

KAMLOOPS OUTDOOR CLUB

P.O. BOX 526, KAMLOOPS, BC, V2C 5L2

<http://www.geocities.com/ve7sjk>



Programme for February to June 2007

2006 - 2007 EXECUTIVE

President	Kirk Evenrude	372-8077
Treasurer Historian	& Sigi White	372-5173
Web Master/Publicity	Stan Jones	523-2455

Reimbursement to drivers: A reminder to all outing participants to cost-share/contribute when carpooling. The executive of the KOC feels that the following amounts are fair to reimburse drivers:

driving up to ½ hour \$3.00

over ½ hour and up to 1 hour \$5.00

1 – 2 hours adjust based on above

more then 2 hours share costs as determined by driver

If a member is asked to contribute a specialized vehicle (e.g. 4WD), that person should be compensated above the normal rate.

New Members

When you meet the following people on the trails, please extend them a warm KOC welcome: Merle Bartanos, Donna Kawata, Carol Hansen, Ted Morrison, Denise Caldwell, Bob Needham, Dr. Chris Stabler.

SCHEDULE

Sunday, January 21: The Eureka Lake outing has been changed to: **Logan Lake Ski Trails**. Last year as well as this year recently, this outing was cancelled due to poor weather and snow conditions. It is on now, finally. There is a trail fee of \$7.00. After the ski we are going to meet up with Stan Jones, our Webmaster, at the local coffee shop for a visit and socializing. Two options are available:

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Contact: Zelda at 578-7758

Contact: Helen at 372-7360

Saturday, January 27: Peach Melba: A snowshoe outing with Tom. Previous snowshoe outings with Tom have been a full success. Tom has done more scouting of these routes through the forests. Come out and enjoy. For more info

Contact: Tom at 579 9900

Sunday, January 28: Kane Valley: The skiing here is very nice when there is snow. About this time is our best bet, so keep your fingers crossed.

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Contact: Lynne at 374-1643

Sunday, February 4: The Larches: This previously scheduled outing has another option added to it: Besides a 3*, there will also be a 2* simultaneously. This ski outing is in the hills near Salmon Arm, a very fine area.

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Contact: Zelda at 578-7758 or

Contact: Helen at 372-7360

NEW SCHEDULE

Saturday, Februray 10: 2(H2H) ski: followed by split pea soup and maple syrup candy at the cabin. The ski portion is from Heffley Lake to Hyas Lake, a KOC hike/ski from the past, some 16-20 km (depending if the last lake is crossed). This is now snowmobile area, but there is still room for all. Following the ski all will go to the cabin to enjoy split pea soup, bun, C8H10N4O2 (????????? beats me, I just type it. The scribe) while the maple syrup boils to candy stage after which it will be poured into the snow (Diane LeBlanc style). Those wishing to snowshoe around the cabin and join the soup and candy part are welcome.

** for ski outing, ***** for eating portion

Contact: Joy at 372-5594

Thursday, February 15: Slide show on travelling in Chili and Easter Island: held at TRU. Helen will show digital slides of her recent trip. Come and see the desert, the lake district, the mountains and of course the mystery of Easter Island.

Room IB 1014 in the new International Building, 7:30 p.m. Bring a desert for intermission.

Check TRU website for directions to Int. Building.

Saturday, February 17: Birchleg Loppet at Wells Grey Park: 3 km, 5 km, 10 km & 20 km routes, great lunch at the end and lots of prizes. Really FUN – Nordic costume optional. Registration information at <http://www.murtlerivernordics.com/> . **Early registration deadline is Feb. 11.** For car pooling

Contact: Joy at 372-5594

Saturday, February 24: Mt. Morrissey ski: Come out and enjoy a sojourn with Bob and his choice of trails for the day.

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Contact: Bob at 374-4990

Februray 25 – March 3: Backcountry ski touring in the Rockies and into Skoki Lodge: This outing is fully booked from the last programme.

Sunday, March 11: Mt. Morrissey to the top: Wes is leading us to the top. At this time of year, the snow is better higher up. Check your clocks for Daylight Savings Time changes.

Contact: Wes at 374-0142

Sunday, March 18: Hike or ski: Whichever it will be, to be sure, Helen will take us on a fine outing to some interesting place, up and/or down. Hiking will be low and 2*, skiing will be high and 3*.

Contact: Helen at 372-7360

Sunday, March 25: Sabiston Creek: A drive to Savona and around the western end of Kamloops Lake brings us to the shoreline trail to Sabiston Creek. A lovely lakeshore meander with Jim in the lead. One of the KOC/s favorite early spring venues.

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Contact: Jim at 374-1643

Sunday, April 1: Dewdrop Range hiking: An auspicious day for hiking with Tom in the lead. The myriad options of hiking in the Dewdrop hills are always enticing, and – to be sure – should be entertaining.

Contact: Tom at 579-9900

Easter Sunday, April 8: McQueen/Isobel Lake: Lovely, easy hiking with Tom, around the picturesque lakes so near to Kamloops.

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Contact: Tom at 579-9900

Saturday, April 14: Buse Hill: Hike to the top of Buse Hill south of Barnhartvale, admire the pinnacle and enjoy views of the South Thompson River, as you walk along the rim of the cliffs. This outing is an easy ramble

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Contact: Roland 374-2351

Sunday, April 22: The annual Gourmet Hike: If you have never experience a KOC gourmet hike, this is the year for your adventuresome spirit to sample this mix of hiking/bizarre costumes/gourmet food and other zany pranks in the outdoors, where everyone is outdoing everyone else. And don't forget: Jim makes fresh ice-cream out there for everyone to sample. In the past years, we had clowns cavorting, a mock wedding, Hawaiian hula dancers and even African gumboot dancers. We hike to Star Lake above Chase. Fabulous meadows of avalanche lilies and balsam root usually are in full bloom at this time.

** for hiking, ***** for eating/costumes

Contact: Jim at 374-1643

April 28, 29: Cabin work party: Spring clean-up at the cabin. Come out and contribute some time and muscle power to wake up the cabin and prepare it for the summer season. Meet at the cabin at 10:00 a.m. each day.

Call either custodian for more information.

Al: at 851-3669 or

Theresa: at 578-8604

Marvellous Mondays in May: Kayaking, canoeing on Heffley Lake. See detailed info under "Advance Announcements".

Sunday, May 6: Lac Du Bois hiking: The beautiful grasslands of the Kamloops area are always a feast for the eyes. Photo ops, flowers, lakes and the variety and vistas of hills and dales of our immediate Kamloops outdoors. Helen is leading this fine outing once again.

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Contact: Helen at 372-7360

Saturday, May 12: Canoe/trashbash with Al: A new twist to exercise our civic duties to clean up the place where we live. Canoe with Al down the South Thompson river and "fish out" trash along the shoreline from LeFarge to Pioneer Park. Another group can do the Jack Gregson Trail on land.

Contact: Al for the canoe clean-up party at 851-3669

Contact: Helen for non-boaters Jack Gregson Trail clean-up party at 372-7360

Monday, May 14: Programme meeting: We put together the next few months of the club programme. Come out and contribute to our planning, either by suggesting your hiking preferences, or by being a leader. Desert party at 7:00 p.m., meeting at 7:30 p.m. Bring a **small** plate of goodies or fruit. If you are unable to attend and have a suggestion to lead an outing, please phone in your detailed info to Helen at 372-7360. This is a good time for new/prospective members to come out and meet with other members, ask questions and find out what we do as a group.
Hal Rogers Centre at McGowan Park on Summit Drive.

Sunday, May 20: Hanging Valley Bluffs: This is a very special place and Tom is THE leader of this traditional outing. To sign up, don't phone before May 14.
*** Contact: Tom at 579-9900

Sunday: May 27: Roche Lake: Hike the 15 km loops around the lakes of Roche Lake Provincial Park and finish with pie and tea at the lodge! Leisurely pace at 5 hours.
** Contact: Joy at 372-5594

Sunday: June 3: Campbell Creek bike trip: The tradition continues: Wes and Norm are taking us out again on this most popular all-day biking adventure. 55 km from Knutsford, down to Campbell Creek Road to Barnhartvale, from there across the river at LaFarge Cement bridge. Lunch stop along the shores of the South Thompson River. Return trip will be along East Shuswap Road, ending at the Yacht Club. This bike trip is mostly downhill. Some shuttling of drivers will be required and the "big hill" at the beginning up to Knutsford will be shuttled with bikes in a truck. Leave it all up to Norm and Wes, it will be a great outing.
*** (for time only) Contact: Wes or Norm at 374-0142

Last minute notes

A mid-week hiking/skiing group exists, on an informal basis. These are non-scheduled outings, happening on **Thursdays**. If you have a day off and want to get out for a hike: network and phone some of the regular leaders and join these extra fitness and fun excursions

Contact: Helen at 372-7360 or
Tom at 579 – 9900.

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