

Female 18 to 24

					Johanne Charlebois	24	ETOBICOKE	04/28/1996	:48.40
50 Free	Club Rec: :28.08	Belanger, Natalie			100 Back	Club Rec: 1:10.54	Belanger, Natalie		
Natalie Belanger	24	MONTREAL	06/26/1997	:28.08	Natalie Belanger	24	MONTREAL	06/26/1997	1:10.54
Veronique Bezaire	24	TROIS	04/20/2001	:30.29	Isabelle Coda	24	ETOBICOKE	04/28/1996	1:16.54
Jenny (dob) Scott	24		03/12/2005	:30.60	Holly Hutchings	24	TECH	11/23/2003	1:22.00
Gi dob Wu	22	TECH	11/26/2005	:31.94	Heidi Ray	24	BRANTFORD	05/25/1997	1:25.54
Jenn Gilbert	24	TECHNOSPO	04/12/1997	:32.57	Angele St Louis	20	QUE PROV	04/19/2002	1:29.46
Angele St Louis	20	QUE PROV	04/19/2002	:34.09	Jasmine Hasselback	20	NATIONALS	05/20/2005	1:37.56
Melissa DOB Langevan	21	Nationals	05/16/2003	:34.44	Jill Tymchak	24	TROIS	04/20/2001	1:48.12
Heidi Ray	24	TECHNOSPO	10/19/1996	:36.27	200 Back	Club Rec: 3:02.29	Ray, Heidi		
Johanne Charlebois	24	HULL	03/30/1996	:36.64	Heidi Ray	24	MONTREAL	06/26/1997	3:02.29
Jasmine Hasselback	20	NATIONALS	05/20/2005	:38.31	Angele St Louis	20	QUE PROV	04/19/2002	3:23.68
100 Free	Club Rec: 1:03.48	Belanger, Natalie			Jill Tymchak	24	TROIS	04/20/2001	3:58.88
Natalie Belanger	24	MONTREAL	06/26/1997	1:03.48	50 Breast	Club Rec: :38.06	Hutchings, Jackie		
Veronique Bezaire	24	TROIS	04/20/2001	1:07.66	Jackie Hutchings	23	QUE PROV	04/03/2004	:38.06
Isabelle Coda	24	ETOBICOKE	04/28/1996	1:08.11	Isabelle Coda	24	TECHNOSPO	10/19/1996	:42.99
Jenny (dob) Scott	24		03/12/2005	1:08.98	Melissa DOB Langevan	21	Nationals	05/16/2003	:44.10
Jenn Gilbert	24	MONTREAL	06/26/1997	1:12.47	Stacey Zembrycki	24	TECK	01/19/2002	:44.77
Josee Lemieux	24	Nat99	05/14/1999	1:14.93	Tiia Bishop	24	QUE PROV	04/21/2006	:46.56
Heidi Ray	24	MONTREAL	06/26/1997	1:15.19	Jenn Gilbert	24	TECHNOSPO	10/01/1997	:47.41
Melissa DOB Langevan	21	Nationals	05/16/2003	1:15.57	Johanne Charlebois	24	ETOBICOKE	04/28/1996	:51.64
Tiia Bishop	24	TECH	04/08/2006	1:19.44	Heidi Ray	24	TECHNOSPO	04/12/1997	:52.44
Angele St Louis	20	QUE PROV	04/19/2002	1:21.51	Angele St Louis	20	TECK	03/16/2002	:54.16
200 Free	Club Rec: 2:30.98	Hutchings, Holly (dob)			100 Breast	Club Rec: 1:22.23	Hutchings, Jackie dob		
Holly Hutchings	24	TECH	11/23/2003	2:30.98	Jackie Hutchings	23	TECH	01/17/2004	1:22.23
Jenny (dob) Scott	24		03/12/2005	2:31.67	Holly Hutchings	24	TECH	11/23/2003	1:25.50
Veronique Bezaire	24	TROIS	04/20/2001	2:32.08	Isabelle Coda	24	ETOBICOKE	04/28/1996	1:26.12
Jenn Gilbert	24	MONTREAL	06/26/1997	2:42.12	Josee Lemieux	24	Nat99	05/14/1999	1:32.11
Tiia Bishop	24	TECH	04/08/2006	2:59.51	Melissa DOB Langevan	21	Nationals	05/16/2003	1:34.87
Angele St Louis	20	QUE PROV	04/19/2002	3:05.79	Stacey Zembrycki	24	TECK	01/19/2002	1:35.22
Jasmine Hasselback	20	Rideauspee	02/19/2005	3:06.70	Tiia Bishop	24	QUE PROV	04/21/2006	1:39.94
Jill Tymchak	24	TECH-OTTA	03/17/2001	3:18.50	Jenn Gilbert	24	MONTREAL	06/26/1997	1:40.55
Catherine Campbell	24	TECH	03/13/2004	3:19.30	Jasmine Hasselback	20	Rideauspee	02/19/2005	1:41.77
400 Free	Club Rec: 5:41.87	Gilbert, Jenn			Erin Down	24	TECHNOSPO	12/31/1999	1:43.35
Jenn Gilbert	24	HULL	03/22/1997	5:41.87	200 Breast	Club Rec: 2:56.04	Hutchings, Jackie		
Veronique Bezaire	24	TROIS	04/20/2001	5:42.63	Jackie Hutchings	23	QUE PROV	04/03/2004	2:56.04
Tiia Bishop	24	QUE PROV	04/21/2006	6:06.78	Melissa DOB Langevan	21	Nationals	05/16/2003	3:23.16
Angele St Louis	20	QUE PROV	04/19/2002	6:47.33	Tiia Bishop	24	QUE PROV	04/21/2006	3:31.01
Jill Tymchak	24	TROIS	04/20/2001	7:05.00	Jasmine Hasselback	20	NATIONALS	05/20/2005	3:42.26
800 Free	Club Rec: 10:27.17	Coda, Isabelle			50 Fly	Club Rec: :30.69	Belanger, Natalie		
Isabelle Coda	24	TECHNOSPO	02/08/1997	10:27.17	Natalie Belanger	24	MONTREAL	06/26/1997	:30.69
Jenn Gilbert	24	MONTREAL	06/26/1997	12:07.85	Jackie Hutchings	23	TECH	01/17/2004	:34.22
Jasmine Hasselback	20	NATIONALS	05/20/2005	13:21.66	Isabelle Coda	24	TECHNOSPO	10/19/1996	:34.94
Erin Down	24	TECHNOSPO	12/12/1998	13:50.91	Veronique Bezaire	24	TROIS	04/20/2001	:36.10
Jill Tymchak	24	TECH-OTTA	02/23/2001	14:50.45	Melissa DOB Langevan	21	Nationals	05/16/2003	:38.83
Tiia Bishop	24	QUE PROV	04/21/2006	24:36.92	Stacey Zembrycki	24	TECK	01/19/2002	:39.32
1500 Free	Club Rec: 22:57.47	Bezaire, Veronique			Jenn Gilbert	23	TECHNOSPO	01/11/1997	:42.38
Veronique Bezaire	24	TROIS	04/20/2001	22:57.47	Heidi Ray	24	TECHNOSPO	01/11/1997	:42.52
Jasmine Hasselback	20	NATIONALS	05/20/2005	25:05.83	100 IM	Club Rec: 1:10.53	Belanger, Natalie		
Jill Tymchak	24	TROIS	04/20/2001	26:54.93	Natalie Belanger	24	MONTREAL	06/26/1997	1:10.53
Catherine Campbell	24	QUE PROV	04/03/2004	27:59.33	Isabelle Coda	24	ETOBICOKE	04/28/1996	1:14.75
50 Back	Club Rec: :33.03	Belanger, Natalie			Jackie Hutchings	23	QUE PROV	04/03/2004	1:15.97
Natalie Belanger	24	MONTREAL	06/26/1997	:33.03	Melissa DOB Langevan	21	Nationals	05/16/2003	1:25.55
Isabelle Coda	24	TECHNOSPO	10/19/1996	:36.94	Tiia Bishop	24	QUE PROV	04/21/2006	1:30.74
Jasmine Hasselback	20	NATIONALS	05/20/2005	:37.09	Jenn Gilbert	24	TECHNOSPO	10/01/1997	1:33.44
Jackie Hutchings	23	QUE PROV	04/03/2004	:38.45	Jasmine Hasselback	20	Rideauspee	02/19/2005	1:34.30
Angele St Louis	20	TECK	03/16/2002	:39.70	Heidi Ray	24	TECHNOSPO	10/19/1996	1:36.02
Heidi Ray	24	BRANTFORD	05/25/1997	:40.76					
Veronique Bezaire	24	TROIS	04/20/2001	:44.11					

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200 IM	Club Rec: 2:41.38	Coda, Isabelle	800 Free	Club Rec: 10:02.93	Hoogland, Tenille
Isabelle Coda	24	ETOBICOKE 04/28/1996 2:41.38	Tenille Hoogland	27	NATIONALS 05/20/2005 10:02.93
Jackie Hutchings	23	QUE PROV 04/03/2004 2:42.63	Christine Moore	26	TECHNOSPO 02/08/1997 10:58.46
Holly Hutchings	24	TECH 11/23/2003 2:46.44	Veronique Bezaire	29	QUE PROV 04/21/2006 11:16.39
Jenny (dob) Scott	24	03/12/2005 2:58.74	Cindy Box	26	Provincial 04/06/2003 11:17.13
Stacey Zembrycki	24	TECK 01/19/2002 3:04.29	Laurie Strano	29	TECH 07/06/2003 11:56.93
Heidi Ray	24	TECHNOSPO 04/12/1997 3:13.78	Jennifer Crain	29	QUE PROV 04/19/2002 12:43.13
Jenn Gilbert	23	TECHNOSPO 11/01/1996 3:36.39	Heather Fairbanks	27	OTTAWA-TE 02/12/2000 12:51.92
			Erin Down	26	OTTAWA-TE 02/12/2000 13:43.02
400 IM	Club Rec: 5:39.75	Coda, Isabelle	Kari Ferlatte	29	TECH-OTTA 02/23/2001 15:27.55
Isabelle Coda	24	ETOBICOKE 04/28/1996 5:39.75			
Female 25 to 29			1500 Free	Club Rec: 18:36.56	Hoogland, Tenille
25 Free			Tenille Hoogland	28	QUE PROV 04/21/2006 18:36.56
Michelle Collette	29	TECH 10/19/2002 :18.85	Shannon Davis	28	TECK 12/06/2003 22:54.96
			Jenn Gilbert	26	Nat99 05/14/1999 22:58.42
50 Free	Club Rec: :29.57	Coda, Christiane	Jennifer Crain	29	TECH 06/01/2002 24:08.72
Christiane Coda	29	ETOBICOKE 04/28/1996 :29.57	Jill Tymchak	26	Provincial 04/06/2003 24:46.33
Carolyn Blanchard	28	TECK 01/19/2002 :29.83	Erin Down	26	OTTAWA-TE 02/12/2000 25:34.24
Lindsay Hugenholz	28	TECK 01/19/2002 :29.96	Anne Renzonnet	28	TROIS 04/20/2001 25:45.52
Holly Hutchings	26	NATIONALS 05/20/2005 :29.96	Catherine Campbell	26	QUE PROV 04/21/2006 26:15.15
Carina DOB Waycott	25	Provincial 04/06/2003 :30.08	Lucy Nottingham	28	TECHNOSPO 02/08/1997 28:11.66
Tenille Hoogland	27	QUE PROV 04/15/2005 :30.12	Alice Mah	26	02/21/2004 28:32.32
Christine Moore	25	ETOBICOKE 04/28/1996 :30.66			
Veronique Bezaire	29	QUE PROV 04/21/2006 :30.67	50 Back	Club Rec: :33.21	Pepper, Karen
Jenn Nichols	26	HULL 03/30/1996 :30.78	Karen Pepper	29	BRANTFORD 05/25/1997 :33.21
Laurie Strano	29	Nationals 05/16/2003 :30.83	Carolyn Blanchard	28	TECK 01/19/2002 :35.36
			Christine Moore	25	ETOBICOKE 04/28/1996 :35.77
100 Free	Club Rec: 1:05.17	Pare, Issa	Tenille Hoogland	27	NATIONALS 05/20/2005 :35.81
Issa Pare	27	QUE PROV 04/21/2006 1:05.17	Holly Hutchings	25	QUE PROV 04/03/2004 :36.92
Tenille Hoogland	28	QUE PROV 04/21/2006 1:05.21	Laurie Strano	29	Nationals 05/16/2003 :37.01
Christine Moore	29	Nat99 05/14/1999 1:05.47	Sheryl Slater	28	NY 12/06/1997 :37.32
Christiane Coda	29	ETOBICOKE 04/28/1996 1:05.69	Shannon Davis	29	02/21/2004 :39.09
Holly Hutchings	25	QUE PROV 04/03/2004 1:05.75	Veronique Bezaire	29	QUE PROV 04/21/2006 :40.43
Lindsay Hugenholz	27	TECH 11/17/2001 1:06.03	Christina Honeywell	27	Nationals 05/16/2003 :41.25
Veronique Bezaire	25	QUE PROV 04/19/2002 1:06.12			
Carolyn Blanchard	28	TECK 03/16/2002 1:06.47	100 Back	Club Rec: 1:11.60	Pepper, Karen
Laurie Strano	29	Nationals 05/16/2003 1:07.90	Karen Pepper	29	BRANTFORD 05/25/1997 1:11.60
Jenn Nichols	26	HULL 03/30/1996 1:08.08	Christine Moore	25	ETOBICOKE 04/28/1996 1:15.34
			Isabelle Coda	25	BRANTFORD 05/25/1997 1:16.87
200 Free	Club Rec: 2:19.77	Hoogland, Tenille	Carolyn Blanchard	28	QUE PROV 04/19/2002 1:17.32
Tenille Hoogland	27	NATIONALS 05/20/2005 2:19.77	Holly Hutchings	25	TECH 01/17/2004 1:18.21
Issa Pare	27	QUE PROV 04/21/2006 2:22.23	Issa Pare	27	QUE PROV 04/21/2006 1:27.00
Christine Moore	29	Nat99 05/14/1999 2:24.48	Nancy Irvin	29	TECHNOSPO 11/01/1996 1:29.96
Holly Hutchings	25	TECH 03/13/2004 2:24.85	Shannon Davis	29	TECH 01/17/2004 1:30.37
Carolyn Blanchard	28	TECK 03/16/2002 2:26.66	Heather Fairbanks	27	STE FOY 04/14/2000 1:33.15
Lindsay Hugenholz	27	TECH 11/17/2001 2:27.01	Christina Honeywell	27	Provincial 04/06/2003 1:35.76
Isabelle Coda	27	Nat99 05/14/1999 2:28.88			
Cindy Box	26	Provincial 04/06/2003 2:29.58	200 Back	Club Rec: 2:37.47	Pepper, Karen
Veronique Bezaire	25	QUE PROV 04/19/2002 2:30.59	Karen Pepper	29	BRANTFORD 05/25/1997 2:37.47
Laurie Strano	29	Nationals 05/16/2003 2:31.78	Christine Moore	28	ETOBICOKE 03/13/1998 2:39.51
			Tenille Hoogland	28	QUE PROV 04/21/2006 2:39.93
400 Free	Club Rec: 4:47.30	Hoogland, Tenille	Isabelle Coda	27	Nat99 05/14/1999 2:47.87
Tenille Hoogland	28	QUE PROV 04/21/2006 4:47.30	Carolyn Blanchard	28	QUE PROV 04/19/2002 2:49.78
Issa Pare	27	QUE PROV 04/21/2006 4:57.92	Shannon Davis	29	02/21/2004 3:11.15
Christine Moore	28	ETOBICOKE 03/13/1998 5:00.20	Christina Honeywell	27	Provincial 04/06/2003 3:26.97
Holly Hutchings	26	NATIONALS 05/20/2005 5:10.74	Jill Tymchak	25	QUE PROV 04/19/2002 3:41.86
Cindy Box	26	Provincial 04/06/2003 5:16.58	Catherine Campbell	26	QUE PROV 04/21/2006 3:50.96
Jenn Nichols	26	ETOBICOKE 04/28/1996 5:19.13			
Veronique Bezaire	29	QUE PROV 04/21/2006 5:24.00	50 Breast	Club Rec: :37.00	Hutchings, Holly
Joanne Tognarelli	29	QUE PROV 04/03/2004 5:33.35	Holly Hutchings	26	NATIONALS 05/20/2005 :37.00
Kristen McLeod	26	TECH-OTTA 11/20/1999 5:35.02	Pascale Denis	25	OTTAWA-TE 10/16/1999 :39.43
Shannon Davis	29	QUE PROV 04/03/2004 5:39.33	Josee Lemieux	27	QUE PROV 04/19/2002 :41.33
			Sheryl Slater	28	NY 12/06/1997 :43.07
			Heather Fairbanks	26	Nat99 05/14/1999 :43.71
			Shannon Davis	29	02/21/2004 :44.21

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Margot Hall	29	TECH	10/16/2004	:44.77	200 IM	Club Rec: 2:40.57	Hutchings, Holly		
Stephanie Leach	28	TECH	10/20/2001	:45.08	Holly Hutchings	25	QUE PROV	04/03/2004	2:40.57
Christina Honeywell	29	TECH	04/09/2005	:45.37	Tenille Hoogland	28	QUE PROV	04/21/2006	2:40.78
Joanne Tognarelli	29	QUE PROV	04/03/2004	:46.81	Christine Moore	27	BRANTFORD	05/25/1997	2:41.25
100 Breast	Club Rec: 1:20.33	Hutchings, Holly			Isabelle Coda	25	HULL	03/22/1997	2:42.06
Holly Hutchings	26	NATIONALS	05/20/2005	1:20.33	Karen Pepper	29	BRANTFORD	05/25/1997	2:42.34
Issa Pare	27	QUE PROV	04/21/2006	1:24.58	Christiane Coda	29	ETOBICOKE	04/28/1996	2:42.61
Isabelle Coda	27	Nat99	05/14/1999	1:28.53	Jenn Nichols	26	HULL	03/30/1996	2:48.45
Josee Lemieux	26	TROIS	04/20/2001	1:29.27	Shannon Davis	29	TECH	03/13/2004	2:58.43
Pascale Denis	27	TECH-OTTA	01/27/2001	1:29.62	Margot Hall	29	TECH	11/22/2004	3:07.36
Stephanie Rainey	29	QUE PROV	04/19/2002	1:31.56	Nancy Irvin	29	TECHNOSPO	11/01/1996	3:08.57
Joanne Tognarelli	29	QUE PROV	04/03/2004	1:36.91	400 IM	Club Rec: 5:33.42	Hoogland, Tenille		
Jenn Gilbert	25	ETOBICOKE	03/13/1998	1:37.77	Tenille Hoogland	28	QUE PROV	04/21/2006	5:33.42
Shannon Davis	29	TECH	01/17/2004	1:41.22	Isabelle Coda	25	BRANTFORD	05/25/1997	5:45.08
Erin Down	25	Nat99	05/14/1999	1:42.24	Shannon Davis	29		02/21/2004	6:27.46
200 Breast	Club Rec: 2:53.27	Hutchings, Holly			Josee Lemieux	26	TROIS	04/20/2001	6:38.62
Holly Hutchings	26	NATIONALS	05/20/2005	2:53.27	Female 30 to 34				
Josee Lemieux	26	TROIS	04/20/2001	3:14.12	25 Free				
Shannon Davis	29		02/21/2004	3:27.43	Julie Beaulieu	31	TECH	10/20/2001	:17.40
Jenn Gilbert	25	ETOBICOKE	03/13/1998	3:30.75	Stephanie Phaneuf	30	TECH	10/20/2001	:17.62
Erin Down	25	Nat99	05/14/1999	3:35.76	Silvia Valdman	33	tech	10/18/2003	:22.17
Christina Honeywell	27	Provincial	04/06/2003	3:36.79	50 Free	Club Rec: :29.88	Michon, Carole (dob)		
Anne Rensonnet	28	TROIS	04/20/2001	3:50.95	Carole (dob) Michon	30	TECH	11/04/2006	:29.88
Alia Al Zand	29	QUE PROV	04/19/2002	4:35.69	Nancy Irvin	30	TECHNOSPO	01/11/1997	:30.20
50 Fly	Club Rec: :32.83	Moore, Christine			Whitney Bond	34	TECH	03/13/2004	:30.56
Christine Moore	28	ETOBICOKE	03/13/1998	:32.83	Laurie Strano	30	QUE PROV	04/03/2004	:30.82
Carina DOB Waycott	25	Provincial	04/06/2003	:32.91	Colleen Patterson	33	TECHNOSPO	10/17/1998	:30.95
Issa Pare	27	QUE PROV	04/21/2006	:33.54	Claire Laflamme	30	TECHNOSPO	03/20/1999	:31.20
Veronique Bezaire	29	QUE PROV	04/21/2006	:33.75	Nikki Clarke	33	TECH	01/17/2004	:31.53
Jenn Nichols	26	ETOBICOKE	04/28/1996	:33.77	Jane Sawchuck	31	Provincial	04/06/2003	:31.85
Lindsay Hugenholz	28	TECK	03/16/2002	:33.88	Elyse Cochelin	33	QUE PROV	04/19/2002	:31.92
Carolyn Blanchard	27	TECH	10/20/2001	:34.60	Margot Hall	30	TECH SPRIN	10/22/2005	:32.20
Isabelle Coda	25	HULL	03/22/1997	:34.78	100 Free	Club Rec: 1:05.48	Irvin, Nancy		
Karen Pepper	29	TECHNOSPO	04/12/1997	:34.99	Silvia Valdman	33	TECHSPRINT	01/18/2003	:56.10
Shannon Davis	29		02/21/2004	:35.80	Nancy Irvin	32	ETOBICOKE	03/13/1998	1:05.48
100 Fly	Club Rec: 1:11.82	Moore, Christine			Whitney Bond	34	TECH	03/13/2004	1:06.90
Christine Moore	28	ETOBICOKE	03/13/1998	1:11.82	Laurie Strano	30	QUE PROV	04/03/2004	1:07.02
Christiane Coda	29	ETOBICOKE	04/28/1996	1:12.48	Colleen Patterson	34	OTTAWA-TE	10/16/1999	1:07.06
Jenn Nichols	26	ETOBICOKE	04/28/1996	1:15.34	Claire Laflamme	30	Nat99	05/14/1999	1:08.75
Nancy Irvin	29	TECHNOSPO	11/01/1996	1:22.05	Jane Sawchuck	31	Provincial	04/06/2003	1:10.27
Veronique Bezaire	25	QUE PROV	04/19/2002	1:22.73	Carol Mothersill	33	NATIONALS	05/20/2005	1:11.11
Lindsay Hugenholz	28	QUE PROV	04/19/2002	1:22.92	Bridget Carey	31	QUE PROV	04/03/2004	1:12.14
Josee Lemieux	26	TROIS	04/20/2001	1:29.41	Margot Hall	30	NATIONALS	05/20/2005	1:12.28
Shannon Davis	29	QUE PROV	04/03/2004	1:29.50	200 Free	Club Rec: 2:23.54	Irvin, Nancy		
Heather Fairbanks	27	STE FOY	04/14/2000	1:40.63	Nancy Irvin	32	ETOBICOKE	03/13/1998	2:23.54
200 Fly	Club Rec: 2:52.47	Hoogland, Tenille			Nikki Clarke	33	TECH	03/13/2004	2:25.17
Tenille Hoogland	28	QUE PROV	04/21/2006	2:52.47	Colleen Patterson	34	TECH-OTTA	11/20/1999	2:27.02
Shannon Davis	29	QUE PROV	04/03/2004	3:19.56	Sheryl Slater	31	OTTAWA-TE	03/18/2000	2:28.72
100 IM	Club Rec: 1:14.11	Hutchings, Holly			Whitney Bond	34	TECH	03/13/2004	2:28.75
Holly Hutchings	26	NATIONALS	05/20/2005	1:14.11	Jane Sawchuck	31	Provincial	04/06/2003	2:36.28
Issa Pare	27	QUE PROV	04/21/2006	1:15.50	Carolyn Stewart	33	VICTORIA	05/19/1995	2:37.50
Tenille Hoogland	27	QUE PROV	04/15/2005	1:15.96	Bridget Carey	32	NATIONALS	05/20/2005	2:40.38
Jenn Nichols	26	ETOBICOKE	04/28/1996	1:16.46	Nadja Roy	31	MONTREAL	06/26/1997	2:40.64
Carina DOB Waycott	25	Provincial	04/06/2003	1:16.54	Carol Mothersill	33	NATIONALS	05/20/2005	2:43.52
Christine Moore	25	ETOBICOKE	04/28/1996	1:16.58	400 Free	Club Rec: 5:05.57	Brackstone, Nikki (dob)		
Isabelle Coda	25	HULL	03/22/1997	1:16.81	Nikki (dob) Brackstone	32	TECH	11/23/2003	5:05.57
Sheryl Slater	28	NY	12/06/1997	1:20.73	Nancy Irvin	32	ETOBICOKE	03/13/1998	5:07.42
Laurie Strano	29	Nationals	05/16/2003	1:23.39	Colleen Patterson	34	TECH-OTTA	11/20/1999	5:08.30
Josee Lemieux	26	TROIS	04/20/2001	1:24.24	Isabelle Coda	31	Nationals	05/16/2003	5:27.02

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Carolyn Stewart	33	VICTORIA	05/19/1995	5:32.72	50 Breast	Club Rec: :40.81	Hall, Margot		
Nadja Roy	31	TECHNOSPO	04/12/1997	5:36.58	Margot Hall	31	QUE PROV	04/21/2006	:40.81
Bridget Carey	32	NATIONALS	05/20/2005	5:46.67	Claire Laflamme	30	TECHNOSPO	03/20/1999	:41.59
Jane Sawchuck	30	QUE PROV	04/19/2002	6:13.79	Jane Sawchuck	30	QUE PROV	04/19/2002	:43.88
Nancee Hunter	34	CALGARY	05/18/2001	6:20.38	Elyse Cochelin	33	QUE PROV	04/19/2002	:45.69
Dawn DOB Dinsdale	31	Provincial	04/06/2003	6:20.88	Bridget Carey	32	TECH	01/22/2005	:46.89
800 Free	Club Rec: 8:44.79	Jacques, Sylvie			Laurie (dob) Weir	30	TECH	04/09/2005	:47.73
Sylvie Jacques	33	QUE PROV	04/21/2006	8:44.79	Carol Mothersill	34	TECH	11/04/2006	:48.80
Nikki (dob) Brackstone	32	TECK	12/06/2003	10:37.43	Chantal DOB Mercier	30	Provincial	04/06/2003	:51.34
Nancy Irvin	30	TECHNOSPO	02/08/1997	10:47.67	Nadja Roy	34	OTTAWA-TE	10/16/1999	:53.13
Nadja Roy	31	TECHNOSPO	02/08/1997	11:25.43	Cara Moran	30	TECK	03/16/2002	:53.97
Bridget Carey	31		02/21/2004	12:04.02	100 Breast	Club Rec: 1:29.96	Brackstone, Nikki (dob)		
Laurie Strano	32	QUE PROV	04/21/2006	12:06.86	Nikki (dob) Brackstone	32	TECH	11/23/2003	1:29.96
Stephanie Phaneuf	32	Provincial	04/06/2003	13:17.63	Margot Hall	31	QUE PROV	04/21/2006	1:30.46
Dawn DOB Dinsdale	31	Provincial	04/06/2003	13:19.44	Sylvie Jacques	33	QUE PROV	04/21/2006	2:09.72
Marian (dob?) Coke	34	TECH	12/08/2001	14:03.12	200 Breast	Club Rec: 3:09.54	Hall, Margot		
Julie Beaulieu	31	TECH-OTTA	02/23/2001	14:32.04	Margot Hall	31	QUE PROV	04/21/2006	3:09.54
1500 Free	Club Rec: 21:06.11	Roy, Nadja			Isabelle Coda	31	Provincial	04/06/2003	3:16.73
Nadja Roy	31	MONTREAL	06/26/1997	21:06.11	Sylvie Jacques	33	QUE PROV	04/21/2006	4:29.77
Carolyn Stewart	33	VICTORIA	05/19/1995	21:51.22	50 Fly	Club Rec: :33.64	Pepper, Karen		
Margot Hall	31	QUE PROV	04/21/2006	22:25.11	Karen Pepper	31	ETOBICOKE	03/13/1998	:33.64
Carol Mothersill	33	NATIONALS	05/20/2005	23:25.88	Nikki Clarke	33	TECH	01/17/2004	:33.92
Jenn Gilbert	30	Nationals	05/16/2003	23:50.99	Claire Laflamme	30	Nat99	05/14/1999	:34.04
Nancee Hunter	34	TROIS	04/20/2001	24:07.13	Nancy Irvin	30	TECHNOSPO	01/11/1997	:34.52
Ann Duguay	31	Nat99	05/14/1999	26:31.22	Margot Hall	30	NATIONALS	05/20/2005	:35.16
Nathalie Ayotte	30	NATIONALS	05/20/2005	26:53.49	Colleen Patterson	33	TECHNOSPO	10/17/1998	:35.29
Jennifer Koussaya-Kent	34	QUE PROV	04/21/2006	31:36.17	Whitney Bond	34	TECH	01/17/2004	:35.53
Sylvie Jacques	33	QUE PROV	04/21/2006	33:20.75	Laurie Strano	30	QUE PROV	04/03/2004	:37.16
50 Back	Club Rec: :34.18	Pepper, Karen			Elyse Cochelin	33	QUE PROV	04/19/2002	:37.20
Karen Pepper	31	ETOBICOKE	03/13/1998	:34.18	Jane Sawchuck	31	Provincial	04/06/2003	:38.30
Carole (dob) Michon	30	TECH	11/04/2006	:34.48	100 Fly	Club Rec: 1:15.15	Clarke, Nikki		
Colleen Patterson	34	OTTAWA-TE	10/16/1999	:36.16	Nikki Clarke	33	TECH	03/13/2004	1:15.15
Laurie Strano	30	QUE PROV	04/03/2004	:37.05	Nancy Irvin	30	MONTREAL	06/26/1997	1:15.87
Isabelle Coda	31	Nationals	05/16/2003	:38.08	Isabelle Coda	31	Nationals	05/16/2003	1:19.64
Claire Laflamme	30	TECHNOSPO	04/17/1999	:39.19	Claire Laflamme	30	Nat99	05/14/1999	1:19.67
Bridget Carey	30	Nationals	05/16/2003	:39.37	Bridget Carey	31	TECH	11/22/2004	1:25.46
Elyse Cochelin	33	QUE PROV	04/19/2002	:40.15	Jane Sawchuck	31	Nationals	05/16/2003	1:27.50
Carol Mothersill	33	NATIONALS	05/20/2005	:40.28	Nadja Roy	30	HULL	03/30/1996	1:32.67
Cara Moran	30	QUE PROV	04/19/2002	:45.34	Allison Padova	32	TECH	11/22/2004	1:44.31
100 Back	Club Rec: 1:11.30	Pepper, Karen			200 Fly	Club Rec: 2:55.87	Irvin, Nancy		
Karen Pepper	31	ETOBICOKE	03/13/1998	1:11.30	Nancy Irvin	32	ETOBICOKE	03/13/1998	2:55.87
Claire Laflamme	30	Nat99	05/14/1999	1:18.65	Isabelle Coda	31	Nationals	05/16/2003	2:59.22
Isabelle Coda	31	Nationals	05/16/2003	1:21.05	Bridget Carey	32	NATIONALS	05/20/2005	3:10.06
Colleen Patterson	34	TECH-OTTA	11/20/1999	1:23.31	Jane Sawchuck	31	Nationals	05/16/2003	3:17.78
Laurie Strano	32	QUE PROV	04/21/2006	1:24.32	Carol Mothersill	34	QUE PROV	04/21/2006	3:42.92
Bridget Carey	30	Nationals	05/16/2003	1:26.06	100 IM	Club Rec: 1:18.10	Laflamme, Claire		
Carol Mothersill	34	QUE PROV	04/21/2006	1:28.76	Claire Laflamme	30	Nat99	05/14/1999	1:18.10
Nadja Roy	31	TECHNOSPO	11/01/1996	1:38.32	Isabelle Coda	31	Nationals	05/16/2003	1:18.59
Dawn DOB Dinsdale	31	Provincial	04/06/2003	1:41.18	Nikki Clarke	33	TECH	01/17/2004	1:18.63
Cara Moran	30	QUE PROV	04/19/2002	1:41.27	Colleen Patterson	33	TECHNOSPO	10/17/1998	1:22.06
200 Back	Club Rec: 2:36.97	Pepper, Karen			Laurie Strano	30	QUE PROV	04/03/2004	1:22.14
Karen Pepper	31	ETOBICOKE	03/13/1998	2:36.97	Margot Hall	30	TECH SPRIN	10/22/2005	1:22.30
Isabelle Coda	31	Provincial	04/06/2003	2:50.73	Bridget Carey	32	NATIONALS	05/20/2005	1:23.29
Carol Mothersill	33	NATIONALS	05/20/2005	3:02.73	Jane Sawchuck	31	Provincial	04/06/2003	1:24.00
Bridget Carey	31	QUE PROV	04/03/2004	3:08.75	Carol Mothersill	33	QUE PROV	04/15/2005	1:24.45
Cara Moran	30	QUE PROV	04/19/2002	3:37.50	Elyse Cochelin	33	QUE PROV	04/19/2002	1:25.58
Dawn DOB Dinsdale	31	Provincial	04/06/2003	3:55.62					
Nancee Hunter	34	TROIS	04/20/2001	4:21.09					
Silvia Valdman	33	Provincial	04/06/2003	5:14.75					

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200 IM	Club Rec: 2:44.85	Brackstone, Nikki (dob)	Kristi Farrier	36	QUE PROV	04/03/2004	6:01.48
Nikki (dob) Brackstone	32	TECH 11/23/2003 2:44.85	Whitney Bond	36	QUE PROV	04/21/2006	6:06.14
Nikki Clarke	33	TECH 01/17/2004 2:45.75	Susan Kelly	35	QUE PROV	04/21/2006	6:07.19
Sheryl Slater	31	OTTAWA-TE 03/18/2000 2:48.31	Barbara Allen	35	QUE PROV	04/19/2002	6:35.09
Isabelle Coda	31	Nationals 05/16/2003 2:50.35	Lisa Gauthier	36	Provincial	04/06/2003	6:36.27
Whitney Bond	34	TECH 03/13/2004 2:51.17	800 Free	Club Rec: 10:38.24	Patterson, Colleen		
Margot Hall	31	QUE PROV 04/21/2006 2:58.37	Colleen Patterson	36	TECH-OTTA	02/23/2001	10:38.24
Bridget Carey	31	QUE PROV 04/03/2004 2:58.45	Carolyn Stewart	39	TECH-OTTA	06/09/2001	11:10.69
Laurie Strano	30	QUE PROV 04/03/2004 3:02.29	Lynne Bermel	39	Nat99	05/14/1999	11:50.06
Carol Mothersill	34	QUE PROV 04/21/2006 3:05.46	Susan Kelly	35	QUE PROV	04/21/2006	12:47.54
Jane Sawchuck	31	Provincial 04/06/2003 3:06.07	Betsy Simpson	39	QUE PROV	04/03/2004	13:22.07
400 IM	Club Rec: 6:00.14	Coda, Isabelle	Barbara Allen	36	Nationals	05/16/2003	13:32.64
Isabelle Coda	31	Nationals 05/16/2003 6:00.14	Lisa Gauthier	36	Provincial	04/06/2003	14:16.08
Margot Hall	31	QUE PROV 04/21/2006 6:21.66	Andrea Khan	36	QUE PROV	04/03/2004	16:20.81
Jane Sawchuck	31	Nationals 05/16/2003 6:33.82	1500 Free	Club Rec: 20:20.62	McArton, Jennifer		
Carol Mothersill	34	QUE PROV 04/21/2006 6:43.41	Jennifer McArton	38	QUE PROV	04/21/2006	20:20.62
Female 35 to 39			Carolyn Stewart	39	ETOBICOKE	04/01/2001	21:31.32
25 Free			Lynne Bermel	38	TECHNOSPO	12/12/1998	22:04.50
Ceilidh Snider	37	TECH 10/20/2001 :16.25	Beverly White	37	Nat99	05/14/1999	22:11.75
Jennifer Allison	35	QUE PROV 04/21/2006 :38.04	Barbara Allen	36	Provincial	04/06/2003	25:20.21
50 Free	Club Rec: :30.86	Patterson, Colleen	Betsy Simpson	39		02/21/2004	26:08.37
Colleen Patterson	35	TECH-OTTA 10/21/2000 :30.86	Ceilidh Snider	38	QUE PROV	04/19/2002	27:09.31
Jennifer McArton	38	Tech 01/07/2006 :31.79	Lisa Gauthier	36	Provincial	04/06/2003	27:12.11
France Renaud	36	ETOBICOKE 04/28/1996 :32.14	Judy Ginsburg	38	MONTREAL	06/26/1997	28:53.74
Kristi Farrier	36	QUE PROV 04/03/2004 :32.28	50 Back	Club Rec: :34.79	McArton, Jennifer		
Betsy Simpson	39	QUE PROV 04/03/2004 :33.24	Jennifer McArton	38	QUE PROV	04/21/2006	:34.79
Susan Kelly	35	QUE PROV 04/21/2006 :34.20	Colleen Patterson	35	TECH-OTTA	10/21/2000	:37.23
Dominique Champeau	39	CARELTON 01/13/1996 :35.02	France Renaud	36	ETOBICOKE	04/28/1996	:37.39
Lisa Gauthier	36	Nationals 05/16/2003 :35.06	Betsy Simpson	39		02/21/2004	:40.36
Barbara Allen	36	Nationals 05/16/2003 :35.94	Kristi Farrier	38	QUE PROV	04/21/2006	:40.56
Whitney Bond	36	QUE PROV 04/21/2006 :35.99	Jane Taber	39	TECHNOSPO	03/08/1997	:41.93
100 Free	Club Rec: 1:07.55	Patterson, Colleen	Dominique Champeau	39	CARELTON	01/13/1996	:42.99
Colleen Patterson	35	TECH-OTTA 10/21/2000 1:07.55	Lisa Gauthier	36	Nationals	05/16/2003	:45.02
Jennifer McArton	38	Tech 01/07/2006 1:08.90	Vicky Smallman	36	TECH	03/13/2004	:45.53
Carolyn Stewart	39	TECH 11/17/2001 1:12.79	Barbara Allen	36	Nationals	05/16/2003	:46.19
Beverly White	37	Nat99 05/14/1999 1:13.38	100 Back	Club Rec: 1:16.09	McArton, Jennifer		
Kristi Farrier	36	QUE PROV 04/03/2004 1:13.69	Jennifer McArton	38	QUE PROV	04/21/2006	1:16.09
France Renaud	36	ETOBICOKE 04/28/1996 1:14.40	France Renaud	36	ETOBICOKE	04/28/1996	1:24.31
Susan Kelly	35	QUE PROV 04/21/2006 1:15.84	Betsy Simpson	39	QUE PROV	04/03/2004	1:30.13
Betsy Simpson	39	QUE PROV 04/03/2004 1:17.37	Jane Taber	38	TECHNOSPO	11/01/1996	1:35.17
Dominique Champeau	39	CARELTON 01/13/1996 1:18.16	Dominique Champeau	39	ETOBICOKE	04/28/1996	1:36.45
Donna (dob) Woodman	39	TECH 11/04/2006 1:19.17	Vicky Smallman	36	TECH	03/13/2004	1:37.54
200 Free	Club Rec: 2:31.61	McArton, Jennifer dob	Lisa Gauthier	36	Nationals	05/16/2003	1:38.31
Jennifer McArton	37	TECH 11/26/2005 2:31.61	Barbara Allen	36	Nationals	05/16/2003	1:39.69
Colleen Patterson	35	OTTAWA-TE 02/12/2000 2:34.99	Ceilidh Snider	37	TROIS	04/20/2001	1:47.73
Carolyn Stewart	39	CALGARY 05/18/2001 2:35.40	Jennifer Allison	35	QUE PROV	04/21/2006	2:02.47
Beverly White	37	Nat99 05/14/1999 2:41.12	200 Back	Club Rec: 2:45.25	McArton, Jennifer		
Kristi Farrier	36	TECH 03/13/2004 2:45.29	Jennifer McArton	38	QUE PROV	04/21/2006	2:45.25
Dominique Champeau	39	VICTORIA 05/19/1995 2:49.01	France Renaud	36	ETOBICOKE	04/28/1996	3:05.03
Donna (dob) Woodman	39	TECH 11/04/2006 2:52.53	Dominique Champeau	39	VICTORIA	05/19/1995	3:19.83
Lisa Gauthier	36	Nationals 05/16/2003 2:52.99	Betsy Simpson	39	QUE PROV	04/03/2004	3:20.71
Susan Kelly	35	TECH 11/04/2006 2:54.22	Barbara Allen	35	QUE PROV	04/19/2002	3:36.70
Barbara Allen	36	Provincial 04/06/2003 2:58.53	50 Breast	Club Rec: :42.53	McArton, Jennifer dob		
400 Free	Club Rec: 5:17.79	McArton, Jennifer dob	Jennifer McArton	37	TECH SPRIN	10/22/2005	:42.53
Jennifer McArton	37	TECH 11/26/2005 5:17.79	Jane Taber	39	TECHNOSPO	03/08/1997	:44.82
Colleen Patterson	35	OTTAWA-TE 02/12/2000 5:17.95	Ceilidh Snider	37	TROIS	04/20/2001	:45.61
Carolyn Stewart	39	ETOBICOKE 04/01/2001 5:19.34	Dominique Champeau	39	ETOBICOKE	04/28/1996	:47.39
Beverly White	37	Nat99 05/14/1999 5:40.33	Andrea Khan	36	QUE PROV	04/03/2004	:47.91
Dominique Champeau	39	VICTORIA 05/19/1995 5:59.75	Lisa Gauthier	38		03/12/2005	:49.37
			Judy Ginsburg	37	CARELTON	01/13/1996	:53.64

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Vicky Smallman	35	Provincial	04/06/2003	:57.98	Betsy Simpson	41	QUE PROV	04/21/2006	1:16.69
Sylvie Begin	39	VICTORIA	05/19/1995	1:03.93	Natalie (dob) Theriault	41	TECH	01/22/2005	1:16.72
100 Breast	Club Rec: 1:38.35	Taber, Jane			Julia Konzuk	42	QUE PROV	04/21/2006	1:18.67
Jane Taber	39	TECHNOSPO	04/12/1997	1:38.35	Celine Morin	44	QUE PROV	04/21/2006	1:19.42
Ceilidh Snider	37	TROIS	04/20/2001	1:42.71	Wendy Milford	44	NATIONALS	05/20/2005	1:21.17
Andrea Khan	36	QUE PROV	04/03/2004	1:44.78	Su Webster	42	Provincial	04/06/2003	1:22.39
Dominique Champeau	39	HULL	03/30/1996	1:48.07	200 Free	Club Rec: 2:35.23	Deliencourt, Sylvie		
50 Fly	Club Rec: :32.98	McArton, Jennifer			Sylvie Deliencourt	44	Rideauspee	02/19/2005	2:35.23
Jennifer McArton	38	QUE PROV	04/21/2006	:32.98	Carolyn Stewart	43	NATIONALS	05/20/2005	2:39.83
Colleen Patterson	35	TECH-OTTA	10/21/2000	:34.81	Genevieve Mackwood	44	TECH	11/22/2004	2:40.04
Kristi Farrier	36	QUE PROV	04/03/2004	:37.19	Dominique Champeau	41	BRANTFORD	05/25/1997	2:41.56
Donna (dob) Woodman	39	TECH	11/04/2006	:39.17	Betsy Simpson	40	NATIONALS	05/20/2005	2:51.77
Dominique Champeau	39	ETOBICOKE	04/28/1996	:39.69	Su Webster	42	Provincial	04/06/2003	2:53.64
Beverly White	37	Nat99	05/14/1999	:40.15	Kathleen Milne	44	VICTORIA	05/19/1995	2:59.39
Jane Taber	39	TECHNOSPO	10/01/1997	:40.34	Julia Konzuk	41	NATIONALS	05/20/2005	3:03.58
Susan Kelly	35	TECH	11/04/2006	:41.63	Wendy Milford	44	NATIONALS	05/20/2005	3:03.92
Vicky Smallman	35	Provincial	04/06/2003	:54.51	Karen Green	44	Nat99	05/14/1999	3:09.14
Ceilidh Snider	38	TECK	03/16/2002	1:46.10	400 Free	Club Rec: 5:24.94	Mackwood, Genevieve		
100 Fly	Club Rec: 1:12.10	McArton, Jennifer			Genevieve Mackwood	44	QUE PROV	04/03/2004	5:24.94
Jennifer McArton	38	QUE PROV	04/21/2006	1:12.10	Carolyn Stewart	43	NATIONALS	05/20/2005	5:25.70
Kristi Farrier	36	QUE PROV	04/03/2004	1:28.60	Dominique Champeau	41	BRANTFORD	05/25/1997	5:42.50
Carolyn Stewart	39	CALGARY	05/18/2001	1:37.46	Celine Morin	44	QUE PROV	04/21/2006	6:09.22
Vicky Smallman	36	TECH	03/13/2004	1:55.44	Julia Konzuk	42	QUE PROV	04/21/2006	6:12.80
200 Fly	Club Rec: 2:47.37	McArton, Jennifer			Betsy Simpson	41	QUE PROV	04/21/2006	6:13.23
Jennifer McArton	38	QUE PROV	04/21/2006	2:47.37	Wendy Milford	44	TECH	04/09/2005	6:39.49
100 IM	Club Rec: 1:19.56	McArton, Jennifer dob			Sylvie Begin	43	Nat99	05/14/1999	6:44.95
Jennifer McArton	37	TECH SPRIN	10/22/2005	1:19.56	Marianne Quain	42	TECHNOSPO	12/13/1997	6:45.57
Colleen Patterson	35	TECH-OTTA	10/21/2000	1:22.82	Karen Green	44	OTTAWA	06/05/1999	6:49.56
Kristi Farrier	37	TECH SPRIN	10/22/2005	1:27.37	800 Free	Club Rec: 11:12.94	Stewart, Carolyn		
Dominique Champeau	39	ETOBICOKE	04/28/1996	1:28.54	Carolyn Stewart	43	NATIONALS	05/20/2005	11:12.94
Jane Taber	39	TECHNOSPO	01/11/1997	1:29.69	Genevieve Mackwood	44	QUE PROV	04/03/2004	11:18.37
Carolyn Stewart	39	TECH-OTT	04/28/2001	1:33.49	Sylvie Deliencourt	42	TECK	12/06/2003	11:37.32
Barbara Allen	36	Provincial	04/06/2003	1:39.97	Dominique Champeau	41	MONTREAL	06/26/1997	11:58.19
Ceilidh Snider	37	TECH	10/20/2001	1:40.17	Su Webster	42	Provincial	04/06/2003	12:43.10
Vicky Smallman	35	Provincial	04/06/2003	1:46.34	Julia Konzuk	41	NATIONALS	05/20/2005	12:54.76
200 IM	Club Rec: 2:50.61	McArton, Jennifer dob			Betsy Simpson	41	QUE PROV	04/21/2006	13:02.46
Jennifer McArton	37	TECH	11/26/2005	2:50.61	Marianne Quain	44	TECHNOSPO	02/20/1999	13:31.78
Jane Taber	38	TECHNOSPO	11/01/1996	3:20.48	Celine Morin	44	TECH	01/28/2006	13:34.37
Dominique Champeau	39	ETOBICOKE	04/28/1996	3:26.10	Karen Green	44	OTTAWA	06/05/1999	13:42.95
Vicky Smallman	35	TECH	11/23/2003	3:44.49	1500 Free	Club Rec: 21:59.52	Mackwood, Genevieve dob		
400 IM	Club Rec: 7:10.41	Stewart, Carolyn			Genevieve Mackwood	44		02/21/2004	21:59.52
Carolyn Stewart	39	CALGARY	05/18/2001	7:10.41	Carolyn Stewart	43	NATIONALS	05/20/2005	22:04.43
Female 40 to 44					Dominique Champeau	41	MONTREAL	06/26/1997	23:25.97
50 Free	Club Rec: :29.54	Deliencourt, Sylvie			Celine Morin	44	QUE PROV	04/21/2006	24:11.13
Sylvie Deliencourt	44	NATIONALS	05/20/2005	:29.54	Julia Konzuk	42	QUE PROV	04/21/2006	24:16.98
Betsy Simpson	40	NATIONALS	05/20/2005	:31.23	Su Webster	43		02/21/2004	24:26.84
Dominique Champeau	40	TECHNOSPO	04/12/1997	:31.70	Marianne Quain	43	TECHNOSPO	12/12/1998	26:24.53
Carolyn Stewart	44	TECH	04/08/2006	:34.63	Mary Linda Jarvis	40	QUE PROV	04/21/2006	28:55.27
Natalie (dob) Theriault	41	TECH	01/22/2005	:34.80	Valerie Turchan	42	QUE PROV	04/21/2006	32:10.31
Genevieve Mackwood	44	TECH	03/13/2004	:35.06	Carolina Palacios	43	Nat99	05/14/1999	35:57.09
Celine Morin	44	QUE PROV	04/21/2006	:35.70	50 Back	Club Rec: :36.70	Deliencourt, Sylvie		
Kathleen Milne	44	VICTORIA	05/19/1995	:35.83	Sylvie Deliencourt	44	NATIONALS	05/20/2005	:36.70
Julia Konzuk	41		03/12/2005	:37.19	Betsy Simpson	40	NATIONALS	05/20/2005	:38.85
Wendy Milford	44	NATIONALS	05/20/2005	:37.21	Dominique Champeau	40	HULL	03/22/1997	:40.20
100 Free	Club Rec: 1:06.28	Deliencourt, Sylvie			Jane Taber	42	Nat99	05/14/1999	:40.20
Sylvie Deliencourt	43	QUE PROV	04/03/2004	1:06.28	Marie Anzai	40	QUE PROV	04/21/2006	:41.10
Carolyn Stewart	40	QUE PROV	04/19/2002	1:11.32	Pamela Lemay	43	VICTORIA	05/19/1995	:43.57
Dominique Champeau	41	MONTREAL	06/26/1997	1:13.30	Julia Konzuk	42	TECH	04/08/2006	:46.44
Genevieve Mackwood	44	QUE PROV	04/03/2004	1:15.06	Celine Morin	44	QUE PROV	04/21/2006	:47.70
					Wendy Milford	44	Rideauspee	02/19/2005	:47.73

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Marianne Quain	44	Nat99	05/14/1999	:49.43	200 Fly	Club Rec: 3:39.68	Milne, Kathleen		
100 Back	Club Rec: 1:24.35	Delieucourt, Sylvie			Kathleen Milne	44	VICTORIA	05/19/1995	3:39.68
Sylvie Delieucourt	44	TECH	04/09/2005	1:24.35	Pamela Lemay	43	VICTORIA	05/19/1995	3:49.06
Betsy Simpson	40		03/12/2005	1:26.97	100 IM	Club Rec: 1:17.42	Delieucourt, Sylvie		
Dominique Champeau	41	BRANTFORD	05/25/1997	1:27.25	Sylvie Delieucourt	44	Rideauspee	02/19/2005	1:17.42
Pamela Lemay	43	VICTORIA	05/19/1995	1:33.37	Jane Taber	42	Nat99	05/14/1999	1:24.23
Wendy Milford	44	NATIONALS	05/20/2005	1:44.61	Dominique Champeau	40	HULL	03/22/1997	1:27.05
Cathy Pruefer	41	QUE PROV	04/03/2004	1:58.03	Pamela Lemay	43	VICTORIA	05/19/1995	1:31.50
Valerie Turchan	42	QUE PROV	04/21/2006	2:17.38	Wendy Milford	43	TECH	10/16/2004	1:42.39
200 Back	Club Rec: 2:57.49	Anzai, Marie			Mary Linda Jarvis	40	QUE PROV	04/21/2006	1:57.29
Marie Anzai	40	QUE PROV	04/21/2006	2:57.49	200 IM	Club Rec: 2:52.77	Delieucourt, Sylvie (dob)		
Sylvie Delieucourt	43	QUE PROV	04/03/2004	3:03.04	Sylvie Delieucourt	43		02/21/2004	2:52.77
Betsy Simpson	40	NATIONALS	05/20/2005	3:12.84	Marie Anzai	40	QUE PROV	04/21/2006	2:58.21
Pamela Lemay	43	VICTORIA	05/19/1995	3:26.03	Jane Taber	42	Nat99	05/14/1999	3:09.48
Wendy Milford	44	Rideauspee	02/19/2005	3:58.04	Genevieve Mackwood	44	TECH	11/22/2004	3:10.06
50 Breast	Club Rec: :42.29	Delieucourt, Sylvie (dob)			Dominique Champeau	40	HULL	03/22/1997	3:12.14
Sylvie Delieucourt	43	TECH	01/17/2004	:42.29	Pamela Lemay	43	VICTORIA	05/19/1995	3:21.56
Genevieve Mackwood	44	QUE PROV	04/03/2004	:43.76	Julia Konzuk	42	QUE PROV	04/21/2006	3:32.90
Natalie (dob) Theriault	41	TECH	01/22/2005	:43.92	Wendy Milford	44		03/12/2005	3:49.19
Jane Taber	41	ETOBICOKE	03/13/1998	:43.96	Female 45 to 49				
Kathleen Milne	44	VICTORIA	05/19/1995	:44.35	50 Free	Club Rec: :29.62	Delieucourt, Sylvie		
Wendy Milford	44	NATIONALS	05/20/2005	:44.42	Sylvie Delieucourt	45	RIDEAU	02/19/2006	:29.62
Julia Konzuk	41	NATIONALS	05/20/2005	:46.02	Pamela Lemay	49	HALIFAX,	05/12/2000	:33.89
Dominique Champeau	40	TECHNOSPO	03/08/1997	:47.03	Kathleen Milne	46	MONTREAL	06/26/1997	:34.41
Celine Morin	44	QUE PROV	04/21/2006	:48.49	Genevieve Mackwood	45	Rideauspee	02/19/2005	:35.18
Mary Linda Jarvis	40	QUE PROV	04/21/2006	:49.03	Karen Green	45	HALIFAX,	05/12/2000	:36.78
100 Breast	Club Rec: 1:31.08	Delieucourt, Sylvie (dob)			Margaret Bakish	48	OTTAWA Y	11/08/1997	:36.81
Sylvie Delieucourt	43	TECH	01/17/2004	1:31.08	Marianne Quain	45	OTTAWA-TE	05/06/2000	:38.16
Marie Anzai	40	QUE PROV	04/21/2006	1:31.42	Wendy Milford	45	TECH	11/04/2006	:39.00
Jane Taber	42	Nat99	05/14/1999	1:33.53	Sylvie Lanctot	45	STE FOY	04/14/2000	:40.64
Genevieve Mackwood	44	QUE PROV	04/03/2004	1:34.15	Diane Lacaille	48	QUE PROV	04/03/2004	:40.85
Kathleen Milne	44	VICTORIA	05/19/1995	1:37.42	100 Free	Club Rec: 1:06.78	Delieucourt, Sylvie		
Natalie (dob) Theriault	41	TECH	01/22/2005	1:38.79	Sylvie Delieucourt	45	QUE PROV	04/21/2006	1:06.78
Wendy Milford	44	NATIONALS	05/20/2005	1:40.13	Genevieve Mackwood	45	Rideauspee	02/19/2005	1:15.74
Julia Konzuk	41	NATIONALS	05/20/2005	1:41.53	Kathleen Milne	49	STE FOY	04/14/2000	1:20.48
Dominique Champeau	40	TECHNOSPO	03/08/1997	1:43.39	Pamela Lemay	49	OTTAWA-TE	01/15/2000	1:21.31
Celine Morin	44	QUE PROV	04/21/2006	1:45.66	Karen Green	45	STE FOY	04/14/2000	1:22.10
200 Breast	Club Rec: 3:17.79	Mackwood, Genevieve			Margaret Bakish	46	ARNPRIOR	03/24/1996	1:22.12
Genevieve Mackwood	44	QUE PROV	04/03/2004	3:17.79	Wendy Milford	45	QUE PROV	04/21/2006	1:22.44
Jane Taber	42	Nat99	05/14/1999	3:25.49	Marianne Quain	48	TECH	11/23/2003	1:26.02
Wendy Milford	44	NATIONALS	05/20/2005	3:41.77	Diane Lacaille	49	QUE PROV	04/15/2005	1:27.99
Julia Konzuk	41	NATIONALS	05/20/2005	3:42.60	Paula Hickman	46	TECHNOSPO	01/11/1997	1:32.85
Mary Linda Jarvis	40	QUE PROV	04/21/2006	3:58.82	200 Free	Club Rec: 2:40.06	Delieucourt, Sylvie		
50 Fly	Club Rec: :33.36	Delieucourt, Sylvie (dob)			Sylvie Delieucourt	45	TECH	11/04/2006	2:40.06
Sylvie Delieucourt	43		02/21/2004	:33.36	Genevieve Mackwood	45	QUE PROV	04/15/2005	2:41.23
Dominique Champeau	41	MONTREAL	06/26/1997	:37.16	Pamela Lemay	49	HALIFAX,	05/12/2000	2:51.41
Jane Taber	42	Nat99	05/14/1999	:39.01	Kathleen Milne	48	Nat99	05/14/1999	2:53.66
Pamela Lemay	43	VICTORIA	05/19/1995	:39.56	Karen Green	45	HALIFAX,	05/12/2000	3:01.80
Kathleen Milne	44	VICTORIA	05/19/1995	:39.68	Marianne Quain	45	OTTAWA-TE	05/06/2000	3:10.59
Marianne Quain	43	TECHNOSPO	10/17/1998	:43.16	Diane Lacaille	49	NATIONALS	05/20/2005	3:21.77
Mary Linda Jarvis	40	TECH	04/08/2006	1:07.66	Paula Hickman	48	TECHNOSPO	11/14/1998	3:23.90
100 Fly	Club Rec: 1:15.98	Delieucourt, Sylvie			Anne Marie Carter	49	TECH	11/22/2004	3:24.63
Sylvie Delieucourt	44	NATIONALS	05/20/2005	1:15.98	Hazel Ulyatt	48	NATIONALS	05/20/2005	3:46.65
Jane Taber	42	Nat99	05/14/1999	1:29.17	400 Free	Club Rec: 5:27.71	Mackwood, Genevieve		
Dominique Champeau	40	TECHNOSPO	11/01/1996	1:34.18	Genevieve Mackwood	45	NATIONALS	05/20/2005	5:27.71
Kathleen Milne	44	VICTORIA	05/19/1995	1:34.61	Kathleen Milne	47	ETOBICOKE	03/13/1998	6:07.92
					Pamela Lemay	49	STE FOY	04/14/2000	6:17.64
					Karen Green	45	HALIFAX,	05/12/2000	6:32.32
					Margaret Bakish	49	TECHNOSPO	11/14/1998	6:34.09

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Wendy Milford	45	QUE PROV	04/21/2006	6:34.29	100 Breast	Club Rec: 1:29.06	Deliecourt, Sylvie		
Marianne Quain	48	TECH	11/23/2003	6:38.82	Sylvie Deliecourt	45	QUE PROV	04/21/2006	1:29.06
Diane Lacaille	49	NATIONALS	05/20/2005	6:53.61	Genevieve Mackwood	45	QUE PROV	04/15/2005	1:35.82
Paula Hickman	46	TECHNOSPO	04/12/1997	6:54.81	Wendy Milford	45	QUE PROV	04/21/2006	1:37.31
Anne Marie Carter	49	TECH	11/22/2004	7:07.34	Margaret Bakish	46	OTTAWA Y	10/28/1995	1:39.15
800 Free	Club Rec: 11:25.17	Mackwood, Genevieve			Kathleen Milne	48	TROIS	04/16/1999	1:39.45
Genevieve Mackwood	45	Rideauspee	02/19/2005	11:25.17	Pamela Lemay	45	TECHNOSPO	11/01/1996	1:52.13
Kathleen Milne	48	Nat99	05/14/1999	12:44.63	Diane Lacaille	47	Nationals	05/16/2003	1:52.94
Pamela Lemay	47	TECHNOSPO	12/12/1998	13:18.12	Anne Marie Carter	49	TECH	11/22/2004	2:03.60
Wendy Milford	45	QUE PROV	04/21/2006	13:26.55	200 Breast	Club Rec: 3:21.52	Mackwood, Genevieve		
Marianne Quain	46	TECH	12/08/2001	13:35.52	Genevieve Mackwood	45	Rideauspee	02/19/2005	3:21.52
Karen Green	45	HALIFAX,	05/12/2000	13:43.97	Wendy Milford	45	QUE PROV	04/21/2006	3:29.41
Paula Hickman	48	TECHNOSPO	02/07/1998	13:54.27	Kathleen Milne	48	TECH-OTTA	11/20/1999	3:39.52
Sylvie Begin	45	TECH-OTTA	02/23/2001	14:07.36	Diane Lacaille	47	Nationals	05/16/2003	4:03.93
Anne Marie Carter	49	TECH	12/08/2004	14:15.89	50 Fly	Club Rec: :33.53	Deliecourt, Sylvie		
Diane Lacaille	45	TROIS	04/20/2001	15:16.95	Sylvie Deliecourt	45	QUE PROV	04/21/2006	:33.53
1500 Free	Club Rec: 21:31.68	Mackwood, Genevieve			Kathleen Milne	46	MONTREAL	06/26/1997	:37.85
Genevieve Mackwood	45	NATIONALS	05/20/2005	21:31.68	Pamela Lemay	46	MONTREAL	06/26/1997	:40.32
Kathleen Milne	48	OTTAWA	06/05/1999	24:14.20	Genevieve Mackwood	46	Tech	01/07/2006	:42.83
Pamela Lemay	46	TECHNOSPO	12/13/1997	25:29.43	Marianne Quain	45	OTTAWA-TE	05/06/2000	:44.70
Paula Hickman	46	HULL	03/22/1997	25:57.65	Karen Green	45	OTTAWA-TE	05/06/2000	:47.55
Marianne Quain	46	TECH-OTTA	06/09/2001	26:36.50	100 Fly	Club Rec: 1:18.05	Deliecourt, Sylvie		
Hazel Ulyyatt	48	NATIONALS	05/20/2005	31:29.63	Sylvie Deliecourt	45	QUE PROV	04/21/2006	1:18.05
50 Back	Club Rec: :37.12	Deliecourt, Sylvie			Kathleen Milne	48	Nat99	05/14/1999	1:30.25
Sylvie Deliecourt	45	RIDEAU	02/19/2006	:37.12	Pamela Lemay	46	MONTREAL	06/26/1997	1:41.68
Pamela Lemay	49	HALIFAX,	05/12/2000	:41.75	Marianne Quain	48	TECH	11/23/2003	1:52.02
Margaret Bakish	49	TECHNOSPO	10/17/1998	:48.24	200 Fly	Club Rec: 3:25.88	Mackwood, Genevieve		
Diane Lacaille	48	QUE PROV	04/03/2004	:49.73	Genevieve Mackwood	45	NATIONALS	05/20/2005	3:25.88
Marianne Quain	45	OTTAWA-TE	05/06/2000	:50.65	Kathleen Milne	46	TECHNOSPO	03/08/1997	3:30.91
Anne Marie Carter	49	TECH	10/16/2004	:51.68	Pamela Lemay	48	Nat99	05/14/1999	3:43.36
Kathleen Milne	47	TECHNOSPO	10/17/1998	:52.92	100 IM	Club Rec: 1:18.26	Deliecourt, Sylvie		
Hazel Ulyyatt	48	NATIONALS	05/20/2005	:58.03	Sylvie Deliecourt	45	RIDEAU	02/19/2006	1:18.26
Karen Green	45	HALIFAX,	05/12/2000	:59.46	Pamela Lemay	46	MONTREAL	06/26/1997	1:30.57
Suzanne Burtyn	46	QUE PROV	04/21/2006	1:00.08	Genevieve Mackwood	46	Tech	01/07/2006	1:32.83
100 Back	Club Rec: 1:32.45	Lemay, Pamela			Kathleen Milne	49	OTTAWA-TE	01/15/2000	1:34.20
Pamela Lemay	49	STE FOY	04/14/2000	1:31.34	Margaret Bakish	47	HULL	03/22/1997	1:36.41
Margaret Bakish	49	TECHNOSPO	11/14/1998	1:46.46	Wendy Milford	45	QUE PROV	04/21/2006	1:37.06
Anne Marie Carter	49	TECH	11/22/2004	1:48.79	Karen Green	45	HALIFAX,	05/12/2000	1:45.41
Diane Lacaille	45	TROIS	04/20/2001	1:57.01	Diane Lacaille	47	Nationals	05/16/2003	1:49.87
Cathy Brooks	49	TECK	03/16/2002	2:20.32	200 IM	Club Rec: 3:10.26	Mackwood, Genevieve		
Suzanne Burtyn	46	QUE PROV	04/21/2006	2:20.76	Genevieve Mackwood	46	QUE PROV	04/21/2006	3:10.26
Hazel Ulyyatt	49	QUE PROV	04/21/2006	2:26.59	Pamela Lemay	46	MONTREAL	06/26/1997	3:19.76
200 Back	Club Rec: 3:05.93	Deliecourt, Sylvie			Kathleen Milne	49	TECH-OTTA	11/25/2000	3:28.63
Pamela Lemay	48	Nat99	05/14/1999	2:22.60	Margaret Bakish	49	TECHNOSPO	11/14/1998	3:36.08
Sylvie Deliecourt	45	RIDEAU	02/19/2006	3:05.93	Diane Lacaille	49	QUE PROV	04/15/2005	3:58.65
Diane Lacaille	49	NATIONALS	05/20/2005	4:05.66	400 IM	Club Rec: 6:37.43	Mackwood, Genevieve		
Suzanne Burtyn	46	QUE PROV	04/21/2006	5:19.83	Genevieve Mackwood	45	NATIONALS	05/20/2005	6:37.43
Hazel Ulyyatt	49	QUE PROV	04/21/2006	5:26.52	Pamela Lemay	48	TECHNOSPO	04/17/1999	7:13.42
50 Breast	Club Rec: :42.10	Deliecourt, Sylvie			Female 50 to 54				
Sylvie Deliecourt	45	TECH	11/04/2006	:42.10	25 Free				
Kathleen Milne	48	Nat99	05/14/1999	:42.82	Kathleen Milne	50	TECH	10/20/2001	:16.11
Wendy Milford	45	QUE PROV	04/21/2006	:43.29	Margaret Bakish	52	TECH	10/20/2001	:16.38
Margaret Bakish	47	HULL	03/22/1997	:43.67	Lynda Hickman	51	TECH	10/20/2001	:20.02
Genevieve Mackwood	45	Rideauspee	02/19/2005	:43.93	Lizanne Collie	54	tech	10/18/2003	:21.74
Pamela Lemay	45	TECHNOSPO	10/19/1996	:50.58	50 Free	Club Rec: :34.81	Milne, Kathleen		
Diane Lacaille	48	QUE PROV	04/03/2004	:52.59	Kathleen Milne	50	CALGARY	05/18/2001	:34.81
Anne Marie Carter	49	TECH	10/16/2004	:55.57	Margaret Bakish	54	Provincial	04/06/2003	:35.86
Paula Hickman	46	TECHNOSPO	01/11/1997	:57.58	Patricia Angus	54	TECHNOSPO	10/17/1998	:36.20
Sylvie Lanctot	45	OTTAWA-TE	05/06/2000	:59.62	Marianne Quain	50	TECH SPRIN	10/22/2005	:39.69

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Anne Marie Carter	50	NATIONALS	05/20/2005	:40.50	Diane Lacaille	50	QUE PROV	04/21/2006	:52.94
Lynda Hickman	52	QUE PROV	04/19/2002	:41.89	Lizanne Collie	54	Provincial	04/06/2003	:53.39
Lizanne Collie	54	Provincial	04/06/2003	:46.15	Cathy Brooks	50	Nationals	05/16/2003	1:02.38
Paula Hickman	52	QUE PROV	04/19/2002	:46.68	100 Back	Club Rec: 1:39.72	Davis, Patricia		
Sylvie Begin	50	TECH	11/04/2006	:47.04	Patricia Angus	51	HULL	03/30/1996	1:39.72
Marie Baciu	52	Nationals	05/16/2003	:48.86	Margaret Bakish	52	TECH	11/17/2001	1:42.36
100 Free	Club Rec: 1:19.31	Milne, Kathleen			Kathleen Milne	50	TECH	11/17/2001	1:47.27
Kathleen Milne	50	TROIS	04/20/2001	1:19.31	Anne Marie Carter	50	NATIONALS	05/20/2005	1:50.19
Margaret Bakish	54	Provincial	04/06/2003	1:20.08	Diane Lacaille	50	QUE PROV	04/21/2006	2:00.53
Patricia Angus	51	ARNPRIOR	03/24/1996	1:21.16	Cathy Brooks	52	TECH	04/09/2005	2:16.70
Karen Green	51	QUE PROV	04/21/2006	1:29.69	200 Back	Club Rec: 4:19.46	Lacaille, Diane		
Marianne Quain	50	TECH SPRIN	10/22/2005	1:30.04	Diane Lacaille	50	QUE PROV	04/21/2006	4:19.46
Anne Marie Carter	50	NATIONALS	05/20/2005	1:30.22	Cathy Brooks	50	Nationals	05/16/2003	4:54.31
Lynda Hickman	51	TECH	10/20/2001	1:31.05	50 Breast	Club Rec: :42.73	Milne, Kathleen		
Paula Hickman	52	QUE PROV	04/19/2002	1:37.50	Kathleen Milne	52	Nationals	05/16/2003	:42.73
Sylvie Begin	50	TECH	11/04/2006	1:41.20	Margaret Bakish	52	CALGARY	05/18/2001	:43.52
Lizanne Collie	54	Provincial	04/06/2003	1:47.16	Patricia Angus	52	TECHNOSPO	10/19/1996	:48.98
200 Free	Club Rec: 2:54.96	Davis, Patricia			Anne Marie Carter	50	Rideauspee	02/19/2005	:54.55
Patricia Angus	51	ETOBICOKE	04/28/1996	2:54.96	Lizanne Collie	54	Provincial	04/06/2003	:54.57
Kathleen Milne	50	CALGARY	05/18/2001	2:55.81	Marie Baciu	52	Nationals	05/16/2003	1:08.72
Margaret Bakish	54	Nationals	05/16/2003	2:56.38	100 Breast	Club Rec: 1:34.89	Bakish, Margaret		
Lynda Hickman	52	TECK	03/16/2002	3:13.52	Margaret Bakish	54	Nationals	05/16/2003	1:34.89
Diane Lacaille	50	QUE PROV	04/21/2006	3:17.07	Kathleen Milne	53	QUE PROV	04/03/2004	1:38.12
Anne Marie Carter	50		03/12/2005	3:19.73	Patricia Angus	54	TECHNOSPO	06/20/1998	1:48.42
Sylvie Begin	50	TECH	11/04/2006	3:27.24	Lynda Hickman	52	QUE PROV	04/19/2002	1:54.20
Paula Hickman	52	QUE PROV	04/19/2002	3:32.22	Anne Marie Carter	50	NATIONALS	05/20/2005	1:55.97
Marie Baciu	52	Nationals	05/16/2003	4:28.06	Lizanne Collie	54	Provincial	04/06/2003	2:03.70
Cathy Brooks	50	Nationals	05/16/2003	4:39.24	Paula Hickman	52	QUE PROV	04/19/2002	2:04.26
400 Free	Club Rec: 6:08.37	Milne, Kathleen			Marie Baciu	52	Provincial	04/06/2003	2:26.17
Kathleen Milne	50	TROIS	04/20/2001	6:08.37	200 Breast	Club Rec: 3:26.57	Bakish, Margaret		
Patricia Angus	54	ETOBICOKE	03/13/1998	6:10.08	Margaret Bakish	54	Provincial	04/06/2003	3:26.57
Margaret Bakish	54	Provincial	04/06/2003	6:10.38	Anne Marie Carter	50	Rideauspee	02/19/2005	4:10.82
Lynda Hickman	52	TECH	04/13/2002	6:47.44	Lizanne Collie	54	Nationals	05/16/2003	4:25.92
Paula Hickman	52	QUE PROV	04/19/2002	6:58.40	Marie Baciu	52	Nationals	05/16/2003	5:04.63
Diane Lacaille	50	QUE PROV	04/21/2006	7:03.22	Cathy Brooks	52	NATIONALS	05/20/2005	5:52.55
Anne Marie Carter	50	NATIONALS	05/20/2005	7:22.95	50 Fly	Club Rec: :37.85	Milne, Kathleen		
Cathy Brooks	53	TECH	04/08/2006	9:51.47	Kathleen Milne	50	CALGARY	05/18/2001	:37.85
800 Free	Club Rec: 12:50.35	Bakish, Margaret			Patricia Angus	52	TECHNOSPO	01/11/1997	:40.89
Margaret Bakish	54	Provincial	04/06/2003	12:50.35	Marianne Quain	50	TECH SPRIN	10/22/2005	:45.07
Patricia Angus	54	TECHNOSPO	02/07/1998	12:51.86	Margaret Bakish	52	TECH	10/20/2001	:46.47
Lynda Hickman	51	TECH	12/08/2001	14:13.52	Karen Green	51	QUE PROV	04/21/2006	:50.99
Diane Lacaille	50	QUE PROV	04/21/2006	14:13.66	Lynda Hickman	52	TECK	03/16/2002	1:54.63
Anne Marie Carter	50	NATIONALS	05/20/2005	14:31.01	100 Fly	Club Rec: 1:29.86	Davis, Patricia		
Lizanne Collie	54	TECH	07/06/2003	17:03.34	Patricia Angus	51	ETOBICOKE	04/28/1996	1:29.86
Cathy Brooks	50	Nationals	05/16/2003	19:43.64	Kathleen Milne	50	TROIS	04/20/2001	1:30.51
1500 Free	Club Rec: 23:58.15	Davis, Patricia			200 Fly	Club Rec: 3:22.13	Davis, Patricia		
Patricia Angus	51	ETOBICOKE	04/28/1996	23:58.15	Patricia Angus	54	ETOBICOKE	03/13/1998	3:22.13
Kathleen Milne	50	TECH	12/08/2001	24:39.63	100 IM	Club Rec: 1:30.66	Bakish, Margaret		
Margaret Bakish	52	TECH	12/08/2001	25:43.75	Margaret Bakish	54	Nationals	05/16/2003	1:30.66
Anne Marie Carter	50	Rideauspee	02/19/2005	26:32.35	Kathleen Milne	50	CALGARY	05/18/2001	1:31.78
Lynda Hickman	52	QUE PROV	04/19/2002	26:55.29	Patricia Angus	52	TECHNOSPO	10/19/1996	1:32.45
Paula Hickman	52	QUE PROV	04/19/2002	27:14.18	Lizanne Collie	54	tech	10/18/2003	2:09.08
Lizanne Collie	54	TECH	07/06/2003	32:20.28	200 IM	Club Rec: 3:18.82	Davis, Patricia		
Cathy Brooks	53	QUE PROV	04/21/2006	38:04.31	Patricia Angus	51	ETOBICOKE	04/28/1996	3:18.82
50 Back	Club Rec: :44.15	Davis, Patricia			Margaret Bakish	53	QUE PROV	04/19/2002	3:19.78
Patricia Angus	51	ARNPRIOR	03/24/1996	:44.15	Kathleen Milne	53	TECH	03/13/2004	3:28.99
Margaret Bakish	52	TECH-OTTA	01/27/2001	:48.02	Diane Lacaille	50	QUE PROV	04/21/2006	3:53.45
Anne Marie Carter	50	Rideauspee	02/19/2005	:48.84					
Kathleen Milne	50	TECH	10/20/2001	:49.82					
Marianne Quain	50	TECH SPRIN	10/22/2005	:51.55					

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400 IM	Club Rec: 7:08.18	Davis, Patricia			100 Breast	Club Rec: 1:34.65	Bakish, Margaret		
Patricia Angus	52	MONTREAL	06/26/1997	7:08.18	Margaret Bakish	56	03/12/2005	1:34.65	
Female 55 to 59					Kathleen Milne	55	QUE PROV	04/21/2006	1:45.82
50 Free	Club Rec: :34.23	Bakish, Margaret			Patricia Angus	56	HULL, PQ	03/26/2000	1:52.74
Margaret Bakish	55	QUE PROV	04/03/2004	:34.23	Lizanne Collie	56	NATIONALS	05/20/2005	2:01.03
Kathleen Milne	55	QUE PROV	04/21/2006	:36.20	Rosine Kaley	59	QUE PROV	04/21/2006	2:43.76
Patricia Angus	55	TROIS	04/16/1999	:36.46	200 Breast	Club Rec: 3:24.89	Bakish, Margaret		
Lizanne Collie	56	TECH	11/26/2005	:50.20	Margaret Bakish	56	QUE PROV	04/15/2005	3:24.89
100 Free	Club Rec: 1:16.27	Bakish, Margaret			Patricia Angus	59	TECH	11/23/2003	4:04.13
Margaret Bakish	56	QUE PROV	04/15/2005	1:16.27	Lizanne Collie	56	NATIONALS	05/20/2005	4:22.72
Patricia Angus	55	TECHNOSPO	03/20/1999	1:21.63	50 Fly	Club Rec: :39.03	Milne, Kathleen		
Lizanne Collie	56	Rideauspee	02/19/2005	1:53.54	Kathleen Milne	55	QUE PROV	04/21/2006	:39.03
Rosine Kaley	59	QUE PROV	04/21/2006	2:24.04	Patricia Angus	56	OTTAWA-TE	05/06/2000	:41.09
200 Free	Club Rec: 2:51.45	Bakish, Margaret			Margaret Bakish	56	TECH	04/09/2005	:45.40
Margaret Bakish	57	QUE PROV	04/21/2006	2:51.45	Lizanne Collie	55	TECH	03/13/2004	1:07.95
Patricia Angus	55	Nat99	05/14/1999	2:59.18	100 Fly	Club Rec: 1:31.77	Davis, Patricia		
Lizanne Collie	56	NATIONALS	05/20/2005	3:46.80	Patricia Angus	55	Nat99	05/14/1999	1:31.77
Rosine Kaley	59	QUE PROV	04/21/2006	5:10.60	Kathleen Milne	55	QUE PROV	04/21/2006	1:40.21
400 Free	Club Rec: 6:01.87	Bakish, Margaret			Margaret Bakish	57	TECH	04/08/2006	1:45.10
Colleen Nelson	57	QUE PROV	04/21/2006	5:52.97	200 Fly	Club Rec: 3:30.51	Davis, Patricia		
Margaret Bakish	56	TECH	04/09/2005	6:01.87	Patricia Angus	56	STE FOY	04/14/2000	3:30.51
Patricia Angus	56	HALIFAX,	05/12/2000	6:26.35	Colleen Nelson	57	QUE PROV	04/21/2006	3:42.34
Lizanne Collie	57	TECH	04/08/2006	8:35.66	100 IM	Club Rec: 1:33.54	Bakish, Margaret		
Rosine Kaley	59	QUE PROV	04/21/2006	11:00.17	Margaret Bakish	57	Tech	01/07/2006	1:33.54
800 Free	Club Rec: 12:31.29	Bakish, Margaret			Patricia Angus	55	Nat99	05/14/1999	1:34.38
Margaret Bakish	55	QUE PROV	04/03/2004	12:31.29	Kathleen Milne	55	QUE PROV	04/21/2006	1:39.68
Patricia Angus	56	OTTAWA-TE	02/12/2000	12:56.77	Lizanne Collie	56	NATIONALS	05/20/2005	2:00.06
Lizanne Collie	56	QUE PROV	04/15/2005	16:52.32	200 IM	Club Rec: 2:19.65	Bakish, Margaret		
Rosine Kaley	59	QUE PROV	04/21/2006	21:43.85	Margaret Bakish	57	QUE PROV	04/21/2006	2:19.65
1500 Free	Club Rec: 23:43.41	Bakish, Margaret			Patricia Angus	55	Nat99	05/14/1999	3:21.72
Colleen Nelson	57	QUE PROV	04/21/2006	23:07.31	400 IM	Club Rec: 7:04.93	Bakish, Margaret		
Margaret Bakish	56	NATIONALS	05/20/2005	23:43.41	Margaret Bakish	56	NATIONALS	05/20/2005	7:04.93
Patricia Angus	55	TECHNOSPO	02/20/1999	24:35.82	Patricia Angus	55	Nat99	05/14/1999	7:12.30
Lizanne Collie	57	QUE PROV	04/21/2006	32:52.00	Female 60 to 64				
50 Back	Club Rec: :43.05	Davis, Patricia			50 Free	Club Rec: :39.69	Niblett, Patricia		
Patricia Angus	55	TECHNOSPO	03/20/1999	:43.05	Patricia Niblett	64	BRANTFORD	05/25/1997	:39.69
Colleen Nelson	57	QUE PROV	04/21/2006	:45.75	Patricia Angus	61	NATIONALS	05/20/2005	:40.64
Margaret Bakish	56	TECH	04/09/2005	:48.10	100 Free	Club Rec: 1:28.12	Davis, Patricia		
Kathleen Milne	55	TECH	11/04/2006	:53.46	Patricia Angus	61	NATIONALS	05/20/2005	1:28.12
Lizanne Collie	56	QUE PROV	04/15/2005	:54.29	Patricia Niblett	63	ETOBICOKE	04/28/1996	1:29.03
100 Back	Club Rec: 1:43.06	Bakish, Margaret			200 Free	Club Rec: 3:12.34	Davis, Patricia		
Colleen Nelson	57	QUE PROV	04/21/2006	1:39.49	Patricia Angus	60	TECH	03/13/2004	3:12.34
Margaret Bakish	56		03/12/2005	1:43.06	Patricia Niblett	63	ETOBICOKE	04/28/1996	3:16.67
Patricia Angus	57	TECH-OTTA	01/27/2001	1:43.90	400 Free	Club Rec: 6:54.58	Davis, Patricia		
Lizanne Collie	55	QUE PROV	04/03/2004	2:03.61	Patricia Angus	60	QUE PROV	04/03/2004	6:54.58
200 Back	Club Rec: 3:48.87	Davis, Patricia			Patricia Niblett	63	ETOBICOKE	04/28/1996	6:56.37
Colleen Nelson	57	QUE PROV	04/21/2006	3:32.23	800 Free	Club Rec: 14:20.75	Angus, Patricia		
Patricia Angus	59	TECH	11/23/2003	3:48.87	Patricia Angus	62	TECH	01/28/2006	14:20.75
50 Breast	Club Rec: :43.40	Bakish, Margaret			Patricia Niblett	64	BRANTFORD	05/25/1997	14:22.02
Colleen Nelson	57	QUE PROV	04/21/2006	:41.79	1500 Free	Club Rec: 26:26.00	Davis, Patricia		
Margaret Bakish	56	QUE PROV	04/15/2005	:43.40	Patricia Angus	60	QUE PROV	04/03/2004	26:26.00
Kathleen Milne	55	QUE PROV	04/21/2006	:45.03	Patricia Niblett	64	TECHNOSPO	05/01/1997	27:24.63
Patricia Angus	55	TECHNOSPO	03/20/1999	:50.67	50 Back	Club Rec: :48.48	Davis, Patricia		
Lizanne Collie	56	NATIONALS	05/20/2005	:54.90	Patricia Angus	60	QUE PROV	04/03/2004	:48.48
Rosine Kaley	59	QUE PROV	04/21/2006	1:15.92	Patricia Niblett	64	TECHNOSPO	01/11/1997	:52.51

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100 Back	Club Rec: 1:47.20	Davis, Patricia			50 Free	Club Rec: :41.25	Niblett, Patricia		
Patricia Angus	60	TECH	03/13/2004	1:47.20	Patricia Niblett	70	QUE PROV	04/19/2002	:41.25
Patricia Niblett	64	TECHNOSPO	11/01/1996	1:59.09	100 Free	Club Rec: 1:32.94	Niblett, Patricia		
50 Breast	Club Rec: :52.76	Niblett, Patricia			Patricia Niblett	72	QUE PROV	04/03/2004	1:32.94
Patricia Niblett	64	MONTREAL	06/26/1997	:52.76	200 Free	Club Rec: 3:26.00	Niblett, Patricia		
100 Breast	Club Rec: 2:01.85	Niblett, Patricia			Patricia Niblett	71	Nationals	05/16/2003	3:26.00
Patricia Niblett	64	TECHNOSPO	11/01/1996	2:01.85	400 Free	Club Rec: 7:16.96	Niblett, Patricia		
Patricia Angus	62	TECH	04/08/2006	2:03.42	Patricia Niblett	70	QUE PROV	04/19/2002	7:16.96
50 Fly	Club Rec: :44.91	Davis, Patricia			800 Free	Club Rec: 15:06.02	Niblett, Patricia		
Patricia Angus	60		02/21/2004	:44.91	Patricia Niblett	71	TECH	07/06/2003	15:06.02
Patricia Niblett	64	PENTATHLO	12/08/1996	1:00.03	1500 Free	Club Rec: 28:33.88	Niblett, Patricia		
100 Fly	Club Rec: 1:41.11	Davis, Patricia			Patricia Niblett	70	TECH	06/01/2002	28:33.88
Patricia Angus	61	QUE PROV	04/15/2005	1:41.11	50 Back	Club Rec: :53.72	Niblett, Patricia		
200 Fly	Club Rec: 3:40.47	Davis, Patricia			Patricia Niblett	72	QUE PROV	04/03/2004	:53.72
Patricia Angus	61	QUE PROV	04/15/2005	3:40.47	100 Back	Club Rec: 1:59.03	Niblett, Patricia		
100 IM	Club Rec: 1:42.89	Davis, Patricia			Patricia Niblett	72	TECH	03/13/2004	1:59.03
Patricia Angus	61	QUE PROV	04/15/2005	1:42.89	50 Breast	Club Rec: :53.69	Niblett, Patricia		
Patricia Niblett	64	PENTATHLO	12/08/1996	1:51.84	Patricia Niblett	73	NATIONALS	05/20/2005	:53.69
200 IM	Club Rec: 3:40.07	Davis, Patricia			100 Breast	Club Rec: 2:03.97	Niblett, Patricia		
Patricia Angus	60	TECH	01/17/2004	3:40.07	Patricia Niblett	72	TECH	03/13/2004	2:03.97
Patricia Niblett	64	TECHNOSPO	11/01/1996	4:11.39	100 IM	Club Rec: 2:01.16	Niblett, Patricia		
400 IM	Club Rec: 7:55.45	Davis, Patricia			Patricia Niblett	71	Provincial	04/06/2003	2:01.16
Patricia Angus	61	NATIONALS	05/20/2005	7:55.45					

Female 65 to 69

50 Free	Club Rec: :39.74	Niblett, Patricia		
Patricia Niblett	68	HALIFAX,	05/12/2000	:39.74
100 Free	Club Rec: 1:27.61	Niblett, Patricia		
Patricia Niblett	65	Que Prov	04/08/1997	1:27.61
200 Free	Club Rec: 3:17.38	Niblett, Patricia		
Patricia Niblett	67	Nat99	05/14/1999	3:17.38
400 Free	Club Rec: 7:01.06	Niblett, Patricia		
Patricia Niblett	68	HALIFAX,	05/12/2000	7:01.06
800 Free	Club Rec: 14:34.88	Niblett, Patricia		
Patricia Niblett	67	OTTAWA	06/05/1999	14:34.88
1500 Free	Club Rec: 27:19.79	Niblett, Patricia		
Patricia Niblett	67	OTTAWA	06/05/1999	27:19.79
50 Back	Club Rec: :52.20	Niblett, Patricia		
Patricia Niblett	66	TECHNOSPO	02/07/1998	:52.20
100 Back	Club Rec: 1:59.34	Niblett, Patricia		
Patricia Niblett	67	BROCKVILLE	11/21/1999	1:59.34
50 Breast	Club Rec: :51.51	Niblett, Patricia		
Patricia Niblett	67	Nat99	05/14/1999	:51.51
100 Breast	Club Rec: 1:58.68	Niblett, Patricia		
Patricia Niblett	67	BROCKVILLE	11/21/1999	1:58.68
200 Breast	Club Rec: 4:25.04	Niblett, Patricia		
Patricia Niblett	69	TROIS	04/20/2001	4:25.04
50 Fly	Club Rec: :58.84	Niblett, Patricia		
Patricia Niblett	69	TROIS	04/20/2001	:58.84
100 IM	Club Rec: 1:55.06	Niblett, Patricia		
Patricia Niblett	69	TROIS	04/20/2001	1:55.06
200 IM	Club Rec: 4:17.29	Niblett, Patricia		
Patricia Niblett	68	OTTAWA-TE	01/15/2000	4:17.29

Female 70 to 74

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Male 18 to 24				200 IM	Club Rec: 2:48.25	Boileau, Michel	
50 Free	Club Rec: :27.65	Bakish, Nick		Michel Boileau	23	BRANTFORD	05/25/1997 2:48.25
Nick Bakish	23	QUE PROV	04/19/2002 :27.65	Maurice Gibbs	24	TECHNOSPO	04/12/1997 3:32.44
Justin Boileau	24	NY	12/06/1997 :29.00	Male 25 to 29			
Michel Boileau	23	MONTREAL	06/26/1997 :30.29	25 Free			
Jason Kokotailo	22	Rideauspee	02/19/2005 :31.04	Jonathon Christie	27	TECH	10/20/2001 :12.78
Maurice Gibbs	24	MONTREAL	06/26/1997 :33.45	50 Free			
100 Free				Club Rec: :24.67		Paquette, Daniel	
Nick Bakish	23	QUE PROV	04/19/2002 :59.69	Daniel Paquette	25	Nat99	05/14/1999 :24.67
Michel Boileau	23	MONTREAL	06/26/1997 1:07.13	Trevor Pound	29	Nat99	05/14/1999 :25.25
Jason Kokotailo	22	NATIONALS	05/20/2005 1:09.87	Ian Kennedy	27	QUE PROV	04/03/2004 :25.59
Maurice Gibbs	24	MONTREAL	06/26/1997 1:17.50	Jean Francois Pare	29	QUE PROV	04/21/2006 :25.87
200 Free				Club Rec: 2:31.51		Boileau, Michel	
Michel Boileau	23	MONTREAL	06/26/1997 2:31.51	Pierre Barber	29	QUE PROV	04/19/2002 :26.33
Jason Kokotailo	22	NATIONALS	05/20/2005 2:33.78	Mark McKenna	29	MONTREAL	06/26/1997 :27.01
Maurice Gibbs	24	MONTREAL	06/26/1997 2:57.06	Sylvain Whissell	27	TECHNOSPO	12/31/1999 :27.73
400 Free				Club Rec: 5:31.46		Boileau, Michel	
Michel Boileau	23	BRANTFORD	05/25/1997 5:31.46	Andrew Gallagher	27	TROIS	04/20/2001 :27.82
Jason Kokotailo	22	NATIONALS	05/20/2005 5:41.29	David Goodwin	26	Rideauspee	02/19/2005 :27.85
Maurice Gibbs	24	TECHNOSPO	04/12/1997 6:19.05	William Dicke	25	OTTAWA-TE	10/16/1999 :27.91
800 Free				Club Rec: 11:58.85		Kokotailo, Jason	
Jason Kokotailo	22	NATIONALS	05/20/2005 11:58.85	100 Free			
1500 Free				Club Rec: 22:14.49		Boileau, Michel	
Michel Boileau	22	HULL	03/30/1996 22:14.49	Daniel Paquette	25	Nat99	05/14/1999 :53.93
Jason Kokotailo	22	NATIONALS	05/20/2005 22:55.81	Louis David (dob) Bonneau	27	TECH	11/04/2006 :54.85
Maurice Gibbs	24	MONTREAL	06/26/1997 25:14.76	Trevor Pound	29	Nat99	05/14/1999 :55.34
50 Back				Club Rec: :37.91		Boileau, Justin	
Justin Boileau	24	NY	12/06/1997 :37.91	Ian Kennedy	27	QUE PROV	04/03/2004 :58.10
Michel Boileau	24	TECHNOSPO	10/01/1997 :40.40	Pierre Barber	29	QUE PROV	04/19/2002 :58.69
Maurice Gibbs	24	TECHNOSPO	01/11/1997 :46.38	Marty Launiere	27	QUE PROV	04/21/2006 :59.14
100 Back				Club Rec: 1:43.92		Gibbs, Maurice	
Maurice Gibbs	24	TECHNOSPO	04/12/1997 1:43.92	Sylvain Whissell	27	TECHNOSPO	12/31/1999 1:00.05
50 Breast				Club Rec: :33.90		Bakish, Nick	
Nick Bakish	23	QUE PROV	04/19/2002 :33.90	William Dicke	25	TECH-OTTA	11/20/1999 1:00.39
Justin Boileau	24	NY	12/06/1997 :38.64	Michel Elibani	27	MONTREAL	06/26/1997 1:00.55
Maurice Gibbs	24	MONTREAL	06/26/1997 :39.46	Greg Moore	26	Provincial	04/06/2003 1:01.48
Michel Boileau	24	TECHNOSPO	10/01/1997 :41.12	200 Free			
Jason Kokotailo	22		03/12/2005 :42.02	Club Rec: 1:59.34		Paquette, Daniel	
100 Breast				Club Rec: 1:15.71		Bakish, Nick	
Nick Bakish	23	QUE PROV	04/19/2002 1:15.71	Daniel Paquette	25	Nat99	05/14/1999 1:59.34
Maurice Gibbs	24	MONTREAL	06/26/1997 1:30.59	Louis David (dob) Bonneau	27	TECH	11/04/2006 2:03.84
Jason Kokotailo	22	TECH	01/22/2005 1:32.18	Jamie Stephenson	29	QUE PROV	04/19/2002 2:05.69
200 Breast				Club Rec: 2:46.68		Bakish, Nick	
Nick Bakish	23	QUE PROV	04/19/2002 2:46.68	David Goodwin	26	NATIONALS	05/20/2005 2:06.14
Jason Kokotailo	22	NATIONALS	05/20/2005 3:15.12	Trevor Pound	29	Nat99	05/14/1999 2:07.49
50 Fly				Club Rec: :29.96		Bakish, Nick	
Nick Bakish	23	QUE PROV	04/19/2002 :29.96	Pierre Barber	29	QUE PROV	04/19/2002 2:13.17
Michel Boileau	23	TECHNOSPO	10/19/1996 :32.66	William Dicke	25	TECH-OTTA	11/20/1999 2:17.40
Justin Boileau	24	NY	12/06/1997 :33.63	James (dob) Wildsmith	27	TECH	11/04/2006 2:18.87
Jason Kokotailo	22	TECH	01/22/2005 :36.57	Michel Elibani	27	MONTREAL	06/26/1997 2:19.89
100 Fly				Club Rec: 1:13.99		Boileau, Michel	
Michel Boileau	23	TECHNOSPO	11/01/1996 1:13.99	Jonathon Christie	27	TECH	11/17/2001 2:20.95
100 IM				Club Rec: 1:08.05		Bakish, Nick	
Nick Bakish	23	QUE PROV	04/19/2002 1:08.05	400 Free			
Justin Boileau	24	NY	12/06/1997 1:16.50	Club Rec: 4:27.13		Stephenson, Jamie	
Michel Boileau	23	BRANTFORD	05/25/1997 1:19.63	Jamie Stephenson	29	QUE PROV	04/19/2002 4:27.13
Maurice Gibbs	24	MONTREAL	06/26/1997 1:27.93	Danny Finch	28	MONTREAL	06/26/1997 4:34.24
				David Goodwin	26	TECH	04/09/2005 4:38.35
				Pierre Barber	29	QUE PROV	04/19/2002 4:51.43
				Justin Boileau	26	Nat99	05/14/1999 5:06.09
				Michel Elibani	26	ETOBICOKE	04/28/1996 5:09.12
				Sylvain Whissell	27	TECHNOSPO	11/14/1998 5:09.92
				Michel Boileau	25	ETOBICOKE	03/13/1998 5:34.61
				Steven Cann	26	TECH	11/17/2001 5:35.44
				Richard Bieri	29	TECHSPRINT	11/23/2002 5:50.59
				800 Free			
				Club Rec: 9:38.49		Finch, Danny	
				Danny Finch	28	MONTREAL	06/26/1997 9:38.49
				Mark McKenna	29	TECHNOSPO	02/08/1997 10:24.90
				Steven Cann	28	Provincial	04/06/2003 11:26.25
				Nathaniel Mallet	26	TECHNOSPO	12/12/1998 11:46.24
				Maurice Gibbs	29	TECH-OTTA	02/23/2001 12:05.51
				Rob Clay	29	Nat99	05/14/1999 12:58.28
				Eppo Maertens	25	TECHNOSPO	12/13/1997 14:09.35
				Jennifer Daoust	28	Provincial	04/06/2003 15:35.72

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1500 Free	Club Rec: 18:15.36	Stephenson, Jamie	Marty Launiere	27	QUE PROV	04/21/2006	2:41.70
Jamie Stephenson	29	QUE PROV 04/19/2002 18:15.36	Jonathon Christie	28	QUE PROV	04/19/2002	2:42.38
Daniel Paquette	25	OTTAWA-TE 12/11/1999 19:03.92	Mark McKenna	29	MONTREAL	06/26/1997	2:43.61
Jonathon Christie	28	QUE PROV 04/19/2002 20:33.28	Andrew Milne	26	Nationals	05/16/2003	2:56.87
William Dicke	25	OTTAWA-TE 12/11/1999 21:06.91	Steven Cann	27	QUE PROV	04/19/2002	3:17.12
Justin Boileau	26	Nat99 05/14/1999 21:08.41	Rob Clay	26	MONTREAL	06/26/1997	3:19.06
Greg Moore	26	Provincial 04/06/2003 21:25.19	50 Fly	Club Rec: :26.23	Babaris, Alex		
Michel Elibani	26	HULL 03/30/1996 21:42.49	Alex Babaris	25	QUE PROV	04/21/2006	:26.23
Steven Cann	28	Provincial 04/06/2003 21:55.85	Daniel Paquette	25	Nat99	05/14/1999	:26.96
Michel Boileau	26	Nat99 05/14/1999 22:54.29	Jean Francois Pare	29	QUE PROV	04/21/2006	:27.63
Maurice Gibbs	29	TROIS 04/20/2001 23:00.46	Chris Pilon	29	VICTORIA	05/19/1995	:27.80
50 Back	Club Rec: :28.75	Babaris, Alex	Trevor Pound	29	Nat99	05/14/1999	:27.96
Alex Babaris	25	QUE PROV 04/21/2006 :28.75	Ian Kennedy	28	NATIONALS	05/20/2005	:28.75
Daniel Paquette	25	Nat99 05/14/1999 :29.11	Marty Launiere	27	QUE PROV	04/21/2006	:28.91
Jean Francois Pare	29	QUE PROV 04/21/2006 :29.39	Pierre Barber	29	QUE PROV	04/19/2002	:29.63
David Goodwin	26	NATIONALS 05/20/2005 :29.87	David Goodwin	26	NATIONALS	05/20/2005	:29.63
Chris Pilon	29	VICTORIA 05/19/1995 :30.34	Mark McKenna	29	MONTREAL	06/26/1997	:30.26
Andrew Gallagher	27	TROIS 04/20/2001 :34.73	100 Fly	Club Rec: :58.88	Paquette, Daniel		
Jonathon Christie	27	TECH 10/20/2001 :35.29	Daniel Paquette	25	Nat99	05/14/1999	:58.88
Nathaniel Mallet	27	Nat99 05/14/1999 :35.61	Marty Launiere	27	QUE PROV	04/21/2006	1:05.68
Andrew Milne	25	TECK 03/16/2002 :36.12	Ian Kennedy	28	NATIONALS	05/20/2005	1:07.52
Michel Elibani	26	ETOBICOKE 04/28/1996 :36.45	Jonathon Christie	27	TROIS	04/20/2001	1:10.83
100 Back	Club Rec: 1:03.90	Goodwin, David dob	Michel Boileau	26	TECHNOSPO	04/17/1999	1:15.68
David Goodwin	26	NATIONALS 05/20/2005 1:03.90	Justin Boileau	26	TECHNOSPO	04/17/1999	1:21.89
James (dob) Wildsmith	27	TECH 11/04/2006 1:08.52	200 Fly	Club Rec: 2:25.17	Finch, Danny		
Jonathon Christie	28	TECH 04/13/2002 1:14.69	Danny Finch	28	MONTREAL	06/26/1997	2:25.17
Nathaniel Mallet	27	Nat99 05/14/1999 1:18.18	Jonathon Christie	28	QUE PROV	04/19/2002	2:35.81
Andrew Milne	25	TECH 04/13/2002 1:18.24	100 IM	Club Rec: 1:01.29	Paquette, Daniel		
Justin Boileau	25	ETOBICOKE 03/13/1998 1:22.96	Daniel Paquette	25	Nat99	05/14/1999	1:01.29
Jorge (dob) Prieto	26	RIDEAU 02/19/2006 1:26.38	Chris Pilon	29	VICTORIA	05/19/1995	1:01.60
Eppo Maertens	25	TECHNOSPO 11/15/1997 1:53.07	Chris (dob) Elliot	29	TECH	11/04/2006	1:02.24
200 Back	Club Rec: 2:15.67	Goodwin, David dob	Jean Francois Pare	29	QUE PROV	04/21/2006	1:04.14
David Goodwin	26	NATIONALS 05/20/2005 2:15.67	Danny Finch	28	MONTREAL	06/26/1997	1:04.79
50 Breast	Club Rec: :30.85	Pilon, Chris	Trevor Pound	29	Nat99	05/14/1999	1:06.20
Chris Pilon	29	VICTORIA 05/19/1995 :30.85	David Goodwin	26	NATIONALS	05/20/2005	1:06.33
Marty Launiere	27	QUE PROV 04/21/2006 :32.51	Ian Kennedy	27	QUE PROV	04/03/2004	1:07.17
Jonathon Christie	28	QUE PROV 04/19/2002 :33.59	Marty Launiere	27	QUE PROV	04/21/2006	1:07.41
Ian Kennedy	27	QUE PROV 04/03/2004 :34.14	James (dob) Wildsmith	27	TECH	11/04/2006	1:08.96
Mark McKenna	29	MONTREAL 06/26/1997 :34.29	200 IM	Club Rec: 2:20.48	Babaris, Alex		
Andrew Gallagher	27	TROIS 04/20/2001 :35.54	Alex Babaris	25	QUE PROV	04/21/2006	2:20.48
Andrew Milne	26	Provincial 04/06/2003 :35.84	Danny Finch	28	MONTREAL	06/26/1997	2:20.78
William Dicke	26	OTTAWA-TE 01/15/2000 :36.90	David Goodwin	26	NATIONALS	05/20/2005	2:21.04
Jorge (dob) Prieto	26	Tech 01/07/2006 :38.26	Jonathon Christie	28	QUE PROV	04/19/2002	2:29.08
Mike Vanderveer	29	ETOBICOKE 03/13/1998 :38.72	Pierre Barber	29	QUE PROV	04/19/2002	2:38.88
100 Breast	Club Rec: 1:07.70	Pilon, Chris	Justin Boileau	26	Nat99	05/14/1999	2:41.23
Chris Pilon	29	VICTORIA 05/19/1995 1:07.70	Michel Boileau	26	Nat99	05/14/1999	2:47.33
Mark McKenna	29	MONTREAL 06/26/1997 1:13.54	Steven Cann	29	TECH	01/17/2004	2:50.70
Marty Launiere	27	QUE PROV 04/21/2006 1:14.13	400 IM	Club Rec: 4:58.82	Goodwin, David dob		
Jonathon Christie	28	QUE PROV 04/19/2002 1:14.45	David Goodwin	26	NATIONALS	05/20/2005	4:58.82
Ian Kennedy	28	NATIONALS 05/20/2005 1:16.26	Danny Finch	28	MONTREAL	06/26/1997	5:01.81
William Dicke	26	OTTAWA-TE 01/15/2000 1:20.83	Jamie Stephenson	29	QUE PROV	04/19/2002	5:10.63
David Goodwin	26	TECH 04/09/2005 1:21.49	Jonathon Christie	28	QUE PROV	04/19/2002	5:18.85
Andrew Milne	26	TECHSPRINT 01/18/2003 1:21.84	Steven Cann	28	Provincial	04/06/2003	6:30.55
Jorge (dob) Prieto	26	RIDEAU 02/19/2006 1:30.40	Male 30 to 34				
Rob Clay	28	ETOBICOKE 03/13/1998 1:30.64	25 Free				
200 Breast	Club Rec: 2:26.59	Pilon, Chris	John Helsdon	34	TECH	10/20/2001	:16.58
Chris Pilon	29	VICTORIA 05/19/1995 2:26.59					
Chris (dob) Elliot	29	TECH 11/04/2006 2:27.17					
Danny Finch	28	MONTREAL 06/26/1997 2:37.45					

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50 Free	Club Rec: :24.48	Oliva, Steve			Mo Grimshaw	31	TECHNOSPO	12/12/1998	20:53.85
Steve Oliva	33	Nat99	05/14/1999	:24.48	Mike Wilson	31	OTTAWA-TE	12/11/1999	21:17.51
Geraldo Parenti	31	Nationals	05/16/2003	:24.88	Lee Storm	34	TECH	12/08/2004	21:36.13
Scott Dick	34	NATIONALS	05/20/2005	:25.27	Michael Robern	34	HULL	03/30/1996	22:12.86
Pierre Barber	30	Provincial	04/06/2003	:25.63	Maurice Gibbs	33	NATIONALS	05/20/2005	23:12.37
Tomas Oliva	33	ETOBICOKE	04/28/1996	:26.02	50 Back	Club Rec: :27.63	Parenti, Geraldo		
Danny Finch	34	ONT PROV	04/05/2002	:26.03	Geraldo Parenti	31	Nationals	05/16/2003	:27.63
Greg DOB Hughes	31	Provincial	04/06/2003	:27.07	Scott Dick	34	NATIONALS	05/20/2005	:30.44
Mark McKenna	31	ETOBICOKE	03/13/1998	:27.66	Danny Finch	34	SPEEDEAUS	02/16/2002	:31.00
Nicolas Dufour	30	QUE PROV	04/19/2002	:27.66	Chris Pilon	34	TECHNOSPO	03/20/1999	:31.30
Mike Wilson	31	Nat99	05/14/1999	:27.89	Greg DOB Hughes	31	Provincial	04/06/2003	:32.85
100 Free	Club Rec: :54.20	Oliva, Steve			Maurice Gibbs	30	QUE PROV	04/19/2002	:33.47
Steve Oliva	33	Nat99	05/14/1999	:54.20	Nicolas Dufour	31	Nationals	05/16/2003	:33.53
Geraldo Parenti	31	Nationals	05/16/2003	:54.82	Michael Lane	33	TECH-OTTA	10/21/2000	:33.68
Scott Dick	34	NATIONALS	05/20/2005	:54.84	Mark McKenna	31	TECHNOSPO	10/17/1998	:35.12
Danny Finch	34	TECK	05/11/2002	:56.91	Pierre Barber	31	QUE PROV	04/03/2004	:37.13
Tomas Oliva	33	ETOBICOKE	04/28/1996	:57.22	100 Back	Club Rec: 1:01.42	Parenti, Geraldo		
Pierre Barber	30	Provincial	04/06/2003	:58.37	Geraldo Parenti	31	Nationals	05/16/2003	1:01.42
Mo Grimshaw	32	Nat99	05/14/1999	1:00.72	Danny Finch	34	TECK	03/16/2002	1:07.05
Nicolas Dufour	31	Provincial	04/06/2003	1:00.78	Scott Dick	33	KY MINI ME	11/14/2004	1:10.26
Michael Lane	33	TECH-OTTA	10/21/2000	1:01.27	Nicolas Dufour	31	Nationals	05/16/2003	1:11.26
Mark McKenna	32	TECH-OTTA	11/20/1999	1:01.52	Michael Lane	33	OTTAWA	11/04/2000	1:13.43
200 Free	Club Rec: 2:03.60	Dick, Scott			Greg DOB Hughes	31	Provincial	04/06/2003	1:16.56
Scott Dick	34	NATIONALS	05/20/2005	2:03.60	Mo Grimshaw	31	TECHNOSPO	11/14/1998	1:19.63
Danny Finch	34	ONT PROV	04/05/2002	2:03.82	Lee Storm	34	TECH	01/17/2004	1:21.36
Tomas Oliva	33	HULL	03/30/1996	2:08.06	Maurice Gibbs	32		02/21/2004	1:30.94
Nicolas Dufour	31	Nationals	05/16/2003	2:08.26	Oliver Gomes	34	NATIONALS	05/20/2005	1:54.78
Mo Grimshaw	32	Nat99	05/14/1999	2:13.28	200 Back	Club Rec: 2:23.13	Dick, Scott		
Pierre Barber	30	Provincial	04/06/2003	2:13.29	Scott Dick	34	NATIONALS	05/20/2005	2:23.13
Michael Lane	33	TECH-OTTA	11/25/2000	2:15.28	Danny Finch	34	QUE PROV	04/19/2002	2:23.45
Steven Cann	31	TECH	04/08/2006	2:19.64	Geraldo Parenti	30	QUE PROV	04/19/2002	2:26.96
Mike Wilson	31	Nat99	05/14/1999	2:22.51	Michael Lane	33	STE FOY	04/14/2000	2:39.74
Marco Carlone	30	HULL	03/30/1996	2:29.06	Maurice Gibbs	32	QUE PROV	04/03/2004	3:13.60
400 Free	Club Rec: 4:26.41	Finch, Danny			50 Breast	Club Rec: :31.58	Pilon, Chris		
Danny Finch	34	QUE PROV	04/19/2002	4:26.41	Chris Pilon	34	Nat99	05/14/1999	:31.58
Scott Dick	33	KY SCM	12/04/2004	4:27.74	Michael Lane	33	HALIFAX,	05/12/2000	:33.64
Michael Lane	33	HALIFAX,	05/12/2000	4:39.70	Danny Finch	33	TECH-OTTA	05/19/2001	:34.08
Nicolas Dufour	31	Nationals	05/16/2003	4:40.31	Scott Dick	33		02/21/2004	:34.30
Mo Grimshaw	31	TECHNOSPO	12/12/1998	4:45.32	Mark McKenna	31	ETOBICOKE	03/13/1998	:34.89
Pierre Barber	30	Provincial	04/06/2003	4:47.78	Mike Vanderveer	34	Provincial	04/06/2003	:36.54
Steven Cann	31	TECH	04/08/2006	5:02.67	Jonathon Christie	31	TECH SPRIN	10/22/2005	:36.75
Mike Wilson	31	Nat99	05/14/1999	5:04.79	Oliver Gomes	34	NATIONALS	05/20/2005	:39.09
Ian Fraser	32	TECHNOSPO	04/12/1997	5:04.93	Maurice Gibbs	34	RIDEAU	02/19/2006	:39.71
Tim Lang	34	HULL	03/30/1996	5:10.34	Andrew Shelp	32	TECHNOSPO	10/19/1996	:40.61
800 Free	Club Rec: 9:13.29	Finch, Danny			100 Breast	Club Rec: 1:09.78	Pilon, Chris		
Danny Finch	34	TECH	06/01/2002	9:13.29	Chris Pilon	34	Nat99	05/14/1999	1:09.78
Michael Lane	33	HALIFAX,	05/12/2000	9:43.50	Danny Finch	34	ONT PROV	04/05/2002	1:12.25
Richard Isnor	33	OTTAWA-TE	02/12/2000	10:28.74	Michael Lane	33	HALIFAX,	05/12/2000	1:14.03
Steven Cann	31	QUE PROV	04/21/2006	10:41.20	Steve Oliva	33	Nat99	05/14/1999	1:14.38
Ian Fraser	32	TECHNOSPO	05/01/1997	10:41.58	Scott Dick	33		02/21/2004	1:15.36
Lee Storm	34	TECH	12/08/2004	11:25.57	Mark McKenna	31	ETOBICOKE	03/13/1998	1:16.10
Mo Grimshaw	31	TECHNOSPO	12/12/1998	11:45.47	Nicolas Dufour	31	Nationals	05/16/2003	1:16.27
Maurice Gibbs	32	QUE PROV	04/03/2004	12:18.28	Oliver Gomes	34	NATIONALS	05/20/2005	1:28.99
Phil Sim	32	TECHNOSPO	05/01/1997	17:05.24	Maurice Gibbs	34	QUE PROV	04/21/2006	1:30.91
1500 Free	Club Rec: 18:23.71	Finch, Danny			Rob Clay	33	Nationals	05/16/2003	1:31.44
Danny Finch	33	BROCKVILLE	04/29/2001	18:23.71	200 Breast	Club Rec: 2:30.74	Pilon, Chris		
Michael Lane	33	TECH-OTTA	12/09/2000	19:01.70	Chris Pilon	34	Nat99	05/14/1999	2:30.74
Tim Lang	34	HULL	03/30/1996	19:42.73	Danny Finch	33	BROCKVILLE	04/29/2001	2:34.77
Richard Isnor	33	OTTAWA-TE	02/12/2000	19:52.76	Tomas Oliva	33	ETOBICOKE	04/28/1996	2:41.38
Ian Fraser	32	HULL	03/22/1997	19:54.16	Michael Lane	33	HALIFAX,	05/12/2000	2:45.55

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1500 Free	Club Rec: 17:44.76	Finch, Danny	Michael Robern	36	TECHNOSPO	10/01/1997	1:21.71
Danny Finch	37	NATIONALS 05/20/2005	17:44.76	200 IM	Club Rec: 2:15.36	Finch, Danny	
Tim Lang	36	TECHNOSPO 05/01/1997	19:26.26	Danny Finch	35	Nationals 05/16/2003	2:15.36
James Norman	39	Nat99 05/14/1999	20:53.35	Steve Coles	37	BRANTFORD 05/25/1997	2:50.22
Lee Storm	35	NATIONALS 05/20/2005	21:13.40	Michael Robern	35	TECHNOSPO 04/12/1997	2:56.95
Michael Robern	35	TECHNOSPO 02/08/1997	22:01.04	Lee Storm	35	TECH 11/26/2005	3:01.29
Ed Luff	37	QUE PROV 04/21/2006	23:52.38	400 IM	Club Rec: 4:50.41	Finch, Danny	
Jon Stuart	35	TECHNOSPO 02/07/1998	25:36.39	Danny Finch	38	TECH 04/08/2006	4:50.41
Mike DOB Woodford	36	Provincial 04/06/2003	26:02.11	Scott Dick	35	QUE PROV 04/21/2006	5:08.83
Jean Pascal Paris	38	Nat99 05/14/1999	33:07.08	Tomas Oliva	37	Nat99 05/14/1999	5:45.07
Kwong Boey	36	TECH 12/08/2001	37:14.26				
50 Back	Club Rec: :31.00	Finch, Danny	Male 40 to 44				
Danny Finch	35	coupe 11/29/2003	:31.00	25 Free			
Rick Scott	36	Nat99 05/14/1999	:31.03	Steve Coles	42	TECH 10/20/2001	:13.42
JF Harvey	37	TECH 10/20/2001	:33.55	50 Free	Club Rec: :27.41	Coles, Steve	
Lee Storm	35	NATIONALS 05/20/2005	:37.61	Steve Coles	44	Nationals 05/16/2003	:27.41
Michael Robern	36	TECHNOSPO 10/01/1997	:37.74	John March	43	TECHNOSPO 10/19/1996	:27.89
Chris Moule	38	Nationals 05/16/2003	1:07.00	Pierre Genereux	43	STE FOY 04/14/2000	:29.17
100 Back	Club Rec: 1:06.52	Finch, Danny		Chris O'Neil	42	QUE PROV 04/03/2004	:29.58
Danny Finch	35	coupe 11/29/2003	1:06.52	John (dob) Baenziger	42	Provincial 04/06/2003	:30.29
Rick Scott	36	Nat99 05/14/1999	1:09.63	James Norman	43	Provincial 04/06/2003	:30.46
Scott Dick	35	Tech 01/07/2006	1:12.79	Dean dob Brown	41	Rideauspee 02/19/2005	:30.61
Lee Storm	35	NATIONALS 05/20/2005	1:21.20	Chris Kent	43	QUE PROV 04/21/2006	:31.81
Steve Coles	37	TECHNOSPO 11/01/1996	1:26.00	Allan Walton	41	HULL 03/30/1996	:32.08
200 Back	Club Rec: 2:20.17	Finch, Danny		Steve (dob) Murray	41	NATIONALS 05/20/2005	:32.26
Danny Finch	37	NATIONALS 05/20/2005	2:20.17	100 Free	Club Rec: :59.47	Coles, Steve	
Lee Storm	36	QUE PROV 04/21/2006	2:57.51	Steve Coles	44	Nationals 05/16/2003	:59.47
50 Breast	Club Rec: :33.32	Finch, Danny		John March	42	CARELTON 01/13/1996	1:00.29
Danny Finch	35	Rideau 02/16/2003	:33.32	James Norman	43	Provincial 04/06/2003	1:05.18
Tomas Oliva	37	Nat99 05/14/1999	:34.05	Pierre Genereux	43	STE FOY 04/14/2000	1:06.38
Rick Scott	36	Nat99 05/14/1999	:34.62	Dean dob Brown	41	Rideauspee 02/19/2005	1:06.68
100 Breast	Club Rec: 1:12.03	Finch, Danny		Chris O'Neil	42	QUE PROV 04/03/2004	1:07.64
Danny Finch	36	Coupe 11/27/2004	1:12.03	John (dob) Baenziger	42	Provincial 04/06/2003	1:09.63
Tomas Oliva	37	Nat99 05/14/1999	1:14.83	Ed (dob) Hanrahan	42	TECHSPRINT 11/23/2002	1:11.00
Scott Dick	35	Tech 01/07/2006	1:18.25	Allan Walton	41	HULL 03/30/1996	1:11.32
Sasha Singh	36	QUE PROV 04/21/2006	1:48.02	Chris Kent	43	QUE PROV 04/21/2006	1:12.90
200 Breast	Club Rec: 2:33.46	Finch, Danny		200 Free	Club Rec: 2:12.45	Coles, Steve	
Danny Finch	37	NATIONALS 05/20/2005	2:33.46	Steve Coles	44	Nationals 05/16/2003	2:12.45
50 Fly	Club Rec: :28.19	Dick, Scott		James Norman	41	OTTAWA-RID 02/10/2001	2:26.95
Scott Dick	35	Tech 01/07/2006	:28.19	Dean dob Brown	41	Rideauspee 02/19/2005	2:36.37
JF Harvey	39	Nationals 05/16/2003	:28.68	Allan Walton	41	HULL 03/30/1996	2:37.57
Danny Finch	35	coupe 11/29/2003	:28.79	Chris O'Neil	42	QUE PROV 04/03/2004	2:39.64
Steve Coles	37	MONTREAL 06/26/1997	:31.95	Chris Kent	43	QUE PROV 04/21/2006	2:49.72
Mark McKenna	38	TECH SPRIN 10/22/2005	:32.12	Peter Scanlan	40	NATIONALS 05/20/2005	2:52.35
James Norman	39	Nat99 05/14/1999	:33.47	Steve (dob) Murray	41	NATIONALS 05/20/2005	3:07.17
Oliver Gomes	35	Tech 01/07/2006	:34.45	Bill Connerty	43	QUE PROV 04/21/2006	3:08.66
Lee Storm	35	TECH 01/22/2005	:37.59	400 Free	Club Rec: 4:51.45	Coles, Steve	
100 Fly	Club Rec: 1:01.75	Dick, Scott		Steve Coles	44	Nationals 05/16/2003	4:51.45
Scott Dick	35	QUE PROV 04/21/2006	1:01.75	James Norman	44	TECH 12/08/2004	5:27.03
Danny Finch	35	coupe 11/29/2003	1:02.55	Allan Walton	41	HULL 03/30/1996	5:41.88
Steve Coles	37	TECHNOSPO 11/01/1996	1:21.20	Chris O'Neil	42	QUE PROV 04/03/2004	5:44.71
200 Fly	Club Rec: 2:16.12	Finch, Danny		Peter Scanlan	40	NATIONALS 05/20/2005	6:05.94
Danny Finch	35	Nationals 05/16/2003	2:16.12	Chris Kent	43	QUE PROV 04/21/2006	6:12.91
Scott Dick	35	QUE PROV 04/21/2006	2:23.39	Bill Connerty	43	QUE PROV 04/21/2006	6:39.30
100 IM	Club Rec: 1:03.72	Finch, Danny		Steve (dob) Murray	41	NATIONALS 05/20/2005	6:53.11
Danny Finch	35	Provincial 04/06/2003	1:03.72	800 Free	Club Rec: 10:47.54	Norman, James	
Rick Scott	36	Nat99 05/14/1999	1:08.11	James Norman	44	QUE PROV 04/03/2004	10:47.54
Steve Coles	37	MONTREAL 06/26/1997	1:16.42	Chris O'Neil	42	QUE PROV 04/03/2004	12:11.91
JF Harvey	37	TECH 10/20/2001	1:19.87	Peter Scanlan	40	NATIONALS 05/20/2005	12:45.44
				Chris Kent	43	QUE PROV 04/21/2006	12:55.04

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Steve (dob) Murray	41	NATIONALS	05/20/2005	14:25.37	James Norman	44	TECH	10/16/2004	1:21.60
Bill Connerty	43	QUE PROV	04/21/2006	14:38.37	Peter Scanlan	41	RIDEAU	02/19/2006	1:31.11
Peter Wells	40	TECH	12/08/2001	14:43.64	200 IM	Club Rec: 2:45.84	Wright, Jim		
1500 Free	Club Rec: 20:20.73	Norman, James			Jim Wright	43	HULL	03/30/1996	2:45.84
James Norman	43	Provincial	04/06/2003	20:20.73	Pierre Genereux	43	STE FOY	04/14/2000	2:46.02
Andrew Shelp	43	QUE PROV	04/21/2006	24:56.56	Steve Coles	44	Provincial	04/06/2003	2:53.05
Peter Scanlan	40	NATIONALS	05/20/2005	25:16.37	400 IM	Club Rec: 6:14.16	Genereux, Pierre		
50 Back	Club Rec: :30.31	March, John			Pierre Genereux	44	TROIS	04/20/2001	6:14.16
John March	43	TECHNOSPO	10/19/1996	:30.31	Male 45 to 49				
Pierre Genereux	44	TROIS	04/20/2001	:34.79	25 Free				
George Green	42	QUE PROV	04/21/2006	:35.32	Scott Parsons	48	TECH	10/20/2001	:16.07
Steve Coles	42	TECH	10/20/2001	:38.18	50 Free	Club Rec: :25.34	Robertson, Bruce		
John (dob) Baenziger	42	TECHSPRINT	01/18/2003	:39.03	Bruce Robertson	46	Nat99	05/14/1999	:25.34
Ed (dob) Hanrahan	43	Provincial	04/06/2003	:42.94	Glen dob Belfry	49	Nationals	05/16/2003	:26.48
Peter Scanlan	40	NATIONALS	05/20/2005	:48.00	Marty (dob) Raymond	45	TECH	11/04/2006	:26.88
100 Back	Club Rec: 1:06.07	March, John			John March	47	OTTAWA-TE	05/06/2000	:27.48
John March	42	CARELTON	01/13/1996	1:06.07	Dave Bolton	48	Tech	01/07/2006	:28.70
Pierre Genereux	44	TROIS	04/20/2001	1:14.49	Daniel Berube	49	QUE PROV	04/21/2006	:29.55
200 Back	Club Rec: 2:54.91	Genereux (dob?), Pierre			Pierre Genereux	47	QUE PROV	04/03/2004	:29.64
Pierre Genereux	43	STE FOY	04/14/2000	2:54.91	James Norman	45	Rideauspee	02/19/2005	:30.23
50 Breast	Club Rec: :36.07	Baenziger, John (dob)			Peter Konzuk	48	NATIONALS	05/20/2005	:33.59
John (dob) Baenziger	42	Provincial	04/06/2003	:36.07	Robert Sauve	49	CARELTON	01/13/1996	:33.66
Dean dob Brown	41	Rideauspee	02/19/2005	:37.89	100 Free	Club Rec: :55.56	Robertson, Bruce		
John March	43	TECHNOSPO	10/19/1996	:39.20	Bruce Robertson	46	Nat99	05/14/1999	:55.56
Chris O'Neil	42	QUE PROV	04/03/2004	:40.24	Marty (dob) Raymond	45	TECH	11/04/2006	:58.46
Ed (dob) Hanrahan	43	TECK INVIT	03/08/2003	:41.55	John March	46	TECHNOSPO	04/17/1999	1:00.23
Steve Coles	42	TECH	10/20/2001	:42.33	James Norman	46	QUE PROV	04/21/2006	1:06.18
Steve (dob) Murray	41	NATIONALS	05/20/2005	:44.62	Daniel Berube	49	QUE PROV	04/21/2006	1:07.42
Peter Scanlan	41	RIDEAU	02/19/2006	:45.61	Daniel Kinsella	48	TECH	11/04/2006	1:07.58
Chris Kent	42	NATIONALS	05/20/2005	:46.56	Robert Sauve	49	CARELTON	01/13/1996	1:16.62
Jay Sobel	42	TECH-OTTA	05/19/2001	:52.88	Peter Konzuk	48	TECH	04/09/2005	1:24.71
100 Breast	Club Rec: 1:21.04	Baenziger, John (dob)			Brian (dob) Lehmkuhl	45	TECH	11/04/2006	1:25.00
John (dob) Baenziger	42	Provincial	04/06/2003	1:21.04	Scott Parsons	49	QUE PROV	04/19/2002	1:25.97
Dean dob Brown	41	Rideauspee	02/19/2005	1:25.33	200 Free	Club Rec: 2:03.71	Robertson, Bruce		
Jim Wright	43	ARNPRIOR	03/24/1996	1:26.28	Bruce Robertson	46	Nat99	05/14/1999	2:03.71
Ed (dob) Hanrahan	42	TECHSPRINT	11/23/2002	1:28.98	Marty (dob) Raymond	45	TECH	11/04/2006	2:09.43
Peter Scanlan	41	RIDEAU	02/19/2006	1:39.44	John March	48	TECH	11/17/2001	2:19.14
Steve (dob) Murray	41	NATIONALS	05/20/2005	1:41.67	Daniel Kinsella	48	TECH	11/04/2006	2:25.93
Jay Sobel	42	TECH-OTTA	05/19/2001	1:51.86	James Norman	46	TECH	01/28/2006	2:40.75
200 Breast	Club Rec: 3:35.12	Scanlan, Peter dob			Peter Konzuk	48	NATIONALS	05/20/2005	3:01.47
Peter Scanlan	40	NATIONALS	05/20/2005	3:35.12	Brian (dob) Lehmkuhl	45	TECH	11/04/2006	3:10.76
50 Fly	Club Rec: :29.63	March, John			Bern Chartrand	48	TECH	11/04/2006	3:28.12
John March	43	TECHNOSPO	10/19/1996	:29.63	Vincent Richer	45		03/12/2005	5:14.07
Steve Coles	40	Nat99	05/14/1999	:31.61	400 Free	Club Rec: 4:54.42	March, John		
George Green	42	QUE PROV	04/21/2006	:31.93	John March	47	TECH-OTTA	11/25/2000	4:54.42
James Norman	41	OTTAWA-RID	02/10/2001	:32.34	James Norman	46	QUE PROV	04/21/2006	5:11.19
Dean dob Brown	41	Rideauspee	02/19/2005	:32.54	Daniel Kinsella	48	RIDEAU	02/19/2006	5:24.44
John (dob) Baenziger	42	TECHSPRINT	01/18/2003	:34.48	Peter Konzuk	49	QUE PROV	04/21/2006	6:34.41
100 Fly	Club Rec: 1:05.82	March, John			Bern Chartrand	48	QUE PROV	04/21/2006	7:15.15
John March	42	CARELTON	01/13/1996	1:05.82	Vincent Richer	45	TECH	04/09/2005	10:35.07
Steve Coles	44	Nationals	05/16/2003	1:11.60	800 Free	Club Rec: 10:03.52	March, John		
James Norman	43	Provincial	04/06/2003	1:14.64	John March	46	OTTAWA	06/05/1999	10:03.52
Pierre Genereux	44	TROIS	04/20/2001	1:18.20	James Norman	45	Rideauspee	02/19/2005	10:48.82
100 IM	Club Rec: 1:11.16	March, John			Peter Konzuk	48	NATIONALS	05/20/2005	13:37.57
John March	43	TECHNOSPO	10/19/1996	1:11.16	Vincent Richer	45	NATIONALS	05/20/2005	22:12.56
Pierre Genereux	44	TROIS	04/20/2001	1:12.13	1500 Free	Club Rec: 22:21.97	Belfry, Glen dob		
Dean dob Brown	41	Rideauspee	02/19/2005	1:13.53	Glen dob Belfry	49	Nationals	05/16/2003	22:21.97
Steve Coles	40	Nat99	05/14/1999	1:13.54	Dave Bolton	47	TECH	12/03/2005	24:13.94
John (dob) Baenziger	42	Provincial	04/06/2003	1:17.39	Bern Chartrand	48	QUE PROV	04/21/2006	29:40.48

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Vincent Richer	45	NATIONALS	05/20/2005	43:22.31	100 IM	Club Rec: 1:04.14	Robertson, Bruce		
50 Back	Club Rec: :29.60	March, John			Bruce Robertson	46	Nat99	05/14/1999	1:04.14
John March	46	Nat99	05/14/1999	:29.60	Marty (dob) Raymond	45	TECH	11/04/2006	1:10.43
Bruce Robertson	46	Nat99	05/14/1999	:31.24	Pierre Genereux	47	QUE PROV	04/03/2004	1:12.45
Dave Bolton	48	QUE PROV	04/21/2006	:34.59	Dave Bolton	48	Tech	01/07/2006	1:16.91
Pierre Genereux	45	QUE PROV	04/19/2002	:34.90	Daniel Kinsella	46		02/21/2004	1:17.37
Dave Clemis	49	TECHNOSPO	04/12/1997	:49.05	James Norman	46	RIDEAU	02/19/2006	1:17.80
John Mackinnon	48	CARELTON	01/13/1996	:54.44	Daniel Berube	49	QUE PROV	04/21/2006	1:19.33
Bern Chartrand	46	QUE PROV	04/03/2004	:56.81	Vello Mijal	49	CARELTON	01/13/1996	1:28.95
100 Back	Club Rec: 1:03.81	March, John			John Mackinnon	48	CARELTON	01/13/1996	1:38.68
John March	46	Nat99	05/14/1999	1:03.81	Brian (dob) Lehmkuhl	45	TECH	11/04/2006	1:44.89
Pierre Genereux	47	QUE PROV	04/03/2004	1:14.59	200 IM	Club Rec: 2:43.90	Genereux (dob?), Pierre		
Bern Chartrand	46	QUE PROV	04/03/2004	2:16.04	Pierre Genereux	46	Nationals	05/16/2003	2:43.90
200 Back	Club Rec: 2:19.84	March, John			Daniel Kinsella	47	Rideauspee	02/19/2005	2:44.27
John March	46	Nat99	05/14/1999	2:19.84	400 IM	Club Rec: 6:15.08	Genereux (dob?), Pierre		
James Norman	46	QUE PROV	04/21/2006	2:59.47	Pierre Genereux	45	QUE PROV	04/19/2002	6:15.08
50 Breast	Club Rec: :37.64	Genereux, Pierre			Daniel Kinsella	48	TECH	01/28/2006	6:22.27
Pierre Genereux	47	QUE PROV	04/03/2004	:37.64	Male 50 to 54				
Daniel Berube	49	QUE PROV	04/21/2006	:38.00	50 Free	Club Rec: :25.53	Robertson, Bruce		
Robert Sauve	49	CARELTON	01/13/1996	:41.72	Bruce Robertson	50	Nationals	05/16/2003	:25.53
Vello Mijal	49	ETOBICOKE	04/28/1996	:42.12	Paull Leamen	53	TECHNOSPO	04/12/1997	:27.25
Peter Konzuk	49	QUE PROV	04/21/2006	:42.63	John March	50	Nationals	05/16/2003	:27.50
John Mackinnon	48	CARELTON	01/13/1996	:44.28	Robert Read	52	QUE PROV	04/21/2006	:29.20
Bern Chartrand	48	TECH	11/04/2006	:49.18	Paul Hardy	50	TECH	11/26/2005	:29.69
Roger Charbot	45	QUE PROV	04/21/2006	:49.96	Jim Wright	52	TECH	11/22/2004	:30.16
Vincent Richer	46	Tech	01/07/2006	1:20.08	Nick Winfield	52	QUE PROV	04/03/2004	:30.16
100 Breast	Club Rec: 1:21.94	Genereux, Pierre			Ronald Burns	51	CARELTON	01/13/1996	:30.74
Pierre Genereux	47	QUE PROV	04/03/2004	1:21.94	Douglas Bishop	50	TECHNOSPO	10/19/1996	:31.66
Daniel Kinsella	47	Rideauspee	02/19/2005	1:26.05	Michael Olsen	54	ARNPRIOR	03/24/1996	:32.76
Dave Bolton	48	QUE PROV	04/21/2006	1:28.21	100 Free	Club Rec: :55.71	Robertson, Bruce		
Vello Mijal	49	CARELTON	01/13/1996	1:33.18	Bruce Robertson	50	Nationals	05/16/2003	:55.71
Peter Konzuk	48	NATIONALS	05/20/2005	1:34.85	John March	50	Nationals	05/16/2003	:59.18
Robert Sauve	49	CARELTON	01/13/1996	1:35.41	Robert Read	52	QUE PROV	04/21/2006	1:05.31
John Mackinnon	48	CARELTON	01/13/1996	1:39.54	Nick Winfield	52	QUE PROV	04/03/2004	1:05.94
Roger Charbot	45	QUE PROV	04/21/2006	1:53.31	Jim Wright	52	TECH	11/22/2004	1:06.50
Bern Chartrand	47		03/12/2005	1:57.03	Ronald Burns	52	HULL	03/30/1996	1:07.62
200 Breast	Club Rec: 3:22.01	Konzuk, Peter			Paull Leamen	53	MONTREAL	06/26/1997	1:07.88
Peter Konzuk	49	QUE PROV	04/21/2006	3:22.01	Paul Hardy	50	TECH	11/26/2005	1:08.54
Roger Charbot	45	QUE PROV	04/21/2006	3:58.83	Douglas Bishop	51	TECHNOSPO	01/11/1997	1:10.79
50 Fly	Club Rec: :27.90	Robertson, Bruce			Graeme Barber	52	ARNPRIOR	03/24/1996	1:13.52
Bruce Robertson	46	Nat99	05/14/1999	:27.90	200 Free	Club Rec: 2:04.46	Robertson, Bruce		
Marty (dob) Raymond	45	TECH	11/04/2006	:29.37	Bruce Robertson	50	Nationals	05/16/2003	2:04.46
John March	47	OTTAWA-TE	01/15/2000	:29.38	John March	52		03/12/2005	2:19.26
Daniel Kinsella	48	TECH	11/04/2006	:31.95	Jim Wright	51	Nationals	05/16/2003	2:21.86
Pierre Genereux	49	QUE PROV	04/21/2006	:32.15	Ronald Burns	51	VICTORIA	05/19/1995	2:23.08
James Norman	46	QUE PROV	04/21/2006	:33.39	Paul Hardy	50	TECH	11/26/2005	2:37.70
Daniel Berube	48	TECH	01/22/2005	:34.90	Paull Leamen	53	MONTREAL	06/26/1997	2:37.96
John Mackinnon	48	CARELTON	01/13/1996	:44.73	Nick Winfield	51	Nationals	05/16/2003	2:38.50
Bern Chartrand	48	QUE PROV	04/21/2006	1:02.16	Graeme Barber	53	OTTAWA Y	11/02/1996	2:44.94
100 Fly	Club Rec: 1:02.75	March, John			Michael Olsen	54	OTTAWA Y	11/02/1996	2:50.76
John March	46	Nat99	05/14/1999	1:02.75	Marcel Desjardins	54	TECK	03/16/2002	3:12.22
Bruce Robertson	46	Nat99	05/14/1999	1:03.48	400 Free	Club Rec: 5:04.89	Burns, Ronald		
Daniel Kinsella	46		02/21/2004	1:11.80	Ronald Burns	51	VICTORIA	05/19/1995	5:04.89
James Norman	46	QUE PROV	04/21/2006	1:17.76	Douglas Bishop	53	Nat99	05/14/1999	5:12.39
Pierre Genereux	45	QUE PROV	04/19/2002	1:22.00	Jim Wright	52	TECH	11/22/2004	5:27.39
200 Fly	Club Rec: 2:22.25	March, John			Paul Hardy	50	TECH	11/26/2005	5:40.83
John March	46	Nat99	05/14/1999	2:22.25	Nick Winfield	51	Nationals	05/16/2003	5:50.44
					Paull Leamen	54	TECHNOSPO	12/13/1997	5:54.06
					John Balint	53	TECHNOSPO	04/12/1997	6:14.08

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Michael Olsen	54	HULL	03/30/1996	6:16.94	100 Breast	Club Rec: 1:20.90	Wright, Jim		
Marcel Desjardins	54	QUE PROV	04/19/2002	7:19.18	Jim Wright	51	Nationals	05/16/2003	1:20.90
Dave Clemis	52	OTTAWA	06/05/1999	7:30.48	Douglas Bishop	51	MONTREAL	06/26/1997	1:25.27
800 Free	Club Rec: 10:40.12	Wright, Jim			Nick Winfield	51	Provincial	04/06/2003	1:28.43
Jim Wright	51	Nationals	05/16/2003	10:40.12	Vello Mijal	53	Nat99	05/14/1999	1:33.14
Ronald Burns	53	MONTREAL	06/26/1997	11:31.24	Michael Olsen	54	TROIS	04/12/1996	1:36.98
Douglas Bishop	51	TECHNOSPO	05/01/1997	11:44.36	Paull Leamen	53	TECHNOSPO	11/01/1996	1:40.33
Paull Leamen	54	TECHNOSPO	12/13/1997	11:55.67	John Balint	52	TROIS	04/12/1996	1:40.63
Graeme Barber	52	ETOBICOKE	04/28/1996	12:14.68	Tony Lovink	51	DOWNTOWN	06/27/1998	1:41.04
Michael Olsen	54	TROIS	04/12/1996	12:52.12	Marcel Desjardins	54	TECHSPRINT	11/23/2002	1:46.39
Vello Mijal	53	Nat99	05/14/1999	13:11.25	200 Breast	Club Rec: 2:59.77	Wright, Jim		
Marcel Desjardins	54	QUE PROV	04/19/2002	14:42.92	Jim Wright	51	Nationals	05/16/2003	2:59.77
Dave Clemis	52	OTTAWA	06/05/1999	15:19.27	Douglas Bishop	51	TECHNOSPO	03/08/1997	3:14.46
Frederick Crowe	54	TECHNOSPO	12/12/1998	17:21.93	Nick Winfield	51	Nationals	05/16/2003	3:15.17
1500 Free	Club Rec: 20:39.80	Burns, Ronald			Vello Mijal	53	Nat99	05/14/1999	3:32.31
Ronald Burns	52	TROIS	04/12/1996	20:39.80	Michael Olsen	54	ETOBICOKE	04/28/1996	3:37.54
Douglas Bishop	50	ETOBICOKE	04/28/1996	21:26.03	John Balint	52	ETOBICOKE	04/28/1996	3:38.84
Jim Wright	53	NATIONALS	05/20/2005	21:33.41	Tony Lovink	51	DOWNTOWN	06/27/1998	3:39.34
Paull Leamen	53	TECHNOSPO	05/01/1997	23:19.31	50 Fly	Club Rec: :28.16	Robertson, Bruce		
Nick Winfield	52	QUE PROV	04/03/2004	23:42.17	Bruce Robertson	50	Nationals	05/16/2003	:28.16
John Balint	53	TECHNOSPO	02/08/1997	24:38.41	John March	50	Nationals	05/16/2003	:29.85
Michael Olsen	54	TECHNOSPO	02/08/1997	25:18.45	Jim Wright	52	TECH	10/16/2004	:32.06
Vello Mijal	54	TECH-OTTA	12/09/2000	26:34.00	Robert Read	52	Tech	01/07/2006	:32.43
50 Back	Club Rec: :30.81	March, John			Ronald Burns	51	VICTORIA	05/19/1995	:33.85
John March	50	Nationals	05/16/2003	:30.81	Paull Leamen	53	MONTREAL	06/26/1997	:35.39
Douglas Bishop	53	Nat99	05/14/1999	:34.61	Douglas Bishop	50	TECHNOSPO	10/19/1996	:39.33
Jim Wright	53	NATIONALS	05/20/2005	:34.62	John Balint	52	ARNPRIOR	03/24/1996	:40.36
Robert Read	52	QUE PROV	04/21/2006	:35.19	Vello Mijal	50	TECHNOSPO	10/19/1996	:41.18
Ronald Burns	51	CARELTON	01/13/1996	:37.37	Michael Olsen	54	TECHNOSPO	10/19/1996	:41.93
Paul Hardy	50	TECH SPRIN	10/22/2005	:37.49	100 Fly	Club Rec: 1:05.18	March, John		
Tony Lovink	51	DOWNTOWN	06/27/1998	:41.86	John March	50	Nationals	05/16/2003	1:05.18
Paull Leamen	53	TECHNOSPO	10/19/1996	:42.58	Ronald Burns	51	VICTORIA	05/19/1995	1:21.06
Vello Mijal	50	TECHNOSPO	10/19/1996	:43.20	Jim Wright	53	QUE PROV	04/15/2005	1:22.67
John Balint	52	CARELTON	01/13/1996	:43.65	Graeme Barber	52	ETOBICOKE	04/28/1996	1:27.13
100 Back	Club Rec: 1:05.06	March, John			Paull Leamen	53	TECHNOSPO	11/01/1996	1:30.57
John March	50	Nationals	05/16/2003	1:05.06	John Balint	52	TROIS	04/12/1996	1:40.88
Douglas Bishop	53	Nat99	05/14/1999	1:15.67	Michael Olsen	54	TECHNOSPO	11/01/1996	1:42.90
Ronald Burns	52	ETOBICOKE	04/28/1996	1:19.85	Tony Lovink	53	TECH-OTTA	11/25/2000	1:55.69
Jim Wright	53	TECH	11/26/2005	1:29.50	200 Fly	Club Rec: 2:38.76	March, John		
Paull Leamen	53	TECHNOSPO	11/01/1996	1:38.25	John March	53	QUE PROV	04/21/2006	2:38.76
John Balint	53	TECHNOSPO	04/12/1997	1:41.61	Graeme Barber	52	TROIS	04/12/1996	3:31.76
Vello Mijal	51	TECHNOSPO	11/15/1997	1:43.19	John Balint	52	ETOBICOKE	04/28/1996	3:47.84
Jim English	53	TECHNOSPO	01/11/1997	1:48.88	100 IM	Club Rec: 1:05.62	Robertson, Bruce		
Marcel Desjardins	54	TECHSPRINT	11/23/2002	1:50.29	Bruce Robertson	50	Nationals	05/16/2003	1:05.62
Michael Olsen	54	TECHNOSPO	11/01/1996	1:54.58	John March	50	tech	10/18/2003	1:13.08
200 Back	Club Rec: 2:22.81	March, John			Robert Read	52	QUE PROV	04/21/2006	1:14.45
John March	50	Nationals	05/16/2003	2:22.81	Jim Wright	52	TECH	10/16/2004	1:15.89
Ronald Burns	51	VICTORIA	05/19/1995	2:52.77	Douglas Bishop	50	ETOBICOKE	04/28/1996	1:16.84
Jim Wright	51	Nationals	05/16/2003	2:55.54	Paull Leamen	52	ETOBICOKE	04/28/1996	1:23.17
50 Breast	Club Rec: :36.83	Read, Robert			Graeme Barber	52	TROIS	04/12/1996	1:24.25
Robert Read	52	QUE PROV	04/21/2006	:36.83	Vello Mijal	53	Nat99	05/14/1999	1:28.16
Jim Wright	52	TECH	10/16/2004	:37.22	John Balint	52	TROIS	04/12/1996	1:28.82
Douglas Bishop	50	ETOBICOKE	04/28/1996	:39.26	Michael Olsen	54	TECHNOSPO	01/11/1997	1:35.53
Nick Winfield	52	TECH	03/13/2004	:40.13	200 IM	Club Rec: 2:35.60	March, John		
Michael Olsen	54	TECHNOSPO	10/19/1996	:41.85	John March	53	QUE PROV	04/21/2006	2:35.60
Vello Mijal	50	TECHNOSPO	10/19/1996	:41.99	Douglas Bishop	53	Nat99	05/14/1999	2:44.31
John Balint	52	CARELTON	01/13/1996	:42.27	Jim Wright	51	Nationals	05/16/2003	2:49.06
Paull Leamen	53	TECHNOSPO	10/19/1996	:43.11	Graeme Barber	52	ETOBICOKE	04/28/1996	3:06.92
Tony Lovink	51	TECHNOSPO	06/20/1998	:45.67	Paull Leamen	53	TECHNOSPO	11/01/1996	3:17.85
Marcel Desjardins	54	TECK	03/16/2002	:48.01					

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John Balint	52	ETOBICOKE	04/28/1996	3:23.14	800 Free	Club Rec: 11:18.90	Bishop, Douglas		
Vello Mijal	53	Nat99	05/14/1999	3:24.92	Douglas Bishop	58	QUE PROV	04/03/2004	11:18.90
Tony Lovink	52	Nat99	05/14/1999	3:35.37	Graeme Barber	56	Nat99	05/14/1999	11:35.94
Michael Olsen	54	TECHNOSPO	11/01/1996	3:38.72	Michael Olsen	55	MONTREAL	06/26/1997	12:12.84
400 IM	Club Rec: 5:57.20	Bishop, Douglas			Paull Leamen	56	Nat99	05/14/1999	12:14.52
Douglas Bishop	53	Nat99	05/14/1999	5:57.20	Ralph Chown	59	TECHNOSPO	12/13/1997	13:08.82
Jim Wright	53	NATIONALS	05/20/2005	6:37.01	John Balint	55	TECHNOSPO	12/12/1998	13:10.77
Graeme Barber	52	ETOBICOKE	04/28/1996	6:55.64	Paul Gallagher	55	TECH-OTTA	02/23/2001	14:00.53
John Balint	52	TROIS	04/12/1996	7:20.97	Marcel Desjardins	55	Nationals	05/16/2003	14:31.70
Tony Lovink	52	Nat99	05/14/1999	7:45.61	Richard Milne	56	TECHNOSPO	12/12/1998	14:39.88
					David Beasley	59	TECHNOSPO	02/20/1999	16:16.92
Male 55 to 59					1500 Free	Club Rec: 22:00.00	Bishop, Douglas		
25 Free					Ronald Burns	56	BROCKVILLE	03/18/2000	20:43.79
Michael Olsen	59	TECH	10/20/2001	:15.11	Douglas Bishop	59	NATIONALS	05/20/2005	22:00.00
50 Free	Club Rec: :29.63	Leamen, Paull			Graeme Barber	56	Nat99	05/14/1999	22:05.64
Paull Leamen	56	Nat99	05/14/1999	:29.63	Paull Leamen	56	Nat99	05/14/1999	23:10.83
Douglas Bishop	58	QUE PROV	04/03/2004	:30.89	John Balint	56	Nat99	05/14/1999	23:30.38
Michael Olsen	58	STE FOY	04/14/2000	:31.80	Ralph Chown	57	VICTORIA	05/19/1995	23:58.57
Ralph Chown	57	VICTORIA	05/19/1995	:32.31	Michael Olsen	57	Nat99	05/14/1999	24:04.68
Graeme Barber	55	TECHNOSPO	11/14/1998	:34.39	Richard Milne	59	TROIS	04/20/2001	26:46.64
Vello Mijal	58	QUE PROV	04/03/2004	:34.95	Marcel Desjardins	55	TECH	07/06/2003	27:53.23
John Balint	57	STE FOY	04/14/2000	:34.97					
Marcel Desjardins	55	Provincial	04/06/2003	:35.14	50 Back	Club Rec: :36.21	Bishop, Douglas		
Richard Milne	59	TROIS	04/20/2001	:36.44	Douglas Bishop	57	Nationals	05/16/2003	:36.21
Tony Lovink	56	Provincial	04/06/2003	:38.16	Michael Olsen	58	OTTAWA-TE	03/18/2000	:41.80
					John Balint	56	Nat99	05/14/1999	:41.81
100 Free	Club Rec: 1:07.50	Leamen, Paull			Tony Lovink	56	Provincial	04/06/2003	:43.49
Paull Leamen	55	ETOBICOKE	03/13/1998	1:07.50	Vello Mijal	58	QUE PROV	04/03/2004	:43.99
Ralph Chown	57	VICTORIA	05/19/1995	1:11.41	Marcel Desjardins	55	Provincial	04/06/2003	:49.45
Michael Olsen	55	MONTREAL	06/26/1997	1:12.94	Ralph Chown	59	TECHNOSPO	03/08/1997	:52.81
Graeme Barber	55	TECHNOSPO	11/14/1998	1:15.26					
Marcel Desjardins	55	Nationals	05/16/2003	1:17.23	100 Back	Club Rec: 1:18.98	Bishop, Douglas		
Richard Milne	59	CALGARY	05/18/2001	1:19.04	Douglas Bishop	57	Nationals	05/16/2003	1:18.98
Vello Mijal	57	Provincial	04/06/2003	1:20.20	John Balint	56	TROIS	04/16/1999	1:38.81
John Balint	57	STE FOY	04/14/2000	1:21.06	Tony Lovink	56	Nationals	05/16/2003	1:40.05
Paul Gallagher	55	TECH-OTTA	01/27/2001	1:31.46	Marcel Desjardins	55	Provincial	04/06/2003	1:50.87
David Beasley	59	OTTAWA-TE	10/16/1999	1:32.68	Ralph Chown	59	TECHNOSPO	04/12/1997	1:52.73
					Michael Olsen	56	TECHNOSPO	11/14/1998	1:57.99
200 Free	Club Rec: 2:39.33	Leamen, Paull			200 Back	Club Rec: 3:46.40	Lovink, Tony		
Ronald Burns	56	BROCKVILLE	03/18/2000	2:32.56	Tony Lovink	58	Rideauspee	02/19/2005	3:46.40
Paull Leamen	55	ETOBICOKE	03/13/1998	2:39.33	John Balint	59	QUE PROV	04/19/2002	3:48.19
Ralph Chown	57	VICTORIA	05/19/1995	2:39.76	Ralph Chown	58	ETOBICOKE	04/28/1996	3:54.83
Michael Olsen	57	Nat99	05/14/1999	2:40.87					
Graeme Barber	56	Nat99	05/14/1999	2:41.72	50 Breast	Club Rec: :39.10	Olsen, Michael		
John Balint	56	TROIS	04/16/1999	2:56.01	Michael Olsen	57	Nat99	05/14/1999	:39.10
Richard Milne	59	TROIS	04/20/2001	3:05.99	Douglas Bishop	57	Nationals	05/16/2003	:39.24
Marcel Desjardins	56	TECH	11/22/2004	3:10.34	Paul Gallagher	55	TROIS	04/20/2001	:41.22
Frederick Crowe	56	OTTAWA-TE	03/18/2000	3:36.97	Ralph Chown	58	ETOBICOKE	04/28/1996	:42.65
					Vello Mijal	56	TECK	03/16/2002	:43.55
400 Free	Club Rec: 5:16.61	Bishop, Douglas			John Balint	59	QUE PROV	04/19/2002	:45.08
Douglas Bishop	58	QUE PROV	04/03/2004	5:16.61	Tony Lovink	56	Provincial	04/06/2003	:46.01
Ronald Burns	56	BROCKVILLE	03/18/2000	5:20.84	Marcel Desjardins	55	TECK INVIT	03/08/2003	:47.00
Graeme Barber	56	Nat99	05/14/1999	5:43.68					
Paull Leamen	55	ETOBICOKE	03/13/1998	5:43.84	100 Breast	Club Rec: 1:24.97	Bishop, Douglas		
Michael Olsen	57	Nat99	05/14/1999	5:48.34	Douglas Bishop	58	QUE PROV	04/03/2004	1:24.97
Ralph Chown	59	TECHNOSPO	04/12/1997	5:57.75	Paul Gallagher	55	TROIS	04/20/2001	1:31.20
John Balint	56	TROIS	04/16/1999	6:13.91	Michael Olsen	57	TROIS	04/16/1999	1:32.13
Marcel Desjardins	55	Nationals	05/16/2003	6:43.04	Vello Mijal	57	Nationals	05/16/2003	1:35.92
Vello Mijal	58	QUE PROV	04/03/2004	6:45.83	Ralph Chown	59	MONTREAL	06/26/1997	1:37.26
Richard Milne	59	CALGARY	05/18/2001	6:51.21	Tony Lovink	56	Rideau	02/16/2003	1:41.53
					Marcel Desjardins	55	Nationals	05/16/2003	1:44.07

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200 Breast	Club Rec: 3:21.69	Gallagher, Paul			50 Free	Club Rec: :30.88	Leamen, Paull		
Paul Gallagher	55	TROIS	04/20/2001	3:21.69	Paull Leamen	62	NATIONALS	05/20/2005	:30.88
Michael Olsen	57	Nat99	05/14/1999	3:29.10	Michael Heath-Eves	63	NATIONALS	05/20/2005	:31.18
Ralph Chown	59	TECHNOSPO	03/08/1997	3:33.65	Peter Leach	61	QUE PROV	04/21/2006	:31.51
Vello Mijal	58	QUE PROV	04/03/2004	3:34.00	Michael Olsen	61	Provincial	04/06/2003	:31.75
Tony Lovink	55	QUE PROV	04/19/2002	3:45.86	Ralph Chown	62	HALIFAX,	05/12/2000	:32.78
Marcel Desjardins	55	Nationals	05/16/2003	3:55.14	Graeme Barber	61	QUE PROV	04/03/2004	:35.52
					John Balint	60	Nationals	05/16/2003	:35.59
50 Fly	Club Rec: :36.96	Leamen, Paull			Richard Milne	61	Nationals	05/16/2003	:36.86
Paull Leamen	56	Nat99	05/14/1999	:36.96	Harvey Glatt	63	TECHNOSPO	11/15/1997	:46.25
Ralph Chown	57	VICTORIA	05/19/1995	:37.70	John Ross	64	Nationals	05/16/2003	:46.39
Graeme Barber	57	OTTAWA-TE	03/18/2000	:38.55					
Michael Olsen	57	OTTAWA-TE	10/16/1999	:40.54	100 Free	Club Rec: 1:09.40	Heath-Eves, Michael		
John Balint	57	STE FOY	04/14/2000	:41.65	Michael Heath-Eves	63	NATIONALS	05/20/2005	1:09.40
Vello Mijal	56	QUE PROV	04/19/2002	:42.03	Paull Leamen	62	NATIONALS	05/20/2005	1:09.42
Tony Lovink	56	Provincial	04/06/2003	:44.08	Michael Olsen	61	Provincial	04/06/2003	1:10.23
Marcel Desjardins	55	Provincial	04/06/2003	:48.79	Peter Leach	61	QUE PROV	04/21/2006	1:11.95
					Ralph Chown	62	HALIFAX,	05/12/2000	1:12.42
100 Fly	Club Rec: 1:32.16	Bishop, Douglas			John Balint	60	Provincial	04/06/2003	1:20.78
Douglas Bishop	56	TECH	04/13/2002	1:32.16	Richard Milne	61	Nationals	05/16/2003	1:24.20
Graeme Barber	55	ETOBICOKE	03/13/1998	1:34.43	Graeme Barber	60	Provincial	04/06/2003	1:24.59
Ralph Chown	57	VICTORIA	05/19/1995	1:34.74	Vello Mijal	60	QUE PROV	04/21/2006	1:25.55
Michael Olsen	59	TECH	11/17/2001	1:47.69	John Ross	64	Nationals	05/16/2003	1:44.76
Tony Lovink	55	TECH	04/13/2002	1:49.24					
					200 Free	Club Rec: 2:37.29	Heath-Eves, Michael		
200 Fly	Club Rec: 3:41.48	Barber, Graeme			Michael Heath-Eves	63	NATIONALS	05/20/2005	2:37.29
Graeme Barber	56	TROIS	04/16/1999	3:41.48	Paull Leamen	62	NATIONALS	05/20/2005	2:40.07
Ralph Chown	57	VICTORIA	05/19/1995	3:48.13	Ralph Chown	62	HALIFAX,	05/12/2000	2:42.61
Tony Lovink	56	Nationals	05/16/2003	4:30.88	Michael Olsen	61	Nationals	05/16/2003	2:48.41
					Peter Leach	60	NATIONALS	05/20/2005	2:50.31
100 IM	Club Rec: 1:16.85	Bishop, Douglas			Graeme Barber	60	Provincial	04/06/2003	3:02.67
Douglas Bishop	56	QUE PROV	04/19/2002	1:16.85	Richard Milne	61	Nationals	05/16/2003	3:10.96
Graeme Barber	56	Nat99	05/14/1999	1:22.83	David Beasley	60	OTTAWA-TE	03/18/2000	3:35.71
John Balint	56	Nat99	05/14/1999	1:26.97	John Ross	64	Nationals	05/16/2003	3:56.01
Paull Leamen	58	TROIS	04/20/2001	1:27.69	Grant Sinclair	64	TROIS	04/20/2001	4:48.35
Ralph Chown	58	ETOBICOKE	04/28/1996	1:32.11					
Vello Mijal	57	Provincial	04/06/2003	1:32.52	400 Free	Club Rec: 5:32.37	Bishop, Douglas		
Marcel Desjardins	55	Nationals	05/16/2003	1:34.96	Douglas Bishop	60	QUE PROV	04/21/2006	5:32.37
Tony Lovink	56	Provincial	04/06/2003	1:36.24	Michael Heath-Eves	63	QUE PROV	04/15/2005	5:41.42
Michael Olsen	55	TECHNOSPO	10/01/1997	1:36.85	Paull Leamen	60	Provincial	04/06/2003	5:47.84
					Michael Olsen	61	Provincial	04/06/2003	5:55.78
200 IM	Club Rec: 2:47.93	Bishop, Douglas			Graeme Barber	61	QUE PROV	04/03/2004	6:04.15
Douglas Bishop	58	QUE PROV	04/03/2004	2:47.93	Peter Leach	61	QUE PROV	04/21/2006	6:12.14
Graeme Barber	55	ETOBICOKE	03/13/1998	3:06.00	John Balint	60	Nationals	05/16/2003	6:24.45
John Balint	56	Nat99	05/14/1999	3:16.15	Richard Milne	64	QUE PROV	04/21/2006	6:58.67
Ralph Chown	58	ETOBICOKE	04/28/1996	3:20.01	John Ross	64	Provincial	04/06/2003	8:56.40
Vello Mijal	57	Nationals	05/16/2003	3:25.52					
Tony Lovink	56	Provincial	04/06/2003	3:31.87	800 Free	Club Rec: 11:45.55	Heath-Eves, Michael		
Michael Olsen	59	TECH	11/17/2001	3:45.62	Michael Heath-Eves	63	NATIONALS	05/20/2005	11:45.55
Marcel Desjardins	57	TECH	01/22/2005	3:49.89	Paull Leamen	62	NATIONALS	05/20/2005	11:59.14
					Michael Olsen	61	Provincial	04/06/2003	12:31.50
400 IM	Club Rec: 5:58.27	Bishop, Douglas			Ralph Chown	60	TECHNOSPO	12/12/1998	12:55.56
Douglas Bishop	57	Nationals	05/16/2003	5:58.27	John Balint	60	Nationals	05/16/2003	13:01.03
Graeme Barber	56	Nat99	05/14/1999	6:46.03	John Ross	64	Nationals	05/16/2003	18:14.22
John Balint	56	TROIS	04/16/1999	7:30.52	Richard Milne	62	QUE PROV	04/03/2004	27:52.15
Michael Olsen	57	TROIS	04/16/1999	7:50.80					
Tony Lovink	55	QUE PROV	04/19/2002	7:51.95	1500 Free	Club Rec: 22:17.14	Bishop, Douglas		
					Douglas Bishop	60	QUE PROV	04/21/2006	22:17.14
Male 60 to 64					Michael Heath-Eves	63	Rideauspee	02/19/2005	22:49.15
25 Free					Paull Leamen	62	NATIONALS	05/20/2005	23:01.98
Michael Olsen	61	tech	10/18/2003	:15.30	Graeme Barber	61	QUE PROV	04/03/2004	23:33.29
John Ross	62	TECH	10/20/2001	:21.44	Michael Olsen	63	NATIONALS	05/20/2005	24:15.21
Grant Sinclair	64	TECH	10/20/2001	:23.01	John Balint	60	Provincial	04/06/2003	24:26.42
					Ralph Chown	62	STE FOY	04/14/2000	24:27.50
					Richard Milne	64	QUE PROV	04/21/2006	28:41.64

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50 Back	Club Rec: :37.67	Bishop, Douglas	Michael Olsen	64	TECH	11/04/2006	1:38.39
Douglas Bishop	60	QUE PROV 04/21/2006	:37.67	200 IM	Club Rec: 2:53.74	Bishop, Douglas	
Michael Heath-Eves	63	NATIONALS 05/20/2005	:42.42	Douglas Bishop	60	QUE PROV 04/21/2006	2:53.74
Peter Leach	60	NATIONALS 05/20/2005	:44.24	Ralph Chown	62	HALIFAX, 05/12/2000	3:20.90
John Balint	60	TECHSPRINT 01/18/2003	:44.71	Graeme Barber	61	QUE PROV 04/03/2004	3:21.61
Vello Mijal	60	QUE PROV 04/21/2006	:46.71	Paull Leamen	60	TECH 11/23/2003	3:35.50
Michael Olsen	62	TECH 10/16/2004	:53.39	Michael Olsen	63	TECH 01/22/2005	3:43.93
Ralph Chown	60	TECHNOSPO 01/10/1998	:55.46	400 IM	Club Rec: 6:09.64	Bishop, Douglas	
Ted Moores	60	TROIS 04/20/2001	:57.87	Douglas Bishop	60	QUE PROV 04/21/2006	6:09.64
Grant Sinclair	64	TROIS 04/20/2001	1:24.41	John Balint	60	Provincial 04/06/2003	7:20.88
100 Back	Club Rec: 1:38.65	Leamen, Paull	Graeme Barber	61	QUE PROV 04/03/2004	7:27.33	
Paull Leamen	60	Provincial 04/06/2003	1:38.65	Ralph Chown	60	TECHNOSPO 02/07/1998	7:28.72
John Balint	60	Provincial 04/06/2003	1:38.94	Male 65 to 69			
Ralph Chown	60	TECHNOSPO 01/10/1998	1:58.80	50 Free	Club Rec: :35.99	Inglis, Arthur	
Grant Sinclair	64	TROIS 04/20/2001	3:02.89	Arthur Inglis	69	TECH 10/20/2001	:35.99
200 Back	Club Rec: 2:59.76	Bishop, Douglas	Alan Lister	66	ETOBICOKE 04/28/1996	:43.70	
Douglas Bishop	60	QUE PROV 04/21/2006	2:59.76	Harvey Glatt	65	Nat99 05/14/1999	:47.19
Ralph Chown	60	TECHNOSPO 02/07/1998	4:01.91	John Ross	67	TECH 11/04/2006	:50.30
50 Breast	Club Rec: :41.24	Olsen, Michael	Grant Sinclair	66	Provincial 04/06/2003	:55.18	
Michael Olsen	63	NATIONALS 05/20/2005	:41.24	100 Free	Club Rec: 1:16.93	Inglis, Arthur	
Ralph Chown	60	TECHNOSPO 01/10/1998	:46.60	Arthur Inglis	69	TECH 11/17/2001	1:16.93
Michael Heath-Eves	63	TECH 01/22/2005	:47.07	Alan Lister	65	VICTORIA 05/19/1995	1:43.61
John Balint	63	QUE PROV 04/21/2006	:48.16	Harvey Glatt	65	Nat99 05/14/1999	1:45.68
Harvey Glatt	64	TECHNOSPO 12/31/1999	1:11.48	John Ross	67	TECH 11/04/2006	1:50.03
John Ross	63	TECK 01/19/2002	1:13.13	Grant Sinclair	65	TECK 05/11/2002	2:05.14
100 Breast	Club Rec: 1:38.16	Olsen, Michael	200 Free	Club Rec: 3:07.77	Inglis, Arthur		
Michael Olsen	62	QUE PROV 04/03/2004	1:38.16	Arthur Inglis	69	TECH 11/17/2001	3:07.77
Vello Mijal	60	QUE PROV 04/21/2006	1:41.88	Harvey Glatt	68	TECK 03/16/2002	3:56.81
Ralph Chown	60	TECHNOSPO 01/10/1998	1:45.92	Alan Lister	65	VICTORIA 05/19/1995	4:03.08
John Ross	64	Nationals 05/16/2003	2:47.04	John Ross	67	TECH 04/08/2006	4:07.22
200 Breast	Club Rec: 3:45.96	Olsen, Michael	Grant Sinclair	65	TECK 03/16/2002	4:49.33	
Michael Olsen	64	QUE PROV 04/21/2006	3:45.96	400 Free	Club Rec: 8:18.07	Glatt, Harvey	
Ralph Chown	60	TECHNOSPO 02/07/1998	3:50.64	Harvey Glatt	67	TECH 11/17/2001	8:18.07
50 Fly	Club Rec: :37.48	Heath-Eves, Michael	Alan Lister	66	ETOBICOKE 04/28/1996	8:44.21	
Michael Heath-Eves	63	QUE PROV 04/15/2005	:37.48	John Ross	67	TECH 04/08/2006	8:52.72
Graeme Barber	61	QUE PROV 04/03/2004	:39.55	Grant Sinclair	66	Nationals 05/16/2003	10:32.65
Paull Leamen	62	NATIONALS 05/20/2005	:39.79	800 Free	Club Rec: 17:02.86	Glatt, Harvey	
Michael Olsen	60	QUE PROV 04/19/2002	:40.68	Harvey Glatt	68	QUE PROV 04/19/2002	17:02.86
Peter Leach	61	QUE PROV 04/21/2006	:41.13	Alan Lister	65	VICTORIA 05/19/1995	18:22.71
Ralph Chown	60	TECHNOSPO 01/10/1998	:42.26	John Ross	65	QUE PROV 04/03/2004	18:46.60
John Balint	63	QUE PROV 04/21/2006	:43.54	1500 Free	Club Rec: 33:57.17	Glatt, Harvey	
Vello Mijal	60	QUE PROV 04/21/2006	:46.29	Harvey Glatt	65	Nat99 05/14/1999	33:57.17
100 Fly	Club Rec: 1:33.23	Heath-Eves, Michael	50 Back	Club Rec: :39.34	Inglis, Arthur		
Michael Heath-Eves	64	Tech 01/07/2006	1:33.23	Arthur Inglis	69	TECH 11/17/2001	:39.34
John Balint	60	Nationals 05/16/2003	1:40.03	Alan Lister	66	CARELTON 01/13/1996	1:03.12
Ralph Chown	62	HALIFAX, 05/12/2000	1:40.68	Grant Sinclair	65	QUE PROV 04/19/2002	1:12.28
Graeme Barber	61	QUE PROV 04/03/2004	1:40.98	100 Back	Club Rec: 1:29.91	Inglis, Arthur	
Michael Olsen	60	TECK 01/19/2002	2:11.99	Arthur Inglis	69	TECH 12/08/2001	1:29.91
200 Fly	Club Rec: 3:48.10	Chown, Ralph	Grant Sinclair	65	QUE PROV 04/19/2002	2:47.99	
Ralph Chown	62	HALIFAX, 05/12/2000	3:48.10	200 Back	Club Rec: 3:22.56	Inglis, Arthur	
John Balint	60	Provincial 04/06/2003	3:49.00	Arthur Inglis	69	TROIS 04/20/2001	3:22.56
100 IM	Club Rec: 1:19.14	Bishop, Douglas	Grant Sinclair	66	Nationals 05/16/2003	5:54.49	
Douglas Bishop	60	QUE PROV 04/21/2006	1:19.14	50 Breast	Club Rec: :57.30	Lister, Alan	
Michael Heath-Eves	63	NATIONALS 05/20/2005	1:27.35	Alan Lister	65	VICTORIA 05/19/1995	:57.30
Paull Leamen	60	Nationals 05/16/2003	1:28.29	Harvey Glatt	65	TECHNOSPO 03/20/1999	1:14.55
Graeme Barber	61	QUE PROV 04/03/2004	1:31.00	John Ross	67	TECH 11/04/2006	1:16.70
Peter Leach	61	QUE PROV 04/21/2006	1:31.44				
John Balint	60	Provincial 04/06/2003	1:32.77				
Ralph Chown	60	TECHNOSPO 01/10/1998	1:35.66				

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100 Breast	Club Rec: 2:17.37	Lister, Alan			200 IM	Club Rec: 3:22.05	Inglis, Arthur		
Alan Lister	67	MONTREAL	06/26/1997	2:17.37	Arthur Inglis	71	Nationals	05/16/2003	3:22.05
John Ross	65	QUE PROV	04/03/2004	2:59.80					
Harvey Glatt	69	Nationals	05/16/2003	3:02.60					
200 Breast	Club Rec: 5:20.31	Lister, Alan			Male 75 to 79				
Alan Lister	67	MONTREAL	06/26/1997	5:20.31	50 Free	Club Rec: :47.50	Lister, Alan		
					Alan Lister	75	QUE PROV	04/03/2004	:47.50
50 Fly	Club Rec: 59:59.99	no record holder			100 Free	Club Rec: 1:54.29	Lister, Alan		
Harvey Glatt	68	TECH	04/13/2002	:49.13	Alan Lister	75	QUE PROV	04/03/2004	1:54.29
100 IM	Club Rec: 1:33.80	Inglis, Arthur			200 Free	Club Rec: 4:28.66	Lister, Alan		
Arthur Inglis	69	CALGARY	05/18/2001	1:33.80	Alan Lister	75	QUE PROV	04/03/2004	4:28.66
Alan Lister	65	VICTORIA	05/19/1995	2:11.22	400 Free	Club Rec: 9:36.01	Lister, Alan		
					Alan Lister	75	QUE PROV	04/03/2004	9:36.01
Male 70 to 74					50 Breast	Club Rec: 1:02.38	Lister, Alan		
50 Free	Club Rec: :33.03	Inglis, Arthur			Alan Lister	75	QUE PROV	04/03/2004	1:02.38
Arthur Inglis	70	NY PENT	12/14/2002	:33.03	100 Breast	Club Rec: 2:25.10	Lister, Alan		
Chris Smith	70	QUE PROV	04/19/2002	:34.78	Alan Lister	75	QUE PROV	04/03/2004	2:25.10
Alan Lister	70	Nat99	05/14/1999	:45.04					
100 Free	Club Rec: 1:14.93	Inglis, Arthur							
Arthur Inglis	71	TECHSPRINT	01/18/2003	1:14.93					
Chris Smith	70	QUE PROV	04/19/2002	1:16.22					
Alan Lister	70	Nat99	05/14/1999	1:49.28					
200 Free	Club Rec: 3:01.83	Inglis, Arthur							
Arthur Inglis	71	Provincial	04/06/2003	3:01.83					
Alan Lister	72	TROIS	04/20/2001	4:10.26					
400 Free	Club Rec: 6:20.93	Inglis, Arthur							
Arthur Inglis	70	TECHSPRINT	11/23/2002	6:20.93					
Alan Lister	72	CALGARY	05/18/2001	9:20.08					
800 Free	Club Rec: 13:25.83	Inglis, Arthur							
Arthur Inglis	71	Nationals	05/16/2003	13:25.83					
Alan Lister	70	OTTAWA	06/05/1999	20:06.58					
1500 Free	Club Rec: 24:32.13	Smith, Chris							
Chris Smith	70	QUE PROV	04/19/2002	24:32.13					
50 Back	Club Rec: :38.24	Inglis, Arthur							
Arthur Inglis	70	NY PENT	12/14/2002	:38.24					
Alan Lister	71	OTTAWA-TE	05/06/2000	1:04.31					
100 Back	Club Rec: 1:27.77	Inglis, Arthur							
Arthur Inglis	71	Provincial	04/06/2003	1:27.77					
200 Back	Club Rec: 3:14.76	Inglis, Arthur							
Arthur Inglis	71	Nationals	05/16/2003	3:14.76					
50 Breast	Club Rec: :43.78	Inglis, Arthur							
Arthur Inglis	70	NY PENT	12/14/2002	:43.78					
Chris Smith	70	QUE PROV	04/19/2002	:47.25					
Alan Lister	71	HALIFAX,	05/12/2000	:59.63					
100 Breast	Club Rec: 2:18.91	Lister, Alan							
Alan Lister	72	CALGARY	05/18/2001	2:18.91					
200 Breast	Club Rec: 5:04.39	Lister, Alan							
Alan Lister	72	TROIS	04/20/2001	5:04.39					
50 Fly	Club Rec: :45.81	Inglis, Arthur							
Arthur Inglis	70	NY PENT	12/14/2002	:45.81					
100 Fly	Club Rec: 1:51.24	Smith, Chris							
Chris Smith	70	QUE PROV	04/19/2002	1:51.24					
200 Fly	Club Rec: 4:10.48	Smith, Chris							
Chris Smith	70	QUE PROV	04/19/2002	4:10.48					
100 IM	Club Rec: 1:27.89	Inglis, Arthur							
Arthur Inglis	70	NY PENT	12/14/2002	1:27.89					
Chris Smith	70	QUE PROV	04/19/2002	1:37.95					
Alan Lister	71	HALIFAX,	05/12/2000	2:19.09					