

You're on Your Own

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Did You Know



- ***Following a major disaster, first responders who provide fire and medical services will not be able to meet the demand for these services.***
- ***After a catastrophic disaster, citizens will volunteer to help. Without proper training these people can expose themselves to potential injury and even death!***
- ***Experience has shown that basic training in disaster survival and rescue skills improves the ability of citizens to survive until responders or other assistance arrives.***

During training, **CERTs** learn to:

- . Prepare for the hazards that threaten their communities.
- . Apply size-up and safety principles
- . Locate and turn off utilities.
- . Extinguish small fires.
- . Identify hazardous materials situations
- . Triage and treat victims.
- . Set up a medical treatment area.
- . Conduct searches and rescues in lightly and moderately damaged structures.
- . Understand the psychological impact of a disaster on themselves and others.
- . Organize CERT members and spontaneous volunteers for an effective and safe response
- . Apply response skills in a disaster simulation.

20 Hours of Training
8 - 2.5hr Sessions

Saturdays 9 - 11:30

5 - 15 West 125 Street 2nd Floor New York, NY 10027
Call for Scheduling 1212-427-0320

CERT
COMMUNITY EMERGENCY RESPONSE TEAM