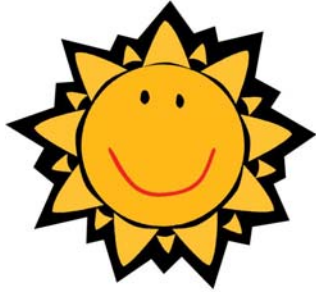


The Joy of Tennis

Have some fun this summer,
Learn some Tennis too!



Come out to the courts and start playing some tennis! This summer, Coaches Alex and Racel will help you learn how to play the game, or just refine your skills. Don't forget to bring your friends too! No one wants to play alone!

Join the camp, and you'll have the chance to play for fun, learn, swim, and play matches against other club/camp teams. Or maybe pick up a session of group lessons to get even better technique training. Even better – do both!

Either way, you'll benefit from playing the game of tennis. It's a game that everyone can enjoy for a lifetime.

More details:

Visit us on the Twin Farms website:
www.TwinFarmsClub.com

Important Contacts:

Racel DeGuzman
(240) 604-7613
e-mail: mayumi1girl@yahoo.com

Alex Power
(301) 672-6515
e-mail apower2@towson.edu

Membership questions:

(301) 384-9754

Twin Farms Tennis Camp & Group Lessons



SUMMER 2008

Twin Farms Swim & Tennis Club
1200 Fairland Road
Silver Spring, MD

Mailing address:
P.O. Box 4114
Silver Spring, MD 20914

COACHES

Alex Power (Intermediate – Advanced Level Teaching): A Wheaton High School alumnus ('05); Captain and No. 1 Singles of his Men's Varsity Tennis Team. He privately trained with Jeff Klein at the Aspen Hill Club, and has also been part of the Men's Singles League (Gold Division). He has been playing Tennis for 6 years and is still actively playing. He is also registered with the USTA (United States Tennis Association).

Racel DeGuzman (Beginner-Intermediate Level Teaching): A Springbrook High School alumnus ('05); team Captain and played Singles positions 2-4. She trained privately at the Hillandale Tennis Club, and has 5 years experience and is still playing. She is currently attending Towson University, majoring in Sports Medicine and she holds a CPR/AED/First Aid Certification.

CAMPS & GROUP LESSONS SCHEDULE

JUNE

| MON | TUES | WED | THURS | FRI |
|----------------------------|------|-----|-------|-----|
| 2 | 3 | 4 | 5 | 6 |
| 9 | 10 | 11 | 12 | 13 |
| 16 | 17 | 18 | 19 | 20 |
| SESSION 1 TENNIS CAMP WEEK | | | | |
| SESSION A - GROUP LESSONS | | | | |
| 23 | 24 | 25 | 26 | 27 |
| SESSION 2 TENNIS CAMP WEEK | | | | |
| SESSION B - GROUP LESSONS | | | | |
| 30 | 31 | | | |

JULY

| MON | TUES | WED | THURS | FRI |
|----------------------------|------|-----|-------|-----|
| | 1 | 2 | 3 | 4 |
| 7 | 8 | 9 | 10 | 11 |
| SESSION 3 TENNIS CAMP WEEK | | | | |
| SESSION C - GROUP LESSONS | | | | |
| 14 | 15 | 16 | 17 | 18 |
| SESSION 4 TENNIS CAMP WEEK | | | | |
| SESSION D - GROUP LESSONS | | | | |
| 21 | 22 | 23 | 24 | 25 |
| 28 | 29 | 30 | 31 | |

ACTIVITIES

CAMP: (9am-12pm)

- Warm-Up
- "Free-time" Skills Practice
- Snack break
- "Lesson-of-the-Day"
- Swim OR extra practice time with a coach
- Scheduled games and matches with other clubs/camps

GROUP LESSONS: (One Hour Tuesday and Thursday)

- Tuesday – 5pm-6pm
- Thursday – 5pm-6pm
- Specific technique training
- Learning strategies

PAYMENT

CAMP:

Twin Farms Club Member –
\$90/ Per Child/ Per Session
Non-Member --
\$120/ Per Child/ Per Session

GROUP LESSONS:

\$ 25 / Per Child/ Per Session