

Track-layer Information

Track 7

Put an article in a sealed bag and give it to the steward or place it where the steward directs you to, and leave the 2 starting pegs

Pick up all other markers and poles in order of map.

Read any instructions on the flags. Eg: drop article, right or left turn etc.

Drop your articles where indicated before removing the marker pole.

If the markers have blown off the track leave them and tell the steward when you have finished the track.

If you can't find a marker "note the number", read the map and proceed to the next marker. Notify the steward of the problem when you have finished the track.

If you are leaving an article (a twice folded tee shirt laid flat) drop it at the base of the marker before removing that marker. Proceed to the road and your car etc. If you are returning to the end of the track, mark your way out so you can find your way back to the end of the track.

After you have walked the track, when time permits please remove markers from poles, clip peg onto top of marker and sort into order.

Thank you for your assistance.