyatt	48	TECH	06/04/2005	17:20.47	50 Back	Club Rec: :49.95	Bakish, Margaret				
1500 Free	Club Rec: 25:04.45	Milne, Kathleen			Margaret Bakish	53	COUPE2002	11/30/2002	:49.95		
Kathleen Milne	47	TECHNOSPO	04/18/1998	25:04.45	50 Breast	Club Rec: :43.14	Milne, Kathleen				
50 Back	Club Rec: :46.93	Lemay, Pamela			Kathleen Milne	53	TECH	04/24/2004	:43.14		
Pamela Lemay	49	NEPEAN	02/26/2000	:46.93	Margaret Bakish	53	FINA	03/24/2002	:43.24		
100 Back	Club Rec: 1:27.21	Deliencourt, Sylvie			100 Breast	Club Rec: 1:35.98	Bakish, Margaret				
Sylvie Deliencourt	45	TECK	05/12/2006	1:27.21	Margaret Bakish	53	FINA	03/24/2002	1:35.98		
Pamela Lemay	49	NEPEAN	02/26/2000	1:37.42	200 Breast	Club Rec: 3:32.05	Bakish, Margaret				
50 Breast	Club Rec: :43.86	Milne, Kathleen			Margaret Bakish	53	FINA	03/24/2002	3:32.05		
Kathleen Milne	47	EDMONTON	05/15/1998	:43.86	50 Fly	Club Rec: :39.18	Milne, Kathleen				
Margaret Bakish	49	NEPEAN	02/21/1998	:44.83	Kathleen Milne	50	Wint 2001	02/17/2001	:39.18		
100 Breast	Club Rec: 1:38.26	Milne, Kathleen			Patricia Angus	52	NEPEAN	02/15/1997	:44.34		
Kathleen Milne	45	WINNIPEG	05/20/1996	1:38.26	Margaret Bakish	53	COUPE2002	11/30/2002	:47.35		
Genevieve Mackwood	45	WORLDS	07/22/2005	1:40.23	100 Fly	Club Rec: 1:34.97	Davis, Patricia				
Margaret Bakish	47	WINNIPEG	05/20/1996	1:43.06	Patricia Angus	51	NEPEAN	02/10/1996	1:34.97		
200 Breast	Club Rec: 3:32.83	Deliencourt, Sylvie			Kathleen Milne	51	WINTERLUD	02/09/2002	1:37.01		
Sylvie Deliencourt	45	TECK	05/12/2006	3:32.83	200 Fly	Club Rec: 3:29.71	Davis, Patricia				
Genevieve Mackwood	45	WORLDS	07/22/2005	3:33.83	Patricia Angus	54	NEPEAN	02/21/1998	3:29.71		
Margaret Bakish	47	WINNIPEG	05/20/1996	3:43.85	200 IM	Club Rec: 3:26.51	Davis, Patricia				
Kathleen Milne	45	WINNIPEG	05/20/1996	3:44.33	Patricia Angus	51	ANN ARBOR	08/25/1996	3:26.51		
50 Fly	Club Rec: :38.25	Milne, Kathleen			Margaret Bakish	53	FINA	03/24/2002	3:27.90		
Kathleen Milne	47	EDMONTON	05/15/1998	:38.25	Kathleen Milne	51	WINTERLUD	02/09/2002	3:40.36		
Pamela Lemay	45	NEPEAN	02/15/1997	:42.17	400 IM	Club Rec: 7:22.25	Davis, Patricia				
100 Fly	Club Rec: 1:33.58	Milne, Kathleen			Patricia Angus	51	ANN ARBOR	08/25/1996	7:22.25		
Kathleen Milne	47	EDMONTON	05/15/1998	1:33.58	Female 55 to 59						
Pamela Lemay	45	NEPEAN	02/15/1997	1:42.49	50 Free	Club Rec: :34.27	Bakish, Margaret				
200 Fly	Club Rec: 3:36.79	Milne, Kathleen			Margaret Bakish	55	FINA MAST	06/03/2004	:34.27		
Kathleen Milne	45	WINNIPEG	05/20/1996	3:36.79	Patricia Angus	56	NEPEAN	02/26/2000	:37.63		
200 IM	Club Rec: 3:31.53	Lemay, Pamela			100 Free	Club Rec: 1:17.18	Bakish, Margaret				
Pamela Lemay	45	NEPEAN	02/15/1997	3:31.53	Margaret Bakish	55	FINA MAST	06/03/2004	1:17.18		
Margaret Bakish	47	WINNIPEG	05/20/1996	3:39.13	Patricia Angus	55	NEPEAN	02/13/1999	1:22.75		
Kathleen Milne	47	TECHNOSPO	05/23/1998	3:40.30	200 Free	Club Rec: 2:58.05	Bakish, Margaret				
Female 50 to 54					Margaret Bakish	55	TECH	05/08/2004	2:58.05		
50 Free	Club Rec: :35.85	Bakish, Margaret			Patricia Angus	55	NEPEAN	02/13/1999	3:09.25		
Margaret Bakish	53	COUPE2002	11/30/2002	:35.85	Kathleen Milne	55	TECK	05/12/2006	3:23.55		
Kathleen Milne	50	Wint 2001	02/17/2001	:36.12	400 Free	Club Rec: 6:26.74	Bakish, Margaret				
Patricia Angus	54	TECHNOSPO	03/28/1998	:37.13	Margaret Bakish	55	WINTERLUD	02/14/2004	6:26.74		
100 Free	Club Rec: 1:22.20	Davis, Patricia			Patricia Angus	55	NEPEAN	02/13/1999	6:32.35		
Patricia Angus	51	NEPEAN	02/10/1996	1:22.20	800 Free	Club Rec: 13:04.98	Davis, Patricia				
Margaret Bakish	50	NEPEAN	02/13/1999	1:24.31	Margaret Bakish	57	TECH	06/03/2006	13:10.12		
Marianne Quain	50	TECH	06/04/2005	1:36.29	1500 Free	Club Rec: 24:35.82	Davis, Patricia				
200 Free	Club Rec: 3:01.48	Davis, Patricia			Kathleen Milne	55	TECH	06/03/2006	26:55.74		
Patricia Angus	54	TECHNOSPO	03/28/1998	3:01.48	Lizanne Collie	55	TECH	06/05/2004	35:10.97		
Marianne Quain	50	TECH	06/04/2005	3:34.29	50 Back	Club Rec: :55.07	Milne, Kathleen				
400 Free	Club Rec: 6:23.93	Davis, Patricia			Kathleen Milne	55	TECK	05/12/2006	:55.07		
Patricia Angus	54	EDMONTON	05/15/1998	6:23.93	50 Breast	Club Rec: :43.67	Bakish, Margaret				
Kathleen Milne	50	Wint 2001	02/17/2001	6:39.00	Margaret Bakish	55	FINA MAST	06/03/2004	:43.67		
Marianne Quain	50	TECH	06/04/2005	7:35.36	100 Breast	Club Rec: 1:35.24	Bakish, Margaret				
800 Free	Club Rec: 13:18.63	Bakish, Margaret			Margaret Bakish	55	FINA MAST	06/03/2004	1:35.24		
Margaret Bakish	53	FINA	03/24/2002	13:18.63	200 Breast	Club Rec: 3:30.80	Bakish, Margaret				
Marianne Quain	50	TECH	06/04/2005	15:22.17	Margaret Bakish	55	FINA MAST	06/03/2004	3:30.80		
1500 Free	Club Rec: 24:42.46	Davis, Patricia			50 Fly	Club Rec: :42.09	Milne, Kathleen				
Patricia Angus	51	ANN ARBOR	08/25/1996	24:42.46	Kathleen Milne	55	TECK	05/12/2006	:42.09		
Marianne Quain	50	TECH	06/04/2005	28:46.77	Patricia Angus	56	NEPEAN	02/26/2000	:44.06		

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100 Fly	Club Rec: 1:37.66	Davis, Patricia			Female 70 to 74				
Patricia Angus	56	NEPEAN	02/26/2000	1:37.66	50 Free	Club Rec: :40.98	Niblett, Patricia		
Margaret Bakish	56	LATYCAR	10/10/2005	1:48.93	Patricia Niblett	72	TECH	05/08/2004	:40.98
200 IM	Club Rec: 3:25.71	Bakish, Margaret			100 Free	Club Rec: 1:34.29	Niblett, Patricia		
Margaret Bakish	56	LATYCAR	10/10/2005	3:25.71	Patricia Niblett	70	FINA	03/24/2002	1:34.29
Patricia Angus	56	NEPEAN	02/26/2000	3:38.35	200 Free	Club Rec: 3:27.67	Niblett, Patricia		
Kathleen Milne	55	TECK	05/12/2006	3:48.45	Patricia Niblett	70	FINA	03/24/2002	3:27.67
400 IM	Club Rec: 7:28.96	Bakish, Margaret			400 Free	Club Rec: 7:26.22	Niblett, Patricia		
Margaret Bakish	56	LATYCAR	10/10/2005	7:28.96	Patricia Niblett	70	FINA	03/24/2002	7:26.22
Female 60 to 64					800 Free	Club Rec: 15:10.32	Niblett, Patricia		
50 Free	Club Rec: :39.46	Niblett, Patricia			Patricia Niblett	70	FINA	03/24/2002	15:10.32
Patricia Niblett	63	WINNIPEG	05/20/1996	:39.46	1500 Free	Club Rec: 31:02.21	Niblett, Patricia		
Patricia Angus	60	WINTERLUD	02/14/2004	:40.53	Patricia Niblett	70	COUPE2002	11/30/2002	31:02.21
100 Free	Club Rec: 1:30.52	Niblett, Patricia			50 Back	Club Rec: :54.19	Niblett, Patricia		
Patricia Niblett	63	WINNIPEG	05/20/1996	1:30.52	Patricia Niblett	72	WINTERLUD	02/14/2004	:54.19
Patricia Angus	60	WINTERLUD	02/14/2004	1:33.82	100 Back	Club Rec: 2:02.75	Niblett, Patricia		
200 Free	Club Rec: 3:17.20	Davis, Patricia			Patricia Niblett	73	LC Sprint	05/07/2005	2:02.75
Patricia Angus	60	TECH	05/08/2004	3:17.20	50 Breast	Club Rec: :54.12	Niblett, Patricia		
Patricia Niblett	63	WINNIPEG	05/20/1996	3:21.56	Patricia Niblett	72	WINTERLUD	02/14/2004	:54.12
400 Free	Club Rec: 6:46.57	Davis, Patricia			100 Breast	Club Rec: 2:09.62	Niblett, Patricia		
Patricia Angus	60	FINA MAST	06/03/2004	6:46.57	Patricia Niblett	72	TECH	04/24/2004	2:09.62
Patricia Niblett	63	WINNIPEG	05/20/1996	7:05.49					
800 Free	Club Rec: 14:50.21	Niblett, Patricia							
Patricia Niblett	63	WINNIPEG	05/20/1996	14:50.21					
1500 Free	Club Rec: 27:58.54	Niblett, Patricia							
Patricia Niblett	63	WINNIPEG	05/20/1996	27:58.54					
50 Back	Club Rec: :49.45	Angus, Patricia							
Patricia Angus	60	FINA MAST	06/03/2004	:49.45					
50 Breast	Club Rec: :55.40	Niblett, Patricia							
Patricia Niblett	63	WINNIPEG	05/20/1996	:55.40					
100 Fly	Club Rec: 1:43.53	Davis, Patricia							
Patricia Angus	60	WINTERLUD	02/14/2004	1:43.53					
200 Fly	Club Rec: 3:44.12	Davis, Patricia							
Patricia Angus	60	FINA MAST	06/03/2004	3:44.12					
200 IM	Club Rec: 3:47.65	Davis, Patricia							
Patricia Angus	60	FINA MAST	06/03/2004	3:47.65					
400 IM	Club Rec: 7:50.62	Davis, Patricia							
Patricia Angus	60	FINA MAST	06/03/2004	7:50.62					
Female 65 to 69									
50 Free	Club Rec: :40.15	Niblett, Patricia							
Patricia Niblett	66	NEPEAN	02/21/1998	:40.15					
100 Free	Club Rec: 1:31.73	Niblett, Patricia							
Patricia Niblett	66	NEPEAN	02/21/1998	1:31.73					
200 Free	Club Rec: 3:27.45	Niblett, Patricia							
Patricia Niblett	65	ORLANDO	08/01/1997	3:27.45					
400 Free	Club Rec: 7:22.39	Niblett, Patricia							
Patricia Niblett	65	ORLANDO	08/01/1997	7:22.39					
800 Free	Club Rec: 14:53.67	Niblett, Patricia							
Patricia Niblett	65	ORLANDO	08/01/1997	14:53.67					
1500 Free	Club Rec: 27:52.09	Niblett, Patricia							
Patricia Niblett	65	ORLANDO	08/01/1997	28:03.57					
50 Back	Club Rec: :56.17	Niblett, Patricia							
Patricia Niblett	66	EDMONTON	05/15/1998	:56.17					

Male 18 to 24				50 Breast	Club Rec: :35.36	Kennedy, Ian	
50 Free	Club Rec: :31.71	Boileau, Michel		Ian Kennedy	27	WINTERLUD	02/14/2004 :35.36
Michel Boileau	22	NEPEAN	02/10/1996 :31.71	Mark McKenna	29	NEPEAN	02/15/1997 :35.76
100 Free	Club Rec: 1:09.02	Boileau, Michel		Brian (dob) Morgan	25	TECH	04/24/2004 :38.34
Michel Boileau	22	NEPEAN	02/10/1996 1:09.02	Rob Clay	28	NEPEAN	02/21/1998 :40.18
Maurice Gibbs	24	NEPEAN	02/15/1997 1:19.15	Mike Vanderveer	29	NEPEAN	02/21/1998 :41.77
400 Free	Club Rec: 5:44.34	Boileau, Michel		100 Breast	Club Rec: 1:18.30	Mckenna, Mark	
Michel Boileau	22	NEPEAN	02/10/1996 5:44.34	Mark McKenna	29	NEPEAN	02/15/1997 1:18.30
1500 Free	Club Rec: 24:49.40	Kokotailo, Jason		Justin Boileau	25	NEPEAN	02/21/1998 1:26.01
Jason Kokotailo	21	TECH	06/05/2004 24:49.40	Rob Clay	25	NEPEAN	02/10/1996 1:36.02
50 Breast	Club Rec: :37.70	Christie, Jonathon		200 Breast	Club Rec: 3:31.15	Clay, Rob	
Jonathon Christie	24	NEPEAN	02/21/1998 :37.70	Rob Clay	28	NEPEAN	02/21/1998 3:31.15
Maurice Gibbs	24	NEPEAN	02/15/1997 :40.93	50 Fly	Club Rec: :27.82	Paquette, Daniel	
100 Breast	Club Rec: 1:34.31	Gibbs, Maurice		Daniel Paquette	25	NEPEAN	02/13/1999 :27.82
Maurice Gibbs	24	NEPEAN	02/15/1997 1:34.31	Ian Kennedy	27	WINTERLUD	02/14/2004 :29.05
50 Fly	Club Rec: :32.15	Christie, Jonathon		Michel Elibani	26	NEPEAN	02/15/1997 :31.93
Jonathon Christie	24	NEPEAN	02/21/1998 :32.15	Michel Boileau	25	TECHNOSPO	03/28/1998 :33.02
Michel Boileau	22	NEPEAN	02/10/1996 :34.33	Justin Boileau	25	NEPEAN	02/21/1998 :34.60
Male 25 to 29				100 Fly	Club Rec: 1:21.75	Boileau, Michel	
50 Free	Club Rec: :26.37	Paquette, Daniel		Michel Boileau	26	NEPEAN	02/13/1999 1:21.75
Daniel Paquette	25	NEPEAN	02/13/1999 :26.37	200 IM	Club Rec: 2:48.25	Boileau, Justin	
Ian Kennedy	27	WINTERLUD	02/14/2004 :26.59	Justin Boileau	25	EDMONTON	05/15/1998 2:48.25
Mark McKenna	29	NEPEAN	02/15/1997 :28.38	Michel Boileau	25	NEPEAN	02/21/1998 2:52.93
Michel Elibani	26	NEPEAN	02/15/1997 :29.52	Michel Elibani	26	NEPEAN	02/15/1997 2:54.62
Brian (dob) Morgan	25	TECH	04/24/2004 :30.28	Brian (dob) Morgan	25	TECH	04/24/2004 2:56.43
Nathaniel Mallet	28	NEPEAN	02/26/2000 :30.63	Male 30 to 34			
Michel Boileau	25	NEPEAN	02/21/1998 :31.37	50 Free	Club Rec: :26.87	Dick, Scott	
Rob Clay	26	NEPEAN	02/15/1997 :34.53	Scott Dick	33	LAKESIDE	08/12/2004 :26.87
Eppo Maertens	26	TECHNOSPO	05/23/1998 :36.57	Danny Finch	34	COUPE2002	11/30/2002 :27.19
100 Free	Club Rec: :58.02	Paquette, Daniel		Ken Sabourin	31	NEPEAN	02/10/1996 :29.54
Daniel Paquette	25	NEPEAN	02/13/1999 :58.02	Michael Robern	34	NEPEAN	02/10/1996 :29.88
Ian Kennedy	27	WINTERLUD	02/14/2004 :59.69	Steven Cann	30	LC Sprint	05/07/2005 :30.68
Mark McKenna	29	NEPEAN	02/15/1997 1:03.17	Lee Storm	34	TECH	04/24/2004 :31.81
Justin Boileau	25	EDMONTON	05/15/1998 1:04.76	Marco Carlone	30	WINNIPEG	05/20/1996 :31.86
Michel Elibani	26	NEPEAN	02/15/1997 1:04.86	Ian Fraser	31	NEPEAN	02/10/1996 :32.14
Michel Boileau	25	TECHNOSPO	03/28/1998 1:10.33	Tim Lang	34	NEPEAN	02/10/1996 :32.89
Marco Carlone	29	NEPEAN	02/10/1996 1:11.27	100 Free	Club Rec: :57.30	Dick, Scott	
Mike Vanderveer	29	NEPEAN	02/21/1998 1:17.49	Scott Dick	34	WORLDS	07/22/2005 :57.30
Eppo Maertens	26	TECHNOSPO	05/23/1998 1:26.49	Danny Finch	34	COUPE2002	11/30/2002 :58.84
200 Free	Club Rec: 2:29.36	Boileau, Justin		Mo Grimshaw	31	TECHNOSPO	03/28/1998 1:03.14
Justin Boileau	26	NEPEAN	02/13/1999 2:29.36	Steven Cann	30	LC Sprint	05/07/2005 1:06.15
Marco Carlone	29	NEPEAN	02/10/1996 2:35.64	Michael Robern	34	NEPEAN	02/10/1996 1:07.40
Michel Boileau	25	TECHNOSPO	03/28/1998 2:41.54	Ken Sabourin	31	NEPEAN	02/10/1996 1:09.61
400 Free	Club Rec: 5:25.57	Boileau, Justin		Marco Carlone	30	WINNIPEG	05/20/1996 1:10.01
Justin Boileau	25	EDMONTON	05/15/1998 5:25.57	Tim Lang	34	NEPEAN	02/10/1996 1:10.95
Michel Elibani	26	NEPEAN	02/15/1997 5:42.91	200 Free	Club Rec: 2:09.38	Dick, Scott	
Michel Boileau	25	NEPEAN	02/21/1998 5:52.69	Scott Dick	34	WORLDS	07/22/2005 2:09.38
800 Free	Club Rec: 14:22.17	Maertens, Eppo		Mo Grimshaw	31	TECHNOSPO	03/28/1998 2:21.30
Eppo Maertens	26	TECHNOSPO	06/06/1998 14:22.17	Tim Lang	34	NEPEAN	02/10/1996 2:27.55
1500 Free	Club Rec: 27:05.03	Maertens, Eppo		Ian Fraser	31	NEPEAN	02/10/1996 2:28.88
Eppo Maertens	26	TECHNOSPO	03/28/1998 27:05.03	Steven Cann	30	LC Sprint	05/07/2005 2:29.89
50 Back	Club Rec: :42.97	Carlone, Marco		Marco Carlone	30	WINNIPEG	05/20/1996 2:34.39
Marco Carlone	29	NEPEAN	02/10/1996 :42.97	Maurice Gibbs	33	WORLDS	07/22/2005 2:40.92
100 Back	Club Rec: 1:27.52	Boileau, Justin		400 Free	Club Rec: 4:44.21	Finch, Danny	
Justin Boileau	25	EDMONTON	05/15/1998 1:27.52	Danny Finch	34	COUPE2002	11/30/2002 4:44.21
				Scott Dick	33	WINTERLUD	02/14/2004 5:02.04
				Tim Lang	34	NEPEAN	02/10/1996 5:09.67
				Michael Lane	33	NEPEAN	02/26/2000 5:18.73
				Marco Carlone	30	WINNIPEG	05/20/1996 5:40.21

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Maurice Gibbs	33	WORLDS	07/22/2005	6:02.71	Male 35 to 39			
800 Free	Club Rec: 10:04.92	Finch, Danny			50 Free	Club Rec: :27.56	Finch, Danny	
Danny Finch	34	COUPE2002	11/30/2002	10:04.92	Danny Finch	36	TECH	05/08/2004 :27.56
Maurice Gibbs	33	WORLDS	07/22/2005	12:35.04	Steve Coles	39	NEPEAN	02/21/1998 :28.86
1500 Free	Club Rec: 18:46.17	Finch, Danny			Kevin Saunders	35	NEPEAN	02/21/1998 :34.41
Danny Finch	34	COUPE2002	11/30/2002	18:49.91	Jean Pascal Paris	37	TECHNOSPO	05/23/1998 :45.95
Michael Lane	33	BALTIMORE	08/17/2000	20:06.72	Ian Cameron	38	TECHNOSPO	03/28/1998 :51.75
Mo Grimshaw	31	TECHNOSPO	04/18/1998	20:48.48	100 Free	Club Rec: :59.57	Finch, Danny	
50 Back	Club Rec: :35.00	Sabourin, Ken			Danny Finch	36	TECH	05/08/2004 :59.57
Ken Sabourin	31	NEPEAN	02/10/1996	:35.00	Steve Coles	39	NEPEAN	02/21/1998 1:05.18
Michael Robern	34	NEPEAN	02/10/1996	:41.70	Lee Storm	35	LC Sprint	05/07/2005 1:10.79
Marco Carlone	30	WINNIPEG	05/20/1996	:45.12	Kevin Saunders	35	NEPEAN	02/21/1998 1:17.87
100 Back	Club Rec: 1:09.46	Finch, Danny			Jean Pascal Paris	37	TECHNOSPO	05/23/1998 1:50.28
Danny Finch	34	WINTERLUD	02/09/2002	1:09.46	200 Free	Club Rec: 2:08.17	Finch, Danny	
Scott Dick	33	LAKESIDE	08/12/2004	1:12.73	Danny Finch	36	NATIONALS	05/21/2004 2:08.17
Ken Sabourin	31	NEPEAN	02/10/1996	1:14.43	Lee Storm	35	LC Sprint	05/07/2005 2:40.98
Michael Lane	33	NEPEAN	02/26/2000	1:18.84	Kevin Saunders	35	NEPEAN	02/21/1998 3:05.99
Maurice Gibbs	33	WORLDS	07/22/2005	3:14.23	Chris Moule	39	TECH	04/24/2004 4:08.89
200 Back	Club Rec: 2:32.54	Finch, Danny			400 Free	Club Rec: 4:34.49	Finch, Danny	
Danny Finch	34	COUPE2002	11/30/2002	2:32.54	Danny Finch	36	NATIONALS	05/21/2004 4:34.49
Scott Dick	33	WINTERLUD	02/14/2004	2:43.33	Kevin Saunders	35	NEPEAN	02/21/1998 6:50.59
Michael Lane	33	NEPEAN	02/26/2000	2:50.85	Chris Moule	39	TECH	04/24/2004 8:42.95
50 Breast	Club Rec: :32.62	Pilon, Chris			Jean Pascal Paris	37	TECHNOSPO	05/23/1998 9:04.06
Chris Pilon	30	NEPEAN	02/10/1996	:32.62	800 Free	Club Rec: 9:23.94	Finch, Danny	
Danny Finch	34	COUPE2002	11/30/2002	:34.51	Danny Finch	36	TECH	06/05/2004 9:23.94
Michael Lane	33	BALTIMORE	08/17/2000	:34.95	Ian Cameron	38	TECHNOSPO	04/18/1998 24:45.44
Mark McKenna	33	NEPEAN	02/26/2000	:35.85	1500 Free	Club Rec: 18:15.40	Finch, Danny	
Mo Grimshaw	31	TECHNOSPO	03/28/1998	:38.89	Danny Finch	38	TECH	06/03/2006 18:15.40
100 Breast	Club Rec: 1:16.56	Finch, Danny			James Norman	38	TECHNOSPO	04/18/1998 22:45.05
Danny Finch	34	COUPE2002	11/30/2002	1:16.56	Jon Stuart	35	TECHNOSPO	04/18/1998 26:23.16
Michael Lane	33	BALTIMORE	08/17/2000	1:18.78	50 Back	Club Rec: :32.47	Finch, Danny	
Mark McKenna	31	NEPEAN	02/21/1998	1:19.96	Danny Finch	36	TECH	05/08/2004 :32.47
200 Breast	Club Rec: 2:48.02	Finch, Danny			Lee Storm	35	LC Sprint	05/07/2005 :38.13
Danny Finch	31	NEPEAN	02/13/1999	2:48.02	100 Back	Club Rec: 1:09.07	Finch, Danny	
Michael Lane	33	BALTIMORE	08/17/2000	2:54.26	Danny Finch	35	WINTERLUD	02/08/2003 1:09.07
50 Fly	Club Rec: :29.46	Grimshaw, Mo			Lee Storm	35	LC Sprint	05/07/2005 1:25.07
Mo Grimshaw	31	TECHNOSPO	03/28/1998	:29.46	200 Back	Club Rec: 2:28.02	Finch, Danny	
Scott Dick	32	WINTERLUD	02/08/2003	:29.83	Danny Finch	38	TECH	06/03/2006 2:28.02
Danny Finch	34	COUPE2002	11/30/2002	:30.19	50 Breast	Club Rec: :34.33	Finch, Danny	
Mark McKenna	31	NEPEAN	02/21/1998	:30.81	Danny Finch	36	TECH	04/24/2004 :34.33
Marco Carlone	30	WINNIPEG	05/20/1996	:35.85	100 Breast	Club Rec: 1:15.61	Finch, Danny	
100 Fly	Club Rec: 1:04.08	Dick, Scott			Danny Finch	37	LC Sprint	05/07/2005 1:15.61
Scott Dick	34	WORLDS	07/22/2005	1:04.08	200 Breast	Club Rec: 2:41.90	Finch, Danny	
Danny Finch	30	TECHNOSPO	05/23/1998	1:07.24	Danny Finch	38	TECK	05/12/2006 2:41.90
Mark McKenna	33	NEPEAN	02/26/2000	1:12.42	50 Fly	Club Rec: :29.30	Finch, Danny	
200 Fly	Club Rec: 2:23.81	Finch, Danny			Danny Finch	37	LC Sprint	05/07/2005 :29.30
Danny Finch	34	WINTERLUD	02/09/2002	2:23.81	Steve Coles	39	NEPEAN	02/21/1998 :32.88
Scott Dick	34	WORLDS	07/22/2005	2:29.15	100 Fly	Club Rec: 1:03.17	Finch, Danny	
200 IM	Club Rec: 2:24.27	Finch, Danny			Danny Finch	36	WINTERLUD	02/14/2004 1:03.17
Danny Finch	34	WINTERLUD	02/09/2002	2:24.27	200 Fly	Club Rec: 2:18.66	Finch, Danny	
Scott Dick	32	WINTERLUD	02/08/2003	2:39.41	Danny Finch	37	LC Sprint	05/07/2005 2:18.66
Steven Cann	30	LC Sprint	05/07/2005	2:56.81	200 IM	Club Rec: 2:21.84	Finch, Danny	
Lee Storm	34	TECH	04/24/2004	3:10.06	Danny Finch	36	NATIONALS	05/21/2004 2:21.84
Maurice Gibbs	33	WORLDS	07/22/2005	3:14.23	400 IM	Club Rec: 5:01.50	Finch, Danny	
400 IM	Club Rec: 5:09.90	Finch, Danny			Danny Finch	36	TECH	04/24/2004 5:01.50
Danny Finch	34	WINTERLUD	02/09/2002	5:09.90				
Scott Dick	34	WORLDS	07/22/2005	5:21.34				
Michael Lane	33	BALTIMORE	08/17/2000	5:41.54				

Male 40 to 44					800 Free	Club Rec: 10:15.66	March, John		
50 Free	Club Rec: :25.50	Deschenes, Giles			James Norman	45	TECH	06/04/2005	12:12.83
Giles Deschenes	41	WORLDS	07/22/2005	:25.50	Vincent Richer	45	TECH	06/04/2005	24:28.68
Steve Coles	41	NEPEAN	02/26/2000	:29.66	1500 Free	Club Rec: 21:22.11	Kinsella, Daniel		
James Norman	44	TECH	04/24/2004	:30.34	Daniel Kinsella	48	OUT GAMES	07/30/2006	21:22.11
Allan Walton	41	NEPEAN	02/10/1996	:32.61	James Norman	46	TECH	06/03/2006	22:25.19
Peter Scanlan	40	LC Sprint	05/07/2005	:36.69	Vincent Richer	45	TECH	06/04/2005	45:58.00
100 Free	Club Rec: :56.46	Deschenes, Giles			50 Back	Club Rec: :32.88	March, John		
Giles Deschenes	41	WORLDS	07/22/2005	:56.46	John March	45	TECHNOSPO	03/28/1998	:32.88
Allan Walton	41	NEPEAN	02/10/1996	1:11.87	Dave Clemis	49	NEPEAN	02/15/1997	:50.35
James Norman	40	NEPEAN	02/26/2000	1:12.45	100 Back	Club Rec: 1:09.66	March, John		
Peter Scanlan	40	LC Sprint	05/07/2005	1:23.51	John March	46	NEPEAN	02/13/1999	1:09.66
200 Free	Club Rec: 2:06.55	Deschenes, Giles			200 Back	Club Rec: 2:30.17	March, John		
Giles Deschenes	41	WORLDS	07/22/2005	2:06.55	John March	46	NEPEAN	02/13/1999	2:30.17
Allan Walton	41	NEPEAN	02/10/1996	2:40.68	50 Breast	Club Rec: :44.49	Mijal, Vello		
Peter Scanlan	40	LC Sprint	05/07/2005	2:58.59	Vello Mijal	49	NEPEAN	02/10/1996	:44.49
400 Free	Club Rec: 4:35.34	Deschenes, Giles			Vincent Richer	46	TECK	05/12/2006	1:27.80
Giles Deschenes	41	WORLDS	07/22/2005	4:35.34	50 Fly	Club Rec: :31.34	March, John		
1500 Free	Club Rec: 22:10.53	Norman, James			John March	45	TECHNOSPO	03/28/1998	:31.34
James Norman	44	TECH	06/05/2004	22:10.53	Daniel Kinsella	48	OUT GAMES	07/30/2006	:32.91
50 Back	Club Rec: :50.16	Scanlan, Peter			100 Fly	Club Rec: 1:13.90	Kinsella, Daniel		
Peter Scanlan	41	TECK	05/12/2006	:50.16	Daniel Kinsella	46	WINTERLUD	02/14/2004	1:13.90
50 Breast	Club Rec: :45.42	Scanlan, Peter dob			James Norman	46	TECK	05/12/2006	1:21.03
Peter Scanlan	40	LC Sprint	05/07/2005	:45.42	200 IM	Club Rec: 2:53.83	Kinsella, Daniel		
100 Breast	Club Rec: 1:43.62	Scanlan, Peter			Daniel Kinsella	48	OUT GAMES	07/30/2006	2:53.83
Peter Scanlan	41	TECK	05/12/2006	1:43.62	James Norman	46	TECK	05/12/2006	2:59.73
200 Breast	Club Rec: 3:47.95	Scanlan, Peter			Daniel Berube	47	TECH	04/24/2004	3:18.35
Peter Scanlan	41	TECK	05/12/2006	3:47.95	Male 50 to 54				
50 Fly	Club Rec: :27.50	Deschenes, Giles			50 Free	Club Rec: :29.54	Wright, Jim		
Giles Deschenes	41	WORLDS	07/22/2005	:27.50	Jim Wright	52	NATIONALS	05/21/2004	:29.54
Steve Coles	41	NEPEAN	02/26/2000	:34.76	Paull Leamen	52	NEPEAN	02/10/1996	:30.64
100 Fly	Club Rec: 1:17.53	Norman, James			Michael Olsen	54	NEPEAN	02/15/1997	:33.58
James Norman	44	TECH	04/24/2004	1:17.53	John Balint	52	NEPEAN	02/10/1996	:34.80
Male 45 to 49					Vello Mijal	54	NEPEAN	02/26/2000	:35.37
50 Free	Club Rec: :28.85	March, John			Tony Lovink	51	TECHNOSPO	03/28/1998	:35.90
John March	45	TECHNOSPO	03/28/1998	:28.85	100 Free	Club Rec: 1:10.49	Leamen, Paull		
Daniel Berube	47	TECH	04/24/2004	:30.89	Paull Leamen	53	NEPEAN	02/15/1997	1:10.49
Vello Mijal	49	NEPEAN	02/10/1996	:34.81	Michael Olsen	54	NEPEAN	02/15/1997	1:17.32
Dave Clemis	49	NEPEAN	02/15/1997	:37.98	John Balint	52	NEPEAN	02/10/1996	1:17.75
Vincent Richer	45	LC Sprint	05/07/2005	1:16.17	Tony Lovink	51	TECHNOSPO	05/23/1998	1:34.96
100 Free	Club Rec: 1:09.57	Norman, James			200 Free	Club Rec: 2:55.47	Balint, John		
James Norman	46	TECK	05/12/2006	1:09.57	John Balint	52	NEPEAN	02/10/1996	2:55.47
Daniel Kinsella	46	WINTERLUD	02/14/2004	1:14.33	Paull Leamen	52	NEPEAN	02/10/1996	2:56.37
Peter Konzuk	48	LC Sprint	05/07/2005	1:21.17	Michael Olsen	53	NEPEAN	02/10/1996	2:59.50
Dave Clemis	49	NEPEAN	02/15/1997	1:32.41	Vello Mijal	53	NEPEAN	02/13/1999	3:14.16
Vincent Richer	45	LC Sprint	05/07/2005	2:34.68	400 Free	Club Rec: 5:36.85	Bishop, Douglas		
200 Free	Club Rec: 2:35.53	Kinsella, Daniel			Douglas Bishop	51	NEPEAN	02/15/1997	5:36.85
Daniel Kinsella	46	WINTERLUD	02/14/2004	2:35.53	Paull Leamen	53	NEPEAN	02/15/1997	6:13.40
James Norman	45	TECH	06/04/2005	2:49.26	John Balint	52	NEPEAN	02/10/1996	6:25.27
Vincent Richer	46	TECK	05/12/2006	5:51.68	Michael Olsen	54	NEPEAN	02/15/1997	6:28.56
400 Free	Club Rec: 5:22.29	Kinsella, Daniel			800 Free	Club Rec: 11:28.92	Wright, Jim		
Daniel Kinsella	46	WINTERLUD	02/14/2004	5:22.29	Jim Wright	52	FINA MAST	06/03/2004	11:28.92
James Norman	45	TECH	06/04/2005	5:55.89	1500 Free	Club Rec: 22:48.94	Wright, Jim		
Vincent Richer	45	TECH	06/04/2005	12:06.43	Jim Wright	52	NATIONALS	05/21/2004	22:48.94

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50 Back	Club Rec: :35.59	Wright, Jim			Tony Lovink	58	TECH	06/04/2005	8:19.17
Jim Wright	52	BC PROV	04/13/2004	:35.59	800 Free	Club Rec: 13:32.39	Olsen, Michael		
Tony Lovink	51	TECHNOSPO	03/28/1998	:42.89	Michael Olsen	56	TECHNOSPO	04/18/1998	13:32.39
100 Back	Club Rec: 1:22.31	Bishop, Douglas			Tony Lovink	58	TECH	06/04/2005	16:50.20
Douglas Bishop	51	NEPEAN	02/15/1997	1:22.31	1500 Free	Club Rec: 22:44.98	Barber, Graeme		
Vello Mijal	54	NEPEAN	02/26/2000	1:40.51	Ralph Chown	58	WINNIPEG	05/20/1996	25:13.97
200 Back	Club Rec: 2:35.99	March, John			Michael Olsen	56	TECHNOSPO	04/18/1998	26:32.81
John March	51	TECH	04/24/2004	2:35.99	50 Back	Club Rec: :43.09	Lovink, Tony		
Jim Wright	52	NATIONALS	05/21/2004	3:03.03	Tony Lovink	56	WINTERLUD	02/08/2003	:43.09
50 Breast	Club Rec: :38.08	Wright, Jim			Marcel Desjardins	56	TECH	05/08/2004	:55.56
Jim Wright	52	NATIONALS	05/21/2004	:38.08	100 Back	Club Rec: 1:25.78	Bishop, Douglas		
Vello Mijal	53	NEPEAN	02/13/1999	:42.83	Douglas Bishop	56	WINTERLUD	02/09/2002	1:25.78
Michael Olsen	54	NEPEAN	02/15/1997	:43.35	John Balint	56	NEPEAN	02/13/1999	1:42.64
Tony Lovink	51	TECHNOSPO	03/28/1998	:46.28	Ralph Chown	59	DALEWOOD	03/02/1997	2:01.22
100 Breast	Club Rec: 1:26.01	Wright, Jim			50 Breast	Club Rec: :39.95	Bishop, Douglas		
Jim Wright	52	BC PROV	04/13/2004	1:26.01	Douglas Bishop	56	WINTERLUD	02/09/2002	:39.95
Douglas Bishop	51	NEPEAN	02/15/1997	1:29.01	Michael Olsen	56	TECHNOSPO	03/28/1998	:41.70
Michael Olsen	54	NEPEAN	02/15/1997	1:39.00	Ralph Chown	59	NEPEAN	02/15/1997	:44.46
Vello Mijal	52	TECHNOSPO	03/28/1998	1:44.34	Tony Lovink	56	WINTERLUD	02/08/2003	:47.28
Tony Lovink	51	TECHNOSPO	03/28/1998	1:48.03	Marcel Desjardins	56	TECH	04/24/2004	:47.88
200 Breast	Club Rec: 3:06.32	Wright, Jim			100 Breast	Club Rec: 1:39.66	Olsen, Michael		
Jim Wright	52	FINA MAST	06/03/2004	3:06.32	Michael Olsen	56	NEPEAN	02/21/1998	1:39.66
Vello Mijal	54	NEPEAN	02/26/2000	3:41.11	Tony Lovink	56	WINTERLUD	02/08/2003	1:45.50
50 Fly	Club Rec: :32.10	Wright, Jim			Ralph Chown	58	NEPEAN	02/10/1996	1:45.51
Jim Wright	54	WORLDS	08/04/2006	:32.10	Marcel Desjardins	56	TECH	04/24/2004	1:51.25
Paull Leamen	53	NEPEAN	02/15/1997	:37.23	50 Fly	Club Rec: :39.57	Leamen, Paull		
200 IM	Club Rec: 2:50.31	Wright, Jim			Paull Leamen	55	TECHNOSPO	03/28/1998	:39.57
Jim Wright	52	FINA MAST	06/03/2004	2:50.31	Ralph Chown	58	NEPEAN	02/10/1996	:40.90
Douglas Bishop	51	NEPEAN	02/15/1997	2:53.66	Marcel Desjardins	56	TECH	05/08/2004	:48.39
Paull Leamen	53	NEPEAN	02/15/1997	3:20.94	100 Fly	Club Rec: 1:43.59	Chown, Ralph		
Vello Mijal	53	NEPEAN	02/13/1999	3:35.45	Ralph Chown	58	WINNIPEG	05/20/1996	1:43.59
Tony Lovink	51	TECHNOSPO	05/23/1998	3:58.14	Tony Lovink	56	WINTERLUD	02/08/2003	1:58.36
Male 55 to 59					200 IM	Club Rec: 3:00.28	Bishop, Douglas		
50 Free	Club Rec: :30.73	Leamen, Paull			Douglas Bishop	56	WINTERLUD	02/09/2002	3:00.28
Paull Leamen	55	NEPEAN	02/21/1998	:30.73	Graeme Barber	55	NEPEAN	02/21/1998	3:15.28
Ralph Chown	58	NEPEAN	02/10/1996	:32.17	Ralph Chown	59	DALEWOOD	03/02/1997	3:36.94
Michael Olsen	56	NEPEAN	02/21/1998	:33.86	Michael Olsen	56	TECHNOSPO	05/23/1998	3:49.38
Marcel Desjardins	56	TECH	05/08/2004	:35.62	Marcel Desjardins	56	TECH	04/24/2004	3:53.16
Tony Lovink	57	TECH	04/24/2004	:43.71	Tony Lovink	57	TECH	04/24/2004	3:57.76
100 Free	Club Rec: 1:10.44	Leamen, Paull			Male 60 to 64				
Paull Leamen	55	NEPEAN	02/21/1998	1:10.44	50 Free	Club Rec: :31.37	Leamen, Paull		
Ralph Chown	59	NEPEAN	02/15/1997	1:14.06	Paull Leamen	62	WINTERLUD	02/12/2005	:31.37
Graeme Barber	55	NEPEAN	02/21/1998	1:16.17	Michael Heath-Eves	63	WINTERLUD	02/12/2005	:31.95
Michael Olsen	57	NEPEAN	02/13/1999	1:17.31	Michael Olsen	61	WINTERLUD	02/08/2003	:33.08
Marcel Desjardins	56	WINTERLUD	02/14/2004	1:23.90	Ralph Chown	60	EDMONTON	05/15/1998	:34.11
Tony Lovink	58	TECH	06/04/2005	1:51.17	John Balint	63	WORLDS	08/04/2006	:36.57
200 Free	Club Rec: 2:39.29	Bishop, Douglas			Harvey Glatt	64	TECHNOSPO	05/23/1998	:45.51
Douglas Bishop	56	WINTERLUD	02/09/2002	2:39.29	100 Free	Club Rec: 1:12.45	Leamen, Paull		
Paull Leamen	55	NEPEAN	02/21/1998	2:52.09	Paull Leamen	62	WINTERLUD	02/12/2005	1:12.45
Ralph Chown	58	WINNIPEG	05/20/1996	2:52.19	Michael Heath-Eves	63	LC Sprint	05/07/2005	1:12.52
Michael Olsen	57	NEPEAN	02/13/1999	2:54.84	Ralph Chown	60	EDMONTON	05/15/1998	1:15.17
Marcel Desjardins	56	WINTERLUD	02/14/2004	3:14.68	Michael Olsen	62	WINTERLUD	02/14/2004	1:17.60
Tony Lovink	58	TECH	06/04/2005	3:58.49	Harvey Glatt	64	TECHNOSPO	05/23/1998	1:52.91
400 Free	Club Rec: 5:58.39	Barber, Graeme			200 Free	Club Rec: 2:44.67	Heath-Eves, Michael		
Graeme Barber	56	NEPEAN	02/13/1999	5:58.39	Michael Heath-Eves	63	WORLDS	07/22/2005	2:44.67
Ralph Chown	58	WINNIPEG	05/20/1996	6:14.77	Paull Leamen	61	WINTERLUD	02/14/2004	2:50.76
Michael Olsen	56	TECHNOSPO	05/23/1998	6:20.22	Michael Olsen	61	WINTERLUD	02/08/2003	2:56.44
Marcel Desjardins	56	WINTERLUD	02/14/2004	7:10.28					

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400 Free	Club Rec: 6:03.34	Heath-Eves, Michael		50 Back	Club Rec: :39.02	Inglis, Arthur	
Michael Heath-Eves	63	WORLDS	07/22/2005	6:03.34	Arthur Inglis	70	FINA 03/24/2002 :39.02
Michael Olsen	62	WINTERLUD	02/14/2004	6:20.29	100 Back	Club Rec: 1:29.34	Inglis, Arthur
Ralph Chown	60	EDMONTON	05/15/1998	6:29.24	Arthur Inglis	70	FINA 03/24/2002 1:29.34
Harvey Glatt	64	TECHNOSPO	05/23/1998	8:57.67	200 Back	Club Rec: 3:20.47	Inglis, Arthur
800 Free	Club Rec: 12:33.35	Heath-Eves, Michael		Arthur Inglis	70	FINA	03/24/2002 3:20.47
Michael Heath-Eves	63	WORLDS	07/22/2005	12:33.35	50 Breast	Club Rec: 1:00.88	Lister, Alan
Ralph Chown	60	EDMONTON	05/15/1998	13:27.32	Alan Lister	71	NEPEAN 02/26/2000 1:00.88
John Balint	63	WORLDS	08/04/2006	13:39.83	100 Breast	Club Rec: 2:25.35	Lister, Alan
1500 Free	Club Rec: 26:02.54	Chown, Ralph		Alan Lister	70	NEPEAN	02/13/1999 2:25.35
Ralph Chown	60	TECHNOSPO	04/18/1998	26:02.54	50 Fly	Club Rec: :43.51	Lister, Alan
50 Breast	Club Rec: :42.97	Olsen, Michael		Alan Lister	72	Wint 2001	02/17/2001 :43.51
Michael Olsen	63	WINTERLUD	02/12/2005	:42.97	200 IM	Club Rec: 5:50.94	Lister, Alan
50 Fly	Club Rec: :37.80	Heath-Eves, Michael		Alan Lister	71	NEPEAN	02/26/2000 5:50.94
Michael Heath-Eves	63	WORLDS	07/22/2005	:37.80			
Paull Leamen	62	LC Sprint	05/07/2005	:43.70			
400 IM	Club Rec: 7:59.31	Chown, Ralph					
Ralph Chown	60	EDMONTON	05/15/1998	7:59.31			
Male 65 to 69							
50 Free	Club Rec: :43.09	Lister, Alan					
Alan Lister	69	NEPEAN	02/21/1998	:43.09			
Harvey Glatt	68	WINTERLUD	02/09/2002	:46.90			
Grant Sinclair	65	WINTERLUD	02/09/2002	:55.59			
100 Free	Club Rec: 1:50.05	Lister, Alan					
Alan Lister	69	EDMONTON	05/15/1998	1:50.05			
Harvey Glatt	68	WINTERLUD	02/09/2002	1:52.21			
John Ross	66	TECH	06/04/2005	2:17.49			
Grant Sinclair	65	WINTERLUD	02/09/2002	2:18.07			
200 Free	Club Rec: 4:02.72	Glatt, Harvey					
Harvey Glatt	68	WINTERLUD	02/09/2002	4:02.72			
Alan Lister	69	EDMONTON	05/15/1998	4:21.85			
John Ross	66	TECH	06/04/2005	4:49.33			
400 Free	Club Rec: 7:18.14	Ross, John					
John Ross	66	TECH	06/04/2005	7:18.14			
Harvey Glatt	68	WINTERLUD	02/09/2002	8:44.80			
Alan Lister	69	EDMONTON	05/15/1998	9:29.19			
800 Free	Club Rec: 17:28.70	Ross, John					
John Ross	66	TECH	06/04/2005	17:28.70			
Alan Lister	69	EDMONTON	05/15/1998	19:50.16			
50 Back	Club Rec: 1:23.55	Sinclair, Grant					
Grant Sinclair	65	WINTERLUD	02/09/2002	1:23.55			
100 Back	Club Rec: 2:53.80	Sinclair, Grant					
Grant Sinclair	65	WINTERLUD	02/09/2002	2:53.80			
50 Breast	Club Rec: :59.82	Lister, Alan					
Alan Lister	69	NEPEAN	02/21/1998	:59.82			
Male 70 to 74							
50 Free	Club Rec: :33.57	Inglis, Arthur					
Arthur Inglis	70	COUPE2002	11/30/2002	:33.57			
Alan Lister	70	NEPEAN	02/13/1999	:49.33			
100 Free	Club Rec: 1:16.06	Inglis, Arthur					
Arthur Inglis	70	COUPE2002	11/30/2002	1:16.06			
Alan Lister	70	NEPEAN	02/13/1999	1:54.13			
200 Free	Club Rec: 3:07.60	Inglis, Arthur					
Arthur Inglis	70	FINA	03/24/2002	3:07.60			
Alan Lister	70	NEPEAN	02/13/1999	4:32.72			